



Adult Age Differences in Functional Brain Activation During Spatial Working Memory Performance

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Theoretical Background & Hypotheses

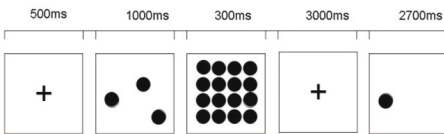
Background

- Working memory (WM) and the associated prefrontal functional circuitry decline during aging.
- Details of age-related changes in WM functioning and their neural correlates are not well understood.
- WM load might be an important modulator of age differences in brain activity.
- Additional activation typically found in older adults relative to younger adults can be either compensatory or dysfunctional.

Hypotheses

- Older adults show lower task performance and more brain activation than younger adults.
- Age differences increase with task difficulty.
- If aging-induced activation increase is dysfunctional, low-performing older adults should activate more regions than high-performing older adults, especially in lateral prefrontal cortex (PFC).

Experimental Task: Spatial Working Memory



Design

- Event-related design (mini blocks, 7.5 s)
- 3 conditions: 1-, 3-, and 7-points
- ISI 0.5 - 13.0 s
- 4 runs (150 volumes per run), 50 trials per condition

Participants

N=68: 34 young (20-30 yrs.), 34 old (60-70 yrs.)

Data Analysis

Group-based GLM analyses were conducted using a mixed effects model as implemented in FSL 3.3 and were thresholded with $z > 2.6$, corresponding to an alpha level of $p < .005$ uncorr.

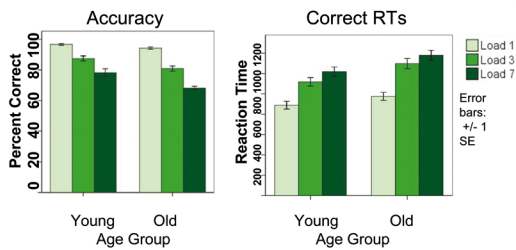
Scanner Parameters

1.5 Tesla Siemens scanner (EPI, TR = 2.5 s, TE = 40 ms, FA = 90°), slice thickness = 4 mm, 0.5 gap, field of view = 256 mm, in-plane matrix = 64 x 64

Methods

Behavioral Performance

Lower performance in older adults than in younger adults, especially at higher load levels

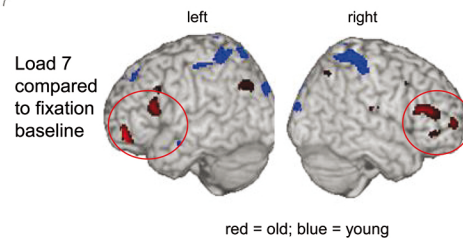


Significant effects ($p < .005$) of load, age, load x age for accuracy and reaction times on correct trials

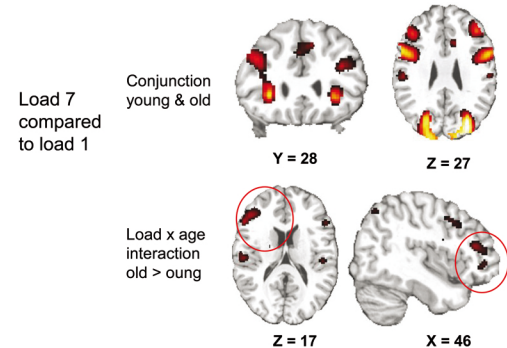
Functional Brain Activation

Spatial WM Network: (right) lateral PFC, PMC, PPC

Age Effect: More activation in both hemispheres in older adults, especially in lateral PFC



Load Effect: Common as well as old-age specific increase of BOLD signal with task load

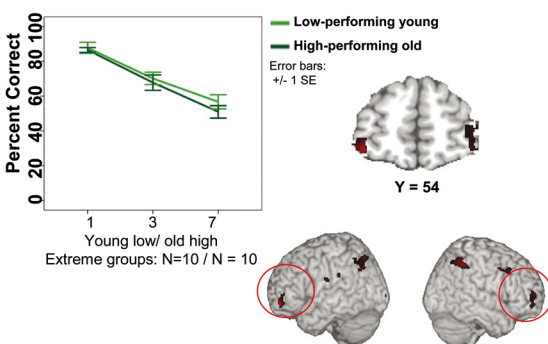


Results

Results Continued

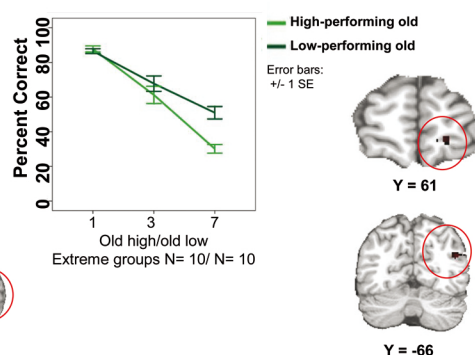
Old-high vs. Young-low Performing Adults

Older adults activate additional regions compared to younger adults even when matched for performance



Old-low vs. Old-high Performing Adults

Low-performing older adults activate an additional region in bilateral dlPFC relative to high-performing older adults



Main Findings

- Increase of activation and decline in performance with age (H1).
- Greater increase of BOLD response in PFC with load found in older adults -> task difficulty modulates age differences in functional brain activation (H2).
- Additional activation in PFC in low performing older adults -> indication for dysfunctional increase of activation (H3).

This research is part of Project 11 of the **Berlin Neuroimaging Center**, and is conducted in collaboration with the Berlin University Clinics Charité. Project 11 investigates relations between dopamine and cognition in human aging. The principal investigators are **Lars Bäckman, Hauke R. Heekeren, Shu-Chen Li, Lars Nyberg, Thomas Sander, Arno Villringer, & Ulman Lindenberger**. The project is financially supported by a grant from the Federal Ministry of Research to the Berlin Neuroimaging Center. At the Center for Lifespan Psychology, this work belongs to the **Intra-Person-Dynamics Project** (scientific investigators: **Shu-Chen Li, Ulman Lindenberger, Martin Lövdén, Viktor Müller, & Florian Schmiedek**; postdocs: **Christian Chicherio & Yee Lee Shing**; predocs: **Annette Brose, Dorothea Hämmerer, Irene Nagel, & Markus Werkle-Bergner**).