


ORIGINAL ARTICLE

Oligodendrocyte gene expression is reduced by and influences effects of chronic social stress in mice

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Oligodendrocyte gene expression is downregulated in stress-related neuropsychiatric disorders, including depression. In mice, chronic social stress (CSS) leads to depression-relevant changes in brain and emotional behavior, and the present study shows the involvement of oligodendrocytes in this model. In C57BL/6 (BL/6) mice, RNA-sequencing (RNA-Seq) was conducted with prefrontal cortex, amygdala and hippocampus from CSS and controls; a gene enrichment database for neurons, astrocytes and oligodendrocytes was used to identify cell origin of deregulated genes, and cell deconvolution was applied. To assess the potential causal contribution of reduced oligodendrocyte gene expression to CSS effects, mice heterozygous for the oligodendrocyte gene cyclic nucleotide phosphodiesterase (*Cnp1*) on a BL/6 background were studied; a 2 genotype (wildtype, *Cnp1*^{+/-}) × 2 environment (control, CSS) design was used to investigate effects on emotional behavior and amygdala microglia. In BL/6 mice, in prefrontal cortex and amygdala tissue comprising gray and white matter, CSS downregulated expression of multiple oligodendrocyte genes encoding myelin and myelin-axon-integrity proteins, and cell deconvolution identified a lower proportion of oligodendrocytes in amygdala. Quantification of oligodendrocyte proteins in amygdala gray matter did not yield evidence for reduced translation, suggesting that CSS impacts primarily on white matter oligodendrocytes or the myelin transcriptome. In *Cnp1* mice, social interaction was reduced by CSS in *Cnp1*^{+/-} mice specifically; using ionized calcium-binding adaptor molecule 1 (IBA1) expression, microglia activity was increased additively by *Cnp1*^{+/-} and CSS in amygdala gray and white matter. This study provides back-translational evidence that oligodendrocyte changes are relevant to the pathophysiology and potentially the treatment of stress-related neuropsychiatric disorders.

KEYWORDS

amygdala, cell deconvolution, depression, differential gene expression, gray and white matter, inflammation, mouse, myelin transcriptome, myelin-axon integrity, oligodendrocyte, social stress

1 | INTRODUCTION

Chronic psychosocial stress is a major etiological factor for some neuropsychiatric disorders including depression.^{1,2} This “environmental pathogen”³ is likely to impact on periphery and brain via various pathways, ultimately to induce changes in gene and protein expression.^{4–6} Reciprocally, allelic and epigenetic determinants of gene expression modulate stressor susceptibility.^{3,7,8} Stress-induced psychopathologies⁹ are likely to be underlain by expression changes in specific genes and proteins within specific cell types, which in turn are localized within specific brain regions contributing to cortico-limbic circuits.¹⁰ Improved understanding of these stress-driven pathological pathways, including of the cell types impacted in specific regions, is essential to improve treatments.

In depression, relative to control subjects, changes in neurons^{11–13} and glia^{14,15} have been identified in human postmortem brain tissue. For microglia, ionized calcium-binding adaptor molecule 1 (IBA1) was increased, indicating higher microglia activation, in white matter of anterior cingulate cortex in depressed patients who committed suicide.^{16,17} For oligodendrocytes, expression of the mature-oligodendrocyte marker myelin basic protein (MBP) was lower, indicating either fewer cells or reduced MBP expression per extant cell, in anterior frontal cortex from depressed patients.¹⁸ At the transcription level, oligodendrocyte gene expression was lower in depressed patients in temporal cortex¹⁹ and amygdala^{20,21} (although see Reference²²). Myelin thickness was reduced and expression of a number of myelination genes downregulated in anterior cingulate cortex from probands who were depressed and had experienced early life stress.²³ Myelination and myelin-axon integrity in white and gray matter are critical for efficient axonal propagation of action potentials in cortical and limbic regions of neural networks.²⁴ Neuroimaging studies show that resting-state functional connectivity is altered in certain networks in depression, for example, default mode network,^{25,26} and also that white matter integrity is compromised.²⁷ Therefore, it is possible that stress-induced impairment of oligodendrocytes is central to the cellular pathology of depression. Further, indirect evidence for oligodendrocyte involvement in depression is provided by its high prevalence in multiple sclerosis,²⁸ an autoimmune disorder characterized by oligodendrocyte pathology in white and gray matter.²⁹

Animal studies of stress and oligodendrocytes are relatively few. In an important translational study, mice exposed to chronic unpredictable mild stress (CUMS) and depressed human subjects were compared, relative to their respective control groups, in terms of the amygdala transcriptome.²¹ About 30 to 40 genes were altered in expression in the same direction in both species; 30% of these were oligodendrocyte genes that were all downregulated; for example, myelin basic protein (*Mbp*), myelin-associated oligodendrocyte basic protein (*Mobp*) and cyclic nucleotide phosphodiesterase (*Cnp1*).²¹ Mice exposed to adult social isolation were studied in terms of prefrontal cortex myelination: expression of some myelin gene transcripts was decreased, for example, *Mbp*, *Mobp*, oligodendrocyte-specific paranodal genes *NFasc155* and *Cntn2*, as was protein expression in the case of MBP; furthermore, myelin thickness was reduced and oligodendrocyte maturation retarded.³⁰ A complementary

approach to studying stress effects on oligodendrocyte gene expression is investigation of depression-relevant phenotypes in mice mutant for specific oligodendrocyte genes. For example, heterozygous expression of *Cnp1* (*Cnp1*^{+/-}), the gene encoding the myelin paranode protein CNP.^{31–34} *Cnp1*^{+/-} interacts with aging such that aged *Cnp1*^{+/-} mice exhibit brain inflammation and “catatonia-depression syndrome” comprising catatonic gripping, reduced social interest and increased fear memory.³⁵ The aged *Cnp1*^{+/-} mouse shows a close relationship between oligodendrocyte dysfunction, inflammation and depression therefore, with parallels to multiple sclerosis pathology.²⁹ Social stress also induces brain inflammation in mice, as exemplified by increased IBA1 expression in prefrontal cortex, amygdala and hippocampus.^{36,37} Stress-induced oligodendrocyte dysfunction, leading to reduced myelin-axon integrity and coincident with inflammation, could constitute an important cellular pathology in depression.³¹

One stressor applied in young adult mice is chronic social stress (CSS).^{38,39} Relative to controls, CSS mice exhibit depression-relevant behaviors, including reduced motivation for and learning about reward,^{40,41} increased fear learning and memory,^{42,43} reduced aversion control and increased fatigue.³⁸ As determined using BOLD fMRI, CSS mice exhibit altered resting-state functional connectivity within prefrontal cortex and between prefrontal cortex-amygdala and hippocampus-amygdala, changes that are analogous to those reported for neural networks in depression.⁴⁴ CSS also induces immune activation, including increased blood levels of pro-inflammatory cytokines and blood and brain levels of kynurenines.^{38,42}

In the present study, first, effects of CSS on transcriptome expression were investigated in tissue from ventromedial prefrontal cortex (vmPFC), amygdala basolateral complex (BLA) and central nucleus (CeA), and ventral hippocampus (vHIPP). The vmPFC mainly comprises myelinated pyramidal glutamate neurons.⁴⁵ Similar to PFC, the BLA comprises mainly myelinated principal glutamate neurons,⁴⁶ whilst the CeA comprises GABA local-circuit and projection neurons. The amygdala contains 2 white matter tracts: the lateral external capsule (EC), which conveys PFC inputs to amygdala, and the intermediate capsule (IC) which separates BLA and CeA.⁴⁶ The vHIPP comprises the cornu ammonis subfields 2 and 3, strata of which include myelinated long-range pyramidal and trilaminar glutamate neurons. We determined whether CSS impacts on expression of genes specific to neurons, astrocytes or oligodendrocytes, using differential gene expression (DGE) and cell deconvolution. CSS resulted in deregulated gene expression in each brain region; in PFC and amygdala a substantial number of oligodendrocyte genes were downregulated. In a second, iterative step we investigated for evidence of a causal contribution of downregulated oligodendrocyte gene expression to the effects of CSS by studying the mutant *Cnp1* model.³⁵ Using a 2 genotype (wildtype [WT], *Cnp1*^{+/-}) × 2 environment (control, CSS) design in young adult mice, social behavior, fear learning and memory and microglia activity were investigated. Social interaction was reduced by CSS in *Cnp1*^{+/-} mice specifically, and microglia activity was increased by *Cnp1*^{+/-} and CSS additively in amygdala gray and white matter; therefore, reduced expression of one oligodendrocyte gene increases susceptibility to CSS effects. This study adds to the growing translational evidence that stress-related

oligodendrocyte changes in cortico-limbic brain regions are relevant to depression pathophysiology.

2 | MATERIALS AND METHODS

2.1 | Animals and housing

Four experiments were conducted with C57BL/6J male mice, and a subsequent experiment was conducted with males of a *Cnp1*-mutant C57BL/6 strain established by insertion of Cre-recombinase ORF into the *Cnp1* locus.³² Mice were bred in-house (Zurich), the *Cnp1* mice using WT dams and heterozygous (*Cnp1*^{+/-}) sires (founders provided by the Max Planck Institute of Experimental Medicine, Goettingen). For each experiment, breeding pairs contributed either 1 or 2 offspring to one or both treatment groups, that is, CSS, control. Mice were weaned into littermate pairs-trios at week 3; in the *Cnp1* strain ear tissue for genotyping was taken at week 5.³² Mice were maintained in individually ventilated type 2L cages at 20°C to 22°C and 50% to 60% humidity under a reversed 12:12-hour light-dark cycle (white lights off 07:00-19:00 hours). Experimental procedures were conducted during the dark phase, at 08:00 to 16:00 hours. Food (Complete pellet Provimi, Kliba Ltd, Kaiseraugst, Switzerland) and water were available continuously. To induce CSS the resident mice were ex-breeder males of the CD-1 strain (Janvier, Saint-Berthevin, France) aged 8 months and caged singly. The study was conducted under permits (170/2012, 149/2015) for animal experimentation issued by the Veterinary Office of canton Zürich.

2.2 | Experimental design

Each of 4 experiments conducted with C57BL/6 mice used a different naive cohort (Figure S1, Supporting Information). Per experiment, mean age of CSS and control (CON) mice at study onset was 12 to 13 weeks (range 10-16 weeks). Experiments began with handling at study days -6/-4. This was followed at day -2 by a test of baseline motor activity (see section 2.8) used to counterbalance allocation of mice to CSS and CON groups. CSS and CON were conducted at days 1 to 15. In experiment 1 (CON *n* = 12, CSS *n* = 12), fresh-fixed brains were obtained at day 17 and the RNA-Seq transcriptome was measured in PFC, amygdala and HIPPO tissue; data were analyzed using DGE and cell deconvolution. In experiment 2 (CON *n* = 12, CSS *n* = 12), fresh-fixed brains were obtained again at day 17 and amygdala tissue was analyzed in RNA-Seq and DGE. Based on the findings of these experiments we focused on oligodendrocyte protein expression in amygdala in experiments 3 and 4. In experiment 3 (CON *n* = 12, CSS *n* = 10), fresh-fixed brains were obtained at day 17 and western blotting was conducted for myelin proteins MBP, proteolipid protein 1 (PLP) and CNP, and for the mature-oligodendrocyte somatic protein, carbonic anhydrase II (CA II). In experiment 4 (CON *n* = 6, CSS *n* = 6), perfused brains were obtained at day 17 and immunoperoxidase staining was conducted for CA II and immunofluorescence staining for the oligodendrocyte-precursor cell and mature-oligodendrocyte nuclear protein OLIG2. Experiment 5 was conducted with mice of the *Cnp1* strain and used a 2 genotype (WT, *Cnp1*^{+/-}) × 2 environment (control, CSS) design (WT-CON *n* = 10, WT-CSS

n = 11, *Cnp1*^{+/-}-CON *n* = 10, *Cnp1*^{+/-}-CSS *n* = 9); mean age of each group at study onset (handling, days -6/-2) was 12 to 13 weeks (range 10-15 weeks). CSS and CON were conducted at study days 1 to 15, behavioral tests of social interest and aversion learning-memory were conducted at days 16 and 17 to 19, respectively, and immunoperoxidase staining for the microglia protein IBA 1 was conducted in amygdala in brains perfused at day 27 from the same mice now aged 16 to 17 weeks on average (Figure S1).

2.3 | Chronic social stress

Mice were allocated to CSS and CON groups by counterbalancing for motor activity in experiments 1 to 4 and for body weight in experiment 5. CSS was conducted according to the resident-intruder protocol described in detail elsewhere.^{38,42,44} Briefly, on days 1 to 15 each CSS mouse was placed singly into the home cage of an unfamiliar aggressive CD-1 mouse, separated by a transparent, perforated plastic divider, for 24 hours. In C57BL/6 mice, the CSS mouse was placed in the same compartment as the CD-1 mouse for a total of 60 seconds physical attack or 10 minutes maximum. In *Cnp1* mice, a pilot study showed that they were relatively passive during attacks and the protocol was modified: maximum 60 seconds physical attack on days 1 to 4, 40 seconds on days 5 to 10, 30 seconds on days 11 to 15 or maximum 10 minutes shared compartment time on any day. After the physical attack, the CSS mouse remained in the same compartment and the CD-1 mouse was transferred to the opposite compartment. The CSS × CD-1 mouse pairings were rotated so that each CSS mouse was confronted with a novel CD-1 mouse each day. In all experiments, to prevent bite wounds the lower incisors of CD-1 mice were trimmed every third day. From day 15, each CSS mouse remained in the same divided cage with the same CD-1 mouse without further attacks. Control mice remained in littermate pairs, the standard social condition in our laboratory, and were handled daily.

2.4 | Region-of-interest RNA-Seq transcriptomics and DGE

In experiment 1, brains were fresh frozen at day 17 and stored at -80°C. The regions of interest (ROIs) were: vmPFC focusing on infralimbic cortex and also including ventral prelimbic cortex and medial forceps minor of corpus callosum (Figure S2A); basolateral nucleus of amygdala (BLA) also including EC and IC and some central nucleus (Figure S2B) and vHIPPO (Figure S2C). Coronal sections (1 mm) and region-specific tissue samples were obtained as described elsewhere.³⁸ Briefly, tissue (\emptyset = 1 mm) was microdissected from each hemisphere: 1× vmPFC at bregma 2.1 to 1.2 ± 0.2 mm, 1× BLA at bregma -0.7 to -1.7 ± 0.3 mm and 2× vHIPPO at bregma -2.8 to -3.9 ± 0.3 mm.⁴⁷ In experiment 2, the ROI in day 17 tissue was central nucleus of amygdala (CeA) also including IC (Figure S2D). Tissue (1× \emptyset = 0.5 mm) was microdissected from each hemisphere of a 1 mm coronal section at bregma -0.9 to -1.9 ± 0.3 mm. Bilateral biopsies were pooled, and stored at -80°C in experiment 1 and placed overnight in 10× RNAlater (Ambion, Zug, Switzerland) at 4°C and stored at -80°C in experiment 2. Total RNA was extracted using RNeasy Micro Kit (Qiagen, Hombrechtikon, Switzerland) in

experiment 1 and MagMax Total RNA Isolation Kit (Ambion) in experiment 2. The TrueSeq RNA Sample Preparation Kit (Illumina, Munich, Germany) was used to prepare mRNA libraries, and each was normalized to 2 nM mRNA. Libraries were sequenced using the Illumina HiSeq2000 Sequencer (San Diego, CA, USA). Read mapping of 52 bp one direction reads to the mouse reference genome was conducted with STAR Aligner (<http://code.google.com/p/rna-star/>).⁴⁸ Transcripts were assembled and gene expression quantified using Cuffdiff2 (Cufflinks version 2.2.0 (<http://cole-trapnell-lab.github.io/cufflinks/releases/v2.2.0/>)⁴⁹). The criteria used for DGE between CSS and CON mice were: $q < 0.05$, mean fold change >1.30 , mean reads per kilo-base per million mapped reads (RPKM) ≥ 5 in CON mice. For differentially expressed genes, the cell type of origin was identified using gene lists for enriched expression in astrocytes, neurons or oligodendrocytes available for mouse forebrain.⁵⁰

2.5 | Gene expression deconvolution

Gene expression deconvolution (GED) provides an estimate of the proportional contribution of a cell type to a heterogeneous sample (eg, tissue) based on transcriptome data.⁵¹ Using the RNA-Seq data obtained for vmPFC, amygdala and vHIPP in experiment 1, the GED digital sorting algorithm (DSA)⁵² was applied to estimate relative proportions of neurons, astrocytes and oligodendrocytes. The DSA uses mean expression levels of cell-type-specific genes to estimate the proportional contribution of each cell type. The genes used were those reported for astrocytes, neurons or oligodendrocytes in forebrain tissue of adult mouse.⁵⁰ For each ROI, from each enriched gene list per cell type, the 25 most enriched genes were ranked according to their mean expression in all mice. To ensure that the selected genes within each cell type had similar mean expression levels—an assumption of DSA—the 5 highest expressed genes were excluded and genes ranked 6 to 15 were used for DSA analysis. The cell proportion estimates obtained were compared in CSS and CON mice using unpaired *t* tests. To assess the specificity of DSA allocation of marker genes to the appropriate cell type, the basismarkermap function of CellMix was used.⁵¹

2.6 | Western blotting for oligodendrocyte proteins

In experiment 3, brains were obtained at day 17, saline rinsed, frozen on dry ice and stored at -80°C , prior to western blotting of amygdala oligodendrocyte-myelin proteins: MBP, PLP and CNP, transcripts of which were reduced in CSS mice, and CA II, a somatic marker of mature oligodendrocytes.^{53,54} From a coronal section at bregma -0.8 to -1.8 mm, amygdala tissue ($\emptyset = 1$ mm) comprising BLA, CeA, EC and IC was microdissected bilaterally (as in experiment 1, Figure S2B). Tissue was suspended in 80 μL ice-cold lysis buffer (50 mM Tris-HCl pH 8.0, 150 mM NaCl, 1% Triton-X-100, 0.1% SDS, 0.5% sodium deoxycholate), ground briefly and sonicated on ice for 10 seconds. The lysate was centrifuged (15 000g, 4°C , 10 minutes) and supernatant transferred to a Protein LoBind tube (Eppendorf, Schönenbuch, Switzerland). Total protein concentration was determined with a bicinchoninic acid (BCA) Protein Assay Kit (Pierce, Thermo Scientific, Reinach, Switzerland). For each protein, 10 μg total protein was denatured in 1 \times Laemmli Buffer, 0.05 M dithiothreitol, dH₂O, at 40°C for

10 minutes, and loaded onto a 12% SDS-polyacrylamide gel (Bio-Rad, Cressier, Switzerland). Protein separation was performed at 200 V for 45 minutes, and separated proteins were transferred to nitrocellulose membranes using Trans-Blot Turbo (Bio-Rad) at 1.3 A/25 V for 7 minutes at RT. Membranes were washed 2 \times in PBS-T (1 \times PBS, 0.1% Tween-20) with shaking at RT for 5 minutes, and incubated for 1 hour in blocking buffer (5% nonfat milk powder in PBS-T). Membranes were rinsed 2 \times 5 minutes in PBS-T, incubated with primary antibody at 4°C overnight, and rinsed in PBS-T for 2 \times 5 minutes. Membranes were then incubated with secondary antibody for 1 hour at RT. For MBP, primary antibody was rat anti-bovine MBP (1:500; AbD Serotec, Puchheim, Germany) and secondary antibody was goat ECL anti-rat IgG, HRP-linked (1:2000; Amersham, Amersham, UK). For PLP, primary antibody was mouse anti-bovine PLP (1:800; AbD Serotec) and secondary was sheep ECL anti-mouse IgG, HRP-linked (1:2000; Amersham). For CNP, primary antibody was mouse anti-human CNP (1:500; Sigma, Buchs, Switzerland) and secondary was goat anti-mouse IgG, HRP-linked (1:10 000; abcam, Cambridge, UK). For CA II, primary antibody was rabbit anti-rat CA II (1:2000; References^{53,54}) and secondary was donkey anti-rabbit IgG, HRP-linked (1:1000; GE Healthcare, Glattbrugg, Switzerland). As loading control, a monoclonal HRP-linked actin- β antibody (1:100 000; Sigma) was used, run as a separate blot in the case of CNP due to similar protein sizes. After washing membranes 2 \times in PBS-T, signal detection was performed with Clarity Western ECL Substrate (Bio-Rad). Band optical densities were measured using ImageJ software (<https://imagej.nih.gov/>), version 2, NIH, Bethesda, MD, USA) and normalized relative to the band for actin- β . For MBP, the bands for the 17 and 21.5 kDa isoforms were relatively faint, and density calculations were made using the bands for the 14 and 18.5 kDa isoforms, therefore; these relative isoform intensities were consistent with the 17, 21.5 kDa and 14, 18.5 kDa isoforms being more highly expressed by developing and mature oligodendrocytes, respectively.⁵⁵

2.7 | Immunohistochemistry for CA II and oligodendrocyte transcription factor 2

In experiment 4, at day 17 mice were anesthetized with pentobarbital and perfused transcardially with PBS followed by 4% paraformaldehyde (PFA). Brains were postfixed overnight in PFA, cryoprotected in 30% sucrose/PBS for 48 hours, frozen on dry ice and stored at -80°C . Coronal sections were cut at 25 μm , collected into microtitre well plates and stored in antifreeze solution (glucose, ethylene glycol, sodium phosphate buffer, sodium azide) at -20°C .

Immunoperoxidase staining for CA II was carried out on BLA sensu stricto (BLA in Figure S2B) in 2 sections at bregma -1.22 to -1.34 mm. Free-floating sections were washed 2 \times in PBS for 5 minutes and quenched for 15 minutes in 3% H₂O₂. After washing in TBS+ (TBS 2 \times , 0.05% Triton) sections were placed in blocking solution (10% horse serum, 0.3% Triton, TBS 2 \times) for 1 hour. Sections were then incubated with anti-CA II (1:1000; as for western blot) overnight at 4°C . Sections were washed 2 \times 10 minutes in TBS+ and incubated with goat anti-rabbit IgG (1:500; Millipore, Zug, Switzerland) for 1 hour at RT. After 2 \times 10 minutes TBS washing, sections were incubated for 30 minutes with 1% avidin-biotin peroxidase complex (Vectastain ABC kit, Vector, Sion, Switzerland) at RT, and staining visualized with diaminobenzidine

(DAB). Sections were mounted on glass slides, dried overnight and dehydrated in ethanol and xylene. Bilateral BLA images were acquired using a brightfield microscope (Axio Observer.Z1, Zeiss, Feldbach, Switzerland) at $\times 20$ magnification. Image analysis was conducted using ImageJ and an Excel macro (Microsoft, Redmond, WA, USA), with the functions thresholding, background subtraction and particle analysis. The number of CA II-positive (CA II⁺) cells per BLA and %BLA area stained CA II⁺, were calculated.

Immunofluorescence staining for oligodendrocyte transcription factor 2 (OLIG2) on BLA sensu stricto was conducted as a marker for total oligodendrocyte lineage cells including oligodendrocyte precursor cells (OPCs) and mature cells.⁵⁶ One section at bregma -1.22 was used. Free-floating sections were washed $1\times$ in TBS+ for 10 minutes, placed in blocking solution (2% donkey serum, 0.2% Triton, TBS) for 1 hour, and incubated with goat anti-human OLIG2 (1:500; R&D Systems, Zug, Switzerland) for 72 hours at 4°C . After washing for 3×10 minutes in TBS+, sections were incubated with donkey anti-goat IgG Alexa Fluor 647 (1:500; Invitrogen, Zug, Switzerland) for 30 minutes. Sections were washed 3×10 minutes in TBS+ and mounted on glass slides using $1\times$ PBS:dH₂O (1:1), and dried in a covered container prior to cover-slipping using aqueous mounting medium with DAPI (Fluoroshield, Sigma) and drying overnight. Using a confocal laser scanning microscope (SP8, Leica, Zurich, Switzerland) equipped with a $\times 20$ objective, Z-stack images were acquired for BLA bilaterally. ImageJ software was used to analyze the maximum intensity projections of confocal z-stacks, and number of OLIG2⁺ cells was counted using the analyze particles function. Parameters for intensity threshold, size exclusion and particle circularity were kept constant for all images.

2.8 | Behavioral testing

2.8.1 | Motor activity test

In experiments 1 to 4, using a fully automated apparatus based on infrared light sensors for movement detection (MultiConditioning System, TSE Systems, Bad Homburg, Germany^{57,58}), mice were placed in an arena for a 15-minute motor activity test. Scores were used to counterbalance the allocation of mice to CSS and CON groups.

2.8.2 | Social approach test

In experiment 5, a social approach test was conducted on day 16 using a published protocol⁵⁹ with an additional final stage. Briefly, the apparatus consisted of a transparent Plexiglas arena of 62.5 (L) \times 41.5 (D) \times 22 (H) cm, divided into 3 chambers of equal size, with transfer between chambers possible through openings (10 [D] \times 5 [H] cm) in the dividing walls; openings could be closed by manual doors. Metal wire cups placed upside down (lower $\emptyset = 10.5 \times H = 11$ cm), one per outer chamber, were used to hold target mice. The test was run at 6 to 8 lx in a reversed light cycle room adjacent to the holding room, to which mice were transferred on the evening prior to testing. Testing was conducted at 08:00 to 14:00 hours. Behavior was viewed remotely using a VideoMot2 system (TSE Systems) and scored semiautomatically at 1-second intervals using an Excel macro. The test comprised 4 10-minute phases. *Habituation to center chamber*: Doors closed and mouse placed in center chamber. *Habituation to all chambers*: Mouse starts in center, all chambers empty and doors opened;

behavior scored as time spent in middle, right or left chamber and chamber transitions. *Test of male vs object*: Mouse starts in center, one chamber contains inverted metal cup housing an unfamiliar male and the other chamber contains an identical inverted empty metal cup (object), doors opened; behavior scored as time spent in each chamber, time spent investigating male or object. *Test of female vs male*: Same conditions as previous stage, but with an unfamiliar estrous female housed under one cup and an unfamiliar male under the other cup. Behaviors scored and measures used were as for the previous stage. The right-left locations of empty cup, unfamiliar male/cup and unfamiliar female/cup were counter-balanced across mice/groups.

2.8.3 | Aversion learning and memory test

The same mice were tested in an aversion learning and memory paradigm, conducted as described elsewhere.⁶⁰ Briefly, an arena was placed on an electrified grid floor. Infrared light-beam sensors allowed for measurement of movement and its absence. The arena was placed in an attenuation chamber with light at 8 lx. An electroshock of 2-second duration and 0.2 mA current constituted the aversive unconditioned stimulus (US). The discrete conditioned stimulus (CS) consisted of a tone (6.5 kHz, 85 dB) presented for 20 seconds with the final 2 seconds contiguous with the US. The paradigm comprised 3 stages: *Stage 1 (day 17), motor activity and baseline freezing*: mice were placed in the arena (context) for 15 minutes without CS or US. *Stage 2 (day 18), conditioning*: mice were placed in the same context; following 300 seconds adaptation, mice were exposed to 6 CS-US pairings with an intertrial interval (ITI) of 120 seconds. *Stage 3 (day 19), memory expression*: mice were placed in the same context as stages 1 and 2. For the context expression test, mice were exposed to context without CS or US for 12×60 seconds. For the CS expression test, mice were exposed to 12×30 seconds CS separated by ITIs of 90 seconds. Freezing, defined as no detectable movement for at least 2 seconds, was calculated as % time; for analysis, mean % time spent freezing was calculated for pairs of consecutive trials. Due to technical problems reliable data could not be obtained for 2 mice and they were excluded from the data analysis.

2.9 | Immunoperoxidase staining for IBA1

In experiment 5, some of the same mice studied in behavioral tests ($n = 6$ per group, selected at random) were transcardially perfused on day 27 for immunoperoxidase staining of IBA1. The methodology was similar to that described for CA II, with rabbit anti-mouse IBA1 primary antibody (1:1000; Wako, Neuss, Germany) and staining visualized with DAB-Nickel.⁶¹ One section at bregma -1.22 mm was used for BLA sensu stricto and EC, and one section at bregma 0.74 mm for corpus callosum. In addition, one section per mouse was stained for CA II in amygdala gray matter (BLA and CeA) to assess for compensatory effects of *Cnp* heterozygosity.

2.10 | Statistical analysis

Statistical analysis of behavior and immunohistochemistry data was conducted using SPSS (version 19, SPSS Inc., Chicago, IL, USA). Analysis of variance was conducted with between-subject factors of environment (CON, CSS) and genotype (WT, *Cnp1*^{+/-}), and a within-

subject factor of trial for aversion learning-memory analysis. In the case of significant main or interaction effects, post hoc testing was conducted using the least significant difference test. Statistical significance was set at $P < .05$. Data are presented as mean \pm SD.

3 | RESULTS

3.1 | CSS reduces oligodendrocyte gene expression in prefrontal cortex and amygdala

We studied CSS effects on the RNA-Seq transcriptome at day 17 for vmPFC, BLA and vHIP (experiment 1) and CeA (experiment 2). For vmPFC (Figure S2A), in total 47 genes met DGE criteria: 10 genes were upregulated and 37 were downregulated in CSS mice; 0 of the upregulated and 20 of the downregulated genes were oligodendrocyte-enriched (Table 1) according to a cell-type transcriptome database for mouse forebrain tissue.⁵⁰ For BLA (Figure S2B), in total 124 genes met the DGE criteria: 34 genes were upregulated and 90 were downregulated in CSS mice; 0 of the upregulated and 12 of the downregulated genes were oligodendrocyte-enriched (Table 2). In vHIP (Figure S2C), in total 136 genes met the DGE criteria: 54 genes were upregulated and 82 were downregulated in CSS

TABLE 1 Oligodendrocyte genes exhibiting differential gene expression in CSS and control mice in vmPFC tissue

vmPFC (IL + PrL + CC), CON $n = 12$, CSS $n = 12$				
Gene	RPKM CON	RPKM CSS	Fold change	q-value
<i>Opalin</i>	8	5	1.54↓	0.01
<i>Mal</i>	91	61	1.49↓	0.02
<i>Mobp</i>	254	172	1.48↓	0.03
<i>Aspa</i>	10	7	1.44↓	0.03
<i>Bcas1</i>	50	35	1.42↓	0.02
<i>Gjc2</i>	7	5	1.42↓	0.02
<i>Mag</i>	50	36	1.39↓	0.02
<i>Gm98</i>	10	7	1.38↓	0.02
<i>Ttyh2</i>	9	7	1.36↓	0.02
<i>Tmem88b</i>	16	12	1.36↓	0.02
<i>Gjc3</i>	12	9	1.35↓	0.02
<i>Cldn11</i>	71	53	1.34↓	0.02
<i>Mog</i>	30	22	1.34↓	0.03
<i>Plxnb3</i>	5	3	1.34↓	0.03
<i>Gpr37</i>	16	12	1.34↓	0.02
<i>Fa2h</i>	26	12	1.33↓	0.02
<i>Gatm</i>	42	32	1.33↓	0.02
<i>Tspan2</i>	37	28	1.31↓	0.02
<i>Pllp</i>	19	14	1.30↓	0.02
<i>Sox10</i>	17	13	1.30↓	0.02
<i>Car2</i>	81	63	1.27↓	0.02
<i>Cnp1</i>	117	86	1.37↓	0.55

Abbreviations: IL, infralimbic cortex; PrL, prelimbic cortex, CC, corpus callosum. Candidate genes were derived from 80 oligodendrocyte-specific genes according to Cahoy et al.⁵⁰ Genes were then included if (1) $q < 0.05$, (2) control RPKM > 5 and (3) fold change > 1.3 . *Cnp1* values are given because experiment 5 was conducted with a *Cnp1* transgenic strain. *Car2* values are given because CA II expression was studied in experiments 3 to 5.

TABLE 2 Oligodendrocyte genes exhibiting differential gene expression in CSS and control mice in amygdala tissue

Gene	RPKM CON	RPKM CSS	Fold change	q-value
BLA (BLA + EC + IC + CeA), CON $n = 12$, CSS $n = 12$				
<i>Opalin</i>	6	4	1.60↓	0.003
<i>Mal</i>	66	45	1.44↓	0.003
<i>Mobp</i>	182	127	1.43↓	0.003
<i>Mag</i>	36	26	1.38↓	0.003
<i>Tmem88b</i>	12	9	1.36↓	0.003
<i>Mbp</i>	756	558	1.35↓	0.003
<i>Cldn11</i>	51	38	1.33↓	0.003
<i>Bcas1</i>	37	28	1.31↓	0.003
<i>Pllp</i>	16	12	1.30↓	0.003
<i>Trf</i>	70	52	1.34↓	0.007
<i>Plp1</i>	378	288	1.31↓	0.009
<i>Cnp1</i>	92	70	1.33↓	0.02
<i>Car2</i>	84	82	1.00	0.99
CeA (CeA + IC), CON $n = 12$, CSS $n = 12$				
<i>Cldn11</i>	134	88	1.53↓	0.01
<i>Mog</i>	67	44	1.52↓	0.01
<i>Opalin</i>	17	11	1.52↓	0.01
<i>Anln</i>	16	10	1.50↓	0.01
<i>Mbp</i>	1558	1046	1.49↓	0.01
<i>Gjb1</i>	11	7	1.49↓	0.02
<i>Plekhh1</i>	10	7	1.48↓	0.01
<i>Mal</i>	153	103	1.48↓	0.01
<i>Mag</i>	65	44	1.47↓	0.01
<i>Mobp</i>	499	341	1.46↓	0.01
<i>Aspa</i>	23	16	1.46↓	0.01
<i>Ermn</i>	43	30	1.45↓	0.01
<i>Tmem88b</i>	37	25	1.44↓	0.01
<i>Adamts4</i>	6	4	1.43↓	0.01
<i>Bcas1</i>	97	67	1.42↓	0.01
<i>Pllp</i>	27	19	1.40↓	0.01
<i>Pmp22</i>	16	11	1.40↓	0.01
<i>Gjc3</i>	25	18	1.40↓	0.01
<i>Tspan2</i>	64	46	1.39↓	0.01
<i>Sept4</i>	211	154	1.37↓	0.01
<i>Gatm</i>	78	57	1.37↓	0.01
<i>Ugt8a</i>	33	24	1.36↓	0.01
<i>Fa2h</i>	28	21	1.36↓	0.01
<i>Gm98</i>	15	11	1.36↓	0.01
<i>Gpr37</i>	23	17	1.36↓	0.01
<i>Lgi3</i>	27	20	1.33↓	0.01
<i>Car2</i>	182	162	1.12↓	0.07
<i>Cnp1</i>	182	131	1.39↓	0.1

Abbreviations: BLA, basolateral amygdala; CeA, central nucleus of amygdala. Candidate genes were derived from 80 oligodendrocyte-specific genes according to Cahoy et al.⁵⁰ (Table S5). Genes were then included if (1) $q < 0.05$, (2) control RPKM > 5 and (3) fold change > 1.3 . Experiment 1, genes $n = 12$; experiment 2, genes $n = 26$. *Cnp1* values are given for experiment 2 because experiment 5 was conducted with a *Cnp1* transgenic strain. *Car2* values are given because CA II expression was studied in experiments 3 to 5.

mice; 0 of these genes were oligodendrocyte-enriched. For CeA (Figure S2D), in total 68 genes met the DGE criteria: 23 genes were upregulated and 45 were downregulated in CSS mice; 0 of the upregulated and 26 of the downregulated genes were oligodendrocyte-enriched (Table 2).

Using the RNA-Seq data from experiment 1, GED, specifically the DSA, was applied to estimate the proportions of astrocytes, neurons and oligodendrocytes in each ROI for CON and CSS mice. The gene lists obtained for ROI \times cell-type, together with mean gene expression values, are given in Table S1. For each cell type, gene lists were similar across the 3 ROIs—at least 7 of 10 genes were the same. The 5 genes with the highest expression per cell type were excluded for DSA analysis. For vmPFC and BLA, the genes excluded for oligodendrocytes, for example, *Mobp*, *Mal*, *Mbp*, were expressed differentially in CSS and CON mice (Table 2); therefore, there was some independence between DGE and DSA analyses. As given in Table 3, for vmPFC and vHIPP there was no CSS effect on cell proportions. The mean proportion of oligodendrocytes was higher in BLA than in vmPFC and vHIPP. For BLA, the proportion of oligodendrocytes was lower in CSS than CON mice ($t(22) = -3.00$, $P < .007$), the proportion of neurons was higher ($t(22) = 2.08$, $P < .05$) and there was no group effect on proportion of astrocytes ($P = .91$). Indeed, each of the 10 oligodendrocyte genes used for DSA analysis (Table S1) had a lower BLA mean expression in CSS than CON mice (data not shown). As a validation step to assess the specificity of DSA assignment of marker genes to their cell type, the basismarkemap function of CellMix was applied⁵¹: assignment was most accurate for vmPFC, with 10 of 10 oligodendrocyte genes, 9 of 10 astrocyte genes and 8 of 10 neuron genes being correctly assigned. For BLA, again all oligodendrocyte genes were correctly assigned but only 6 of 10 astrocyte genes and 4 of 10 neuron genes (Figure S3), and the situation was similar for vHIPP. This indicates that the marker gene lists derived

TABLE 3 Region of interest cell-type percentages estimated using the DSA

	CON (n = 12)	CSS (n = 12)	t test (P value)
vmPFC (IL + PrL + CC)			
Astrocytes	12.57 \pm 2.93	12.49 \pm 3.28	.95
Neurons	83.80 \pm 6.14	84.75 \pm 4.87	.67
Oligodendrocytes	3.63 \pm 3.74	2.76 \pm 1.83	.47
BLA (BLA + EC + IC + CeA)			
Astrocytes	22.55 \pm 2.09	22.45 \pm 2.41	.91
Neurons	65.77 \pm 2.94	68.27 \pm 3.18	<.05
Oligodendrocytes	11.68 \pm 2.30	9.28 \pm 1.67	<.007
vHIPP (CA2 + CA3)			
Astrocytes	31.88 \pm 5.26	34.20 \pm 3.91	.22
Neurons	62.10 \pm 4.18	60.24 \pm 3.20	.22
Oligodendrocytes	6.02 \pm 2.03	5.56 \pm 2.06	.57

Abbreviations: IL, infralimbic cortex; PrL, prelimbic cortex; CC, corpus callosum; BLA, basolateral amygdala; CeA, central nucleus of amygdala; CA2, cornu ammonis 2; CA3, cornu ammonis 3. Values are mean \pm SD. Genes used for DSA are given in Table S1, and were derived from the RNA-Seq expression data obtained in experiment 1 and the cell-type-specific enriched gene listed for mouse forebrain.⁵⁰

from forebrain tissue⁵⁰ were particularly accurate for vmPFC and less so for BLA and vHIPP.

Therefore, integration of RNA-Seq DGE data with a cell-type transcriptome database identified that a high number of oligodendrocyte genes were downregulated by CSS in vmPFC, BLA and CeA tissue comprising gray and white matter. Using these vmPFC and BLA data for computational deconvolution identified a reduced contribution of oligodendrocytes to the BLA cell population in CSS mice.

3.2 | No evidence for reduced myelin protein in gray-white matter or oligodendrocyte number in gray matter in amygdala of CSS mice

Based on the oligodendrocyte transcriptome findings for the BLA, we conducted western blotting for MBP, PLP and CNP, BLA transcripts of which were downregulated in CSS mice, and for the mature oligodendrocyte marker CA II, the BLA transcript of which was not impacted by CSS. Brains were again collected at day 17 (experiment 3) and amygdala tissue biopsies comprised BLA, CeA, EC and IC (Figure S2A). CSS was without effect on protein levels of MBP (Figure 1A), PLP (Figure 1B), CNP (Figure 1C) and CA II (Figure 1D). In perfused brains collected at day 17 (experiment 4), CSS effects on mature oligodendrocyte number in gray matter of BLA and CeA were studied using CA II immunostaining. For BLA and CeA there was no CSS effect on CA II⁺ cell number (Figures 1E,F and S4A,B) or % area stained CA II⁺ (Figures 1G and S4C). A CSS effect on the total number of oligodendrocyte lineage cells in BLA gray matter was studied using OLIG2 immunofluorescence. The number of BLA OLIG2⁺ cells was similar in CON mice (270 \pm 65) and CSS mice (237 \pm 85) ($P = .44$; Figure S5). Taken together with the lack of CSS effect on CA II⁺ cells, this indicates that the generation rate of mature oligodendrocytes in BLA gray matter was unaffected by CSS.

Therefore, whilst the transcription of genes encoding MBP, PLP and CNP was reduced in BLA tissue from CSS mice, quantification of these proteins in the same gray and white matter ROI from a separate cohort did not identify a corresponding CSS effect on protein expression. Furthermore, CA II and OLIG2 did not provide evidence for a CSS effect on oligodendrocyte number and maturation in the gray matter of BLA and CeA.

3.3 | *Cnp1* heterozygosity influences CSS effects on emotion and microglia activation

While the methods deployed did not yield evidence for reduced translation of specific oligodendrocyte transcripts in amygdala of CSS mice, the evidence for CSS inhibition of oligodendrocyte transcription was substantial for vmPFC and amygdala. In experiment 5, we used an approach complementary to that of experiments 1 and 2 and investigated for a causal contribution of reduced oligodendrocyte gene expression to the effects of CSS on brain and behavior. For this we used heterozygous *Cnp1* mice: *Cnp1* was one of the oligodendrocyte genes downregulated in the BLA in CSS mice, and when exposed to the stressor of aging *Cnp1*^{+/-} mice exhibit “catatonia-depression syndrome” and brain inflammation.³⁵ In young adults, a 2 genotype (WT, *Cnp1*^{+/-}) \times 2 environment (control, CSS) design was

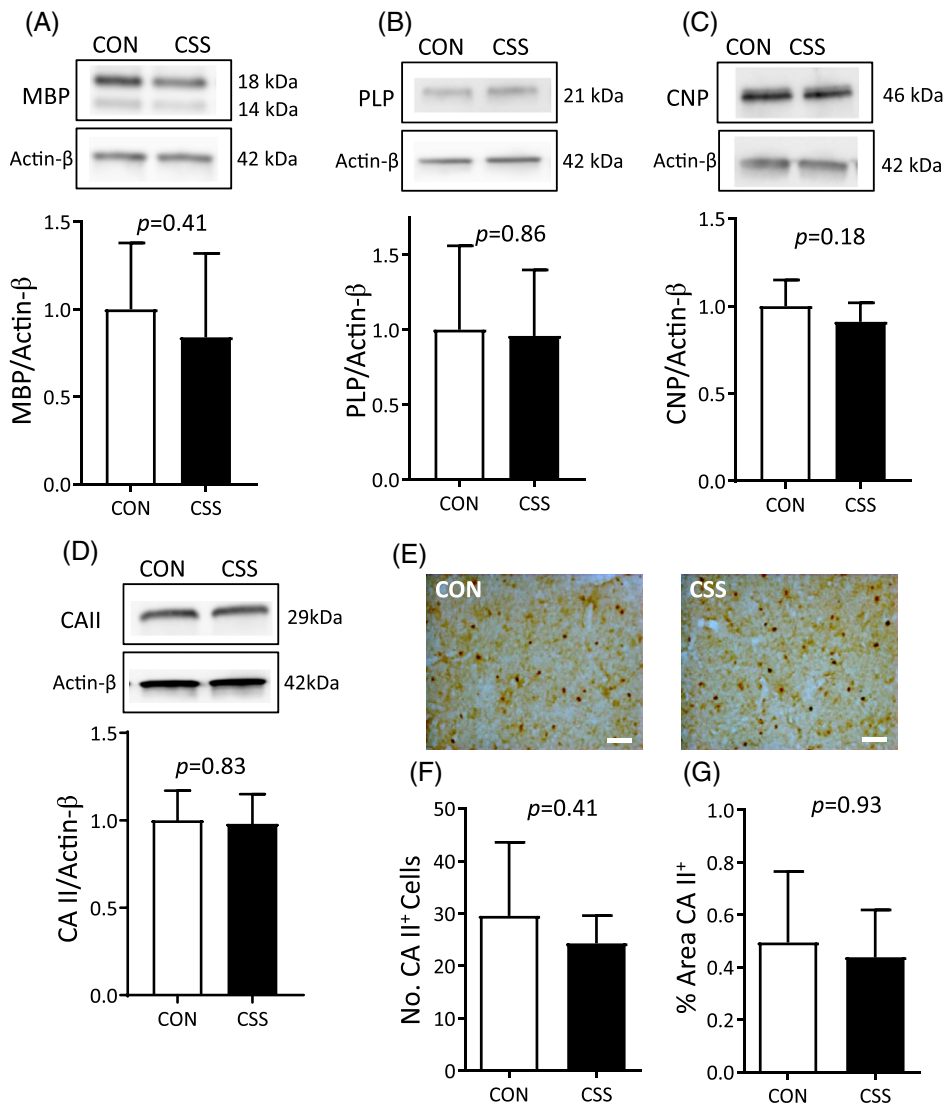


FIGURE 1 Western blot and immunohistochemistry findings for oligodendrocyte proteins in basolateral amygdala of CSS and CON C57BL/6 mice at day 17 (experiments 3 and 4). (A-D) Western blot analysis of target proteins normalized to actin- β in BLA gray and white matter. Values of CSS (N = 10) and CON (N = 12) mice are calculated relative to the mean value of CON mice (set to 1.0) and error bars are SD: (A) myelin basic protein; the graph depicts relative MBP densities calculated using the 18 kDa isoform, and there was a similar absence of CSS effect using the 14 kDa isoform. (B) Proteolipid protein (myelin) 1. (C) Cyclic nucleotide phosphodiesterase. (D) Carbonic anhydrase II. (E-G) Immunoperoxidase staining for CA II in BLA gray matter at day 17. CON (N = 6) and CSS (N = 6) values are mean + SD; (E) representative photomicrographs from CON and CSS mice. Scale bar = 50 μ m. (F) Total number of CA II⁺ cells. (G) Percent area covered by CA II⁺ positive staining. All P values were obtained in unpaired t tests

used to investigate effects on emotional behavior and brain inflammation.

The social approach test was conducted at day 16. In the male vs object test, mice spent $90\% \pm 4\%$ total time in the stimulus chambers with main effects of genotype ($P < .007$) and environment ($P < .04$): $Cnp1^{+/-}$ mice spent less time in stimulus chambers than WT mice, and CSS mice spent less time there than CON mice. The ratio time in male chamber/total chamber time was 0.68 ± 0.15 (mean \pm SD) and this preference for the male chamber did not differ between groups. For total investigation time (overall mean 314 ± 78 seconds) there was a main effect of genotype ($P = .05$), with $Cnp1^{+/-}$ mice investigating less than WT mice. For the ratio male investigation/total investigation there was a main effect of genotype ($P < .02$) and a borderline interaction effect with environment ($P = .06$) (Figure 2A): while all groups investigated the male more than the empty cup, $Cnp1^{+/-}$ -CSS mice had a lower male investigation ratio than $Cnp1^{+/-}$ -CON mice as well as WT-CON and WT-CSS mice. In the female vs male test, mice spent $90\% \pm 6\%$ total time in the stimulus chambers without genotype or environment effect. The ratio time in female chamber/total chamber time was 0.72 ± 0.13 and there was an interaction effect (Figure 2B): within $Cnp1^{+/-}$ mice, CSS mice had a lower preference for the female chamber than CON mice, while $Cnp1^{+/-}$ -

CON mice also had a higher female preference than WT-CON mice. Underlying these ratio effects, for time in female chamber (overall mean 390 ± 72 seconds) there was an interaction effect ($P < .009$) with $Cnp1^{+/-}$ -CSS mice less in the female chamber than $Cnp1^{+/-}$ -CON mice ($P < .03$); for time in male chamber (153 ± 70 seconds) there was also an interaction effect ($P < .03$), with $Cnp1^{+/-}$ -CSS mice more in the male chamber than $Cnp1^{+/-}$ -CON mice ($P < .05$). For total investigation time there was an interaction effect (Figure 2C) with $Cnp1^{+/-}$ -CSS mice investigating less than $Cnp1^{+/-}$ -CON mice. For female investigation time there was also an interaction effect (Figure 2D) with $Cnp1^{+/-}$ -CSS mice investigating the female less than $Cnp1^{+/-}$ -CON mice, and also WT-CON mice investigating the female less than $Cnp1^{+/-}$ -CON mice. The ratio female investigation/total investigation was 0.79 ± 0.11 and there was no effect of genotype or environment on this female preference.

On day 17, the same mice were placed in a novel arena (context) to assess baseline motor activity and freezing. For total activity there was a main effect of environment ($P < .0001$) with CSS mice less active than CON mice. For % time spent freezing there was a main effect of genotype ($P < .05$) with $Cnp1^{+/-}$ mice ($6\% \pm 6\%$) freezing less than WT mice ($10\% \pm 6\%$). On day 18, mice were returned to the context for tone-shock conditioning (Figure 3A): conditioning was

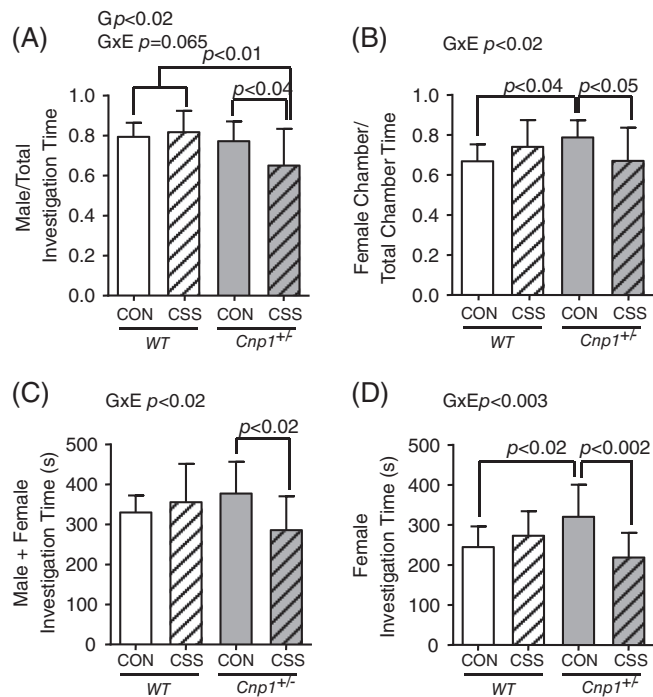


FIGURE 2 Genotype (WT, *Cnp1*^{+/-}) × environment (CON, CSS) effects on behavior in a 3-chamber social approach test at day 16 in *Cnp1*-mutant mice on a C57BL/6 background (experiment 5). A, Proportion of total investigation time spent with the male in the male vs object phase. B, Proportion of total chamber time spent in the estrous female chamber in the female vs male phase. C, Total investigation time in the female vs male phase. D, Female investigation time in the female vs male phase. Values are mean + SD, WT-CON *N* = 10, WT-CSS *N* = 11, *Cnp1*^{+/-}-CON *N* = 10, *Cnp1*^{+/-}-CSS *N* = 9. *P* values are for 2 × 2 full-factorial ANOVA and the least significant difference test for post hoc pairwise comparisons

indicated by acquisition of freezing across CS-US trials. There was a main effect of environment with CSS mice freezing more than CON mice. Motor activity during shock provided a measure of pain sensitivity; there was no effect of genotype or environment (*P* ≥ .10). On day 19, mice were returned to the context, first without CS or US to test context-aversion memory (Figure 3B): CSS mice exhibited higher freezing than CON mice and there was also a genotype × time interaction reflecting a more rapid decline in context memory (faster extinction) in *Cnp1*^{+/-}-CON mice. This was followed by a CS-aversion memory test (Figure 3C): there was an environment × trial interaction and a main effect of environment, with CSS mice exhibiting more freezing and a slower decline in freezing (less extinction) than CON mice. This CSS effect was most pronounced in *Cnp1*^{+/-} mice; a borderline genotype main effect reflected reduced CS memory in *Cnp1*^{+/-}-CON mice specifically. For intervals between CS presentations (Figure 3D) there was a main effect of environment with CSS mice freezing more than CON mice, and a main effect of genotype with *Cnp1*^{+/-} mice freezing less than WT mice.

Eight days after completion of behavioral testing, in a randomly selected subset of mice (*N* = 6 per group), expression of the microglia marker IBA1 was assessed in BLA gray matter, EC and corpus callosum, with an increase in IBA1 positive area interpreted as microglia

activation. In BLA (Figure 4A-C) there was a main effect of genotype with higher % IBA1⁺ area in *Cnp1*^{+/-} compared with WT mice, and a borderline main effect of environment with higher % IBA1⁺ area in CSS than CON mice. In EC (Figure 4D) there was a main effect of environment with higher % IBA1⁺ area in CSS than CON mice; this was particularly the case in *Cnp1*^{+/-}-CSS mice. In corpus callosum (Figure 4E) there was no effect of either genotype or environment. Finally, to test for compensatory upregulation of oligodendrocyte proteins in *Cnp1*^{+/-} mice, CA II staining was conducted for amygdala gray matter. Indeed, compared with WT, *Cnp1*^{+/-} mice had more CA II⁺ cells in BLA (genotype main effect: *P* < .0001; Figure S6A-E) and CeA (*P* = .05; Figure S6F-K). There was no effect of CSS on AMYG CA II in this strain (Figure S6E,K), in line with C57BL/6 mice (Figure 1E-G).

4 | DISCUSSION

CSS leads to reduced reward-directed behavior,^{40,41} increased aversion learning, helplessness and fatigue,^{38,42,43} increased fMRI resting-state functional connectivity within PFC and between PFC and amygdala,⁴⁴ increased amygdala inositol levels⁴⁴ and increased immune/inflammatory activation in periphery and amygdala and PFC.^{38,41,42} Utilizing this depression-relevant model, the present study shows that CSS in mice leads to reduced expression of a number of oligodendrocyte genes in PFC and amygdala tissue comprising gray and white matter. Furthermore, mice heterozygous for *Cnp1*, one such oligodendrocyte gene, are more sensitive to CSS in terms of reduced social interaction, whilst *Cnp1*^{+/-} and CSS act additively to increase amygdala microglia activation. This study adds to the small number of rodent studies reporting stress-induced changes in oligodendrocytes and complements this with the evidence that oligodendrocyte genotype influences stress effects on depression-relevant brain-behavior states. It also provides back-translational evidence that cortico-limbic oligodendrocyte changes observed in human depression are of pathophysiological relevance.

4.1 | CSS reduces oligodendrocyte gene expression in gray and white matter tissue from PFC and amygdala

Using hypothesis-free RNA-Seq we investigated CSS effects on the transcriptome in tissue from vmPFC, BLA, CeA and HIP. In the 3 former regions, which each comprise gray and white matter, a high proportion of CSS-responsive genes were oligodendrocyte-enriched and all such genes were downregulated. For mPFC this finding complements the report that chronic social isolation stress in C57BL/6 mice reduced *Mobp* and *Mbp* expression (although not *Mog*, *Mag* or *Plp1*).³⁰ For BLA the finding complements the translational study reporting altered expression of 30 to 40 genes in tissue from men who had depression and BALB/c mice exposed to CUMS²¹; 8 of these were oligodendrocyte genes and their expression was always downregulated, including *Mbp*, *Mobp*, *Bcas1*, *Plip* and *Cnp1* which were downregulated in CSS mice in the present study. The CeA was even more responsive to CSS in terms of the number of

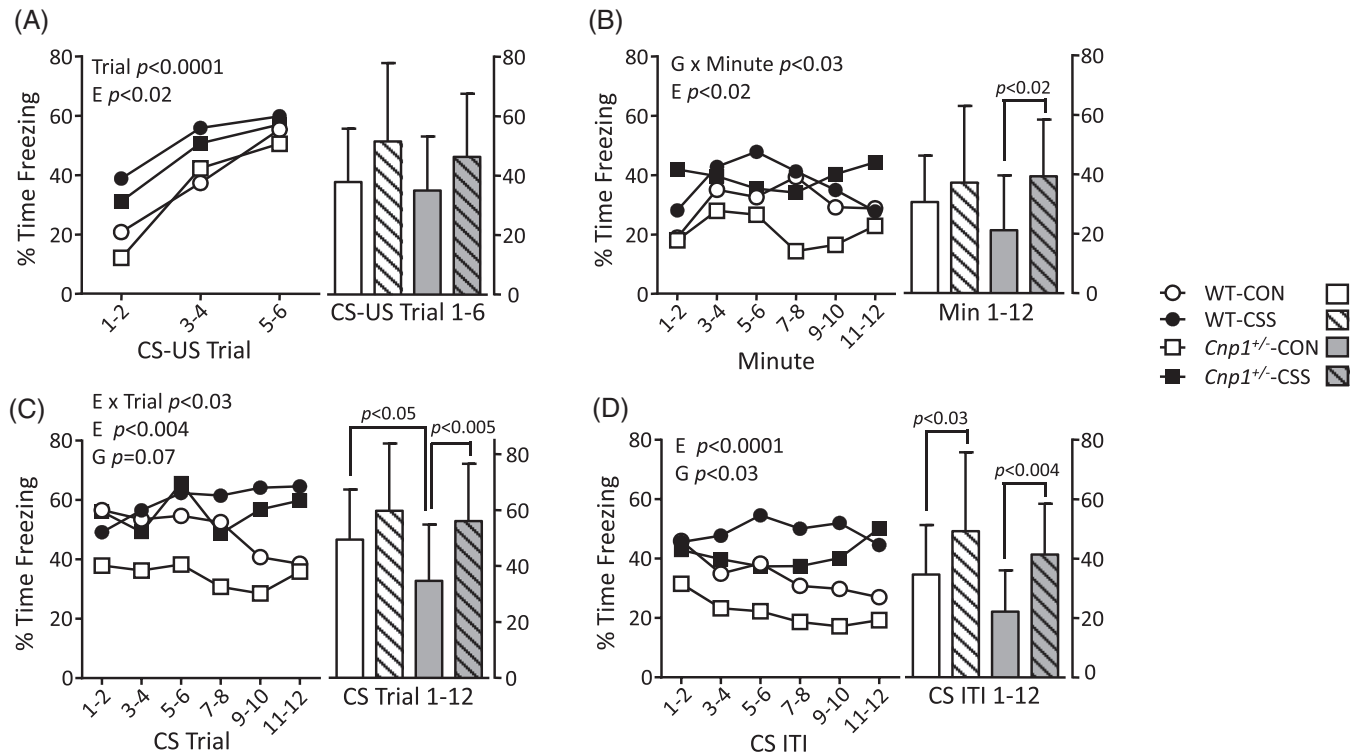


FIGURE 3 Genotype (WT, *Cnp1*^{+/-}) × environment (CON, CSS) effects on freezing behavior in an aversion conditioning and memory test at days 18 and 19 in *Cnp1*-mutant mice on a C57BL/6 background (experiment 5). Conditioning at day 18: (A) left panel: mean % time freezing during presentation of a tone stimulus (18 seconds CS followed by 2-second CS + 0.2 mA footshock US) in blocks of 2 consecutive CS-US trials. Right panel: overall mean + SD % time freezing during all 6 CS-US trials. Memory expression at day 19: (B) left panel: Mean % time freezing to the context (no CS or US) in blocks of 2 minutes. Right panel: overall mean + SD % time freezing to the context during all 12 minutes. (C) Left panel: mean % time freezing to 30-second CS in blocks of 2 consecutive CS trials. Right panel: overall mean + SD % time freezing during all 12 CS trials. (D) Left panel: mean % time freezing during the 90-second intertrial intervals in blocks of 2 intervals. Right panel: overall mean + SD % time freezing during all 12 intervals. WT-CON *N* = 10, WT-CSS *N* = 10, *Cnp1*^{+/-}-CON *N* = 9, *Cnp1*^{+/-}-CSS *N* = 9. *P* values are for full-factorial ANOVA and the least significant difference test for post hoc pairwise comparisons

downregulated oligodendrocyte genes, including most of the genes that were downregulated in BLA and vmPFC. Comparison of the findings for BLA (EC, BLA, IC, CeA) and CeA (IC, CeA) suggests that CeA oligodendrocytes are more sensitive to CSS; the IC white matter tract, which contains axon projections to GABA neurons in medial intercalated cell masses,⁴⁶ might be particularly stress sensitive. This variation between ROIs concurs with the proposal that

oligodendrocyte function, including gene expression levels, varies between brain regions.⁶²

Genes downregulated by CSS in amygdala and mPFC encode proteins for synthesis, maintenance and compaction of myelin, for example, *Mal*, *Mbp*, *Mobp*, as well as proteins for maintenance of myelin-axon stability at paranodes and nodes of Ranvier, for example, *Cnp1*, *Mag*. Interestingly, the genes impacted by CSS show

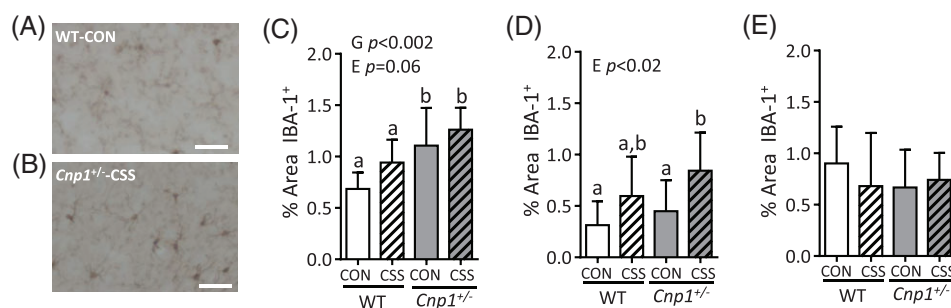


FIGURE 4 Genotype (WT, *Cnp1*^{+/-}) × environment (CON, CSS) effects on microglia activity using IBA1 immunoperoxidase staining at day 27 in *Cnp1*-mutant mice on a C57BL/6 background (experiment 5). (A and B) Representative micrographs from (A) WT-CON mouse and (B) *Cnp1*^{+/-}-CSS mouse, showing characteristic IBA1 staining in BLA gray matter. Scale bar = 50 μ m. (C) Percent area of IBA1-positive staining in BLA gray matter. (D) Percent area of IBA1-positive staining in external capsule of amygdala. (E) Percent area of IBA1-positive staining in corpus callosum. Values are mean + SD, *N* = 6 per group. *P* values are for 2 × 2 full-factorial ANOVA and the least significant difference test for post hoc pairwise comparisons: a vs b *P* < 0.05

remarkable overlap with the genes recently reported to constitute the “myelin transcriptome,” that is, genes the mRNA for which is not only localized in oligodendrocytes but also in myelin.⁶³ This would suggest that CSS might be acting to inhibit myelin transcript trafficking to or survival at myelin sheath assembly sites, rather than or in addition to oligodendrocyte cell-body transcription of myelin genes. Should stress-induced reduction of myelin gene transcription—in cell bodies and/or myelin—result in reduced translation of myelin proteins, a key candidate pathology would be compromised myelin-axon integrity at paranodes and nodes.^{31,64} In indirect support of this, the gene with the highest fold-change between CSS and CON mice in amygdala was sodium channel type IV beta (*Scn4b*), which was downregulated in CSS mice by 2.46-fold in BLA and 1.73-fold in CeA. Voltage-gated sodium-channel subunits, including IV beta, are concentrated in nodes of Ranvier and axon initial segments of axons, and modulate sodium-channel activity and propagation of axon potentials.^{65,66} Evidence for altered axonal function in CSS mice is provided by increased resting state functional connectivity between amygdala and each of PFC, cingulate cortex and vHIPPI.⁴⁴ Expression changes in neuronal ion-channel subunit genes have been reported for depression.⁶⁷ Further examples of genes downregulated in CSS mice and encoding proteins related to myelin-axon function were potassium channel, subfamily K, member 2 (*Kcnk2*), downregulated 1.5-fold in BLA from CSS mice, and adenosine A2a receptor (*Adora2a*), highly (but not specifically) expressed in oligodendrocytes⁶⁸ and downregulated 1.9-fold in BLA from CSS mice.

As well as facilitating identification of the cellular origin of CSS-responsive genes, the cell-enriched gene lists for mouse forebrain tissue⁵⁰ were also used to conduct GED. To date GED has been applied primarily to immune system RNA-Seq data⁵¹ and to our knowledge this is a first application to brain data. In BLA there was a 2% reduction in contribution of oligodendrocytes in CSS relative to CON mice; given that the estimated contribution of oligodendrocytes to the BLA total cell population was 11%, this constitutes an approximate 20% decrease in the oligodendrocyte proportion in the BLA of CSS mice, which is substantial. In terms of protein-level evidence for CSS effects on oligodendrocytes, given the DGE and GED findings we focused on the BLA. Using the same gray and white matter ROI as for RNA-Seq there was no effect of CSS on expression of MBP, PLP or CNP, each of which exhibited reduced transcript in CSS mice. Within gray matter, that is, BLA *sensu stricto*, there was no CSS effect on number of mature oligodendrocytes using CA II and also no effect on number of oligodendrocyte lineage cells using OLIG2; these findings suggest a lack of CSS effect on the generation of new mature oligodendrocytes in BLA gray matter. To our knowledge the only rodent study to date that reports on stress-induced reduction of oligodendrocyte protein levels is that of chronic isolation stress leading to reduced MBP in mPFC using western blot.³⁰ Also, myelin sheaths around axons in mPFC gray matter were thinner (hypomyelination) in these mice, based on electron microscopy.³⁰ A future CSS study will need to apply such ultrastructural analysis in gray and white matter regions of amygdala and mPFC. Given the overlap between the identities of CSS-impacted oligodendrocyte transcripts in this study and those comprising the myelin transcriptome,⁶³ it is possible that CSS-impacted protein levels were also restricted to myelin translation and

were thus not identified by our tissue-level analysis. Future study will need to focus on purified myelin samples.

4.2 | Reduced *Cnp1* influences CSS effects on emotional behavior and microglia activation in amygdala gray and white matter

To investigate for evidence of a causal contribution of downregulated oligodendrocyte gene expression to the psychoneuroimmune effects of CSS, we studied a *Cnp1* mutant mouse. Consistent with the function of CNP1 in maintaining paranodal myelin-axon integrity,^{31,69} from young adulthood *Cnp1* homozygous-mutant (*Cnp1*^{-/-}) mice exhibit universal axonal swellings and neurodegeneration in the absence of myelin changes.³² This contrasts with, for example, *Mbp*^{-/-} mice, which do exhibit hypomyelination.^{70,71} *Cnp1*^{-/-} mice react to minor brain insult with increased axon degeneration, astrogliosis and microgliosis, showing that “oligodendrocyte dysfunctions can trigger a vicious cycle of neurodegeneration and low-grade inflammation amplified by nonspecific activators of the innate immune system.”⁷² Heterozygous *Cnp1* mice also exhibit increased susceptibility to neuroinflammation, but only with a second risk factor, for example, aging: 24-month *Cnp1*^{+/-} mice exhibit “catatonia-depression syndrome” comprising persistent catatonic gripping, reduced social interest and increased conditioned aversion memory.³⁵ This behavioral state co-occurs with brain inflammation in white and gray matter in the form of more IBA1⁺ cells, Mac-3⁺ microglia, astrocytes (GFAP⁺), infiltrating T-lymphocytes (CD3) and axonal swelling. In contrast, in young adult *Cnp1*^{+/-} mice, as used in the present study, these markers are unchanged relative to WT.³⁵

With respect to behavior, in the social approach test *Cnp1*^{+/-}-CSS mice exhibited a deficit in social interaction with male and female C57BL/6 mice. Reduced interest in BL/6 mice is of particular significance given that aggressors used for CSS were CD-1 mice; such a generalized reduction in social behavior has been reported only rarely for social stress, for example see Reference⁷³. In the test of aversion learning and memory, as expected^{42,43} CSS led to higher acquisition of tone freezing; this CSS-induced increase in fear was similar in *Cnp1*^{+/-} and WT mice. With regard to fear memory, *Cnp1*^{+/-}-CON mice expressed less freezing than WT-CON mice, suggesting compromised memory function in amygdala and hippocampus in mice with deficient *Cnp1*.^{46,74} Despite this, *Cnp1*^{+/-}-CSS mice expressed high and similar freezing to that of WT-CSS mice, such that the net CSS effect on aversion salience was greater in *Cnp1*^{+/-} mice. Therefore, reduced *Cnp1* renders mice more sensitive to CSS in terms of reduced salience of social/sexual stimuli and high memory of aversive stimuli. Interestingly, *Cnp*^{-/-} (homozygous) mice actually exhibit reduced emotional reactivity to aversive stimuli relative to WT⁷⁵; furthermore, when exposed to CUMS, *Cnp1*^{-/-}-CUMS mice are less reactive to aversive stimuli than WT-CUMS mice. These findings suggest that full *Cnp1* knockout leads to compensatory changes in the oligodendrocyte transcriptome and, indeed, several oligodendrocyte genes, for example, *Mbp*, *Mobp* and *Cldn11*, were upregulated in the BLA of *Cnp1*^{-/-} relative to WT mice (to a similar extent in CUMS and control mice).⁷⁵ These same genes were downregulated in the BLA by CUMS in BALB/c mice²¹ and by CSS in C57BL/6 mice in

the present study. Also with regard to compensation, the *Cnp1*^{+/-} mice had more CA II⁺ cells in amygdala than did WT, and this might reflect processes that somewhat attenuated the sensitivity of *Cnp1*^{+/-} mice to CSS effects.

There was an additive effect of *Cnp1*^{+/-} and CSS in terms of increased microglia activity based on IBA1 expression. This was the case for BLA gray matter and the EC white matter tract, although not for corpus callosum. Therefore, a candidate pathogenesis for the behavioral phenotypes of *Cnp1*^{+/-}-CSS mice is reduced paranodal myelin-axon integrity associated with increased inflammation. This would be consistent with the findings in *Cnp1*^{+/-} aged mice.³⁵ Furthermore, in C57BL/6 mice, CSS leads to activation of the inflammation-dependent kynurenine pathway in mPFC, amygdala and HIPPO, whilst pharmacological reversal of kynurenine-pathway hyperactivity normalizes aversion memory in CSS mice.⁴² CSS also increases in vivo amygdala levels of inositol, which could reflect increased inflammation and/or altered myelin-axon integrity.⁴⁴ The current findings suggest that oligodendrocytes contribute to these effects, in line with the evidence that oligodendrocytes are both sensitive to and contribute to stress states, including inflammation, oxidative stress and excitotoxicity.^{29,64}

4.3 | Study limitations and summary

As noted above, it will be important in a subsequent study to increase the resolution at which CSS effects on oligodendrocyte genes and proteins are analyzed. This will require ultrastructural protein analysis using electron microscopy, as applied in a study of stress effects on myelin thickness,³⁰ and should include myelination, myelin-axon integrity at paranodal regions and nodes, and axon status. It will be important to study gray matter and white matter subregions, as shown in mouse models for multiple sclerosis.²⁹ Indeed, the availability of transgenic mice with labeled oligodendrocytes (for example see References^{50,76}) will allow for analysis of stress effects on transcriptome and proteome in pure oligodendrocyte samples. Finally, it will be important to assess CSS effects on the myelin transcriptome.⁶³

CSS in mice leads to depression-relevant changes in emotional behavior, brain functional connectivity and immune activation in periphery and brain, and this study shows that it also reduces expression of oligodendrocyte genes in mPFC and amygdala tissue comprising gray and white matter. Furthermore, a genotype of reduced *Cnp1* expression leads to a CSS effect of attenuated interest in social/sexual stimuli and acts additively with CSS to increase microglia activation in amygdala. These findings add to the rodent model evidence that compromised oligodendrocyte function is an important component of stress-induced brain-behavior changes, and provide back-translational evidence that the cortico-limbic oligodendrocyte changes observed in depression are relevant to its pathogenesis and therefore potentially its treatment.

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Conflict of interest

The other authors declare no conflict of interest.

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SUPPORTING INFORMATION

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