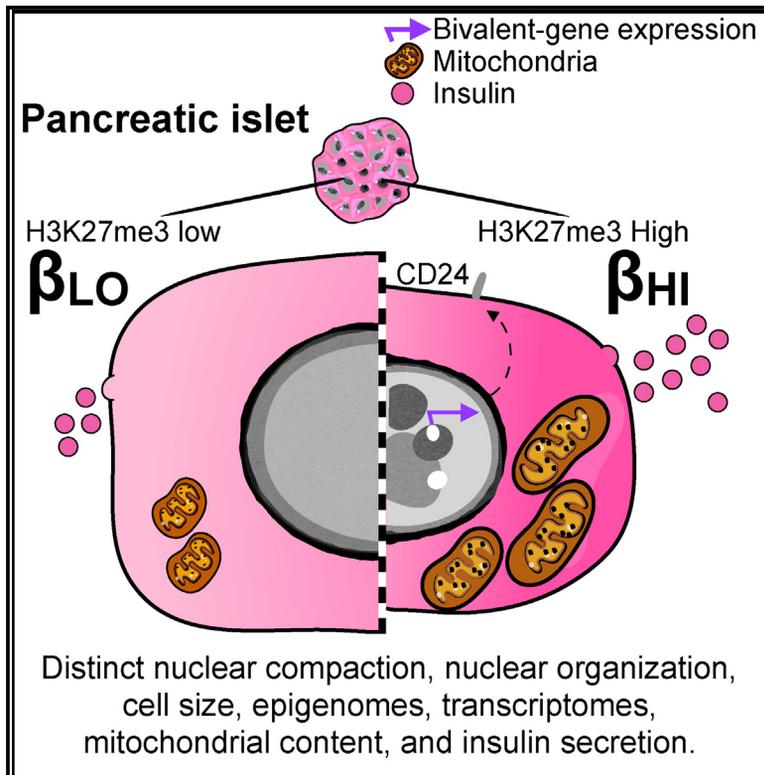


Cell Metabolism

Epigenetic dosage identifies two major and functionally distinct β cell subtypes

Graphical abstract



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In brief

β cells, the sole providers of insulin, are highly specialized, long-lived cells that rely on specific epigenetic systems to maintain their identity. Here, by leveraging distinct differences in the histone modification H3K27me3, Dror et al. identify and characterize two subtypes of β cells that are distinctive by their morphology, epigenomes, transcriptomes, and function.

Highlights

- Quantitative H3K27me3 heterogeneity reveals 2 common β cell subtypes
- β_{HI} and β_{LO} cells are stably distinct by 7 independent sets of parameters
- H3K27me3 dosage controls β_{HI}/β_{LO} ratio *in vivo*
- β_{HI} and β_{LO} cells are conserved in humans and enriched in type 2 diabetes

Article

Epigenetic dosage identifies two major and functionally distinct β cell subtypes

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SUMMARY

The mechanisms that specify and stabilize cell subtypes remain poorly understood. Here, we identify two major subtypes of pancreatic β cells based on histone mark heterogeneity (β_{HI} and β_{LO}). β_{HI} cells exhibit ~ 4 -fold higher levels of H3K27me3, distinct chromatin organization and compaction, and a specific transcriptional pattern. β_{HI} and β_{LO} cells also differ in size, morphology, cytosolic and nuclear ultrastructure, epigenomes, cell surface marker expression, and function, and can be FACS separated into CD24⁺ and CD24⁻ fractions. Functionally, β_{HI} cells have increased mitochondrial mass, activity, and insulin secretion *in vivo* and *ex vivo*. Partial loss of function indicates that H3K27me3 dosage regulates $\beta_{\text{HI}}/\beta_{\text{LO}}$ ratio *in vivo*, suggesting that control of β cell subtype identity and ratio is at least partially uncoupled. Both subtypes are conserved in humans, with β_{HI} cells enriched in humans with type 2 diabetes. Thus, epigenetic dosage is a novel regulator of cell subtype specification and identifies two functionally distinct β cell subtypes.

INTRODUCTION

β cells are the sole providers of insulin in the body, acting to optimize nutrient uptake and storage and to prevent hyperglycemia. During development, β cells differentiate through progressive activation of transcription factor-directed gene networks and undergo functional maturation during early post-natal life.^{1,2} Adult β cells are highly specialized and quiescent and represent one of the longest-lived cell types in the body, averaging ~ 30 – 40 years in elderly humans.^{3,4} β cells therefore rely on specific epigenetic systems to stabilize and maintain cell identity over expansive time scales.^{5,6} A relative loss of functional pancreatic β cell mass results in diabetes.

Significant cell-to-cell heterogeneity has been observed within the β cell compartment since the 1960s.⁷ Early studies found heterogeneity in glucose thresholds, calcium handling, and insulin secretion,^{8,9} observations that were later confirmed using advanced optical and genetic tools.^{10,11} Recently, specialized molecular tools identified Cfp126 as a factor that affects β cell heterogeneity along a primary maturation gradient,¹² virgin cells,¹³ and immune evading subsets.¹⁴ Single-cell technologies have now re-focused attention on the origins, architecture, and potential therapeutic relevance of β cell heterogeneity and subtypes,^{13,15–19} but the field has yet to assemble a universal framework for understanding β cell subtypes and sub-states.^{20,21}

Challenges to establishing such a framework include a relative over-reliance on single-cell genomic techniques. These technologies overall represent shallow snapshots of the transcriptome, are almost entirely biased toward the active epigenome, involve numerous bioinformatic assumptions, and fail to distinguish “cell-state” from “cell-type” heterogeneity. For the purposes of this manuscript, we define cell states as being primarily characterized by transient, periodic, or progressive temporal dynamics, and for β cells this includes circadian oscillations,²² transcriptional bursting,²³ transcriptional noise,²⁴ cell cycle,²⁵ maturation,²⁶ stress,^{17,27} and aging.²⁴ These properties are difficult to parse and regress out of single-cell genomics data. Transgenic reporter systems also confound cross-study comparisons of β cell heterogeneity; Cre recombinase, for example, triggers ER stress and generates artificial heterogeneity signals.^{28,29} Inherently imperfect reporter expression can also generate “artificial” heterogeneity.³⁰

Here, we used reporter-independent approaches and found that the primary axis of β cell heterogeneity is defined by dosage of the epigenetic silencing modification H3K27me3, and that it separates β cells into two fundamentally distinct cell types (β_{HI} and β_{LO}) with distinct morphology, cytosolic and nuclear ultrastructure, transcriptome output, epigenome configuration, and function. In healthy adult mice, β_{HI} and β_{LO} cells comprise >90 of β cells. They are present at an approximate 1:4 ratio

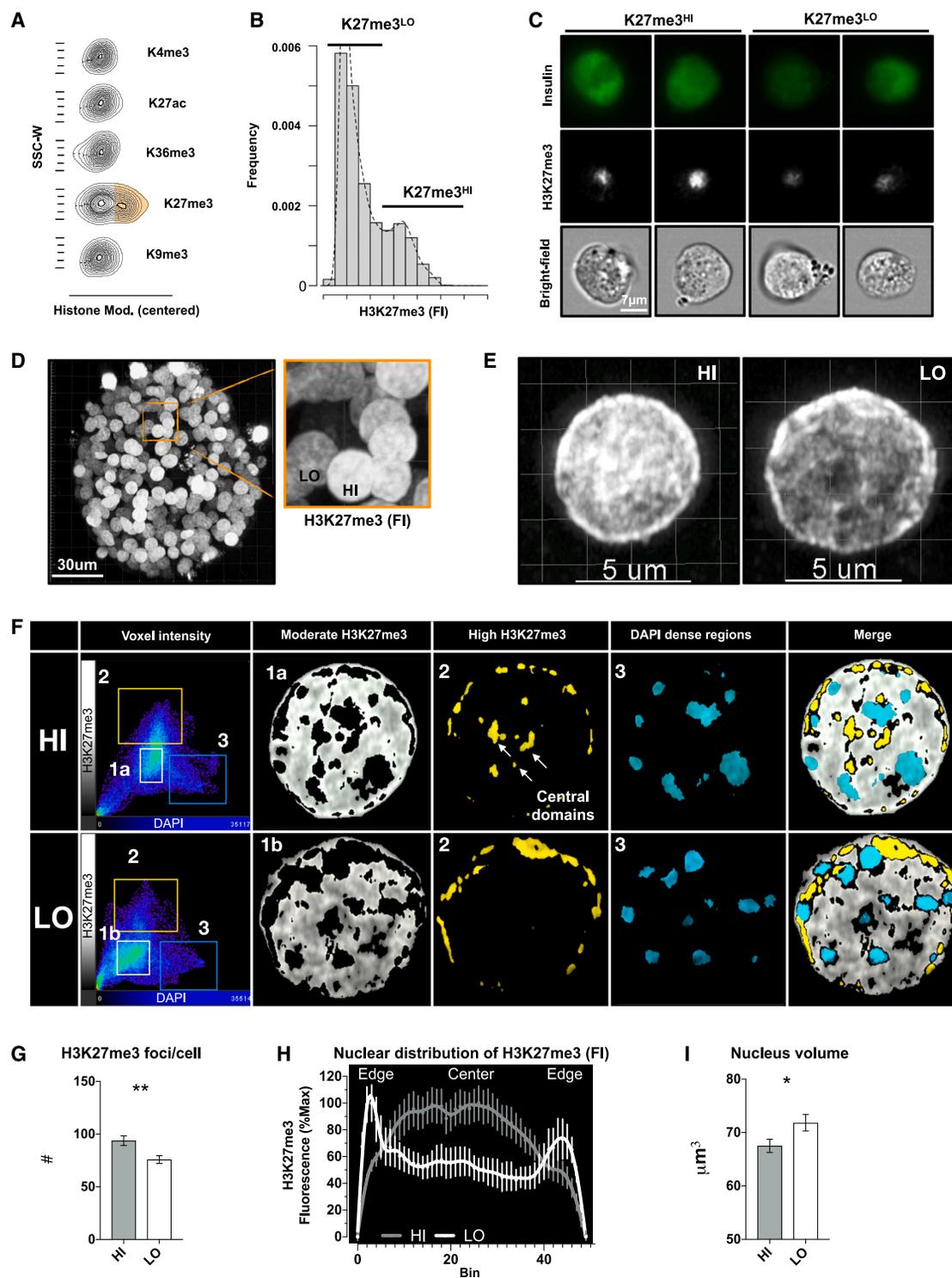


Figure 1. Two epigenetically distinct pancreatic β cell subtypes

(A) Representative contour plots of the centered intensities of the stated histone modifications in β cells isolated from individual mice (image representative of $n = 6$ mice from 3 experiments).

(B) Representative distribution plots of H3K27me3 staining fluorescent intensities (FIs) in insulin-positive β cells (representative of 5 experiments, $n = 4$ mice each).

(C) Representative ImageStream analysis of dispersed, fixed, single β cells of islets isolated from individual mice. The different panels show the immunostaining against insulin (top), H3K27me3 (middle), and bright field image (bottom) of the same β cells (representative of 2 experiments).

(D) Representative 3D reconstruction of one pancreatic islet isolated from male mice, immunostained against H3K27me3, and a zoomed-in image of adjacent insulin-positive H3K27me3-HI and -LO nuclei (representative of 3 experiments).

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(β_{HI}/β_{LO}) from pre-weaning to old age and can be fluorescence-activated cell sorting (FACS) sorted live into CD24⁺ and CD24⁻ populations. β_{HI} and β_{LO} cells exhibit robust proliferation *in vivo* and *in vitro*. β_{HI} cells proliferate faster at baseline, and their relative number is increased upon chronic high-fat diet (HFD). H3K27me3 dosage controls β_{HI}/β_{LO} ratio *in vivo*, with conditional heterozygosity of the polycomb repressive complex 2 (PRC2) core subunit Eed and the histone demethylase Jmjd3, generating equal and opposite cell ratio skewing. Equally important, we demonstrate that β_{HI} and β_{LO} cells are conserved in humans, and that β_{HI} cells are enriched in type 2 diabetes (T2D). These data identify two major β cell subtypes and identify epigenetic dosage as a novel and potentially targetable mechanism controlling β cell compartment heterogeneity.

RESULTS

Two common and epigenetically distinct β cell subtypes

Historically, cell types were distinguished based on histopathological and nuclear differences.^{31–33} To measure epigenetic heterogeneity in β cells, we used FACS to quantify total H3K4me3 (active promoters), H3K27ac (active *cis*-regulatory elements), H3K36me3 (transcribed gene bodies), H3K9me3 (silent constitutive heterochromatin), and H3K27me3 (polycomb-associated heterochromatin) at single-cell resolution. To avoid potential confounders of transgenic reporters, we performed antibody-based purification of freshly isolated, dissociated, and fixed islet cells isolated from wild-type mice. We used insulin as a positive selection marker for all β cells and gated out cells that stained for CD45 (immune), CD31 (endothelial), SST (delta), GCG (alpha), and PP. Most histone marks showed robust and uniform immunoreactivity across all β cells (Figure 1A; cell gating strategy, Figure S1A). Surprisingly, the signal for H3K27me3 appeared bimodal, suggesting two epigenetically distinct sub-populations (LO versus HI; Figures 1A and 1B). Averaged across independent biological replicates, HI cells had an ~ 4.5 -fold higher H3K27me3 mean fluorescence intensity (MFI) than LO cells (Figure S1B). Imaging flow cytometry validated that the H3K27me3 signal in both HI and LO cells was nuclear in origin and ruled out cell doublets, poly-nucleated cells, and cytosolic immunoreactivity as potential sources for the HI signal (Figure 1C). H3K27me3-HI and -LO populations were consistently observed across experiments, animals, and ages, and within islets of both males and females (Figures 1D and S1C). In female β cells, no difference in H3K27me3 immunoreactivity was observed on the silent X

chromosome (Barr body), highlighting the specificity of the H3K27me3 differences (Figures S1C and S1D). Importantly, HI and LO cells were found in all islets of all sizes (Figures S1C and S1E), arguing against inter-islet differences as the source of observed epigenetic signature. The H3K27me3 signal was validated using two independent antibodies (Figure 1A, monoclonal, and Figure S1F, monoclonal versus polyclonal) and against β cell-specific Eed/PRC2 knockout (KO) mouse islets that are deficient in H3K27me3 (β EedKO; Figure S1G). Parallel analyses of pancreatic islet α , δ , and PP cells suggested that the H3K27me3 signature was specific to β cells (Figure S1H). Thus, β cells exist in two common populations distinguished by their H3K27me3 levels.

Next, we used super-resolution confocal microscopy to test for differences in nuclear morphology (Figures 1E–1I). H3K27me3-HI cells contained more H3K27me3 foci than LO cells (Figures 1F and 1G), which might reflect compacted Polycomb-silenced genomic regions.³⁴ Whereas LO cells showed H3K27me3 staining primarily at the transcriptionally silent nuclear periphery, HI cell H3K27me3 was enriched in the active nuclear interior³⁵ (Figures 1F [box 2], 1H, and S1I). Consistent with the role of H3K27me3 in chromatin silencing and compaction,³⁶ nuclei were $\sim 5 \mu\text{m}^3$ smaller (on average) in the HI relative to LO cells (Figure 1I). Thus, pancreatic β cells exist in two populations based on H3K27me3 level, chromatin organization, and nuclear compaction.

H3K27me3-HI cells are transcriptionally distinct and express cell surface CD24

To determine if the H3K27me3 difference between HI and LO β cells translated into stable differences in transcriptome output, we FACS sorted HI and LO β cells (INS⁺ but GCG⁻/SST⁻/PP⁻/CD31⁻/CD45⁻) from eight wild-type mice across two age groups (4 or 10 weeks old; Figure 2A) and performed RNA sequencing (RNA-seq). By principal component analysis (PCA), HI and LO H3K27me3 status separated on PC1, indicating that stable and reproducible transcriptome differences exist between the HI and LO β cells, and that these differences are maintained from weaning (4 weeks) into adulthood (Figure 2B). Differentially expressed genes were enriched for a set of poised or bivalent genes.⁵ These H3K27me3-dependent genes were upregulated in HI β cells (Figure 2C; see full gene list in Data S1), suggesting that the H3K27me3 mark plays a role in establishing differences between the two populations. The set of differentially regulated genes also included alternate islet endocrine lineage factors

(E) 3D reconstruction of high-resolution confocal imaging from H3K27me3-HI (left) or -LO (right) sorted β cells. One representative image out of 60 nuclei from $n = 4$ mice.

(F) Representative voxel intensities and co-localizations of H3K27me3 and DAPI in one z-plane of each of the nuclei imaged in (E). Groupings of voxels were done according to their DAPI and H3K27me3 intensities (left). Group 1 represents low/moderate-intensity voxels that are localized in the nuclear interior and are shifted when comparing HI and LO cells (1a and 1b). H3K27me3 high-intensity voxels are in group 2 (yellow) and are localized in the nuclear periphery of both nuclei with addition of central domains in the H3K27me3-HI nucleus. DAPI high voxels are in group 3, which is unchanged.

(G) Bar plot representation of the mean of numbers of H3K27me3 foci per nucleus of HI/LO β cells isolated from 4 individual mice. Assessed by automated quantification of high-resolution images of 67 (HI) and 63 (LO) single nuclei. ** $p < 0.01$, unpaired t test. Error bars are mean \pm SEM.

(H) Line plot of the averaged H3K27me3 intensities across the center optical plane (binned) of HI/LO sorted β cell nuclei. Signal is normalized per cell. Error bars are mean \pm SEM.

(I) Bar plot representation of the mean of the nucleus volumes of HI/LO sorted β cells as assessed after reconstructing DAPI positive z stacks and measuring the DAPI-positive volume (analysis of high-resolution imaging of the 67 or 63 nuclei of single cells isolated from 4 individual mice). * $p < 0.05$, unpaired t test. Error bars are mean \pm SEM.

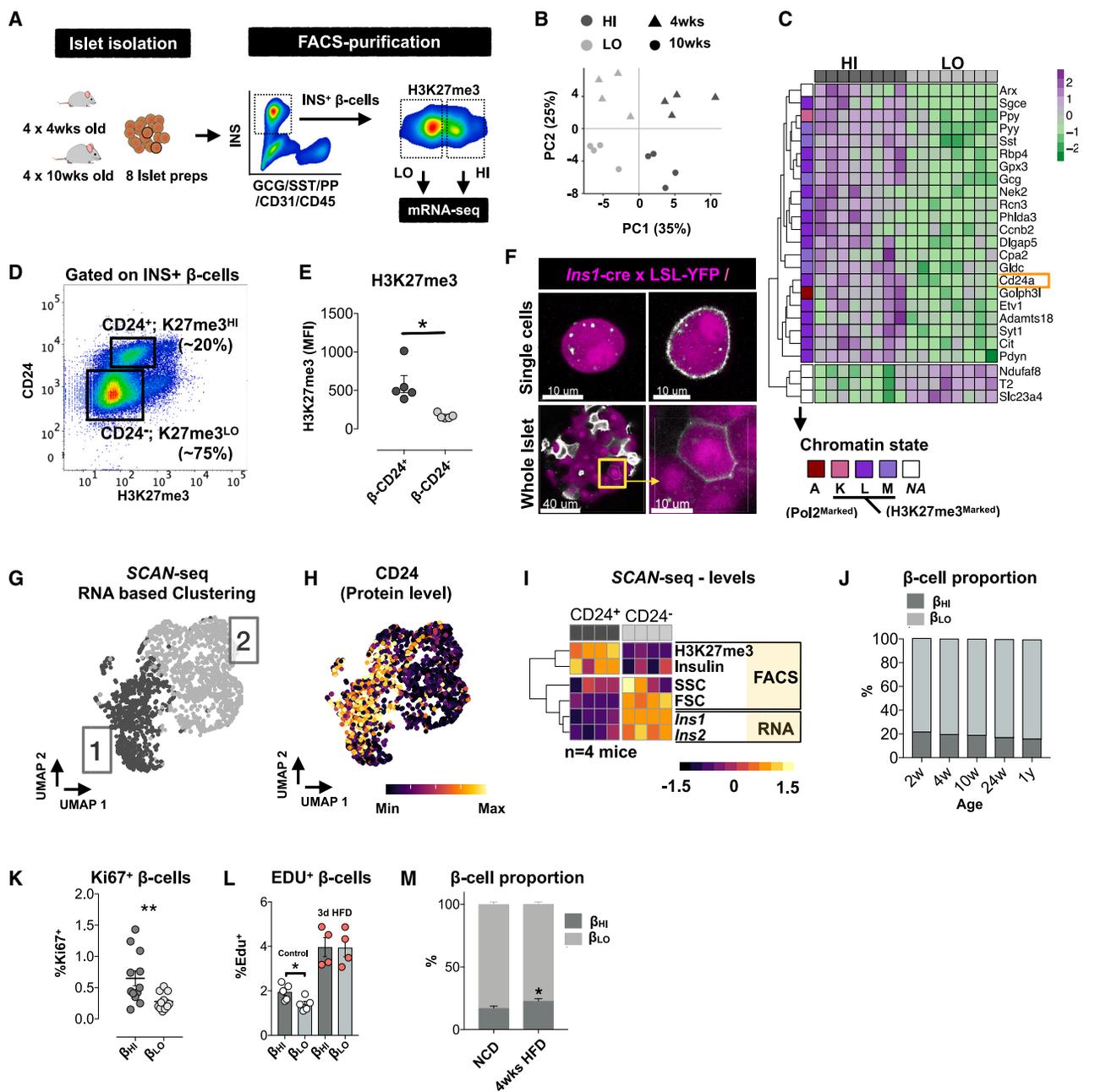


Figure 2. H3K27me3-HI cells are transcriptionally distinct and express cell surface CD24

(A) Schematic of the experimental plan. Eight biological replicates of H3K27me3-HI/LO β cells were isolated from four 4-week-old or four 10-week-old wild-type mice. One thousand H3K27me3-HI/LO cells were sorted from each mouse and low-input RNA extraction and mRNA-seq were performed.

(B) PCA RNA-seq signals across the β cells from young and adult mice used in the screening study, shown as a triangle or a circle, represents the transcriptome of HI (dark gray) or LO (light gray) β cells isolated from individual 4- (triangles) or 10- (circles) week-old mice. Total of n = 8 mice.

(C) Heatmap of the differentially expressed genes between H3K27me3-HI/LO murine β cells and their chromatin states as previously annotated.⁵ Log(normalized counts), Z scored per row.

(D) Representative example of CD24 expression versus H3K27me3 intensities in β cells isolated from 10-week-old wild-type mice. Representative of n = 5 experiments.

(E) H3K27me3 mean fluorescence intensities (MFIs) in CD24^{-/+} β cells; each dot represents a population from an individual mouse. *p < 0.05, paired t test. n = 5 experiments. Error bars are mean \pm SEM.

(F) Representation of the heterogeneity in CD24 expression in live single β cells or whole islets isolated from β cell reporter mouse line (YFP is expressed upon *Ins1*-promoter-driven CRE expression).

(G) UMAP visualization of sorted mouse β cells that underwent SCAN-seq protocol. Colors represent the two major clusters of β cells. n = 2,156 cells.

(H) UMAP map overlaid with the FACS-recorded levels of CD24 protein of each cell.

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(*Ppy*, *Gcg*, and *Sst*), heterogeneity and plasticity markers (*Arx*, *Etv1*, *Gpx3*, and *Rbp4*), and cell surface proteins (*Slc23a4* and *Cd24a*). *Slc23a4* is a presumed human pseudogene, so we obtained antibodies to CD24 and performed FACS analysis to test if HI and LO β cell populations could be distinguished by cell surface staining. Co-staining live cells with CD24 and H3K27me3 resolved HI and LO subsets into two distinct β cell populations (Figure 2D; gating strategy in Figure S2A), where $\sim 20\%$ of all INS^+ β cells were CD24-positive (CD24⁺) and $\sim 80\%$ CD24-negative (CD24⁻; Figure 2D). CD24⁺ cells showed higher levels of H3K27me3 (Figures 2D and 2E). We also observed rare INS^+ cells ($\sim 1\%$) with extremely high CD24 levels (CD24^{high} in Figure S2B, left). These CD24^{high} cells were SST⁺ (Figure S2B, right) and are consistent with prior studies showing strong δ cell expression of CD24.³⁷ These rare double-hormone-positive (INS^+/SST^+) cells were excluded from all further analyses.

We validated the CD24 surface stain in several ways. By using an *Ins1*-YFP reporter mouse (*Ins1-cre* \times LSL-YFP) and confocal imaging, we found CD24 expression was restricted to a subset of live β cells and determined that CD24 expression is cell membrane specific in single cells (Figure 2F, upper panel) and in whole islets (Figure 2F, lower panel; note the dim labeling compared to the YFP-negative, CD24^{high} delta cells). Live-sorted *Ins1*-YFP⁺/CD24⁺ double-positive cells also showed higher H3K27me3 (Figure S2C, left) and nuclear compaction (Figure S2C, right), indicating that at least in control contexts, CD24⁺ and H3K27me3-HI β cells are largely the same. Specificity of the CD24 antibody was confirmed using β cells from CD24 KO mice (Figure S2D). Thus, CD24 surface expression discriminates H3K27me3-HI and H3K27me3-LO β cells.

To associate these findings with transcriptional heterogeneity, we modified CELseq2³⁸ to enable concomitant quantification of cell surface (CD24), cytoplasmic (insulin), and nuclear (H3K27me3) protein epitopes at single-cell resolution and applied the method to purified INS^+ β cells isolated from wild-type mice. The new “SCAN-seq” method is outlined in detail in the STAR Methods. As reported elsewhere,^{17,19} UMAP projections based solely on the single-cell transcriptome fraction of the data identified two major clusters (Figure 2G), with additional sub-clusters emerging as stringency for within-cluster heterogeneity is increased (Figure S2E). Consistent with the data above, one of the two main clusters exhibited elevated expression of H3K27me3 marked genes (Figure S2F). Projecting the quantitative protein measurements onto the transcriptome UMAP showed that CD24⁺ and H3K27me3-HI β cells are one of the

two major clusters (cluster 1; Figures 2G–2I). Indeed, cells of the CD24⁺ transcriptomic cluster were smaller (lower forward scatter [FSC] in the FACS measurements). Interestingly, they also showed distinct granularity (as determined by FACS measurements of the side scatter; SSC) relative to the CD24⁻ cluster. We suspect that these observations would be overlooked with common single-cell (sc)RNA-seq techniques because *Cd24a* mRNA expression is low and physical characteristics and protein levels are not measured. The CD24⁺ transcriptomic cluster showed lower *Ins1* and *Ins2* mRNA counts despite higher insulin protein staining, highlighting the added value of SCAN-seq over conventional scRNA-seq. Thus, H3K27me3-HI and H3K27me3-LO β cells can be separated by single-cell transcriptomics, FSC, and SSC, as well as H3K27me3, insulin, and CD24 protein expression.

β_{HI} and β_{LO} cells

Reanalysis of published β cell scRNA-seq datasets^{17,39–42} validated that the CD24/H3K27me3 axis is evident as the primary axis of heterogeneity across independent studies (Figure S2F), and that expression of H3K27me3-controlled genes separates β cells into two primary clusters in mice (Figure S2G) and humans (Figure S2H). We also validated the axis in human β cell single-nucleus (sn)ATAC-seq datasets¹⁹ (which captures heterogeneity in transcriptional potential) (Figure S2I). Cell-state heterogeneity and gradients of heterogeneity markers (where detectable) appear predominantly as gradients within CD24/H3K27me3 discordant clusters (UMAP matrices in Figures S2K and S2L). The CD24/H3K27me3 axis is distinct from Beta-1/Beta-2 clusters described in human snATAC-seq that correlate strongly with markers of stress. Thus, the CD24/H3K27me3 axis is evident as a primary dimension of β cell heterogeneity across publicly available datasets.

Given the findings above and the consistency across public datasets, we named these cell types β_{HI} and β_{LO} . β_{HI} cells have higher nuclear compaction, H3K27me3, insulin protein content, cell-surface CD24 expression, and as shown Figure 5 below, higher mitochondrial content and insulin secretory function. Together, they comprise $\sim 90\%$ – 95% of all insulin protein-positive pancreatic β cells in adult mice and are detectable from before weaning to 1 year of age (Figure 2J). We observed a progressive increase in H3K27me3 in both cell populations with age (Figure S2J) and a slow decline in β_{HI}/β_{LO} ratio. Based on Ki67 staining of freshly isolated islets, β_{HI} and β_{LO} cells both proliferate with a mild but significant increase in β_{HI} cells at baseline (Figure 2K). Proliferative capacity was validated *in vivo* using Edu incorporation, and interestingly, both β_{HI} and β_{LO} increase

(I) Heatmap representation of SCAN-seq-scaled and averaged values (FACS-recorded intensities of the depicted parameters or RNA expression levels; Z scored per row) from single β cells negative or positive for CD24 from $n = 4$ individual mice (columns).

(J) Representation of the proportion of H3K27me3-HI/CD24⁺ β cells through the lifespan of mice. 8–12 mice per age group from $n = 4$ experiments. Error bars are mean \pm SEM.

(K) Representation of the proliferating cell fraction of H3K27me3-HI/CD24⁺ and H3K27me3-LO/CD24⁻ β cells. * $p < 0.05$, paired t test. Each dot represents one mouse, 12 mice from a total $n = 4$ experiments. Error bars are mean \pm SEM.

(L) Representation of the proliferation in the H3K27me3-HI/CD24⁺ or the H3K27me3-LO/CD24⁻ β cell compartment during 3 days of normal chow diet (control) or HFD feeding. Mice were injected with Edu once per day. * $p < 0.05$, paired t test. Each dot represents one mouse, 4–5 independent mice. Error bars are mean \pm SEM.

(M) Representation of the proportion of H3K27me3-HI/CD24⁺ β cells upon 4 weeks of HFD feeding. * $p < 0.05$, unpaired t test. 10–11 mice per treatment group from $n = 3$ experiments. Error bars are mean \pm SEM.

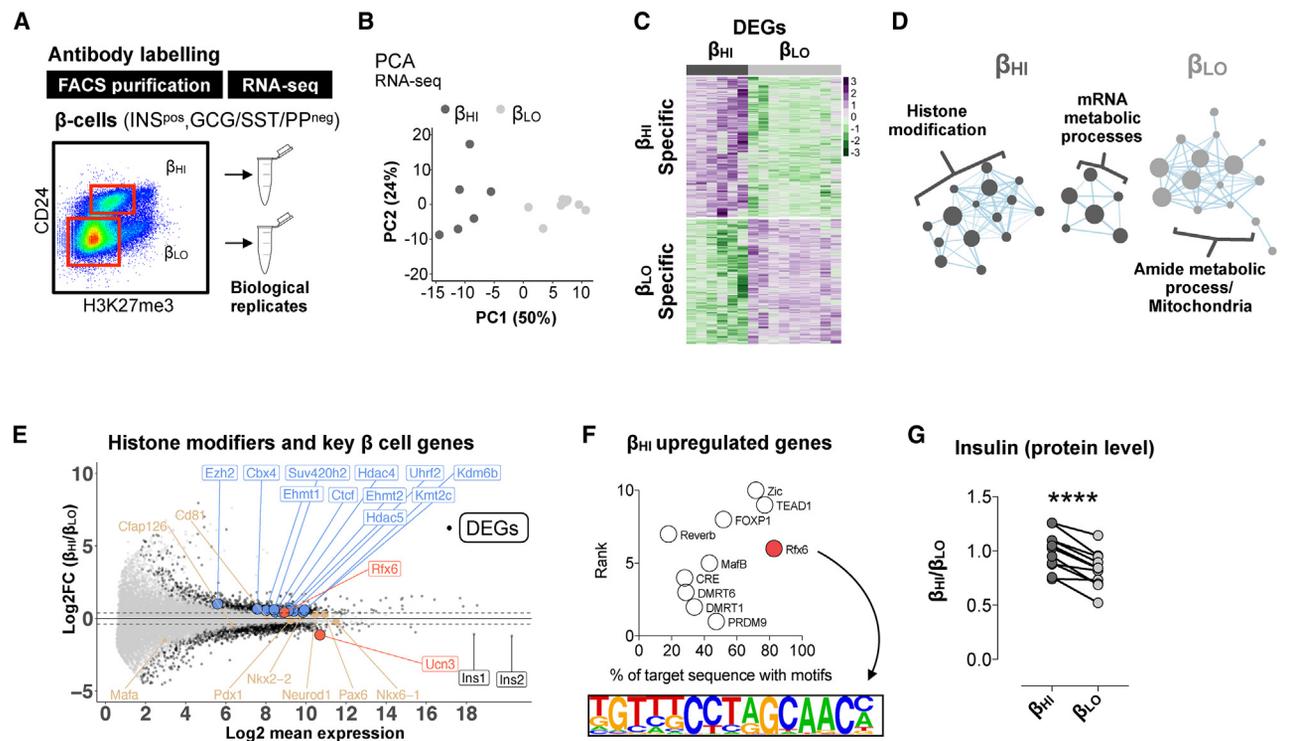


Figure 3. β_{HI} versus β_{LO} cells are functionally distinct and specialized

(A) Schematic of the experimental plan. Two dimensions, CD24 and H3K27me3, allow clean separation of β_{HI} / β_{LO} for RNA-seq analysis.
 (B) PCA of H3K27me3 RNA-seq signals, showing reproducible separation of β_{HI} and β_{LO} β cells. Each dot represents one biological replicate from 3 independent experiments.
 (C) Clustered heatmap representation of the log(normalized) expression of all differentially expressed genes ($n = \sim 2,500$) across all replicates. Z score was calculated per gene (row).
 (D) A Cytoscape plot of GSEA pathways represents the β_{HI} (dark gray) or β_{LO} (light gray) enriched gene sets. Dot size is proportional to the false discovery rate q value.
 (E) MA plot showing the fold change in expression generated by comparing β_{HI} over β_{LO} β cells. Black dots represent significantly deregulated genes, which are also boxed when labeled and highlighted (histone modifiers, blue; genes associated with β cells and their maturation, red/beige; *Ins1/2* genes, black). Black or boxed genes are statistically significant ($p < 0.05$, adjusted for multiple testing with fold change cutoff of 1.33).
 (F) Top 10 significant transcription factor motifs enriched within ± 2 kb of the TSS of upregulated genes in β_{HI} cells. *Rfx6* transcription factor and its binding motif are highlighted.
 (G) Fold increase in insulin protein levels of β_{HI} cells. Connected dots represent cells from each of the types isolated from an individual mouse. **** $p < 0.0001$, paired t test.

proliferation upon acute HFD (Figure 2L). We also find that chronic HFD increases β_{HI}/β_{LO} ratios (4 weeks; Figure 2M). Thus, β_{HI} and β_{LO} are proliferation competent, responsive to metabolic changes, and comprise $\sim 90\%$ of the β cell compartment across metabolic states.

β_{HI} and β_{LO} cells exhibit distinct transcriptomes

We next separated β_{HI} and β_{LO} cells by FACS (CD24 and H3K27me3) and performed bulk RNA-seq on the two populations. Leveraging two dimensions for sorting, we now identified $>2,500$ differentially expressed genes (Figures 3A–3C and S3A; see full gene list in Data S1), including pathway-level enrichments for mitochondrial and amide metabolic processes, oxidative phosphorylation, nuclear RNA processing factors, and histone modification (Figure 3D). Consistent with their H3K27me3-HI phenotype, β_{HI} cells show upregulation of *Ezh2*, the main H3K27me3-depositing methyltransferase, as well as increased levels of the H3K27me3 demethylase *Kdm6b*

(*Jmjd3*); active mark “erasers” *Hdac4/5*; chromatin silencers *Cbx4*, *Suv420h2*, *Uhrf2*, and *Ehmt1/2*; and 3D looping factors *Ctcf* and *Kmt2c/Mll3* (Figures 3E [blue] and S3B). These data suggest that β_{HI} and β_{LO} cell differences are reinforced by a persistent and complex chromatin regulatory network. We found no differences in the hallmark differentiation factors *Pdx1*, *Neurod1*, *Pax6*, *Nkx6.1*, *Mafa*, *Nkx2.2*, *Cfap126*, or *Cd81* (Figure 3E, beige), data that were validated at the single-cell level (Figures S2K and S2L). We did observe modest, opposing regulation of the maturation factors *Ucn3* and *Rfx6* (Figure 3E, red). Consistent with these findings, the *Rfx6*-binding motif was one of several motifs enriched at promoters of β_{HI} upregulated genes (Figures 3F and S3C). In keeping with the SCAN-seq data (Figures 2G–2I), β_{HI} cells showed lower *Ins1* and *Ins2* transcript levels (*Ins1/2*; Figures 3E [black] and S3D) despite higher insulin levels (Figure 3G). Thus, β_{HI} and β_{LO} are both highly differentiated and exhibit distinct metabolic and chromatin regulatory gene expression.

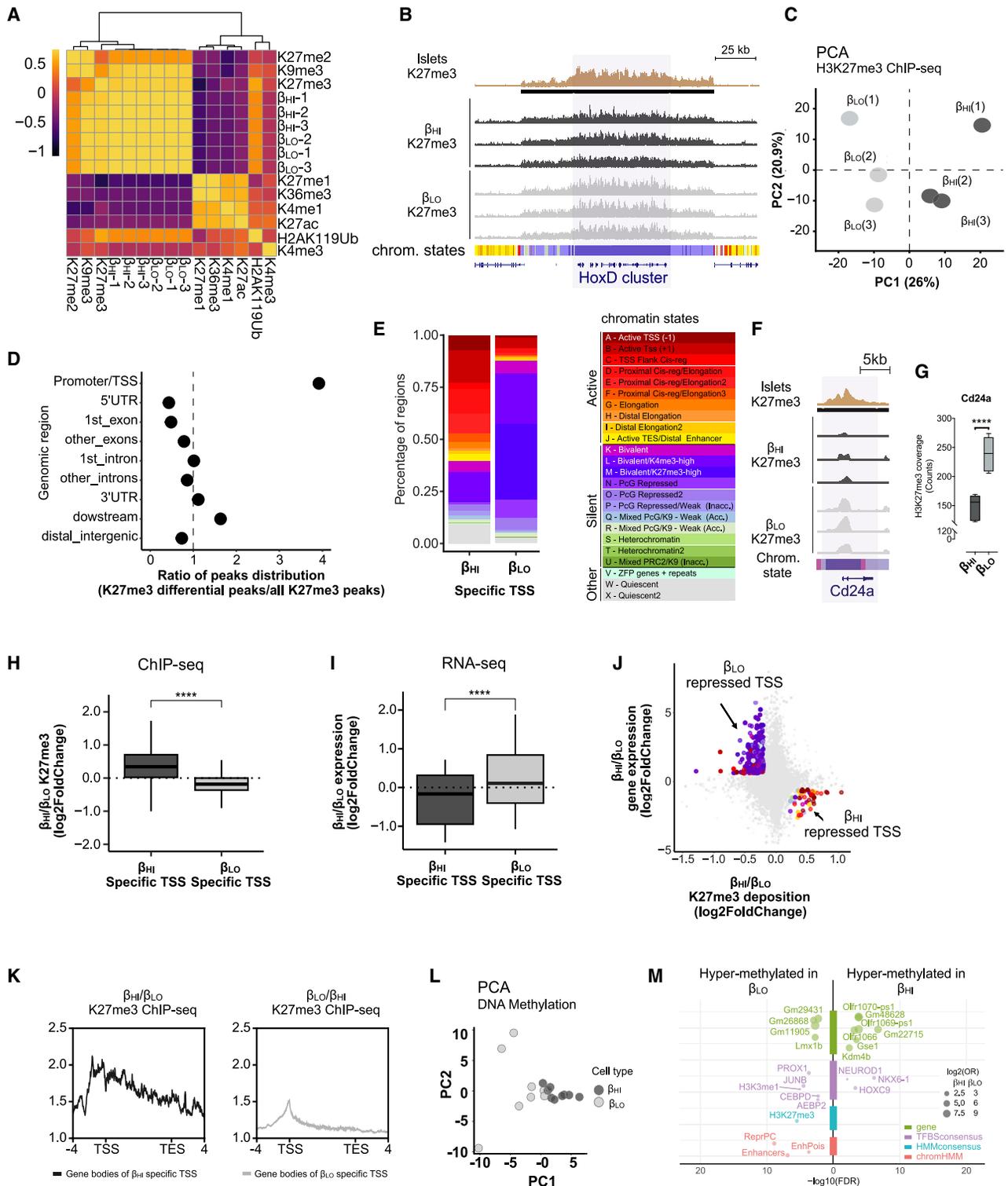


Figure 4. β_{HI} and β_{LO} cells exhibit distinct epigenomes

(A) Heatmap showing Spearman correlations of ChIP-seq signals of the indicated histone marks from whole islets, compared to H3K27me3 signals from triplicate experiments of β_{HI} and β_{LO} β cells.

(B) Genomic snapshots showing H3K27me3 ChIP-seq tracks from whole islets and purified β_{HI} and β_{LO} cells, as indicated. The HoxD cluster of genes is repressed. Horizontal black bars represent H3K27me3 covered broad regions. Colored horizontal bars represent chromatin states, as previously described⁵ and reproduced in (E).

(C) PCA of H3K27me3 ChIP-seq signals over all identified H3K27me3 peaks, showing reproducible separation of β_{HI} and β_{LO} β cells.

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β_{HI} and β_{LO} cells exhibit distinct epigenomes

To better understand the observed differences in nuclear ultrastructure and H3K27me3 levels, we FACS purified β_{HI} and β_{LO} cells from wild-type mice and performed H3K27me3 ChIP-seq on three paired independent biological replicates. As with their transcriptomes, β_{HI} and β_{LO} cell H3K27me3 profiles were strongly correlated (Figures 4A and S4A). Consistent with literature expectations,^{5,43,44} H3K27me3 enriched at focal regions across the genome and at broad domains containing transcriptionally silent developmental genes such as the Hox clusters and imprinted loci (Figures 4A, 4B, S4B, and S4C).

PCA separated β_{HI} and β_{LO} cells on the first principal component, indicating reproducible H3K27me3 differences (Figure 4C). Interestingly, H3K27me3 levels were unchanged at broad domains (Figures 4B, S4B, and S4C). Rather, H3K27me3 differences were enriched at promoters and transcriptional start sites (TSSs; Figures 4D and S4D), suggesting H3K27me3 might underpin differences in gene expression between the two cell types. These data highlighted a striking specificity given that H3K27me3 is primarily found *outside* genic promoters and that these represent only a fraction of the ~2% of the mammalian genome that is coding (Figure S4D).

We called differential H3K27me3 enrichment at TSSs (Figures 4E and S4E) and explored the relationship with transcriptome output. We detected ~5,200 differential peaks across ~4,750 annotated TSSs at ~1,550 unique genes. Approximately 80% of these genes showed relative H3K27me3 enrichment in β_{LO} cells (Figure S4E, upper portion). TSSs specifically marked in β_{LO} cells were enriched for lowly transcribed genes annotated as “bivalent” in whole-islet data,⁵ including the *Cd24a* locus (Figures 4E–4G and S4E–S4G). These data indicated that with increased cell-type resolution, β cell bivalent domains largely resolve into cell-subtype-specific active or silent states. Additional ChIP-seq confirmed this idea, showing equal levels of H3K4me3 at β_{LO} -specific TSSs in both cell types (Figures S4H and S4I). H3K27me3 differences correlated

inversely with β_{HI} versus β_{LO} gene expression differences (Figures 4H–4J), suggesting the H3K27me3 differences were causal. Consistent with higher H3K27me3 in β_{HI} cells (Figures 1E–1G, H), β_{HI} -specific H3K27me3 deposition was much broader, extending across the entire gene body (Figures 4K and S4E). Thus, the hallmark H3K27me3 differences between β_{HI} and β_{LO} cells appear to drive their differential transcriptional identities.

Finally, we evaluated whether silent epigenome differences were restricted to H3K27me3. We performed quantitative DNA methylation profiling on purified fresh β_{HI} and β_{LO} samples using Infinium Mouse Methylation BeadChips. Interestingly, cell subtype separated on the first PCA component, indicating that β_{HI} and β_{LO} cells are also distinguished at the levels of DNA methylation (Figure 4L). Differential DNA methylation was very specifically enriched at enhancers and H3K27me3 annotated genomic regions (Figures 4M and S4J); at *Lmx1b* and three annotated pseudogenes; and at regions that bind JUNB, AEBP2, CEBPD, MAFB, ATF3, H3K3me1, and interestingly, the developmental regulator PROX1 (Figure 4M). The human PROX1 locus harbors a significant T2D variant (rs340874), suggesting the variant could exhibit cell-subtype-specific effects. Binding-site enrichments in regions hypermethylated in β_{LO} cells included those for NKX6.1 and NEUROD1 (Figure 4M), possibly suggesting a more complete decommissioning of NKX6.1- and NEUROD1-associated plasticity potential in β_{LO} cells. Thus, β_{HI} and β_{LO} cells exhibit distinct H3K27me3 and DNA-methylation control.

β_{HI} and β_{LO} cells are stably and functionally distinct

Interestingly, we observed a unique signature of mitochondrial genome encoded transcripts upregulated in β_{HI} cells (Figure 5A, green). A striking co-linearity and uncoupling from nuclear-encoded mitochondrial gene expression (Figures 5A [orange], S3D, and S5A–S5D) suggested increased mitochondrial mass in β_{HI} cells. Indeed, qPCR revealed a near 2-fold increase in β_{HI} cell mitochondrial DNA content (Figure 5B). FACS-based

(D) Genomic regions' enrichment among H3K27me3 differential peaks between β_{HI} and β_{LO} β cells. The dot plot shows a specific enrichment on TSSs for H3K27me3 differential peaks. The distribution of annotated genomic regions over H3K27me3 differential peaks was compared to the same distribution of all identified peaks and plotted as a ratio of percentages (i.e., values > 1 mean relative enrichment of H3K27me3 differential peaks over the overall peaks' distribution, while values < 1 mean relative depletion).

(E) Chromatin state distribution on β_{HI} (left) and β_{LO} (right) H3K27me3-enriched TSS; relative gain of H3K27me3 on active genes (red hues) and relative loss on bivalent genes (purple hues) characterize β_{LO} β cells. Color code for chromatin states as previously described⁵ is reported here.

(F) Genomic snapshots showing H3K27me3 ChIP-seq tracks from whole islets and purified β_{HI} and β_{LO} cells, as indicated. The *Cd24a* gene is represented. Horizontal black bars represent H3K27me3 covered broad regions. Colored horizontal bars represent chromatin states, as previously described⁵ and reproduced in (E).

(G) Boxplot representation of the *Cd24a* gene coverage in β_{HI} and β_{LO} cells. Boxplots show the median, lower and upper hinges correspond to the first and third quartiles (the 25th and 75th percentiles), and whiskers extend for 1.5 * IQR from hinges.

(H) Boxplot showing the ratio of the normalized K27me3 ChIP-seq signal between β_{HI} and β_{LO} cells, on β_{HI} (left, dark gray) and β_{LO} (right, light gray) K27me3-enriched TSS. ****p < 0.0001, t test. Boxplots show the median, lower and upper hinges correspond to the first and third quartiles (the 25th and 75th percentiles), and whiskers extend for 1.5 * IQR from hinges.

(I) Boxplot showing the ratio of the normalized RNA-seq signal between β_{HI} and β_{LO} β cells, on β_{HI} (left, dark gray) and β_{LO} (right, light gray) K27me3-enriched TSS. The transcriptional regulation is in line with the reciprocal K27me3 enrichment in (G). ****p < 0.0001, t test. Boxplots show the median, lower and upper hinges correspond to the first and third quartiles (the 25th and 75th percentiles), and whiskers extend for 1.5 * IQR from hinges.

(J) Scatterplot showing the correlation between β_{HI}/β_{LO} gene expression and H3K27me3 ChIP signal. Only β_{HI} - versus β_{LO} -specific TSSs are colored by their chromatin states.

(K) β_{HI} (left) and β_{LO} (right) β cell H3K27me3 ChIP-seq signal over the gene bodies of related β_{HI} - and β_{LO} -specific TSSs. The signals are from merged triplicate experiments and visualized as gene bodies ± 4 kb. The coverage profiles show a reciprocal enrichment/depauperation of the K27me3 signal on TSS versus the gene bodies, in β_{LO} and β_{HI} cells, respectively.

(L) PCA of DNA methylation array signals, showing reproducible separation of β_{HI} and β_{LO} β cells.

(M) Enrichment analysis of differentially methylated loci (DMLs) between β_{HI} and β_{LO} within the indicated dataset.

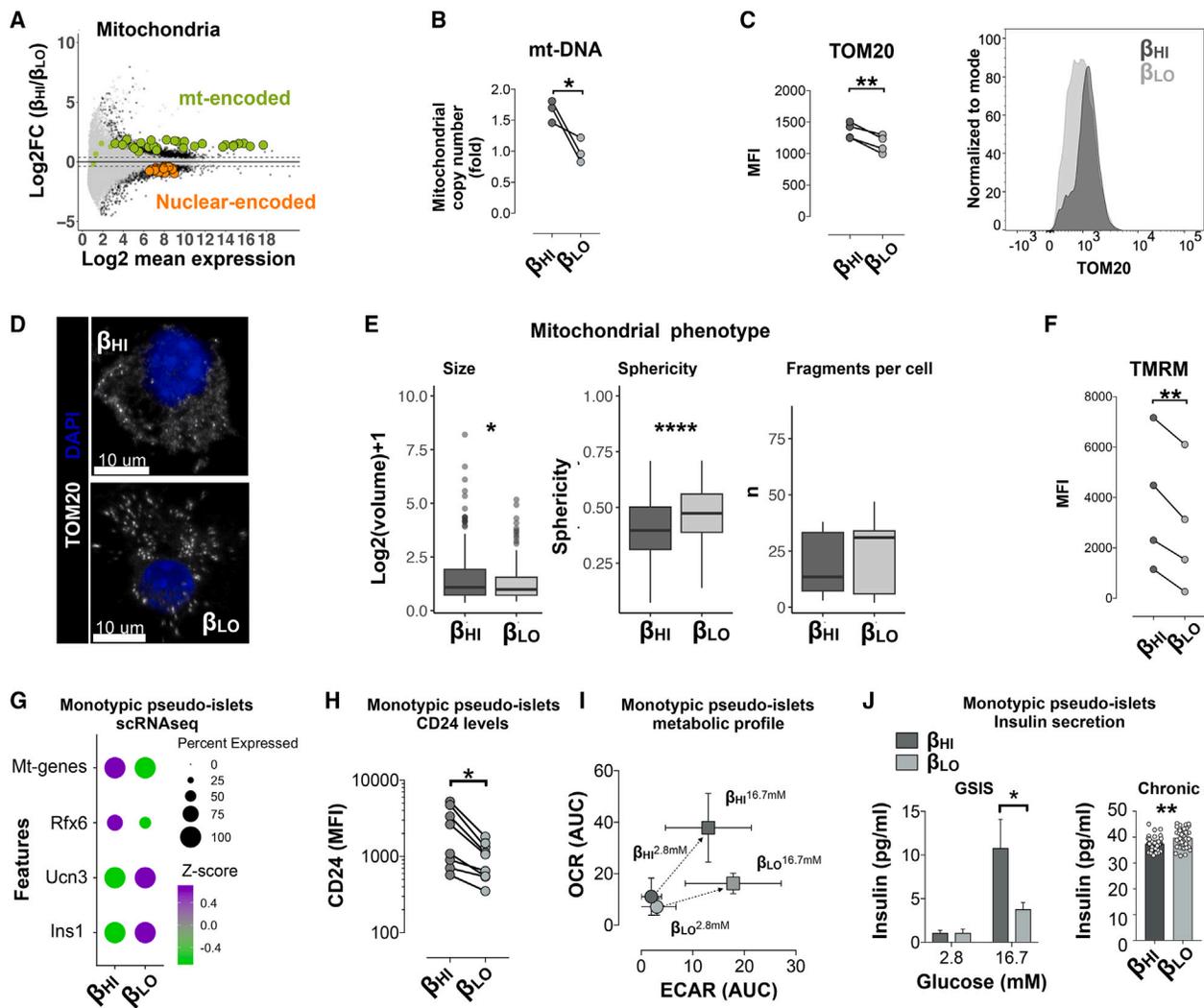


Figure 5. β_{HI} and β_{LO} cells are stably and functionally distinct

(A) MA plot showing the fold change in expression generated by comparing β_{HI} over β_{LO} β cells. Green dots represent mitochondria-encoded mitochondrial genes; orange dots represent nuclear-encoded mitochondrial genes listed in Figure S3F. Differentially expressed genes are surrounded by black borders ($p < 0.05$, adjusted for multiple testing with fold change cutoff of 1.33).

(B) Fold increase in mitochondrial DNA content (copy number normalized to genomic DNA, as measured by qPCR). Each dot represents an independent experiment, $n = 3$. * $p < 0.05$, unpaired t test.

(C) Dot plot representation of the MFI of TOM20 in the β cell types. A representative flow cytometer histogram of TOM20 labeling in the β cell types. The connected dots represent cells from $n = 4$ individual mice. ** $p < 0.01$, paired t test.

(D) Representative images of TOM20 antibody labeling of one β_{HI} and one β_{LO} cell. Fixed β cells were first sorted according to their insulin, H3K27me3, and CD24 levels and then labeled with antibody against TOM20 (white) and analyzed at high-resolution confocal microscopy. DAPI (blue) was used as counter staining.

(E) Boxplot representations of mitochondrial size, sphericity, and number of fragments per cell. 16 cells were analyzed from $n = 3$ independent mice. * $p < 0.05$, **** $p < 0.0001$, paired t test. Boxplots show the median, lower and upper hinges correspond to the first and third quartiles (the 25th and 75th percentiles), and whiskers extend for 1.5 * inter-quartile range (IQR) from hinges. Dots represent outliers.

(F) MFIs of TMRM in the β cell types. Connected dots represent cells from $n = 4$ individual mice. ** $p < 0.01$, paired t test.

(G) Dot plot representation of gene expression levels (Z scored) from scRNA-seq of dissociated monotypic β_{LO} or β_{HI} pseudo-islets after 7 days in culture.

(H) Dot plot representation of FACS measurements of CD24 protein levels in single cells from monotypic β_{HI} or β_{LO} pseudo-islets after 7 days in culture.

(I) Single spheroid metabolic profiling via Seahorse extracellular flux analysis in basal glucose (2.8 mM) and glucose-stimulated (16.7 mM) conditions. Oxygen consumption rate (OCR), extracellular acidification rate (ECAR), and area under the curve (AUC) are shown in Figure S5I. Error bars are mean \pm SEM.

(J) Glucose-stimulated insulin secretion (GSIS) and 48 h chronic insulin secretion in single pseudo-islets generated by aggregating 2,000 β_{HI} or β_{LO} cells. Insulin levels were measured for 1 h before stimulation (2.8 mM glucose), followed by another hour after stimulation (16.7 mM glucose). 25–40 single spheroids were analyzed from $n = 5$ independent experiments. * $p < 0.05$, two-way ANOVA with multiple comparison correction. Error bars are mean \pm SEM.

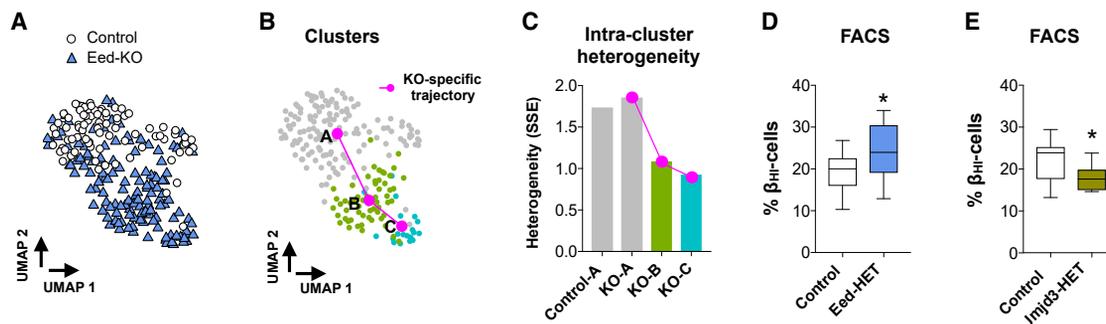


Figure 6. H3K27me3 dosage controls β_{HI}/β_{LO} β cell ratios and overall heterogeneity

(A) UMAP visualization of sorted mouse β cells that underwent SCAN-seq protocol. Colors and shape represent mouse genotypes Eed KO (n = 131 cells) or wild type (control; n = 83 cells).

(B) Cluster topology for the dataset in (A). Trajectory was inferred by slingshot. Initial clustering was done on all cells, splitting KOs from controls. KO cluster was further divided into 2 clusters.

(C) Bar plot showing the intra-cluster sum of squared errors (SSE) per the indicated cluster of cells. As in (B), the magenta line connects the 3 KO groups.

(D) Boxplot representation of the percentage of β_{HI} cells per genotype. Data are medians of control or Eed-HET mice, n = 18 mice each group from 10 or 12 experiments (correspondingly). *p < 0.05, unpaired t test. Boxplots show the median and whiskers indicate min and max values.

(E) Boxplot representation of the percentage of β_{HI} cells per genotype. Data are medians of control or Jmjd3-HET mice, n = 9 mice each group from 6 experiments. *p < 0.05, unpaired t test. Boxplots show the median and whiskers indicate min and max values.

quantification of TOM20 validated this (Figure 5C) and showed that the difference was uniform across the entire β_{HI} and β_{LO} compartments (except a small subset of β_{HI} cells; Figure 5C). Confocal imaging revealed larger, more elongated mitochondria in β_{HI} cells (Figures 5D and 5E) and increased mitochondrial activity (TMRM fluorescence⁴⁵) (Figure 5F). Thus, β_{HI} cells exhibit increased relative mitochondrial mass, transcription, elongation, and TMRM-associated activity.

Mitochondria are a defining node in β cell stimulus secretion coupling. To test for differences in mitochondrial and secretory function, we therefore FACS-purified and re-aggregated β_{HI} and β_{LO} cells into uniquely β_{HI} - or uniquely β_{LO} -specific spheroids (monotypic pseudo-islets; Figure S5E). No differences were observed in spheroid-forming rates (Figure S5F) or connexin 36 gap junction expression in the aggregated organoids (*Gjd2*; Figure S5G). Even after 7 days in culture, signature mRNA differences remained stable and true to the respective cell type of origin. Specifically, *Ins1* and *Ucn3* were up in β_{LO} monotypic pseudo-islets, while mitochondrial, *Rfx6*, and CD24 transcripts were up in β_{HI} cells (Figures 5G and 5H). β_{HI} and β_{LO} cells therefore maintain their overall distinctions through dissociation, re-aggregation, and culture.

We also used monotypic pseudo-islets to perform metabolic profiling under basal and glucose-stimulated conditions. β_{HI} -monotypic spheroids showed increased oxygen consumption rate (OCR) relative to extracellular acidification rate (ECAR; Figure S5H). Both spheroid types showed significant ECAR responses upon glucose stimulation. Interestingly, though, β_{HI} -monotypic spheroids showed a specific and substantial OCR response (Figures S5I and S5J). β_{HI} cells are therefore more oxidatively competent in both basal and glucose-stimulated contexts. Finally, we measured glucose-stimulated insulin secretion (GSIS) in a parallel single monotypic spheroid setup (Figure S5J). β_{HI} and β_{LO} spheroids both showed robust GSIS (Figure 5K, left panel). Importantly, though, β_{HI} spheroids exhibited increased GSIS with a near-doubling of insulin secretion upon high-glucose

challenge. Under normal culture conditions, β_{LO} cells showed a modest increase in chronic insulin output (Figure 5K, right panel). Thus, β_{HI} and β_{LO} cells are characterized by stable differences in mitochondrial activity, mitochondrial substrate responses, and GSIS.

H3K27me3 dosage controls overall heterogeneity and β_{HI}/β_{LO} cell ratio

Eed is a critical core subunit of the PRC2 complex that is responsible for H3K27me3 deposition.⁴⁶ We previously generated animals with a β cell-specific loss of *Eed* and showed that β cells in these mice lose all detectable H3K27me3 between 2 and 8 weeks of age,⁵ and after several months exhibit a stark, penetrant, and progressive loss of β cell identity.⁵ To test if H3K27me3 dosage itself is necessary for β cell subtype specification and maintenance, we isolated islets from 2-month-old β -EedKO animals and performed SCAN-seq. As expected,⁵ β -EedKO β cells were devoid of H3K27me3, exhibited normal expression of all key β cell markers, and had normal insulin levels (Figures S6A–S6C). We then performed clustering analysis on cells from wild-type and β -EedKO animals, with wild-type β_{HI} and β_{LO} cells serving as the reference (Figures 6A, 6C, and S6D). In contrast to wild type, EedKO β cells formed a trajectory ending in a final tight cluster (Figures 6B and 6C). Using within-cluster sum of the squared errors (SSE) as a readout, EedKO β cells ultimately “collapse” into a state of low cell-to-cell dispersion (Figures 6B, 6C, S6B, and S6C), lower even than the dispersion of β_{HI} or β_{LO} cells alone (Figures 6C and S6E). This observation was replicated with a dedicated cluster tree analysis (Figure S6F). Thus, H3K27me3/PRC2 is necessary *in vivo* for the maintenance of β cell transcriptional heterogeneity, including the separation of β_{HI} and β_{LO} cells.

We also wanted to understand the consequences of partial H3K27me3 dysregulation. We generated an independent cohort of mice and performed SCAN-seq on β cells from heterozygous KOs (β -Eed-Het) and their sex-matched wild-type siblings (*Ins1-cre*⁺). Overall, the β_{HI} and β_{LO} transcriptomes for each genotype

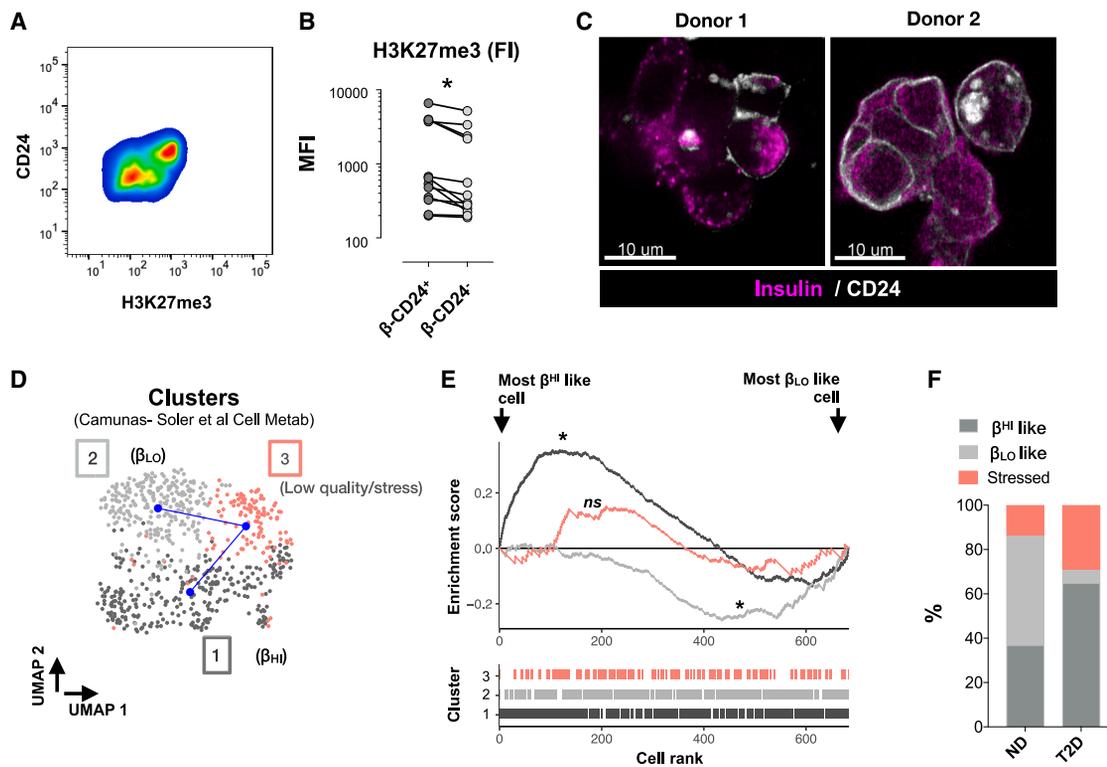


Figure 7. β_{HI} and β_{LO} cells are conserved in humans and their ratio altered in diabetes

(A) FACS plot of the fluorescence intensities of CD24 and H3K27me3 in human β cells isolated from one donor.
 (B) FACS fluorescence intensities of H3K27me3 levels in CD24⁺ compared to CD24⁻ human β cells; each connected pair of dots represents the mean fluorescent intensity (MFI) from one donor, n = 12 donors. *p < 0.05, paired t test.
 (C) Representation of the β cell surface labeling of CD24 (white) in sub-optimally dispersed, adjacent human islet cells from 2 independent donors. Counter staining of insulin is shown in magenta.
 (D) UMAP representation of the cluster topology of human β cells. β_{HI}/β_{LO} clusters were determined after assessment of expression of the signature; genes reported in Figure 3C. Trajectory was inferred by slingshot (n = 638 β cells from 11 donors without T2D and 7 donors with T2D).
 (E) Custom GSEA representation of β_{HI}/β_{LO} signature genes (see Figure 3C). The mean expression (Z score) for the two gene sets was calculated, then the magnitude and direction of differential signatures were determined by calculating the difference in expression between the two gene sets. The cells were then ranked by difference Z score. Plots of cells from all clusters are shown. Cluster 3 had no enrichment. Significant enrichments had p < 0.05.
 (F) Stacked bar plot representation of the percentage of β cells in each of the clusters shown in (D). Bars split the cluster distributions of the cells that were isolated from humans without diabetes (ND) or with T2D.

superimposed, indicating that partial loss of function has no effect on identity (Figures S6G–S6I). Interestingly, however, β -Eed-Het animals showed an increased β_{HI}/β_{LO} ratio relative to wild type (Figure S6J). Since single-cell transcriptomics are not designed or intended to provide accurate relative cell counts, we validated the ratio difference by FACS (n = 18 mice each group; Figure 6D). Consistent with the heightened GSIS function of type 1 cells *ex vivo* (Figure 5K), β -Eed-Het animals exhibited improved glucose tolerance *in vivo* (Figure S6K) and increased insulin secretory function *ex vivo* in isolated islets (Figure S6L). We also examined samples from β cell-specific *Jmjd3* heterozygotes, a model that increases H3K27me3 levels (*Jmjd3* is an H3K27me3 demethylase). β -*Jmjd3*-heterozygotes showed an equal and opposite cell subtype distortion (n = 9 mice each; Figure 6E). To the best of our knowledge, these represent the first genetic models that trigger β cell subtype ratio distortion without impacting cell identity. These data also demonstrate that H3K27me3 is a critical determinant of β_{HI}/β_{LO} ratios *in vivo* and (by extension) the primary axis of β cell heterogeneity.

β_{HI} and β_{LO} cells are conserved in humans and exhibit altered ratios in diabetes

To test whether β_{HI} and β_{LO} β cells are conserved in humans, we dispersed donor-derived islets provided by the Alberta Diabetes Institute IsletCore (Table S1) and separated them by CD24/H3K27me3 FACS. As in the mouse, human CD24⁺ β cells were consistently H3K27me3-HI, and CD24⁻ cells were consistently H3K27me3-LO (Figures 7A and 7B). CD24-positive and -negative cells were consistently observed within individual islet fragments (Figure 7C). Whereas mouse preparations reproducibly yielded ~20% β_{HI} cell content (Figure 2D; 19% ± 2% of all β cells in young adults), human islet donor preparations exhibited β_{HI} cell numbers ranging from ~30% to ~90% of the INS⁺ cell fraction (Figures 7A and S7A). Donor-to-donor variability is well acknowledged in human islet research⁴⁷; these data demonstrate the importance of multiple donors when exploring cell-type heterogeneity in human islets.

These findings were again validated by analyzing public human scRNA-seq/snATAC-seq data, which showed that the

major axis of heterogeneity is driven by H3K27me3 targeted genes (Figures S2H and S2I). This axis is distinct from previously reported stress-response-associated heterogeneity¹⁷ (compare Figure S7B to Figure S2H). To examine potential subtype-specific regulation in the context of T2D, we analyzed a large single β cell RNA-seq dataset that included cells isolated from humans with or without diabetes.⁴⁸ Interestingly, β cells grouped into 3 major clusters. One cluster comprised high-stress and/or low-quality cells based on gene expression signature and total per-cell transcript counts (Figures 7D, S7C, and S7D). The other 2 major clusters distributed along a $\beta_{\text{HI}}/\beta_{\text{LO}}$ axis according to differentially expressed genes from the two subtypes (Figures S7E and S7F). Slingshot trajectory analysis suggests that both β_{LO} and β_{HI} cells succumb to stress (Figure 7D). β cells isolated from humans with T2D were enriched in the stressed cluster, confirming previous observations⁴⁹ (Figures 7F and S7E). β cells isolated from humans with T2D were also enriched for β_{HI} relative to β_{LO} cells (Figures 7E, 7F, S7E, and S7F), suggesting a diabetes-specific skew in $\beta_{\text{HI}}/\beta_{\text{LO}}$ ratio. Thus, β_{HI} and β_{LO} cells are conserved in humans and their ratio affected in T2D.

DISCUSSION

There is currently no accepted definition for what constitutes a *bona fide* cell type or subtype. Historically, stable differences in function, cell-surface protein expression, nuclear and cytological morphology, epigenome configuration, transcriptome, and lineage tracing have all been used (independently) to define cell types or subtypes. We suggest using “cell state” to define all forms of β cell heterogeneity that reflect temporally rooted differences, e.g., differentiation, maturation, aging, circadian rhythm, fasting/feeding/diet, and transcriptional bursting. We propose that β cell “cell types” (or subtypes) be reserved for cells whose distinguishing features (1) arise normally over developmental time scales; (2) are reproducibly and stably detected across a wide range of contexts (ages, circadian time, diets, and disease); (3) exhibit widespread and stable differences in their active and silent epigenomes, transcriptomes, surface protein expression, and function; and (4) maintain these differences through long-term culture under identical conditions. We propose “sub-population” or “subset” be used where these distinctions are not known or intended. So while single-cell methods like scRNA-seq are ideally suited for detecting heterogeneity (i.e., differences), they do not necessarily generate the most appropriate data for defining a cell type (or subtype). Here, we used many methods to identify a new epigenetic axis that defines two primary β cell subtypes (β_{HI} and β_{LO} cells) that are distinct by at least 7 independent criteria (function, FACS markers, epigenome configuration, transcriptome, nuclear ultrastructure, cytosolic ultrastructure [mitochondria and insulin protein], and morphology) and constitute $\sim 90\%$ of the β cell compartment. We also identified a CD24^{high} SST/INS double-positive sub-population that deserves careful exploration considering recent work highlighting *trans*-differentiation and islet endocrine cell plasticity.^{13,50–52}

Prior research indicates the existence of other potential β cell subtypes that are most certainly distinct from those described here (e.g., rare virgin cells and rare polyhormonal cells). Notably

absent from our single-cell data are high-unfolded protein response (UPR) clusters. In our hands, the immediate transcriptome “freeze” that occurs in SCAN-seq eliminates high-UPR cells that we find in parallel CELseq2 tests from the very same islet isolation (data not shown). These data suggest that a substantial fraction of the stress-response signature observed in single-cell genomic data likely results from isolation, fluidics, and sorting steps^{53,54} as it can be eliminated by rapid fixation in the first step. Given the importance of UPR in β cell biology,^{17,49,55,56} the experimental design for examining this process appears to be especially critical.

Populations of early responding and highly interconnected “hub” β cells (1%–10% of total) classified by *in situ* Ca⁺² responsiveness have been reported with suggested mitochondrial functional heterogeneity. Those cells exhibited low insulin, signatures of immaturity, and increased metabolic function without a difference in TOM20.¹⁰ A related set of “leader” cells exhibits transcriptional enrichment of chromatin regulators⁵⁷ and derives from the smaller of two major scRNA-seq clusters of β cells.¹¹ PATCH-seq also identified gradients of electrophysiological responsiveness associated with physically smaller, *Rbp4*-enriched β cells that showed lower exocytosis under chronic conditions.⁴⁸ Our functional analyses and examination of transcriptional patterns of these factors (Figures S2K and S2L) suggest that the PATCH-seq *Rbp4*-enriched cells and “leader cells” comprise one of two subsets of β_{HI} cells.

Our findings demonstrate that the major axis of β cell heterogeneity is formed at least in part by epigenetic silencing machinery. Interestingly, genes coding for reported markers of β cell heterogeneity (including *Cfap126*, *Rbp4*, and *Ffar4*) and a large proportion of β cell disallowed genes⁵⁸ map to H3K27me3-marked regions. Our examinations indicate that the maturation axes marked by *Cfap126*, *Mafa*, and *CD81*^{12,18,59} exist within both β_{HI} and β_{LO} cell compartments, suggesting that maturation gradients exist *in vivo* for both cell types. This raises the question of how β_{HI} and β_{LO} cells are specified, and how their maturation and maintenance couple to metabolic demands. We find both subtypes are present from early to late life in mice, they both proliferate, they are stable for at least 7 days under identical culture conditions, and they are metabolically distinct. mTOR and AMPK signaling play crucial roles in β cell maturation process,^{60,61} and β cell-specific mTOR-deficient mice have lower levels of H3K27me3 and upregulation of a group of “immature” genes.⁶² We observed reciprocal mTOR regulation in β_{HI} and β_{LO} cells (increased expression of negative regulators of mTOR *Tsc1*, *Tsc2*, *Ubr1*, and *Rictor* in β_{HI} and upregulation of the positive regulators *Lamtor2*, *Golph3*, *Rheb*, *Deptor*, and *Lamtor1* in β_{LO} ; data not shown). This observation suggests that fidelity of cell subtype identity may be continuously reinforced by TOR signaling.

One of the seminal studies of β cell heterogeneity, Dorrell et al.,¹⁶ previously used surface antigens to identify four clusters of β cells. In our SCAN-seq data, we found differential expression of genes that corresponded with Dorrell’s $\beta 1/\beta 2$ clusters (Figures S2K and S2M; UMAP panel) and identified *Rfx6* and *Mafb* as key transcription factors (Figure 3F) that differentiated their ST8SIA1[−] $\beta 1/\beta 2$ cells. RFX6 also had promoter accessibility in INS^{high} state cells, as observed elsewhere.¹⁹ These data therefore suggest that Dorrell’s $\beta 1/\beta 2$ clusters may be β_{HI} cells,

although our scRNA-seq data show that *Rfx6* also aligns with maturation gradients within β_{HI} and β_{LO} cells.

Next important steps for the field will be to test whether β_{HI} and β_{LO} cell differences can be harnessed for stem cell-based islet replacement strategies, and to test whether β_{HI} or β_{LO} cells are preferentially dysregulated in classically defined and newly emerging diabetes subtypes.⁶³ Key steps will be to identify additional surface antigens that are robust against experimentally induced and donor-to-donor variation. An additional priority will be to understand the up- and downstream factors that drive subtype specification, and the mechanisms that link *Eed* and *Jmjd3* dosage to β_{HI}/β_{LO} ratio control.

To the best of our knowledge, the β -*Eed*-Het and β -*Jmjd3*-Het animals represent the first examples of reciprocal genetic models that specifically skew β cell subtype ratios (heterogeneity) *in vivo*. In β -*Eed*-Het animals, scRNA-seq data indicate that the skewed ratio occurs without any change in β cell subtype transcriptomes. These data indicate that ratio control is independently regulated from identity, and that even subtle changes in the H3K27me3 levels⁵ may modulate β_{HI}/β_{LO} cell ratios over the time frames associated with human disease. Notably, the increase in β_{HI}/β_{LO} cell ratio in T2D (Figure 7F) is consistent with a model in which H3K27me3 dysregulation causes skewing of cell subtype ratio. The heightened gluco-regulatory phenotype observed in β -*Eed*-Het animals suggests that the skewing observed in T2D constitutes a form of compensation, and that manipulating β cell ratios could constitute a desirable therapeutic goal for metabolic disorders. The data suggest that low-dose or intermittent *Ezh1/2* or *Eed* inhibition could serve a role in improving those methods aimed at generating β cell replacements from stem cells or induced pluripotent stem cells. Substantial activity in the epigenetic inhibitor space has already identified a range of *in vivo* tolerated compounds with specificities for PRC2 catalytic and other subunits.

Finally, our multi-dimensional analysis does not support the prevailing view that there exists a common (>10% of β cell compartment) immature β cell subtype. Rather, our results support the notion that cell-state gradients exist across two highly specialized β cell subtypes. β_{HI} and β_{LO} cells both exhibit robust and equal expression of essentially all known terminal differentiation markers, despite clear maturation gradients readily detectable within each. These nuances are important as the community works toward a common framework for β cell heterogeneity.

Limitations of study

One of the study's limitations is that our characterization of the H3K27me3 axis is primarily antibody based, and while validated across antibodies, the relative levels quantified may be affected by characteristics of the techniques such as affinity and antigen accessibility. Therefore, it will be important to characterize these differences using a more quantitative, orthogonal approach such as mass spectrometry and extend this to all combinatorial histone modifications. High-throughput cytometry (such as CyTOF) could also be used to quantify a larger number of chromatin marks, including histone and DNA modifications. The analysis in this study was primarily restricted to the differentiated β cells in developed islets; developmental cues and cellular interactions that may be important for the emergence and maintenance of the HI and LO subtypes were not considered.

STAR★METHODS

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SUPPLEMENTAL INFORMATION

Supplemental information can be found online at <https://doi.org/10.1016/j.cmet.2023.03.008>.

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AUTHOR CONTRIBUTIONS

E.D. and J.A.P. conceived the project. E.D. designed, performed, and analyzed all experiments unless stated otherwise. L.F. analyzed the ChIP-seq and RELACS datasets and, together with S.A., the DNA methylation array datasets. V.W. helped perform the *in vivo* experiments and islet isolations. S.H. supported the bioinformatics work and code for the SCAN-seq multi-modal pipeline. L.F., S.A., B.J., A.S., P.S., and D.S. provided support for the bioinformatic analysis. K.D.H., I.P., V.K., R.C., T.T.-H.L., A.L., B.G., T.G., and A.I. helped perform experiments. J.A.P. provided study design, analysis, interpretation, and financial support. E.D. and J.A.P. wrote the manuscript.

DECLARATION OF INTERESTS

The authors declare no competing interests.

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STAR★METHODS

KEY RESOURCES TABLE

REAGENT OR RESOURCE	SOURCE	IDENTIFIER
Antibodies		
Rat monoclonal anti CD24	Thermo Fisher	48-0242-82; RRID: AB_1311169
Mouse monoclonal anti CD24	Biologend	311122; RRID: AB_2561691
Rat monoclonal anti CD45	Thermo Fisher	11-0451-82; RRID: AB_465050
Rat monoclonal anti CD31	BD pharmingen	558738; RRID: AB_397097
Mouse monoclonal anti insulin	Santa Cruz	sc-8033; RRID: AB_627285
Mouse monoclonal anti glucagon	Santa Cruz	sc-514592; RRID: AB_2629431
Mouse monoclonal anti somatostatin	Santa Cruz	sc-55565; RRID: AB_831726
Mouse monoclonal anti pancreatic polypeptide	Santa Cruz	sc-514155
Rat monoclonal anti MKI67	eBioscience	47-5698-82; RRID: AB_2688065
Mouse monoclonal anti TOMM20	Abcam	ab205487
Mouse monoclonal anti H3K27me3	Origene	TA347154
Rabbit polyclonal anti H3K4me3	Diagenode	C15410003; RRID: AB_2616052
Rabbit polyclonal anti H3K36me3	Diagenode	C15410192; RRID: AB_2744515
Rabbit polyclonal anti H3K9me3	Diagenode	C15410193; RRID: AB_2616044
Rabbit polyclonal anti H3K27ac	Diagenode	C15410196; RRID: AB_2637079
Rabbit polyclonal anti H3K27me3 (Figure S1F)	Diagenode	C15410195; RRID: AB_2753161
Biological samples		
Isolated human islets (Information about the donors is in Table S2)	Alberta Diabetes Institute IsletCore	https://www.bcell.org/adi-isletcore
Chemicals, peptides, and recombinant proteins		
HBSS	Gibco	14025092
RPMI 1640	Gibco	11875093
Accutase	Sigma	A6964
Collagenase 4	Worthington	LS004189
RNaseIN	Promega	N2511
PBS	Gibco	14190
AMPure XP beads	Beckman Coulter	A63881
Glutamax	Gibco	35050
HEPES	Gibco	1563049
NEBNext Second Strand Synthesis (dNTP-free) Reaction Buffer	NEB	B6117S
DNA Polymerase I	NEB	M0209L
RNase H, recombinant	NEB	M0297L
Murine RNase Inhibitor	NEB	M0314L
ProtoScript II Reverse Transcriptase	NEB	M0368L
Deoxynucleotide Solutions, Mix	NEB	N0447L
<i>E. coli</i> DNA Ligase	NEB	M0205L
Critical commercial assays		
Mix-n-Stain CF 405 Antibody Labeling Kit	Sigma	MX405SS50
Mix-n-Stain CF 448 Antibody Labeling Kit	Sigma	MX488AS50
Mix-n-Stain CF 555 Antibody Labeling Kit	Sigma	MX555S20
Insulin ELISA	Mercodia	10-1247-10
<i>In vivo</i> EDU Click-iT AF488	Sigma	BCK488-IV-IM-M

(Continued on next page)

Continued

REAGENT OR RESOURCE	SOURCE	IDENTIFIER
NEBNext Single Cell/Low Input RNA Library Prep Kit for Illumina	NEB	E6420L
miRNeasy FFPE Kit	QIAGEN	217504
iDeal CHIP-seq kit for histones	Diagenode	C01010173
NEBNext Ultra II DNA library preparation kit	NEB	E7645
Quick-DNA Microprep Plus Kit	Zymo Research	D4074
Zymo EZ DNA Methylation Kit	Zymo Research	D5001
Absolute Mouse Mitochondrial DNA Copy Number Quantification qPCR Assay Kit (AMMQ)	ScienCell	M8948
MEGAscript T7 Transcription Kit	Thermo Fisher Scientific	AM1334
Deposited data		
Bulk RNA-seq, scRNA-seq, CHIP-seq/RELACS and DNA methylation array	This study	GEO: GSE224061
Experimental models: Organisms/strains		
Mouse: C57BL/6J	In house breeding	N/A
Mouse: Cd24 ^{-/-}	Gift from Dr. Sherri Christian	Nielsen et al. ⁶⁴
Mouse: Eed ^{fl/fl}	Gift from Dr. Stuart Orkin	Jax strain #022727; RRID: IMSR_JAX:022727
Mouse: Kdm6b ^{fl/fl}	Gift from Dr. Stuart Orkin	Jax strain#:029615; RRID: IMSR_JAX:029615
Mouse: R26R-EYFP	Gift from Dr. Thomas Boehm	Jax strain #006148; RRID: IMSR_JAX:006148
Oligonucleotides		
GCCGGTAATACGACTCACTATAGGGCTAC ACGACGCTCTCCGATCTNNNNNNN[6 base barcode]TTTTTTTTTTTTTTTTTTTTTVN	Hashimshony et al. ⁶⁵	Full list of barcode is found in Table S1
Software and algorithms		
Graphpad Prism 8	Graphpad	https://www.graphpad.com
Flowjo_V10	BD Biosciences	https://www.flowjo.com
Imaris V9.3.1	Oxford instruments	RRID: SCR_007370
R (v4.0.4)	N/A	RRID: SCR_001905
Seurat (v4.0.2)	Stuart et al. ⁶⁶	RRID: SCR_016341
DEseq2 (v1.34.1)	Love et al. ⁶⁷	RRID: SCR_015687
DeepTools v3.3.2	Ramirez et al. ⁶⁸	RRID: SCR_016366
HOMER (v4.11)	Heinz et al. ⁶⁹	RRID: SCR_010881
Other		
High Fat Diet	Reseach Diet	#D12492i

RESOURCE AVAILABILITY

Lead contact

Further information and requests for resources and reagents should be directed to and will be fulfilled by the lead contact, Andrew J Pospisilik.

Materials availability

This study did not generate new unique reagents.

Data and code availability

- Bulk RNA-seq, scRNA-seq, CHIP-seq/RELACS and DNA methylation array data generated in this study were deposited to Gene Expression Omnibus (GEO) repository with the GEO: GSE224061.
- The SeSAmE wrapper pipeline SeSAmEStr was published online in Zenodo: <https://doi.org/10.5281/zenodo.7510575>. No other custom code or mathematical algorithms were generated in this study. All publicly available codes and tools used to analyze the data are reported and referenced in the [STAR Methods](#) section 'Quantification and statistical analysis'.
- Any additional information required to reanalyze the data reported in this paper is available from the lead contact upon request.

EXPERIMENTAL MODEL AND SUBJECT DETAILS

Animal Husbandry

All animals were maintained on a normal chow diet with 15% fat (Ssniff GmbH), fed *ad libitum* with free access to water (HCl acidified, pH 2.5-3) under controlled humidity and temperature with a 12-h light and 12-h dark cycle. High fat diet fed mice were fed with 60% kcal% fat diet (Research Diet) for 3 days or 4 weeks. All animal studies were performed with the approval of the local authorities in Germany (Regierungspräsidium Freiburg, Germany) under license number 35-9185.81/G-16/120, or approved by the Institutional Animal Care and Use Committee at the Van Andel Research Institute, Grand Rapids, MI, USA under the animal use protocol number 21-08-023.

Genetically modified mice

The CD24 knockout⁶⁴ mice were kindly provided by Sherri L. Christian. Breeding pairs of *Ins1-cre*⁷⁰ (*B6(Cg)-Ins1tm1.1(cre)^{Thor/J}*) were purchased from Jackson laboratories. *Eed^{fl/fl}*, *Kdm6b^{fl/fl}*, and YFP-reporter (*B6.129X1-Gt(ROSA)26Sortm1(EYFP)Cos/J*) transgenic mouse lines (C57BL6/J) were kindly provided by Stuart Orkin and Thomas Boehm, respectively. To generate β -cell reporter mice with *Eed* deficiency, *Eed*-floxed animals were crossed with YFP harboring-*Ins1-cre* positive animals. All mice were backcrossed for >10 generations before any phenotyping was initiated. Experimental mice were all males unless otherwise stated. Age of the mice used for individual experiments are specified accordingly.

METHOD DETAILS

Islet isolation

Adult pancreata were perfused through the common bile duct using a 30-gauge needle with Collagenase 4 solution (dissolved in 1x HBSS GIBCO, 10 mM HEPES at a concentration of 1 mg per mL); this step was excluded for neonatal islet isolation. The pancreata were then dissected and transferred into a 50 mL falcon tube containing and incubated 30 min in 2mL of the same collagenase solution. Islets were purified as previously described.⁷¹ Briefly, collagenase-digested pancreata were dissociated by shaking. 40 mL of quenching buffer (HBSS, 0.5% BSA, 25mM HEPES) was added and the tubes were centrifuged at 190g, for 2 min at 4°C twice. Non-digested tissue was filtered by 500 μ M mesh. The wash through was then filtered again by a 70 μ M, keeping the islets on top of the mesh. Islets were then transferred to a Petri dish containing pre-warmed complete media (RPMI-1640 containing 11 mM glucose, 10% FBS, 0.1% [penicillin, streptomycin, gentamicin, amphotericin B]; Thermo Fisher). The isolated islets were hand-picked and cultured in complete media, and maintained at 37°C in a 5% CO₂ environment.

Human pancreatic islets

Human islets were obtained from the Alberta Diabetes Institute IsletCore⁷² and the Clinical Islet Laboratory at the University of Alberta, respectively. They were isolated from pancreata of cadaveric organ donors in accordance with the local Institutional Ethical Approvals (Pro00013094). Islets were cultured in CMRL-1066 medium containing 5 mmol/L glucose, 100 units/mL penicillin, 100 μ g/mL streptomycin, 2 mM Glutamax, and 10% FCS (Invitrogen) in a humid environment containing 5% CO₂.

Islet dispersion and single cell labeling for FACS

For islet dispersion, islets were incubated in accutase for 4 min at 37°C, then gently pipetted 20 times using a 1 mL pipette. Immediately after, single cell suspensions were examined under the microscope, and validated single cell suspensions were washed with 2 mL of ice-cold FACS buffer (PBS, 0.5% BSA, 5 mM EDTA) or ice-cold PBS in case of subsequent fixable viability labeling (5 min zombie dye on ice). Cell surface CD24 (mouse: Thermo Fisher 48-0242-82, human: Biologend, 311122,1:250), CD45 (Thermo Fisher, 11-0451-82, 1:200), and CD31 (BD pharmingen, 558738 1:200) labeling was done for 30 min on ice (diluted in FACS buffer). After washing, cells were fixed in 1% methanol free formaldehyde (Thermo fisher, 28906, 1 mL; diluted in RPMI; freshly made) for 15 min, the reaction was quenched with glycine (final concentration of 125 mM), and cells were washed with 1 mL of FACS buffer. Intracellular labeling of insulin (sc-8033, 1:100), glucagon (sc-51459, 1:100), somatostatin (sc-55565, 1:100), pancreatic polypeptide (sc-514155, 1:100), MKI67 (47-5698-82, 1:200), TOM20 (Abcam, 1:500), and chromatin labeling using the sigma 'Mix-and-Stain'-conjugated H3K27me3 (Origene, TA347154 CF555), H3K4me3 (C15410003, CF405), H3K36me3 (C15410192, CF405), H3K9me3 (C15410193, CF488), H3K27ac (C15410196, CF488) at final concentrations of 5 μ g/mL, was done in permeabilization buffer (eBioscience, 00-8333-56). For data in Figure 1A, H3K27me3 was labeled together with either H3K9me3 and H3K36me3, or H3K27ac and H3K4me3. The presented data in Figure S1F show additional labeling with H3K27me3 (C15410195, Diagenode). Unless stated differently, insulin positive β -cells were analyzed and sorted while excluding glucagon, somatostatin, pancreatic polypeptide, CD31, and CD45 positive cells that were included in a 'dump channel'; 488, which contained all of the antibodies that are specific for the unwanted cells. Washing between steps was determined differently; live cells were centrifuged at 190g, fixed cells at 350g, and fixed-permeabilized cells were centrifuged at 500g, all for 4 min at 4°C. For experiments with subsequent extraction of RNA, all the steps were done in the presence of RNase inhibitor (recombinant RNasein, Promega, N2511) diluted 1:4,000 for the washing steps or 1:400 for the incubation while labeling. FACS sorted cells were also kept in tubes containing 1:400 RNase inhibitor and were snap frozen and stored at -80°C.

SCAN-seq

The new multi-modal SCAN-seq method was derived from the CEL-Seq2 method.^{5,65} Insulin positive cells were index-sorted into 384 well plates containing 384 unique barcodes (Table S2). Single cells were sorted in 384-well plates (Bio-Rad Laboratories, HSP3801) containing lysis buffer and mineral oil (Sigma, M8410) using BD FACS Aria FUSION. The sorter was run on single-cell sort mode with index sorting. Doublets were excluded using pulse geometry gates (FSC-W \times FSC-H and SSC-W \times SSC-H). Importantly, cells from all conditions/biological replicates were equally distributed into wells of all sorted plates from the same experiment to enable optimal batch correction in case of evident plate bias in the transcriptional data. After sorting, the plates were centrifuged for 2 min at 2,200 g at 4°C, snap-frozen in liquid nitrogen, and stored at -80°C for up to two weeks. 160 nL of reverse transcription reaction mix and 2.2 mL of second strand reaction mix was used to convert RNA into cDNA. cDNA from 384-cells was pooled together before the clean-up and *in vitro* transcription, generating one library from one 384-well plate. 0.8 mL of AMPure/RNAClean XP beads (Beckman Coulter GmbH, Germany) per 1 mL of sample were used during all the purification steps, including library cleanup. Libraries were sequenced on a single lane (pair-end multiplexing run, 100 bp read length) of an Illumina HiSeq system targeting 200,000 reads per cell.

Bulk-cell RNA-seq

Total RNA from 1,000H3K27me3 HI/LO β -cells or from 50,000 sorted β_{HI} and β_{LO} cells was extracted using the miRNeasy FFPE Kit (QIAGEN, 217504), followed by the NEBNext Single Cell/Low Input RNA Library Prep Kit for Illumina (E6420L). Library fragments of 350 ± 20 bp were obtained, and the quality was assessed using a Fragment Analyzer (Advanced Analytical). Barcoded libraries were subjected to 70 bp pair-end sequencing on the Illumina HiSeq 2000.

ChIP-seq

Chromatin from snap-frozen pellets of the sorted β_{HI} and β_{LO} cells (3 biological replicates each) were prepared using the NEXSON procedure⁷³ to a 100–800 bp fragment size distribution. We controlled sheared chromatin size distribution and cell number by adding 2 mL of 20 mg/mL Proteinase K to a small chromatin aliquot (5 mL) of each sample. Volumes were adjusted to 20 mL using buffer EB (Qiagen). Samples were then reverse-crosslinked by incubating at 50°C for 30 min, followed by incubation at 65°C for 30 min. DNA concentration was measured using a Qubit dsDNA HS assay, and we estimated cell numbers by assuming one mouse diploid cell contains ~ 6.6 pg of DNA. Samples were then purified using Qiagen MinElute columns, and DNA fragment size distribution was checked by capillary electrophoresis (Agilent Fragment Analyzer).

Before ChIP, all chromatin samples were normalized to the same cell number in shearing buffer. Normalized chromatin samples were diluted 1:2 in 1X Buffer iC1 (supplemented with protease inhibitor cocktail) from the Diagenode iDeal ChIP-seq kit for histones (C01010173). Each chromatin sample of $\sim 6,000$ cells was incubated with 1 μg of anti-H3K27me3 antibody (Diagenode, C15410195, lot. A1811-001P). ChIP was performed using the automated platform SX-8G IP-Star platform (Diagenode) under the program “ChIP indirect method”. The antibody-chromatin incubation lasted 10 h, followed by 3 h of bead incubation (protein-A conjugated), and 5 min beads washes. Ten percent of the original chromatin was used as input. After DNA elution, ChIP and input samples were de-crosslinked and purified using Qiagen MinElute columns.

Libraries were prepared on an automated liquid handler (Biomek i7) using the NEBNext Ultra II DNA library preparation kit (NEB, E7645) according to the manufacturer’s instructions, and without size selection. Libraries were sequenced paired-end on the Illumina NovaSeq platform.

RELACS

The H3K4me3 ChIP-seq was performed using RELACS as previously described.⁷⁴ Briefly, 50,000 β_{HI} and β_{LO} cells were thawed in RELACS lysis buffer (10 mM Tris-HCl [pH 8], 10 mM NaCl, 0.2% Igepal, 1 \times Protease inhibitor cocktail) and the nuclei were isolated by sonication using the NEXSON procedure.⁷³ To digest the chromatin, 25 μL of 10 \times CutSmart buffer (NEB), 2.5 μL 100 \times Protease inhibitor cocktail and 1 μL of CviKI-1 (5 U/100,000 nuclei, NEB R0710S) were added. The digestion reaction was incubated overnight at 20°C . End repair and A-tailing was performed, and customized adapters were ligated to the fragments. Once barcoded, the samples were pooled together. Chromatin was then sheared by sonication (Covaris E220, Micro-Tubes, 5 min, peak power 105, duty factor 2, cycles burst 200). This chromatin was used for automated ChIP (Diagenode, C15410003) with the IP-Star Diagenode system. IPs and Inputs were de-crosslinked, DNA was purified, and libraries were prepared using the NEB Ultra II DNA Library Prep Kit for Illumina (E7645S and E6440) following the manufacturer’s instructions. Integrity and size distribution of the samples was assessed before and after library preparation by running on Fragment Analyzer (Advanced Analytical).

DNA methylation array

Genomic DNA was extracted from fixed and sorted β_{HI} or β_{LO} using the Zymo Research Quick-DNA Microprep Plus Kit (Zymo Research) according to manufacturer’s instructions. Purified DNA was quantified by Qubit fluorimetry (Life Technologies), and bisulfite converted using the Zymo EZ DNA Methylation Kit (Zymo Research) following the manufacturer’s protocol with the specified modifications for the Illumina Infinium Methylation Assay. After conversion, the bisulfite-converted DNA was purified using the Zymo-Spin binding columns and eluted in Tris buffer. Following elution, bisulfite-converted DNA was processed through the Illumina mouse methylation array protocol. The bisulfite-converted DNA samples were first processed using the Infinium HD FFPE DNA Restore kit workflow. To perform the Infinium assay, converted DNA was denatured with NaOH, amplified, and hybridized to the

Infinium bead chip. An extension reaction was performed using fluorophore-labeled nucleotides per the manufacturer's protocol. Array BeadChips were scanned on the Illumina iScan system, and signals were assigned by using Illumina Genome Studio v2011.1 software to produce IDAT files. CpG probe selection⁷⁵ included an array of target and random controls sequences. The DNA methylation array analysis was performed using SeSAmE⁷⁶ and its wrapper pipeline SeSAmEStr (<https://doi.org/10.5281/zenodo.7510575>). Nine biological replicates of β_{HI} and β_{LO} were compared. Data pre-processing and quality controls were performed using SeSAmE default parameters and the pre-processing code 'TQC DPB'. All samples showed a detection rate >93% and no dye bias. PCA analysis of beta values was performed within the SeSAmEStr pipeline using the R function 'prcomp'. In all differential analysis, the effect size cutoff was set to 0.05 (i.e., 5% differential DNA methylation) and the p value cutoff was <0.05. Further visualization of SeSAmE/SeSAmEStr output data was performed in R using Rstudio.

Re-aggregation of islet spheroids

Islets were isolated as described above from the β -cell reporter mice that were generated by crossing Ins1-Cre mice⁷⁰ with B6.129X1-Gt(Rosa)26 Sortm1(EYFP)Cos/J floxed-stop-YFP. After overnight recovery, islets were dispersed as described above to achieve single-cell suspensions for CD24 labeling. Live, CD24⁻, or CD24⁺ YFP⁺ β -cells were sorted into tubes containing 1x HBSS (GIBCO) 0.5% w/v BSA (Serva) and 24 mM HEPES (Sigma). Sorted cells were centrifuged at 200g for 4 min at 4°C, and re-suspended in mouse islet media (see [islet isolation](#) section above) at the concentration of 10 cells/ μ L. Cells were then distributed into 96 well plates (U bottom - Nunclon Sphera) to achieve 2000 cells/well. To determine spheroid formation kinetics, the plates were incubated inside a real-time quantitative cell imaging system (Incucyte) that was set to image cells every 15 min for 3 days.

Microscopy and image quantification

Islets, whole, dispersed, or sorted β -cell cells were derived from at least three animals for each condition. Samples were stained live or fixed with 1% methanol-free formaldehyde. Cells were permeabilized with 1x permeabilization buffer (00-833-56 Invitrogen), and stained for the indicated antigens/proteins. Single cells were stained for 30 min on ice while whole islets were stained by rotating overnight at 4°C. Images were acquired on a LSM880 confocal microscope (ZEISS) using the Airyscan super-resolution (SR) mode. An identical threshold was applied to all images from the same channel to exclude background signals. Staining intensity was quantified using Imaris version 9.3.1 in a blinded manner.

Oral glucose tolerance test

For the oral glucose tolerance test (OGTT), mice were fasted for 6 h (8:00-14:00), after which basal blood glucose was measured. Mice were given glucose (1 g/kg) by oral gavage. Blood glucose levels were measured using a OneTouch Vita blood glucose meter at 0, 15, 30, 60, and 90 min after glucose.

Measurements of oxygen consumption rate (OCR) and extracellular acidification rate (ECAR)

An XF96e Extracellular Flux analyzer (Seahorse Biosciences) was used to determine the bioenergetic profile of single monotypic pseudo-islets. Before the assay, monotypic pseudo-islets of ~2000 cells each were incubated in unbuffered DMEM (Seahorse Biosciences). Then, single spheroids were hand-picked and added into the middle of a 96-spheroid ploy-L-lysine coated microplate (Seahorse biosciences). After two 2 min basal measurements, glucose was injected into the media (16.7mM end concentration) and the oxygen consumption and extracellular acidification rates were measured 4 times for 2 min each time. Between every measurement, a 5 s mixing step was followed by 5 s waiting step. Wells with readouts lower than background measurements were excluded from further analysis.

Glucose stimulated insulin secretion

Single, re-aggregated, cell-type specific pseudo-islets or overnight recovered whole islets were pre-incubated for 30 min in pre-equilibrated Krebs-Ringer bicarbonate buffer (KRB; 115 mM NaCl, 4.7 mM KCl, 2.6 mM CaCl₂ 2H₂O, 1.2 mM KH₂PO₄, 1.2 mM MgSO₄ 7H₂O, 10 mM HEPES, 0.5% bovine serum albumin, pH 7.4) containing 2.8 mM glucose. Single β_{HI} or β_{LO} pseudo-islets were individually transferred into a V-shaped well of a 96 well plate, each well containing 50 μ L of 2.8mM glucose-KRB. Pseudo-islets were incubated at 37°C for 1 h for basal secretion. Then, individual pseudo-islets were collected, washed in PBS, and incubated with 16.7 mM glucose in KRB- for 1 h.

Five whole islets from all sizes were added to each well of a 48 well plate that contained either 2.8mM glucose (basal) or 16.7mM glucose (stimulated) KRB. Islets were incubated at 37°C for 1 h, after which islet supernatants were collected and put on ice. Supernatants were centrifuged (2000g 5 min 4°C), transferred to new 96 well plate, and stored at -20°C for later insulin measurements using ultrasensitive insulin ELISA (Mercodia).

Mitochondrial membrane potential by FACS analysis

Ins1-YFP islets were allowed to recover overnight, dissociated as described above, and washed twice with Krebs solution containing 4 mM glucose. For detection of the mitochondrial membrane potential, dissociated islet cells were incubated with 10 nM of the fluorescent probe TMRM solution (Life Technologies) containing 4 mM glucose. Cells were washed once with PBS, scored by FACS using BD Symphony, and analyzed by Flowjo.

Mitochondrial DNA quantification

Mitochondrial and genomic DNA was isolated from FACS sorted β_{HI} and β_{LO} cells according to the manufacturer's instructions. (Absolute Mouse Mitochondrial DNA Copy Number Quantification qPCR Assay Kit (AMMQ) Catalog #M8948).

QUANTIFICATION AND STATISTICAL ANALYSIS

Bulk RNA-seq analysis

RNA-seq was performed with at least three independent biological replicates. Raw sequences from the biological replicates were aligned and mapped against mouse genome version GRCm38/mm10 with the snakePipes2.⁷⁷ Differential expression analysis was performed with DESeq2.⁶⁷ Genes with counts <2 were excluded from differential analysis. Differential genes were called with an FDR threshold of 0.05 and a fold change of 1.33. After QC and exclusion of lowly expressed genes (>2 counts), differential expression of the raw counts was performed using DESeq2 v1.34.1. Samples were batch-corrected using Limma, and normalized count matrices were inspected using PCA. Gene Set Enrichment Analysis (GSEA) of DE results was performed with the fgsea R-package. Enrichment maps were generated in Cytoscape.⁷⁸ Motif enrichment analysis on β_{HI} -specific TSS was performed using HOMER v4.11⁶⁹ function 'findMotifsGenome.pl' with '-size given -mask' options, and using the transcriptionally unchanged TSS between β_{HI} and β_{LO} cells as background control.

ChIP-seq and RELACS analysis

Mouse H3K27me3 ChIP-seq (n = 3 biological replicates for each β -cell type) and H3K4me3 RELACS (n = 1 biological replicate for each β -cell type) data were processed and analyzed using snakePipes 2.5⁷⁷ 'DNA-mapping' and 'ChIP-seq' pipelines. Reads were trimmed and quality controlled using Cutadapt⁷⁹ and FastQC: <https://www.bioinformatics.babraham.ac.uk/projects/fastqc/>, respectively. Mouse reads were mapped with Bowtie2⁸⁰ on GRCm38/mm10 genome. High quality (MAPQ>3) and properly paired mapped reads were filtered for optical/PCR duplicates using samtools view.⁸¹ Coverage tracks for visualization in IGV or UCSC genome browsers were created with the DeepTools⁶⁸ v3.3.2 command 'bamCoverage', and normalized to sequencing depth. Spearman correlation matrices of H3K27me3 signal over the whole genome were generated with the DeepTools commands 'multiBigwigSummary' and 'plotCorrelation'. H3K27me3 peaks and broad domains were called on each single replicate using MACS2 v2.2.6⁸² in 'broad' mode and epic2⁸³ v0.0.41 (bin size = 1000, gaps allowed = 10), respectively. PCA on counts over all identified H3K27me3 peaks among all β_{HI} and β_{LO} replicates was performed in R using the command 'prcomp'. Annotation of identified H3K27me3 peaks according to genomic regions and quantification of tag counts over specific regions were performed using the 'annotatePeaks.pl' commands under the HOMER v4.11 suite.⁶⁹ Differential H3K27me3 enrichment over annotated TSS was performed by running DESeq2⁶⁷ v1.34.0 on counts tables from biological triplicates. β_{HI} and β_{LO} cell-specific TSS were those TSS with H3K27me3 log₂(fold change) > 0.2/< -0.2 and adjusted p value <0.1. Heatmap visualizations and profile plots of H3K27me3 and H3K4me3 signals over specific regions were generated using the DeepTools commands 'computeMatrix', 'plotHeatmap' and 'plotProfile'. Chromatin state annotations were based on the previously reported segmentation of the genome from whole islet's epigenetic landscapes.⁵ Overlaps between annotated chromatin states and genomic regions of interest were found using the 'intersectBed' command from bedtools.⁸⁴ Further analyses (i.e., boxplots, scatterplots) were performed in an R environment using RStudio.

Quantification of transcript abundance in SCAN-seq

Paired end reads were processed using scRNA-seq function in snakePipes⁷⁷ (v1.3.0). Briefly, cell barcodes and UMI's from read 1 were moved into the header of read2 that was then trimmed for adaptors and polyAs using cut adapt (v2.1). The subsequent alignment to the GRCm38/mm10 reference genome was performed using STAR (v2.4.2a). Raw counts were extracted using feature counts (v1.6.4) and gene annotation version M9 of gencode, and pseudogenes were removed.

scRNA-seq and SCAN-seq analysis

These data were analyzed using the Seurat v4 algorithm,⁶⁶ including standard pre-processing. In brief, the cell filtration threshold was set to unique feature counts >700 and >40% mitochondrial genes for SCAN-seq, or 1000 and >20% mitochondrial genes for the published droplet-based datasets. After QC filtering, we normalized the feature expression measurements for each cell to the total expression, multiplied the result by 10000, and log-transformed the product. Highly variable transcripts were identified using the Seurat4 FindVariableFeatures function. A batch correction was applied using the vars.to.regress option to provide an equal weight in downstream analysis, and buffer the noise of highly-expressed genes. Then, linear dimensional reduction was applied on the scaled data. To explore feature expression similarities and define cell populations, we generated the UMAP using the first 10 principal components/dimensions. Index-sorting files were used to integrate FACS parameters with the Seurat object using the CreateAssayObject function. Cluster trees were generated using the 'clustree' package. To visualize the expression of groups of genes (Figure S2), a sum of the Seurat *scaled.data* was first calculated. Senescence-associated genes ('Cellular senescence') were called from the mouse Gene Ontology. Genes from Dorrell's¹⁶ four β -cell subsets were taken from their Figure 4 ('top genes' in Figure S2K) or from their supplemental gene list (All DE genes in Figure S2M). The trajectories in Figures 6B and 7D were generated using slingshot to connect the centroids of each cluster. The code to preprocess and integrate FACS data with the Seurat object is available upon request. The custom GSEA in Figure S7 was based on $\beta_{\text{HI}}/\beta_{\text{LO}}$ signature genes (Figure 3C). The mean expression

(Z score) for the two gene sets was calculated, then the magnitude and direction of differential signatures was determined by calculating the difference in expression between the two gene sets. The cells were then ranked by difference Z score. All analyses were performed in an R environment using RStudio.

Analysis of published single-cell/nucleus sequencing

Mouse and human single-cell count matrices from published islet single-cell sequencing datasets were obtained from.^{39–42,48} scRNA-seq data was preprocessed as described above, except that the cell filtration threshold was set to unique feature counts >1000 and >20%. To compare β cells isolated from humans with or without T2D,⁴⁸ we performed data integration⁶⁶ using sex as a covariate. 'FACS' cell data were available for 11 donors without diabetes and 7 donors with T2D. Single nucleus ATACseq data (GEO: GSE160472) was obtained from Chiou et al.¹⁹ Processed and de-multiplexed fastq files were reformatted for the ArchR pipeline, and reads were aligned to the reference genome h38 using Chromap with 'preset atac'. The resulting .sam files were converted to Arrow files with the createArrowFiles function, using mints = 4 and minFrag = 1000. After QC, we used replicate 2 and replicate 3 for initial clustering. We then mapped the sum of expression of H3K27me3 marked genes that were previously annotated for the mouse⁵ or human⁵² datasets.

Other statistical analysis

We used GraphPad prism v8 for statistical tests and comparisons, as indicated in the respective figure legends. p value <0.05 was considered statistically significant.