The Yet-Unobserved GW Universe

Astro2020 Science White Paper

THE YET-UNOBSERVED MULTI-MESSENGER GRAVITATIONAL-WAVE UNIVERSE

Thematic Areas:

- Formation and Evolution of Compact Objects
- Stars and Stellar Evolution
- Multi-Messenger Astronomy and Astrophysics

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The Yet-unobserved Multi-messenger Gravitational-wave Universe

Black holes (BHs) and neutron stars (NSs) have already been detected as chirping gravitational-wave (GW) sources [1, 2], the latter also as a multi-messenger (MM) source with emission across the electromagnetic spectrum [3]. However, BHs and NSs are predicted to be GW sources of burst or continuous-wave character, in isolation or in binary systems. These GW sources can also be MM sources, and combined MM observations will reveal richer details of the source astrophysics. Signal strengths are highly uncertain, but generally low, low enough that detection with the 2nd-generation detectors even at design sensitivity are far from guaranteed, if not impossible. Third-generation GW detectors will be necessary certainly for the reliable study of (i) bursts from the birth of compact objects when massive stars collapse as core-collapse supernovae (ccSN), (ii) bursts from magnetars or glitching radio pulsars, (iii) continuous GWs from NSs, isolated or in interacting binaries.

Observations with next-generation GW detectors further enhanced with MM analyses of electromagnetic and possibly neutrino detections will allow us to probe new extreme astrophysics and answer key questions:

- Gravitational Waves from Core-Collapse Supernovae. Which ccSN phases dominate the GW emission? Do the progenitors rotate and how fast? Does the event form a BH?
- Continuous GW Emission from Isolated or Accreting Neutron Stars. What magnitude of deformations can NS crusts sustain and what are the implications for nuclear matter equation of state? Is the spin equilibrium of accreting NSs determined by GW emission and through what mechanism?
- Bursts from Magnetars and Other Pulsars. Can GW detections help us probe the role of magnetic fields in transient emission from neutron stars and further constrain the equation of state of ultra dense matter?

Core-Collapse Supernovae

GWs are generated in core-collapse supernovae (ccSN) by time-dependent rotational flattening, proto-neutron-star (PNS) pulsations, non-axisymmetric bulk mass motions due to convection, non-radial accretion flows and instabilities, and other asymmetries associated with the effects of strong magnetic fields. The dominant GW emission occurs during the phase of neutrino-driven convection with the standing accretion shock instability (SASI) and by $\ell = 2$ f- and g-modes in the near-surface layers of the PNS [4–6]. At later times (~a few hundred ms), a single f-mode manifests itself in GW amplitude spectrograms as a narrow frequency band whose location and width are determined by PNS properties [6–9]. The 3D models predict a well-defined structure in the time–frequency domain, but the quadrupole amplitudes of these models are smaller than those of 2D models [9, 10], as the downflows are decelerated before striking the PNS surface and also lack the necessary rapid time variability needed for resonant excitation of the f-mode.

Each ccSN phase has a range of characteristic signatures in its GW signal that can provide diagnostic constraints on the evolution and physical parameters of the explosion and on the dynamics of the nascent PNS. **Core Collapse and Bounce:** General-relativistic studies [11–13] showed that the GW burst signal from core bounce has a generic shape [14] for a wide range of rotation rates and rotation profiles; therefore, it is best for probing the bulk parameters of the collapsing iron core [15, 16]. **Neutrino-driven Turbulent Convection Outside and Inside the PNS:** Milliseconds

after core bounce, prompt convection in the cavity between the PNS and standing shock produces a short period (\sim tens of ms) of GW activity peaking at ~ 100 Hz. Several tens of ms post bounce, stochastic mass motions can lead to significant broadband emission (10-500 Hz with a peak at about 100–200 Hz) [4–6, 10, 17–21]. On the other hand, the typical properties of the inner PNS convection zone translate into a turnover timescale of ms, so the corresponding GW signal, also broadband, emerges in the range 500 Hz to a few kHz [6, 10, 20-23]. PNS Oscillations: Fundamental modes driven by gravity and pressure forces can generate GW emission. Most dominant are the quadrupolar g-modes [24] and the fundamental f-mode of the nascent PNS excited by the aspherical accretion of plumes of matter crashing onto it during the stalled accretion phase, as well as after explosion by the continuing fallback of matter [6, 24–26]. The f- and g-modes can also be excited by convection inside the PNS [10]. The time-frequency trajectory of the dominant f-mode follows a well-defined path that is a direct function of the PNS mass, radius, and temperature [18, 24] and, hence, of the equation of state and of integrated neutrino losses. The excited frequencies are $\sim 200-500$ Hz in the early stage (within the first few hundred ms after bounce) and of \sim 500–2000 Hz in the later stage (hundreds of ms to s after bounce) [6]. SASI: This is an instability of the supernova shock itself. It exists in both 2D and 3D simulations, defined by a nonlinear, sloshing mode in 2D, and by both sloshing and spiral modes in 3D [27]. The SASI modulates the shock position on a time scale \sim 50 ms – in turn modulating the accretion flow in the region below it – i.e., the post-shock region, at frequencies $\simeq 100-250$ Hz in both 2D and 3D [4, 5, 10, 19-21, 28].

Importantly, the onset of the neutrino emissions in ccSNe coincides (to within ms) with the onset of GW emission [4, 5, 10, 28, 29]. The detection of neutrinos by Super-K/Hyper-K [30], DUNE [31], JUNO [32], IceCube [33], LVD [34], Borexino [35], KamLAND [36], and yet more sensitive neutrino detectors anticipated for the 2030's, will allow to optimally extract the GW signal [37]. Both signals are produced at the same interior locations resulting to not only in time coincidence, but are also correlated timescale modulations and polarization, which aids with signal extraction and interpretation. If the progenitor core is rotating, there are additional, distinctive modulation signatures [38]. Joint MM analyses can not only enhance detectability but also more reliably probe physical processes, including those producing electromagnetic emission necessary for useful localization, for identification of host galaxies, progenitors, and potential progenitor binary companions. Synergistic observational strategies for optimizing MM campaigns for a future ccSN event have been articulated [39] in various situations. Third-generation GW detectors will be critical to extracting all the physics from observable ccSNe and will take advantage of EM/particle detectors synergistically.

The detection of GW signals from ccSNe will enable us to measure the progenitor mass, as it is one of the major determinants for parameters that affect the various signal components directly, such as the PNS mass or the violence of convective/SASI motions. Simulations show a qualitative trend in successful SN explosions towards stronger and longer GW emission for more massive progenitors [6, 20, 21]. The energy radiated in GWs is predicted to vary by several orders of magnitude. The core spin could be measured with GW and neutrino MM detections, as the GW frequency is twice the modulation frequency of the neutrino signal [37, 38, 40, 41]. Hot, nuclear matter EOS constraints are best obtained from the PNS modes and the SASI signals at \sim 100 to 250 Hz [6, 28]. Time evolution of the GW frequency may allow us to probe the mass accretion history before and after shock revival, unless the process is purely stochastic. Bounce and explosion times are much harder to pin point, and if at all, require neutrino detections. A fundamental question is whether the ccSN explosion mechanism is neutrino- or MHD-driven but until MHD models are further developed, we are limited in our efforts If BH formation takes place in a rapidly spinning progenitor, it will be accompanied by an intense spike-like burst of GW emission at the point of relativistic collapse, followed by a fast ringdown as the newly formed BH settles down to a Kerr spacetime [42]. By contrast, BH formation during the first seconds after collapse in non-rotating or slowly rotating progenitors is likely to manifest itself only as an abrupt cutoff of GW emission after a long period of moderate-amplitude GW emission. Prior to BH formation, the characteristic frequencies of PNS oscillation modes in the spectrum will increase to several kHz [43, 44].

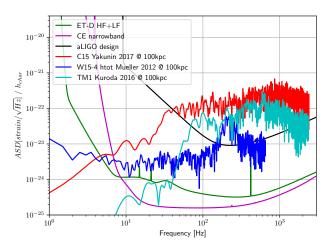


Figure 1: Characteristic strain vs. frequency of three typical 3D ccSN simulations: C15 [45], W15-4 [18], and TM1 [28]. The Einstein Telescope in xylophone D (ET-D) configuration [46], the Cosmic Explorer (CE) [47], and the Advanced LIGO design [48] also shown.

No ccSN GW signals have been detected so far. Even at design sensitivity, 2nd-generation detectors are not expected to reach outside our own Milky Way [49]. Typical predicted 3D ccSN GW signals shown in Figure 1 for a source placed at 100 kpc have signal-to-noise ratios for Advanced LIGO at design in the range 0.5 - 6, i.e., below reliable detectability levels. In contrast, they reach values in the range of 12-130 for example designs of 3rd-generation detectors (Einstein Telescope and Cosmic Explorer). Therefore a range of ~ 100 kpc is a reasonable order-of-magnitude for the maximal detection distance of ccSN events. The goal of 3rd-generation detectors is not only to detect the signal (most likely aided by MM observations), not only to reconstruct the GW signal waveform and the location of the source, but more importantly to determine with precision

its intrinsic physical progenitor and explosion parameters (e.g., [50, 51]).

Sources of Continuous Gravitational Waves

The emission of continuous high-frequency GWs at detectable amplitudes requires a time-varying mass quadrupole in a fast rotating compact object. They are expected whenever there is a sustained non-axisymmetric distribution of matter in a rotating compact object [52]. This can happen due to a variety of mechanisms. Most prominent examples include elastic stresses building up in the crust and giving rise to local deformations, deformations due to magnetic fields, which can occur in isolated NSs, and the growth of r-modes in accreting NSs (a fluid mode of oscillation for which the restoring force is the Coriolis force) [53, 54]. Whereas the amplitude of a GW signal depends on the details of the emission mechanism and on the source, the possible signal morphologies do not differ much. Typical continuous GWs are sinusoidal signals with a small spin-down or spin-up ($|\dot{f}|$ no larger than 10^{-7} Hz/s and most often smaller than 10^{-9} Hz/s) and a duration of at least a few weeks and most typically years. As the loss rate of rotational energy caused by GW radiation is proportional to the sixth power of the spin frequency, the most powerful sources must possess rapid spin. Such large amounts of spin angular momentum can be a birth property of a newborn NS, or it may result from the recycling of an old NS via accretion of matter and angular momentum from a companion star.

The timescale over which such a deformation can be sustained is crucial for detectability. In young NSs that are observable as radio pulsars and magnetars, a significant magnetic field is indeed present. Such NSs lose additional rotational energy to magneto-dipole radiation and magnetospheric currents, which reduces their GW luminosity considerably. From long-term monitoring of the braking index, it might be possible to distinguish between GW sources which spin down solely due to GW radiation from those which in addition spin down due to electromagnetic radiation.

The recycling of old NSs in interacting binaries may, in principle, allow for a population of NSs spinning at sub-ms spin periods – and, equally important, supply the material needed to produce thermal or magnetic mountains. Whereas the fastest spinning ms pulsar is spinning at a frequency of 716 Hz, the mass-shedding frequency is still larger by a factor of 2. However, it is currently unclear whether magnetosphere-disk interactions can allow for the existence of sub-ms pulsars among the populations of low-mass X-ray binaries and radio ms pulsars.

No continuous GW signal has so far been observed. The most current upper limits over the entire sky corresponds to a canonical NS at 10 kpc, emitting GWs above 500 Hz (150 Hz) due to an ellipticity smaller than 10^{-5} (10^{-7}) [55]; and upper limits on searches targetting known pulsars can be even stricter, with the limit for J0711–6830 at 1.2×10^{-8} [56]. However, in order to detect strains factors of ≈ 100 lower than the current ones, new detectors, with a substantially lower noise floor are needed. Such sensitivity requires new, 3rd-generation detector facilities.

The detection of continuous GWs from NSs in 3rd-generation detectors would be a fundamental breakthrough in our attempts to peer into the ultra-dense interiors of NSs. It would provide clues about NS properties (isolated) or accretion and magnetosphere physics (binaries), their spin, thermal and magnetic field evolution, the nature of cold dense matter, and phase transitions in QCD. Concurrent EM observations and input microphysics such as the transport coefficients and neutrino cooling rates will be essential to interpret these observations and harvest these fundamental insights.

Isolated Neutron Stars: As first pointed out by Ruderman [57], a solid NS crust can sustain (nonaxisymmetric) deformations. The maximum possible size of these deformations depends on the composition and structure of the crust. A fully general-relativistic calculation [58] (building on the Newtonian calculation in [59]) gives maximum fiducial ellipticities of $\sim 2 \times 10^{-6}$ for the SLy EOS and its associated crustal model [60]; this EOS is consistent with LIGO observations of GW170817 (see, e.g., [61]). Nevertheless, the fiducial ellipticities of $\sim 10^{-9}$ that are suggested to provide a floor on the spin-down of ms pulsars in [62] seem more likely to occur in a large population of stars than deformations near the theoretical maximum, particularly if one is only considering crustal deformations. Magnetic fields significantly complicate the modeling of NS interiors. However they play an important role in determining the spin evolution of NSs and possibly continuous GW emission. This is largely uncharted territory: developing fully relativistic MHD evolution models will be crucial to guide and interpret observations.

Accreting Neutron Stars in Binaries: NSs in binary systems can also emit continuous GWs. In fact, these systems might be more likely to present large deformations than their isolated siblings, as it may be possible for the NS surface magnetic field to be compressed by infalling material, such that a large quadrupolar ellipticity could be created [63]; asymmetric heating of the interior due to accretion could lead to sufficient thermal deformations that GWs are produced [64]; high-frequency oscillations during an X-ray burst or outburst, could be due to a GW-emitting unstable r-mode [65, 66], e.g. as detected in two accreting NSs [67, 68]. In fact, the emission of GWs could be the reason why we do not observe NSs spinning at their theoretical limit [69–71]. GWs from NSs in a binary could also uncover effects that may not be studied in isolated NSs. Long-term monitoring of

the NS spin period, either via GWs only or in combination with radio, X-ray, and/or gamma-ray observations, could permit close tracking of both spin torques and orbital evolution. In these systems deciphering the physical mechanism responsible for GW emission will require MM observations.

Other GW Bursts from Magnetized Neutron Stars

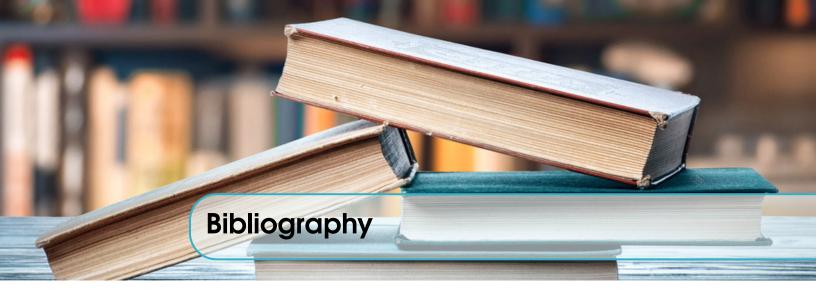
NSs can produce GW bursts, for example via magnetar giant flares or pulsar glitches. If detected (e.g., after an electromagnetic trigger), they can provide insights into the properties of high density matter. Current GW detectors have searched for such signals with no positive result.

Magnetars, highly magnetised NSs with magnetic fields exceeding 10^{14} G, are observed as anomalous X-Ray pulsars (AXP) or soft gamma-ray repeaters (SGRs) [72]. SGRs show recurrent X-ray activity that include frequent short-duration bursts ($10^{36} - 10^{43}$ erg s⁻¹ with durations of ~ 0.1 s) and, in some cases, energetic giant flares [73] ($10^{44} - 10^{47}$ erg s⁻¹ within 0.1 s with X-ray tails that can extend to several 100 s). Since they are thought to involve substantial structural changes within the NSs and due to the large involved energy, magnetars are potential GW sources, see [74, 75] for recent reviews. They may, however, only be detectable if an energy corresponding to a significant fraction of the X-ray energy is channelled into GWs.

To date, three giant flares [76–78] have been detected, and several bursts [79, 80] have been observed that showed quasi-periodic oscillations (QPOs). A detection of magneto-elastic QPOs together with GW would provide incomparable information on the oscillation spectrum of NSs and thus allow to study their deep interior with unprecedented detail. For a NS at 10 kpc with a magnetic field at the pole of $B_{\text{pole}} \sim 10^{15}$ G, this corresponds to a strain of $h \sim 10^{-27}$ at the detector. Typical GW signals consist of two major contributions, a high frequency signal, corresponding to the f-mode around 1–2 kHz and a low frequency contribution associated to Alfvén oscillations in the NS core around $f \sim 100$ Hz, which depends on the magnetic field strength.

Radio pulsars known for their very stable spin periods can occasionally undergo a sudden increase in their rotation frequency. These are called glitches and several hundred glitches have been observed in over 100 pulsars [81]. There two main physical models for the explanation of glitches and both models involve a substantial rearrangement of the NS structure on a short time scale, therefore one can expect a bursts of gravitational radiation, both from the glitches themselves and from subsequent relaxation of the NS structure. The dynamics and duration of these phases, however, is to date not well understood and the predictions of the emission of GWs and their detectability vary widely. The most pessimistic ones expect that not even 3rd generation instruments can detect the signal [82], moderately optimistically ones [83] predict the signals to be detectable by the ET while the most optimistic ones [84–86] expect that the signals should be marginally detectable even by Advanced LIGO/Virgo. One can therefore from both detection, or non-detection by 3rd generation instruments expect to constrain the physics of the NS interior.

Given the predicted strengths, sensitivity improvements of factors 10–100 compared to current facilities are required for the detection and study of these sources. This necessity extends for all of the sources discussed in this white papers: uncovering the inner workings of stellar core collapse events and supernovae and reliably studying the equation of state of both hot and cold ultra-dense nuclear matter, supported by a sample of several sources and different types of signals, can be achieved only with a dramatic advance of GW sensitivity at high frequencies, that only 3rd-generation ground-based GW detectors can deliver.



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