

1 **Title**

2 Human local adaptation of the TRPM8 cold receptor along a latitudinal cline

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34

35 **Abstract**

36

37 Ambient temperature is a critical environmental factor for all living organisms.  
38 It was likely an important selective force as modern humans recently  
39 colonized temperate and cold Eurasian environments. Nevertheless, as of yet  
40 we have limited evidence of local adaptation to ambient temperature in  
41 populations from those environments. To shed light on this question, we  
42 exploit the fact that humans are a cosmopolitan species that inhabits  
43 territories under a wide range of temperatures. Focusing on cold perception –  
44 which is central to thermoregulation and survival in cold environments— we  
45 show evidence of recent local adaptation on *TRPM8*. This gene encodes for a  
46 cation channel that is, to date, the only temperature receptor known to  
47 mediate an endogenous response to moderate cold. The upstream variant  
48 rs10166942 shows extreme population differentiation, with frequencies that  
49 range from 5% in Nigeria to 88% in Finland (placing this SNP in the 0.02% tail  
50 of the  $F_{ST}$  empirical distribution). When all populations are jointly analysed,  
51 allele frequencies correlate with latitude and temperature beyond what can be  
52 explained by shared ancestry and population substructure. Using a Bayesian  
53 approach, we infer that the allele originated and evolved neutrally in Africa,  
54 while positive selection raised its frequency to different degrees in Eurasian  
55 populations, resulting in allele frequencies that follow a latitudinal cline. We  
56 infer strong positive selection, in agreement with ancient DNA showing high  
57 frequency of the allele in Europe 3,000 to 8,000 years ago. rs10166942 is  
58 important phenotypically because its ancestral allele is protective of migraine.  
59 This debilitating disorder varies in prevalence across human populations, with  
60 highest prevalence in individuals of European descent –precisely the  
61 population with the highest frequency of rs10166942 derived allele. We thus  
62 hypothesize that local adaptation on previously neutral standing variation may  
63 have contributed to the genetic differences that exist in the prevalence of  
64 migraine among human populations today.

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## 68 **Author Summary**

69 Some human populations were likely under strong pressure to adapt  
70 biologically to cold climates during their colonization of non-African territories  
71 in the last 50,000 years. Such putative adaptations required genetic variation  
72 in genes that could mediate adaptive responses to cold. *TRPM8* is potentially  
73 one such gene, being the only known receptor for the sensation of moderate  
74 cold temperature. We show that a likely regulatory genetic variant nearby  
75 *TRPM8* has several signatures of positive selection rising its frequency in  
76 Eurasian populations during the last 25,000 years. While the genetic variant  
77 was and is rare in Africa, it is now common outside of Africa, with frequencies  
78 that strongly correlate with latitude and are highest in northern European  
79 populations. Interestingly, this same genetic variant has previously been  
80 strongly associated with migraine. This suggests that adaptation to cold has  
81 potentially contributed to the variation in migraine prevalence that exists  
82 among human groups today.

83

84

## 85 **Introduction**

86 While our ancestors lived in Africa for millions of years, their successful  
87 colonization of colder environments outside of Africa is relatively recent,  
88 occurring during the last ~50,000 years. A number of novel genetic  
89 adaptations in populations that settled extreme polar environments are  
90 documented [1-3]. This includes an allele in the gene *CPT1A*, which encodes  
91 a protein involved in the regulation of mitochondrial oxidation of fatty acids, in  
92 Northern Siberian populations [1, 2], and several alleles in genes involved in  
93 fatty acid metabolism in Greenlanders [3, 4]. These genetic changes likely  
94 represent adaptations to the highly specialized diets of these specific  
95 populations, which are rich in fatty acids. However, the putative adaptations to  
96 temperature and climate are largely unresolved.

97

98 Even in non-polar environments, temperatures range substantially across  
99 human habitats. For example, average annual temperature is 28°C in Nigeria  
100 (home to the Yoruba) and only 6°C in Finland, with differences most  
101 pronounced from December to February (29°C in Nigeria and -4°C in  
102 Finland). These temperature differences illustrate the habitat changes  
103 experienced by early human groups as they migrated north. Local adaptation  
104 has significantly contributed to population differentiation that exists among  
105 human populations [5]. So it is reasonable to expect that besides genetic  
106 adaptations to selective factors that correlate with climate, such as diet [1-3]  
107 and subsistence strategy [6], or pathogens [7] and their load [8], humans may  
108 harbour direct genetic adaptations to temperature and other climatic factors  
109 [6, 9].

110

111 Thermosensation (the sensation of innocuous environmental temperature) is  
112 crucial for thermoregulation (the process that maintains core body  
113 temperature) and is mediated by warm and cold receptor nerves that  
114 innervate the skin. At the molecular level, temperature sensation is due to the  
115 activation of transient receptor potential (TRP) ion channels. Among the few  
116 TRPs with clear thermoregulatory role (reviewed in [10]), only TRP cation  
117 channel subfamily M member 8 (TRPM8) is broadly agreed to play a central  
118 role in cold sensation and subsequent physiological thermoregulation [11-17].  
119 *TRPM8* is expressed in pain and temperature-sensitive neurons of the dorsal  
120 root ganglia [15], and at lower levels in other tissues such as prostate or liver  
121 [10, 18]. From approximately 15°C to 30°C the channel passes a mixed  
122 inward cationic current at cool to cold temperatures with strength inversely  
123 proportional to temperature. Interestingly, it is also activated by natural ligands  
124 such as menthol [17, 19] and is responsible for the local cooling sensation of  
125 mint-containing products [19]. Proof of its physiological role is that its deletion  
126 diminishes responses to cold [11-13] including behavioural responses to  
127 innocuous cool, noxious cold, injury-evoked cold hypersensitivity and cooling-  
128 mediated analgesia [20]. In fact, it is the only TRP channel for which there is  
129 broad agreement about its central role in temperature detection, and the only  
130 well-established cold receptor. As such, TRPM8 is an obvious candidate to  
131 have mediated putative adaptations to cool and cold environments.

132

133 *TRPM8*, located on the short arm of human chromosome 2, harbours genetic  
134 diversity with potential functional and phenotypic consequences. A single-  
135 nucleotide polymorphism (SNP; rs10166942, C/T, chr2:234825093) upstream  
136 of the gene is strongly associated with migraine in Europeans, with the  
137 ancestral C allele being protective of migraine with and without aura [21-24]  
138 with a relatively large effect (odds ratio 0.80-0.86 [22]). The precise molecular  
139 mechanism for this association remains unknown, although TRPM8 likely  
140 plays a role in pain perception at least with noxious cold stimuli and peripheral  
141 inflammation (reviewed in [25, 26]). Further, the channel mediates, for  
142 example, the analgesic effect of menthol in acute and inflammatory pain [27].  
143 Genetic variation of *TRPM8* is thus likely to affect thermal sensation, which  
144 could mediate adaptations to ambient temperature. Here, we use a  
145 combination of genetic methods to resolve the evolutionary history of *TRPM8*  
146 in human populations and show strong evidence for local adaptation that  
147 correlates with latitude and temperature.

148

## 149 **Materials & Methods**

### 150 **The rs10166942 T allele**

151 The variant rs10166942 is located ~1 kb upstream of the *TRPM8* gene. We  
152 used a combination of bioinformatics tools to investigate possible functional  
153 effects of rs10166942 and its neighbouring variants in high linkage  
154 disequilibrium (LD). We explored the predicted effects on protein sequence  
155 using variant effect predictor (VEP) [28], focusing on the non-synonymous  
156 and splice-site SNPs, as well as indels annotated in the 1000 Genomes data  
157 (hereafter 1KGP). We explored effects on gene expression using Regulome  
158 DB annotations [29], GTEx data [30] and basal root ganglion RNA-Seq data  
159 (kindly provided by G. Gisselmann) [31].

160

### 161 ***Modern genomes***

162 To investigate the patterns of genetic diversity of *TRPM8* we used genome-  
163 wide genotype data from the 1KGP phase III [32]. African ancestry: ESN  
164 (Esan in Nigeria), GWD (Gambian (Mandinka) in Western Divisions in  
165 Gambia), YRI (Yoruba in Ibadan, Nigeria), LWK (Luhya in Webuye, Kenya),  
166 MSL (Mende in Sierra Leone), ASW (African Ancestry in Southwest USA),  
167 ACB (African Caribbean in Barbados); European ancestry: GBR (British from  
168 England and Scotland), CEU (Utah  
169 Residents, USA, with Northern and Western European ancestry), FIN (Finnish  
170 from Finland), TSI (Toscani in Italia), IBS (Iberian Populations in Spain); East  
171 Asian ancestry: CHS (Southern Han Chinese), CHB (Han Chinese in Beijing,  
172 China), JPT (Japanese in Toyko, Japan), CDX (Chinese Dai in  
173 Xishuangbanna, China), KHV (Kinh in Ho Chi Minh City, Vietnam); South  
174 Asian ancestry: BEB (Bengali in Bangladesh), GIH (Gujarati Indians in  
175 Houston, USA), ITU (Indian Telugu in the UK), PJI (Punjabi in Lahore,  
176 Pakistan), STU (Sri Lankan Tamil in the UK). The American populations from  
177 the 1KGP have recent admixture with Europeans [33], and thus are not suited  
178 for our analysis and were excluded. Across the 22 populations the lowest  
179 sample size is 61 (ASW), so to minimise power differences among  
180 populations we randomly down-sampled each population to 61 unrelated  
181 individuals.

182

183 We also used the data from the 142 populations of the Simons Genome  
184 Diversity Panel (SGDP) project dataset, which was obtained, together with its  
185 meta-information (including geographic location) [34]. For the geographic  
186 location, in the southern hemisphere we used the absolute value of the  
187 latitude. Most populations have high coverage whole-genome sequencing  
188 data for two representative individuals, so we used two individuals from each  
189 'Panel C' population with a sample size of at least two (110 populations).

190

### 191 ***Early Eurasian genomes***

192 Ancient genomes were used to infer the frequency of rs10166942 T in  
193 different pre-historic human populations. The genotype data from ancient  
194 paleo-eskimo individuals from the Saqqaq culture [35] were obtained from the  
195 Danish bioinformatics center. Data on early Europeans [36] was downloaded  
196 from the Reich lab webpage (see URLs). We transformed the binary  
197 eigenstrat file to a vcf using eigenstrat2vcf.py and extracted the genotype  
198 information for rs10166942. Age information was extracted from  
199 Supplementary Data 1 in [36]. After filtering, we were able to genotype 79  
200 ancient individuals for rs10166942. These individuals lived in Eurasia 3,000 to  
201 8,500 years ago and represent three different ancestry groups: Hunter-  
202 Gatherers (8 individuals), Early Farmers (33 individuals), and Steppe  
203 pastoralists (38 individuals).

204

### 205 **Origin of the rs10166942 T allele**

206 We inferred the likely place of origin for the rs10166942 T allele by analysing  
207 haplotypes carrying the derived T allele, as levels of linked variation should be  
208 highest in the population closest to the one where it appeared. Since no  
209 homozygous T/T individuals are present in several of the 1KGP populations,  
210 we relied on the phased haplotypes across the 65 kb region of interest. We  
211 calculated  $\pi$  after removing derived haplotypes with evidence of  
212 recombination with ancestral rs10166942 C allele (Table S1).

213

### 214 ***Latitude and temperature estimates***

215 In order to investigate the correlation of allele frequencies with latitude and  
216 temperature, we jointly analysed genetic, latitude, and temperature  
217 information. For modern humans, we estimated the absolute latitude of the  
218 location of each population according to Wikipedia and Google Maps (Table  
219 1). The CEU population, of central European ancestry, was assigned the  
220 coordinates of Brussels. For early modern humans, latitude information was  
221 extracted from Supplementary Data 1 in [36] and updated when necessary  
222 (e.g., some individuals lacked geographic coordinates or had problems with  
223 the longitude/latitude information).

224

225 Temperature time series information was extracted for 2001-2010 from a  
226  $0.5^\circ \times 0.5^\circ$  grid matrix assembled at the Climate Research Unit of the University  
227 of East Anglia (version 3.23; [37]). Data is available since 1960, but we used  
228 only the time series from 2001-2010 to guarantee comparable and high-  
229 quality estimates across populations. Using the geographic coordinates of  
230 each population we extracted annual mean temperatures.

231

### 232 ***Phylogenetic Generalized Least Squares (PGLS)***



233 To investigate to what extent shared ancestry, latitude and temperature  
234 predict rs10166942 T allele frequency in each population we used two  
235 different linear models. We first used a Phylogenetic Generalized Least  
236 Squares (PGLS) analysis [38], which can account for the full phylogenetic  
237 signal (the population relationships) present in our data. The response  
238 variable is the mean derived allele frequency of the rs10166942 T allele per  
239 population. We first conducted a null/full model comparison. The null model  
240 contains only the shared ancestry information (the ‘phylogeny’); here, we used  
241 the full pairwise  $F_{ST}$  matrix averaged across all positions polymorphic in that  
242 particular population pair. Following Weir and Cockerham, we calculated the  
243 genome-wide average  $F_{ST}$  between two populations as the “ratio of averages”  
244 (equation 10 in [39]). A neighbor-joining (NJ) tree was calculated using a  
245 matrix of the pairwise  $F_{ST}$  values with the R package *ape* [40], and rooted  
246 using ‘mid-point’ rooting with *Archaeopteryx* [41]. The full model includes  
247 additional predictor variables: *latitude* and annual mean *temperature*. In order  
248 to achieve convergence of the model we z-transformed each predictor. We  
249 excluded populations one at a time and compared the model estimates  
250 derived from the subsets with those obtained from the full data set, which  
251 revealed the model to have good stability. We assessed for the full model  
252 whether the assumptions of normally distributed and homogenous residuals  
253 were fulfilled by visual inspection of a QQ-plot of the residuals and residuals  
254 plotted against fitted values [42], which revealed no issues with these  
255 assumptions. As an overall test of the effect of the two test predictors (*latitude*  
256 and annual mean *temperature*), we compared the fit of the full model with that  
257 of the null model [43] using a likelihood ratio test [44].

258  
259 We then performed a multi-model inference [45] to compare the null model  
260 and all possible models that could be constructed with the two test predictors  
261 (four models in total). To quantify the relative performance of each model, we  
262 used Akaike's Information Criterion (AIC, corrected for small samples) as a  
263 measure of model fit penalized for model complexity and determined Akaike  
264 weights as a measure of the support a model received compared to all other  
265 models in the set [45]. In practice, we use the Akaike weights to derive the  
266 95% best model confidence (comprising the truly best model in the model set  
267 with a probability of 0.95) and also to determine Akaike weights for the  
268 individual predictors by summing the Akaike weights of the models comprising  
269 them. To infer the overall relevance of predictors in the model set we  
270 determined whether the null model was included in the 95% best model  
271 confidence set [46]. The analysis was conducted in R [47] using the function  
272 *ppls* of the package *caper* [48].

273

274 ***Generalized Linear Mixed Models***

275 To be able to analyze both the 1KGP and the SGDP datasets (which has low  
276 sample size for a large number of populations, so allele frequencies cannot be  
277 estimated) we also used a generalized linear mixed model [49] (GLMM) fitted  
278 with binomial error structure and logit link function [50]. This model  
279 conceptually corresponds to a regression; however, it allows more flexibility  
280 with regard to the distribution of the response (e.g., normality and  
281 homogeneity of the residuals are not necessarily required), and it also allows  
282 us to effectively control for non-independence of the data due to multiple  
283 observations of the same populations or individuals [49]. The response  
284 variable is the genotype of rs10166942 in each individual, in a 2-column-  
285 response-matrix (the derived and the ancestral allele counts). For the modern  
286 human genetic data, shared ancestry was controlled by adding as an  
287 additional fixed effect the genetic distance between each population and YRI,  
288 measured as the genome-wide average  $F_{ST}$ . Population identity was included  
289 as a random effect in the model, to account for random genetic drift. We  
290 further included a random effect per individual to account for the non-  
291 independence of the ancestral and derived allele counts. The model that  
292 includes all these effects is the null model.

293

294 To test for the effects of *latitude* and the annual mean *temperature* we  
295 included them as test predictor variables with fixed effects. In the analysis of  
296 the early Europeans, we added *age* as a further test predictor variable. For  
297 the comparison among models (multi model inference [45]) we considered the  
298 null model and all possible models that could be constructed with the two test  
299 predictors, totalling four models (eight in the early European analysis). We  
300 assessed model stability as in case of the PGLS, which revealed the model to  
301 have good stability (Table S2). Overdispersion was no issue (dispersion  
302 parameter of the full model in the 1KGP: 0.97 and the SGDP: 0.67). The  
303 models were fitted in R [47] using the library 'lme4' [51].

304

305

### 306 **Signatures of local adaptation**

307 Local adaptation on a single variant can lead to a rapid rise in the frequency  
308 of the positively selected allele, resulting in strong population differentiation  
309 (measured for example by  $F_{ST}$ ) between the population(s) with positive  
310 selection and those without it. We calculated per SNP  $F_{ST}$  with a custom *perl*  
311 implementation of the Weir and Cockerham estimator [39] for each pairwise  
312 population comparison.

313

314 The allele under positive selection will rise in frequency together with its  
315 background haplotype, raising the frequency of linked alleles. When the  
316 favoured allele is young (e.g., under a classic selection from a de-novo



317 mutation model (SDN hard sweep model), this results in a signature of  
318 extended haplotype homozygosity. To test for such signature, we calculated  
319 iHS [52] and XP-EHH [53] using *selscan* with default parameters [54]. For  
320 iHS, we used SNPs with derived allele frequencies higher than 5% and lower  
321 than 95%. For XP-EHH, we used SNPs with derived allele frequency higher  
322 than 5% in the test population. These filters follow previously established  
323 methods [55] and prevent signatures of extended LD to be broken by rare  
324 variants, while still obtaining XP-EHH values for derived alleles fixed or nearly  
325 fixed in the *test* population. For both analyses, only sites with a high  
326 confidence inferred ancestral allele were used (part of 1KGP genotype files).  
327 Recombination was estimated using the genetic map from HapMap Project,  
328 Phase 2 [56].

329

330 All three statistics were calculated genome-wide, and P-values for SNPs of  
331 interest were calculated based on the empirical distribution. Since both tests  
332 are sensitive for positive selection, the tail of the empirical distribution is  
333 enriched for the targets of positive selection. Our analysis is hypothesis-driven  
334 for the migraine risk allele in rs10166942, and, thus, no correction for multiple  
335 testing is required.

336

### 337 **Approximate Bayesian Computation analysis**

338 To infer the selective history of the gene, we used an approximate bayesian  
339 computation (ABC) approach, which allows us to assess the probability of  
340 different evolutionary models and their associated parameters [57]. Following  
341 [7, 58], we compared the genomic observations to simulations under three  
342 models with parameters drawn from uniform (U) prior distributions. These  
343 models are: (I) SDN, where the selected allele appeared as a single copy  
344 between 60,000 and 30,000 years ago (ya) ( $t_{mut} \sim U(30,000, 60,000\text{ya})$ ) and  
345 was immediately advantageous with a selective coefficient that was allowed to  
346 differ between the African ( $s_A \sim U(0, 1.5\%)$ ) and the non-African  
347 ( $s_{NA} \sim U(0.5, 5\%)$ ) populations; (II) selection on standing variation (SSV), where  
348 a previously neutral allele at a given starting frequency ( $f_{sel} \sim U(0, 20\%)$ )  
349 became positively selected ( $s_{NA} \sim U(>0, 5\%)$ ) in the non-African population after  
350 the out of Africa migration and before the European-Asian split (51,000 to  
351 21,000ya;  $t_{mut} \sim U(21,000, 51,000\text{ya})$ ); (III) fully neutral model (NTR), where the  
352 allele appeared as in the SDN model ( $t_{mut} \sim U(30,000, 60,000\text{ya})$ ) but was  
353 completely neutral.

354

355 We ran one million simulations for each selection model and 100,000  
356 simulations for the neutral model using *msms* [59]. Each simulation comprised  
357 a stretch of 185 kb with 122 chromosomes of an African (population 1) and a  
358 non-African (population 2) population. Human demographic parameters

359 followed the model inferred by Gravel et al. [60], and in each simulation we  
360 analyze the African population with one non-African population (in Europe or  
361 Asia). To simulate the recombination hotspots across the locus, we simulated  
362 extended regions with a length that corresponded to the local increase in  
363 recombination rate above the baseline recombination rate (Figure S1). These  
364 regions were then removed before calculating summary statistics, such that  
365 they contribute recombination events but not mutation events to the data. The  
366 baseline recombination rate was the mean recombination rate across the  
367 locus excluding the peaks, based on a merged map from several 1KGP  
368 populations (Figure S1).

369

370 For the ABC inference we used five summary statistics: XP-EHH, Fay and  
371 Wu's  $H$  [61], Tajima's  $D$  [62],  $F_{ST}$  [39] and derived-allele-frequency. XP-EHH  
372 and  $F_{ST}$  were calculated between YRI and the studied population. We  
373 calculated the LD based statistic XP-EHH on the selected allele using the  
374 entire simulated region. We calculated the statistics Fay and Wu's  $H$ , Tajima's  
375  $D$ , and average  $F_{ST}$  (across SNPs in a section) in both simulated populations  
376 on two separate sections: the first section was the central ~65 kb part (since  
377 the genomic data shows strong population differentiation across 65 kb), and  
378 the second section were the combined flanking regions, together 120 kb long.  
379 We also used the allele frequency of the selected site in the African and non-  
380 African population and its  $F_{ST}$ .

381

382 As in the genomic data, for the XP-EHH statistic we required the variant  
383 investigated to have a derived allele frequency  $> 5\%$  in the *test* non-African  
384 population. The absence of a long haplotype associated with the derived  
385 allele (XP-EHH) in the presence of strong population differentiation is an  
386 important attribute to differentiate between the SDN and the SSV model [63-  
387 65]. Thus, we used only simulations where XP-EHH could be calculated,  
388 which biased minimally the previously uniform prior.

389

390 All summary statistics were calculated in the same way for the simulations  
391 and the real data –where rs10166942 was used as a proxy for the selected  
392 site. The demographic history follows the [60] model. African demography  
393 was based on YRI, all European populations (CEU, GBR, TSI, FIN, IBS) were  
394 simulated under the inferred European (CEU) demography, and all Asian  
395 populations (CDX, CHB, CHS, KHV, JPT, BEB, GIH, ITU, P JL, STU) under  
396 the inferred East Asian (CHB/JPT) demography. The ABC analysis was  
397 performed using the ABCtoolbox on BoxCox and PLS transformed summary  
398 statistics (following recommendations for ABCtoolbox) [66] retaining the top  
399 1,000 simulations matching our observation. We used the first five PLS  
400 components as they carried most information for each parameter (Figure S2).

401 The PLS transformed statistics differentiate between the different models and  
402 capture the variation observed (Figure S3), rendering them well-suited for the  
403 inference.

404

#### 405 **Data availability statement**

406 No datasets were generated during the current study.

407

#### 408 **Code availability statement**

409 Code is available upon request.

410

411

### 412 **Results**

413 To investigate the recent evolutionary history of *TRPM8*, we focused on the  
414 rs10166942 SNP following several lines of evidence that suggest functional  
415 relevance. The first one is association with disease, as the ancestral T allele  
416 shows strong association with reduced risk of migraine [67] that has been  
417 consistently replicated in different populations e.g. [21-23, 68]. Despite the  
418 obvious interest of these results, to date the molecular mechanism  
419 responsible for these associations remains unknown. This is most likely due  
420 to the restricted tissue expression of the gene and the temperature/ligand-  
421 dependent activation of the protein, which severely hamper experimental  
422 functional assays – as, for example, typical genome-wide experiments are run  
423 under basal conditions [69]. It is worth noting, that computational predictions  
424 suggest rs10166942 alters transcription factor binding [70]. The very specific  
425 tissue expression of the gene makes it extremely challenging to test this  
426 prediction experimentally, but a regulatory function fits well the location of the  
427 SNP, which sits ~1 kb upstream of *TRPM8*. We note that no neighbouring  
428 SNP in high linkage disequilibrium (LD) shows stronger evidence of  
429 association with migraine [22] or functionality (Figures S4) than rs10166942.  
430 Thus, rs10166942 remains as the most likely functional variant in this  
431 genomic region and we chose it as our target variant –with the understanding  
432 that we cannot discard the possibility that it tags another functional variant in  
433 this locus which would, however, share its genetic signatures.

434

#### 435 **Latitude and *TRPM8*-rs10166942**

436 rs10166942 shows interesting patterns of allele frequencies in the 1KGP  
437 project populations [32] (Figure 1A, Table 1). The levels of linked variation  
438 indicate that the T allele originated in Africa (Figure S6, Figure S7, Table S1)  
439 but while its frequency today is just 5% in the equatorial YRI, it reaches  
440 intermediate frequencies in Asia and up to 88% frequency in the northern  
441 European Finnish (Figure 1A, Table 1). Frequencies of the rs10166942 T  
442 allele in South Asia are on average 0.48, closer to those in East Asia (0.36)

443 than in Europe (0.83), in contrast with the patterns of shared ancestry –  
444 genome-wide South Asian populations are closer to Europeans than to East  
445 Asians (Figure S8) [32]. Together, allele frequencies paint a seemingly  
446 latitudinal cline of allele frequencies (Figure 1A, Table 1).

447

448 We tested this hypothesis using linear models and, because of the  
449 thermoregulatory role of *TRPM8*, included temperature as a covariate. We  
450 tested, using a PGLS [71] analysis, to what extent shared ancestry, latitude  
451 and annual average temperature predict the observed allele frequency in  
452 each population. We first performed a model comparison between a null  
453 model (only ancestry information) and a full model (which includes latitude  
454 and temperature as predictor variables). The full model explains the data  
455 significantly better than the null model ( $\chi^2 = 13.04$ ,  $df = 2$ ,  $P$ -value = 0.001).  
456 When we then assessed the influence of each predictor with multi model  
457 inference, the null model again receives weak support (Table 2). The highest  
458 support is for the model with latitude, followed closely by the model with  
459 latitude and temperature; together, they make up the 95% best model  
460 confidence set (Table 2), placing latitude alone or combined with temperature  
461 as a better predictor of rs10166942 T allele frequency than shared ancestry.  
462 The correlation between allele frequency and latitude in this model is evident  
463 in Figure 2A. GLMM, which uses one-dimensional ancestry information but  
464 can use genotype data and allows non-linear fits to the data, confirmed the  
465 significant latitude correlation, with or without temperature, in 1KGP data  
466 (Figure 2B; Table 2). In addition, we confirmed this result using 110  
467 populations of the SGDP dataset (Supplemental Data 1) [34], which provide a  
468 much denser worldwide population sample (Figure 2C, Figure S9, Table 2).  
469 Further, the significant correlation remains when only Eurasian populations  
470 are analysed (in the SGDP dataset, where the number of populations allows  
471 this analysis) showing that the inference is not driven by the low T frequencies  
472 in African populations (data not shown).

473

474 Latitude is thus a strong predictor of genotype – that is, of the presence and  
475 frequency of the rs10166942 T allele in a given population. Temperature is a  
476 weaker predictor, perhaps because it is less stable over time. Available  
477 genomic data from prehistoric Eurasians (ages 3,000 to 8,500 years old [36,  
478 72]) show no significant support for any predictor (Materials and Methods;  
479 Figure S10), although the low number and restricted geographic origin of  
480 these ancient samples markedly hamper the analysis. In any case, ancient  
481 DNA suggests that the derived rs10166942 T allele was already at  
482 appreciable frequencies in pre-historic European groups that include Hunter-  
483 Gatherers (frequency 81%), Farmers (77%), Steppe pastoralists (71%) and

484 possibly Paleo-Eskimos from Greenland (the available genome is T  
485 homozygote) [72].

486

#### 487 **Signatures of positive selection at *TRPM8*-rs10166942**

488 The observation that rs10166942 frequencies are better explained by latitude  
489 than population history, with extremely high frequencies of the T allele in  
490 Northern Europe, raises the possibility that adaptation to north Eurasian  
491 environments resulted in increased frequency of this *TRPM8* allele. We first  
492 explored signatures of local positive selection using  $F_{ST}$ , a measure of  
493 population differentiation to the equatorial YRI population. rs10166942 is  
494 among the most strongly differentiated SNPs genome-wide between YRI and  
495 not only all European populations (GBR, FIN, IBS, TSI, CEU; empirical P-  
496 values = 0.0002-0.0006), but also all South East Asian (STU, ITU, GIH, BEB,  
497 PJL; P-values = 0.041-0.007), and one East Asian (JPT; P-value = 0.0356)  
498 population (Figure 1B, Table 1). The high  $F_{ST}$  signature extends for ~65 kb in  
499 the upstream half of *TRPM8*, and, due to LD, some SNPs show comparable  
500 signatures, however only rs10166942 has been associated with a phenotype  
501 (Figure S11).  $F_{ST}$  sharply declines beyond the 65 kb upstream portion of  
502 *TRPM8*, probably due to recombination (Figure S11, Figure S1). Although  
503 non-African populations show relatively high LD in the locus (Figure S12), LD-  
504 based statistics show weak evidence of population-specific (XP-EHH [53]) or  
505 incomplete (iHS [52]) selective sweeps on a new advantageous mutation at  
506 rs10166942 and nearby SNPs (Table 1, Figure S11).

507

#### 508 **Evolutionary history of *TRPM8*-rs10166942**

509 The combination of unusually high  $F_{ST}$  values with ordinary LD patterns  
510 suggests that this locus evolved under recent, local positive selection but not  
511 under a classical hard selective sweep. We formally evaluated this possibility  
512 using an ABC approach, which allows us to assess the probability of different  
513 evolutionary models and their associated parameters [57]. We used the ABC,  
514 as in [7, 58], to differentiate between three models: SSV, SDN, and a neutral  
515 model (Figure 3A) .

516

517 We have high power to identify the correct evolutionary model (the fraction of  
518 correctly assigned simulations is 96% for SDN, 81% for SSV, and 96% for  
519 NTR) with high sensitivity and specificity (Table S3). Across all populations,  
520 the ABC results consistently favour the SSV model (Figure 3B). Bayes factors  
521 (Bayesian measure of confidence) range from 4.6 to over 500 (Table 3),  
522 representing strong to decisive evidence for the SSV model [73]. Only in KHV  
523 (2<sup>nd</sup> most southern non-African population) the model choice result is  
524 inconclusive, although the SSV model still has the strongest support (Figure  
525 3B). Interestingly, the support for the SSV model correlates moderately



526 (almost significantly) with latitude (Pearson correlation  $r=0.49$ ,  $p=0.06$ )  
527 because the signatures of selection are stronger at higher latitudes, as  
528 expected if the selective advantage of the T allele grew with latitude.

529

530 The ABC framework allows estimation of the parameters of the SSV model  
531 (Table 3), although these always have large confidence intervals so median  
532 point estimates should be taken with caution. We infer that selection started  
533 about 26,000 years ago on an allele that was at a moderate frequency (the  
534 estimate, 7.5%, is close to its current frequency in western Africa) (Table 3)  
535 and was moderately favourable in Asia ( $s_{\text{Non-Africa}}=0.28\%$ ). In Europe, we could  
536 not confidently infer the strength of selection as this parameter's posterior  
537 distribution is quite flat (Figure 3C). This is because selection coefficients  
538 higher than 0.5 lead to almost identical summary statistic distributions (Figure  
539 S3). However, selection strength was likely higher than 0.5 in European  
540 populations (posterior probability = 0.88), whereas in Asian populations there  
541 is little support for such high selection (posterior probability = 0.12). Together,  
542 the ABC results provide strong evidence for positive selection on neutral  
543 standing variation in all non-African populations, albeit with different selection  
544 intensities in different human groups.

545

546

## 547 Discussion

548 Here we present evidence that the derived T allele of rs10166942 in *TRPM8*  
549 arose in frequency due to positive selection in a latitude-related manner. We  
550 note that while rs10166942 T is the most likely target of selection, we cannot  
551 discard that selection targeted an unknown, strongly linked allele –but this  
552 should not substantially affect our inferences. The SNP shows unusually high  
553 levels of population differentiation – it is among the 0.02% most differentiated  
554 alleles between the Yoruba and Finnish populations. Although there is a  
555 distinctive signature of high LD in the region in non-Africans, the patterns do  
556 not show clear evidence of an incomplete, hard sweep of positive selection. In  
557 fact, we infer that the derived T allele appeared in Africa and segregated  
558 neutrally, and only after the out-of-Africa migration moderate positive selection  
559 rose the standing T allele in non-African populations. ABC parameter  
560 inferences are noisy and have large confidence intervals, but our point  
561 estimates indicate that selection began about 26,000 years ago, incidentally  
562 coinciding with the last glacial maximum around 26,500 years ago [74].  
563 According to our results, selection was moderate in Asian populations and  
564 probably stronger in Europeans. This agrees well with the high frequency of  
565 the T allele in the genomes of prehistoric Europeans.

566



567 Latitude, with or without temperature, predicts the rs10166942 allele  
568 frequency better than population history (the full phylogeny for PGLS, pairwise  
569 differentiation for GLMM) in both datasets analysed. Together with the  $F_{ST}$   
570 signatures and ABC inferences, this suggests positive selection along a  
571 latitudinal cline raised the frequency of the rs10166942 T allele. We note,  
572 however, that even under comparable environmental pressure for one factor,  
573 alleles do not necessarily reach similar frequencies across populations, as  
574 many other environmental factors differ and contribute to the overall allele-  
575 frequency. In fact, while the latitudinal cline is significant latitude and  
576 frequency do not correlate perfectly, so additional environmental factors may  
577 be at play (perhaps in Asian populations; Figure 1, Figure S9).

578  
579 Given the function of TRPM8, the cold temperatures in northern latitudes are  
580 particularly likely to drive positive selection in this locus. The fact that overall  
581 current average temperature is a weaker predictor of allele frequency than  
582 latitude could be due to the considerable fluctuations of temperature over time  
583 (here, thousands of years) and the fact that the recorded data (monthly  
584 averages) is not particularly informative about long-term selective pressures.  
585 Latitude is strongly correlated with numerous other aspects of climate and is  
586 likely a good proxy for the long-term effects of climate in each of the human  
587 populations analysed, perhaps even better than current temperature.  
588 Nevertheless, it remains possible that other unknown functions of TRPM8  
589 have mediated the allele frequency change. For instance, a gastrointestinal  
590 role has been described for TRPM8 [75] as well as an association of  
591 rs10166942 with inflammatory bowel syndrome [70], however, its expression  
592 in the gut has not been unequivocally established [76].

593  
594 As mentioned above, rs10166942 is also among the most strongly associated  
595 SNPs with migraine incidence genome-wide [21-23]. Migraine is a debilitating  
596 neurological disorder that affects millions of people worldwide  
597 [77]. While several non-genetic traits increase the individual risk of migraine,  
598 notably being of middle age, female, suffering high stress levels and having a  
599 low socio-economic status [78, 79], genetics play an important role. In fact,  
600 migraine is a highly heritable (34% - 57% heritability [80 ]) yet polygenic  
601 disease [23]. Given the association between rs10166942 C and low risk of  
602 migraine, the adaptive local rise in frequency of the T allele (due to direct  
603 positive selection or linkage to a selected site) could have contributed, to  
604 some extent, to differences in migraine prevalence in certain human groups.  
605 This agrees with epidemiological data: according to the World Health  
606 Organization, migraine shows low prevalence in Africa, highest prevalence in  
607 Europe, and intermediate prevalence in the Asian countries at intermediate  
608 latitudes among the two [77, 81]. In the USA migraine prevalence has

609 consistently been shown to be higher for European-Americans than African-  
610 Americans after non-genetic confounding factors are accounted for [81, 82].  
611 Although the putative influence of rs10166942 in migraine risk is moderate,  
612 and additional factors are likely at play, migraine prevalence correlates with  
613 the evidence of positive selection and the frequency of the T allele. Thus,  
614 local adaptation in *TRPM8* may have contributed to modify, by yet unknown  
615 molecular mechanisms, pain-related phenotypes in human populations.

616

617

618

### 619 **Author Contributions**

620 AMA conceived and supervised the study. FMK, AMA designed the  
621 experiments. MDA contributed data and information. FMK, MAA, JS explored  
622 the signatures of natural selection. RM, FMK, JS performed GLMM and PGLS  
623 analysis. MYD, FMK performed inference of the functional consequences of  
624 alleles. FMK, BP performed ABC analysis. FMK, AMA interpreted the results  
625 together with all other authors. FMK, AMA wrote the manuscript, with  
626 contributions from all authors.

627

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638 Institute of Neurological Disorder and Stroke.

639

### 640 **URLs**

641 1000Genomes genotypes

642 <http://ftp.1000genomes.ebi.ac.uk/vol1/ftp/release/20130502>

643 1000Genomes recombination rate

644 [ftp://ftp.1000genomes.ebi.ac.uk/vol1/ftp/technical/working/20130507\\_omni\\_recombination\\_rates/](ftp://ftp.1000genomes.ebi.ac.uk/vol1/ftp/technical/working/20130507_omni_recombination_rates/)

645 SGDP v3

646 [http://sharehost.hms.harvard.edu/genetics/reich\\_lab/cteam\\_lite\\_public3.tar](http://sharehost.hms.harvard.edu/genetics/reich_lab/cteam_lite_public3.tar)

647 Temperature Time Series

648 [http://browse.ceda.ac.uk/browse/badc/cru/data/cru\\_ts/cru\\_ts\\_3.23/data/tmp](http://browse.ceda.ac.uk/browse/badc/cru/data/cru_ts/cru_ts_3.23/data/tmp)

649 Ancient Paleo-Eskimo

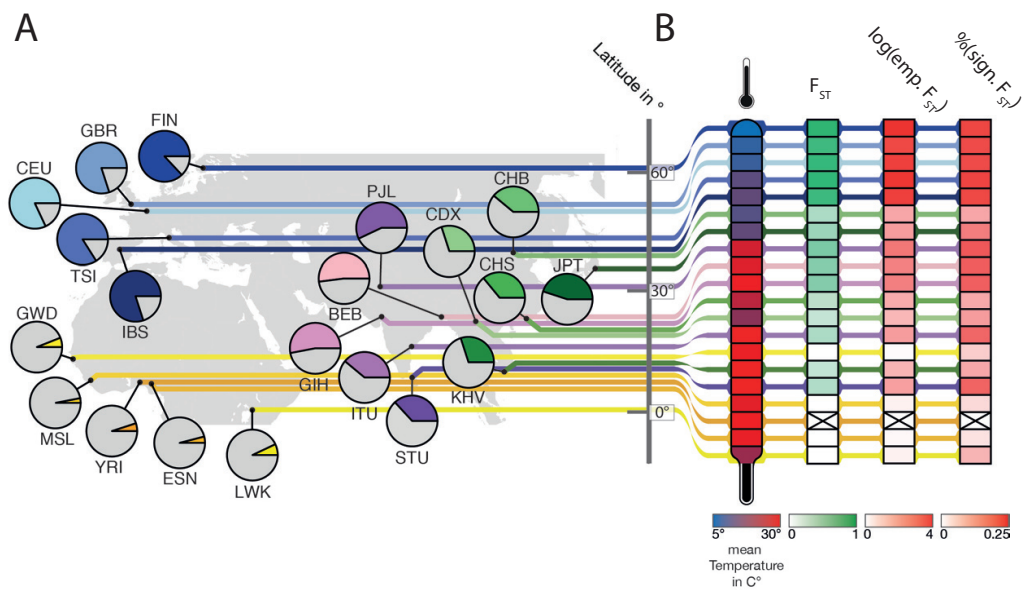
650

651 <http://www.binf.ku.dk/Saqqaq>

652 Ancient Eurasian analysis:

653 [https://genetics.med.harvard.edu/reich/Reich\\_Lab/Datasets.html](https://genetics.med.harvard.edu/reich/Reich_Lab/Datasets.html);

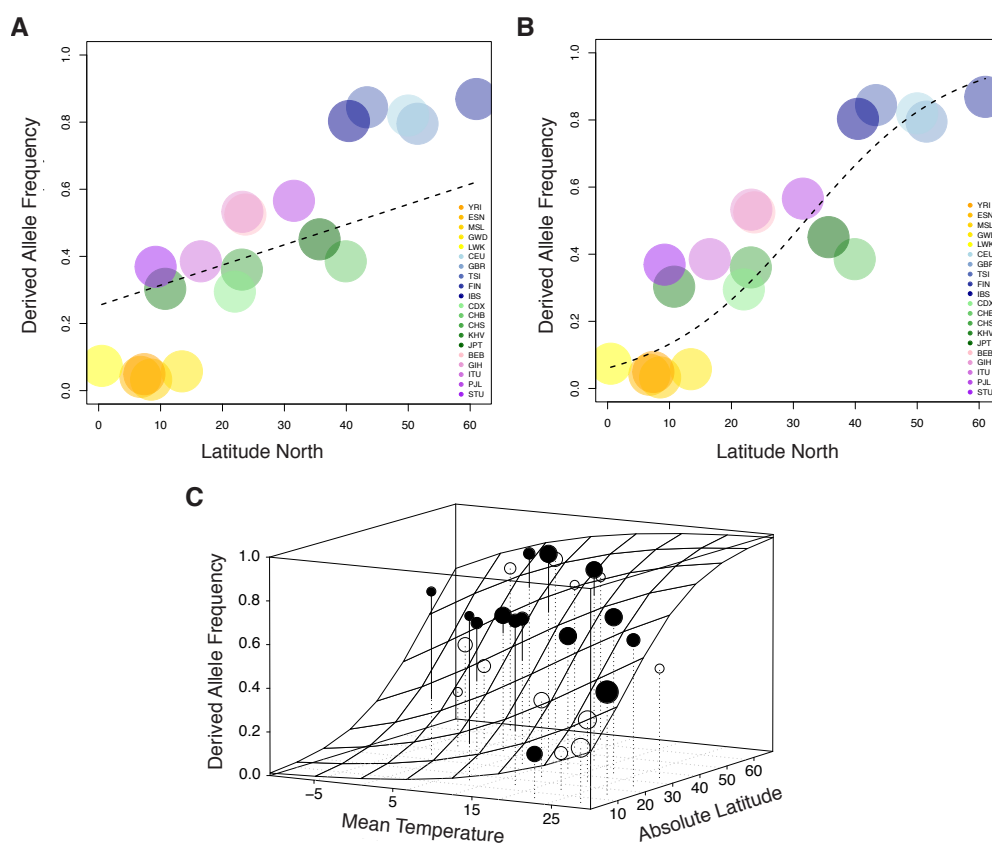
654 <https://github.com/mathii/>



655

656 **Figure 1. Overview of the populations used and their allele frequencies**  
657 **for rs10166942, average temperature, and F<sub>ST</sub> signatures.**

658 **(A)** Geographic location of the 1KGP populations used, with the derived allele  
659 frequency of the rs10166942 allele in piecharts (T allele in color according to  
660 population), and their latitude. **(B)** In columns, annual mean temperature at  
661 the geographic location of each population, the level of F<sub>ST</sub>-based population  
662 differentiation with YRI, the log<sub>10</sub> empirical P-value of this F<sub>ST</sub> value, and the  
663 proportion of SNPs in the 65kb target region with an empirical P-value  
664 lower than 0.05.

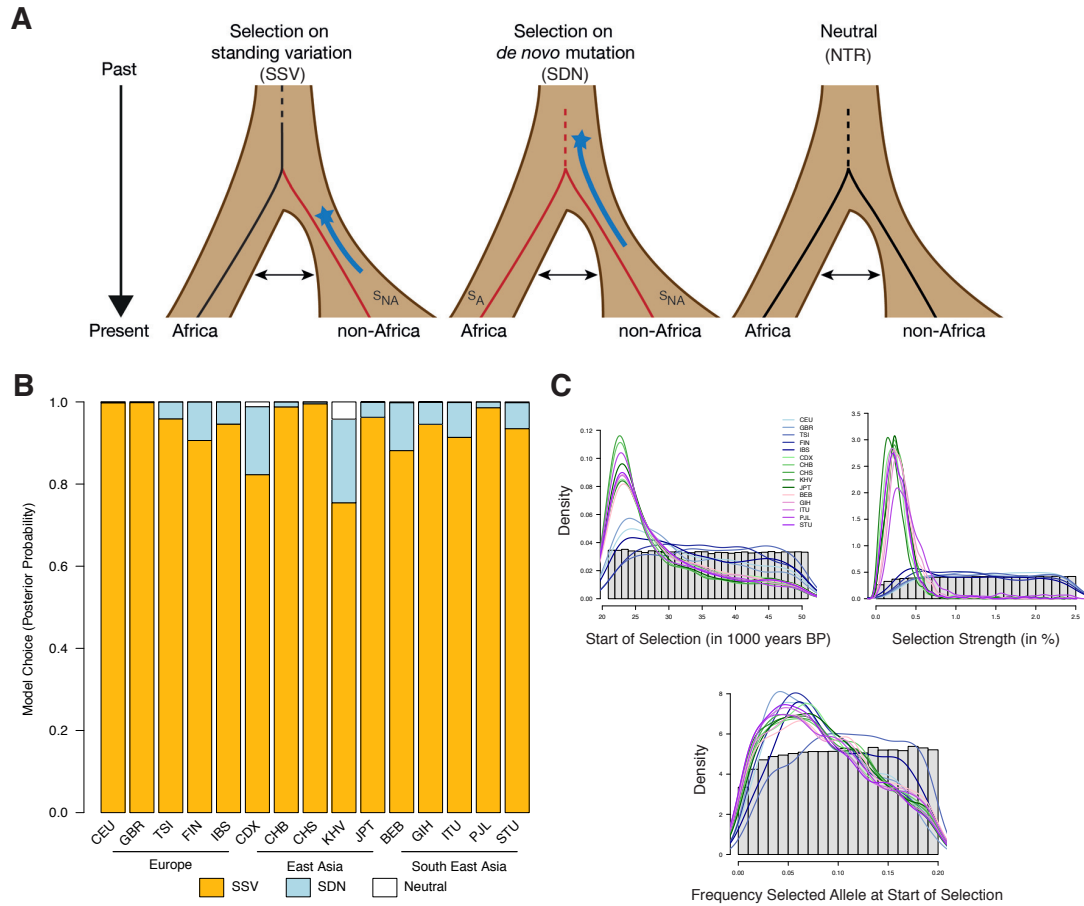


665

666

**Figure 2. Correlation between latitude and derived allele**

667 **frequency.** Correlation of the frequency of the rs10166942 T allele with  
668 latitude. The fitted function (dashed line) results for the 1KG data from (A) the  
669 PGLS and (B) GLMM analysis. (C) Results of the best model in the PGLS  
670 analysis. The fitted response is shown as gridded surface, and the dots  
671 represent the average frequency of the rs10166942 T allele per cell of the  
672 gridded surface. Points above the surface are filled, points below are open.  
673 The volume of the points corresponds to the number of populations per cell.



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**Figure 3. ABC analysis.** (A) Graphical representation of the three models (SSV, SDN, NTR) and their associated parameters. The range of the prior distribution for time of selection start is depicted by a star and a blue line. (B) Posterior probabilities for each model and population. (C) Prior distribution of each parameter as a histogram. Posterior distribution of the SSV model parameters as a line for each population.



682 **Supplemental Data Legend**

683

684 **Supplemental Data 1. Overview SGDP data.** For each individual used from  
685 the SGDP 'C Panel' the ID, population, continent, rs10166942 ancestral and  
686 derived allele count, latitude, longitude and mean year wise temperature are  
687 given (txt file).

Population	Continent	Latitude	Longitude	Temperature	DAF	F <sub>ST</sub>	F <sub>ST</sub> P-value	XP-EHH P value	iHS P-value
FIN	EUR	60,25N	24,75E	5.7	0.87	0.805	0.0002	0.205	0.166
GBR	EUR	54,75N	1,25W	10.0	0.80	0.724	0.0006	0.287	0.304
CEU	EUR	50,75N	4,25E	10.7	0.82	0.751	0.0004	0.228	0.36
TSI	EUR	43,25N	11,25E	14.2	0.84	0.778	0.0002	0.26	0.622
IBS	EUR	40,25N	3,25W	14.9	0.80	0.733	0.0004	0.291	0.656
CHB	EAS	39,75N	116,25E	13.4	0.39	0.279	0.0550	0.939	0.219
JPT	EAS	35,25N	139,25E	14.8	0.45	0.349	0.0356	0.947	0.593
PJL	SEA	31,25N	74,25E	25.3	0.57	0.472	0.0066	0.651	0.869
BEB	SEA	23,25N	90,25E	26.1	0.52	0.428	0.0102	0.605	0.8
GIH	SEA	23,25N	72,75E	27.7	0.53	0.437	0.0101	0.587	0.821
CHS	EAS	22,25N	114,25E	23.4	0.36	0.254	0.0666	0.927	0.161
CDX	EAS	22,25N	100,25E	19.2	0.30	0.184	0.1051	0.895	0.926
ITU	SEA	16,75N	80,75E	28.6	0.39	0.278	0.0367	0.804	0.952
GWD	AFR	13,25N	16,25W	27.2	0.06	-0.007	0.8610	NA <sup>b</sup>	0.39
KHV	EAS	10,25N	106,25E	28.2	0.30	0.193	0.0953	0.938	0.69
ESN	AFR	6,75N	6,25E	27.0	0.04	-0.007	0.8046	NA <sup>b</sup>	NA <sup>c</sup>
STU	SEA	9,25N	80,25E	28.5	0.37	0.262	0.0411	0.866	0.626
MSL	AFR	7,75N	11,25W	26.6	0.03	-0.005	0.6836	NA <sup>b</sup>	NA <sup>c</sup>
YRI	AFR	7,25N	3,75E	27.6	0.05	NA <sup>a</sup>	NA <sup>a</sup>	NA <sup>a, b</sup>	0.699
LWK	AFR	0,75N	34,75E	20.5	0.07	-0.002	0.6912	NA <sup>b</sup>	0.901

688 **Table 1. Overview of populations and signatures of natural selection.** Geographic coordinates (in degrees), mean annual  
689 temperature (in degrees Celsius), and the frequency and signatures of selection for the rs10166942 T allele (empirical P-value), per  
690 population, ordered by latitude. DAF: derived allele frequency. Continents: (EUR) Europe, (EAS) East Asia, (SEA) South East Asia,  
691 (AFR) Africa.

692 <sup>a</sup> Not calculated because YRI was used as background population.

693 <sup>b</sup> XP-EHH not calculated within Africa.

694 <sup>c</sup> Allele frequency did not meet criteria (see Methods).

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	Models	Model Rank	AIC	delta AIC	weight AIC	cumulative Pr.	confid. Set	k
<b>1KGP PGLS</b>	Null+Lat.	1	-49.43	0	0.504	0.504	yes	5
	Null+Temp.+Lat.	2	-49.186	0.244	0.446	0.95	yes	6
	Null+Temp.	3	-44.147	5.283	0.036	0.986	no	5
	Null	4	-42.255	7.175	0.014	1	no	4
<b>1KGP GLMM</b>	Null+Lat.	1	1929.7	0	0.5165	0.5165	yes	5
	Null+Temp.+Lat.	2	1929.8	0.1458	0.4802	0.9966	yes	6
	Null+Temp.	3	1939.8	10.1411	0.0032	0.9999	no	5
	Null	4	1946.2	16.4724	0.0001	1	no	4
<b>SGDP GLMM</b>	Null+Temp.+Lat.	1	435.206	0	0.943	0.943	yes	6
	Null+Lat.	2	440.841	5.635	0.056	1	yes	5
	Null+Temp.	3	451.699	16.494	0	1	no	5
	Null	4	452.458	17.252	0	1	no	4

697 **Table 2. PGLS and GLMM analysis.** All models considered, ordered by their fit  
698 (Model rank). Three measures of model support are shown: AIC, delta AIC, and  
699 Akaike weight. The cumulative Akaike weights are shown together with the  
700 cumulative probability, and resulting confidence set (models that together provide  
701 just over 0.95 cumulative Probability; indicated by 'yes'). k: number of estimated  
702 parameters. Results using the 1000 Genomes data are shown for the PGLS, and for  
703 the GLMM, and the GLMM results for the SGDP data.

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Population	Bayes Factor	Post. Prob.	$t_0$ (in years)			$S_{NA}$ (in %)			$f_{sel}$ (in %)		
			median	2.5%	97.5%	median	2.5%	97.5%	median	2.5%	97.5%
FIN	9.6	0.906	35055	22052	49881	1.238	0.304	2.430	0.078	0.010	0.189
GBR	588.3	0.998	29783	21384	49231	1.352	0.333	2.456	0.075	0.012	0.182
CEU	474.8	0.998	31390	21311	49593	1.453	0.346	2.425	0.080	0.012	0.187
TSI	23.3	0.959	36789	22088	50000	1.418	0.304	2.446	0.111	0.018	0.194
IBS	17.5	0.946	32558	21520	49666	1.209	0.250	2.409	0.090	0.012	0.191
CHB	81.8	0.988	24,529	21067	47771	0.270	0.045	0.693	0.081	0.008	0.191
JPT	25.8	0.963	25509	21103	48685	0.269	0.050	0.734	0.080	0.008	0.193
PJL	70	0.986	25017	21101	48055	0.378	0.109	2.100	0.077	0.006	0.192
BEB	7.4	0.882	26887	21118	48393	0.293	0.075	0.713	0.082	0.006	0.193
GIH	17.4	0.946	26,298	21122	48234	0.314	0.087	0.836	0.079	0.006	0.192
CHS	220.9	0.996	24407	21047	47586	0.271	0.049	0.711	0.079	0.007	0.189
CDX	4.6	0.823	26438	21088	47862	0.234	0.033	1.103	0.075	0.005	0.187
ITU	10.6	0.914	26,297	21100	48424	0.249	0.041	0.991	0.073	0.005	0.189
KHV	3.1	0.755	26399	21110	48452	0.204	0.025	1.041	0.075	0.005	0.186
ITU	10.6	0.914	26,297	21100	48424	0.249	0.041	0.991	0.073	0.005	0.189

706 **Table 3. ABC results of the SSV model for each population.** Bayes factor (measure of confidence) and the resulting posterior  
707 probability (Post. Prob.) for the SSV model in each population, ordered by latitude.  $t_0$ : time when selection starts;  $S_{NA}$ : selection  
708 strength in non-African population;  $f_{sel}$ : frequency of allele at selection start. The median of the posterior distribution of each inferred  
709 parameter is shown together with its 95% confidence interval (2.5% - 97.5%).  
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