



Article Inherently Fluorescent Peanut-Shaped Polymersomes for Active Cargo Transportation

Jianhong Wang ^{1,†}, Yingtong Luo ^{1,†}, Hanglong Wu ¹, Shoupeng Cao ², Loai K. E. A. Abdelmohsen ¹, Jingxin Shao ^{1,*} and Jan C. M. van Hest ^{1,*}

- ¹ Bio-Organic Chemistry, Institute for Complex Molecular Systems, Eindhoven University of Technology, P.O. Box 513, 5600 MB Eindhoven, The Netherlands; j.wang1@tue.nl (J.W.); y.luo@tue.nl (Y.L.); h.wu@tue.nl (H.W.); l.k.e.a.abdelmohsen@tue.nl (L.K.E.A.A.)
- ² Max Planck Institute for Polymer Research, 55128 Mainz, Germany; caos@mpip-mainz.mpg.de
- * Correspondence: j.shao@tue.nl (J.S.); j.c.m.v.hest@tue.nl (J.C.M.v.H.)
- ⁺ These authors contributed equally to this work.

Abstract: Nanomotors have been extensively explored for various applications in nanomedicine, especially in cargo transportation. Motile properties enable them to deliver pharmaceutical ingredients more efficiently to the targeted site. However, it still remains a challenge to design motor systems that are therapeutically active and can also be effectively traced when taken up by cells. Here, we designed a nanomotor with integrated fluorescence and therapeutic potential based on biodegradable polymersomes equipped with aggregation-induced emission (AIE) agents. The AIE segments provided the polymersomes with autofluorescence, facilitating the visualization of cell uptake. Furthermore, the membrane structure enabled the reshaping of the AIE polymersomes into asymmetric, peanut-shaped polymersomes. Upon laser irradiation, these peanut polymersomes not only displayed fluorescence, but also produced reactive oxygen species (ROS). Because of their specific shape, the ROS gradient induced motility in these particles. As ROS is also used for cancer cell treatment, the peanut polymersomes not only acted as delivery vehicles but also as therapeutic agents. As an integrated platform, these peanut polymersomes therefore represent an interesting delivery system with biomedical potential.

Keywords: polymersomes; aggregation-induced emission; light-propelled movement; imaging; cargo transportation

1. Introduction

Inspired by natural motile systems, over the years, a range of artificial micro/nanomotors have been designed for fulfilling tasks in complex environments, especially in a biomedical context [1–3]. These micro/nanomotors are traditionally categorized based on their propulsion mechanism, which is based on either chemical conversion, activation by physical stimuli such as light, or a biological response [4–10]. To achieve directionality in motility, the propulsion force should be applied anisotropically and /or the particle should possess an asymmetric shape [11]. It has been demonstrated that motile systems achieve efficient transportation and deep tissue penetration [12-14]. In this regard, size is important, as micromotors with diameters of more than 5 μ m are normally too big for this purpose [15–17]. In addition to size, a series of other prerequisites need to be considered when designing nanomotors for applications in the biomedical field [18,19]. First, the building blocks for the preparation of the nanomotors need to be biocompatible and/or biodegradable [20,21]. Second, to visualize and track the nanomotors during transportation, an effective detection signal should be included, which is, in most cases, a fluorescent probe [22,23]. Additionally, when therapeutic agents are transported, their loading efficiency and the prevention of undesired leakage of these compounds should be considered [24].



Citation: Wang, J.; Luo, Y.; Wu, H.; Cao, S.; Abdelmohsen, L.K.E.A.; Shao, J.; van Hest, J.C.M. Inherently Fluorescent Peanut-Shaped Polymersomes for Active Cargo Transportation. *Pharmaceutics* **2023**, *15*, 1986. https://doi.org/10.3390/ pharmaceutics15071986

Academic Editors: Ana Cazacu and Elena-Laura Ursu

Received: 22 June 2023 Revised: 10 July 2023 Accepted: 18 July 2023 Published: 20 July 2023



Copyright: © 2023 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (https:// creativecommons.org/licenses/by/ 4.0/). Aggregation-induced emission (AIE) materials display bright fluorescence when the AIEgens are in an aggregated state. This feature makes them interesting to apply as the detection signal in, for example, the monitoring of cell uptake and biosensing. Furthermore, as AIEgens can also transfer energy from their excited states to other molecules, they have been employed in photodynamic therapy (PDT), where the energy transfer is used to create reactive oxygen species [25–28]. In recent years, we have demonstrated that AIEgens can be chemically connected to the hydrophobic domain of amphiphilic block copolymers. These polymers were subsequently assembled into spherical polymer vesicles, or polymersomes, while maintaining their AIEgenic features. AIE-based polymersomes have been further developed into nanomotors; for this purpose, spherical AIE-polymersomes were coated with a hemispherical Au shell [29], or cucurbit-shaped and bowl-shaped AIE-polymersomes were decorated or loaded with enzymes to induce autonomous motion [30,31]. Although these nanomotors performed well, in all cases, a multistep procedure had to be followed to include all the necessary elements to enable motile behavior.

In order to construct a multifunctional nanomotor in a more efficient way, we hypothesized that ROS production upon the laser irradiation of AIE polymersomes could lead to motility as long as a product gradient could be created. To achieve this, the particles had to be endowed with an asymmetric topology. Herein, we report the generation of AIEgen functionalized polymersomes with a special peanut-shaped topology that act as nanomotors (Scheme 1). The polymersomes were composed of the biodegradable block copolymer poly(ethylene glycol)-poly(trimethylene carbonate) (PEG-PTMC) that was functionalized with aggregation-induced-emission (AIE)-segments. Through a solvent exchange method, the functional block copolymers self-assembled into polymersomes, followed by dialysis against 50 mM NaCl solution to achieve the shape transformation from spheres into peanut-shaped polymersomes. Upon laser irradiation, the polymersomes exhibited autofluorescence and ROS generation [32,33], which indeed triggered autonomous motion. Because of these motile features, the peanut polymersomes could efficiently move to tumorous cells and enhance uptake in a 3D tumor model. At the same time, the stable and bright autofluorescence of the peanut polymersomes enabled the visualization of the whole delivery process. As the functional cargo was structurally integrated with the peanut polymersomes, there were no issues regarding loading efficiency and cargo leaking during transportation. This multifunctional integrated system therefore provides a new platform for efficient therapeutic delivery vehicles.



Scheme 1. Schematic illustration of the self-assembly of PEG₄₄-P(AIE)₈ block copolymers into spherical polymersomes and peanut-shaped polymersomes.

2. Materials and Methods

2.1. Materials

All materials were purchased from Sigma-Aldrich without further purification unless stated otherwise. Poly(ethylene glycol) methyl ether 2K was purchased from Rapp Polymers and freeze-dried before use. 1,4-Dioxane and tetrahydrofuran (THF) were obtained from Biosolve Chimie (Metz, France). Dialysis membranes MWCO (12,000–14,000 Da) were supplied by Spectra/Pro[®] (ThermoFisher, Waltham, MA, USA). Wheat germ agglutinin, Alexa FluorTM 488 conjugate, calcein-AM, propidium iodide (PI), Dulbecco's modified eagle medium (DMEM), phosphate-buffered saline (PBS, pH 7.4), no-mycoplasma fetal bovine serum (FBS), trypsin-EDTA and penicillin–streptomycin was purchased from ThermoFisher (Waltham, MA, USA). Ultrapure Milli Q (St. Louis, MI, USA) water (18.2 M Ω ·cm) was used in this work.

Information regarding the analytical equipment can be found in the supporting information.

2.2. Synthesis of PEG_{44} - $P(AIE)_8$

PEG₄₄-PTMCP₈ and amino-functionalized AIE-gen **1** were synthesized according to a previously reported method (Figures S1 and S2; for more details, see Supporting Information) [29]. Subsequently, PEG₄₄-PTMCP₈ (92 mg, 0.02 mmoL) was dissolved in 1.5 mL dry THF and cooled to 0 °C. Next, a 0.5 mL THF solution containing AIE-gen **1** (180 mg, 0.18 mmoL) and trimethylamine (34 μ L, 0.18 mmoL) was added dropwise. Then, the reaction mixture was stirred for an additional 90 min at room temperature. After the amidation step was completed, the reaction solution was precipitated with diethyl ether three times. Then, the yellow product was isolated and freeze-dried to obtain PEG₄₄-P(AIE)₈. Copolymer composition was calculated by using the protons of PEG (3.61–3.68 ppm), terminal methyl unit (s, 3.38 ppm), TMCAIE CH₂ (m, 3.70–3.76 ppm), TMCAIE CH₂ (m, 4.22–4.32 ppm), and TMCAIE CH₂ (m, 6.60–6.66 ppm). GPC (RI): *M*_n (PDI) = 7.94 kDa (1.14).

2.3. Peanut Polymersome Preparation

PEG₄₄-P(AIE)₈ (1 mg) was added to 0.5 mL of THF, and the solution was stirred at 750 rpm for an additional dissolution process of 10 min. Then, Milli-Q water (0.5 mL) was injected into the THF solution via a syringe pump at a speed of 0.25 mL/h. The solution turned turbid during the self-assembly process, which indicated the formation of polymersomes. The cloudy solution was transferred into a prehydrated dialysis bag (SpectraPor, MWCO: 12–14 kDa, 2 mL/cm) and dialysis was performed against 50 mM NaCl solution for 24 h with a dialysate change after 1 h. Finally, the peanut polymersomes were obtained and used for subsequent experiments. The physicochemical properties of the peanut polymersomes were characterized by dynamic light scattering (DLS), transmission electron microscopy (TEM), cryogenic transmission electron microscopy (CLSM, Leica TCS SP8X).

2.4. Spherical AIE-polymersome Preparation

PEG₄₄-P(AIE)₈ (1 mg) was added to 0.5 mL of THF, and the solution was stirred at 750 rpm for an additional dissolution process of 10 min. Then, Milli-Q water (0.5 mL) was injected into the THF solution via a syringe pump at a speed of 0.25 mL/h. The solution turned turbid during the self-assembly process, which indicated the formation of polymersomes. The cloudy solution was transferred into a prehydrated dialysis bag (SpectraPor, MWCO: 12–14 kDa, 2 mL/cm) and dialyzed against Milli-Q water for 24 h with a water change after 1 h. Finally, the polymersomes were obtained and used for subsequent experiments. The morphology and fluorescent properties of the spherical polymersomes were characterized by DLS, TEM, cryo-TEM, and CLSM.

2.5. Singlet Oxygen $(^{1}O_{2})$ Detection

Singlet oxygen sensor green (SOSG) was employed to evaluate singlet oxygen generation. SOSG was mixed with peanut polymersomes (5 μ g/mL, [SOSG] = 10 μ M), and the mixture was irradiated with a 405 nm laser (output laser: 1.2 W, 5 min). The generated ¹O₂ was determined by recording the SOSG fluorescence intensity with an excitation/emission of 504/525 nm using a microplate reader. The fluorescence intensity of SOSG incubated with peanut polymersomes was normalized to be 100%.

2.6. In Vitro Cell Experiments

Cell culture: Human cervical cancer cells (HeLa) and mouse embryonic fibroblast cells (NIH/3T3) were cultured in the cell incubator (Thermo Fisher) in DMEM medium containing 10% FBS, 1% 100 U/mL penicillin, and 1% 100 U/mL streptomycin in 5% CO_2 at 37 °C and 70% humidity.

Cell viability: To evaluate the feasibility of the peanut polymersomes for nanomedicine applications, their in vitro cytotoxicity was tested with a standard CCK-8 assay. HeLa cells and NIH/3T3 cells were selected as model cell lines. Cells were seeded in 96-well plates at a density of 1×10^4 cells per well with 100 µL of DMEM containing FBS, penicillin, and streptomycin for each well. After incubation overnight, the medium was refreshed, and peanut polymersomes at different concentrations (0, 5, 10, 20, 40, 60, 80, 100, 200 µg/mL) were added. After 24 h incubation, the cells were washed three times with PBS and treated with 100 µL of DMEM containing 10% CCK-8 for each well for 3 h. The absorbance of each well at 450 nm was recorded with a microplate reader. For each group, triplicated wells were tested, and the data were presented as mean \pm SD.

 $^{1}O_{2}$ generation in HeLa cells: The intracellular $^{1}O_{2}$ generation was investigated using the fluorescent probe 2',7'-dichlorofluorescein diacetate (DCF-DA). HeLa cells were co-incubated with peanut polymersomes (20 µL) for 6 h. The cells were then stained with DCF-DA (20 µM) for 20 min and washed with PBS 3 times. The prepared cells were irradiated with a 405 nm laser (1.2 W, 5 min) and observed with CLSM.

Cell uptake behavior of peanut polymersomes: To evaluate the intracellular uptake behavior, HeLa cells were cultured in μ -Slide 8 wells at a density of 2 × 10⁴ cells per well with 200 μ L of DMEM. The cell membrane was stained with Alexa FluorTM 488. Peanut polymersomes (20 μ L) were added to the cell medium immediately before irradiation. For the control group, spherical polymersomes (20 μ L) were added to a parallel cell group. To investigate the enhanced cellular uptake behavior owing to the motile properties of peanut polymersomes, the cell membrane was stained with wheat germ agglutinin, Alexa FluorTM 488 conjugate to show the boundary of the cells. Peanut polymersomes (20 μ L) were added to the cell medium and irradiated with a 405 nm laser using CLSM for 5 min followed by co-culturing for 6 h. Then, HeLa cells were characterized by CLSM.

Therapeutic evaluation of peanut polymersomes: To investigate the therapeutic effect of peanut polymersomes, HeLa cells were mixed with peanut polymersomes (50 μ g/mL) and immediately irradiated with a laser for 5 min. The parallel experiment in the absence of laser irradiation before incubation was conducted as a control group. After culturing for 6 h, the cells were washed three times with PBS to remove free peanut polymersomes and refreshed with DMEM followed by irradiating with a 405 nm laser for 5 min. After incubation for another 6 h, the cells were stained with calcein-AM/PI and characterized using CLSM.

3D HeLa cellular spheroid penetration of peanut polymersomes: 3D HeLa cellular spheroids were used to further investigate the uptake behavior and tissue penetration of peanut polymersomes. 3D HeLa tumor spheroids were prepared by a "hanging drop" technique according to a previously reported procedure [34]. Briefly, 500 μ L of agarose solution (2%, w/v, PBS) was dropped into the mold of a 3D petri dish. Air bubbles were completely removed via pipette suction. After that, the solidified gels from the mold were placed into each well of a 12-well plate and equilibrated for more than 20 min with DMEM. Then, a cell suspension (190 μ L) containing 6 × 10⁵ HeLa cells was slowly added to each well of

the 12-well plate, and after standing for 10 min, 2.5 mL of fresh cell culture medium was slowly added. When the tumor spheroids reached the appropriate volume, the penetration capacity and therapeutic efficacy of the peanut polymersomes were evaluated. To study the uptake behavior, the HeLa tumor spheroids were immediately mixed with peanut polymersomes at a volume of 200 μ L (peanut polymersomes concentration: 50 μ g/mL) and irradiated with a laser. CLSM was used to observe the uptake by applying a standardized Z-stack scanning protocol. Spherical polymersomes as a control group were investigated following the same procedure.

3. Results and Discussion

3.1. Preparation and Characterization of Peanut Polymersomes

For the preparation of the peanut polymersomes, the amphiphilic block copolymer poly(ethylene glycol)- poly(trimethylene carbonate pentafluoro phenyl ester) was synthesized (Figures S1–S3). Upon amidation with the amine-functional AIE-gen 1, the polymersome building blocks (PEG₄₄-P(AIE)₈) were attained, which were characterized by ¹H NMR spectroscopy and GPC (Figure S4) [31]. To form the peanut polymersomes, self-assembly of the PEG_{44} -P(AIE)₈ copolymers was performed using the well-established solvent-induced self-assembly methodology, in which copolymers were dissolved in an organic solvent (THF) at a concentration of 2 mg/mL, after which Milli-Q water (equivalent volume to THF) was added using a syringe pump at a speed of 1 mL/h. Then, the mixture solution was dialyzed against sodium chloride solution (NaCl) (50 mM) to induce the shape transformation from spheres to peanut-shaped polymersomes. The as-prepared peanut polymersomes and spherical polymersomes, which were used as a control group, were characterized using dynamic light scattering (DLS), transmission electron microscopy (TEM), and cryogenic transmission electron microscopy (cryo-TEM) (Figure 1). A significant difference in morphology was observed after dialysis against 50 mM NaCl. Without the NaCl solution, the obtained polymersomes remained as spheres with a diameter of 205 ± 4 nm (Figure 1A–C). Shape transformation into peanut-shaped structures occurred when dialysis against a NaCl solution was performed, leading to particles of 252 ± 4 nm in diameter (Figure 1D–F).



Figure 1. Characterization of spherical polymersomes and peanut polymersomes. (**A**) Dry-TEM image of spherical polymersomes. Scale bar = 500 nm. (**B**) Cryo-TEM image of spherical polymersomes. Scale bar = 50 nm. (**C**) Size distribution of spherical polymersomes measured by dynamic light scattering (DLS). Insert is an optical image of a spherical polymersome solution. (**D**) Morphological characterization of peanut polymersomes by dry-TEM. Scale bar = 500 nm. (**E**) Cryo-TEM image of peanut polymersomes. Scale bar = 200 nm. (**F**) Average size of peanut polymersomes. Insert is an optical image of a peanut polymersome solution.

The intrinsic fluorescent properties of AIE-functional polymersomes can be highly beneficial for the imaging and tracking of particles. Consequently, their fluorescence and emission properties were investigated. As shown in Figure 2A,B, peanut polymersomes exhibited strong emission and had maximum absorption in the UV window ($\lambda_{Ex} = 342 \text{ nm}/\lambda_{Em} = 601 \text{ nm}$). The fluorescence of both peanut polymersomes and spherical polymersomes was investigated by CLSM ($\lambda_{Ex} = 405 \text{ nm}/\lambda_{Em} = 600-700 \text{ nm}$). As shown in Figure 2C,D, both particles exhibited bright fluorescence and could therefore be used for particle tracking and cell uptake studies.



Figure 2. Characterization of fluorescence of AIEgenic peanut polymersomes. (**A**) UV-vis absorption spectrum and (**B**) fluorescence spectrum of peanut polymersomes. Fluorescence characterized by CLSM ($\lambda_{Ex} = 405 \text{ nm}$) of (**C**) spherical polymersomes and (**D**) peanut polymersomes. All scale bars = 20 µm.

In addition to autofluorescence, the peanut polymersomes could also generate reactive oxygen species (ROS), namely singlet oxygen $({}^{1}O_{2})$, upon laser irradiation. To evaluate the ${}^{1}O_{2}$ generation, a fluorescent probe for ${}^{1}O_{2}$ detection (singlet oxygen sensor green, SOSG) was used. From the change in the SOSG fluorescence intensity, it was demonstrated that peanut polymersomes instantly generated ${}^{1}O_{2}$ under laser irradiation, whereas the PBS group showed no significant effect (Figure S5). The amount of generated ${}^{1}O_{2}$ showed a linear relationship with laser irradiation time.

3.2. Autonomous Motion

After evaluating the autofluorescence and ROS generation, we investigated the motility of peanut polymersomes upon laser irradiation (405 nm) using nanoparticle tracking analysis (NTA). Compared with the Brownian motion of spherical polymersomes, peanut polymersomes moved faster and exhibited directed motion, which was characterized by the mean square displacement (MSD), diffusion coefficient (D), and motion trajectory (Figure 3A–D). The MSD curves of peanut polymersomes showed a shift from a linear to a parabolic profile once irradiated with UV light (Videos S1–S3). The velocity of each group was calculated from the MSD = $(4D)\Delta t + (V^2)(\Delta t^2)$, which amounted to ca. $25 \pm 3 \mu m/s$ for peanut polymersomes and $8 \pm 1 \mu m/s$ for spherical polymersomes. These results

indicate that peanut polymersomes are efficiently propelled. The hypothesized mechanism of the autonomous movement is the asymmetric structure-induced concentration gradient of ${}^{1}O_{2}$ or related ions, which could explain why spherical polymersomes do not display autonomous motion. Furthermore, we compared the movement performance of peanut polymersomes in both Milli-Q water and biological medium (PBS) (Figure S6).



Figure 3. Motion behavior of peanut polymersomes and spherical polymersomes upon 405 nm light irradiation. (**A**) Mean square displacement (MSD) of peanut polymersomes with (1.2 W) and without (0 W) laser irradiation. The velocity of peanut polymersomes was calculated from the equation $MSD = (4D)\Delta t + (V^2)(\Delta t^2)$. (**B**) Motion performance of spherical polymersomes characterized by their MSD. (**C**) Diffusion coefficient of peanut and spherical polymersomes at different laser output powers. (**D**) Representative motion trajectories of peanut polymersomes and spherical polymersomes in the absence/presence of 405 nm laser irradiation. (**E**) Manipulation of motion behavior by periodic turning on/off of the incident light. Average MSD of peanut polymersomes with 5 cycles of turning on (1.2 W) and off (0 W) the 405 nm light.

Peanut polymersomes were slightly slowed down in PBS, which is consistent with previous findings [35]. These results indicate that peanut polymersomes were still motile in a biological environment, which makes them suitable to be used as active delivery vehicles for biomedical applications. To demonstrate the controllable motion, we performed five cycles of turning on and off the incident laser. As shown in Figure 3E, the peanut polymersomes instantly responded by changing their velocity.

3.3. Peanut Polymersome-Meditated Cargo Transportation

It has been demonstrated that active delivery systems (micro/nanomotors) can achieve enhanced delivery as well as deep tissue penetration, which improves the therapeutic outcome [36]. We therefore assessed the tissue penetration and cargo delivery of our peanut polymersomes using 2D and 3D cell models. We first evaluated their toxicity toward HeLa cells and NIH/3T3 cells using a CCK-8 assay. Both two cell lines were treated with peanut polymersomes for 24 h. Exposure to peanut polymersomes led to good cell viability (higher than 90%) among all tested concentrations (Figure S7). We subsequently investigated the interaction of peanut polymersomes with HeLa cells using CLSM, benefiting from the particles' intrinsic fluorescence. To visualize the HeLa cells, the cell membrane was stained with a membrane indicator (wheat germ agglutinin, Alexa FluorTM 488 conjugate (WGA-AF488)). Then, peanut polymersomes were added to the HeLa cells followed by 5 min of laser irradiation. Spherical polymersomes were used as the control group. As shown in Figure 4, a bright red fluorescence signal originating from the peanut polymersomes was observed on the cell membrane, which means that they quickly accumulated around the HeLa cells. On the contrary, the spherical polymersomes were uniformly distributed in the cell medium under the same conditions. Furthermore, we incubated the peanut polymersomes with HeLa cells for 6 h and treated the samples with and without light irradiation. As shown in Figure S8, the red fluorescence was much higher in the group with light irradiation, indicating that the cellular uptake of peanut polymersomes was enhanced due to their autonomous motion.



Figure 4. Characterization of the interaction between peanut polymersomes and HeLa cells. CLSM images of spherical polymersomes (**top**) and peanut polymersomes (**bottom**) in contact with HeLa cells under laser irradiation. To visualize the HeLa cells, the cell membrane was stained with WGA-AF488, which exhibited green fluorescence. Spherical polymersomes and peanut polymersomes showed red fluorescence in the AIE channel. Scale bar = $30 \mu m$.

Having verified the enhanced cellular uptake using HeLa cells, a 3D tumor model was then used to study tissue penetration. The 3D tumor models were prepared according to a previously reported procedure [34]. Peanut polymersomes and spherical polymersomes were introduced into the tumor culture medium once the diameter of the 3D spheroids reached ca. 300 μ m. Then, the 3D spheroids were irradiated with laser light for 5 min using CLSM. Z-scanning imaging sequences (z-stacks) were obtained to observe the distribution of polymersomes at different depths. Compared with the spherical polymersomes, the peanut polymersomes accumulated more on the surface of 3D HeLa spheroids (Figure S9). Spherical polymersomes remained dispersed around the 3D spheroids and did not show any enhanced uptake even when illuminated with light. These results demonstrated that peanut polymersomes can be more efficient than traditional carriers as delivery vehicles due to their motile features.

3.4. Photodynamic Therapy Using AIEgenic Peanut Polymersomes

Upon light irradiation, the generation of ROS endows the peanut polymersomes not only with motility but also with a potential therapeutic functionality. The ROS generation from peanut polymersomes was established utilizing the singlet oxygen sensor green fluorescence indicator (Figure S5). Furthermore, to assess ROS production in cells, HeLa cells were incubated with the profluorescent probe 2',7'-dichlorofluorescein diacetate (DCF-DA) and the peanut polymersomes. DCF-DA emits green fluorescence after cleavage by an intracellular esterase and oxidation via ROS. As shown in Figure S10, strong green fluorescence was observed in HeLa cells, indicating that peanut polymersomes can efficiently convert oxygen to ${}^{1}O_{2}$. After confirming the ROS generation in HeLa cells, we evaluated the therapeutic effect of peanut polymersomes. First, to achieve active transportation of peanut polymersomes, they were added to HeLa cells and irradiated immediately with a 405 nm laser for 5 min using CLSM. After incubation for 6 h, the free peanut polymersomes were removed, and then the cells were treated with a 405 nm laser irradiation for 5 min to produce ROS intracellularly. Finally, the cells were cultured for another 6 h and stained with calcein-AM and PI to distinguish between live and dead cells, respectively. As shown in Figure 5, dead cells were only detected in the irradiated area, while the non-irradiated cells were still intact. This result shows that peanut polymersomes can be used in photodynamic therapy, with spatial control via the illumination of a specific area. Consequently, peanut polymersomes display integrated functionality with respect to particle visualization, autonomous motion, and photodynamic therapy.



Figure 5. Evaluation of cell viability in the presence of peanut polymersomes without (**top**) and with (**bottom**) laser irradiation. Green fluorescence was from calcein-AM and represents the live cells. Red fluorescence shows the dead cells, which were stained by PI. Scale bar = $50 \ \mu m$.

4. Conclusions

In summary, we have developed AIE-based polymersomes with peanut-shaped morphology. Due to their asymmetric structure and integrated AIEgenic features, upon laser irradiation, these particles displayed both fluorescence, autonomous motion, and therapeutic potential. The gradient generation of ROS as a result of the asymmetric morphology explains the motile behavior of the particles. Due to this feature, efficient cell uptake and enhanced tissue penetration could be obtained. Furthermore, ROS generation also facilitated photodynamic therapy. Consequently, with this integrated design exploring the inherent AIE properties of these polymersomes, an effective nanomedicine system has been developed, which does not suffer from issues regarding the leakage of therapeutic cargo or fluorescent probes. These AIEgenic asymmetric polymersomes therefore provide a new approach toward the use of active transporters in nanomedicine. **Supplementary Materials:** The following supporting information can be downloaded at: https://www. mdpi.com/article/10.3390/pharmaceutics15071986/s1, Figure S1: Synthetic route toward AIE-NH₂ (1); Figure S2: Synthetic route for PEG₄₄-PTMCP₈; Figure S3: Synthetic route for PEG₄₄-P(AIE)₈; Figure S4: Characterization of the amphiphilic block copolymer PEG₄₄-P(AIE)₈ by ¹H-NMR spectroscopy and GPC; Figure S5: Ex vitro generation of ¹O₂ by peanut polymersomes with/without 405 nm laser irradiation evaluated by the singlet oxygen sensor green (SOSG) indicator; Figure S6: Comparison of motion performance of peanut polymersomes in Milli-Q water and PBS buffer under 405 nm laser irradiation; Figure S7: Cytotoxicity test of peanut polymersomes after incubation with HeLa cells and NIH/3T3 cells for 24 h; Figure S8: Characterization of enhanced cellular uptake behavior of peanut polymersomes (20 μ L) toward HeLa cells; Figure S9: Enhanced penetration toward 3D tumor spheroids; Figure S10: ROS generation in HeLa cells tested by 2,7-dichlorodihydrofluorescein diacetate (DCF-DA) assay; Video S1: Nanoparticle tracking video of spherical polymersomes without light irradiation (405 nm, 1.2 W); Video S3: Nanoparticle tracking video of peanut polymersomes without light irradiation (405 nm, 1.2 W). References [29,31,37–44] are cited in the supplementary materials.

Author Contributions: Conceptualization, J.W., Y.L. and J.S.; methodology, J.W., Y.L., H.W., S.C. and J.S.; validation, J.W., Y.L., H.W., S.C. and J.S.; investigation, J.W., Y.L., H.W., S.C. and J.S.; writing—original draft preparation, J.W. and Y.L.; writing—review and editing, J.W., Y.L., J.S. and J.C.M.v.H.; visualization, J.W., Y.L., H.W., J.S., L.K.E.A.A. and J.C.M.v.H.; supervision, J.S. and J.C.M.v.H.; project administration, L.K.E.A.A., J.S. and J.C.M.v.H.; funding acquisition, L.K.E.A.A. and J.C.M.v.H. All authors have read and agreed to the published version of the manuscript.

Funding: This research was funded by The Dutch Ministry of Education, Culture and Science, Gravitation Programs, grant number 024.001.035 and 024.005.020; The Spinoza premium SPI 72-259, and the European Union's Horizon 2020 research and innovation program Marie Sklodowska-Curie Innovative Training Networks (ITN) Nanomed, grant number No. 676137.

Institutional Review Board Statement: Not applicable.

Informed Consent Statement: Not applicable.

Data Availability Statement: The data presented in this work are available on request from the corresponding authors.

Acknowledgments: J. Wang and Y. Luo are thankful for the support from the China Scholarship Council. J. Wang and Y. Luo contributed equally to this work.

Conflicts of Interest: The authors declare no conflict of interest.

References

- 1. Somasundar, A.; Ghosh, S.; Mohajerani, F.; Massenburg, L.N.; Yang, T.; Cremer, P.S.; Velegol, D.; Sen, A. Positive and Negative Chemotaxis of Enzyme-Coated Liposome Motors. *Nat. Nanotechnol.* **2019**, *14*, 1129–1134. [CrossRef] [PubMed]
- 2. Palagi, S.; Fischer, P. Bioinspired Microrobots. Nat. Rev. Mater. 2018, 3, 113–124. [CrossRef]
- Li, J.X.; de Ávila, B.E.; Gao, W.; Zhang, L.F.; Wang, J. Micro/Nanorobots for Biomedicine: Delivery, Surgery, Sensing, and Detoxification. *Sci. Robot.* 2017, 2, eaam6431. [CrossRef] [PubMed]
- Lin, X.K.; Wu, Z.G.; Wu, Y.J.; Xuan, M.J.; He, Q. Self-Propelled Micro-/Nanomotors Based on Controlled Assembled Architectures. *Adv. Mater.* 2016, 28, 1060–1072. [CrossRef]
- Schattling, P.; Thingholm, B.; Städler, B. Enhanced Diffusion of Glucose-Fueled Janus Particles. *Chem. Mater.* 2015, 27, 7412–7418. [CrossRef]
- 6. Dey, K.K.; Sen, A. Chemically Propelled Molecules and Machines. J. Am. Chem. Soc. 2017, 139, 7666–7676. [CrossRef]
- Pijpers, I.A.B.; Cao, S.P.; Llopis-Lorente, A.; Zhu, J.Z.; Song, S.D.; Joosten, R.R.M.; Meng, F.H.; Friedrich, H.; Williams, D.S.; Sánchez, S.; et al. Hybrid Biodegradable Nanomotors through Compartmentalized Synthesis. *Nano Lett.* 2020, 20, 4472–4480.
- Wang, W.; Duan, W.T.; Ahmed, S.; Mallouk, T.E.; Sen, A. Small Power: Autonomous Nano- and Micromotors Propelled by Self-Generated Gradients. *Nano Today* 2013, *8*, 531–554. [CrossRef]
- Fusi, A.D.; Li, Y.D.; Llopis-Lorente, A.; Patiño, T.; van Hest, J.C.M.; Abdelmohsen, L.K.E.A. Achieving Control in Micro-/Nanomotor Mobility. *Angew. Chem. Int. Ed.* 2023, 62, e202214754. [CrossRef]
- 10. Wang, J. Can Man-Made Nanomachines Compete with Nature Biomotors? ACS Nano 2009, 3, 4–9. [CrossRef]
- Wu, Y.J.; Si, T.Y.; Gao, C.Y.; Yang, M.C.; He, Q. Bubble-Pair Propelled Colloidal Kayaker. J. Am. Chem. Soc. 2018, 140, 11902–11905. [CrossRef] [PubMed]

- 12. Shao, J.S.; Cao, S.P.; Williams, D.S.; Abdelmohsen, L.K.E.A.; van Hest, J.C.M. Photoactivated Polymersome Nanomotors: Traversing Biological Barriers. *Angew. Chem. Int. Ed.* **2020**, *59*, 16918–16925. [CrossRef] [PubMed]
- Kwon, T.; Kumari, N.; Kumar, A.; Lim, J.; Son, C.Y.; Lee, I.S. Au/Pt-Egg-in-Nest Nanomotor for Glucose-Powered Catalytic Motion and Enhanced Molecular Transport to Living Cells. *Angew. Chem. Int. Ed.* 2021, 60, 17579–17586.
- 14. Gao, C.Y.; Wang, Y.; Ye, Z.H.; Lin, Z.H.; Ma, X.; He, Q. Biomedical Micro-/Nanomotors: From Overcoming Biological Barriers to In Vivo Imaging. *Adv. Mater.* 2021, *33*, 2000512. [CrossRef]
- Li, Q.Q.; Liu, L.T.; Huo, H.Q.; Su, L.C.; Wu, Y.; Lin, H.X.; Ge, X.G.; Mu, J.; Zhang, X.; Zheng, L.T.; et al. Nanosized Janus AuNR-Pt Motor for Enhancing NIR-II Photoacoustic Imaging of Deep Tumor and Pt²⁺ Ion-Based Chemotherapy. ACS Nano 2022, 16, 7947–7960. [CrossRef]
- Xuan, M.J.; Wu, Z.G.; Shao, J.X.; Dai, L.R.; Si, T.Y.; He, Q. Near Infrared Light-Powered Janus Mesoporous Silica Nanoparticle Motors. J. Am. Chem. Soc. 2016, 138, 6492–6497. [CrossRef]
- 17. Yang, P.P.; Zhai, Y.G.; Qi, G.B.; Lin, Y.X.; Luo, Q.; Yang, Y.; Xu, A.P.; Yang, C.; Li, Y.S.; Wang, L.; et al. NIR Light Propulsive Janus-Like Nanohybrids for Enhanced Photothermal Tumor Therapy. *Small* **2016**, *12*, 5423–5430. [CrossRef]
- Safdar, M.; Khan, S.U.; Jänis, J. Progress toward Catalytic Micro- and Nanomotors for Biomedical and Environmental Applications. *Adv. Mater.* 2018, 30, 1703660. [CrossRef]
- 19. Ou, J.F.; Liu, K.; Jiang, J.M.; Wilson, D.A.; Liu, L.; Wang, F.; Wang, S.H.; Tu, Y.F.; Peng, F. Micro-/Nanomotors toward Biomedical Applications: The Recent Progress in Biocompatibility. *Small* **2020**, *16*, 1906184. [CrossRef]
- Chen, H.; Shi, T.; Wang, Y.; Liu, Z.Y.; Liu, F.C.; Zhang, H.Y.; Wang, X.W.; Miao, Z.Y.; Liu, B.R.; Wan, M.M.; et al. Deep Penetration of Nanolevel Drugs and Micrometer-Level T Cells Promoted by Nanomotors for Cancer Immunochemotherapy. J. Am. Chem. Soc. 2021, 143, 12025–12037. [CrossRef]
- 21. Wang, S.H.; Xu, J.; Zhou, Q.; Geng, P.W.; Wang, B.; Zhou, Y.F.; Liu, K.; Peng, F.; Tu, Y.F. Biodegradability of Micro/Nanomotors: Challenges and Opportunities. *Adv. Healthc. Mater.* **2021**, *10*, 2100335. [CrossRef] [PubMed]
- Wong, C.K.; Laos, A.J.; Soeriyadi, A.H.; Wiedenmann, J.; Curmi, P.M.G.; Gooding, J.J.; Marquis, C.P.; Stenzel, M.H.; Thordarson, P. Polymersomes Prepared from Thermoresponsive Fluorescent Protein- Polymer Bioconjugates: Capture of and Report on Drug and Protein Payloads. *Angew. Chem. Int. Ed.* 2015, 54, 5317–5322. [CrossRef] [PubMed]
- Wauters, A.C.; Pijpers, I.A.B.; Mason, A.F.; Williams, D.S.; Tel, J.; Abdelmohsen, L.K.E.A.; van Hest, J.C.M. Development of Morphologically Discrete PEG-PDLLA Nanotubes for Precision Nanomedicine. *Biomacromolecules* 2019, 20, 177–183. [CrossRef]
- Chen, M.J.; Yin, M.Z. Design and Development of Fluorescent Nanostructures for Bioimaging. Prog. Polym. Sci. 2014, 39, 365–395. [CrossRef]
- 25. Hu, R.R.; Leung, N.L.C.; Tang, B.Z. AIE Macromolecules: Syntheses, Structures and Functionalities. *Chem. Soc. Rev.* 2014, 43, 4494–4562. [CrossRef] [PubMed]
- Mei, J.; Hong, Y.N.; Lam, J.W.Y.; Qin, A.J.; Tang, Y.H.; Tang, B.Z. Aggregation-Induced Emission: The Whole Is More Brilliant than the Parts. *Adv. Mater.* 2014, 26, 5429–5479. [CrossRef] [PubMed]
- Zhang, N.; Chen, H.; Fan, Y.J.; Zhou, L.; Trépout, S.; Guo, J.; Li, M.H. Fluorescent Polymersomes with Aggregation-Induced Emission. ACS Nano 2018, 12, 4025–4035. [CrossRef]
- Rideau, E.; Dimova, R.; Schwille, P.; Wurm, F.R.; Landfester, K. Liposomes and Polymersomes: A Comparative Review Towards Cell Mimicking. *Chem. Soc. Rev.* 2018, 47, 8572–8610. [CrossRef]
- Cao, S.P.; Shao, J.S.; Wu, H.L.; Song, S.D.; De Martino, M.T.; Pijpers, I.A.B.; Friedrich, H.; Abdelmohsen, L.K.E.A.; Williams, D.S.; van Hest, J.C.M. Photoactivated Nanomotors via Aggregation Induced Emission for Enhanced Phototherapy. *Nat. Commun.* 2021, 12, 2077. [CrossRef]
- 30. Shao, J.S.; Cao, S.P.; Wu, H.L.; Abdelmohsen, L.K.E.A.; van Hest, J.C.M. Therapeutic Stomatocytes with Aggregation Induced Emission for Intracellular Delivery. *Pharmaceutics* **2021**, *13*, 1833. [CrossRef]
- Cao, S.P.; Wu, H.L.; Pijpers, I.A.B.; Shao, J.S.; Abdelmohsen, L.K.E.A.; Williams, D.S.; van Hest, J.C.M. Cucurbit-Like Polymersomes with Aggregation-Induced Emission Properties Show enzyme-Mediated Motility. ACS Nano 2021, 15, 18270–18278. [CrossRef] [PubMed]
- Mei, J.; Leung, N.L.C.; Kwok, R.T.K.; Lam, J.W.Y.; Tang, B.Z. Aggregation-Induced Emission: Together We Shine, United We Soar! Chem. Rev. 2015, 115, 11718–11940. [CrossRef] [PubMed]
- Hu, F.; Xu, S.D.; Liu, B. Photosensitizers with Aggregation-Induced Emission: Materials and Biomedical Applications. *Adv. Mater.* 2018, 30, 1801350. [CrossRef]
- Wang, J.H.; Li, D.; Fan, Y.; Shi, M.H.; Yang, Y.X.; Wang, L.; Peng, Y.T.; Shen, M.W.; Shi, X.Y. Core-Shell Tecto Dendrimers Formed via Host-Guest Supramolecular Assembly as pH-Responsive Intelligent Carriers for Enhanced Anticancer Drug Delivery. *Nanoscale* 2019, *11*, 22343–22350. [CrossRef] [PubMed]
- Ji, X.; Yang, H.Y.; Liu, W.; Ma, Y.D.; Wu, J.P.; Zong, X.Q.; Yuan, P.F.; Chen, X.J.; Yang, C.Q.; Li, X.D.; et al. Multifunctional Parachute-like Nanomotors for Enhanced Skin Penetration and Synergistic Antifungal Therapy. ACS Nano 2021, 15, 14218–14228. [CrossRef]
- Liu, T.Y.; Xie, L.; Price, C.H.; Liu, J.; He, Q.; Kong, B. Controlled Propulsion of Micro/Nanomotors: Operational Mechanisms, Motion Manipulation and Potential Biomedical Applications. *Chem. Soc. Rev.* 2022, *51*, 10083–10119. [CrossRef]
- 37. Che, H.L.; Zhu, J.Z.; Song, S.D.; Mason, A.F.; Cao, S.P.; Pijpers, I.A.B.; Abdelmohsen, L.K.E.A.; van Hest, J.C.M. ATP-Mediated Transient Behavior of Stomatocyte Nanosystems. *Angew. Chem. Int. Ed.* **2019**, *58*, 13113–13118. [CrossRef]

- 38. Wilson, D.A.; Nolte, R.J.M.; van Hest, J.C.M. Autonomous Movement of Platinum-Loaded Stomatocytes. *Nat. Chem.* **2012**, *4*, 268–274. [CrossRef]
- Abdelmohsen, L.K.E.A.; Nijemeisland, M.; Pawar, G.M.; Janssen, G.A.; Nolte, R.J.M.; van Hest, J.C.M.; Wilson, D.A. Dynamic Loading and Unloading of Proteins in Polymeric Stomatocytes: Formation of an Enzyme-Loaded Supramolecular Nanomotor. ACS Nano 2016, 10, 2652–2660. [CrossRef]
- Camelio, A.M.; Wright, R.J.; Knight, N.T.; Jazdzewski, B.A. Ir-Catalyzed C-H Amidation and Borylation of Anthraquinones. J. Org. Chem. 2019, 84, 4940–4947. [CrossRef]
- 41. Du, X.B.; Qi, J.; Zhang, Z.Q.; Ma, D.G.; Wang, Z.Y. Efficient Non-doped Near Infrared Organic Light-Emitting Devices Based on Fluorophores with Aggregation-Induced Emission Enhancement. *Chem. Mater.* **2012**, *24*, 2178–2185. [CrossRef]
- Gu, B.B.; Wu, W.B.; Xu, G.X.; Feng, G.X.; Yin, F.; Chong, P.H.J.; Qu, J.L.; Yong, K.T.; Liu, B. Precise Two-Photon Photodynamic Therapy using an Efficient Photosensitizer with Aggregation-Induced Emission Characteristics. *Adv. Mater.* 2017, 29, 1701076. [CrossRef] [PubMed]
- Ren, Y.; Lee, S.; Christensen, J.M.; Plotnikov, N.V.; Burgess, M.; Martínez, T.J.; Dlott, D.D.; Moore, J.S. Pressure-Induced Neutral-to-Ionic Transition in an Amorphous Organic Material. *Chem. Mater.* 2016, 28, 6446–6449. [CrossRef]
- Cao, S.P.; Abdelmoshen, L.K.E.A.; Shao, J.X.; van den Dikkenberg, J.; Mastrobattista, E.; Williams, D.S.; van Hest, J.C.M. pH-Induced Transformation of Biodegradable Multilamellar Nanovectors for Enhanced Tumor Penetration. ACS Macro Lett. 2018, 7, 1394–1399. [CrossRef] [PubMed]

Disclaimer/Publisher's Note: The statements, opinions and data contained in all publications are solely those of the individual author(s) and contributor(s) and not of MDPI and/or the editor(s). MDPI and/or the editor(s) disclaim responsibility for any injury to people or property resulting from any ideas, methods, instructions or products referred to in the content.