

**Title: Monosomes actively translate synaptic mRNAs in neuronal processes**

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1 **Abstract:**

2 In order to deal with their huge volume and complex morphology, neurons  
3 localize mRNAs and ribosomes near synapses to produce proteins locally. A  
4 relative paucity of polyribosomes (considered the active sites of translation)  
5 detected in electron micrographs of neuronal processes (axons and dendrites),  
6 however, has suggested a rather limited capacity for local protein synthesis.  
7 Polysome profiling together with ribosome footprinting of microdissected  
8 synaptic regions revealed that a surprisingly high number of dendritic and/or  
9 axonal transcripts were predominantly associated with monosomes (single  
10 ribosomes). Contrary to prevailing views, the neuronal monosomes were in the  
11 process of active protein synthesis (e.g. they exhibited elongation). Most  
12 mRNAs showed a similar translational status in the somata and neuropil, but  
13 some transcripts exhibited differential ribosome occupancy in the  
14 compartments. Strikingly, monosome-preferring transcripts often encoded  
15 high-abundance synaptic proteins. These data suggest a significant  
16 contribution of monosome translation to the maintenance of the local neuronal  
17 proteome. This mode of translation can presumably solve some of restricted  
18 space issues (given the large size of polysomes) and also increase the diversity  
19 of proteins made from a limited number of ribosomes available in dendrites and  
20 axons.

21 **Main text:**

22 RNA sequencing and *in situ* hybridization have revealed the presence of an  
23 unexpectedly high number of RNA species in dendrites and/or axons of the  
24 CA1 neuropil (1, 2) and many studies have documented the local translation of  
25 proteins in dendrites and/or axons (3-5). During mRNA translation multiple  
26 ribosomes can occupy an individual mRNA (called a “polysome”) resulting in  
27 the generation of multiple copies of the encoded protein. Polysomes, usually  
28 recognized in electron micrographs as a cluster comprising 3 or more  
29 ribosomes, have been detected in neuronal dendrites (6, 7) but are surprisingly  
30 infrequent (e.g. < 0.5 polysomes per  $\mu\text{m}$ , see (7)) given the diversity of mRNAs  
31 present in dendrites and axons (8). In neuronal processes, the features and  
32 mechanisms of translation have not been explored in detail, in part because of  
33 the relative inaccessibility of the dendrites and axons in the neuropil. In  
34 particular, how diverse proteins might be synthesized from a limited population  
35 of polysomes present in small synaptic volumes is an open question.

36

37 **Monosomes are the predominant ribosome population in neuronal**  
38 **processes**

39 To visualize the capacity for protein synthesis in the neuropil *in vivo*, we labeled  
40 the *de novo* proteome using puromycylation (9, 10). We infused puromycin  
41 directly into the lateral ventricle of mice, waited 10 min, and then visualized  
42 newly synthesized proteins in hippocampal pyramidal neurons by co-  
43 immunofluorescence labeling of nascent protein (anti-puromycin antibody) and  
44 CA1 pyramidal neurons (anti-wolframin antibody; Wfs1). As expected, we  
45 detected an intense nascent protein signal in the somata layer (*stratum*  
46 *pyramidale*), comprising the cell bodies of pyramidal neurons (Fig. 1A, fig. S1A).  
47 There was also strong nascent protein evident throughout the dendrites of  
48 pyramidal neurons in the neuropil (*stratum radiatum*) (Fig. 1A, fig. S1A). Co-  
49 injection of a protein synthesis inhibitor (anisomycin) abolished the nascent  
50 protein signal. Because of the very short window of metabolic labeling, these  
51 data indicate that protein synthesis also occurs in dendrites *in vivo*.

52 Polysome profiling is a biochemical fractionation method that allows one to  
53 examine the degree of ribosome association of a transcript, i.e. associated with  
54 a monosome (single ribosome) or a polysome (multiple ribosomes loaded on  
55 an mRNA) (11). Using polysome profiling, we examined the ribosome  
56 occupancy of transcripts in the hippocampus comparing somata and neuropil  
57 that were microdissected from *ex vivo* adult rat hippocampal slices (area CA1;  
58 Fig. 1B). Western blot analysis confirmed that the microdissected neuropil was  
59 strongly de-enriched for neuronal cell bodies (fig. S1B and C). We obtained a  
60 typical polysome profile with two ribosomal subunit peaks (40S and 60S), one  
61 monosome (single ribosome, 80S) peak and multiple polysome peaks. No signs  
62 of altered polysome integrity (such as a shift towards lower ribosome  
63 occupancy) were observed. We assessed the relative association of transcripts  
64 with monosomes or polysomes (M/P ratio) in the somata and neuropil by  
65 measuring the area under the curve (AUC) of the corresponding absorbance  
66 peaks. While a large proportion of mRNAs were associated with polysomes in  
67 the somata (Fig. 1C), the M/P ratio was greater than two-fold higher in the  
68 neuropil (Fig. 1D and E). The increased M/P ratio observed in the neuropil

69 resulted from a decrease in polysome abundance when compared to the  
70 somata (fig. S1D). As expected, the M/P ratios in whole (non-microdissected)  
71 hippocampi ( $0.56\pm 0.04$ ), comprising cell bodies and neuronal processes,  
72 occupied a position between the values obtained for the somata ( $0.30\pm 0.03$ )  
73 and neuropil ( $0.76\pm 0.19$ ) (fig. S1E, Fig. 1C and D), further demonstrating that  
74 the microdissection procedure does not disrupt polysome stability.

75 To confirm the difference in the M/P ratios between somata and neuronal  
76 projections, we used a well-established *in vitro* system to enrich for cell bodies  
77 and neuronal processes (12). Rat neurons were cultured on microporous  
78 membranes allowing the dendrites and axons (but not cell bodies) to extend to  
79 the area beneath the membrane (Fig. 1F, fig. S1F to I). After 21 days *in vitro*,  
80 we separately harvested the cell bodies and dendrites/axons and again  
81 conducted polysome profiling. Consistent with the microdissected slice data,  
82 the M/P ratio was again significantly higher in neurites compared to cell bodies,  
83 in part owing to a decreased number of polysomes in the neurite layer (Fig. 1G  
84 to I, fig. S1J).

85

### 86 **Monosomes actively elongate transcripts in the synaptic neuropil**

87 In mammalian cells, polysomes are thought to represent the translationally  
88 active ribosome population (13-15). In contrast, monosomes, reflecting single  
89 ribosomes detected on transcripts, are presumed to represent the isolation of  
90 protein synthesis initiation and termination events, but not active protein  
91 synthesis (e.g. the elongation of the polypeptide chain). We compared the  
92 translational status of somatic or neuropil-localized monosomes and polysomes  
93 by precisely mapping the position of the ribosome(s) along the mRNA using  
94 ribosome profiling (16) (Fig. 2A). Monosomal or polysomal fractions from the  
95 rat neuropil or somata were collected; the purity of fractionation was  
96 independently demonstrated by the lack of polysome or monosome peak on  
97 sucrose gradient profiles from isolated monosomal and polysomal fractions,  
98 respectively (fig. S2). Following polysome profiling, ribosomal fractions were  
99 digested and monosome or polysome footprint libraries were prepared. After  
100 sequencing three replicates of monosome/polysome footprint libraries and  
101 aligning the reads to a reference genome (alignment statistics shown in fig.  
102 S3A), the classical ribosome profiling quality metrics were assessed (fig. S3).  
103 As expected, the monosome and polysome footprints peaked at a length of  
104 around 31 nucleotides (representing the area occupied by the ribosome; fig.  
105 S3B and C) and exhibited a depletion of read densities in the untranslated  
106 regions (UTRs) and introns (fig. S3D and E). The ribosome profiling libraries  
107 were highly reproducible between replicates, as shown by the very small within  
108 group variance (fig. S3F) and Pearson correlation coefficients  $> 0.95$  for the  
109 majority of the samples (fig. S3G).

110 We examined the positions of the RNA footprints obtained from neuropil  
111 monosomes (Fig. 2B) or polysomes (Fig. 2C) across the open reading frame  
112 (ORF) of transcripts. Both the monosome and polysome footprint coverage  
113 peaked at the 5' ORF (near/at the translation initiation site); monosome  
114 footprints decreased more sharply than polysome footprints over the first 25%  
115 of the ORF before reaching a plateau. Only the monosome sample exhibited a  
116 pronounced enrichment of footprint reads around the stop codon, presumably

117 reflecting the position of terminating ribosomes. This pattern is in good  
118 agreement with previously published metagene analyses of monosome and  
119 polysome footprint densities in yeast (17) thus confirming the purity of isolated  
120 monosomal and polysomal fractions. Surprisingly, however, a large fraction of  
121 monosome footprints occupied the center of the ORF, demonstrating that the  
122 localized monosomes are engaged in peptide elongation. A similar pattern was  
123 evident for the monosome (and polysome) footprint coverage in the somata (fig.  
124 S4A and B) and the whole (non-microdissected) hippocampus (fig. S4C and D;  
125 representative polysome profile shown in fig. S1E), indicating that the mid-ORF  
126 monosome footprints were not a result of altered polysome integrity during the  
127 microdissection procedure.

128 As the somata and neuropil not only comprise neurons but also glia and  
129 interneurons (fig. S5A), we developed a strategy to investigate the translational  
130 status of monosomes and polysomes in hippocampal excitatory neurons. In  
131 particular, we identified the translome (ribosome-associated mRNAs) of  
132 select hippocampal excitatory neuron populations by combining RiboTag  
133 immunoprecipitation (RiboTag-IP) (18) with RNA-sequencing (fig. S5B and C).  
134 Using differential expression analysis (19), we identified transcripts enriched in  
135 the RiboTag-IP from hippocampi of Camk2Cre::RiboTag mice (fig. S5D and E)  
136 or microdissected somata (fig. S5D and F) and neuropil (fig. S5D and G) of  
137 Wfs1Cre::RiboTag mice. Combining the three datasets, we obtained a  
138 comprehensive list of 5069 mRNAs (“neuronal” transcripts) selectively  
139 translated in cell bodies and processes of excitatory hippocampal neurons (fig.  
140 S5H). The relative enrichment and de-enrichment of neuronal and  
141 glia/interneuron-related genes, respectively, was validated using a previously  
142 published dataset (fig. S5I) (20). These data were used to obtain a filtered list  
143 of neuronal footprint reads in monosome or polysome libraries from the somata  
144 and neuropil (Fig. 2D). As observed above, a significant fraction of neuronal  
145 transcripts displayed coverage in the elongating portion of the ORF in the  
146 monosome and the polysome samples of both neuropil (fig. S6A and B) and  
147 somata (fig. S6C and D). The neuropil-derived monosome (Fig. 2E) and  
148 polysome (fig. S6E) footprints exhibited 3-nucleotide phasing throughout the  
149 ORF, reflecting the characteristic codon by codon translocation of the ribosome  
150 on its mRNA (16). These data indicate that both monosomes and polysomes  
151 contribute to the active elongation of transcripts localized to neuronal  
152 processes.

153

### 154 **Neuropil monosomes predominate on synaptic transcripts**

155 To measure the degree to which a neuropil-localized transcript is translated by  
156 monosomes or polysomes, we focused on ribosomes that were undergoing  
157 elongation but not initiation or termination using footprints aligned to the center  
158 of the ORF (see Methods) in the monosome and polysome footprint libraries.  
159 Using DESeq2 (19), we identified localized neuronal transcripts preferentially  
160 translated by either monosomes or polysomes. In the neuropil, we found 463  
161 transcripts significantly enriched in the monosome- versus 372 transcripts  
162 enriched in the polysome fraction (Fig. 3A, Table S1) (By contrast, a greater  
163 number of transcripts exhibited a significant enrichment on polysomes in the  
164 somata, see fig. S7A; Table S1). When we examined the neuropil footprint

165 pattern across individual transcripts, we identified transcripts that displayed  
166 increased monosome (e.g. *Kif1a*; Fig. 3B) or polysome (e.g. *Camk2a*; Fig. 3C)  
167 footprint coverage throughout the entire ORF. There was also a large proportion  
168 of transcripts (e.g. *Slc17a7*; Fig. 3D) which exhibited equal coverage in  
169 monosome and polysome footprint libraries.

170 Footprints from monosome-enriched mRNAs exhibited strong 3-nucleotide  
171 periodicity, reflecting the stepwise movement of active individual ribosomes  
172 during the elongation of this transcript subset (Fig. 3E). During translation  
173 elongation, however, ribosomes can pause as a result of local RNA structures,  
174 the presence of rare codons, interactions between nascent chains or  
175 association with trans-regulatory factors (21-24). The predominant association  
176 of an mRNA with monosomes could thus result from increased pausing at  
177 individual codons when compared to the same mRNA's association with  
178 polysomes. To test this, for the 463 monosome-enriched transcripts, we  
179 computed a pause score by comparing the normalized footprint coverage at  
180 individual codons in the monosome and polysome samples (see Methods). We  
181 found that most codons did not exhibit significant differences in pausing  
182 between the monosome and polysome libraries (Fig. 3F). To further investigate  
183 the translational activity status of monosome-preferring transcripts, we used  
184 harringtonine (an initiation inhibitor) to analyze a time series of ribosome run-  
185 off during elongation (25) in hippocampal cultures. Metagene analysis revealed  
186 a progressive loss of ribosomes from the 5' end of monosome-preferring  
187 transcripts following the harringtonine treatments (fig. S8). Taken together,  
188 these findings indicate that monosome-preferring transcripts are actively  
189 elongated and do not exhibit differential pausing when associated with single  
190 or multiple ribosomes.

191  
192 What transcript properties influence the neuropil monosome:polysome  
193 preference? We detected a positive correlation between the neuropil  
194 monosome:polysome preference and ORF length, 3'UTR folding energy and  
195 5'UTR length (fig. S9A, Table S1). On the other hand, a negative correlation  
196 was observed between the monosome:polysome ratio and the mean of the  
197 typical decoding rate index (MTDR, an estimate of the elongation efficiency  
198 (26)), GC-content, codon adaption index (CAI) and initiation rate (fig. S9A,  
199 Table S1). We also observed an overrepresentation of uORF-containing  
200 transcripts (73 mRNAs) among monosome-enriched genes (fig. S9B). Although  
201 a previous study in yeast reported that monosomes occupy non-sense  
202 mediated decay (NMD) targets (27), no relationship was found between the  
203 neuropil monosome:polysome preference of transcripts and their likelihood of  
204 classification as NMD targets (fig. S9C). An emerging concept is that the fine-  
205 tuning of translation rates allows for the optimization of the nascent polypeptide  
206 folding during protein synthesis. We thus explored how the  
207 monosome:polysome preference related to the structural complexity of the  
208 encoded polypeptide. An increased number of secondary structures ( $\alpha$ -helix  
209 and  $\beta$ -strand) were predicted for monosome-preferring transcripts (fig. S9D). In  
210 addition, monosome-preferring transcripts encoded proteins displaying longer  
211 structural domains (fig. S9E).

212

213 To examine whether particular protein function groups are encoded by  
214 monosome- vs. polysome-preferring transcripts in the neuropil, we used gene  
215 ontology (GO) (Fig. 3G; see fig. S7B for the somata). Monosome-preferring  
216 transcripts exhibited a more significant association with GO terms such as  
217 'synapse', 'vesicle' or 'dendritic tree' than polysome-preferring transcripts in the  
218 neuropil. In accordance with this finding, synaptic genes (SynGO annotation  
219 (28)) displayed higher mean monosome:polysome ratios compared to non-  
220 synaptic genes (fig. S10A and B). We found that polysome-preferring  
221 transcripts often encode proteins involved in actin cytoskeleton remodeling  
222 (Fig. 3G and H). Because functional and morphological changes in synapses  
223 rely on the dynamic actin cytoskeleton remodeling (29), polysome-translation  
224 may be required to supply synapses with high copy numbers of cytoskeletal  
225 proteins. Together, these results indicate that, in dendrites and axons, a  
226 significant proportion of transcripts important for synaptic function are  
227 principally translated by monosomes.

228

### 229 **Nature versus nurture of neuronal monosome-translation**

230 To address whether the monosome:polysome preference is intrinsic to the  
231 transcript (nature) or influenced by the environment (nurture, i.e. the subcellular  
232 compartment), we compared the relative monosome:polysome enrichment of  
233 each transcript in the neuropil and somata. We observed a high correlation ( $R^2=$   
234 0.6) between the somata and neuropil monosome:polysome ratios, indicating  
235 that a large proportion of transcripts prefer the same type of ribosome  
236 occupancy in both compartments (Fig. 4A, monosome-enriched in quadrant 1  
237 or polysome-enriched in quadrant 3). An overlap of the genes classified as  
238 monosome- or polysome-preferring in the somata (fig. S7A) and neuropil (Fig.  
239 3A) revealed that many but not all genes exhibited a similar preference between  
240 compartments (fig. S11A and B). Using DESeq2 (19), we identified transcripts  
241 exhibiting significant differences in the monosome:polysome ratio between  
242 somata and neuropil (Fig. 4A; Table S1). Only a handful of transcripts (e.g. *Arc*  
243 Fig. 4B) exhibited a significantly lower monosome:polysome ratio in the neuropil  
244 than somata (Fig. 4A, purple dots, Fig. 4C). The majority of transcripts (e.g.  
245 *Serpini1* Fig. 4D) with differential ribosome occupancy between compartments  
246 displayed significantly elevated monosome:polysome fold-changes in the  
247 neuropil (Fig. 4A, cyan dots, Fig. 4E). Overall we observed a significant shift  
248 towards a higher monosome preference in the neuropil (Fig. 4F, fig. S11C).  
249 Notably, we also identified some transcripts with opposing  
250 monosome:polysome ratios between somata and neuropil (i.e. monosome-  
251 preferring in one compartment and polysome-preferring in the other), some of  
252 which are key regulators of synaptic plasticity (Fig. 4A quadrants 2 and 4, fig.  
253 S12, Table S1). Together, our results demonstrate that neuropil-localized  
254 transcripts are, in general, more likely to be translated on monosomes than  
255 somatic transcripts.

256

### 257 **Monosome translation contributes to the neuropil proteome**

258 Individual synapses are small independent information processing units, each  
259 endowed with their own complement of proteins, ranging in copy numbers from  
260 10s to a thousand or so (48-51). We observed that previously published protein

261 copy numbers in the rat pre- (Fig. 5A, (51)) and post-synapse (Fig. 5B, (48))  
262 were poorly correlated with the neuropil monosome:polysome preference. To  
263 understand the contribution of monosome- and polysome-translation to the  
264 overall proteome composition, we conducted mass spectrometry of neuropil  
265 proteins (see Methods) and estimated their absolute protein abundances using  
266 iBAQ (intensity-based absolute quantification) (52, 53) (fig. S13A). As might be  
267 expected, we observed higher median iBAQ values for proteins encoded by  
268 polysome-preferring transcripts when compared to proteins encoded by  
269 monosome-preferring transcripts (Fig. 5C; see fig. S14A for the somata). When  
270 we examined the relationship between the abundance of neuropil proteins to  
271 their respective monosome:polysome ratios, however, we observed a  
272 surprisingly weak correlation ( $R^2 = 0.021$ ;  $p$ -value =  $2.944e-11$  Fig. 5D; see fig.  
273 S14B for the somata). Around half of the 326 proteins encoded by monosome-  
274 preferring transcripts exhibited protein abundances that were greater than the  
275 average (Fig. 5D, Table S1), indicating that monosome-preferring transcripts  
276 can also encode highly abundant proteins. We next examined the properties of  
277 the high abundance proteins encoded by monosome-preferring transcripts  
278 (“mono-high”;  $n=177$ ). To investigate whether the “mono-high” protein  
279 abundance is related to mRNA abundance in the neuropil, we estimated local  
280 transcript levels using RNA-seq (fig. S13B). Consistent with the correlation  
281 between the local transcriptome and proteome ( $R^2 = 0.26$ ;  $p$ -value  $< 2.2e-16$ ),  
282 the “mono-high” genes had higher mRNA levels (Fig. 5E; see fig. S14C for the  
283 somata). We then looked at the relationship between “mono-high” protein  
284 abundance and local translation rates, a measurement obtained from neuropil  
285 total footprint libraries (without biochemical fractionation) (fig. S13C). Perhaps  
286 predictably, we observed that “mono-high” transcripts were amongst the most  
287 highly translated mRNAs within the neuropil, which agrees with the overall  
288 positive correlation between the neuropil proteome and local translome ( $R^2 =$   
289  $0.33$ ;  $p$ -value  $< 2.2e-16$ ) (Fig. 5F; see fig. S14D for the somata). Taken together,  
290 these data show that predominantly monosome-translated transcripts  
291 contribute to the neuropil proteome composition by encoding a full range of low  
292 and high abundance proteins, depending on their expression level and  
293 translation rate.

294

## 295 **Discussion**

296 In the present study, we investigated the translational landscape in neuronal  
297 processes and identified local translation on 80S monosomes as an essential  
298 source of synaptic proteins. To date, knowledge about the conformation of the  
299 translational machinery near synapses has come mostly from electron  
300 micrographs. In these studies ribosomes are unambiguously identified when  
301 organized as a polyribosome cluster formed by more than three ribosomes (54).  
302 The sparse distribution of polysomes in dendrites and spines apparent in  
303 electron micrographs has led some to suggest that local protein synthesis  
304 represents a minor source of synaptic protein under basal conditions (55).  
305 Indeed, until the recent detection of mRNAs and the machinery needed for their  
306 translation (5, 56, 57), the inability to identify polysomes in EM images from  
307 mature axons led to assertions that mature axons obtain protein via intracellular  
308 transport from the soma. Although a previous EM study suggested the putative



309 visualization of monosomes in dendritic spines (54, 58), monosomes have not  
310 been identified with certainty, as their small size (10-25nm) makes it difficult to  
311 distinguish them from other dark-staining cytoplasmic particles (54). A previous  
312 study using a fluorescent reporter suggested monosome translation might be  
313 associated with sporadic (isolated) translation events in cultured neuron  
314 processes (59). Here we detected substantial levels of ongoing protein  
315 synthesis in the synaptic neuropil *in vivo* and provide direct evidence for the  
316 preferential translation of many pre-and post-synaptic transcripts by  
317 monosomes. This finding thus bridges the gap between the relative paucity of  
318 visualized translational machinery in neuronal processes and actual  
319 measurements of local translation.

320 Dendritic spines and their associated pre-synaptic boutons that comprise the  
321 excitatory synapse are small subcellular compartments, often below 100 nm<sup>3</sup>  
322 for spines (60). The relatively large dimensions of a polysome (~100-200 nm  
323 (7)), limits the possibilities for high ribosome occupancy in spines and axon  
324 terminals. Indeed, each dendritic spine has been estimated to contain, on  
325 average, one polyribosome (6). The observed low density of polysomes at  
326 synapses could be due to a limited pool of available ribosomes in neuronal  
327 processes compared to cell bodies. In agreement with this, we observed a  
328 decrease in the percentage of rRNA relative to total RNA (fig. S15A) as well as  
329 a de-enrichment of ribosomal proteins (fig. S15B) in the neuropil compared to  
330 somata. Translation via smaller machines, i.e. monosomes, allows for more  
331 protein synthesis sites within synaptic compartments. While polysomes have  
332 been reported to move within cells at an average speed of 2  $\mu\text{m/s}$  (61),  
333 potentially greater mobility of translating monosomes may allow them to patrol  
334 and serve a larger number of synapses. Given that one polysome translates a  
335 single mRNA resulting in multiple copies of a single protein, the relative scarcity  
336 of ribosomes imposes constraints on both the timing and diversity of locally  
337 synthesized proteins. We showed that neuropil-localized transcripts exhibit a  
338 greater monosome preference than somatic transcripts, potentially allowing for  
339 the production of a more diverse set of proteins from a limited pool of available  
340 ribosomes at synapses.

341 We found that monosome-preferring transcripts encode proteins that span a  
342 broad range of abundances in the neuropil. Because many synaptic proteins  
343 are present at very low copy numbers within the pre- and post-synaptic  
344 compartments (e.g. AMPARs; estimated to ~ 15-20 per PSD) (50), their local  
345 translation by single ribosomes may suffice to maintain or even alter the  
346 synaptic activity. We also uncovered a subset of monosome-preferring  
347 transcripts that encode surprisingly high-abundance proteins including the  
348 scaffolding proteins Bsn and Dlg3. This subset also exhibited increased RNA  
349 levels and translation rates within the neuropil. These features might underlie  
350 the ability of these monosome-preferring transcripts to encode abundant  
351 proteins. On the other hand, predominant polysome-translation was observed  
352 for key signaling, scaffolding or cytoskeletal proteins (e.g. Camk2a, PSD95,  
353 actin), which are present at very high copy numbers within synapses (50). Many  
354 studies investigating translational control in synaptic plasticity or neurological  
355 disorders have focused their analysis on transcripts that co-sediment with  
356 polysomes (11, 62-64). Given that monosomes are key contributors to the

357 neuronal translome, focusing on polysome-associated transcripts may  
358 provide only an incomplete picture of translational regulation.  
359 We showed that most transcripts exhibited a similar monosome:polysome  
360 preference in both somata and neuropil, suggesting that ribosome occupancy  
361 is often an intrinsic feature of the transcript. Consistent with this, we detected a  
362 positive correlation between the monosome:polysome ratio and ORF length,  
363 which agrees with previous studies reporting decreased ribosome density and  
364 protein production for long ORFs (65-69). In part, this observation can be  
365 explained by reduced initiation rates of longer transcripts ( $r = -0.29$ ;  $p\text{-value} <$   
366  $2.2e-16$ ; see also (70)). Contrasting observations, however, have been made  
367 in yeast, where monosomes preferentially occupy short ORFs (27). This  
368 discrepancy might be explained by differences in the translational regulatory  
369 mode between organisms such as an expansion in the UTR length/complexity  
370 during evolution from lower to higher eukaryotes (2, 71, 72).  
371 We also observed that monosome-preferring transcripts are often subject to a  
372 negative translational regulation, with moderate initiation and elongation  
373 kinetics. Interestingly, proteins predominantly encoded by monosome-  
374 preferring transcripts were not only longer but also structurally more complex.  
375 A “quality mode” slow translation of the monosome-preferring transcripts might  
376 allow the fine-tuning of co-translational folding events, ensuring the functionality  
377 and preventing the aggregation of the encoded proteins. On the other hand, we  
378 found that polysome-preferring transcripts displayed increased initiation and  
379 elongation rates allowing a more efficient translation. Polysome-preferring  
380 transcripts may thus encode proteins of lower structural complexity, which  
381 require less *de novo* protein folding fidelity, potentially allowing their translation  
382 in a fast “productivity mode” (73, 74).  
383 Some transcripts exhibited a differential monosome:polysome preference  
384 between the somata and neuropil. Neurons differentially localize 5’ and/or 3’  
385 UTR isoforms between sub-cellular compartments (2, 56, 75, 76). Because  
386 these *cis*-regulatory mRNA elements regulate initiation efficiency (71, 72),  
387 neurons may fine-tune their monosome:polysome preference through selective  
388 targeting of competitive UTR isoforms between compartments. Interestingly,  
389 we found that *Arc*, a previously reported natural NMD target that contains  
390 3’UTR introns (77), is monosome-preferring in the somata but polysome-  
391 preferring in the neuropil. According to the model proposed by Giorgi et al. (77),  
392 *Arc* may be silenced by NMD in the somata whereas, in the neuropil, synaptic  
393 activity could trigger its release from NMD resulting in a translational  
394 upregulation (i.e. polysome-translation).  
395 Alternatively, differences in the monosome preference between somata and  
396 neuropil could also arise from differential localization/activity of specific  
397 translational regulators, including RNA-binding proteins (RBPs) (78, 79),  
398 microRNAs (80, 81), initiation/elongation factors (64, 82-84) or the ribosome  
399 itself (85). For instance, the RBP FMRP is thought to inhibit the translation of  
400 selective transcripts in neuronal processes by pausing the translocation of  
401 polyribosomes or by directly interacting with the RNA-induced silencing  
402 complex (86-88). Synaptic activity has also been reported to regulate the local  
403 translational machinery through changes in the phosphorylation status of  
404 initiation (84) and elongation factors (89). Thus, local activity-induced signaling

405 events can also likely control the flow of ribosomes on an mRNA and dictate its  
406 monosome:polysome preference.

407 A rapid up-regulation in the number of polyribosomes has been observed in  
408 electron micrographs of dendritic shafts and spines after synaptic plasticity  
409 induction (7). Our data show that, for many transcripts, monosome translation  
410 is the preferred mode of protein synthesis in neuronal processes and  
411 presumably satisfies the local demands under basal conditions. The formation  
412 of polysomes, however, could be required to supply synapses with *de novo*  
413 plasticity-related proteins in response to stimulation. We identified transcripts  
414 that prefer the predominant ribosome population present in either somata  
415 (polysomes) or neuropil (monosomes) (Fig. 4A, Table S1) and thus represent  
416 candidates that may shift towards higher polysome occupancy in response to  
417 synaptic stimulation. Additionally, given the spatial limitations within dendritic  
418 spines and axonal boutons, synaptic activity could also regulate monosome  
419 translation to diversify the local proteome with spatial and temporal precision.

420

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767

768 **List of supplementary materials:**

769 Materials and Methods

770 Fig. S1-S16

771 Table S1

772 References (90-119)

773

774 **Fig. 1. Monosomes are the major ribosome population in neuronal**  
775 **processes. (A)** Immunofluorescence labeling of the nascent protein metabolic  
776 label (cyan) and the *Cornu Ammonis* 1 (CA1) pyramidal neuron marker Wfs1  
777 (purple) in hippocampal sections from mice that received a brief infusion of  
778 puromycin without (left) or with the protein synthesis inhibitor anisomycin (right)  
779 into the lateral ventricle. Scale bar = 20  $\mu\text{m}$ . A higher magnification image of  
780 the nascent protein signal in the boxed dendritic region is shown. Scale bar =  
781 50  $\mu\text{m}$ . so, *stratum oriens*; sp, *stratum pyramidale*; sr, *stratum radiatum*, slm,  
782 *stratum lacunosum moleculare*. **(B)** Scheme of a hippocampal slice showing  
783 the regions (somata and neuropil) that were microdissected for subsequent  
784 polysome profiling. Representative polysome profiles **(C and D)** and

785 comparison of the monosome:polysome (M/P) ratios (**E**) of the microdissected  
786 somata (blue; M/P= 0.30±0.03) or neuropil (purple; M/P= 0.76±0.19) (n= 7  
787 biological replicates). Areas measured to calculate the M/P ratios are shaded  
788 (see methods). \*\*\*  $p \leq 0.001$ , Welch's t-test. (**F**) Scheme showing DIV 21  
789 cortical neurons grown on a microporous membrane enabling the separation of  
790 cell bodies and neurites for polysome profiling. Representative polysome  
791 profiles (**G and H**) and M/P ratios (**I**) of the cell body (blue) or neurite layer  
792 (purple) (n= 4). Areas measured to calculate the Mono/Poly ratios are shaded.  
793 \*  $p \leq 0.05$ , Welch's t-test.

794

795 **Fig. 2. Neuronal monosomes actively elongate transcripts in the neuropil.**

796 (**A**) Experimental workflow. Somata or neuropil fractions were obtained, mono-  
797 /polysomes were isolated by polysome profiling and then ribosome profiling was  
798 performed on isolated fractions. (**B and C**) Metagene analyses showing the  
799 footprint density throughout the transcript open reading frame in the neuropil  
800 monosomes (**B**) or polysomes (**C**). The average relative normalized coverage  
801 is plotted per nucleotide position, and the standard deviation is shaded (n= 3).  
802 Genes were individually normalized. (**D**) To assess the translational status of  
803 neuronal monosomes or polysomes, only reads classified as excitatory neuron-  
804 specific (see fig. S5) were retained for further analysis. (**E**) Metagene analyses  
805 showing the P-site coverage of neuronal transcripts in the neuropil monosome  
806 sample. The average normalized coverage is plotted per nucleotide position  
807 around the 5' end (start), central portion (center) and 3'end (stop) of the ORF.  
808 The standard deviation is shaded (n= 3).

809

810 **Fig. 3. Local translation of key synaptic transcripts is predominantly**  
811 **accomplished by monosomes.** (**A**) MA plot (the average, A, of the log read  
812 counts versus the differences in the log read counts, minus, M) showing  
813 transcripts with significantly enriched monosome (cyan) or polysome (orange)  
814 footprint coverage in the central portion of the ORF (region spanning 15 codons  
815 from the start site to 5 codons before the stop site). DESeq2, with a threshold  
816 of 0.05 on the adjusted  $p$ -value; see Methods. (**B to D**) Genome browser views  
817 representing the average monosome (top) or polysome (bottom) footprint  
818 coverage for 3 transcripts: *Kif1a* (**B**), *Camk2a* (**C**) and *Slc17a7* (**D**). Y axis  
819 indicates the number of normalized reads. (**E**) Metagene analysis showing the  
820 monosome P-site coverage of transcripts that exhibit significant monosome  
821 enrichment in the neuropil. The average normalized coverage is plotted per  
822 nucleotide position around the 5' end (start), central portion (center) and 3'end  
823 (stop) of the ORF. The standard deviation is shaded (n= 3). Inset shows the  
824 observed (obs) to expected (exp) ratio of the footprint distribution in different  
825 reading frames.  $p = 2.26e-04$ , ANOVA. (**F**) A pause score was computed for  
826 each codon located in the elongating ORF portion of the 463 monosome-  
827 enriched transcripts: pause score (z-score) = (normalized footprint coverage in  
828 monosome library – normalized footprint coverage in polysome library) /  
829 (normalized footprint coverage in polysome library)<sup>1/2</sup>(n= 3). Fraction of codons  
830 per pause score. Dashed lines highlight pause score values of  $\pm 1.96$  ( $p =$   
831 0.05), values between these lines represent codons exhibiting similar coverage  
832 in monosome and polysome libraries. (**G**) GO terms representing the top ten

832

833 significantly enriched protein function groups for monosome (cyan) or polysome  
834 (orange)-enriched transcripts. **(H)** Scheme of pre- and post-synaptic  
835 compartments highlighting some of the transcripts preferentially translated by  
836 monosomes (cyan) or polysomes (orange). Key synaptic components that were  
837 manually added owing to their exclusion by the excitatory neuron-specific filter  
838 are represented with an asterisk. (See Table S1 for information about the fold-  
839 changes).

840

841 **Fig. 4. Localization influences the translational status of selective**  
842 **transcripts. (A)** Monosome to polysome  $\log_2$  fold-changes (FC) in the neuropil  
843 (y-axis) versus the somata (x-axis). The majority of transcripts exhibited  
844 correlated ( $R^2= 0.6$ ,  $p < 2.2e-16$ ) monosome:polysome enrichments between  
845 both compartments. Colored dots highlight transcripts that exhibit significantly  
846 increased (cyan,  $n= 136$ ) or decreased (purple,  $n= 36$ ) monosome:polysome  
847  $\log_2$  fold-changes in the neuropil compared to the somata. DESeq2, with a  
848 threshold of 0.05 on the adjusted  $p$ -value; see Methods. Numbers represent the  
849 different quadrants. **(B and C)** Example (*Arc*) **(B)** and cumulative distribution  
850 frequency of the monosome:polysome  $\log_2$  fold-changes **(C)** of transcripts  
851 exhibiting significantly higher monosome:polysome ratios in the somata  
852 (purple) compared to the neuropil (dark purple).  $p = 6.128-05$ , Kolmogorov-  
853 Smirnov-Test. **(D and E)** Example (*Serpini1*) **(D)** and cumulative distribution  
854 frequency of the monosome: polysome  $\log_2$  fold-changes **(E)** of transcripts  
855 exhibiting significantly higher monosome:polysome ratios in the neuropil (dark  
856 cyan) compared to the somata (cyan).  $p = 9.215-15$ , Kolmogorov-Smirnov-Test.  
857 **(F)** Cumulative distribution frequency depicting the monosome:polysome  $\log_2$   
858 fold-changes of all genes (Fig.4A; cyan, purple and gray dots) in the somata  
859 (red) and neuropil (black) indicating an overall tendency towards higher  
860 monosome:polysome ratios in the neuropil.  $p = 1.692-08$ , Kolmogorov-  
861 Smirnov-Test.

862

863 **Fig. 5. Monosome-preferring transcripts often encode abundant synaptic**  
864 **proteins. (A and B)** Monosome:polysome fold-changes in the neuropil were  
865 not correlated with the copy numbers of some key pre-synaptic (51) **(A)** and  
866 post-synaptic proteins (48) **(B)**. Regression lines and corresponding adjusted  
867  $R^2$  are represented (pre-synapse  $p = 0.1488$ , post-synapse  $p = 0.07145$ ). **(C)**  
868 Box plots of protein ( $\log_2$ iBAQ) measurements in the neuropil for monosome-  
869 (mono, cyan) or polysome- (poly, orange) enriched genes.  $p = 2.735e-06$ ,  
870 Wilcoxon rank-sum test. Of 463 and 372 monosome-and polysome-preferring  
871 transcripts in the neuropil, 326 and 242, respectively, passed the stringent  
872 proteomics filtering criteria (see Methods). **(D)** A scatter plot of the protein  
873 abundance ( $\log_2$ iBAQ) versus monosome:polysome fold-changes for  
874 monosome (cyan)-, polysome (orange) -and non-enriched (gray) genes ( $R^2 =$   
875  $0.021$ ,  $p = 2.944e-11$ ). The dashed line indicates the mean  $\log_2$  iBAQ value.  
876 Monosome-preferring transcripts encoding proteins with abundances greater  
877 than average are highlighted by dark cyan dots (mono-high). **(E and F)** The  
878 local proteome correlates with the local transcriptome and translato. A  
879 scatter plot of the protein abundance ( $\log_2$ iBAQ) versus RNA ( $\log_2$ TPM) ( $R^2 =$   
880  $0.26$ ,  $p < 2.2e-16$ ) **(E)** and translation rate (obtained from total footprints, without

881 biochemical fractionation) ( $R^2 = 0.33$ ,  $p < 2.2e-16$ ) (**F**) measurements for all  
882 genes. Monosome-preferring genes encoding high-abundance proteins are  
883 highlighted by dark cyan dots.

Figure 1. Monosomes are the major ribosome population in neuronal processes

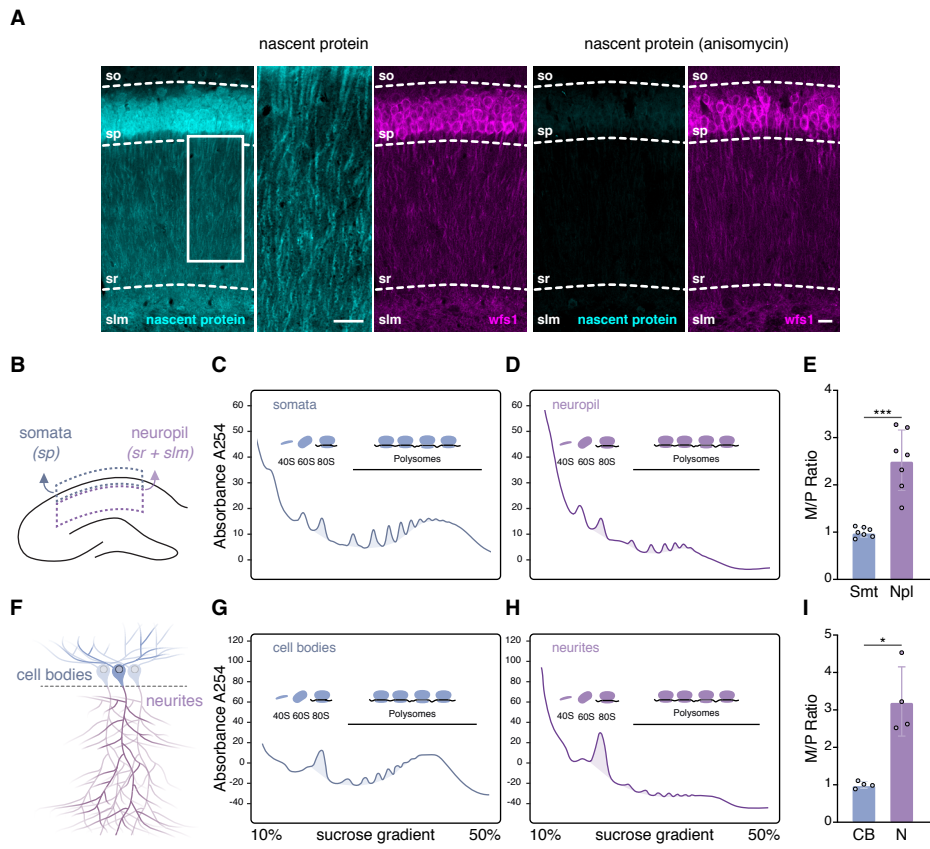


Figure 2. Neuronal monosomes actively elongate transcripts in the neuropil

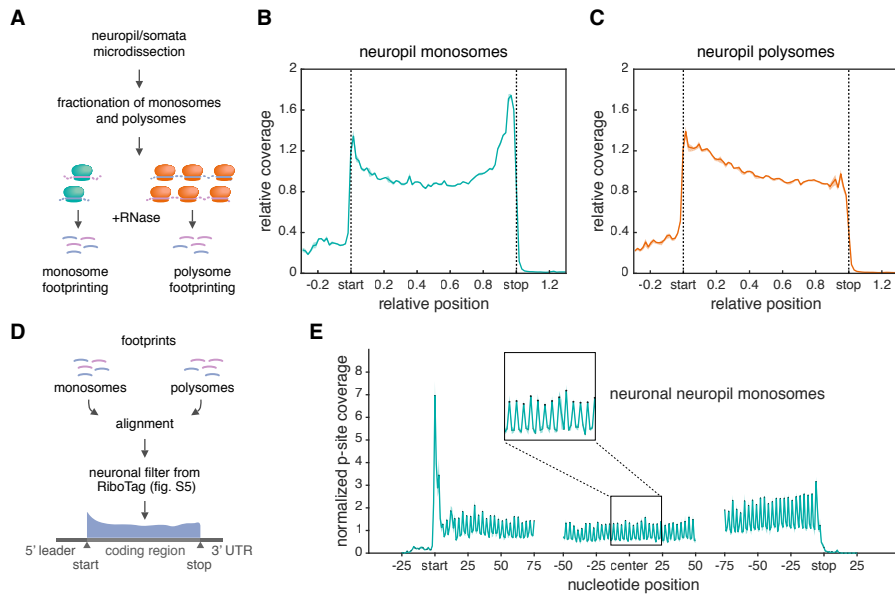


Figure 3. Local translation of key synaptic transcripts is predominantly accomplished by monosomes

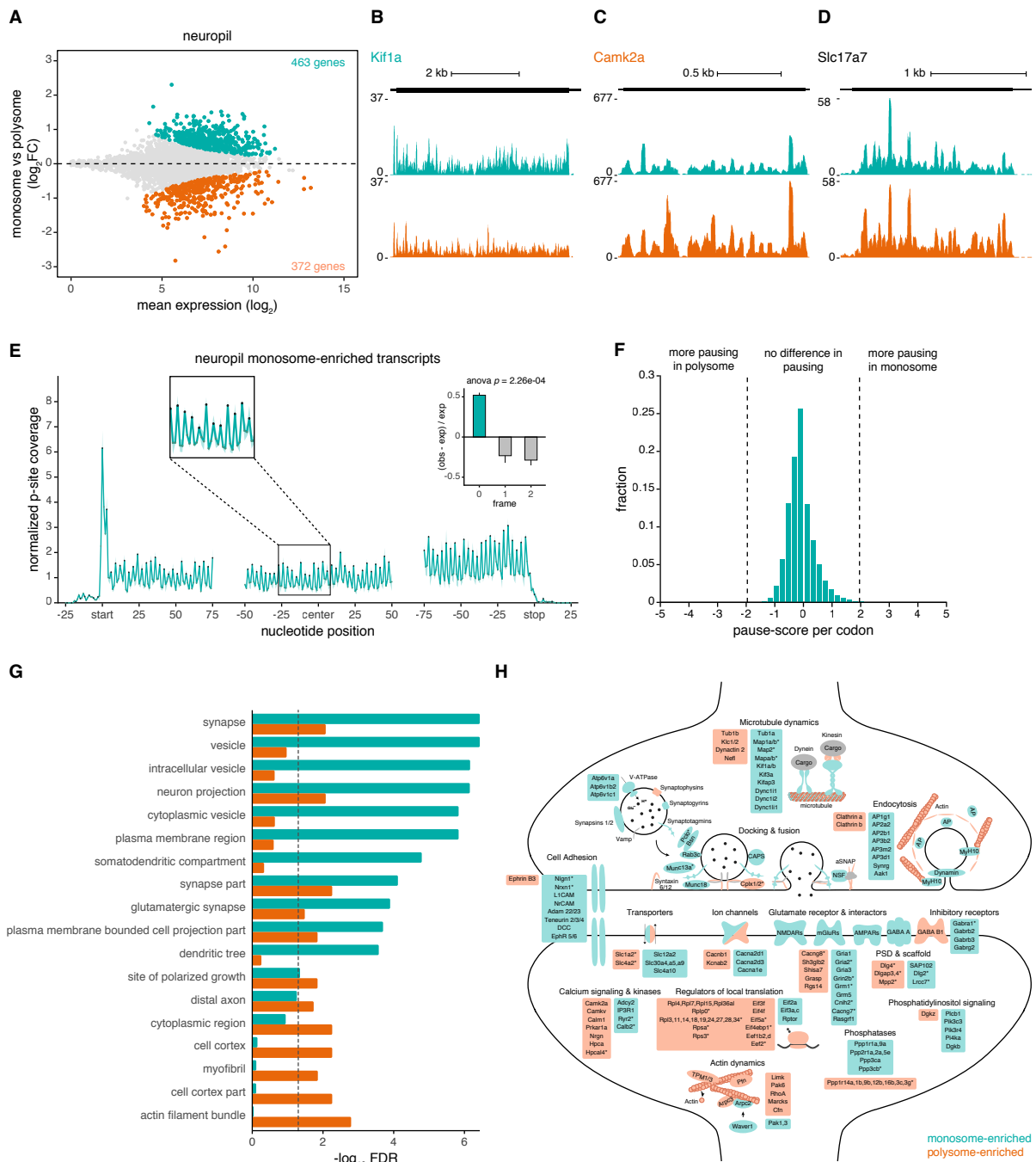




Figure 4. Localization influences the translational status of selective transcripts

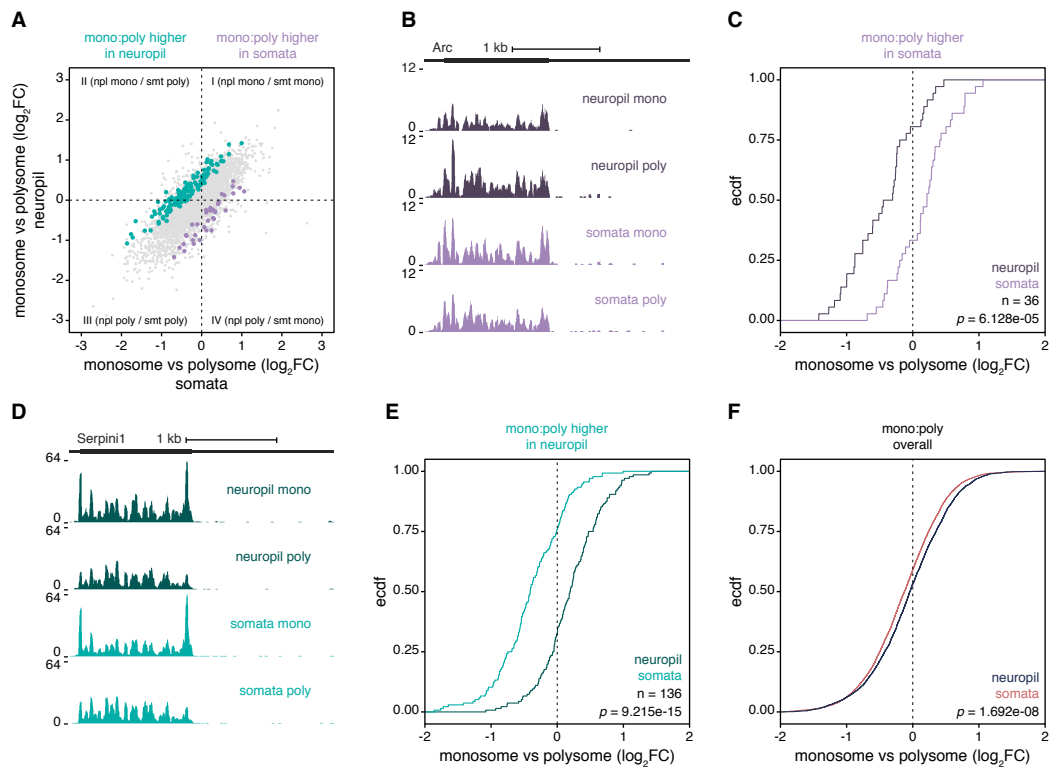
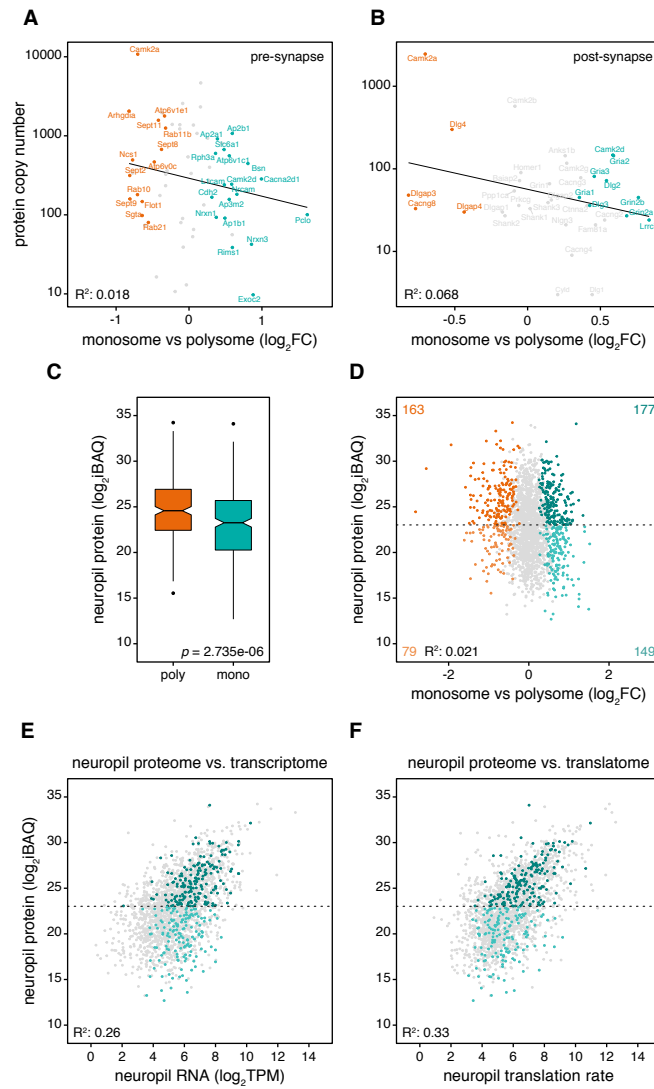


Figure 5. Monosome-prefering transcripts often encode abundant synaptic proteins



Supplementary Materials for

**Title: Monosomes actively translate synaptic mRNAs in neuronal processes**

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**This PDF includes:**

Materials and Methods

Figs. S1 to S16

## 1 **Materials and Methods**

### 2 **1. Experimental Procedures**

#### 3 **Animals**

4 Homozygous RiboTag Rpl22<sup>HA/HA</sup> mice (The Jackson Laboratory, 011029)  
5 were crossed with Camk2Cre (The Jackson Laboratory, 005359) or  
6 Wfs1CreERT mice (The Jackson Laboratory, 009103). Male eight-week-old  
7 C57Bl/6, Wfs1CreERT::RiboTag and Camk2Cre::RiboTag mice were housed  
8 in standard cages and fed standard lab chow and water *ad libitum*. Male  
9 Wfs1CreERT::RiboTag mice were treated for 3 days with tamoxifen (100  
10 mg/kg, i.p., Sigma), dissolved in sunflower oil/ethanol (10:1) to a final  
11 concentration of 10 mg/ml, and used 1 week later for immunostaining or  
12 immunoprecipitation studies (90).

13 Adult male four-week-old Sprague Dawley SPF (Specific-Pathogen Free;  
14 Charles River Laboratories) rats were housed on a 12/12 hour light dark cycle  
15 with food and water *ad libitum* until sacrifice. Timed pregnant SPF (Charles  
16 River Laboratories) females were housed in the institute's animal facility for  
17 one week on a 12/12 hour light dark cycle with food and water *ad libitum* until  
18 the litter was born. Cultured neurons were derived from P0 (postnatal day 0)  
19 Sprague-Dawley rat pups (CD® Crl:CD, both male and female, RRID:  
20 RGD\_734476). Pups were sacrificed by decapitation.

21 The housing and sacrificing procedures involving animal treatment and care  
22 were conducted in conformity with the institutional guidelines that are in  
23 compliance with national and international laws and policies (DIRECTIVE  
24 2010/63/EU; German animal welfare law; FELASA guidelines). The animals  
25 were euthanized according to annex 2 of § 2 Abs. 2 Tierschutz-Versuchstier-  
26 Verordnung. Animal numbers were reported to the local authority  
27 (Regierungspräsidium Darmstadt, approval numbers: V54-19c20/15-  
28 F126/1020 and V54-19c20/15-F126/1023).

29

#### 30 **Hippocampal tissue collection and microdissection**

31 After sacrifice, the heads of four-week-old male rats (for polysome / ribosome  
32 profiling experiments) or eight-week-old male mice (for translating ribosome  
33 immunoprecipitation -RiboTag- experiments) were immediately immersed in  
34 liquid nitrogen for 6sec to cool down the brains. The brains were removed, the  
35 hippocampi were rapidly dissected on an ice-cooled disk. Hippocampal slices  
36 (500 µm) were prepared in a drop of ice-cold RNase-free PBS containing 100  
37 µg/ml cycloheximide using a manual tissue slicer (Stoelting). Each slice was  
38 immediately passed to a second experimenter who microdissected the CA1  
39 somatic and the neuropil layer at 0-4°C on a cold-plate (TCP50,  
40 ThermoElectrics) in a drop of ice-cold RNase-free PBS containing 100 µg/ml  
41 cycloheximide. To ensure the purity of the microdissected neuropil, only slices  
42 located in the middle portion of the dorso-ventral axis of the hippocampus  
43 were used (~ 6 slices per hippocampus). Somata and neuropil sections were  
44 immediately snap-frozen after their dissection und kept at -80°C until lysis.

45

46

47 **Primary hippocampal and cortical cultures**

48 Dissociated rat hippocampal or cortical neurons were prepared from P0 day-  
49 old rat pups as previously described (91). For hippocampal cultures, neurons  
50 were plated at a density of 31.250 cells/ cm<sup>2</sup> onto 100 mm culture dishes and  
51 cultured for 21 days *in vitro* (DIV) in pre-conditioned growth medium  
52 (Neurobasal-A supplemented with B27 and GlutaMAX, 30% glia-culture  
53 supernatant, 15% cortex-culture supernatant). Cortical neurons were plated at  
54 a density of 100.000 cells/cm<sup>2</sup> onto poly-d-lysine-coated 100 mm, 3 μm pore  
55 polycarbonate membrane culture inserts (Corning 3420). At one DIV, AraC  
56 was added at a final concentration of 5 μM. After 2 days, medium was  
57 exchanged to pre-conditioned growth medium and neurons were cultured until  
58 21 DIV. All cultures were maintained in a humidified incubator at 37°C and 5%  
59 CO<sub>2</sub>. The sex of animals from which the cells were obtained was not  
60 determined.

61

62 **Run-off experiment in primary hippocampal culture**

63 24 h before the drug treatment, cell medium was adjusted to 8 ml per dish.  
64 Harringtonine (LKT Laboratories) was added at a final concentration of 2 μg/μl  
65 from a 2 mg/ml stock in 100% ethanol. Cells were returned to the incubator at  
66 37°C for 30 sec or 90 sec. Cycloheximide was added to a final concentration  
67 of 100 μg/ml from a stock of 50 mg/ml in 100% ethanol. Following drug  
68 addition, cells were returned in the incubator at 37°C for 1 min. After the  
69 incubation with cycloheximide, the cells were placed on ice immediately and  
70 washed twice with ice-cold PBS + 100 μg/ml cycloheximide and lysed in  
71 polysome lysis buffer as described below. Total footprint libraries were  
72 prepared as described below.

73

74 **Immunolabeling of cortical neurons cultured on membrane inserts**

75 At 21 DIV, a part of the membrane was excised, briefly submerged in PBS pH 7.5  
76 and fixed for 20 min in PFA (4 % paraformaldehyde in PBS pH 7.5). Cells were  
77 permeabilized with 0.5% Triton X-100 in PBS pH 7.5 supplemented with 4% goat  
78 serum for 15 min and blocked with blocking buffer (4% goat serum in PBS pH  
79 7.5) for 1h. Dendrites were stained using an anti-MAP2 antibody (SySy 188004,  
80 1:1000) in blocking buffer overnight at 4°C. After washing the cells three times for  
81 5 min in PBS pH 7.5, the secondary antibody (ThermoFisher A488 A-11073,  
82 1:1000) was incubated in blocking buffer for 45 min at room temperature. Cells  
83 were washed three times for 5 min in PBS pH 7.5 with DAPI added to the second  
84 wash. Membranes were mounted on glass slides using Aqua Poly/Mount and  
85 imaged from the top (cell body fraction) or bottom (neurite fraction).

86

87 **Tagged ribosome immunoprecipitation**

88 HA-tagged ribosome immunoprecipitation of hippocampi from male  
89 Camk2Cre::RiboTag or somata/neuropil sections from male  
90 Wfs1Cre::RiboTag mice was performed as described previously (18, 92) with  
91 slight modifications. Tissue sections were homogenized in a glass  
92 homogenizer containing ice-cold RiboTag lysis buffer (50 mM Tris pH 7.4, 100  
93 mM KCl, 12 mM MgCl<sub>2</sub>, 1% NP40, 1 mM DTT, 20 U/ml SUPERaseIN\*RNase  
94 inhibitor (Ambion), 200 U/ml RNAsin (Promega), 100 μg/ml cycloheximide, 10

95 U/ml TurboDNase, protease inhibitor (Roche)). After triturating the lysate 10  
96 times using a 23 Gauge syringe, samples were chilled on ice for 10 min and  
97 cleared by centrifugation at 16,100g for 10 min. Ten percent of the  
98 supernatant were kept as an input. HA-immunoprecipitation (IP) was  
99 performed by incubation of the remaining supernatant with 5 µl of anti-HA  
100 antibody (abcam Ab9110) over night at 4°C with gentle rotation. Incubation of  
101 the samples with magnetic beads (Dynabeads protein G, Invitrogen), washes  
102 and elution were performed according to (92). Total RNA was extracted from  
103 both the input and immunoprecipitated ribosome-mRNA complexes, using the  
104 RNeasy MinElute kit (Qiagen). RNA integrity was assessed using the Agilent  
105 RNA 6000 Pico kit.

106

### 107 **Lysate preparation for polysome and ribosome profiling**

#### 108 *Tissue*

109 Rat tissue samples were homogenized in polysome lysis buffer (20 mM Tris  
110 pH 7.5, 150 mM NaCl, 5 mM MgCl<sub>2</sub>, 24 U/ml TurboDNase, 100 µg/ml  
111 cycloheximide, 1 mM DTT, 1% Triton X100 and protease inhibitor mixture  
112 (Roche)) (25) by douncing in a glass homogenizer. For the experiments  
113 including RNase inhibitors, the polysome lysis buffer was supplemented with  
114 200U/ml RNase inhibitors (Promega). After triturating the lysate 10 times  
115 using a 23 Gauge syringe, samples were chilled on ice for 10 min and cleared  
116 by two centrifugations at 16,100g for 6 min.

117

#### 118 *Neuronal Culture*

119 At 21 DIV rat cortical primary neurons were washed twice in ice-cold PBS pH  
120 7.5 supplemented with 100 µg/ml cycloheximide. Neurons were collected with  
121 a scraper in polysome lysis buffer (20 mM Tris pH7.5, 150 mM NaCl, 5 mM  
122 MgCl<sub>2</sub>, 24 U/ml TurboDNase, 100 µg/ml cycloheximide, 1 mM DTT, protease  
123 inhibitor mixture (Roche) and 8% glycerol). After scraping, the lysates were  
124 supplemented with Triton X100 to a final concentration of 1% and chilled on  
125 ice for 10 min. After triturating the lysates 10 times using a 23 Gauge syringe,  
126 samples were chilled on ice for 10 min and then cleared by centrifugation at  
127 16,100g for 10 min.

128

### 129 **Polysome profiling**

130 Samples were loaded onto 6 ml 10-50% sucrose density gradients that were  
131 prepared w/v in the following gradient buffer: 20 mM Tris pH 7.5, 150 mM  
132 NaCl, 5 mM MgCl<sub>2</sub>, 100 µg/ml cycloheximide, 1 mM DTT. For polysome  
133 profiling from neuronal cultures, the gradient buffer was supplemented with  
134 8% glycerol. To ensure proper RNase digestion during ribosome profiling on  
135 the sucrose gradient fractions, RNase inhibitors were omitted from the  
136 polysome lysis buffer. RNase-free reagents were used and samples were  
137 handled on ice during the entire procedure. The similarity of the neuropil  
138 polysome profiles in the presence or absence of RNase inhibitors indicated  
139 that this procedure did not affect RNA integrity (fig. S16). Gradients were  
140 centrifuged for 2h 45 at 36,000 r.p.m at 4°C in a SW41 Ti swing-out rotor.  
141 Polysome profiling was performed using a density gradient fractionation  
142 system (Brandel) with upward displacement and continuous monitoring at 254

143 nm using a UA-6 detector. The area under the curve (AUC) of individual  
144 absorbance peaks was quantified. A monosome to polysome ratio was  
145 calculated by relating the monosome AUC to the sum of the AUCs of all  
146 polysome peaks. Somata and neuropil polysome profiles loaded with an equal  
147 amount of RNA were used for representation and the comparisons of the  
148 monosome or polysome AUC separately between compartments. Fractions of  
149 125  $\mu$ l corresponding to the monosome or the polysome peaks were collected  
150 and pooled.

151

### 152 **Monosome and polysome footprint isolation**

153 For the entire hippocampus monosome and polysome footprinting, 3  
154 replicates, each comprising the hippocampi from three rats, yielding  $\sim$ 150  $\mu$ g  
155 RNA, were used. For the somata and neuropil monosome and polysome  
156 footprinting, three replicates each comprising a pool of microdissected tissue  
157 from 55 rats, yielding  $\sim$ 110  $\mu$ g RNA, was used. For each replicate,  
158 microdissected tissue was lysed as described above and aliquots containing  
159 20 or 10  $\mu$ g of RNA were retained for total ribosome footprinting and total  
160 RNA sequencing, respectively. The remaining lysate was loaded onto 10-50%  
161 sucrose gradients and centrifuged as described above. To prevent masking of  
162 the ribosome peaks by myelin (93, 94), each replicate was loaded onto 2-3  
163 gradients and monosome or polysome fractions from different gradients were  
164 pooled after polysome profiling. A volume of monosome / polysome fraction  
165 containing 10  $\mu$ g (hippocampi) or 2-5  $\mu$ g (somata / neuropil) of RNA was  
166 diluted with gradient buffer and digested with 7.5 U/ $\mu$ g RNA of RNase I  
167 (epicenter) rotating for 45 min at 24°C (a range of RNase I concentrations was  
168 tested beforehand to optimize the digestion conditions; Table S1). Nuclease  
169 digestion reactions were promptly cooled, spun and 10  $\mu$ l  
170 SUPERaseIN\*RNase inhibitor was added. Samples were then layered onto a  
171 34% sucrose cushion, prepared w/v in gradient buffer supplemented with 20  
172 U/ $\mu$ l of SUPERaseIN\*RNase inhibitor. 80S particles were pelleted by  
173 centrifugation in a SW55Ti rotor for 3h 30 at 55,000 r.p.m at 4°C.

174

### 175 **Total ribosome footprint isolation**

176 Neuropil lysates from three biological replicates (see section 'monosome and  
177 polysome footprint isolation') containing 20  $\mu$ g of RNA were digested with  
178 0.5 U/ $\mu$ g RNase I (epicenter) shaking for 45 min at 400 r.p.m at 24°C (95).  
179 Nuclease digestion reactions were promptly cooled, spun and 10  $\mu$ l  
180 SUPERaseIN\*RNase inhibitor was added. Samples were then layered onto a  
181 34% sucrose cushion, prepared w/v in gradient buffer supplemented with  
182 20 U/ $\mu$ l of SUPERaseIN\*RNase inhibitor. 80S particles were pelleted by  
183 centrifugation in a SW55Ti rotor for 3h 30 at 55,000 r.p.m at 4°C.

184

### 185 **Ribosome footprint library preparation**

186 Footprint libraries were prepared according to McGlincy and Ingolia (2017)  
187 (95) with the following modifications: After RNA extraction from the ribosomal  
188 pellet, ribosomal RNAs were depleted using the Ribo-Zero Magnetic Gold  
189 Mammalian kit (Illumina), followed by footprint purification using the RNA  
190 clean & concentrator-5 kit (Zymo). Footprint fragments were purified by PAGE

191 purification on a 15% TBE-Urea gel and fragments from 26-34 nts were  
192 isolated. After footprint de-phosphorylation and linker ligation, the ligation  
193 reaction was depleted of unligated linker by incubation with 0.5  $\mu$ l of 5' Yeast  
194 deadenylase 10 U/ $\mu$ l (NEB) and 0.5  $\mu$ l of RecJ exonuclease 10 U/ $\mu$ l  
195 (Epicentre) for 45 min at 30°C. In addition, ligation products were purified by  
196 PAGE purification on a 15% TBE-Urea gel. Reverse transcription was  
197 performed as described previously, with the following modification: the  
198 reverse transcription reaction was directly incubated with 2  $\mu$ l of exonuclease I  
199 at 37°C for 1h followed by 15 min at 80°C. cDNA was gel purified by PAGE on  
200 a 15% TBE-Urea gel. After circularization, circDNA was submitted to an  
201 additional ribosomal RNA depletion using 14 custom biotinylated rat rRNA  
202 oligos (Table S1) according to (96). After amplification, the libraries were run  
203 on an 8% non-denaturing TBE gel, 160 bp products were isolated and  
204 characterized using the Agilent High Sensitivity DNA assay. Libraries were  
205 sequenced on an Illumina NextSeq500, using a single-end, 52 bp run.

206

### 207 **RNA isolation and library preparation**

208 RNA was isolated from tissue lysates using the Direct-zol RNA micro Prep kit  
209 (Zymo). RNA integrity was assessed using the Agilent RNA 6000 Nano kit.  
210 Rat neuropil total RNA sequencing libraries were prepared starting from ~200  
211 ng total RNA using the TruSeq stranded total RNA library prep gold kit  
212 (Illumina). For the input/IP samples from Camk2Cre::RiboTag hippocampi or  
213 Wfs1Cre::RiboTag somata and neuropil, mRNA sequencing libraries were  
214 prepared starting from ~100 ng total RNA using the TruSeq stranded mRNA  
215 library prep kit (Illumina). Libraries were sequenced on an Illumina  
216 NextSeq500, using a single-end, 75 bp run.

217

### 218 **rRNA to total RNA percentage**

219 The RNA was isolated from rat somata and neuropil (n=4) as described above  
220 and measured using the Agilent RNA 6000 Nano kit. The ratio of rRNA to total  
221 RNA was obtained by summing the 18S rRNA and 28S rRNA percentage of  
222 total RNA calculated by the Agilent Bioanalyzer.

223

### 224 **Immunoblotting and western blotting**

225 Neurite and cell body layers were collected in ice-cold PBS, centrifuged and  
226 pellets were lysed in lysis buffer (1% (w/v) Triton X100, 0.5% (w/v) SDS in  
227 PBS) supplemented with TurboDNase (24 U/ml) at 70 C for 15 min. Lysates  
228 were cleared by centrifugation and stored at -80 C until use. Somata and  
229 neuropil lysates were prepared in polysome buffer. Lysates were resolved by  
230 SDS-PAGE in 4-12% Bis-Tris gels (Invitrogen) and analyzed by  
231 immunoblotting using far-red fluorescent dyes and a Licor Odyssey scanner  
232 (mouse anti-NeuN (1:1000, MAB377); rabbit anti-bActin (1:2000, ab8227);  
233 anti-mouse IR800 (1:5000, Licor); anti-rabbit IR680 (1:5000, Licor)). Protein  
234 levels in bands of interest were quantified using ImageJ (NIH). Western blot  
235 normalization was conducted according to the Revert Total Protein Stain  
236 (Licor) manufacturer's instructions.

237

238



239 **Mass spectrometry data acquisition**

240 Three replicates of rat neuropil were microdissected as described above.  
241 Tissue pieces were snap-frozen and kept at -80°C until lysis. Tissue pieces  
242 were lysed in 4% Chaps, 8M Urea, 0.2M Tris HCl, 1M NaCl. All samples were  
243 digested, reduced and alkylated based on a previously published FASP-  
244 protocol (97). Dried peptide pellets were stored at -20 °C until LC-MS/MS  
245 analysis. Proteolytic digests were analysed via Nano-LC-MS/MS on an  
246 Ultimate 3000 nanoUPLC (Thermo Fisher Scientific, Bremen) coupled to a  
247 Orbitrap Fusion Lumos (Thermo Fisher Scientific, Bremen).

248 After dissolving the dried peptides in 20 µl 0.1% FA in 5% acetonitrile,  
249 samples were separated using an Acclaim pepmap C18 column (50 cm x 75  
250 µm, particle size 2 µm) after trapping on an Acclaim pepmap C18 pre-column  
251 (2 cm x 75 µm, particle size 3 µm). Trapping was performed for 6min with a  
252 flow rate of 6µl/min using a loading buffer (98/2 water/acetonitrile with 0.05%  
253 Trifluoroacetic acid). Peptides were then eluted and separated on the  
254 analytical column at a flow rate of 300nl/min with the following gradient: from 4  
255 to 33% B in 150 min, 33 to 48% B in 20 min, 48 to 90% B in 1 min, and  
256 constant 90% for 13 min (buffer A: 0.1% FA in water, buffer B 0.1% FA in  
257 80/20 acetonitrile/water). All LC-MS-grade solvents were purchased from  
258 Honeywell/ Riedel del Hæn.

259 Peptides eluting from the column were ionised online using a Nano Flex ESI-  
260 source and analysed with an Orbitrap Fusion Lumos mass spectrometer in  
261 data-dependent-mode. Survey scans were acquired over the mass range of  
262 350-1400 m/z in the Orbitrap (maximum injection time 50s, AGC, automatic  
263 gain control, fixed at 2x10E5 and R = 120K) and sequence information was  
264 acquired by a "Top-Speed" method with a fixed cycle time of 2s for the survey  
265 and following MS/MS-scans. MS/MS-scans were performed on the most  
266 abundant precursors exhibiting a charge state from 2 to 5 with an intensity  
267 minimum of 5x10E3. Picked precursors were isolated in the quadrupole at 1.4  
268 Da and fragmented using HCD at NCE (normalized collision energy) = 30%.  
269 For MS/MS an AGC of 10E4 and a maximum injection time of 300 sec was  
270 used. Resulting fragments were detected in the Ion Trap using the rapid scan  
271 mode. The dynamic exclusion was set to 30 sec with a mass tolerance of 10  
272 ppm. All samples were measured in technical triplicates.

273

274 **Intracerebroventricular puromycin administration**

275 Mice (n=3 per group) were anesthetized with isoflurane (induction: 4%,  
276 maintenance: 2%) in oxygen-enriched air (Oxymat 3, Weinmann, Hamburg,  
277 Germany) and fixed in a stereotaxic frame (Kopf Instruments, Tujunga, USA).  
278 Core body temperature was maintained at 37.5 °C by a feed-back controlled  
279 heating pad (FHC, Bowdoinham, ME, USA). Analgesia was provided by local  
280 injection of ropivacain under the scalp (Naropin, AstraZeneca, Switzerland)  
281 and systemic injection of metamizol (100 mg/kg, i.p., Novalgin, Sanofi) and  
282 meloxicam (2 mg/kg, i.p., Metacam, Boehringer-Ingelheim, Ingelheim,  
283 Germany) (72). A stainless steel 26-gauge guide cannula (PlasticsOne,  
284 Roanoke, VA) was implanted vertically towards the right lateral ventricle (A/P  
285 -0.22 mm; M/L 1 mm; D/V -2 mm). Guide cannulas were fixed onto the skull  
286 with instant adhesive (Ultra Gel®, Henkel, Düsseldorf, Germany) and dental

287 cement (Paladur<sup>®</sup>, Heraeus, Hanau, Germany). An obturator was inserted into  
288 each guide cannula and remained in place until the drug infusion when it was  
289 removed and replaced with an injector that extended 0.5 mm beyond the tip of  
290 the guide cannula. After surgery recovery, 3  $\mu$ l of puromycin solution (9  
291 mg/ml, 10% DMSO/90% saline) or vehicle were infused for 1 min into the  
292 cannula through polyethylene tubing using an infusion pump (Stoelting) (73).  
293 The protein synthesis inhibitor control received an infusion of 3  $\mu$ l of  
294 anisomycin (25  $\mu$ g/ $\mu$ l, initially dissolved in 3N HCl and brought to pH 7.3 by  
295 addition of 3N NaOH) (74, 75). Thirty min after the anisomycin infusion, mice  
296 were infused with 3  $\mu$ l of puromycin (9 mg/ml) supplemented with 75  $\mu$ g  
297 anisomycin. After drug infusions, the tubing remained in place for 1 extra  
298 minute to ensure proper delivery of the solution. All mice were previously  
299 handled to ensure proper immobility during intracerebroventricular  
300 administration. 10 min after puromycin infusion, mice were transcidentally  
301 perfused as described below.

302

### 303 **Immunolabeling of hippocampal slices**

304 After anesthesia with isoflurane, mice were rapidly euthanized and  
305 transcidentally perfused for 1 min with PBS pH 7.5 followed by 2 min with 4%  
306 (w/v) paraformaldehyde in PBS pH 7.5. Brains were post-fixed over night in  
307 the same solution and stored at 4°C. 30  $\mu$ m thick sections were cut with a  
308 vibratome (Leica) and stored at 4°C in PBS pH 7.5, until they were processed  
309 for immunofluorescence. Hippocampal sections were identified using a mouse  
310 brain atlas and sections comprising between -1.34 and -2.06 mm from  
311 bregma were included in the analysis. Hippocampal sections from  
312 Wfs1Cre::RiboTag and Camk2Cre::RiboTag mice were processed as follows:  
313 free-floating sections were rinsed three times for 10 min with PBS pH 7.5.  
314 After 15 min incubation in 0.2% (v/v) Triton X-100 in PBS pH 7.5, sections  
315 were rinsed in PBS pH 7.5 again and blocked for 1 h in a solution of 3% BSA  
316 in PBS pH 7.5. Finally, they were incubated for 72 h at 4°C in 1% BSA, 0.15%  
317 Triton X-100 with the anti-HA antibody (abcam Ab9110, 1:500). *In vivo*  
318 puromycylated brain slices were immunostained as described previously (98,  
319 99). Briefly, sections were incubated for 20 min with coextraction buffer (50  
320 mM Tris-HCl, pH 7.5, 5 mM MgCl<sub>2</sub>, 25 mM KCl, protease inhibitor mixture  
321 (Roche) and 0.015% digitonin (Wako Chemicals)). After three rinses with PBS  
322 pH 7.5, sections were incubated for 72 h at 4°C with puromycin (Milipore MAB  
323 E343, 1:1000) and Wfs1 (Proteintech 11558-1-AP, 1:1000) antibodies in a  
324 solution containing 0.05% saponin, 10 mM glycine, and 5% fetal bovine serum  
325 in PBS pH 7.5. After primary antibody incubation, sections were rinsed three  
326 times for 10 min in PBS pH 7.5 and incubated overnight at 4°C with the  
327 secondary antibody (ThermoFisher A546 A-11030, A647 A-21245, 1:500).  
328 Sections were rinsed three times for 10 min in PBS pH 7.5 and mounted in  
329 Aqua-Poly/Mount.

330

331

332

333

334

## 335 **2. Data Analyses**

336

### 337 **Proteomics data analysis**

338 Raw data were processed using the Max Quant software version 1.6.2.2  
339 (100).

340 MS/MS- spectra were searched against the UniprotKB-database from Rattus  
341 norvegicus (36080 entries, downloaded on 21/12/2017) and additionally  
342 against a database containing common mass spec contaminations using the  
343 probabilistic based algorithm from the Andromeda search engine. The set of  
344 stringent constraints allowed only peptides with full tryptic specificity allowing  
345 N-terminal cleavage to proline and up to 2 missed cleavages.  
346 Carbamidomethylation of cysteine was set as fixed modification. Oxidation of  
347 methionine and acetylation of the protein N-terminus were set as variable  
348 modifications. Minimum peptide length was set to 7 amino acids. The first  
349 search was performed with 20 ppm precursor tolerance for mass recalibration  
350 and the main search mass tolerance was set to 4.5ppm. The fragment mass  
351 tolerance was 0.5 Da and the “match between runs” option was enabled.  
352 Peptides and proteins were identified based on a 1% FDR with the use of a  
353 decoy strategy and only those protein groups which were identified with at  
354 least 1 unique peptide were used for further analysis.

355 All proteomic data associated with this manuscript have been uploaded to the  
356 PRIDE online repository (101).

357

### 358 **Proteomics post processing**

359 The Perseus package v1.6.2.2 (102) was used for further bioinformatic  
360 analysis of the resulting expression data from MaxQuant. Before further  
361 processing, decoy and contaminant database hits as well as proteins only  
362 identified using modified peptides (“identified by site”) were excluded.  
363 Additionally, only those protein groups which were identified in at least 2 out  
364 of 3 technical replicates and in 2 out of 3 biological replicates were considered  
365 for further analysis.

366

### 367 **Footprint genome and transcriptome alignment**

368 Adapters were removed with Cutadapt v1.15 (103) (--cut 1 --minimum-length  
369 22 --discard-untrimmed --overlap 3 --e 0.2). An extended UMI was constructed  
370 from the two random nucleotides from the RT primer and the five random  
371 nucleotides from the linker and added to the description line using a custom  
372 perl script. Trimmed reads that aligned to rat ncRNA were removed using  
373 Bowtie2 v2.3.4.3 (104) (--very-sensitive). Remaining reads were aligned to the  
374 rat genome (rn6) with the split-aware aligner STAR v2.6.1a (105) (--  
375 twopassMode Basic --twopass1readsN -1 --seedSearchStartLmax 15 --  
376 outSJfilterOverhangMin 15 8 8 8 --outFilterMismatchNoverReadLmax 0.1).  
377 When required, STAR --quantMode was used to retrieve transcript  
378 coordinates. Transcriptome alignments were used for all analyses, except for  
379 differential expression and genomic feature analysis. The STAR genome  
380 index was built using annotation downloaded from the UCSC table browser.  
381 PCR duplicates were suppressed using a custom Perl script and alignments  
382 flagged as secondary alignment were filtered out.

383 **RNA genome alignment**  
384 Adapters and low quality nucleotides were removed with Cutadapt v1.15 (103)  
385 (--minimum-length 25 --nextseq-trim=20). Reads were aligned to the rat (rn6)  
386 or the mouse (mm10) genome with STAR v2.6.1a (105).

387  
388 **Assigning footprint reads to genomic features**  
389 Genomic feature coordinates (CDS, 3'UTR, 5'UTR, intron) were downloaded  
390 from the UCSC table browser as BED files (106). Bedtools v2.26.0 (107) was  
391 used to first convert BAM files into the BED format and second to identify  
392 reads overlapping with the individual features.

393  
394 **Counting and differential expression analysis**  
395 *Monosome to polysome ratios*  
396 Counts per gene were calculated from reads mapped to the genome using  
397 featureCounts v1.6.3 (108). Only a single transcript isoform, with the highest  
398 possible APPRIS score (109), was considered per gene. Only footprint reads  
399 aligned to the central portion of the ORF, by convention 15 codons from the  
400 start until 5 codons before the stop codon, were counted (95). Raw counts  
401 were fed into DESeq2 (19) for differential expression analysis. LFC shrinkage  
402 was used to generate more accurate log<sub>2</sub> fold-change estimates (110). In  
403 order to test if the monosome to polysome fold change differs across  
404 compartments, an interaction was added to the design formula. In this  
405 analysis unshrunk log<sub>2</sub> fold-changes were used.

406  
407 *RiboTag IP to input ratios*  
408 Counts per gene were calculated from reads mapped to the genome using  
409 featureCounts v1.6.3 (108). All transcript isoforms were considered. Raw  
410 counts were fed into DESeq2 and LFC shrinkage was used.

411  
412 **Classification of neuronal genes**  
413 A classifier to identify excitatory neuron-enriched genes was developed. The  
414 union of genes with significantly enriched RiboTag-IP to input fold-changes  
415 (threshold of 0.05 on the adjusted *p*-value and a 30% enrichment) was formed  
416 from the three RiboTag experiments (Hippocampus Camk2Cre::RiboTag,  
417 somata/neuropil Wfsr1Cre::RiboTag).

418  
419 **Classification of non-sense mediated decay (NMD) targets**  
420 Genes with the Ensembl biotype annotation 'nonsense\_mediated\_decay' and  
421 'retained\_intron' were classified as possible NMD targets.

422  
423 **Translation rate calculations**  
424 The translation rate was computed from three biological replicates of neuropil  
425 total ribosome footprinting, as previously described in (66). In brief, the  
426 number of footprint reads in the gene's CDS was divided by its CDS length in  
427 kilobases. This value was then normalized to the total number of footprint  
428 reads mapping to any region of the gene. Only reads with a minimum of 10  
429 raw reads in all footprint libraries were used for analysis.

430

431 **Translational efficiency calculations**

432 Translational efficiency was computed from three biological replicates of  
433 neuropil total ribosome footprinting. The translational efficiency of a gene was  
434 calculated as the ratio of normalized footprint reads (TPMs) to normalized  
435 RNA-seq reads (TPMs).

436

437 **Integration of proteomic and transcriptomic data**

438 Protein and RNA data were matched as described in (111). A protein centric  
439 view was taken. For each protein in the protein group the corresponding RNA  
440 measures in transcripts per million (TPM) or the corresponding translation  
441 rates were summed and the mean of the corresponding monosome to  
442 polysome log<sub>2</sub> fold-change was determined. In a functional group at least half  
443 the genes had to be classified as 'neuronal' in order to pass the RiboTag filter.  
444 A functional group was determined as 'monosome-enriched or polysome-  
445 enriched' if more than half of its transcripts were classified as 'monosome-  
446 enriched or polysome-enriched'. In all other cases, the functional group was  
447 classified as 'non-enriched'.

448

449 **Metagene analysis**

450 Metagene plots represent the accumulated footprint coverage over the length-  
451 normalized ORF. The normalized footprint coverage was generated for each  
452 gene (footprint coverage divided by the average codon coverage). Edge  
453 positions were defined relative to the ORF start and stop codons and divided  
454 into 100 bins. Each gene contributed with its average normalized footprint  
455 coverage per bin.

456

457 **Harringtonine depletion profile analysis**

458 Open reading frame footprint coverages per gene were generated for each  
459 time point. Analysis was performed on well-translated genes with at least 0.1  
460 reads per codon. Profiles were scaled by the average coverage between  
461 codons 400 and 450. Transcripts shorter than 460 codons were excluded  
462 from the analysis. For each time point, the metagene profiles were smoothed  
463 in 30 codon windows and normalized to the 0s time point.

464

465 **3-nucleotide periodicity analysis**

466 First, the P-site offset was defined for individual footprint lengths. For this, all  
467 reads spanning the ORF start were used and the most probable offset from  
468 the start and end of the read was defined for each length. Second, the P-site  
469 position per read was determined based on its length and the previously  
470 defined offset. All P-site positions were projected for 100 nucleotides around  
471 the ORF start, stop and center. The P-site coverage of each gene was  
472 normalized to its average footprint coverage. The nucleotide coverage at  
473 frame positions 0, 1 and 2 were assessed. To determine if the observed  
474 frame fraction differed from the expected frame fraction, a one-way analysis of  
475 variance (ANOVA) was performed. A significant p-value rejects the null-  
476 hypothesis that all frames exhibit the expected P-site coverage.

477

478

479 **Genome browser track visualization**  
480 Footprint coverage was visualized as custom tracks on the UCSC Genome  
481 Browser (112). Footprint alignments were converted into BedGraph files  
482 (<https://genome.ucsc.edu/goldenPath/help/bedgraph.html>) using Bedtools  
483 v2.26.0.

484  
485 **Gene ontology analysis**  
486 GO enrichment of monosome- or polysome-preferring genes was performed  
487 using the R package clusterProfiler (113) with a Benjamini-Hochberg multiple  
488 testing adjustment and a false-discovery rate cut-off of 0.05, using all  
489 expressed genes in the neuropil as background. The simplify function with a  
490 cutoff of 0.7 was used to remove redundancy from enriched GO terms.

491  
492 **Correlation between the monosome to polysome fold-change and**  
493 **transcript attributes**  
494 DNA sequences were extracted from the rat (rn6) version genome. Only  
495 genes with valid values for all transcript attributes were used for analysis. The  
496 length of 3'- and 5'UTRs was set to a minimum of 10 nts.

497  
498 *GC content*  
499 The GC content was assessed by counting the number of G or C bases in the  
500 sequence and then dividing by the number of bases in the predicted 5'UTR,  
501 CDS or 3' UTR.

502  
503 *Minimum free energy (MFE)*  
504 The ViennaRNA package version 2.0 with RNAfold was used to calculate the  
505 minimum free energy per 5'UTR or 3' UTR sequence (114). A method  
506 described by Trotta et al. (115) was adapted to normalize minimum free  
507 energy units to the sequence length. The sequence length was restricted to a  
508 maximum of 500 nts in proximity to the start and stop codon.

509  
510 *Codon adaptation index (CAI)*  
511 CAI values in the neuropil were obtained for neuronal genes only, following  
512 the procedure described in (116).

513  
514 *Initiation rate*  
515 The initiation rate per gene was calculated based on the neuropil total  
516 ribosome footprint and RNA coverage as previously described in (117). In  
517 short, the initiation rate depends on the translational efficiency (defined as  
518 described above), CDS length, average time for a ribosome to traverse the  
519 CDS and the normalized ribosome occupancy in the initial 10 codons of the  
520 CDS. The average elongation rate was assumed to be 4 codons / second  
521 (61). A  $\xi$  value of 0.0084 was determined from the best fit line to the average  
522 ribosome density of a transcript (from polysome profiling) versus its  
523 translational efficiency (from ribosome profiling and RNA-seq).

524  
525 *Mean typical decoding rate (MTDR)*  
526 A per gene MTDR was calculated based on the neuropil total ribosome

527 footprint coverage as previously described in (26). In short, each amino acid  
528 decoding time was defined as a convolution of an average decoding time (a  
529 gaussian component with the parameters  $\mu$  and  $\sigma$ ) and a pausing decoding  
530 time (an exponential component with the parameter  $\lambda$ ). A model fitting  
531 procedure was used to deconvolve the two distributions and identify the three  
532 parameters per amino acid. The geometric mean of all average decoding  
533 times ( $\mu$ ) was calculated to determine the per-gene MTDR.

534

### 535 **Upstream open reading frame (uORF)**

536 To identify transcripts containing uORFs, neuropil total ribosome footprint  
537 libraries from three replicates were used. Only genes with annotated 5'UTRs  
538 were considered. A string match algorithm was used to identify sequences  
539 within annotated 5'UTRs that are flanked by a canonical in-frame start and  
540 stop codon. Only sequences with a minimum length of 3 codons and at least  
541 10 raw footprints in all three replicates were considered as uORFs.

542

### 543 **Prediction of protein secondary structure and protein domains**

544 Appris transcript isoforms were translated into amino acid sequences and  
545 used to predict secondary structures and protein domains. Porter 5 was used  
546 to predict protein secondary structures in 3 classes ( $\alpha$ -helix,  $\beta$ -strand and coil)  
547 (118). Spans of coils were defined as unstructured, whereas helices and  
548 strands were defined as structured sequences. Transitions from structured to  
549 unstructured, and vice versa, were counted and normalized to the sequence  
550 length. Protein domains were predicted using InterProScan5 based on the  
551 Pfam database (119). Functional domains per protein were merged into  
552 unique regions and their average length was compared between monosome-  
553 and polysome-enriched genes.

554

### 555 **Codon pause score analysis**

556 For each codon in neuropil monosome-enriched genes (CDS only), a pause  
557 score was calculated based on a z-score-like quantity: pause score =  
558 (normalized footprint coverage in monosome library – normalized footprint  
559 coverage in polysome library) / (normalized footprint coverage in polysome  
560 library)<sup>1/2</sup>. The resulting distribution represents the number of codons per  
561 gene with different coverage (i.e. a measure of observed pausing).

562

### 563 **Ribotools**

564 All tools used in this study are contained in one modular C++ program called  
565 ribotools. It relies on the HTSlib (<https://github.com/samtools/htslib>) for  
566 parsing BAM files. The source code and further notes on the algorithms can  
567 be found on our GitLab repository:

568 <https://gitlab.mpcdf.mpg.de/mpibr/schu/ribotools>

569

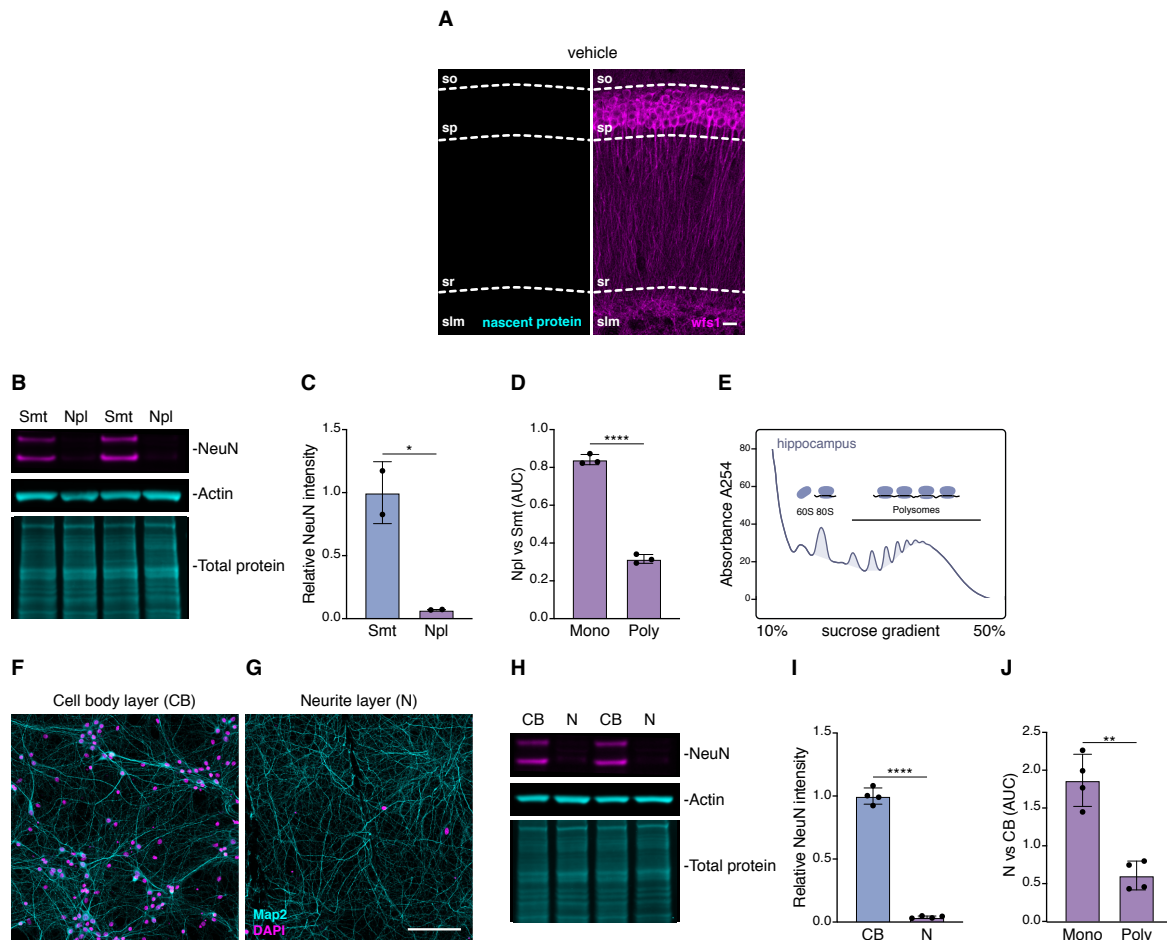
### 570 **Data and software availability**

571 The accession number for the raw sequencing data reported in this paper is:  
572 NCBI BioProject: PRJNA550323

573 All proteomics data associated with this manuscript have been uploaded to  
574 the PRIDE online repository.

575 Processed data used in this study are included as Table S1.

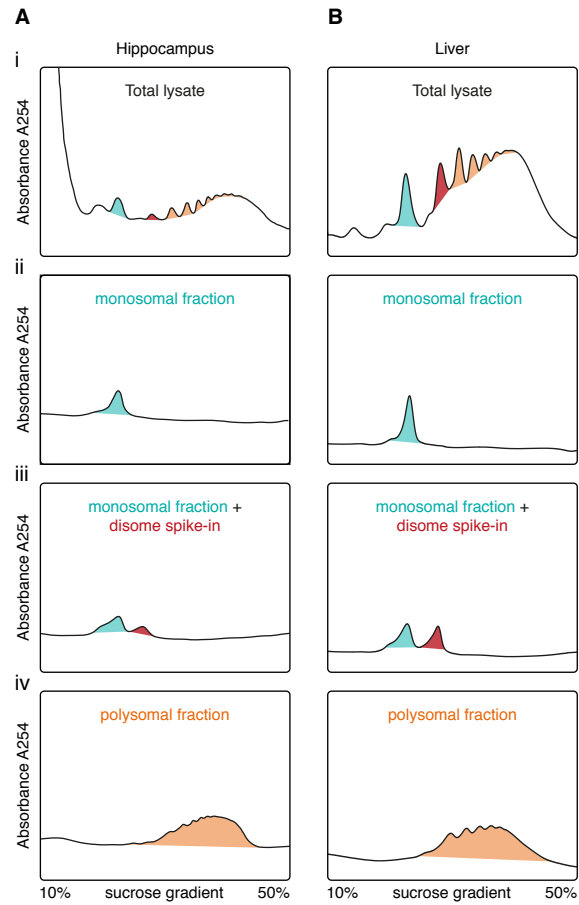




**Supplementary figure 1 related to figure 1.**

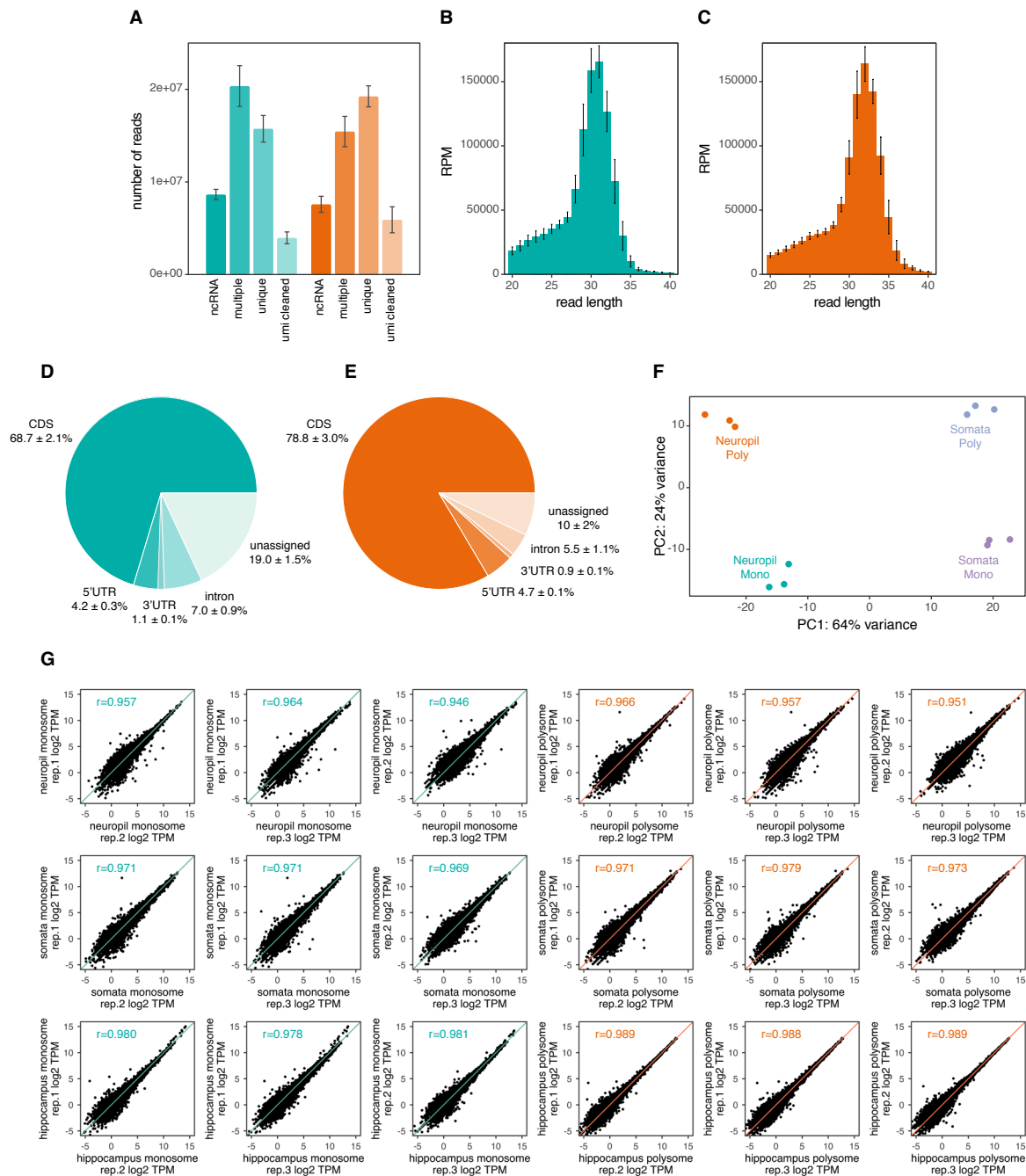
**(A)** Immunofluorescence staining of the nascent protein metabolic label puromycin (cyan) and the CA1 pyramidal neuron marker Wfs1 (purple) in hippocampal sections from control mice that received a brief infusion of vehicle into the lateral ventricle. Scale bar = 20  $\mu\text{m}$ . so, *stratum oriens*; sp, *stratum pyramidale*; sr, *stratum radiatum*; slm, *stratum lacunosum moleculare*.

**(B and C)** Representative western blot **(B)** and quantification **(C)** of the nuclear marker NeuN, actin and total protein in the CA1 somata (Smt) and neuropil (Npl) (n=2). \*  $p = 0.0331$ , Welch's t-test. **(D)** Comparison between the neuropil:somata ratios of the monosome (Mono) AUC and polysome (Poly) AUC. \*\*\*\*  $p < 0.0001$ , Welch's t-test. AUC, area under the curve. **(E)** Representative polysome profile of a whole (non-microdissected) hippocampus. Monosome:polysome ratio =  $0.56 \pm 0.04$  (n=3). **(F and G)** Immunofluorescence staining of Map2 (cyan; dendrites) and DAPI (purple; nuclei) in the cell body (CB) **(F)** or neurite (N) **(G)** layer of cortical neurons grown on a microporous membrane. Scale bar = 100  $\mu\text{m}$ . **(H and I)** Representative western blot **(H)** and quantification **(I)** of the nuclear marker NeuN, actin and total protein in the cell body and neurite layer (n=4). \*\*\*\*  $p < 0.0001$ , Welch's t-test. **(J)** Comparison between the neurite:cell-body ratios of the monosome (Mono) AUC and polysome (Poly) AUC. \*\*  $p = 0.0018$ , Welch's t-test. AUC, area under curve.



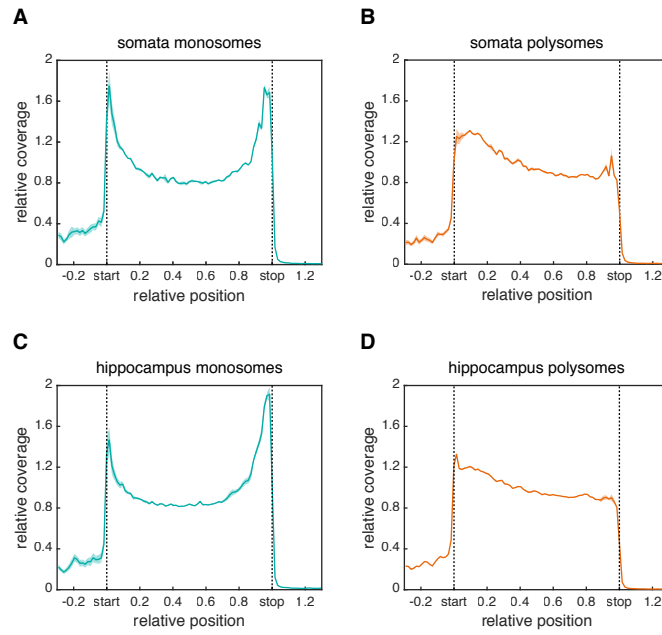
**Supplementary figure 2 related to figure 2.**

Polysome profiling was performed on hippocampal (**Ai**) or liver (**Bi**) lysates. The monosomal (cyan), disomal (red) and polysomal (orange) fractions were collected. Monosomal (**ii**), monosomal + disomal (**iii**) or polysomal (**iv**) fractions were then re-separated on a sucrose gradient. The purity of the isolated fractions is demonstrated by the lack of disomes or polysomes in the monosome sucrose gradient profiles (**Aii and Bii**) or monosome in the polysome sucrose gradient profile (**Aiv and Biv**). Polysome profiling detects potential contaminations of the monosome fraction (**Aiii and Biii**).



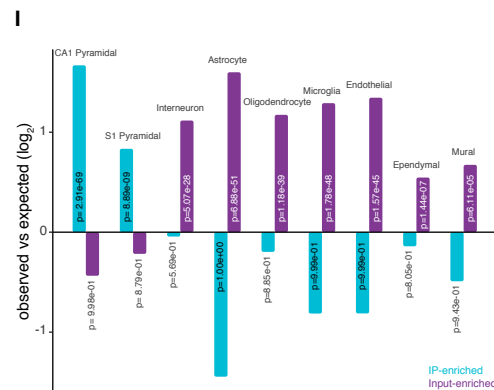
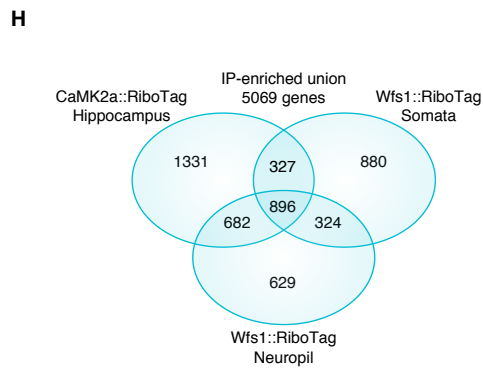
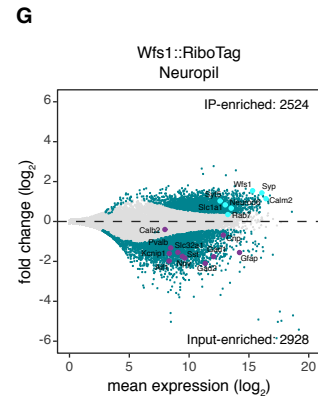
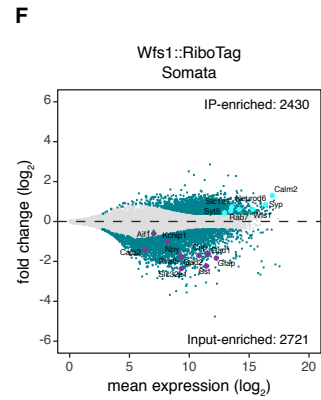
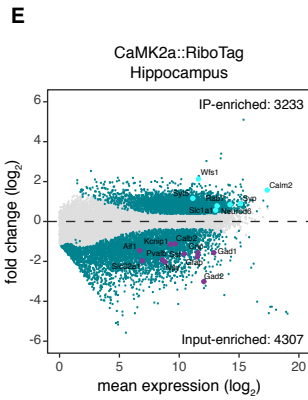
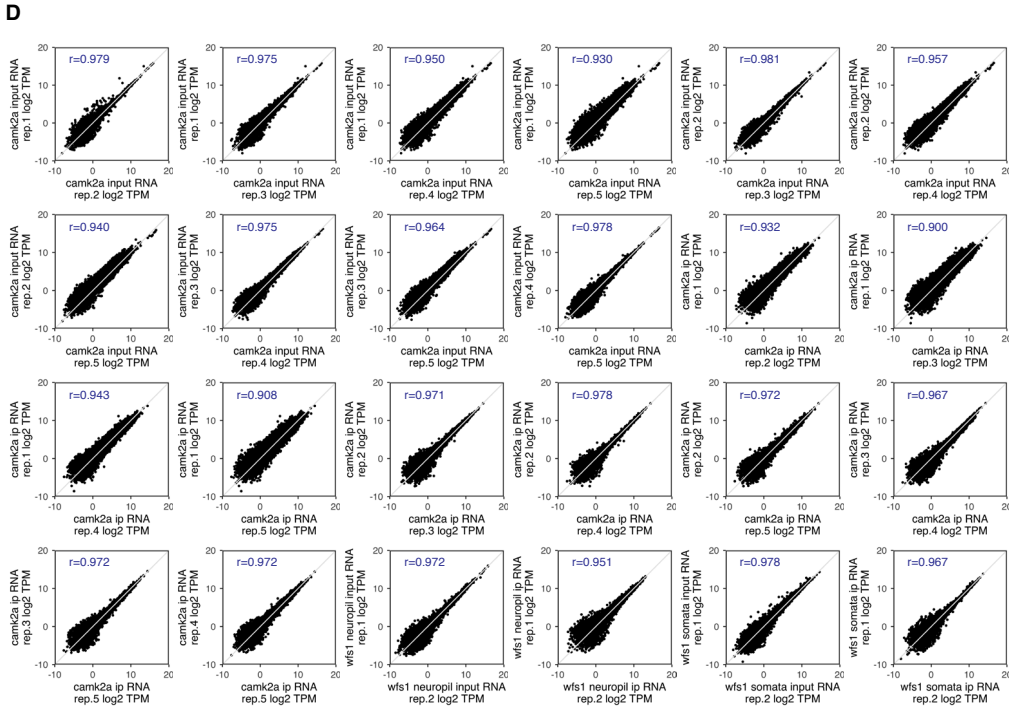
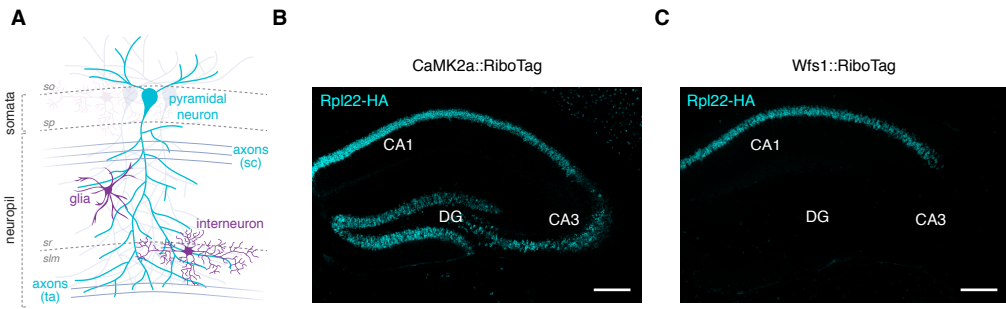
**Supplementary figure 3 related to figure 2.**

**(A)** Footprint read count by alignment fate (ncRNA, non-coding RNA; umi, unique molecular identifier; multiple, secondary alignment; unique, primary alignment) in all monosome (cyan) or polysome (orange) samples used in this study. **(B and C)** Distribution of footprint read lengths obtained in monosome **(B)** or polysome **(C)** libraries. **(D and E)** Fraction of monosome **(D)** or polysome **(E)** footprint reads aligning to various genomic features including the 5'UTR, CDS, 3'UTR and introns. **(F)** PCA analysis representing the between and within group variance of neuropil monosome (cyan) or polysome (orange) and somata monosome (purple) or polysome (blue) footprint samples. **(G)** Scatter plots with Pearson's *r* correlation between biological replicates of hippocampus, somata and neuropil monosome/polysome footprint libraries.



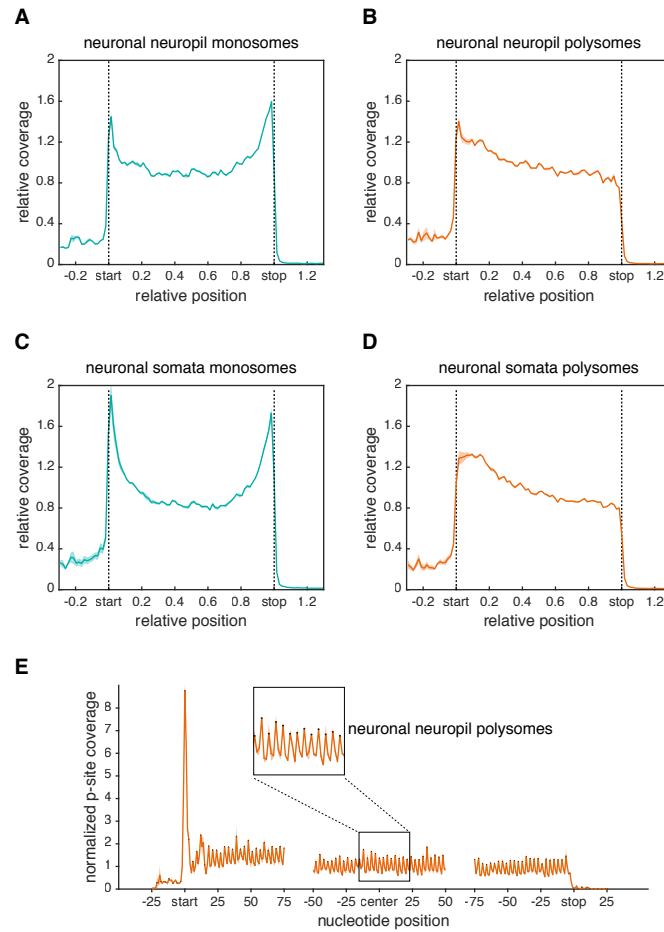
**Supplementary figure 4 related to figure 2.**

**(A to D)** Metagenesis analyses showing the footprint density in the monosome (cyan) or polysome (orange) samples from the somata (for representative polysome profile see Fig. 1C) **(A and B)** or hippocampus **(C and D)** (for representative polysome profile see fig. S1E) throughout the open reading frame. The average relative normalized coverage is plotted per nucleotide position, and the standard deviation is shaded (n=3). Genes were individually normalized.



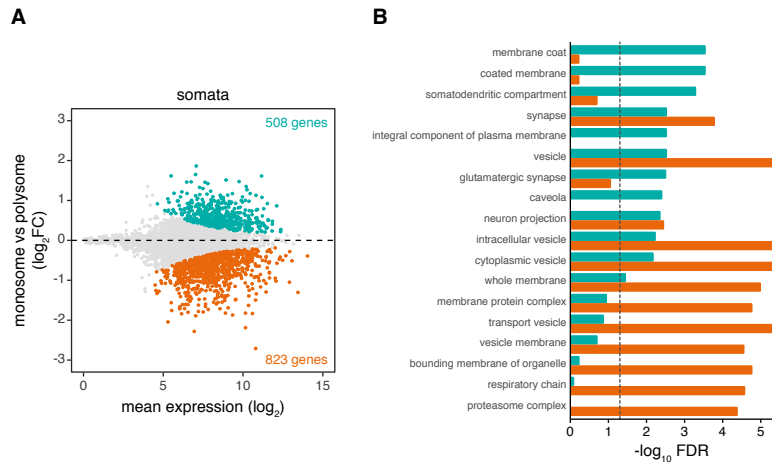
**Supplementary figure 5 related to figure 2.**

**(A)** Scheme of the CA1 hippocampal area. The somata layer (sp) contains the cell bodies of CA1 pyramidal neurons (cyan). The neuropil layer (sr + slm) contains dendrites from pyramidal neurons (cyan) as well as axons (Schaffer collaterals (sc) + temporoammonic path (ta)). The somata and neuropil layers also contain interneurons and glia (purple). so, *stratum oriens*; sp, *stratum pyramidale*; sr, *stratum radiatum*; slm, *stratum lacunosum moleculare*. **(B and C)** Immunofluorescence staining of Rpl22-HA (anti-HA antibody; cyan) in hippocampal sections from Camk2aCre::RiboTag **(B)** and Wfs1Cre::RiboTag mice **(C)**. CA1, *cornu ammonis 1*; CA3, *cornu ammonis 3*; DG, *dentate gyrus*. Scale bar = 200  $\mu\text{m}$ . **(D)** Scatter plots with Pearson's  $r$  correlation between biological replicates of whole hippocampi from Camk2aCre::RiboTag mice (n=5); and somata or neuropil from Wfs1Cre::RiboTag mice (n=2). **(E - G)** MA plots (the average, A, of the log read counts versus the differences in the log read counts, minus, M) showing differentially expressed transcripts between Rpl22-HA immunoprecipitation (IP) and input samples from: **(E)** whole hippocampi of Camk2aCre::RiboTag mice (n=5); **(F)** somata or **(G)** neuropil of Wfs1Cre::RiboTag mice (n=2). Cyan dots indicate the transcripts significantly enriched in the IP or input (DESeq2 with a threshold of 0.05 on the adjusted  $p$ -value and a 30%-fold-enrichment). Gray dots represent the non-enriched transcripts. Colored dots highlight markers for excitatory neurons (*Wfs1*, *Slc1a1*, *Calm2*, *Syp*, *Neurod6*, *Rab7* and *Syt5*); astrocytes (*Gfap*); microglia (*Aif1*); oligodendrocytes (*Cnp*) or different interneuron categories (*Gad1*, *Gad2*, *Kcnp1*, *Calb2*, *Npy*, *Pvalb*, *Slc32a1*, *Sst*). **(H)** Venn diagram comparing the transcripts significantly enriched in the Rpl22-HA IP from three different sources: the hippocampus of Camk2aCre::RiboTag mice, the microdissected somata or the neuropil of Wfs1Cre::RiboTag mice. A classifier to identify excitatory neuron-enriched genes was developed based on the union of the three datasets (5069 genes). **(I)** Observed-to-expected ratio of genes enriched in the Rpl22-HA IP (cyan) or the input (purple) and previously associated with different hippocampal cell-types by a single-cell study (20). Numbers within the bars indicate the  $p$ -values for the enrichment (using a hypergeometric test).



**Supplementary figure 6 related to figure 2.**

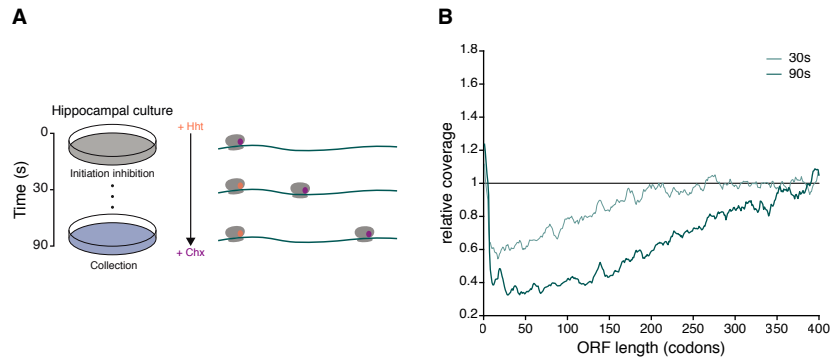
**(A-D)** Metagenome analyses showing the footprint density across neuronal transcripts in the monosome (cyan) or polysome (orange) samples from the neuropil **(A and B)** and somata **(C and D)**. The average relative normalized coverage is plotted per nucleotide position, and the standard deviation is shaded (n=3). Genes were individually normalized. **(E)** Metagenome analyses showing the P-site coverage of neuronal transcripts in the neuropil polysome sample. The average normalized coverage is plotted per nucleotide position around the 5' end (start), central portion (center) and 3' end (stop) of the ORF. The standard deviation is shaded (n=3).



**Supplementary figure 7 related to figure 3.**

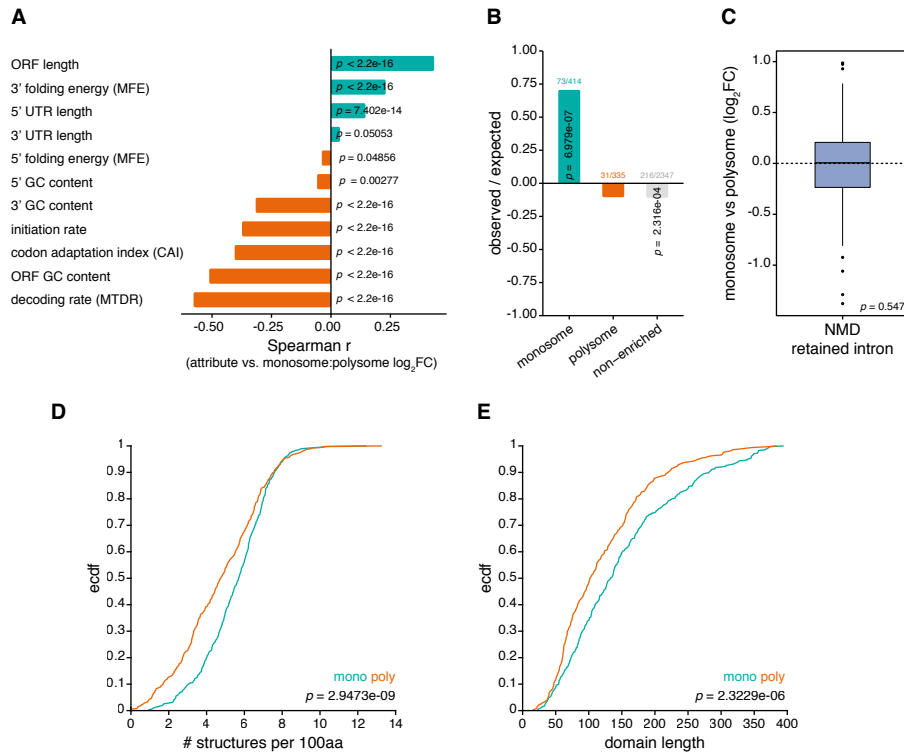
**(A)** MA plot (the average, A, of the log read counts versus the differences in the log read counts, minus, M) showing transcripts with differential monosome (cyan) or polysome (orange) footprint coverage in the central portion of the ORF (region spanning 15 codons from the start site to 5 codons before the stop site) in the somata. **(B)** GO terms representing the top ten significantly enriched protein function groups for monosome (cyan) or polysome (orange)-enriched transcripts in the somata.





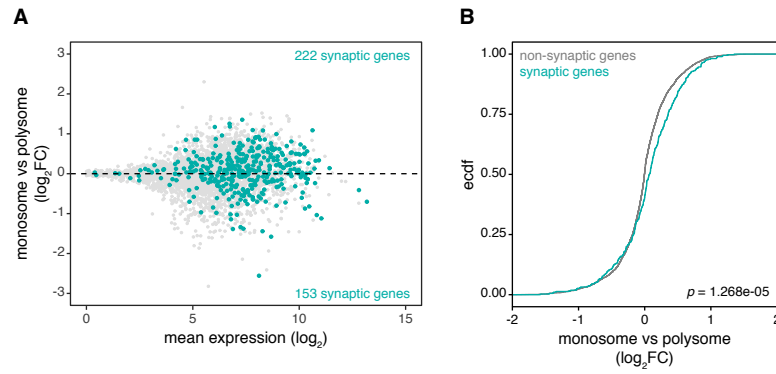
**Supplementary figure 8 related to figure 3.**

**(A)** Schematic of the in vivo run-off elongation experiment in rat hippocampal cultures. **(B)** Meta-gene analysis of run-off elongation on monosome-prefering transcripts. Ribosome depletion is shown for a subset of transcripts exhibiting significant monosome preference in both whole hippocampi and hippocampal cultures (see Methods). Ribosome densities of the samples treated with harringtonine for 30 and 90 sec were normalized to the untreated control (n=3).



### Supplementary figure 9 related to figure 3.

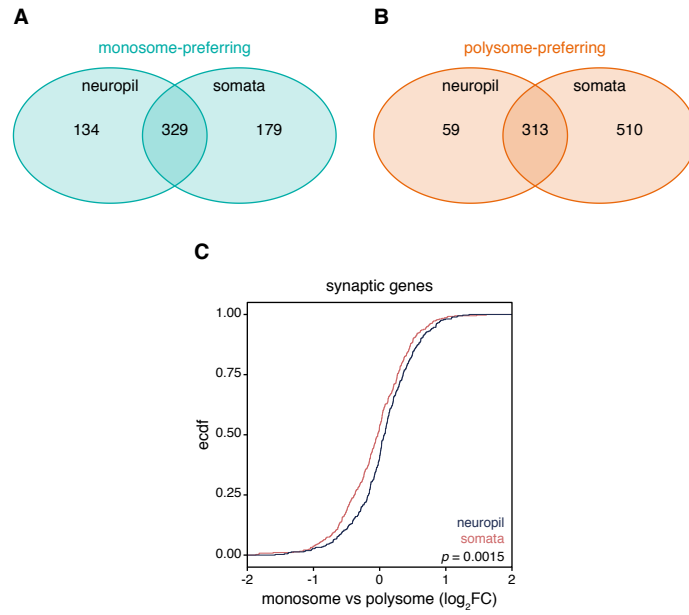
**(A)** Transcript attributes were correlated with the neuropil monosome:polysome fold-changes (FC). Positive (cyan) and negative (orange) Spearman correlation coefficients and  $p$ -values are shown. MFE, minimum free energy; CAI, codon adaptation index; MTDR, mean typical decoding rate. **(B)** Observed-to-expected ratio of monosome (cyan), polysome (orange)-and non-prefering (gray) transcripts containing uORFs. Numbers of uORF-containing transcripts per gene subset are shown above the bars. Numbers within the bars indicate the significant  $p$ -values for over- and underrepresentation (using a hypergeometric test). **(C)** Boxplot of monosome:polysome fold-changes for transcripts classified as biotypes 'non-sense mediated decay (NMD)' or 'retained intron' by Ensembl ( $p = 0.547$ , one-sample Wilcoxon signed rank test,  $\mu = 0$ ). **(D and E)** Cumulative distribution frequency depicting the number of structured ( $\alpha$ -helix and  $\beta$ -strand) regions per 100aa ( $p = 2.9473e-09$ , Kolmogorow-Smirnow-Test) **(D)** or the length of structural domains ( $p = 2.3229e-06$ , Kolmogorow-Smirnow-Test) **(E)** in proteins encoded by monosome (cyan) -or polysome (orange) -preferring transcripts in the neuropil.



**Supplementary figure 10 related to figure 3.**

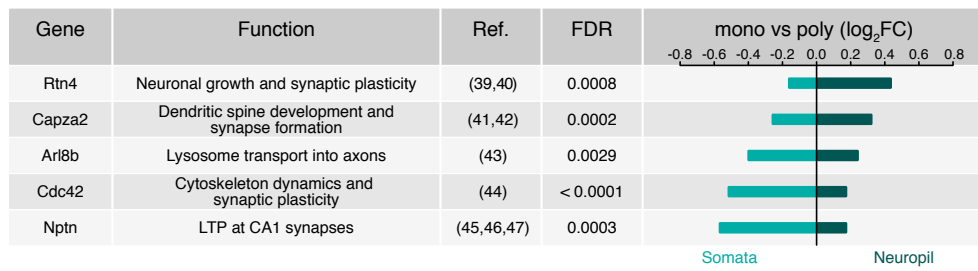
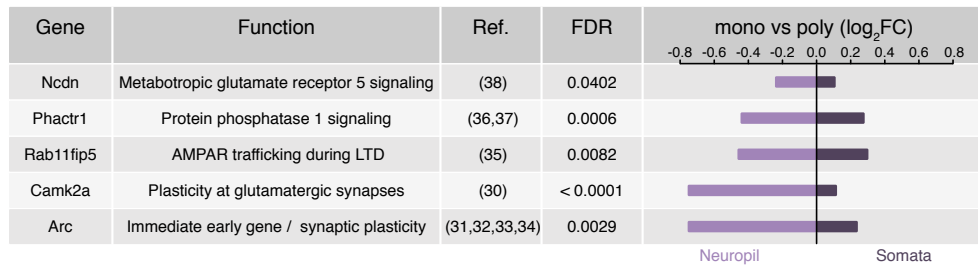
**(A)** MA plot (the average, A, of the log read counts versus the differences in the log read counts, minus, M) showing the log<sub>2</sub> fold-changes between the monosome or polysome footprint coverage in the central portion of the ORF (region spanning 15 codons from the start site to 5 codons before the stop site) in the neuropil. Cyan dots highlight synaptic genes (SynGO annotation).

**(B)** Cumulative distribution frequency depicting the monosome:polysome log<sub>2</sub> fold-changes for synaptic (cyan) and non-synaptic (gray) genes.  $p = 1.268e-05$ , Kolmogorov-Smirnov-Test.

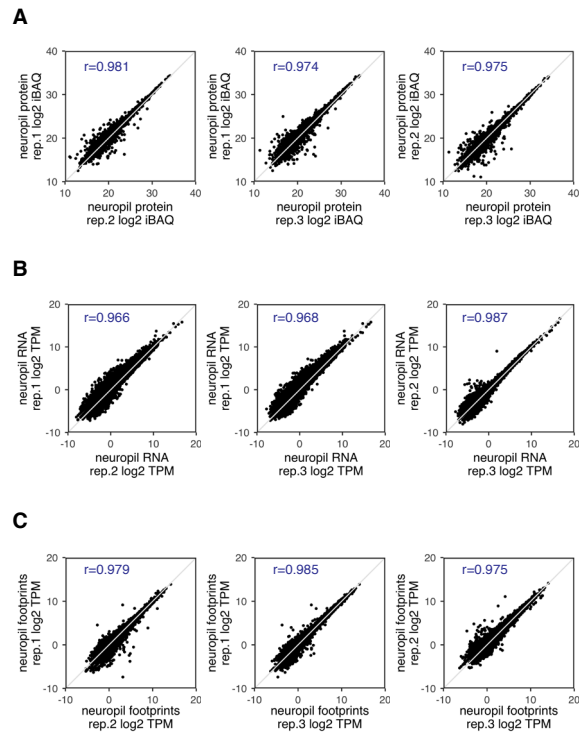


**Supplementary figure 11 related to figure 4.**

**(A and B)** Venn diagrams representing the overlap of monosome- **(A)** and polysome-preferring **(B)** transcripts between the somata and the neuropil. Numbers were obtained from the DESeq2 analysis in Fig. 3A and fig S7A. **(C)** Cumulative distribution frequency depicting the monosome:polysome  $\log_2$  fold-changes of synaptic transcripts (SynGO annotation) in the somata (gray) and neuropil (black),  $p = 0.0015$ , Kolmogorov-Smirnov-Test.

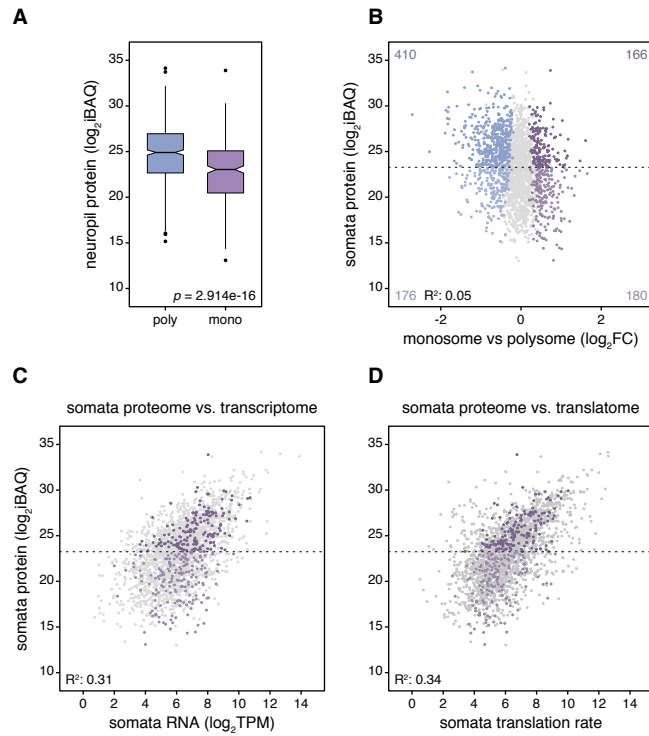
**A****B****Supplementary figure 12 related to figure 4.**

**(A and B)** Examples of transcripts encoding plasticity proteins that exhibit polysome preference in the somata but monosome preference in the neuropil (Fig. 4A quadrant 2) **(A)** or vice-versa (quadrant 4) **(B)**.



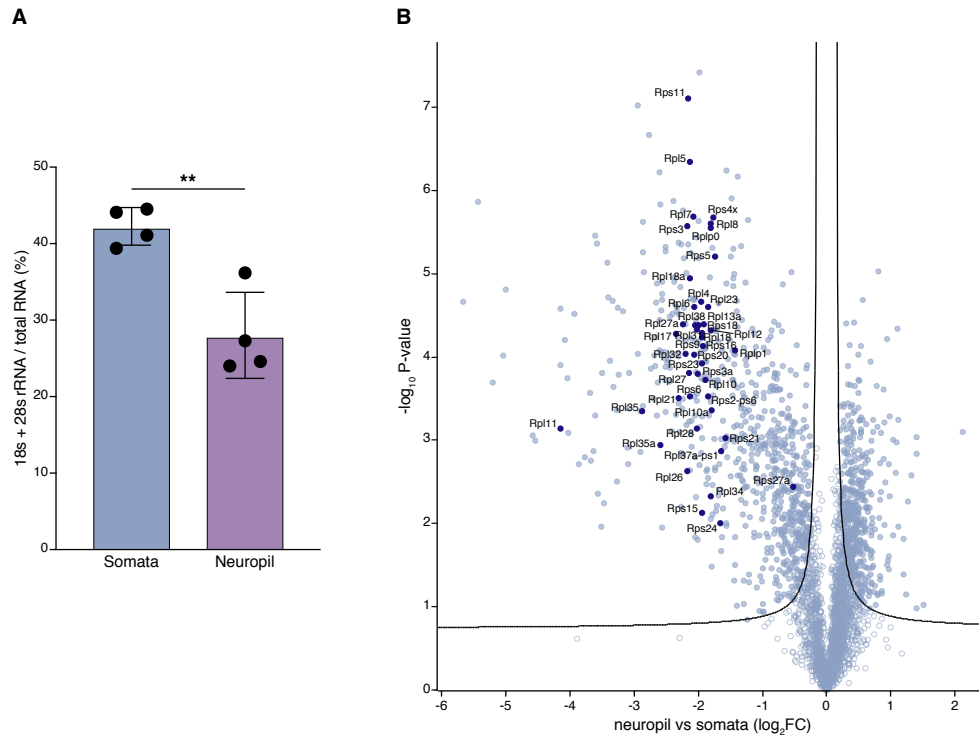
**Supplementary figure 13 related to figure 5.**

**(A, B and C)** Scatter plots with Pearson's  $r$  correlation of protein ( $\log_2$ -transformed iBAQ values) **(A)**, RNA ( $\log_2$ -transformed transcripts per million (TPM)) **(B)** and total footprint (without biochemical fractionation) ( $\log_2$ -transformed TPMs) **(C)** measurements from the neuropil of three biological replicates.



**Supplementary figure 14 related to figure 5.**

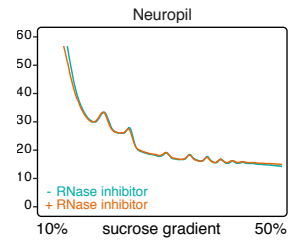
**(A)** Box plots of protein ( $\log_2$  iBAQ) measurements in the somata for monosome- (mono, purple) or polysome- (poly, blue) enriched genes ( $p = 2.914e-16$ , Wilcoxon rank-sum test). Of 508 and 823 monosome- and polysome-preferring transcripts in the neuropil, 346 and 586 respectively, passed the stringent proteomics filtering criteria (see Methods). **(B)** A scatter plot of the somata protein abundance ( $\log_2$  iBAQ) versus monosome:polysome fold-changes for monosome (purple)-, polysome (blue)- and non-enriched (gray) genes ( $R^2 = 0.05$ ,  $p = 2.944e-11$ ). The dashed line indicates the mean  $\log_2$  iBAQ value. Monosome-preferring transcripts encoding proteins with abundances greater than average are highlighted by dark purple dots (mono-high) **(C and D)**. The proteome correlates with the transcriptome and translatoome in the somata. A scatter plot of the somata protein abundance ( $\log_2$  iBAQ) versus RNA ( $\log_2$  TPM) ( $R^2 = 0.31$ ,  $p < 2.2e-16$ ) **(C)** and translation rate (obtained from total footprints, without biochemical fractionation) ( $R^2 = 0.34$ ,  $p < 2.2e-16$ ) **(D)** measurements for all genes. Monosome-preferring genes encoding high-abundance proteins are highlighted by dark purple dots.



**Supplementary figure 15 related to figure 5.**

**(A)** Percentage of 18S and 28S rRNA relative to total RNA in the somata versus neuropil (n=4). \*\*  $p = 0.0092$ , Welch's t-test. **(B)** Volcano plot representing neuropil versus somata  $\log_2$  fold-changes. Dark blue dots highlight ribosomal proteins, which are enriched in the somata.





**Supplementary figure 16 related to figure 2.**

Polysome profiling was performed on the CA1 neuropil in the presence (orange) or absence (cyan) of RNase inhibitors.