

The objectives of our study were to test the potential of negative hysteresis to enhance efficacy of sequential therapy. We used the pathogen *Pseudomonas aeruginosa* as a model—the second-most critical threat of a multidrug-resistant pathogen (18). We first characterized the hysteresis landscape for *P. aeruginosa* for three clinically relevant, bactericidal antibiotics with distinct cellular targets: ciprofloxacin (CIP), gentamicin (GEN), and carbencillin (CAR). We then investigated how different levels of cellular hysteresis modulate the evolutionary adaptive response to sequential treatment using high-throughput experimental evolution, mathematical modeling, whole-genome sequencing, and functional genetic analysis of potential targets of selection. Finally, we validated the potential of antibiotic hysteresis for the inhibition and prediction of resistance evolution by second-order experimental evolution.

Results and Discussion

Cellular Hysteresis Depends on the Order of Drug Switches. We determined how short exposures to nonlethal concentrations of the three considered antibiotics CIP, GEN, and CAR affected later antibiotic treatment, by performing time-kill experiments (Fig. 1A). The inferred hysteresis landscape included negative, positive, and neutral effects and showed strong directionality. For the drug pair CAR/GEN, the sign of hysteresis effects was dependent on drug order (Fig. 1B): Preexposure to GEN, which is known to cause translational stress, protected cells from killing by CAR, while preexposure to CAR, which causes cell envelope stress, increased bactericidal activity of GEN (Fig. 1A–C and Movie S1). Similar directionality was observed for the drug pair CIP/GEN (Fig. 1B). Neutral or mild hysteresis effects were observed for the pair CIP/CAR. Altogether, the hysteresis landscape indicated that population survival during the antibiotic switch is strongly history-dependent, thus emphasizing the importance of drug order for the design of effective treatment. Order dependence and the observation that negative hysteresis can be achieved with drug pairs known to interact either synergistically (GEN+CAR) or antagonistically (CIP+GEN) (19) demonstrate that hysteresis and drug interaction are not necessarily linked. Hysteresis is also distinct from collateral sensitivity, as it occurs immediately, i.e., without acquiring resistance mutations.

Further analysis of negative hysteresis caused by the CAR → GEN switch revealed that pretreatments as short as 15 min (equivalent to 1/3 generation time) and concentrations as low as 3 μg/mL [1/32 of the minimal inhibitory concentration (MIC)] were sufficient for the induction of accelerated killing (Fig. 1D and E). Bactericidal activity increased 400-fold when the 15-min pretreatments were performed with higher concentrations, i.e., 2× MIC. These findings indicate a specific and robust physiological effect that may be exploited to increase the efficacy of antibiotic therapy, for example, by using sequential treatment. The increased killing is likely explained by β-lactam-induced acceleration of cellular influx of the aminoglycoside (20). The reduced killing in the reversed direction may be explained by aminoglycoside-induced up-regulation of efflux pumps (21, 22).

Negative Hysteresis Increases Treatment Efficacy and Constrains Evolution of Resistance. By modulating bacterial killing, we hypothesized that cellular hysteresis influences the rate of resistance evolution during sequential treatment dependent on drug order and the resulting cumulative level of hysteresis. To test these predictions, we conducted a high-throughput evolution experiment with 190 replicate populations over a total of 96 transfers (each with 12-h growth intervals; total of ~500 generations; Fig. 2A and SI Appendix, Fig. S2). We included three main types of sequential protocols to disentangle the influence of hysteresis from the frequency and regularity of drug switches (Fig. 2B, columns 1–3). Evolutionary dynamics were tightly monitored, with continuous measurements of population growth (every 15 min). These measurements revealed that the evolutionary dynamics were separated into three main phases across the 96 transfers (Fig. 3A): (i) an initial phase up to roughly transfer 12, during which

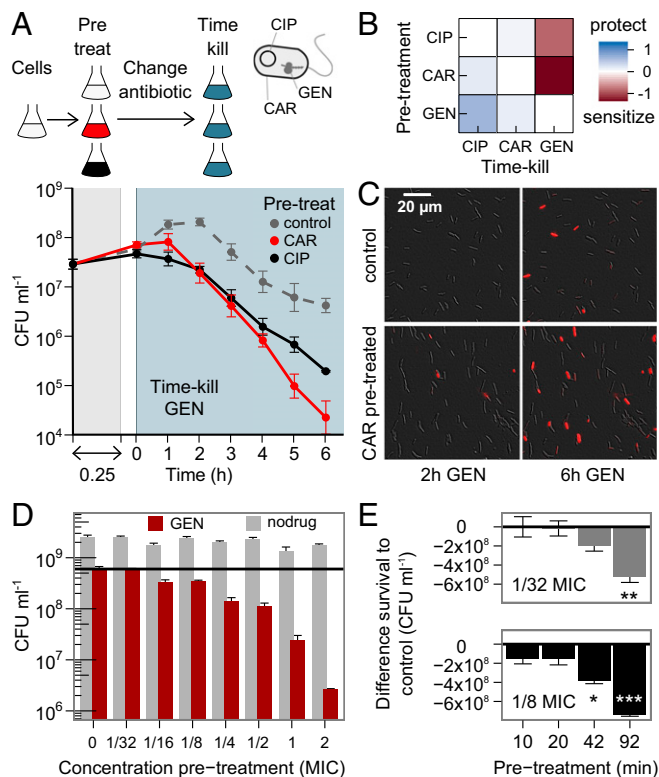


Fig. 1. Antibiotic-induced cellular hysteresis: Short antibiotic exposures affect later killing by other antibiotics. (A) Schematic and example data of time-kill experiment after pretreatment, using *P. aeruginosa* as model. Antibiotics CAR, CIP, and GEN have distinct cellular targets. Short pretreatments with nonlethal concentrations of CIP or CAR accelerate killing by GEN, shown as concentration of viable cells (cfu). Mean ± SEM, $n = 6$. (B) Antibiotic pretreatment sensitizes or protects bacteria during subsequent time-kill experiment with other antibiotics. (C) Time-lapse microscopy of control and CAR-pretreated bacteria during GEN treatment. Dead cells are stained red by propidium iodide. (D) Influence of CAR 15-min pretreatments with varying concentrations on survival in GEN, and drug-free media. Black line represents survival in GEN without pretreatment. (E) Subinhibitory antibiotic concentrations are sufficient to induce negative hysteresis, if pretreatments are sufficiently long (according to Student's t test, $n = 6$, * $P < 0.05$, ** $P < 0.01$, *** $P < 0.001$).

populations adapted rapidly and treatments varied strongly in evolutionary dynamics; (ii) an optimization phase from transfer 12 up to approximately transfer 48, during which two treatments (monotherapy, slow regular protocol) were almost fully adapted, while the other two (fast regular and random protocols) still produced increases in growth, yet at lower rates as during the first phase; and (iii) the long-term dynamics from transfer 48 onward, during which only small growth increases and little variation among treatments were observed. For a more detailed analysis, we focused on the early dynamics up to transfer 12, because these encompass the strongest differences in the tested variables and cover a clinically relevant time period of 6 d.

For the early dynamics, fast and random sequences led to significant improvements in three independently characterized, complementary measures for treatment efficacy (Fig. 2B; see SI Appendix, Tables S1–S6 for statistics), including (i) higher extinction frequencies (inferred from absence of growth during experimental evolution), (ii) lower adaptation rates (calculated from growth characteristics measured during the evolution experiment), and (iii) lower levels of evolved multidrug resistance (MDR, determined from antibiotic dose–response curves for individual bacterial clones isolated from the evolving populations; SI Appendix, Fig. S3). Importantly, the cumulative

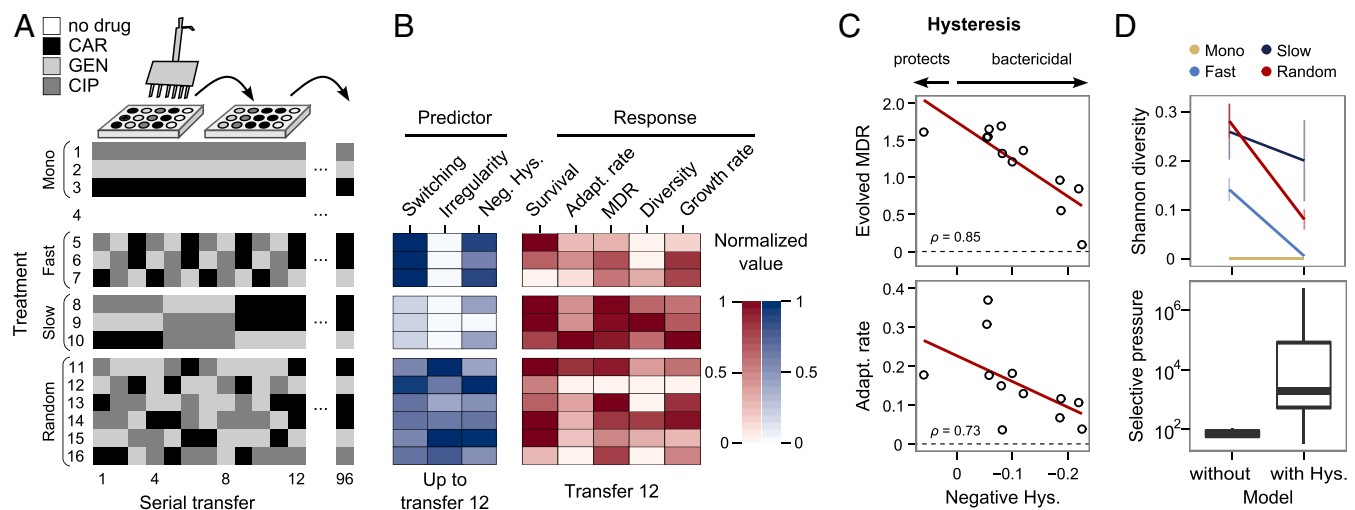


Fig. 2. Negative hysteresis can constrain the bacterial evolutionary response during sequential treatment. (A) Schematic of evolution experiment with three main types of sequential treatments plus controls, including a total of 16 individual protocols. Only the first 12 transfers are illustrated. (B) Variation in tested parameters and measured traits up to transfer 12. The tested parameters include cumulative levels of negative hysteresis (Neg. Hys., dark indicates high levels), switching rate, and regularity of change (dark indicates high irregularity). The evolutionary response was measured for population survival (max = 12), adaptation rate (Adapt. rate, $n \leq 12$, extinct lineages excluded), evolved MDR ($n = 35$), genotypic diversity ($n = 20$), and exponential growth rate in absence of drugs (weighted mean, $n = 3$). (C) Negative hysteresis levels (high levels toward right) correlated significantly with evolved MDR (red line shows regression line). (D) A mathematical model predicted lower genotypic diversity and higher selection intensities when accounting for cellular hysteresis.

levels of hysteresis were significantly correlated to both adaptation rates and evolved MDR (Spearman rank correlation, $\rho \geq 0.73$, $P \leq 0.01$; Fig. 2C). Evolved MDR was also significantly associated with switching rate, but to a lesser degree (Spearman rank correlation, $\rho = 0.66$, $P = 0.019$), while there was no significant relationship between switching and adaptation rates (SI Appendix, Fig. S5). Increases in both negative hysteresis level and switching rate led to higher extinction frequencies, even though the effect was not statistically significant. We conclude that, even though switching rate is important, the consideration of negative hysteresis is sufficient to predict treatment efficacy.

Surprisingly, the fast sequential protocols resulted in significantly fewer resistance types and thus less genotypic diversity than the slow regular treatments (Figs. 2B and 3B and SI Appendix, Fig. S4 and Table S3). These findings contrast with expectations from population genetic theory, because fast switching should have prevented competitive exclusion and, instead, caused coexistence of multiple types that continuously varied in relative frequency parallel to antibiotic exposure. To assess these dynamics, we developed and analyzed a mathematical model tailored to the design of the evolution experiment. Under standard conditions (without hysteresis), the model indeed predicted coexistence of several types under fast sequential conditions (Fig. 2D and SI Appendix, Fig. S6). Importantly, when we added hysteresis effects to the model, we found increased selection pressure and a reduction of diversity, especially for the fast and random sequential protocols. These observations suggest that the inducible physiological effects act as a strong selective constraint during sequential treatment and influence diversity within the evolving populations.

The mathematical model indicated that negative hysteresis increases selection intensity (Fig. 2D), yet the observed outcome was not MDR—as would be expected from competitive release (23)—but rather a constrained ability to evolve MDR (Fig. 2B). Thus, we hypothesized that negative hysteresis selects for traits specifically directed against the inducible physiological effects rather than resistance. This idea was supported by our additional analysis of growth rate. Almost all drug protocols resulted in significantly reduced growth rates under drug-free conditions (Fig. 2B, last column), but the three sequences (#5, #12, #15) with high levels of negative hysteresis and almost no evolved MDR showed the strongest growth reductions of up to 41%. The

combination of reduced growth and no MDR is indicative of antibiotic tolerance (24), an evolutionary strategy, in which bacteria evade killing by slow growth and which could have been favored through selection by negative hysteresis.

Negative Hysteresis Favors Genetic Changes Mediating Tolerance and an Unknown Response.

To further assess the selective impact of negative hysteresis, we characterized the genes that have likely been the targets of selection using whole-genome sequencing and functional genetic analysis. The genomic characterization identified different sets of mutations to be favored by the main treatment types (Fig. 4 and Dataset S1). Intriguingly, the single nonresistant isolate from protocol #12 harbored a mutation that mediated a phenotypic response related to antibiotic tolerance. In detail, we followed concepts and methodology described previously (25), to test for tolerance with the help of time-kill experiments. These experiments revealed absence of resistance but reduced killing on all three antibiotics (Figs. 3B and 5B and SI Appendix, Table S7), consistent with antibiotic tolerance. This isolate had two mutations, a point mutation in the *ispA* gene (leading to amino acid change Y249D) and a frame shift in the *gcvT2* gene. Because the *gcvT2* mutation occurred across treatment groups (Fig. 4A), the *ispA* mutation is likely the adaptive change that caused reduced growth, possibly due to the toxic accumulation of isoprenyl diphosphates, as previously recorded for a Δ *ispA* *E. coli* mutant (26). Sequence #12 was enriched for CAR-induced sensitization toward GEN (Fig. 2A). A reassessment of the CAR \rightarrow GEN transition showed that bacterial cells of this isolate could no longer be sensitized (Fig. 5C). We conclude that, in this single case, selection by negative hysteresis in sequence #12 has likely been countered by the emergence of a process related to antibiotic tolerance, mediated through a mutation in *ispA*.

In several other fast sequential protocols, negative hysteresis was countered by mutations in *cpxS* (SI Appendix, Fig. S7). This gene is related to the *E. coli* envelope stress response system CpxA–CpxR, which is activated by misfolded proteins, as caused by aminoglycosides (27), and involved in intrinsic resistance to these drugs in *E. coli* (28). Mutations in *cpxS* were significantly enriched in fast sequential treatments (SI Appendix, Table S6), including those with little indication of antibiotic tolerance (e.g., normal growth under drug-free conditions; protocol #7; Fig. 2B). To explore its function, we reintroduced one prevalent *cpxS*

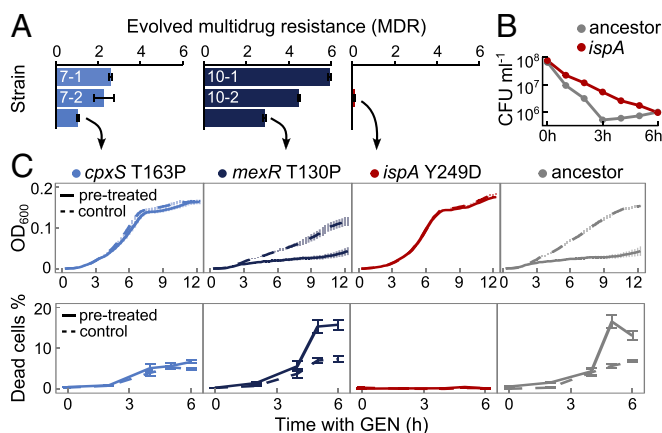


Fig. 5. Evolutionary adaptation to negative hysteresis. (A) Evolved MDR of isolates from sequential treatments (top two bars) and corresponding reconstructed mutants (bottom bar). Mean \pm SEM, $n \geq 6$. (B) Isolate from sequential protocol #12 with mutation in *ispA* shows antibiotic tolerance and thus reduced cellular death during antibiotic exposure (in this case, CIP). (C) (Top) CAR-induced sensitization toward GEN (solid lines) inhibited growth in ancestor and *mexR* mutant but neither *cpxS* nor *ispA* mutants. Mean \pm SEM, $n = 6$. (Bottom) Confirmation of results by measuring dead cells over time using flow cytometry. Mean \pm SEM, $n = 3$.

Appendix, Table S7). Conversely, reversing #13 increased extinction, although resistance was not affected, most likely because only few populations survived and could be used for resistance analysis. These results demonstrate that cellular hysteresis can determine the efficacy of sequential therapy.

Conclusions

Our results show that antibiotics can induce long-lasting changes in bacterial physiology that enhance or inhibit the bactericidal activity of other antibiotics, thereby revealing a principle, cellular hysteresis, that can be exploited to optimize antibiotic therapy. Cellular hysteresis can still act in bacteria that are resistant against the pretreatment drug, highlighting its clinical potential, where antibiotic resistance is widespread. Fast switching between antibiotics is key, because it can increase the cumulative effect of negative hysteresis, leading, in our experiments, to improvements in three complementary measures of treatment efficacy. Negative hysteresis exerted specific selection that did not favor resistance mutations, but rather mutations that counter the inducible physiological effects, such as those identified here for *ispA* and *cpxS*. We also showed that slow drug changes enhance resistance evolution and target different sets of genes. Our findings may thus explain the limited success of antibiotic cycling in the clinic, where antibiotics are usually changed once per month or less often (31). Negative hysteresis may further explain the particular success of one of the very few clinical studies with one antibiotic switch in less than a day. This study from 1988 demonstrated that the staggered application of first a β -lactam and then, 4 h later, an aminoglycoside—exactly the switch required for negative hysteresis—causes a significant reduction and often full clearance of *P. aeruginosa* from the lungs of a small cohort of cystic fibrosis patients (32). In this particular study, clearance could not be achieved by the corresponding combination treatment [i.e., simultaneous dosing (32)]. In our own previous work, the CIP+GEN combination did not produce any clearance, while the CAR+GEN combination at equivalent effective dose led to clearance rates comparable to those observed here for sequential treatments with high levels of negative hysteresis (19), generally supporting the possible power of temporal changes for effective treatment. Novel approaches such as multilayer liposomes (33) may then become useful for sequential drug delivery. A further exploration of inducible physiological effects may thus help to find

new ways for improving antibiotic therapy—using the available drugs in a rational and refined way.

Materials and Methods

Material. *P. aeruginosa* UCBPP-PA14 (34) was grown at 37 °C in M9 medium supplemented with glucose (2 g/L), citrate (0.5 g/L), casamino acids (1 g/L), and an antibiotic, as indicated.

Time-Kill Experiments. Exponential phase cells (5×10^7 cfu/mL) were pretreated with sublethal antibiotic concentrations for the indicated time. The medium was exchanged to expose cells to a second antibiotic at IC_{75} , followed by cfu counting for 6 h. Hysteresis effects were quantified as the average \log_{10} difference in cfu counts of pretreated and control cultures. Negative values indicate sensitization, and positive values indicate protective effects. Bacterial killing was confirmed by time-lapse microscopy, monitoring bacteria on agarose pads (35) using a Zeiss LSM 700.

Dose–Response Curves. A standardized inoculum (5×10^5 cfu) was incubated with defined antibiotic concentrations in 96-well plates for 12 h at 37 °C, followed by optical density measurements at 600 nm (OD_{600}).

Main Evolution Experiment. We performed serial dilution evolution experiments (6, 23, 36) and selection with 16 different antibiotic sequences (see also *SI Appendix*). Sequences #1 to #4 had constant environments. Sequences #5 to #16 contained equal frequencies of CIP, GEN, and CAR, but differed in hysteresis levels, due to drug order and switching rate. Each treatment had 12 replicates (founded with 5×10^5 cells from six independent PA14 starting cultures) and 96 serial transfers (2% transfer volume), each separated by 12 h. Antibiotic selection was applied at IC_{75} in 96-well plates, and growth was monitored by OD_{600} every 15 min (EON; BioTek Instruments; 180-rpm double orbital shaking). Evolved material was conserved at -80 °C in 10% (vol/vol) DMSO. Resistance evolution was assessed using the integral of the growth curve divided by the integral for the untreated reference evolving in parallel (relative area under curve or relative biomass, Fig. 3). Low values denote sensitivity to treatment, a value of 1 uninhibited growth (dynamics for all populations are shown in *SI Appendix*, Fig. S11). Adaptation rate was calculated with a sliding window approach as X^{-1} , where X is the transfer at which the mean relative biomass of a sliding window of 12 transfers reaches 0.75 for the first time. This measure is comparable with the previously described rate of adaptation (36), defined for constant environments, yet not applicable to fluctuating environments, in which growth often oscillates. Extinction frequencies were determined at the end of the evolution experiment by counting cases unable to grow in drug-free media.

Characterization of Evolved Isolates. We measured antibiotic dose–response curves for 880 evolved isolates from evolved populations after transfers 12 and 48. Resistance profiles were obtained as in *Dose–Response Curves*, with concentrations from 1/8 MIC to 16 \times MIC, assessed as the relative area of dose–response curves for isolates and corresponding ancestors measured on the same plate (*SI Appendix*, Fig. S3). For treatment comparisons, we defined MDR scores as the sum of resistance values on the three antibiotics. Subpopulations were identified by hierarchical clustering of resistance profiles. We characterized growth in drug-free medium. See *SI Appendix*.

Mathematical Model. We developed a deterministic model to explore the ability of different antibiotic protocols to limit population growth by the evolution of

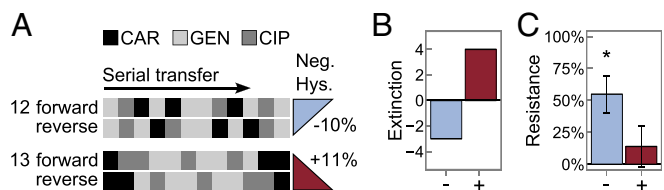


Fig. 6. Reversal of sequential protocols predictably altered treatment efficacy due to changes in negative hysteresis levels. (A) Reversal of the first 12 steps in two sequential treatments changed the overall level of negative hysteresis. (B) Change of negative hysteresis predictably altered extinction frequencies. (C) Decreasing negative hysteresis levels significantly increased antibiotic resistance in surviving lineages (according to post hoc test, generalized linear mixed model, $n = 3$, $*P < 0.05$). Mean \pm SEM.

resistant types. We modified a logistic growth model (competition for space) that included mutation, $\dot{x}_i = (r_i x_i + \sum_{j=1}^n (q_{ji} r_j x_j - q_{ij} r_i x_i)) [1 - (1/K) \sum_{i=1}^n x_i]$. Different genotypes were included with density x_i and growth rate r_i . Each genotype had three growth rates, for each of the possible treatments, $r_i = \{r_i^{CIP}, r_i^{GEN}, r_i^{CAR}\}$. The mutation rate q_{ji} determined the change of genotype j to another genotype i . The carrying capacity was defined by K . To simulate serial transfers, the mixture of types was diluted by a dilution factor DF at the end of each season. If the density of a genotype fell below the cutoff κ during dilution, it was lost and could only reappear via mutation. Following dilution, treatments could either switch or be repeated. The model was parameterized according to the evolution experiment: $K = 10^8$ cells, $DF = 50$ applied every 12 h, $\kappa = 10$. Population size was $K/4$ (IC_{75}) directly before the first transfer. Growth dynamics were generated for a simple system with four competing genotypes, the nonresistant wt and three mutants, individually resistant to CIP, GEN, or CAR, parameterized according to the results of the monotreatments #1 to #3 (growth rate table R , *SI Appendix, Fig. S6*). Some mutant growth rates were lower than those of the wt on particular antibiotics, denoting collateral sensitivity, consistent with previous results (37). Switches between antibiotics allowed for hysteresis effects, which we included by multiplying the respective growth rates from table R with the corresponding entry from table S , showing the antibiotic-induced physiological effects, experimentally inferred for the four genotypes (*SI Appendix, Fig. S6*). Using this model, we generated growth dynamics for mixed populations for the different sequential treatments, either with or without hysteresis. From the modeled dynamics, we inferred the selective pressure, as defined by $K/X_{w,t}$, and the within-population diversity, as calculated from Shannon entropy.

Genomics and Functional Genetic Analysis. Whole-genome sequencing was performed for 30 evolved isolates from different subpopulations at the early time point, and the three subpopulations of #8 at the late time point (*SI*

Appendix). For defined mutants (*SI Appendix*), we assessed the change in growth upon pretreatment by OD₆₀₀ every 15 min. We additionally used flow cytometry (Guava EasyCyte HT Blue-Green; Merck KGaA) with hourly samples, Live/Dead staining, and three technical replicates. For staining, cells were incubated for 10 min with propidium iodide (P4170-25MG; Sigma-Aldrich) and thiazole orange (390062-250MG; Sigma-Aldrich). We assessed antibiotic tolerance for isolate 12-1a-E2-4 (isolated after transfer 12 from sequence #12) via minimal duration of killing (25).

Replay Evolution Experiment. The experiment was performed as the main evolution experiment, using sequences #12, #12rev, #13, #13rev, and an untreated control. Sequences #12 and #13 were the same as the first 12 transfers in the main experiment, and #12rev and #13rev were their respective reverse sequences. Resistance was quantified by the fold changes in IC_{75} .

Statistical Analyses. Data analysis was performed with R (38). Statistics, P values, and explanatory notes are provided in *SI Appendix, Tables S1–S6*.

Data Availability. The data are supplied as *Datasets S1–S5*. Sequence data are available from NCBI, BioProject PRJNA484297.

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