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Initial submission	Revised version	Final submission	

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Life Sciences Reporting Summary

Nature Research wishes to improve the reproducibility of the work that we publish. This form is intended for publication with all accepted life science papers and provides structure for consistency and transparency in reporting. Every life science submission will use this form; some list items might not apply to an individual manuscript, but all fields must be completed for clarity.

For further information on the points included in this form, see Reporting Life Sciences Research. For further information on Nature Research policies, including our data availability policy, see Authors & Referees and the Editorial Policy Checklist.

Experimental design

1	Sample	6176
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Describe how sample size was determined.

For label density variation SMLM, the necessary sample sizes (number of analyzed cells) were based on Baumgart F et al, Nat Meth (2012), where limits and statistical requirements of the method were extensively assessed. Otherwise, sample sizes were chosen in agreement with the observed variabilities in the samples.

Data exclusions

Describe any data exclusions.

3. Replication

Describe whether the experimental findings were reliably reproduced.

4. Randomization

Describe how samples/organisms/participants were allocated into experimental groups.

All attempts at replication were successful.

No data was excluded from the analysis.

Allocating samples into experimental groups was not applicable since primary T cells from one mouse strain were used. No specific method for randomization was used.

5. Blinding

Describe whether the investigators were blinded to group allocation during data collection and/or analysis. Allocating samples into experimental groups was not applicable. Blinding was therefore not relevant to this study.

Note: all studies involving animals and/or human research participants must disclose whether blinding and randomization were used.

6. Statistical parameters

For all figures and tables that use statistical methods, confirm that the following items are present in relevant figure legends (or in the Methods section if additional space is needed).

n/a	Confirmed

	The $\underline{\text{exact sample size}}(n)$ for each experimental group/condition, given as a discrete number and unit of measurement (animals, litters, cultures, etc.)
\boxtimes	A description of how samples were collected, noting whether measurements were taken from distinct samples or whether the same sample was measured repeatedly
	A statement indicating how many times each experiment was replicated

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∇		The statistical test(s) used and whether they are one- or two-sided (note: only common tests should be described solely by name; more complex techniques should be described in the Methods section)
	╙	complex techniques should be described in the Methods section)

$ \succeq $		A description	n of any	assumptions of	or corrections	, such as a	an adjustment	for multiple	comparison
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The test results (e.g. P values) given as exact values whenever possible and with confidence intervals	noted
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	A clear description of statistics including central tendency (e.g. median, mean) and variation (e.g. standard deviation, interquartile range)

Clearly defined error bars

See the web collection on statistics for biologists for further resources and guidance.

Software

Policy information about availability of computer code

7. Software

Describe the software used to analyze the data in this study.

The ImageJ plug-in ThunderStorm was used to fit single molecule signals and construct SMLM localization maps. In-house developed code implemented in Matlab was used to analyze label density variation SMLM data (see Baumgart et al 2017 Nat Meth) and STED microscopy data (available upon request).

For manuscripts utilizing custom algorithms or software that are central to the paper but not yet described in the published literature, software must be made available to editors and reviewers upon request. We strongly encourage code deposition in a community repository (e.g. GitHub). *Nature Methods* guidance for providing algorithms and software for publication provides further information on this topic.

Materials and reagents

Policy information about availability of materials

8. Materials availability

Indicate whether there are restrictions on availability of unique materials or if these materials are only available for distribution by a for-profit company.

All unique materials used (single chain fragments, DNA constructs) are readily available from the authors upon request.

9. Antibodies

Describe the antibodies used and how they were validated for use in the system under study (i.e. assay and species).

TCR β -specific antibody H57-597 (Biolegend; CatNo. 109218; LotNo. B206104; 0.05, 1, 5 and 10 μ g/ml);

CD3ε-specific antibody KT3 (AbD Serotec/Bio-Rad Technologies; CatNo. MA1-80783; LotNo. 1603; 0.02, 0.2, 2, 10 and 20 µg/ml)

10. Eukaryotic cell lines

- a. State the source of each eukaryotic cell line used.
- b. Describe the method of cell line authentication used.
- c. Report whether the cell lines were tested for mycoplasma contamination.
- d. If any of the cell lines used are listed in the database of commonly misidentified cell lines maintained by ICLAC, provide a scientific rationale for their use.

No eukaryotic cell lines were used.

No eukaryotic cell lines were used.

No eukaryotic cell lines were used.

No commonly misidentified cell lines were used.

Animals and human research participants

Policy information about studies involving animals; when reporting animal research, follow the ARRIVE guidelines

11. Description of research animals

Provide details on animals and/or animal-derived materials used in the study.

Primary murine T cells were isolated from 5c.c7 transgenic C57BL/6 male and female mice at age 8-12 weeks.

Policy information about studies involving human research participants

12. Description of human research participants

Describe the covariate-relevant population characteristics of the human research participants.

The study did not involve human research participants.