

# **A novel TNFRSF1A mutation associated with TNF-receptor-associated periodic syndrome and its metabolic signature**

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## **Abstract**

### **Objective:**

We describe a family with a novel mutation in the TNF Receptor Superfamily Member 1A gene (TNFRSF1A) causing tumour necrosis factor receptor-associated periodic syndrome (TRAPS) with renal AA-amyloidosis.

### **Methods:**

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Case series of affected family members. We further investigated the plasma metabolome of these patients in comparison to healthy controls using mass spectrometry.

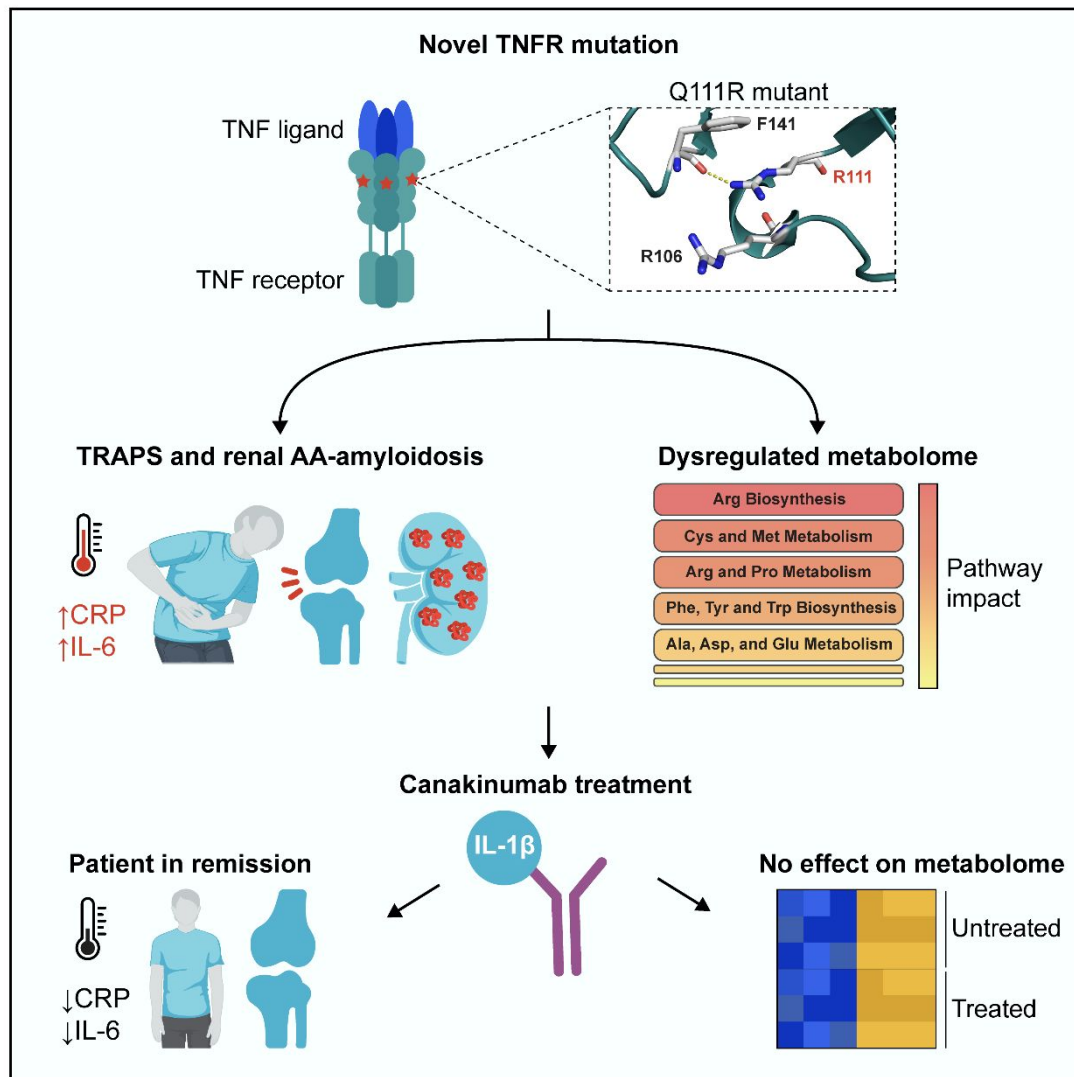
**Results:**

In all symptomatic family members, we detected the previously undescribed variant c.332A>G (p.Q111R) in the TNFRSF1A gene. Canakinumab proved an effective treatment option leading to remission in all treated patients. One patient with suspected renal amyloidosis showed near normalisation of proteinuria under treatment. Analysis of the metabolome revealed 31 metabolic compounds to be upregulated and 35 compounds to be downregulated compared to healthy controls. The most dysregulated metabolites belonged to pathways identified as arginine biosynthesis, phenylalanine, tyrosine & tryptophan biosynthesis and cysteine & methionine metabolism. Interestingly, the metabolic changes observed in all three TRAPS patients seemed independent of treatment with canakinumab and subsequent remission.

**Conclusion:**

We present a novel mutation in the TNFRSF1A gene associated with amyloidosis. Canakinumab is an effective treatment for individuals with this new likely pathogenic variant. Alterations in the metabolome were most prominent in the pathways related to arginine biosynthesis, tryptophan metabolism and metabolism of cysteine & methionine and seemed to be unaffected by treatment with canakinumab. Further investigation is needed to determine the role of these metabolomic changes in the pathophysiology of TRAPS.

## Graphical Abstract



**Keywords:** TRAPS, Amyloidosis, Canakinumab, Metabolomics, Kidney, Kynurenine, Tryptophan, Methionine, Choline

### Key messages:

- c.332A>G (p.Q111R) is a novel pathological mutation within the TNFRSF1A-gene that causes AA-amyloidosis.*
- Early renal amyloidosis is potentially reversible upon adequate inflammation control with canakinumab.*
- TRAPS patients show dysregulated plasma-metabolome with marked changes in arginine, tryptophan and methionine metabolism regardless of disease activity.*

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367 Introduction

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668 Tumour necrosis factor receptor-associated periodic syndrome (TRAPS) is an

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869 autosomal dominantly inherited periodic fever syndrome. Heterozygous pathogenic

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1070 variants in the TNF receptor superfamily member 1A (TNFRSF1A) gene cause

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1271 TRAPS, which leads to dysregulation of the innate immune system and subsequent

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1472 systemic inflammation(1). It is clinically characterised by prolonged episodes of fever,

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1673 arthralgia, myalgia, abdominal pain and erythematous rash(2). As a rare disease, the

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1874 prevalence is estimated to be around one case per million people(3, 4).

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2075 Here we report a new mutation in the TNFRSF1A gene in a Caucasian family, which

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2276 is associated with TRAPS and AA amyloidosis. We also evaluate its response to

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2477 treatment with the IL-1 $\beta$  inhibitor canakinumab. Pathologic variants in the TNFRSF1A

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2678 gene disrupt the folding of the protein, which affects protein structure and expression

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2879 on the cell surface and results in subsequent intracellular accumulation. This leads to

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3080 increased endoplasmic stress, upregulation of the unfolded protein response (UPR),

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3281 and increased production of reactive oxygen species in mitochondria(5) resulting in

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3482 enhanced activation of NF- $\kappa$ B and MAPK signalling and thus an increase in levels of

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3683 proinflammatory cytokines (e.g. IL-1 $\beta$ , TNF, IL-6)(5-7). Persistent inflammation has

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3884 been shown to have a strong impact on metabolic patterns. On the one hand,

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4085 stimulated immune cells adapt their metabolism to provide sufficient energy for the

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4286 proliferation and production of proinflammatory mediators. On the other hand,

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4487 inflammatory responses are subject to regulation by metabolic pathway activity. Based

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4688 on these aspects, gaining more insights into changes in metabolism in the context of

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4889 TRAPS may facilitate the identification of both markers of disease activity and potential

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5090 therapeutic targets. Consequently, we decided to use a mass spectrometry approach

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5291 to study the changes in metabolic processes in three affected family members

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5492 compared to age- and sex-matched healthy controls.

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5693 Methods

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5994 **Genetic testing and *in silico* analyses of mutation** – Next-generation sequencing

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6195 was performed by SYNLAB Mannheim ([https://www.synlab.de/lab/mannheim-](https://www.synlab.de/lab/mannheim-genetik)

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6396 [genetik](https://www.synlab.de/lab/mannheim-genetik)). For pathogenicity predictions of the mutation we, used the PolyPhen-2 web-

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6597 software(8) and PROVEAN(9). Crystal structure 1 FT4 (10.1073/pnas.211178398)(10)

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6798 obtained from the Protein Data Bank ([www.rcsb.org](http://www.rcsb.org)) was modelled in PyMOL

(v2.5.4)(11). Subsequently, the Q111R mutation was generated to predict changes in the interactions between residues.

**Metabolite extraction from plasma** – Heparinized whole blood was obtained from study participants after written informed consent was given according to approval by the ethics committee (vote 12-240), University of Cologne, Cologne, Germany. The study is registered at the German Clinical Trials Registry under the ID: DRKS00010534. Plasma protein concentration was measured using a BCA kit (Thermo Fisher Scientific, Bremen, Germany). Metabolites were extracted using the Folch Method as described previously(12). Briefly, 200  $\mu$ L of Chloroform and 150  $\mu$ L of Methanol were added to the plasma. Samples were shaken for 1 h at 4 °C, followed by centrifugation at 3000 rcf for 10 min at 4 °C.

A volume of sample corresponding to 100  $\mu$ g protein was collected and dried out using a speed vac. The samples were reconstituted in 10  $\mu$ L of acetonitrile, and 5  $\mu$ L was injected into the MS instrument.

**Untargeted metabolomics** – Analytes were separated using a UHPLC system (Vanquish, Thermo Fisher Scientific, Bremen, Germany) coupled to an HRAM mass spectrometer (Q-Exactive Plus, Thermo Fischer Scientific GmbH, Bremen, Germany) as described previously(13). Briefly, 2  $\mu$ L of sample extract were injected into an X Select HSS T3 XP column, 100 Å, 2.5  $\mu$ m, 2.1 mm x 100 mm (Waters), using a binary system comprised of 2 solutions, A: water with 0.1% formic acid, B: acetonitrile with 0.1% formic acid, operating at a flow rate of 0.1 mL/min and a column temperature kept at 30°C. Gradient elution was conducted as follows: isocratic step at 0.1% eluent B for 0.5 min, gradient increase up to 2% eluent B in 2 min, then increased up to 30% eluent B in 6 min and to 95% eluent B in 7 min, isocratic step at 95% eluent B for 2 min. The gradient was decreased to 0.1% eluent B in 3 min and held at 0.1% eluent B for 5 min. Mass spectra were recorded from 100-800 m/z at a mass resolution of 70,000 at m/z 400 in both positive and negative ion modes using data-dependent acquisition. Tandem mass spectra were acquired by performing CID. Sample injection order was randomised to minimise the effect of instrumental signal drift. MS data analysis was performed using Xcalibur software 4.0.

**Compound identification and quantification** – Metabolite search was performed using Compound discoverer 2.0 and mzCloud as online databases, considering

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131 precursor ions with a deviation < 5 ppm, 0.5 min maximum retention time shift,  
132 minimum peak intensity 10<sup>5</sup>, intensity tolerance 10, FT fragment mass tolerance  
133 0.0025 Da, group covariance < 30%, p-value < 0.05 and area Max ≥ 10000.  
134 Metabolites were considered to be correctly identified when at least two specific  
135 fragments were found in the MS2 spectra. Quantification was performed using Trace  
136 finder 4.1, genesis detection algorithm, nearest RT, S/N threshold 8, min peak height  
137 (S/N) equal to 3, peak S/N cut-off 2.00, valley rise 2%, valley S/N 1.10. Relative  
138 quantification was obtained by dividing the area of individual metabolites to spiked  
139 internal standards (Leucine enkephalin, myristic acid and cysteamine sodium salt).

140 **Statistical analyses** – Quantified metabolites were analysed using the inbuilt tools of  
141 the MetaboAnalyst platform (metaboanalyst.ca)(14). Changes in single metabolites  
142 were classified as significant when log2FC > 0.5 and t-Test returned both p < 0.05 and  
143 false discovery rate (FDR) < 0.05 (Suppl. Tab. S1, available at *Rheumatology* online).  
144 The quantitative enrichment analysis and pathway analysis modules were used for  
145 pathway analyses (Suppl. Tab. S2 and S3, available at *Rheumatology* online).

146 **Measurements of inflammatory markers** – C-reactive protein (CRP) was determined  
147 by the CRP Latex Test Gen. 3, a particle-enhanced immunoturbidimetry (Roche  
148 Diagnostics®) with the Cobas C702 analyser system. Interleukin 6 (IL-6) was  
149 determined by the Elecsys IL-6 (Roche Diagnostics®), a sandwich immunoassay,  
150 using the Cobas E801 analyser system.

151 **Case description and Results**

152 A 44-year-old man (patient 1) presented to our hospital with abdominal pain, highly  
153 elevated inflammation parameters and chronic kidney disease with severe proteinuria  
154 KDIGO G5A3 (Figure 1A). Kidney biopsy showed severe AA-amyloidosis (Figure 2).  
155 Patient history revealed recurrent attacks of abdominal pain with fever and elevation  
156 of inflammatory markers such as C-reactive protein (CRP) that had first occurred at  
157 the age of 16 years. He also reported that his father, aunt, sister and daughter had  
158 similar problems (Figure 1B).

159 His 19-year-old daughter (patient 2) disclosed that she had had recurrent episodes of  
160 abdominal pain with a fever of up to 38.5 °C since she was 11 years old (Figure 1A,  
161 B). The attacks lasted > 14 days and occurred 3-5 times a year. Due to the recurrent

abdominal pain attacks, she had already had an appendectomy at the age of 15 years and had undergone a diagnostic laparoscopy, where endometriosis was suspected, but only signs of unspecific peritonitis were evident. She denied skin rashes during the attacks. At the time of her presentation to our department, she showed highly elevated CRP levels (263 mg/dl) but only reported mild abdominal pain when asked. Kidney function was normal, and proteinuria was within normal range. The 46-year-old sister of patient 1 (patient 3) also presented with a history of recurrent abdominal pain and fever at 6-8 weeks intervals since the age of 12 years (Figure 1A, B). She also reported suffering from cervical lymphadenopathy and arthralgia during the attacks. On presentation, she showed mildly impaired kidney function (eGFR 63 ml/min) and proteinuria of 2000 mg/g creatinine (albuminuria 1500 mg/g creatinine), strongly suggesting early renal AA amyloidosis.

All five symptomatic family members underwent genetic testing that revealed the TNFRSF1A-variant c.332A>G (p.Q111R) (Figure 1C). To our knowledge, this missense variant has not yet been reported in the literature or the infevers database(15, 16). *In silico* analyses of the mutation by PolyPhen-2 software(8) and Provean(9) classified the mutation as probably damaging (score: 0.999) and deleterious (Provean-Score: -3.541), respectively. *In silico* analysis via the PyMOL software(11) and the Project HOPE server(17) was performed to obtain three-dimensional representations of the protein (Figure 3A). Modelling of the mutation revealed that the mutant residue (Q111R) is larger than the wild-type residue and is positively charged, whereas the wild-type is neutral. Unlike wild-type (Figure 3B), mutant residues cannot form hydrogen bonds with the backbone carbonyl group R106 likely affecting the proper folding of this domain (Figure 3C). The mutation is located in the cysteine-rich domain 2 (CRD 2) of the protein's extracellular domain, where most TRAPS-causing mutations are reported (Figure 1C)(5).

Taking into account the typical clinical picture, the histological evidence of renal AA amyloidosis, the detection of a mutation in the TNFRSF1A gene and the fact that the mutation was found in the extracellular domain of TNF1A, the diagnosis of TRAPS was made.

All patients received the IL-1 $\beta$  inhibitor canakinumab for treatment, and all responded with normalisation of inflammatory parameters and clinical remission. Figure 1A shows

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the clinical characteristics and laboratory results of all patients. Notably, patient 3 showed a marked decrease in proteinuria during treatment with canakinumab, which we interpret as an improvement in suspected early renal AA amyloidosis. While the proinflammatory changes and the pathophysiological changes in TNF $\alpha$  signalling have been well described, the impact of these mutations on metabolism has not been sufficiently studied to date(7, 18) Thus, we used mass spectrometry to test metabolomic changes in the patients.

Figure 4A shows a heatmap of metabolic changes in the plasma of our three patients during disease flares and during remission (defined by the absence of clinical symptoms and normal levels of CRP as well as IL-6 (Figure 5C)) compared to age- and sex-matched healthy controls. We found 31 metabolites upregulated and 35 compounds downregulated (Suppl. Tab.S1).

Intriguingly, these metabolic changes seemed to be independent of disease activity (Figure 4A, Figure 5A).

Among the significantly upregulated metabolites, we identified hypoxanthine, kynurenine, phenylalanine and choline (Figure 4B), while tryptophan, arginine, tyrosine and methionine were found to be among the significantly downregulated metabolites (Figure 4C).

Quantitative enrichment analyses revealed that arginine biosynthesis and tryptophan metabolism were among the most enriched pathways according to the KEGG library (Figure 4D, Suppl. Tab. S2).

Sparse partial least-squares discriminant analysis (sPLS-DA) confirmed a distinct signature for all patients compared to healthy controls, while no differences were evident concerning disease activity (Figure 4E). Notably, arginine biosynthesis and biosynthesis of phenylalanine, tyrosine and tryptophan also scored high when quantifying the impact of KEGG pathways using pathway enrichment analyses. In addition, cysteine and methionine metabolism emerged as another impactful pathway (Figure 5B, Suppl. Tab. S3).

**Discussion:**



We present a novel TNFRSF1A-variant c.332A>G (p.Q111R) causing TRAPS in affected patients. We observed a remarkable response with normalisation of inflammatory parameters in all three patients upon initiating treatment with the IL-1 $\beta$  antibody canakinumab. Furthermore, we interpret the near normalisation of proteinuria in patient 3 as regressive amyloidosis of the kidney. This is in line with findings that early intervention targeting the IL-1 pathway can stop or improve the course of renal amyloidosis in patients with familial Mediterranean fever(19).

In contrast to the effects of canakinumab on inflammation, the metabolomic signature did not correlate with disease activity. This can be considered analogous to observations from TRAPS patients, where blocking the action of proinflammatory cytokines associated with TRAPS (e.g., IL-1, TNF) could improve clinical symptoms but did not affect the underlying activation of intracellular inflammatory signalling pathways(20).

Many affected pathways, such as arginine biosynthesis (Figure 5D) and tryptophan metabolism, have been described as dysregulated in inflammation (reviewed in Ref.(21)). In humans, Indoleamine 2,3 dioxygenase (IDO) catabolises the initial steps of a series of reactions leading to the conversion of tryptophan to kynurenine. These reactions seem activated in inflammation, with the tryptophan/kynurenine ratio being suggested as a marker for infectious diseases such as COVID-19(22, 23). Interestingly, it has been shown that proinflammatory cytokines may prime macrophages and dendritic cells to express IDO and release reactive oxygen species (ROS), leading to the conversion of tryptophan to kynurenine and inhibiting the conversion of phenylalanine to tyrosine, respectively (Figure 5E)(24, 25).

In addition, activated macrophages have also been studied regarding choline metabolism, which was enriched in all patients (Figure 4B). For example, it has been shown that activated murine macrophages can enhance choline uptake, increasing IL-1 and IL-18 production(26). Furthermore, dietary supplementation of choline in mice led to upregulation of the scavenger factor CD36(27). Murine macrophages deficient in CD36 have been shown to display downregulation of proinflammatory cytokines and reduced oxidative stress (28, 29). The notion that increased choline levels contribute to the disease phenotype is supported by findings in a mouse model of Muckle-Wells syndrome, a different periodic fever syndrome. Here the absence of choline led to a reduction in disease severity(26). In humans, both beneficial and harmful effects of

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choline have been described. A study analysing the metabolic profile changes in the plasma of patients diagnosed with inflammatory rheumatoid arthritis found choline to be increased(30). Conversely, choline has been described to attenuate immune activity in asthma patients and to ameliorate cardiovascular damage by inhibiting the inflammatory response in rats(31, 32).

It is noteworthy that choline is linked to methionine metabolism, which we observed to be among the most impactful pathways to be dysregulated (Figure 5B, F). Betaine, a choline derivative, is required to convert homocysteine to methionine(33). Indeed, we noted upregulation of homocysteine while methionine appeared downregulated (Figure 4C, Suppl. Tab. S1). In line with this, we also detected the downregulation of S-adenosyl-methionine which is produced in the conversion of methionine to homocysteine (Figure 5F)(34). Homocysteine synthesis from methionine also leads to adenosine production, which is subsequently converted to hypoxanthine (Figure 5F)(35). Hypoxanthine can then be oxidised to xanthine and uric acid in ensuing reactions (Figure 5F). Of note we found hypoxanthine to be highly enriched while both adenosine and xanthine were slightly decreased; however, not to a level of log2FC > 0.5. In the context of cancer, increased production of purines from hypoxanthine has been described to suppress immune function through downregulation of IL-1 $\beta$  in the tumour microenvironment(36). We interpret the enrichment of hypoxanthine in our data to be a reflection of TRAPS-induced hyperactivation of immune cells.

Hyperhomocysteinemia has been well-described for cardiovascular diseases and rheumatoid arthritis(37, 38). In addition, homocysteine has also been shown to drive inflammation through macrophage activation(33). In microglia, resident brain macrophages, homocysteine leads to activation and subsequent release of inflammatory factors such as TNF- $\alpha$  and IL-6(39).

All of these changes in metabolite abundance can be observed in the context of oxidative stress. We found oxidised glutathione (GSSG) to be significantly increased and reduced glutathione (GSH) to be significantly decreased, yielding an increased ratio indicative of oxidative stress (Suppl. Tab. 1, Figure 5F)(40). Furthermore, increased ROS production – the cause of oxidative stress – has been shown in TRAPS patients independent of disease activity(6). Thus, we speculate that the overactivation

of macrophages in the context of oxidative stress might be one of the mechanisms underlying the observed metabolic changes.

However, further mechanistic studies are needed to elucidate why changes in the metabolome consistent with inflammation do not appear to correlate with clinical symptoms or laboratory parameters of disease activity. This is particularly striking since after treatment of 20 TRAPS patients with canakinumab, many genes relevant to disease pathogenesis moved towards levels seen in the healthy volunteers(41). Our findings imply that the metabolic changes are not conclusively explained by the phenotypic proinflammatory cytokines but rather seem to be an effect of mutation-associated changes in other pathways that are not affected by treatment with canakinumab. It is conceivable that this also applies to other monogenetic autoinflammatory diseases that have a similar inflammatory phenotype and responsiveness to IL-1 inhibitors.

Despite the successful clinical response and the significant changes observed in the metabolome, this study was limited because only three family members were available for testing, which is typical in rare genetic disorders. Further studies are needed to confirm our findings and to clarify whether these results are mutation-specific or can be generalised to other known TRAPS-causing mutations or even to other known monogenic autoinflammatory fever syndromes.

## Conclusion:

Here we present a novel mutation in the TNFRSF1A gene that causes TRAPS and is associated with AA-amyloidosis. Canakinumab is an effective treatment in this variant and led to improvement in proteinuria in one of the patients with presumed early renal AA-amyloidosis. We observed significant changes in the metabolome compared to healthy controls affecting several pathways, most prominently arginine biosynthesis, tryptophan metabolism and metabolism of cysteine and methionine. Treatment with canakinumab did not appear to affect these metabolic changes caused by TRAPS. Further studies are needed to examine how these pathways, which seem unaffected by treatment with canakinumab, contribute to the pathophysiology of TRAPS.

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12 326 **Conflict of interest**  
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14 327 The authors have declared no conflict of interest.  
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19 329 **Data availability**  
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21 330 The datasets generated during and/or analysed during the current study are available  
22 331 from the corresponding author on reasonable request.  
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27 333 **Ethics**  
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29 334 The study was conducted in accordance with the Declaration of Helsinki, and samples  
30 335 were collected and analysed under protocols approved by the ethics committee (vote  
31 336 12-240), University of Cologne, Cologne, Germany. The study is registered at the  
32 337 German Clinical Trials Registry under the ID: DRKS00010534. Informed consent was  
33 338 received.  
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37 340 **Acknowledgements**  
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**A** Light microscopy of the kidney shows deposits of amorphous material in glomeruli and arterioles (marked by black arrows). Periodic acid–Schiff (PAS) stain. **B** Congo red staining identify deposits as amyloid (marked by black arrows). **C** Polarized light microscopy identify deposits as amyloid (marked by white arrows). **D** Electron microscopy overview (magnification 2100x) of a glomerulus shows cloudy structures. **E** Higher magnification (46400x) of D shows cloudy structure are identifiable as amyloid fibrils.

Figure 3 Crystal structure of TNF1A reveals disruption of hydrogen bonds

**A** Cartoon representation of dimeric TNF1A (PDB 1FT4); one monomer is coloured in deep teal, and the second monomer is in deep purple. **B** Magnification of the region containing Q111 and neighbouring interacting residues R106 and F141 shown in sticks. Carbons are colour coded in grey, nitrogen in blue and oxygen in red. Hydrogen bonds are depicted as yellow dashed lines. **C** Q111R mutation disrupts the interaction with the backbone carbonyl group R106, likely affecting the proper folding of this domain. Images were generated with PyMOL (v2.5.4)(1).

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**A** Untargeted metabolomic analysis of three patients compared with eight age- and sex-matched healthy controls. For patients 1 and 2, samples obtained during active disease flares (A) and during remission (R) were analysed. Heat map depicting log2 transformed abundance of metabolites (normalized to internal standard) relative to average of controls (listed in Suppl. Table 1). Metabolites and samples were hierarchically clustered using Euclidean metrics. **B** Relative abundance of hypoxanthine, L-kynurenine, L-phenylalanine and choline in TRAPS patients compared to healthy controls. Blue symbols denote patient 1, purple symbols patient 2 and green patient 3. Circles denote disease in remission while triangles denote active disease. Significance was assessed using unpaired t-test: \*\*\*\* p<0.0001 and \* p<0.05. **C** Relative abundance of L-tryptophan, L-arginine, L-tyrosine and L-methionine in TRAPS patients compared to healthy controls. Blue symbols denote patient 1, purple symbols patient 2 and green patient 3. Circles denote disease in remission while triangles denote active disease. Significance was assessed using unpaired t-test: \*\*\*\* p<0.0001. **D** Quantitative enrichment analysis obtained by uploading all quantified metabolites to MetaboAnalyst (<https://www.metaboanalyst.ca>)(2) in the three patients compared to healthy control. Only pathways featuring at least five entries were considered. KEGG pathways containing 84 metabolite sets (KEGG, Oct. 2019) was selected. Detailed parameters are shown in Supplementary Table S2. **E** Sparse partial least squared- discriminant analysis (sPLS-DA) scores of the untargeted metabolomic features of all five conditions compared to healthy controls obtained by MetaboAnalyst

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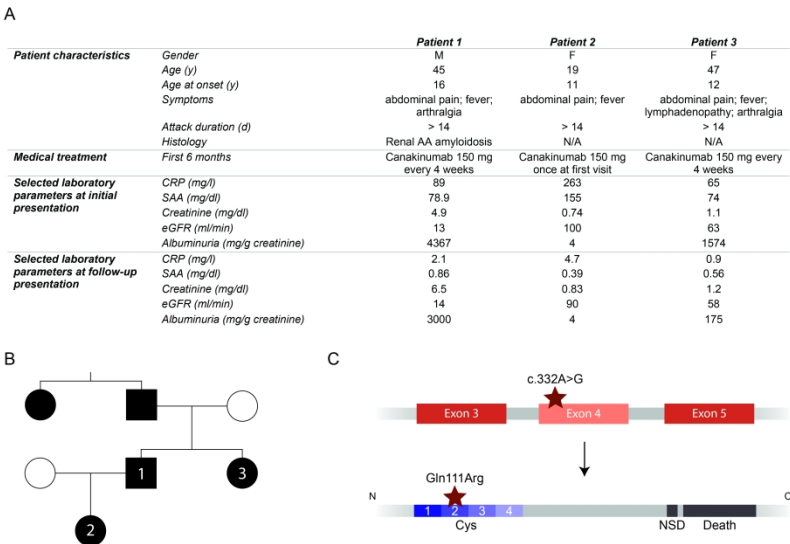


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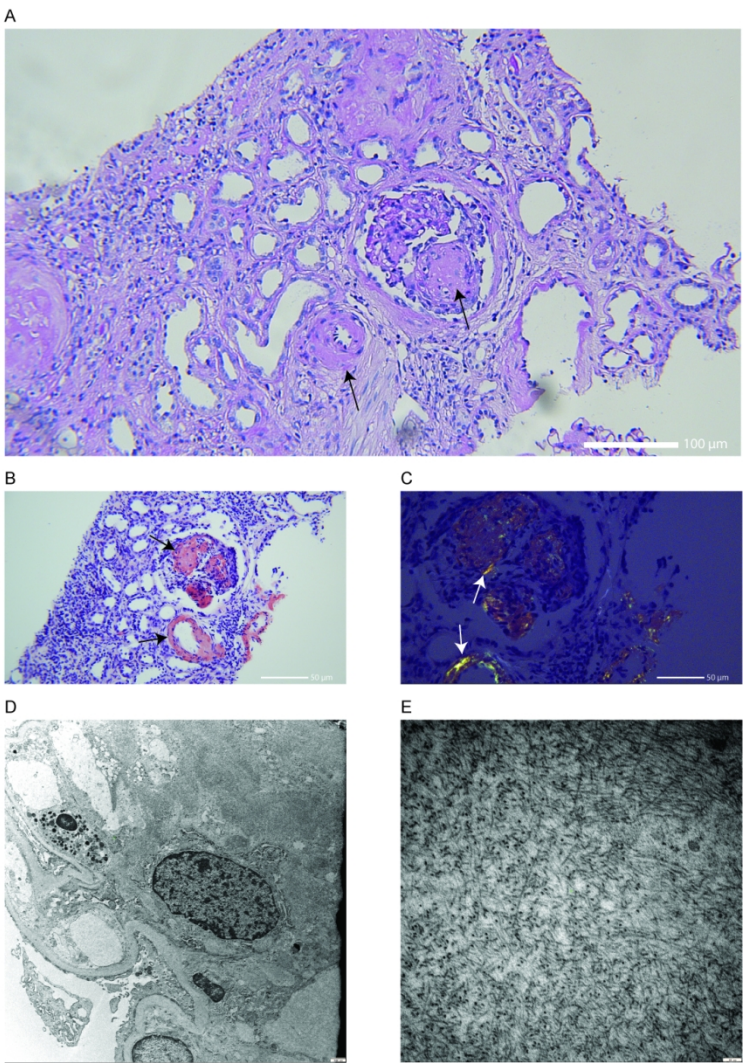


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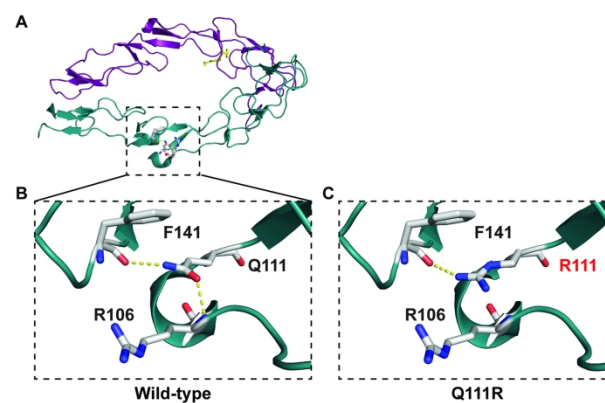


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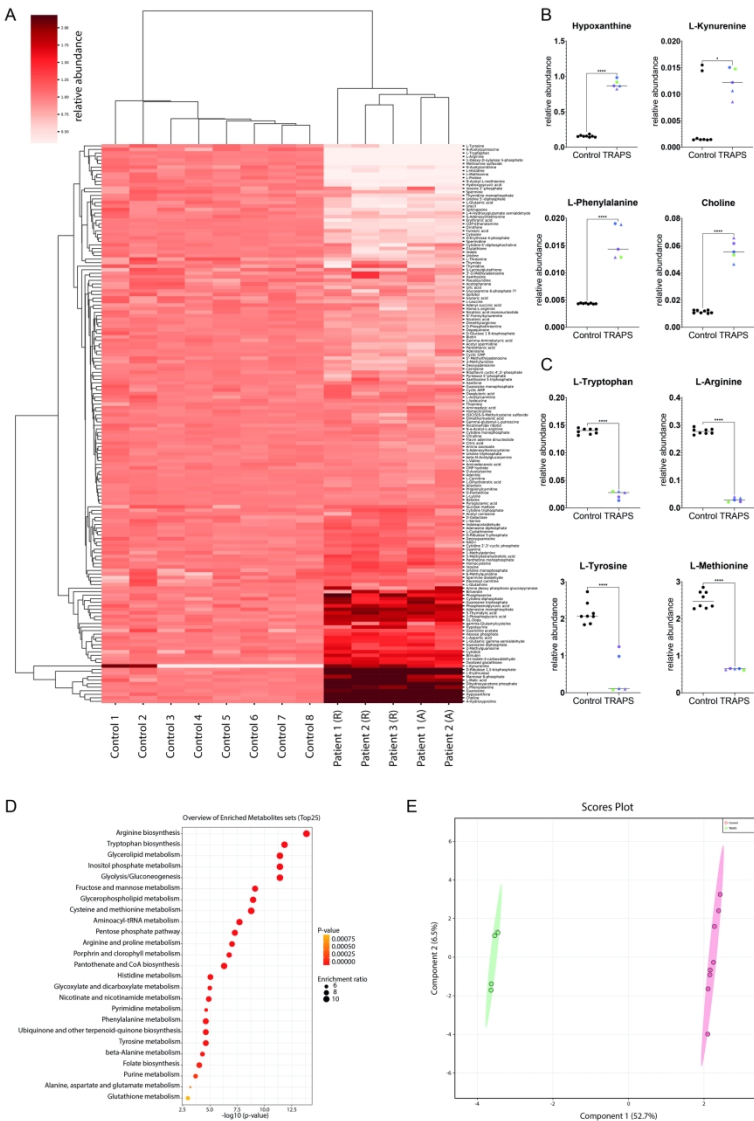


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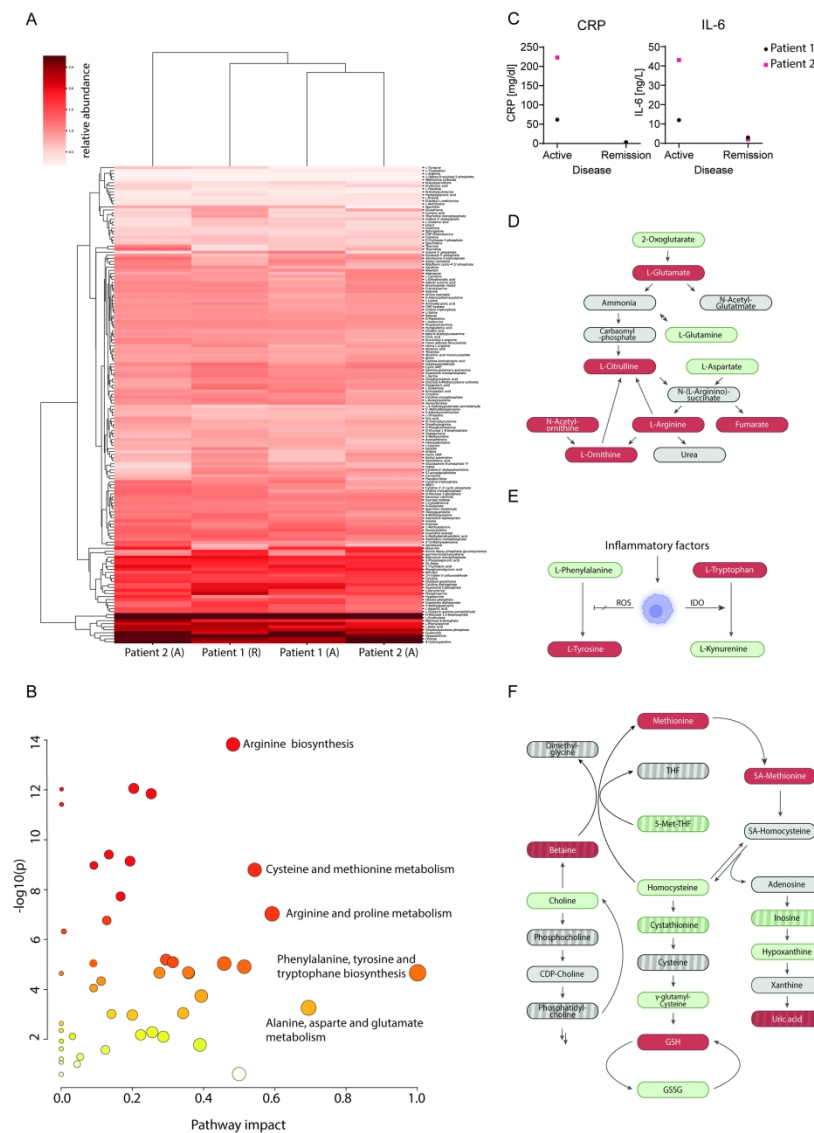


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