

1 **Epistatic effects between amino acid insertions and substitutions mediate toxin-resistance of**
2 **vertebrate Na⁺,K⁺-ATPases**

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19

20 **Abstract:** The recurrent evolution of resistance to cardiotoxic steroids (CTS) across diverse animals most
21 frequently involves convergent amino-acid substitutions to the H1-H2 extracellular loop of Na⁺,K⁺-ATPase
22 (NKA). Previous work established that hystricognath rodents (e.g. chinchilla) and pterocliiform birds
23 (sandgrouse) have convergently evolved amino-acid insertions in the H1-H2 loop, but their functional
24 significance is not known. Using protein engineering, we show that these insertions have distinct effects on
25 CTS resistance of NKA in the two lineages that strongly depend on intramolecular interactions with other
26 residues. Removing the insertion in the chinchilla lineage unexpectedly increases CTS resistance and
27 decreases NKA activity. In the sandgrouse lineage, the insertion works in concert with the substitution
28 Q111R to increase CTS resistance while maintaining wild-type ATPase activity levels. Molecular docking
29 simulations provide additional insight into the biophysical mechanisms responsible for the context-specific
30 CTS insensitivity of the enzyme. Our results highlight the diversity of genetic substrates that underlie CTS
31 insensitivity in vertebrate NKA and reveal how amino-acid insertions can alter the phenotypic effects of
32 point mutations at key sites in the same protein domain.

33

34 **Introduction:**

35 The evolution of toxin resistance in animals is among the best studied examples of adaptive molecular
36 evolution (Brodie 2009). In many cases, diverse animals have convergently evolved resistance to the same
37 toxin, allowing one to examine the extent to which genetic background and other factors constrain the
38 process of adaptive protein evolution (McGlothlin et al. 2016; Mohammadi et al. 2022). Recent studies
39 have highlighted how the potentially adaptive effects of particular amino acid mutations can strongly
40 depend on the protein sequence background on which they arise (Weinreich et al. 2006; Gong and Bloom
41 2014; Storz 2018). Substantially less attention has been paid to the importance of insertions and deletions
42 on these intramolecular constraints. While insertions and deletions are relatively rare, they nonetheless
43 harbor substantial potential to impact the properties and evolvability of proteins (de la Chaux et al. 2007).
44 Here, we investigate the impact of convergently evolved insertions in the context of the evolution of
45 cardiotonic steroids (CTS) resistance in animals.

46

47 CTS comprise a diverse group of plant- and animal-derived secondary compounds that are often used as a
48 means of chemical defense against herbivores and predators (Krenn and Kopp 1998; Hutchinson et al. 2007;
49 Agrawal et al. 2012). CTS are toxic to animals because they inhibit Na^+, K^+ -ATPase (NKA), a heterodimeric
50 transmembrane protein that consists of a catalytic α -subunit, encoded by members of the ATP1A gene
51 family, and a glycoprotein β -subunit, encoded by members of the ATP1B gene family (Fig. 1A; (Köksoy
52 2002; Aperia 2007). NKAs play a critical role in maintaining membrane potential via trans-membrane
53 exchange of Na^+ and K^+ ions and are consequently vital for the maintenance of diverse physiological
54 functions including neural signal transduction, muscle contraction, and cellular homeostasis (Blanco and
55 Mercer 1998; Mobasher et al. 2000; Bagrov et al. 2009). CTSs bind to a specific domain of the α -subunit
56 of NKA (ATP1A), and binding affinity is strongly determined by the H1-H2 extracellular loop, which
57 forms part of that domain (Fig. 1A; (Laursen et al. 2015).

58

59 Convergent evolution of resistance to CTS in diverse animals is often mediated, at least in part, by the
60 evolution of NKA ‘target-site insensitivity’. Experimental studies have revealed a surprising consistency in
61 the underlying molecular mechanisms of CTS insensitivity of NKA (Ujvari et al. 2015; Storz 2016;
62 Karageorgi et al. 2019; Taverner et al. 2019; Mohammadi et al. 2021; Mohammadi et al. 2022). Different
63 combinations of amino-acid substitutions have been reported in animals that have evolved CTS-resistance,
64 and available evidence suggests that some substitutions impede CTS binding by preventing the formation
65 of hydrogen bonds between hydroxyl groups of CTS and polar residues of the H1-H2 extracellular loop
66 (Laursen et al. 2015). In tetrapods, different isoforms of the NKA α -subunit are encoded by three paralogous
67 members of a multigene family (ATP1A1-ATP1A3), with a fourth paralog specific to mammals (ATP1A4).

68 Resistance-conferring amino acid substitutions have identified in paralogs A1-A3, but are most common in
69 ATP1A1, which is also the most ubiquitously expressed (Ujvari et al. 2013; Ujvari et al. 2015; Mohammadi
70 et al. 2016; Marshall et al. 2018; Mohammadi et al. 2022).

71
72 In taxa as diverse as milkweed-feeding insects and toad-eating vertebrates, the evolution of CTS resistance
73 is often associated with amino acid substitutions at sites 111 and 122 in the H1-H2 extracellular loop of
74 ATP1A (Price and Lingrel 1988; Dobler et al. 2012; Zhen et al. 2012; Groen and Whiteman 2021;
75 Mohammadi et al. 2021; Mohammadi et al. 2022). Consequently, these two sites have been the focus of
76 experimental efforts to characterize molecular mechanisms of target-site insensitivity in NKA. However,
77 results from several recent studies have revealed nonadditive interactions (i.e., intramolecular epistasis)
78 involving sites 111, 122, and other sites in ATP1A that impinge on multiple aspects of protein function
79 and affect resistance to CTS (Karageorgi et al. 2019; Taverner et al. 2019; Mohammadi et al. 2021;
80 Mohammadi et al. 2022). Two recent studies reported a two-amino acid insertion in addition to multiple
81 amino acid substitutions in the H1-H2 loop of pyrgomorphid grasshopper species that feed on CTS-
82 defended plants (Dobler et al. 2019; Yang et al. 2019). Together, the insertion and substitutions at sites 111
83 and 122 were shown to result in a strong increase in CTS resistance when added to the wild-type *Drosophila*
84 *melanogaster* ATP1A ortholog (Dobler et al. 2019).

85
86 Similar insertions were recently documented in two vertebrate lineages, mammals (hystricognath rodents)
87 and birds (sandgrouse) (Mohammadi et al. 2022). While initial site-directed mutagenesis experiments on
88 the ATP1A1 of these two taxa focused only on substitutions at sites 111 and 122 of ATP1A1, they yielded
89 puzzling results (Mohammadi et al. 2022). Specifically, the wildtype ATP1A1 of chinchilla (*Chinchilla*
90 *lanigera*, a representative of hystricognath rodents) does not exhibit CTS resistance. However, engineering
91 the replacement N122D (which introduces an amino-acid state known to confer CTS resistance in ATP1A1
92 of other tetrapod species) (Price et al. 1990; Mohammadi et al. 2021; Mohammadi et al. 2022) confers
93 orders of magnitude higher CTS resistance than that observed in other rodents with the same substitution.
94 Conversely, the wildtype ATP1A1 of the sandgrouse, (*Pterocles gutturalis*, Aves: Pterocloriformes) exhibits
95 substantial resistance. However, mutational reversion of the derived “resistant” R111 to the ancestral
96 “sensitive” amino-acid state (Q111) did not diminish resistance of the sandgrouse ATP1A1, suggesting that
97 determinants of resistance lie elsewhere in the protein (Mohammadi et al. 2022). We hypothesize that the
98 proximate insertions observed in hystricognath rodents and sandgrouse potentially impact resistance to
99 CTS, but may do so in different ways in these two lineages.

101 We have recently established that the effects of resistance-conferring substitutions at 111 and 122 strongly
102 depend on the protein sequence background in which they occur and that these context-dependent effects
103 likely depend on a small number of sites (Mohammadi et al. 2022). The dependence on a limited number
104 of sites may account for the observation of convergent CTS resistance substitutions observed among highly
105 divergent taxa. In support of this view, Mohammadi et al. (Mohammadi et al. 2021) showed that negative
106 pleiotropic effects caused by substitutions at 111 and 122 can be rescued by 10 (or fewer) of the 19 amino
107 acid differences distinguishing the backgrounds of CTS-resistant and sensitive ATP1A1 paralogs of grass
108 frogs. We therefore asked whether the observed insertions in chinchilla and sandgrouse ATP1A1 are
109 important contributors to background-dependent effects. To answer this question, we used site-directed
110 mutagenesis to test whether these insertions alter the effect of point mutations at sites 111 and 122 known
111 to confer NKA target-site insensitivity.

112

113 **Results:**

114 Origin of the H1-H2 loop insertions

115

116 A previous survey of ATP1A1 of 117 mammals and 70 birds established that chinchilla (a hystricognath
117 rodent) and sandgrouse (a pterocliiform bird) have convergently evolved amino-acid insertions between
118 positions 114 and 115 of the H1-H2 extracellular loop (Mohammadi et al. 2022). In the chinchilla, the
119 inserted amino acid is methionine (insM), and in the sandgrouse it is aspartic acid (insD). To infer the
120 evolutionary origins of the insertions, we separately estimated maximum likelihood phylogenies of 26
121 rodent ATP1A1 sequences and 22 avian ATP1A1 sequences obtained from publicly available sources
122 (Table S1; Supplementary Datasets 1-2). The estimated phylogeny of rodent ATP1A1 sequences indicates
123 that the insertion in the H1-H2 loop evolved in a recent common ancestor of the hystricognath rodents,
124 which includes chinchillas, porcupines, guinea pigs, nutrias, mole rats, and allies (Marivaux et al. 2004)
125 (Fig. 2A). This implies that the insM is ancient, dating from 36 to 39 million years ago (Sallam et al. 2009).
126 The estimated phylogeny of avian ATP1A1 sequences indicates that the insertion evolved in the common
127 ancestor of Pterocliiformes, which includes all sandgrouse species (Fig. 2B). Despite its relatively restricted
128 phylogenetic distribution, insM of sandgrouse may also be quite ancient given that the common ancestor
129 of Pterocliiformes diverged from its sister group, Mesitornithiformes, between 45 and 55 million years ago
130 (Kuhl et al. 2021). In both cases the insertions are flanked by multiple additional amino acid substitutions.

131

132 The effect of insertions on CTS resistance

133

134 To test the functional effects of the H1-H2 loop insertions, we used protein engineering to evaluate the
135 effects of various combinations of amino acid substitutions and insertions (Table 1). In the case of
136 chinchilla, we deleted insM on the wildtype ATP1A1 and introduced a known resistance-conferring
137 mutation at site 122 (N122D) on backgrounds that did or did not include insM. We chose D122 because
138 this amino-acid state is shared by all members of the closely related clade of murid rodents (Price and
139 Lingrel 1988; Mohammadi et al. 2022); Fig. 2A). In the case of sandgrouse, we deleted insD on the wildtype
140 ATP1A1 and reverted a known resistance-conferring substitution at site 111 (R111Q) (Price and Lingrel
141 1988; Mohammadi et al. 2021) on backgrounds that did or did not include insD.

142
143 For each recombinant protein, we quantified the level of CTS resistance as IC_{50} , which is the molar
144 concentration of CTS needed to reduce protein activity by 50%. The rate of ATP hydrolysis in the absence
145 of CTS was used as a measure of native protein function (protein activity; Table S2; Fig. 3). For ATP1A1
146 of both chinchilla and sandgrouse, we measured IC_{50} of the wildtype proteins and a combinatorially
147 complete set of single- and double-mutant genotypes (Fig. 3; Table S3). Surprisingly, removing insM from
148 the wildtype chinchilla ATP1A1 caused a significant increase in IC_{50} (Tukey HSD, $p = 0.007$), suggesting
149 that the insertion confers NKA with greater CTS sensitivity. As expected, adding N122D onto the wildtype
150 chinchilla ATP1A1 caused a significant increase in IC_{50} (Tukey HSD, $p < 0.001$), however, adding N122D
151 in the absence of insM had no effect on IC_{50} . A significant interaction between insM and N122D (2-way
152 ANOVA interaction term, $F_{1,8}=145.4$, $p = 2e-6$; Table S3) further indicates that these directionally
153 contrasting effects are due to epistatic interactions involving the insertion and site 122 within the chinchilla
154 ATP1A1.

155
156 In the case of sandgrouse, removing insD from wildtype ATP1A1 has no effect on IC_{50} . Further, introducing
157 the reversion of a well-documented resistance substitution, R111Q also results in no change in IC_{50} .
158 However, introducing R111Q in the absence of insD does result in a significant decrease in IC_{50} (Tukey
159 HSD, $p < 0.001$). These results indicate that both insD and Q111R have the potential to confer resistance,
160 but that the two substitutions jointly exhibit “diminishing-returns” epistasis (2-way ANOVA interaction
161 term, $F_{1,8}=11.6$, $p = 0.009$; Table S3).

162
163 *The effect of insertions on NKA activity*

164
165 Experiments on the various chinchilla and sandgrouse NKA mutants also reveal strong epistatic effects on
166 protein activity. The direction of these effects changed depending on the mutation combination. In
167 chinchilla, removing insM from the wildtype chinchilla ATP1A1 significantly reduced protein activity

168 (Tukey HSD, $p = 0.004$). Adding N122D to wildtype ATP1A1 also reduced protein activity (Tukey HSD,
169 $p = 0.024$) but adding N122D to ATP1A1 in the absence of insM did not alter activity. In line with the
170 nonadditive effects we observed, we found a significant interaction between insM and N122D on protein
171 activity (2-way ANOVA interaction term, $F_{1,8}=34.57$, $p < 0.001$; Table S3). Overall, protein activity in
172 chinchilla ATP1A1 decreases as resistance increases (Fig. 3C-D).

173

174 Experiments on the sandgrouse ATP1A1 demonstrate similar multi-directional epistatic effects. Removing
175 insD from the wildtype sandgrouse ATP1A1 resulted in significantly reduced protein activity (Tukey HSD,
176 $p = 0.011$). Adding the R111Q reversion substitution onto the wildtype sandgrouse ATP1A1 did not affect
177 protein activity, however, adding R111Q in the absence of insD resulted in a significant increase in protein
178 activity (Tukey HSD, $p = 0.002$). The significant interaction between insD and R111Q (2-way ANOVA
179 interaction term, $F_{1,8}=42.01$, $p < 0.001$; Table S3) indicates that this pair of substitutions interact epistatically
180 with respect to protein activity.

181

182 In both species, removing the insertions results in reduced protein activity, indicating that both are important
183 in maintaining the enzyme's function. To the extent that "+R111Q –insD" represents the ancestral state of
184 the sandgrouse lineage, we infer that insD likely mitigated the large decrease in protein activity associated
185 with the Q111R substitution. The role of insM in the chinchilla lineage may have similarly mitigated
186 negative pleiotropic effects caused by substitutions at other derived sites on the protein.

187

188 *The biophysical mechanism of insertion effects on resistance*

189

190 To investigate the biophysical mechanisms underlying the effects on resistance observed in recombinant
191 proteins, we used a homology model of a high-affinity structure of NKA to perform molecular docking
192 simulations (Zhen et al. 2012; Kanai et al. 2021) using Autodock Vina 1.1.2 (Trott and Olson 2010). We
193 modeled each recombinant protein and performed docking simulations using ouabain, the CTS used in our
194 functional experiments (see Figs. 3E-F). The trend in the docking scores for amino acid substitutions and
195 insertions is consistent with their observed effects on CTS resistance in functional experiments. The amino
196 acid substitutions and insertions altered the interaction network between ATP1A1 and ouabain, thereby
197 affecting ligand-binding affinity.

198

199 In the case of chinchilla ATP1A1, removing insM from the wildtype chinchilla ATP1A1 results in loss of
200 H-bonds between the liganded ouabain and S119 and E908, despite the formation of new H-bonds with
201 E111 and D121 (Figs. 3E; 4B; 6A; S3A). The N122D mutation in the presence of insM is predicted to alter

202 the H-bonding network of the liganded ouabain and the receptor (Fig. 4C). This is largely attributable to
203 the loss of an H-bond between ouabain and N122. Although new H-bonds form between C103, Y901 and
204 ouabain, the loss of the H-bond with residue 122 is predicted to reduce binding affinity (i.e., increasing
205 resistance; Figs. 3E, 4C, 6A). N122D in the absence of insM results in loss of H-bonds with S119 and E908
206 while recovering the H-bond with D122, as well as formation of additional H-bonds with E116, E111, and
207 D121 (Figs. 3E; 4D). The only difference between the two cases lies in the H-bond between ouabain the
208 the sidechain of E116, which seems crucial for stronger binding. Overall, across all individual modelling
209 replicates, N122D in the absence of insM results in the highest number of H-bonds, with multiple bonds
210 formed by residues E111, E116 and D122 (Fig. S3A), which is predicted to increase ouabain binding-
211 affinity. The distances among H-bond donor-acceptor pairs are also shorter for the N122D mutation in the
212 absence of insM, leading to strong to moderate interactions, which increases binding-affinity (Fig. 6A).

213
214 In the case of sandgrouse ATP1A1, removal of insD from the wildtype ATP1A1 results in stronger H-
215 bonds with D884 but weakened H-bonds at R111 and D121 without changing overall affinity (Figs. 3F;
216 5B; 6B). R111Q is predicted to produce a slight alteration of the H-bond network, thereby altering the
217 docked conformation of ouabain. The R111Q mutation in the presence of insD results in the loss of an H-
218 bond between ouabain and R111, while forming a new H-bond with K905 (Figs. 3F; 5C; S3B), but the net
219 result is not expected to significantly alter ligand affinity. On the other hand, the R111Q substitution in the
220 absence of insD recovers H-bonding at position 111. This leads to new H-bonds between ouabain and
221 residues Q115 and G796 and stronger binding to ouabain (Figs. 3F; 5D; 6B; S3B). Thus, Q115 and G796
222 contribute significantly to the binding of ouabain (Fig. 5D).

223
224 The predicted effects of amino acid substitutions and insertions follow a similar pattern for the ATP1A1 of
225 both species. In ATP1A1 of both chinchilla and sandgrouse, when insertions are removed from the H1-H2
226 loop with derived amino acid states at 111 and 122, respectively, the binding affinity is strengthened,
227 resulting in less CTS-resistant enzymes. Conversely, when the insertions are removed from the wildtype
228 ATP1A1 of both species, the binding affinity is weakened resulting in increased CTS resistance.

229

230

231 **Discussion:**

232 Previous work suggests that the evolution of CTS resistance has been constrained by epistatic effects of
233 resistance-conferring substitutions and that these constraints are likely mediated by a few key sites on the
234 protein (Karageorgi et al. 2019; Taverner et al. 2019; Mohammadi et al. 2021; Mohammadi et al. 2022).
235 Our protein engineering experiments and molecular docking simulations of chinchilla and sandgrouse NKA

236 corroborate this pattern and reveal functional effects and epistatic interactions involving insertions in the
237 H1-H2 extracellular loop of ATP1A1. Previous work also suggests that resistance-conferring substitutions
238 of the H1-H2 loop are often associated with negative pleiotropy on overall protein function (Zhen et al.
239 2012; Dalla et al. 2017; Taverner et al. 2019; Yang et al. 2019; Mohammadi et al. 2021; Mohammadi et al.
240 2022) and that these effects are often mitigated by other amino acid substitutions throughout the protein
241 (Karageorgi et al. 2019; Taverner et al. 2019; Mohammadi et al. 2021). Our mutagenesis experiments reveal
242 that, while amino acid substitutions at sites 111 and 122 can compromise NKA activity, proximate amino
243 acid insertions can play a role in mitigating these effects. In the following paragraphs, we discuss how the
244 results of our mutagenesis experiments and models contribute to our understanding of the evolution of
245 target-site insensitivity of NKA to CTS and the potential importance of insertion-deletion substitutions to
246 protein function and evolution.

247
248 N122D is a derived substitution shared by all Muroid rodents (Muroidea) and neotropical grass frogs
249 (*Leptodactylus*), and is always associated with the substitution Q111R (Mohammadi et al. 2022). While
250 N122D has been shown to confer resistance individually in ATP1A1 of mouse (Price and Lingrel 1988)
251 and neotropical grass frog (Mohammadi et al. 2021), the protein's resistance to CTS increases by orders of
252 magnitude when N122D is combined with Q111R. While not native to the chinchilla lineage, we show that
253 N122D also has the potential to contribute to target-site insensitivity in chinchilla ATP1A1 in the presence
254 of the insM insertion. Surprisingly, N122D does not alter resistance in the absence of the the chinchilla
255 lineage-specific insertion, insM. Our *in silico* modeling analysis shows that insM affects the network of H-
256 bonds between ouabain and several residues within the CTS binding pocket. These bonds are weakened by
257 the removal of insM but can also be strengthened if its removal is combined with N122D.

258
259 The wildtype sandgrouse ATP1A1, which has R111, exhibits a level of CTS resistance on par with a CTS-
260 sensitive ATP1A1 paralog (ATP1A1S) of neotropical grass frogs engineered to carry the Q111R mutation
261 (Mohammadi et al. 2022). However, unlike the frog, in the sandgrouse ATP1A1, there is no difference in
262 levels of resistance between amino acid states Q111 and R111. We found instead that sandgrouse ATP1A1
263 retains resistance with R111 alone or with insD alone; resistance is only lost when both states are reverted.
264 Our protein structure models reveal that mutating R111Q in the absence of insD leads to the formation of
265 multiple strong hydrogen bonds, enabling high affinity complex formation. It is important to note that our
266 docking simulations model the biophysical interactions of ouabain within the NKA's binding cavity, and
267 that it is possible that these amino acid residues influence the protein's "gatekeeping" function, preventing
268 ouabain from entering the binding pocket.

269

270 Given that the wildtype chinchilla ATP1A1 lacks target-site insensitivity, our results also illustrate how
271 epistasis can represent a source of contingency in the evolution of CTS resistance. For example, in the case
272 of chinchilla ATP1A1, the insM mutation influences which amino acid substitutions could potentially
273 contribute to the evolution of target-site insensitivity. If chinchillas or other hystrigonath rodents with insM
274 were subject to selection for CTS resistance, the presence of insM would potentiate the effect of N122D,
275 an amino acid substitution that confers target-site insensitivity in the NKA of other rodents. Thus, although
276 the insM mutation might have been neutral in the ancestor of hystrigonaths, it influences the selection
277 coefficients associated with future mutations in the same protein. Interestingly, other rodents and frogs that
278 have evolved both Q111R and N122D lack an insertion like insM or insD. We speculate that rodents that
279 share these same amino acid states have other amino acid substitutions that serve a compensatory function,
280 similar to the insertions in chinchilla and sandgrouse ATP1A1. The only plausible candidates in the H1-H2
281 loop are a serine/threonine substitution a position 112 (A119S/T, shared with hystricognaths) and a proline
282 substitution at residue 119, a site that has previously been implicated in compensatory interactions with
283 substitutions at sites 111 and 122 (Karageorgi et al. 2019; Taverner et al. 2019). Similarly, it has been
284 shown that frogs have 10 or fewer additional substitutions that mitigate negative pleiotropic effects caused
285 by Q111R and N122D in a CTS resistant paralog of ATP1A1 (Mohammadi et al. 2021), only two of which
286 occur in the H1-H2 loop (A112S/T shared with hystricognaths and E116D).

287
288 Our functional and modeling data reveal potential mechanisms for mitigating negative pleiotropic effects
289 of resistance-conferring mutations and provide insights into the role of indels in protein evolution. A
290 question that remains open is whether these insertions evolved first and were later compensated for by
291 flanking substitutions or whether the flanking substitutions evolved first, thereby producing a permissive
292 background for the insertion to become fixed. It is thought that amino acid insertion and deletion mutations
293 (indels) may have lower fixation probabilities than amino acid point mutations because the former are more
294 likely to disrupt protein function (de la Chaux et al. 2007; Hu and Ng 2012; Montgomery et al. 2013). Indels
295 have been shown to evolve under strong purifying selection and accumulating evidence indicates that point
296 mutations and indels in proteins are interdependent (Tian et al. 2008; Chen et al. 2009; Tóth-Petróczy and
297 Tawfik 2013). Further, protein regions flanking indels have been shown to evolve faster than the rest of the
298 protein, suggesting that indels and associated substitutions may accumulate in a neutral-compensatory
299 manner (Tian et al. 2008; Tóth-Petróczy and Tawfik 2013). We observe a similar pattern of amino acid
300 substitutions correlated with insertions in the hystricognath and sandgrouse clades (Figure 2), whose H1-
301 H2 loop amino acid sequences are markedly divergent from sister taxa. We speculate that the other derived
302 sites (beyond 111 and 122) in this loop also contribute to epistatic effects on CTS resistance and protein
303 activity, and further experimental tests should help dissect these mechanisms.

304

305

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307

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312 Stiftung (Mohammadi 2019) and the National Institutes of Health (F32–HL149172).

313

314

315 **Materials and Methods:**

316

317 **Data sources.** Sequence data for ATP1A1 of the common chinchilla and 25 related rodents, and of the
318 yellow-throated sandgrouse and 21 related birds were collected from publicly available sources (Table S1).
319 Eighteen of the bird ATP1A1 sequences were obtained from genome assemblies under BioProject
320 PRJNA545868 (Feng et al. 2020). ATP1B1 sequences for *Chinchilla lanigera* (Genbank: XM005398203)
321 and *Pterocles gutturalis* (Genbank: XM010081314) were also collected from publicly available sources.
322 Previously characterized functional properties of two recombinant chinchilla and two recombinant yellow-
323 throated sandgrouse NKAs were obtained from a previous study (Mohammadi et al. 2022) (see Table S2).

324

325 **Phylogenetic tree inference.** Nucleotide sequences representing ATP1A1 cDNA for rodents and birds
326 were aligned separately using the MAFFT function in Geneious Prime v 2021.0.3 (Biomatters Ltd). The
327 alignments were analyzed with maximum likelihood (ML) inference using IQ-TREE v 2.1.2 (Minh et al.
328 2020). The IQ-TREE analysis was run using codon-based sequences (-st) and the best-fit model for each
329 partition with 1000 ultrafast bootstrap (UFB) replicates. All IQ-TREE analyses were performed using the
330 CIPRES Science Gateway online server (Miller et al. 2012). To describe ancestral states and substitutions,
331 we used standardized numbering of residues based on the sheep (*Ovis ares*) ATP1A1 sequence (Genbank:
332 NC019458.2) minus 5 residues from the 5' end.

333

334 **Construction of expression vectors.** To supplement previous data (Mohammadi et al. 2022), we created
335 four additional mutagenized versions of ATP1A1 sequences (Invitrogen™ GeneArt) that were codon
336 optimized for *Spodoptera frugiperda* (Table 1). Newly generated plasmid constructs were deposited at
337 Addgene repository under accession numbers 191226-191229. We used recombinant NKA protein

338 constructs for chinchilla and sandgrouse generated by Mohammadi et al. (Mohammadi et al. 2022). First,
339 ATP1B1 genes were inserted into pFastBac™ Dual Expression Vector (Thermo Scientific™;
340 Cat#10712024) at the p10 promoter with XhoI and PaeI (FastDigest; Thermo Scientific™; Cat#FD0694
341 and Cat#FD0593, respectively) and confirmed by sequencing. The ATP1A1 genes were inserted at the P_{PH}
342 promoter of vectors already containing the corresponding ATP1B1 genes using In-Fusion® HD Cloning
343 Kit (Takara Bio; Cat#638910) and confirmed by sequencing. All resulting vectors had the ATP1A1 gene
344 under the control of the P_{PH} promoter and a ATP1B1 gene under the p10 promoter. The resulting two vectors
345 were then subjected to site-directed mutagenesis (QuickChange II XL Site-Directed Mutagenesis Kit;
346 Agilent Technologies, La Jolla, CA, USA; Cat#200521) to introduce the amino acid codons of interest.

347

348 **Generation of recombinant viruses and transfection into Sf9 cells (*Spodoptera frugiperda*).** *Escherichia*
349 *coli* DH10bac cells harboring the baculovirus genome (bacmid) and a transposition helper vector (Thermo
350 Fisher Scientific™; Cat#10361012) were transformed according to the manufacturer's protocol with
351 expression vectors containing the different gene constructs. Recombinant bacmids were selected through
352 PCR screening, grown, and isolated. Subsequently, Sf9 cells (4 x 10⁵ cells*ml) in 2 ml of Insect-Xpress
353 medium (Lonza; Cat#BE12-730P10) were transfected with recombinant bacmids using Cellfectin II reagent
354 (Gibco-Thermo Fisher Scientific™; Cat#10362100). After a three-day incubation period, recombinant
355 baculoviruses were isolated (P1) and used to infect fresh Sf9 cells (1.2 x 10⁶ cells*ml) in 10 ml of Insect-
356 Xpress medium with 15 mg/ml gentamycin (Roth; Cat#0233.1) at a multiplicity of infection of 0.1. Five
357 days after infection, the amplified viruses were harvested (P2 stock).

358

359 **Preparation of Sf9 membranes.** For production of recombinant NKA, Sf9 cells were infected with the P2
360 viral stock at a multiplicity of infection of 1e3. The cells (1.6 x 10⁶ cells*ml) were grown in 50 ml of Insect-
361 Xpress medium with 15 mg/ml gentamycin at 27°C in 500 ml flasks (Dalla et al. 2017). After 3 days, Sf9
362 cells were harvested by centrifugation at 3,000 x g for 10 min. The cells were stored at -80 °C, and then
363 resuspended at 0 °C in 15 ml of homogenization buffer (0.25 M sucrose, 2 mM EDTA, and 25 mM
364 HEPES/Tris; pH 7.0). The resuspended cells were sonicated at 60 W (Sonopuls 2070; Bandelin Electronic
365 Company, Berlin, Germany) for three 45 s intervals at 0 °C. The cell suspension was then subjected to
366 centrifugation for 30 min at 10,000 x g (J2-21 centrifuge, Beckmann-Coulter, Krefeld, Germany). The
367 supernatant was collected and further centrifuged for 60 min at 100,000 x g at 4 °C (Ultra-Centrifuge L-
368 80, Beckmann-Coulter) to pellet the cell membranes. The pelleted membranes were washed twice and
369 resuspended in ROTIPURAN® p.a., ACS water (Roth; Cat#HN68.2) and stored at -20 °C. Protein
370 concentrations were determined by Bradford assays using bovine serum albumin as a standard. Three
371 biological replicates were produced for each NKA.

372

373 **Verification by SDS-PAGE/western blotting.** For each biological replicate, 10 ug of protein were
374 solubilized in 4x SDS-polyacrylamide gel electrophoresis sample buffer and separated on SDS gels
375 containing 10% acrylamide. Subsequently, they were blotted on nitrocellulose membrane (Roth;
376 Cat#HP42.1). To block non-specific binding sites after blotting, the membrane was incubated with 5% dried
377 milk in TBS-Tween 20 for 1 h. After blocking, the membranes were incubated overnight at 4 °C with the
378 primary monoclonal antibody $\alpha 5$ (Developmental Studies Hybridoma Bank, University of Iowa, Iowa City,
379 IA, USA; RRID:AB_2166869). Because only membrane proteins were isolated from transfected cells,
380 detection of the α subunit also indicates the presence of the β subunit. The primary antibody was detected
381 using a goat-anti-mouse secondary antibody conjugated with horseradish peroxidase (Dianova, Hamburg,
382 Germany; Cat#115-035-003; RRID:AB_2617176). The staining of the precipitated polypeptide-antibody
383 complexes was performed by addition of 60 mg 4-chloro-1 naphthol (Merck/Sigma-Aldrich; Cat#C8890) in
384 20 ml ice-cold methanol to 100 ml phosphate buffered saline (PBS) containing 60 ul 30% H₂O₂. See Figure
385 S1.

386

387 **Ouabain inhibition assay.** To determine the sensitivity of each NKA construct against the water-soluble
388 cardiotonic steroid, ouabain (Ouabain octahydrate 96%; Acrös Organic; Cat#AC161730010s), 100 ug of
389 each protein was pipetted into each well in a nine-well row on a 96-well flat-bottom microplate containing
390 stabilizing buffers (see buffer formulas in (Petschenka et al., 2013)). Each well in the nine-well row was
391 exposed to exponentially decreasing concentrations (10⁻³ M, 10⁻⁴ M, 10⁻⁵ M, 10⁻⁶ M, 10⁻⁷ M, 10⁻⁸ M,
392 dissolved in distilled H₂O) of ouabain, HPLC-grade water only (experimental control), and a combination
393 of an inhibition buffer lacking KCl and 10⁻² M ouabain (ouabain octahydrate 96%; Acrös Organic;
394 Cat#AC161730010s) to measure background protein activity (see (Petschenka et al., 2013)). The proteins
395 were incubated at 37°C and 200 rpms for 10 minutes on a microplate shaker (BioShake iQ; Quantifoil
396 Instruments, Jena, Germany; Cat#1808-0506). Next, ATP (Adenosin-5-triphosphat Bis-(Tris)-salt hydrate;
397 Merck/Sigma-Aldrich; CAS#102047-34-7) was added to each well and the proteins were incubated again
398 at 37°C and 200 rpms for 20 minutes. The activity of Na⁺/K⁺-ATPases following ouabain exposure was
399 determined by quantification of inorganic phosphate (Pi) released from enzymatically hydrolyzed ATP.
400 Reaction Pi levels were measured according to the procedure described by (Tausky and Shorr 1953) (see
401 (Petschenka et al. 2013)). All assays were run in duplicate and the average of the two technical replicates
402 was used for subsequent statistical analyses. Absorbance for each well was measured at 650 nm with a plate
403 absorbance reader (BioRad Model 680 spectrophotometer and software package).

404

405 **ATP hydrolysis assay.** To determine the functional efficiency of different Na⁺/K⁺-ATPase constructs, we
406 calculated the amount of Pi hydrolyzed from ATP per mg of protein per minute. The measurements were
407 obtained from the same assay as described above. In brief, absorbance from the experimental control
408 reactions, in which 100 ug of protein was incubated without any inhibiting factors (i.e., ouabain or buffer
409 excluding KCl), were measured and translated to mM Pi from a standard curve that was run in parallel (1.2
410 mM Pi, 1 mM Pi, 0.8 mM Pi, 0.6 mM Pi, 0.4 mM Pi, 0.2 mM Pi, 0 mM Pi). Raw assay data available on
411 Dryad at <https://doi.org/10.5061/dryad.ngflvhhxc>.

412
413 **Statistical analyses.** Background phosphate absorbance levels from reactions with inhibiting factors were
414 used to calibrate phosphate absorbance in wells measuring ouabain inhibition and in the control wells
415 (Petschenka et al. 2013). For ouabain sensitivity measurements, calibrated absorbance values were
416 converted to percentage non-inhibited Na⁺,K⁺-ATPases activity based on measurements from the control
417 wells (Petschenka et al. 2013). These data were plotted and log₁₀ IC₅₀ values were obtained for each
418 biological replicate from nonlinear fitting using a four-parameter logistic curve, with the top asymptote set
419 to 100 and the bottom asymptote set to zero. Curve fitting was performed with the nlsLM function of the
420 minipack.lm library in R. For comparisons of recombinant protein activity, the calculated Pi concentrations
421 of 100 ug of protein assayed in the absence of ouabain were converted to nmol Pi/mg protein/min (Table
422 S2). IC₅₀ values were log₁₀-transformed prior to analysis to better meet the assumptions of normality and
423 homogeneity of variance. We used a 2-way ANOVA to assess interaction effects of point mutations and
424 insertion and followed with a Tukey's test to identify significant differences between the different
425 recombinant proteins (Table S3; Levene's Test for Homogeneity of Variance for chinchilla IC₅₀: F_{3,8}=
426 0.3525 p=0.7888 and protein activity: F_{3,8}=0.1622 p=0.9188 and for sandgrouse IC₅₀: F_{3,8}=0.0243 p=0.9945
427 and protein activity: F_{3,8}=0.4561 p=0.7203). All statistical analyses were implemented in R. Data were
428 plotted using the ggplot2 package in R.

429
430 **Homology modelling and *in silico* mutagenesis.** The structures of the chinchilla (*Chinchilla lanigera*) and
431 sandgrouse (*Pterocles gutturalis*) NKAs are not available in the protein data bank (PDB) and were thus
432 obtained via homology modelling. The template structures required to perform homology modeling were
433 searched using the BLAST search tool (Altschul et al. 1997) implemented in PyMod 3 (Janson and Paiardini
434 2021). Crystal structure of high affinity NKA from *Sus scrofa* (PDB ID: 7DDJ with 94.46% and 85.44%
435 sequence identities with chinchilla and sandgrouse respectively) was used as template due to its high
436 homology and higher resolution.

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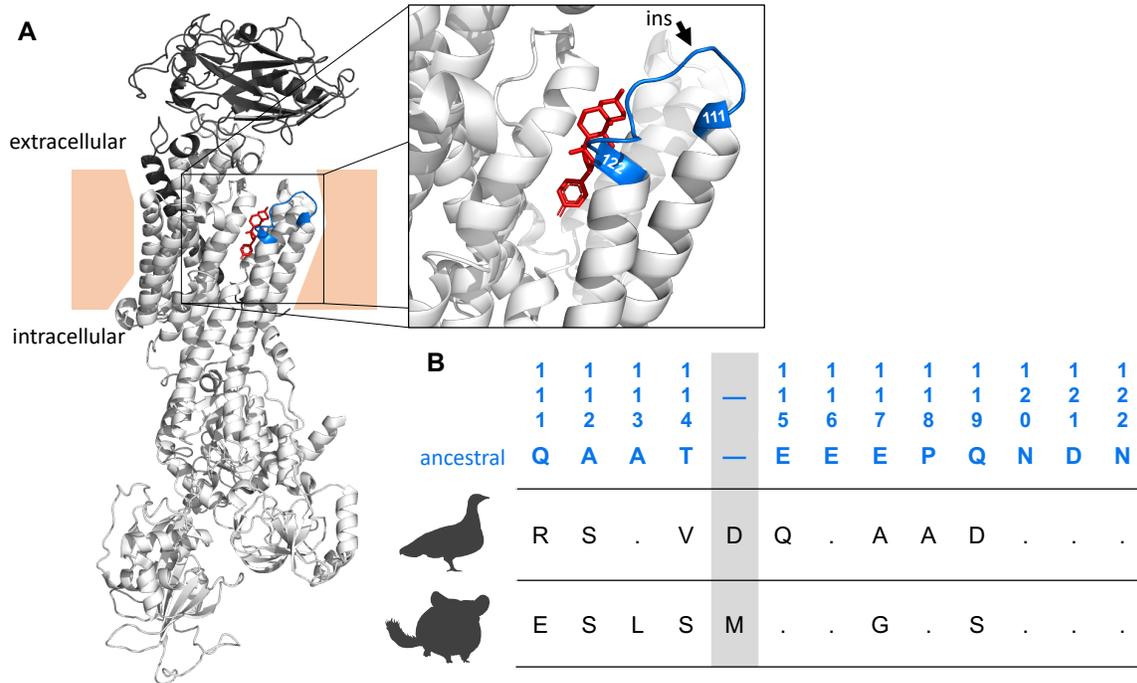
438 Alignment of template and target sequences for homology modeling was performed using MUSCLE (Edgar
439 2004) software via PyMod 3 graphical interface. Homology models of the structures were performed using
440 Modeller (Sali and Blundell 1993) implemented in PyMod 3. In addition, regions with low DOPE scores
441 (Shen and Sali 2006), including the loops in the binding region, were further refined after initial modeling
442 using Modeller. Following standard procedures, ligand molecules and N-terminal amino acids were deleted
443 and disulfide bonds were patched for more accurate modeling (Gray et al. 2003). The modeled structures
444 were energetically minimized with the 1000-step Steepest Descent algorithm using the AMBER99SB-
445 ILDN force field (Lindorff-Larsen et al. 2010) in the OpenMM toolkit (Eastman et al. 2017). Finally, the
446 required point mutations were performed using PyMol (Schrödinger 2015) mutation wizard, where the
447 rotamers with a probability greater than 20% are chosen. After mutations, minimization is performed under
448 the same conditions for another 1000 steps using the OpenMM toolkit to optimize amino acid side chain
449 orientations.

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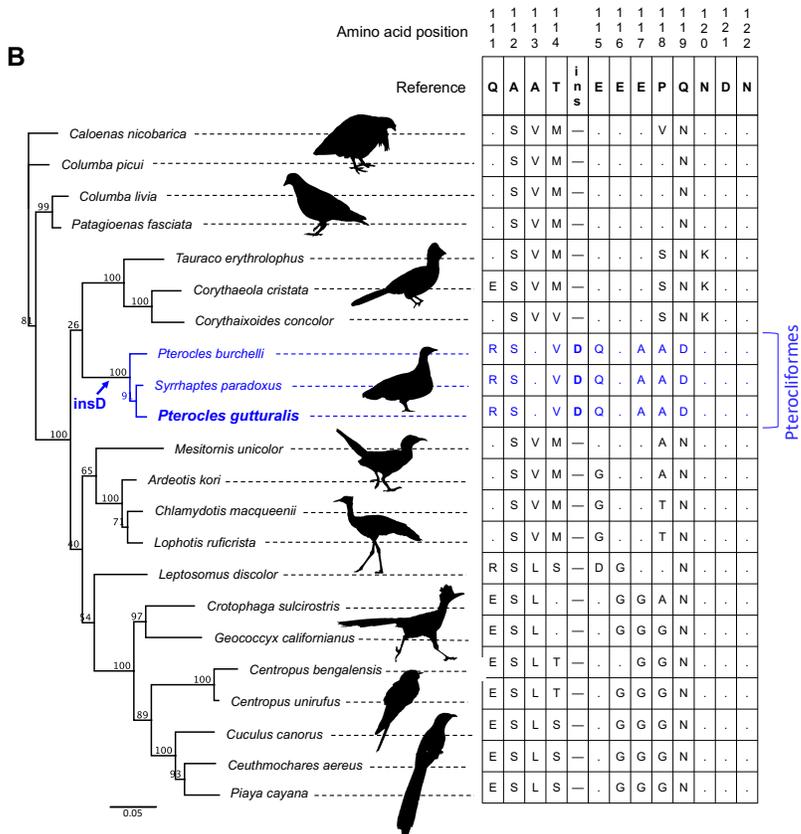
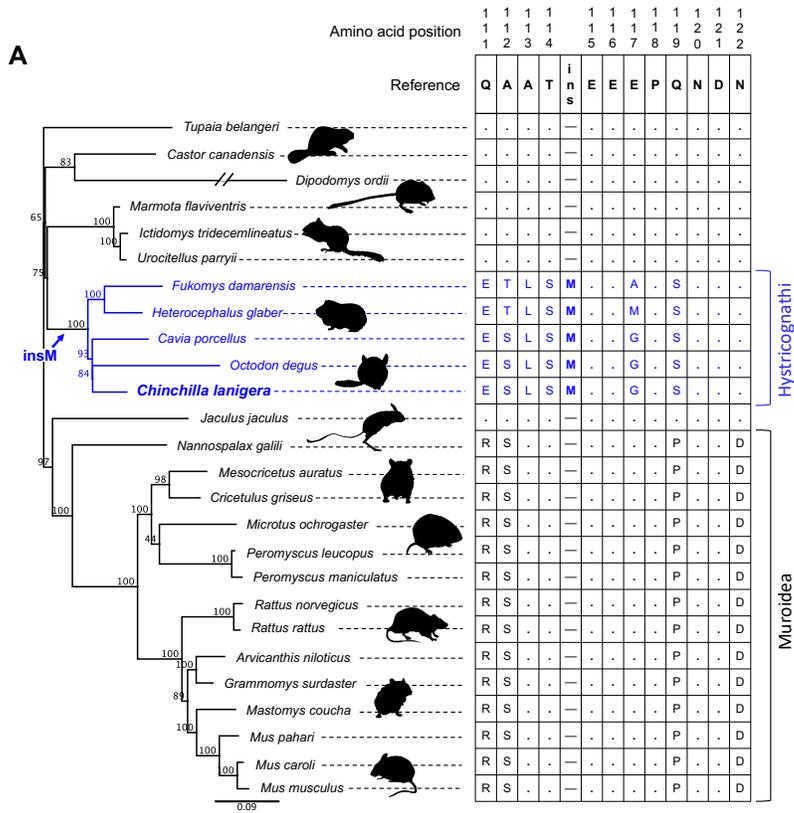
451 **Molecular docking.** Docking calculations for the modeled ATPase structures were performed using
452 Autodock Vina 1.1.2 (Trott and Olson 2010). For docking simulations, ouabain (OBN) ligand molecule
453 was extracted from the NKA-ouabain co-crystallized structure (PDB ID: 7DDJ) from Protein Data Bank
454 (PDB) (Berman et al. 2002). Hydrogen atoms were added and the point charges were corrected using
455 AutoDock Tools (ADT) graphical interface software included in MGLTools 1.5.7 (Sanner 1999). A grid
456 box of dimensions 35x35x40 Å was constructed to include the binding pocket of the ligand for all docking
457 experiments based on the co-crystal structure of ouabain and ATPase complex (PDB ID: 7DDJ) and
458 exhaustiveness value was taken as 10. In addition, interacting residues were selected from the ATPase and
459 OBN complex co-crystal structure (PDB ID: 7DDJ) using LIGPLOT (Wallace et al. 1995) (Fig. 3E-F). In
460 particular, residues involved in hydrogen bonding (Q111, Q119, E312 and T797) were selected to be
461 flexible in the docking process (Table S4) (Ravindranath et al. 2015). For each docking calculation, 10
462 repetitions were performed and poses with lowest docking scores (low scores correspond to best
463 structures—the ones with highest affinity) were extracted (Fig. 3, Fig. S2). The pose with the lowest
464 docking score corresponds to the best binding ligand. PyMOL was used for visual inspection of the docked
465 structures and Discovery Studio was used for hydrogen binding determinations.

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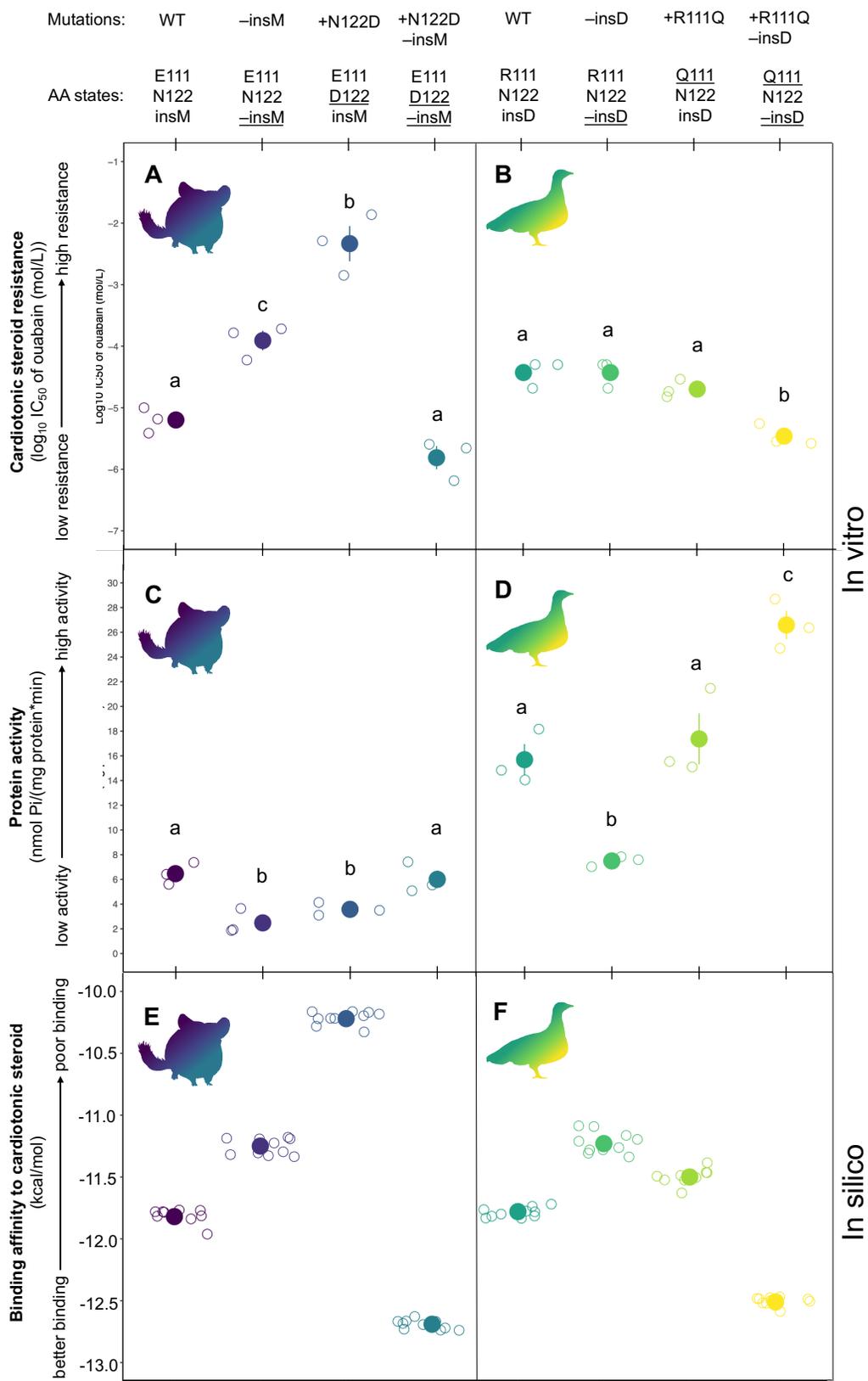
467 **Figures:**
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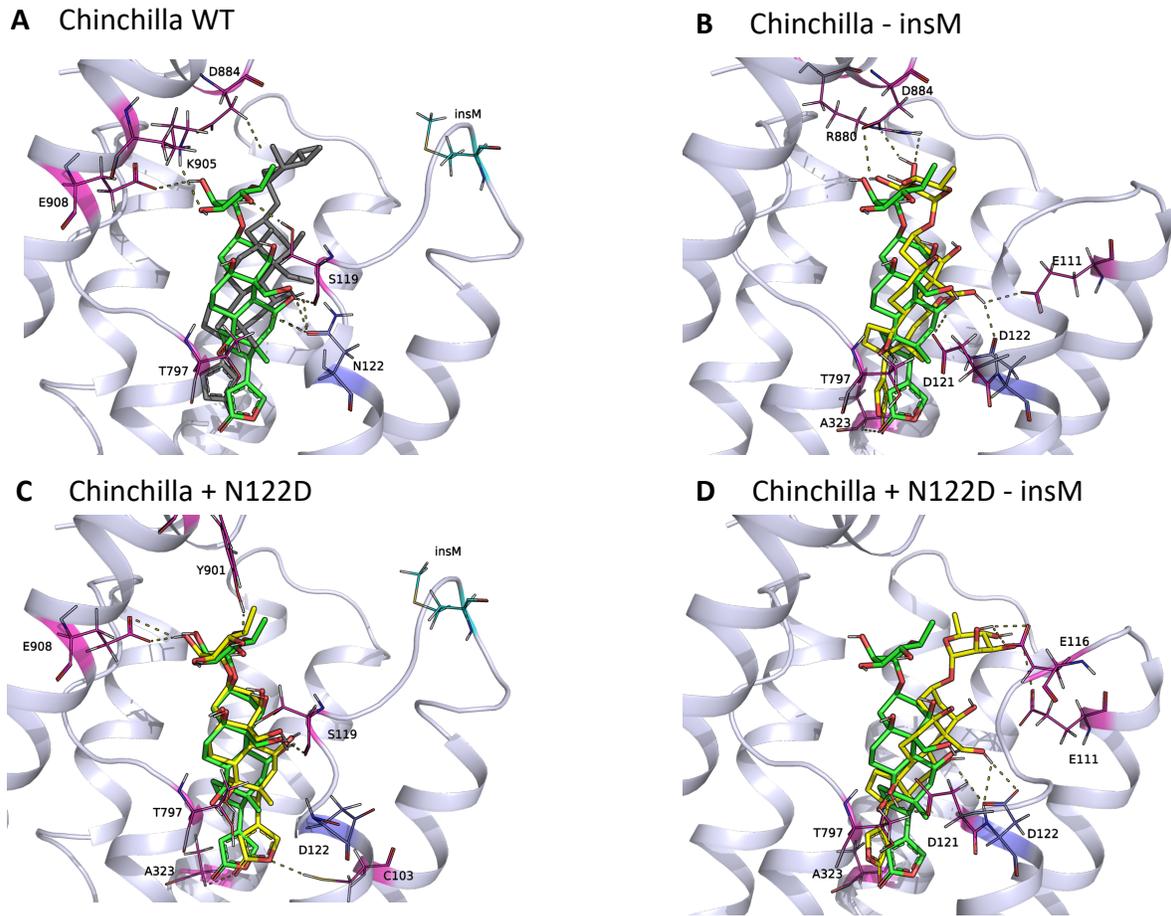
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471 **Figure 1.** (A) Crystal structure of an Na⁺,K⁺-ATPase with a bound cardiotoxic steroid (bufalin) in red (*Sus*
472 *scrofa*; PDB 4RES). The α -subunit is colored in light grey tones and the β -subunit is colored in dark grey.
473 The zoomed-in panel shows the H1-H2 extracellular loop, highlighted in blue. Two sites, 111 and 122, at
474 which substitutions have been repeatedly implicated in CTS resistance are labeled in blue. (B) The ancestral
475 tetrapod amino acid sequence of the H1-H2 extracellular loop (Mohammadi et al. 2022) is indicated by
476 blue text and the numbering follows the sheep ATP1A1 sequence convention. The corresponding wildtype
477 sequences for the yellow-throated sandgrouse (*Pterocles gutturalis*) and the common chinchilla (*Chinchilla*
478 *lanigera*) are listed below. The inferred position of the insertions in both species are highlighted in grey.



480
481 **Figure 2.** Maximum likelihood phylogenies inferred from ATP1A1 nucleotide sequences using IQ-TREE
482 v 2.1.2 (Minh et al. 2020). Amino acid sequences of the H1-H2 loop (positions 111 to 122) are aligned to
483 the right of each phylogeny. (A) Rodent protein tree inferred from an alignment of 26 protein-coding DNA
484 sequences. Branch-tip labels in blue denote species with the insM insertion and includes all members of the
485 clade Hystricognathi. All five species also share several other amino acid substitutions, indicating that they
486 originated in the common ancestor of Hystricognathi. (B) Bird tree inferred from an alignment of 22
487 protein-coding DNA sequences. Branch-tip labels in blue denote species with the insD insertion, which
488 include all sampled sandgrouse (Pterocliiformes). Similar to the hystricognath rodents, the insertion (insD
489 in this case) is accompanied by several other substitutions shared by all sandgrouse.
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493
494 **Figure 3.** Joint in vitro functional properties of eight engineered Na⁺,K⁺-ATPases (NKAs) from the
495 common chinchilla (*Chinchilla lanigera*; panels A and C) and yellow-throated sandgrouse (*Pterocles*
496 *gutturalis*; panels B and D). For each recombinant protein, amino-acid states at positions 111, 122, and the
497 insertion are denoted, and mutagenesis-derived changes at these states are underlined. For each species,
498 recombinant proteins consist of (from left to right), the wildtype NKA, the wildtype NKA–insert, the
499 wildtype NKA+mutation, and the wildtype NKA+mutation–insert. Mean ± SEM log₁₀ IC₅₀ (i.e., CTS
500 resistance) of three biological replicates for each recombinant NKA is plotted on the y-axis of panels A and
501 B. Mean ± SEM ATP hydrolysis rate (i.e., protein activity) for the same proteins is plotted on the y-axis of
502 panels C and D. Raw data from three biological replicates of each protein are shown as open circles and
503 jittered with respect to the x-axis. Significant differences (pairwise *t* test) between proteins for each panel
504 are indicated by different letters. Corresponding in silico docking scores from the best docking position of
505 ouabain docked in the common chinchilla (panel E) and yellow-throated sandgrouse (panel F) recombinant
506 NKAs. The best docking member for each case is defined as the docking position closest to the position of
507 ouabain in the published co-crystal structure (PDB id: 7DDJ). The predicted binding energy of 10 individual
508 docking simulations is represented by open circles, jittered with respect to the x-axis, and the mean values
509 (± SEM) by colored spheres.
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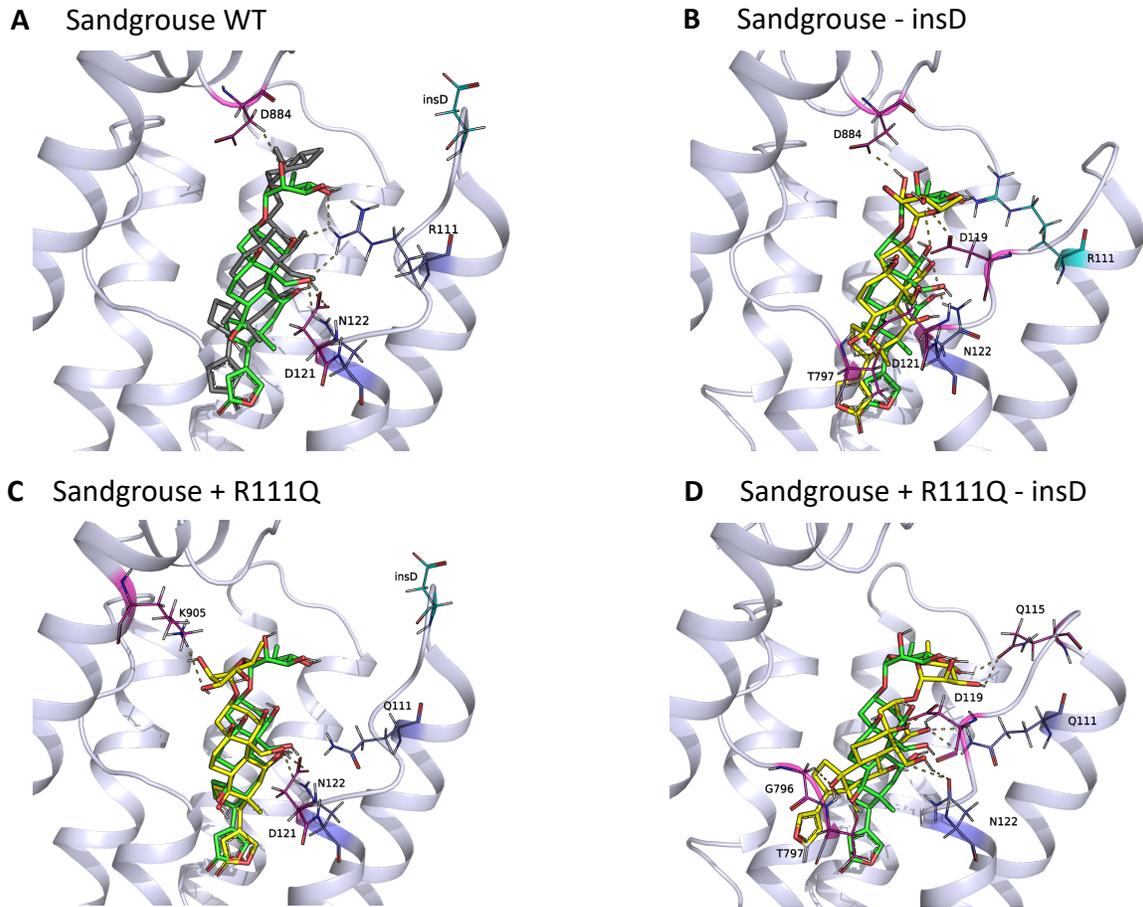
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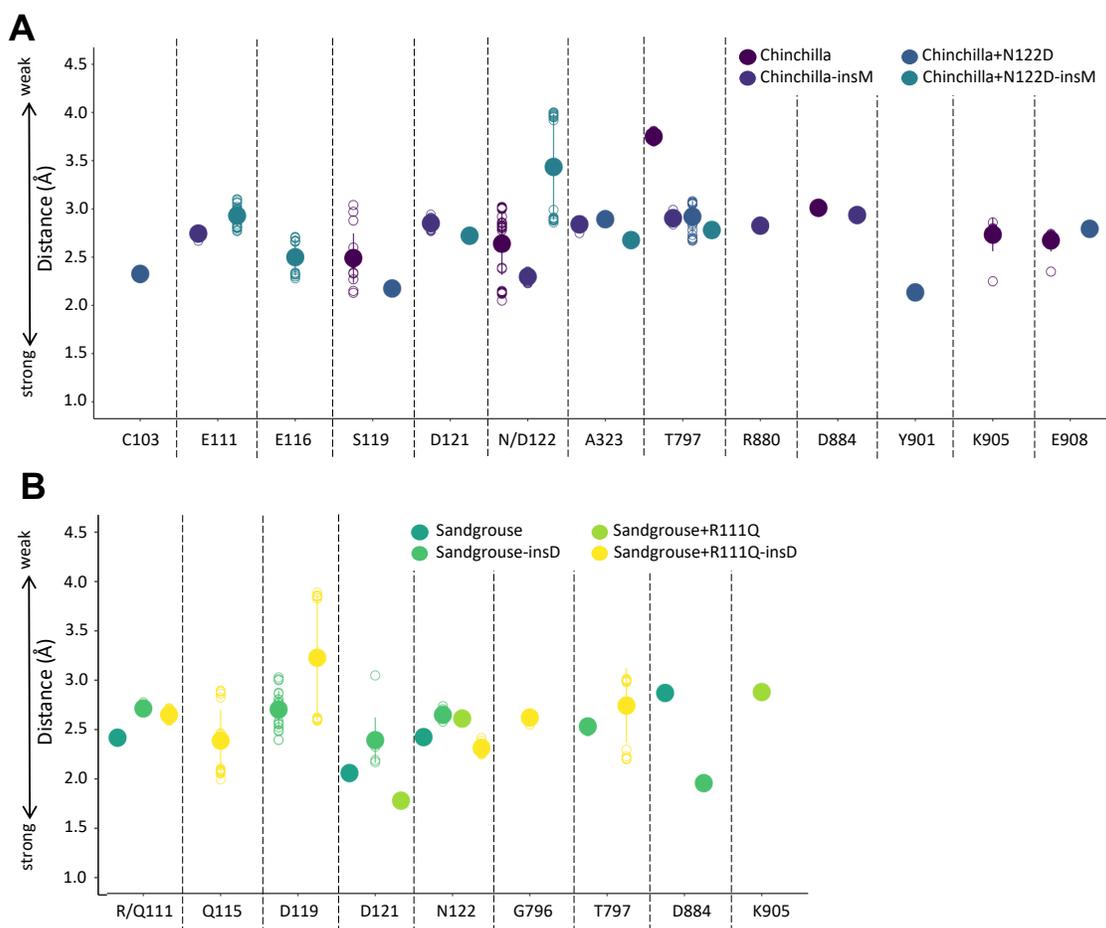
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Figure 4. The docked structure of ouabain in the binding pocket of chinchilla ATP1A1 modeled together with hydrogen bonds obtained from molecular docking simulations. The dark gray ligand in panel A belongs to the co-crystal structure of ouabain with ATP1A1 (PDB ID: 7DDJ), and the green ligand in all panels represents docked ouabain position to the chinchilla wildtype (WT) model. The yellow ligand in panels B-D shows docked ouabain conformations in different mutant ATP1A1 structures. The interacting residues are labeled and shown in stick form and the H-bonds between the ATP1A1 and ouabain are represented as dashed lines. The transmembrane helices of the homology models are superimposed to the same region of the co-crystal structure. The extracellular region of the α -subunit is removed for simplicity.



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Figure 5. The docked structure of ouabain in the binding pocket of sandgrouse ATP1A1 modeled together with hydrogen bonds obtained from molecular docking simulations. The dark gray ligand in panel A belongs to the co-crystal structure of ouabain with ATP1A1 (PDB ID: 7DDJ), and the green ligand in all panels represents docked ouabain pose to the Sandgrouse wildtype (WT) model. The yellow ligand in panels B-D shows docked ouabain conformations in different mutant ATP1A1 structures. The interacting residues are labeled and shown in sticks and the H-bonds between the ATP1A1 and ouabain are represented as dashed lines. The transmembrane helices of the homology models are superimposed to the same region of the co-crystal structure. The extracellular region of the α -subunit is removed for simplicity.



537

538 **Figure 6.** The distribution of distances between the donor-acceptor pairs making H-bonds among
 539 corresponding ATP1A1 residues and ouabain for A) chinchilla and B) sandgrouse. The distances among
 540 bond forming atoms depict the strength of corresponding H-bonds. The lower the bond distance, the
 541 stronger the bond is.

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544 **[PLEASE PLACE THIS TABLE NEAR FIGURE 3]**

545 **Table 1.** List of gene constructs used to test functional effects of amino acid mutations and species-specific
 546 insertions in ATP1A1 of the common chinchilla (*Chinchilla lanigera*) and yellow-throated sandgrouse
 547 (*Pterocles gutturalis*). The corresponding wildtype ATP1B1 gene of each recombinant protein construct
 548 was co-expressed with ATP1A1. Asterisks indicate constructs generated by (Mohammadi et al. 2022). The
 549 abbreviations “wt” and “mut” indicate wildtype or derived states, respectively.

550

Construct Name	Engineered substitution	AA state at 111	AA state at 122	Insertion state
*Chinchilla	none	E111 (wt)	N122 (wt)	insM (wt)
Chinchilla-insM	-insM	E111 (wt)	N122 (wt)	none (mut)
*Chinchilla+N122D	N122D	E111 (wt)	D122 (mut)	insM (wt)
Chinchilla+N122D-insM	N122D -insM	E111 (wt)	D122 (mut)	none (mut)
*Sandgrouse	none	R111 (wt)	N122 (wt)	insD (wt)
Sandgrouse-insD	-insD	R111 (wt)	N122 (wt)	none (mut)
*Sandgrouse+R111Q	R111Q	Q111 (mut)	N122 (wt)	insD (wt)
Sandgrouse+R111Q-insD	R111Q -insD	Q111 (mut)	N122 (wt)	none (mut)

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555

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