

**Single Nucleotide Polymorphisms in the G-Protein Coupled Receptor Kinase 5 (*GRK5*) Gene are associated with Plasma  
LDL-Cholesterol Levels in Humans**

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**Supplementary Info**

**Supplemental table 2** Associations of the SNPs rs9325562 and rs10886471 in *GRK5* gene with demographic and metabolic characteristics.

Parameter	rs9325562					rs10886471				
	GG	GA	AA	p add	p dom	TT	TC	CC	p add	p dom
n (females/males)	607 / 370	673 / 378	189 / 115	0.71 <sup>#</sup>	0.46 <sup>#</sup>	427 / 230	742 / 429	300 / 204	0.06 <sup>#</sup>	0.21 <sup>#</sup>
Age (years)	40.0 [29.0–50.0]	39.0 [29.0–51.0]	41.0 [30.3–51.8]	0.42	0.79	40.0 [30.0–50.0]	39.0 [29.0–51.0]	40.0 [29.0–51.0]	0.83	0.87
BMI (kg•m <sup>-2</sup> )	28.57 [24.40–36.02]	28.57 [24.05–35.81]	28.90 [24.36–35.17]	0.62	0.46	29.92 [24.39–37.03]	28.26 [24.14–35.36]	28.38 [24.48–34.98]	0.09	0.028
Waist circumference (cm)	96.0 [84.0–109.0]	95.0 [83.0–110.0]	96.0 [85.0–110.0]	0.93	0.91	97.5 [84.0–110.0]	94.0 [83.0–109.0]	95.8 [85.5–110.0]	0.26	0.09
Total body fat mass <sub>MRT</sub> (% BW)*	30.55 [22.79–37.49]	30.66 [23.97–38.55]	29.72 [23.18–35.31]	0.49	0.56	29.86 [24.86–38.46]	30.80 [24.18–37.90]	28.68 [21.39–35.24]	0.70	0.90
Visceral fat mass <sub>MRT</sub> (% BW)*	3.03 [1.88–4.27]	3.24 [1.93–4.37]	3.27 [1.90–4.49]	0.42	0.38	2.86 [1.81–3.81]	3.24 [2.09–4.49]	3.15 [1.88–4.77]	0.15	0.10
Liver fat <sub>MRS</sub> (%)**	3.27 [1.34–7.62]	3.43 [1.71–8.56]	3.54 [1.47–6.71]	0.88	0.35	3.25 [1.51–7.58]	3.31 [1.60–7.95]	3.88 [1.50–9.66]	0.70	0.81
Fasting glucose (mM)	5.11 [4.84–5.50]	5.11 [4.79–5.53]	5.17 [4.83–5.50]	0.99	0.78	5.17 [4.89–5.56]	5.11 [4.83–5.56]	5.11 [4.80–5.50]	0.11	0.40
2 h glucose <sub>OGTT</sub> (mM)	6.22 [5.22–7.22]	6.22 [5.17–7.28]	6.28 [5.28–7.39]	0.89	0.64	6.22 [5.31–7.28]	6.22 [5.17–7.28]	6.17 [5.17–7.16]	0.67	0.90
Fasting Insulin (pM)	61 [38–102]	60 [39–101]	63 [39–104]	0.55	0.48	64 [39–107]	58 [37–101]	63 [39–98]	0.40	0.75
2 h Insulin (pM)	365 [201–672]	357 [199–674]	364 [214–647]	0.69	0.66	365 [201–684]	356 [204–665]	364 [202–658]	0.49	0.47
Fasting free fatty acids (μM)	563 [421–725]	570 [434–723]	583 [439–730]	0.45	0.61	568 [422–726]	580 [434–734]	560 [422–712]	0.53	0.65
2 h free fatty acids (μM)	74 [46–115]	72 [47–116]	73 [48–108]	0.91	0.99	74 [47–116]	72 [46–111]	75 [48–122]	0.85	0.86
Fasting triglycerides (mg/dl)	101.0 [71.0–146.0]	103.5 [72.0–150.8]	101.0 [75.5–146.0]	0.13	0.044	104.0 [75.0–145.0]	99.0 [70.0–146.0]	107.5 [74.8–156.5]	0.24	0.68
Total cholesterol (mg/dl)	188.0 [166.0–214.0]	190.0 [167.0–218.0]	192.0 [165.0–221.5]	0.24	0.13	190.0 [168.0–216.0]	189.0 [166.0–216.0]	191.0 [166.0–218.0]	0.81	0.68
HDL-cholesterol (mg/dl)	51.0 [43.0–61.0]	52.0 [43.0–61.0]	52.0 [43.0–62.3]	0.44	0.32	52.0 [43.0–61.0]	52.0 [44.0–62.0]	51.0 [42.0–61.0]	0.49	0.85

LDL-cholesterol (mg/dl)	115.0 [95.0–136.0]	117.0 [96.0–140.0]	119.0 [97.0–139.0]	0.40	0.36	117.0 [98.0–141.0]	115.0 [94.0–136.0]	119.0 [96.0–140.0]	0.93	0.43
Apolipoprotein AI (mg/dl)	152.0 [135.0–170.0]	152.0 [134.0–173.0]	151.0 [133.0–167.0]	0.17	0.23	153.0 [135.5–169.0]	152.0 [135.0–172.0]	151.0 [131.0–171.0]	0.60	0.80
Apolipoprotein B (mg/dl)	89.0 [74.5–106.0]	91.0 [76.0–108.0]	91.0 [75.0–108.0]	0.47	0.29	90.0 [76.0–107.0]	89.0 [74.0–107.0]	92.0 [75.0–107.0]	0.62	0.57
Glycated hemoglobin - HbA1c (%)	5.40 [5.10–5.70]	5.40 [5.10–5.70]	5.40 [5.10–5.80]	0.57	0.80	5.40 [5.10–5.70]	5.40 [5.10–5.70]	5.40 [5.10–5.70]	0.82	0.74
HOMA-IR index ( $10^{-6} \text{ mol} \cdot \text{U} \cdot \text{l}^{-2}$ )	2.31 [1.41–4.00]	2.27 [1.41–4.04]	2.40 [1.45–4.04]	0.59	0.56	2.45 [1.46–4.22]	2.21 [1.38–4.02]	2.38 [1.42–3.79]	0.64	0.91
Insulin sensitivity <sub>OGTT</sub> ( $10^{19} \text{ l}^2 \cdot \text{mol}^{-2}$ )	10.63 [6.37–17.45]	10.81 [6.17–17.69]	10.04 [6.57–17.23]	0.77	0.74	10.23 [6.26–17.12]	10.97 [6.44–17.72]	10.49 [6.24–17.98]	0.62	0.82
ISI <sub>clamp</sub> ( $10^6 \text{ l} \cdot \text{kg}^{-1} \cdot \text{min}^{-1}$ )***	0.075 [0.052–0.111]	0.073 [0.047–0.111]	0.074 [0.051–0.109]	0.57	0.31	0.075 [0.051–0.113]	0.073 [0.048–0.107]	0.077 [0.047–0.119]	0.13	0.07
C-peptide 30' (pmol/l)	1902 [1442–2504]	1875 [1405–2524]	1890 [1476–2429]	0.43	0.47	1897 [1489–2499]	1870 [1408–2455]	1953 [1461–2580]	0.67	0.34
IGI $[(\text{Ins}_{30'} - \text{Ins}_0') / (\text{Glc}_{30'} - \text{Glc}_0')]$	143.3 [89.1–226.7]	140.6 [85.2–232.2]	131.9 [81.7–191.2]	0.07	0.24	145.7 [89.8–238.6]	138.4 [81.8–220.2]	138.2 [91.1–229.0]	0.75	0.24
AUC C-Pep <sub>0'-30'</sub> / AUC Glc <sub>0'-30'</sub>	185.1 [144.3–242.0]	186.3 [142.6–240.5]	179.8 [146.3–229.2]	0.26	0.58	187.0 [146.8–240.7]	182.4 [140.6–234.3]	188.5 [146.6–248.4]	0.34	0.55
AUC C-Pep <sub>0'-120'</sub> / AUC Glc <sub>0'-120'</sub>	293.1 [245.2–369.2]	303.5 [240.6–367.4]	298.3 [243.8–354.6]	0.53	0.73	301.8 [245.1–367.9]	293.3 [239.2–360.6]	305.3 [246.3–373.4]	0.42	0.56

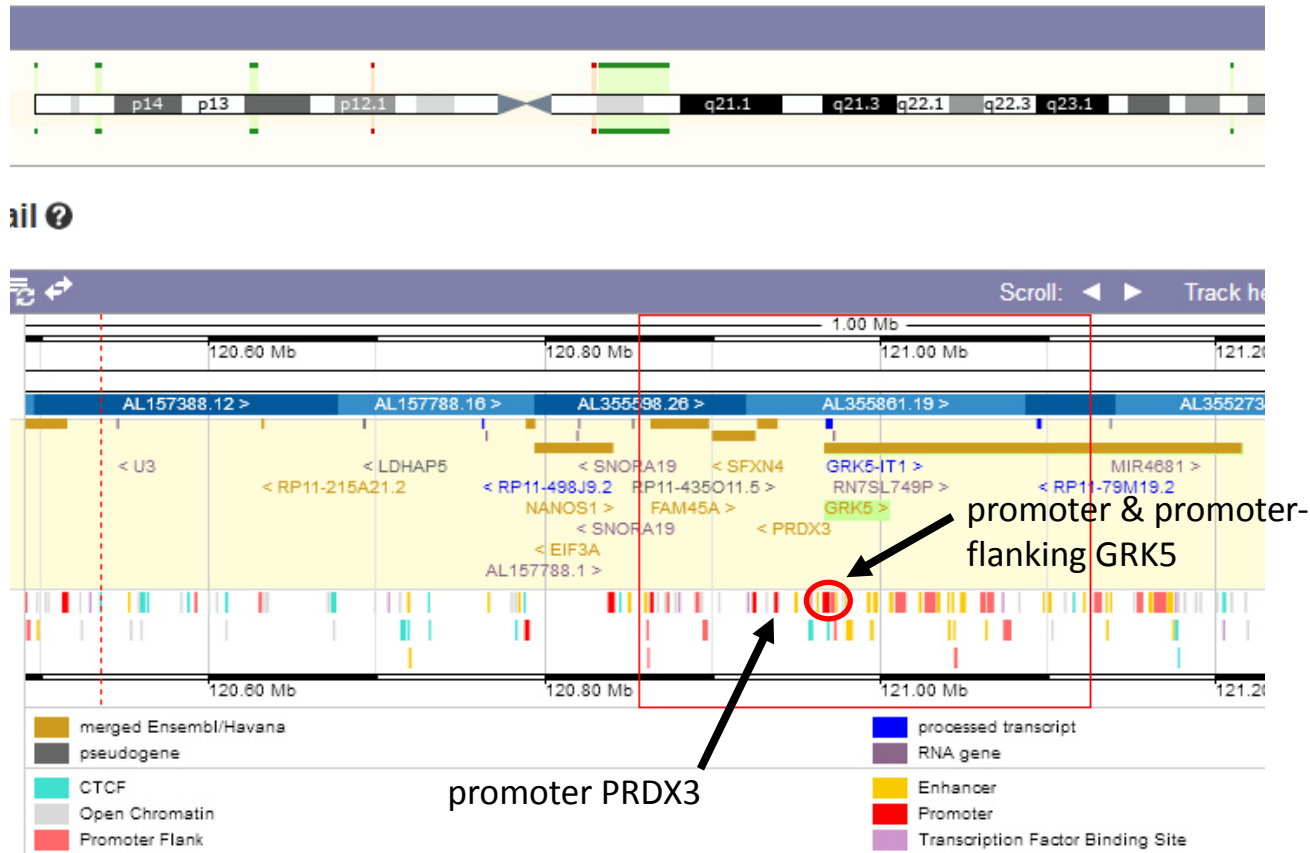
\*available in 339 subjects; \*\*available in 455 subjects, \*\*\*available in 498 subjects.

Values represent means  $\pm$  SE (standard error). For statistical analyses, non-normally distributed parameters were log transformed. The genotype effect was tested using additive and dominant inheritance models. BMI, waist circumference, total body fat mass, visceral fat mass and liver fat were adjusted for age and gender. Glucose and insulin levels, glycated hemoglobin, and insulin sensitivity measures (HOMA-IR, insulin sensitivity from the OGTT and ISI<sub>clamp</sub>) were additionally adjusted for BMI. Lipid parameters (free fatty acids, total-, HDL- and LDL-Cholesterol, and triglycerides) were further adjusted for lipid-lowering medication. Insulin secretion measures (C-peptide 30', IGI, AUC C-peptide 0-30 / AUC Glc 0-30, AUC C-peptide 0-120 / AUC Glc 0-120) were adjusted for gender, age, BMI and insulin sensitivity from the OGTT. # $\chi^2$ -test. BW, body weight; ISI, insulin sensitivity index; IGI, insulinogenic index; Ins, insulin; C-Pep, C-peptide; Glc, glucose; AUC, Area Under the Curve.

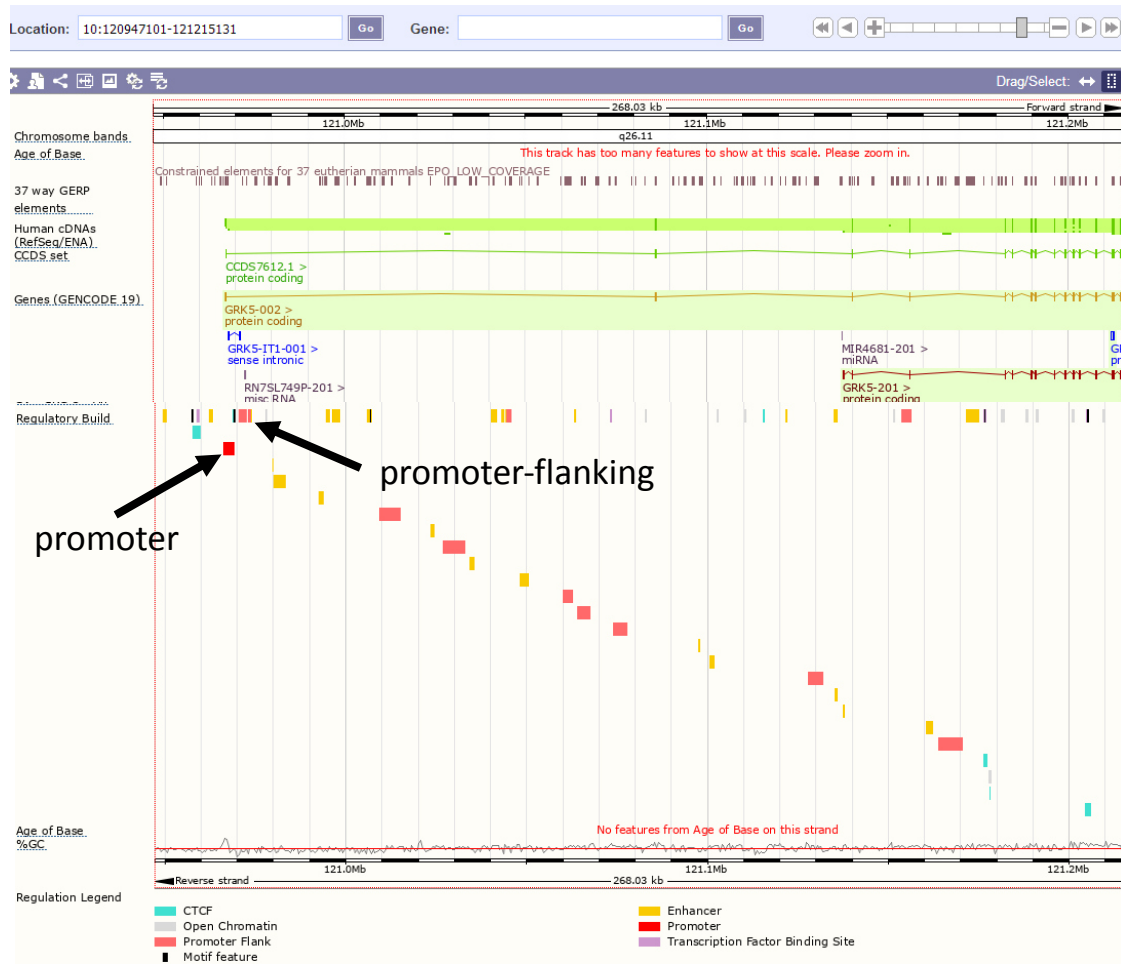
**Supplemental table 3** Associations of rs10466210 and rs1980030 with plasma lipids after excluding subjects with BMI  $\geq$  65 kg/m<sup>2</sup>

Variable	rs10466210		rs1980030	
	p additive	p dominant	p additive	p dominant
Fasting triglycerides (mg/dl)	0.31	0.33	0.046	0.026
Total cholesterol (mg/dl)	0.0015	0.0014	0.0043	0.0036
HDL-cholesterol (mg/dl)	0.18	0.12	0.71	0.91
LDL-cholesterol (mg/dl)	0.0033	0.0055	0.01	0.035
Apolipoprotein AI (mg/dl)	0.17	0.09	0.38	0.72
Apolipoprotein B (mg/dl)	0.0027	0.0021	0.014	0.031

10: 120,857,039-121,125,071



**Supplemental Figure 1.** Details on regulatory elements in the genomic locus encompassing *GRK5* and its upstream flanking genes *PRDX3* and *SFXN4*. Data are presented as displayed by the Ensembl 1000 Genomes browser ([http://grch37.ensembl.org/Homo\\_sapiens/Info/Index](http://grch37.ensembl.org/Homo_sapiens/Info/Index)). The promoter (in red) and promoter-flanking regions (in pink) of the *GRK5* gene (marked by a red circle) are clearly separated from the promoter regions of the adjacent genes.



**Supplemental Figure 2.** Gene + 20 kb 5'-flanking region. Zoomed picture with details on regulatory elements in the promoter and gene regions of *GRK5*. Data are presented as displayed by the Ensembl 1000 Genomes browser ([http://grch37.ensembl.org/Homo\\_sapiens/Info/Index](http://grch37.ensembl.org/Homo_sapiens/Info/Index)). The promoter (in red) and its promoter-flanking regions (in pink) are clearly separated from other putative promoter-flanking regions (in pink) more downstream. The role of the latter is uncertain due to their distance to the core promoter.