

RAPID COMMUNICATION | AUGUST 18 2023

Glass transition temperature of (ultra-)thin polymer films

Hsiao-Ping Hsu  ; Kurt Kremer  



J. Chem. Phys. 159, 071104 (2023)

<https://doi.org/10.1063/5.0165902>



View
Online



Export
Citation

CrossMark

Articles You May Be Interested In

The average number of kinks of a short polyelectrolyte chain: A Monte Carlo study

J. Chem. Phys. (August 1992)

Numerical study of equilibrium radial positions of neutrally buoyant balls in circular Poiseuille flows

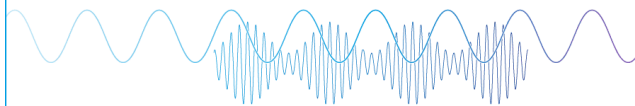
Physics of Fluids (March 2021)

Inertial focusing of a dilute suspension in pipe flow

Physics of Fluids (November 2022)

Webinar

Boost Your Signal-to-Noise
Ratio with Lock-in Detection



Sep. 7th – Register now



Zurich
Instruments

Glass transition temperature of (ultra-)thin polymer films

Cite as: J. Chem. Phys. 159, 071104 (2023); doi: 10.1063/5.0165902

Submitted: 1 July 2023 • Accepted: 27 July 2023 •

Published Online: 18 August 2023



View Online



Export Citation



CrossMark

Hsiao-Ping Hsu^{a)}  and Kurt Kremer^{b)} 

AFFILIATIONS

Max-Planck-Institut für Polymerforschung, Ackermannweg 10, Mainz 55128, Germany

^{a)}Electronic mail: hsu@mpip-mainz.mpg.de

^{b)}Author to whom correspondence should be addressed: kremer@mpip-mainz.mpg.de

ABSTRACT

The glass transition temperature of confined and free-standing polymer films of varying thickness is studied by extended molecular dynamics simulations of bead–spring chains. The results are connected to the statistical properties of the polymers in the films, where the chain lengths range from short, unentangled to highly entangled. For confined films, perfect scaling of the thickness-dependent end-to-end distance and radius of gyration normalized to their bulk values in the directions parallel and perpendicular to the surfaces is obtained. In particular, the reduced end-to-end distance in the perpendicular direction is very well described by an extended Silberberg model. For bulk polymer melts, the relation between the chain length and T_g follows the Fox–Flory equation. For films, no further confinement induced chain length effect is observed. T_g decreases and is well described by Keddie’s formula, where the reduction is more pronounced for free-standing films. It is shown that T_g begins to deviate from bulk T_g at the characteristic film thickness, where the average bond orientation becomes anisotropic and the entanglement density decreases.

© 2023 Author(s). All article content, except where otherwise noted, is licensed under a Creative Commons Attribution (CC BY) license (<http://creativecommons.org/licenses/by/4.0/>). <https://doi.org/10.1063/5.0165902>

In a majority of applications (commodity), amorphous polymeric materials are in the glassy state. Because of that, the glass transition temperature T_g region is of crucial importance,¹ and thus, fundamental and applied research on the glass transition, in general, and of polymers, in particular,^{2–4} remains an important field of study in condensed matter physics. Furthermore, when an amorphous polymer in the liquid state is cooled toward T_g , the viscosity dramatically increases in a non-Arrhenius way.^{5–7} The variable polymer chain length provides an additional parameter for systematic studies compared to low molecular weight glass formers.^{8,9} The special role polymers can play for a detailed view on the glass transition is illustrated in a recent comprehensive study of the temperature-dependent relaxation dynamics of different polymers on chain length, chain flexibility, and chemical properties.⁹ Similarly, Xu *et al.*¹⁰ employed extensive molecular dynamics (MD) simulations based on the model of Ref. 11 to investigate the role of chain stiffness on the glass transition. Experimentally, typical ways to determine T_g of polymers are by differential scanning calorimetry (DSC)¹² or by thermomechanical analysis (TMA),¹³ which can lead to deviating results.⁹ This holds for both simple,

i.e., low molecular weight, glass formers and polymers. However, despite this huge research effort, the nature of the glass transition is still not fully understood.^{4,14–22} These studies mainly refer to bulk systems. Free-standing or supported thin films pose even more challenges and have led to—partially—contradictory claims in the literature.^{23–27} While mostly it is reported that T_g is reduced for very thin films, in some cases, depending on chemistry and substrate, even an increase was observed.^{25,28–30} It is generally understood and stressed by the previous studies that this is due to the relevance of sample preparation and surface coupling or even environmental conditions. This leads to questions concerning comparability and equilibration of such submicron thick films. Due to confinement and surface interaction, a significant impact on dynamic and structural polymer properties is observed. For instance, in-plane chain extensions are only weakly affected by confinement, while in the perpendicular direction, the chain extension gradually reduces from the bulk value with a decreasing film thickness.^{17,31–36} This also leads to chain mobility modifications,^{35,36} which depend on the distance to the surface. Especially for very long, highly entangled polymers, these problems become very complex. The aim of this Communica-

tion is to systematically investigate the dependence of T_g of confined and free-standing films on chain length and film thickness.

Taking all these interconnected problems, computer simulations of thin polymer films offer insight under perfectly controlled conditions. Full time dependent coordinates of all particles are available, allowing us to investigate the structure and molecular motion (viscosity) and the glass transition under a variety of situations.^{10,11,16,37,38} So far, however, most computational studies on polymer films have focused on short and unentangled chains³⁸ because the computing time for equilibration increases dramatically with chain length and systems' complexity increases.

We here apply a recently developed efficient hierarchical methodology to equilibrate the highly entangled melts of long polymer chains in bulk,^{39,40} and confined and free-standing polymer films.⁴¹ The required computer time scales linearly with system size, independent of chain length. While not restricted to standard bead-spring chains, we here employ this approach to weakly semiflexible bead-spring chains,^{42,43} where the entanglement length $N_e = 28$ beads at the standard melt density of $\rho_0 = 0.85\sigma^{-3}$. The reference temperature for equilibration and cooling is $T = 1\epsilon/k_B$. Throughout the whole paper, the Lennard-Jones (LJ) units of length (σ), energy (ϵ), and time (τ) are used.

For equilibration and structural properties at $T = 1\epsilon/k_B$, we use the mentioned standard semiflexible bead-spring model. This model, here referred to as model I, is widely used in the literature, and its properties are well documented.^{17,42,44-51} Unfortunately, this cannot be used to study free surfaces and the glass transition. Model I only contains repulsive non-bonded interactions and displays an atypical chain stretching upon cooling. To correct for that, we employ a variant, model II,¹¹ with attractive non-bonded interactions, allowing for free surfaces where the pressure is kept at $P = 0.0\epsilon/\sigma^3$ at least along the direction perpendicular to the interfaces of films, and a modified bond angular potential, ensuring that the chain conformations only very weakly depend on T . The details of the parameterization are chosen such that at $T = 1\epsilon/k_B$ and $\rho = 0.85\sigma^{-3}$, the chain conformations and bead packing between the two models are indistinguishable. This close resemblance to the standard semiflexible bead-spring model allows us to switch "on the fly" between model I and model II. We can, thus, take advantage of the huge body of available data of model I. A detailed comparison of the models is given in the supplementary material. Model II captures the major features of glass-forming polymers, e.g., that the viscosity and relaxation time dramatically increase in a non-Arrhenius way close to T_g ^{11,58} as it is characteristic for fragile polymeric glass formers. For confined polymer films, two confining planar, structureless repulsive walls with a 10-4 LJ potential^{41,59,60} are introduced. This is sufficient to investigate the generic conformational properties of the films.

The ESPResSo++ package^{61,62} is used to perform MD simulations with a Langevin thermostat in the NVT and NPT ensemble, with a Hoover barostat for the latter. Our polymer melts contain n_c chains of N monomers ($n_c N = 10^5$ for $N \leq 100$ and $n_c = 1000$ for $N = 500$ and $N = 2000$), ranging from unentangled ($N < N_e$) to highly entangled ($N \gg N_e$) films. The film thicknesses h range from thick ($h > R_g^{(0)}$) to very thin ($h < R_g^{(0)}$) films, $R_g^{(0)}$ being the root mean square (rms) radius of gyration for bulk melt chains. The smallest $h \approx 9.0\sigma < 2d_T$ (see Fig. 1), $d_T = 5.02\sigma$ being the tube

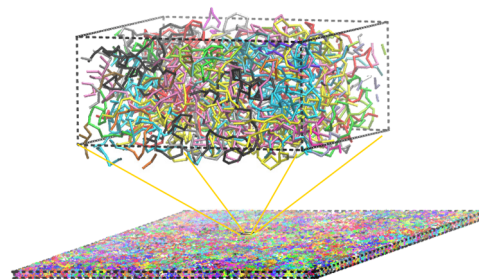


FIG. 1. Snapshot of a configuration of fully equilibrated free-standing film ($n_c = 1000$, $N = 2000 \approx 72N_e$) of $h \approx 9.0\sigma \approx 0.3R_g^{(0)}(N)$ at $T = 1.0\epsilon/k_B$. The dashed box is shown for better visualization.

diameter.⁴³ In all cases, h is measured along the z direction according to the concept of the Gibbs dividing surface that has been applied to identify the interface between two different phases,^{41,63} while the periodic boundary conditions are applied in the x and y directions. All confined polymer melts of short chains $N \leq 100$ could easily be generated via a brute-force equilibration as in the bulk.⁴²

We first analyze the chain conformations for confined melts at $T = 1.0\epsilon/k_B$ in comparison with the bulk properties as shown in Fig. 2. For each component of the rms end-to-end distance and radius of gyration, we find excellent data collapse onto a universal master curve. This is an additional indication that all confined polymer films are, indeed, fully equilibrated. While $R_{e,\parallel}(N, h)$ and $R_{g,\parallel}(N, h)$ remain unchanged almost down to $h \approx 2R_e^{(0)}$, this is different for the perpendicular component. There, we observe a gradual decrease already for much thicker films originating from chains close to the surface. Around $h \approx R_g^{(0)}$, this turns into a linear decrease with h for $R_{e,\perp}(N, h)$ ($R_{g,\perp}(N, h)$), while weakly increases for $R_{e,\parallel}(N, h)$ ($R_{g,\parallel}(N, h)$).³³ Earlier, in 1982, Silberberg³¹ argued that chains next to a wall can be treated as unperturbed random walks located with their center at the wall and folded back on one side of the wall. This changes $R_{e,\perp}(N, h)$ described by the scaling function $f_{s,\perp}(x = h/R_e^{(0)}(N))$; see the supplementary material; however, it does not affect the parallel component. This idealized picture works well in the thick film regime down to $h \approx 2R_e^{(0)}$. Sussman *et al.*³⁵ extended Silberberg's hypothesis from one wall to two walls, keeping the reflecting boundary conditions in the perpendicular direction and the Gaussian weight factor for each contribution. Their extended theoretical prediction of $f_{es,\perp}(x = h/R_e^{(0)}(N))$, shown in the supplementary material up to the second-order correction term, is supported by our data covering the thick and thin film regimes. For ideal chains, $R_e^{(0)}/R_g^{(0)} \approx \sqrt{6}$, while the distribution of $R_g^{(0)}$ is not exactly Gaussian anymore. Therefore, our data on $R_{g,\perp}(N, h)$ slightly deviate from $f_{es,\perp}(x = h/R_e^{(0)}(N))$. Furthermore, a detailed analysis of our data in the parallel direction reveals that the scaling behavior of $R_{e,\parallel}(N, h)$ and $R_{g,\parallel}(N, h)$ is better described by $f_{\parallel}(x) = 1 + c_h x^2$ instead of $f_{\parallel}(x) = 1 + c_h x$, with $x = (h/\xi^{(0)}(N))^{1/2}$ as in Ref. 64. Here, $\xi^{(0)}(N) = R_g^{(0)}(N)/\sqrt{N} \approx \text{const}$ (see Fig. S1 in the supplementary material) is the excluded volume screening length. $\sqrt{N} = \rho_0(R_g^{(0)}(N))^3/N \approx 0.2563 N^{1/2}$ is

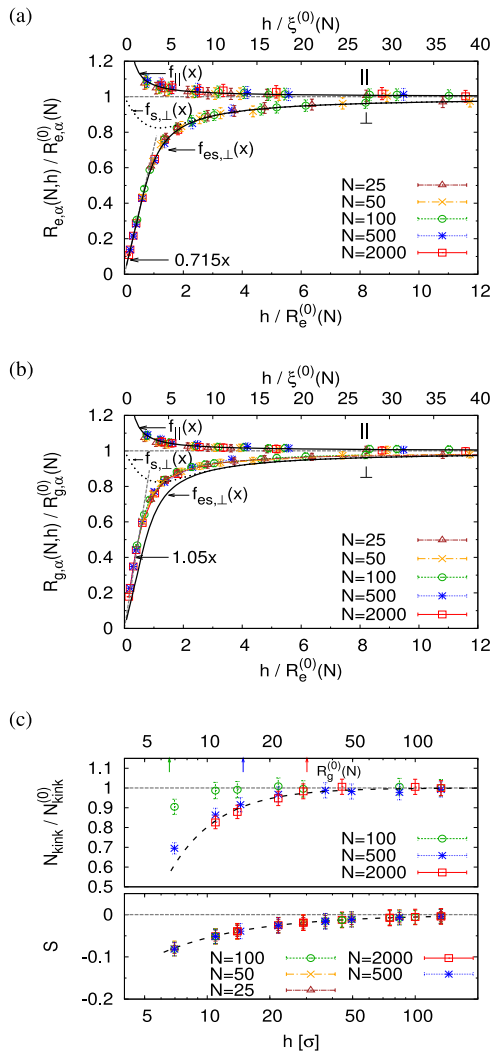


FIG. 2. (a) and (b) Two components of rms end-to-end distance and radius of gyration rescaled to the bulk value, $R_{e,\alpha}(N,h)/R_{e,\alpha}^{(0)}(N)$ (a) and $R_{g,\alpha}(N,h)/R_{g,\alpha}^{(0)}(N)$ (b) in the directions parallel ($\alpha = \parallel$) and perpendicular ($\alpha = \perp$) to the walls, plotted vs $h/\xi^{(0)}(N)$ and $h/R_e^{(0)}(N)$, respectively. (c) Orientational order parameter S and reduced number of kinks, $N_{\text{kink}}/N_{\text{kink}}^{(0)}$, plotted vs h . In (a) and (b), the theoretical predictions $f_{\parallel}(x = h/\xi^{(0)}(N)) = 1 + c_h x^2$ with the fitting parameter $c_h \approx 0.22$, $f_{s,\perp}(x = h/R_e^{(0)})$,³¹ and $f_{es,\perp}(x = h/R_e^{(0)})$ ³⁵ (cf. text) are shown by the curves for comparison. In (c), $N_{\text{kink}}^{(0)} = 4.28(32)$, $22.28(1.31)$, and $91.78(2.92)$ for $N = 100$, 500 , and 2000 , respectively, and the dashed lines are drawn to guide the eye. All data are for $T = 1.0\epsilon/k_B$.

the degree of interdigitation of different polymers, also called generalized polymerization index⁶⁴ in bulk melts.

This change of conformation of confined films also affects the orientational bond distribution in the chains as analyzed by the bond orientational order parameter $S = (3\langle \cos \phi \rangle - 1)/2$, where ϕ is the angle between each bond and the z axis. Furthermore, entanglements will be affected by the change in chain self-density. Applying a

primitive path analysis⁶⁵ to obtain entanglement points (significant kinks)^{66,67} along the primitive paths (PPs) reveals this. The results of S and the average number of significant kinks N_{kink} as a function of h are shown in Fig. 2(c). S is independent of N for a given h , indicating that the local packing is not affected by N . In contrast, the estimates of N_{kink} for $N = 500$ and 2000 follow a master curve and deviate strongly from that of shorter chains of only a few entanglement lengths ($N = 100 \approx 3.6N_e$). However, both datasets deviate from the bulk below and around $h = h_c \approx 20.0\sigma$. Obviously, h_c is not related to $R_g^{(0)}(N)$ ($R_e^{(0)}(N)$), differently from the prediction in Ref. 35. The chains are less strongly oriented on the scale of bond vectors between monomers compared to the scale of the end-to-end vector.³⁶

To model free-standing films in vacuum and to study the glass transition of polymer films, we apply model II to all confined polymer films shown in Fig. 2 at $T = 1.0\epsilon/k_B$. After a short initialization in the NVT ensemble, the confined polymer films are further relaxed for about $13\tau_e$ in an NPT ensemble with a fixed wall distance at pressure $P = 0.0\epsilon/\sigma^3$. This led to a marginal adjustment of the lateral extensions of the films. Then, free-standing films are obtained just by removing the wall potential while keeping their lateral dimensions fixed (for more details, see Ref. 41). After that, we perform MD simulations of confined films and bulk melts in the NPT ensemble and those of free-standing films in the NVT ensemble, keeping the dimensions of films constant. The component of pressure tensor along the direction perpendicular to the interfaces P_{zz} for all films fluctuates around zero.

To study the glass transition, we follow exactly the very same cooling protocol as for our previous bulk studies of the same polymer model.^{11,68,69} We apply stepwise cooling,⁵⁴ which results in a cooling rate $\Gamma = \Delta T/\Delta t = 8.3 \times 10^{-7}\epsilon/(k_B\tau)$. The temperature is reduced in steps of $\Delta T = 0.025\epsilon/k_B$ from $T = 1.0\epsilon/k_B$ to $0.2\epsilon/k_B$ with a relaxation time between each step of $\Delta t = 30\,000\tau \approx 13\tau_e$ ($\tau_e = \tau_0 N_e^2$ being the entanglement time defined by the tube model⁷⁰ and reptation theory,^{71,72} and $\tau_e \approx 2266\tau$ estimated from simulations^{42,43}), i.e., subchains of the order of N_e can relax easily at higher temperatures close to $T = 1.0\epsilon/k_B$.

To determine T_g , we perform a hyperbolic fit⁷⁴ to the density $\rho(T)$ change with temperature $\rho(T) = c - a(T - T_0) - b/2(T - T_0 + \sqrt{(T - T_0)^2 + 4e^f})$, where c , T_0 , a , b , and f are the fitting parameters. The density is defined by $\rho(T) = n_c N / (h(T)L(T))^2$, where $L(T)$ is the lateral dimensions and $h(T)$ is the effective film thickness at the temperature T ; see the supplementary material. Adopting this fit, T_g is defined by either $T_g = T_0$ or the intersection point of two tangents drawn at the high and low temperatures. Both give the same estimate within fluctuations for all systems studied here; see, for example, Figs. 4(a) and 4(b) for confined and free-standing films of two selected film thicknesses h for the longest polymer chains of $N = 2000$. For comparison, the estimates of $T_g^{(0)}(N)$ of the corresponding bulk melts^{11,68,69} are shown in Fig. 3. As in experiment and other simulations, our data are well described by the Fox-Flory relation.^{9,38,73} $T_g^{(0)}(N)$ decreases with N for $N < 2N_e$, while $T_g^{(0)}(N) \approx T_g^\infty = 0.6718(44)$ for $N \gtrsim 2N_e$.

Figures 4(c) and 4(d) show the results of $T_g(N, h)$ of confined and free-standing films depending on h and N following the same data analysis as shown in Figs. 4(a) and 4(b). Obviously, $T_g(N, h)$

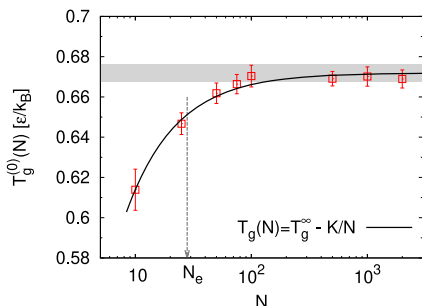


FIG. 3. Estimates of $T_g^{(0)}(N)$ from the density $\rho(T)$ change, plotted as a function of N at $P = 0\varepsilon/\sigma^3$ for polymer melts in bulk. The Fox–Flory relation⁷³ with $K = 0.579(59)$ and $T_g^\infty = 0.6718(44)$ is shown by a black curve for comparison. The uncertainty of T_g^∞ is indicated by a gray shaded region.

covering the range from unentangled to highly entangled chains only very weakly depend on N , while the reduction with decreasing h in both confined and free-standing films is clearly observed. The data are well described by³⁰ $T_g(h) = T_g^{(0)}(1 - (h_0/h)^\delta)$ with an exponent $\delta = 2.0(1)$, consistent with $\delta = 1.8(2)$ for the supported PS films.^{30,75} The characteristic length h_0 for the free-standing films is

about 1.5 times that for the confined films due to the different chain mobility near the surface.¹⁹ h_0 also depends on the chemical composition of polymer chains.⁷⁶ The deviation of $T_g(N, h)$ from $T_g^{(0)}(N)$ around $h \approx 20\sigma$ fits well to the observed changes of the bond orientation and the reduction in entanglements in Fig. 2(c). Most notably, the relative depletion of $T_g(N, h)$ seems to be almost independent of chains' length as observed from experimental studies,⁷⁶ unlike the value of $T_g(N)$ in bulk. Alternatively, one can also determine T_g from the bilinear fits of the total potential energy $U_{\text{tot}}(T)$ change^{54,77} (see the supplementary material). The estimates of T_g for $N = 2000$ are shown in Fig. 4. The T_g reduction remains the same; however, the uncertainty is much larger.

In summary, we confirm that the dependence of T_g of bulk polymer melts on the chain length N in the range from unentangled to highly entangled can be well described by the Fox–Flory equation. The scaling prediction of the chain extensions in the directions parallel and perpendicular to the surface of confined films is verified in both thick and thin film regimes. We show that T_g , S , and N_{kink} (for films of highly entangled polymer melts) start to deviate from the bulk value as the effective film thickness $h \lesssim h_c \approx 20\sigma$ related to the intrinsic properties of polymer films, while the T_g reduction is stronger for the free-standing films. However, a detailed study of T_g in the layers of polymer films, the distribution of entanglements inside the films, and the mobility of polymer chains near the surface is needed for the further understanding of the T_g reduction.

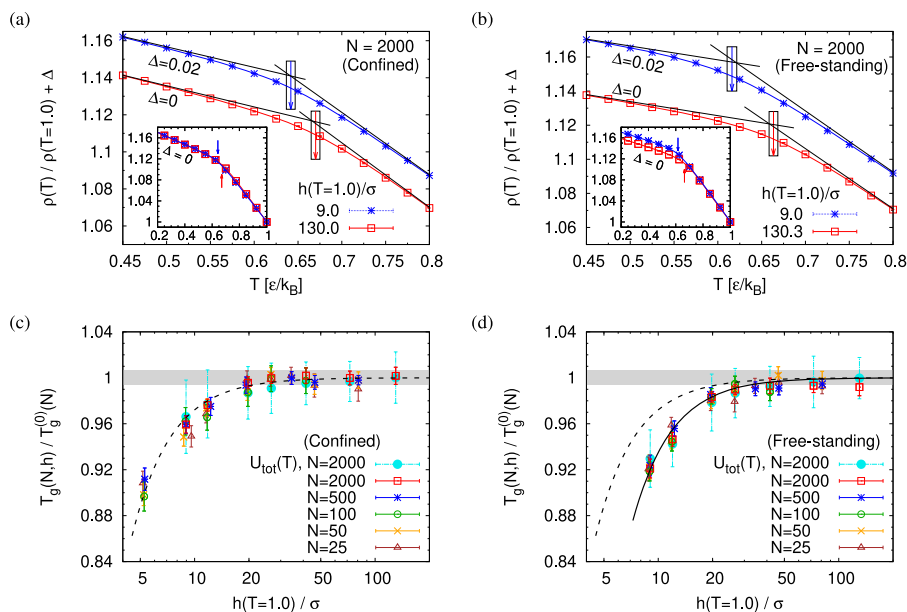


FIG. 4. (a) and (b) Rescaled monomer density $\rho(T)/\rho(T = 1)$ in confined (a) and free-standing polymer films (b) of $h/R^{(0)}(N) \approx 4.3$ and 0.3 , plotted vs T for $N = 2000$. The hyperbolic and tangent fits are represented by the curves and lines, respectively. The estimates of $T_g(N, h)$ via the hyperbolic fit are indicated by the arrows including the uncertainty. In the insets of (a) and (b), full data for $0.2 \leq k_B T/\varepsilon \leq 1.0$ are shown. (c) and (d) $T_g(N, h)$ rescaled by $T_g^{(0)}(N)$ (see Fig. 3) including the error bars, plotted as a function of h for confined (c) and free-standing (d) films. The uncertainty of $T_g^{(0)}(N)$ is indicated by a gray shaded region. The formula $T_g(h)/T_g^{(0)} = 1 - (h_0/h)^\delta$ proposed by Keddie *et al.*³⁰ with $\delta = 2.0(1)$ and $h_0 = 1.67(23)\sigma$ in (c) and $h_0 = 2.55(35)\sigma$ in (d) are shown by the dashed and solid curves, respectively. The estimates of $T_g(N, h)$ from the potential energy $U_{\text{tot}}(T)$ change for $N = 2000$ are also shown in (c) and (d) for comparison. At $T = 1.0\varepsilon/k_B$, $\sigma^3\rho(T) \approx 0.854$ and 0.858 for $h/\sigma \approx 130.0$ and 9.0 , respectively, in (a), and $\sigma^3\rho(T) \approx 0.853$ and 0.852 for $h/\sigma \approx 130.3$ and 9.0 , respectively, in (b).

See the supplementary material for the simulation models, the explicit formulas of theoretical predictions based on Silberberg's and the extended Silberberg models, and the determination of T_g from the total potential energy $U_{\text{tot}}(T)$ change.

We are grateful to Denis Andrienko for a critical reading of the manuscript. This work was supported by the European Research Council under the European Union's Seventh Framework Programme (FP7/2007-2013)/ERC Grant No. 340906-MOLPROCOMP. We also gratefully acknowledge the computing time granted by the John von Neumann Institute for Computing (NIC) and provided on the supercomputer JUWELS at the Jülich Supercomputing Centre (JSC) and the Max Planck Computing and Data Facility (MPCDF).

AUTHOR DECLARATIONS

Conflict of Interest

The authors have no conflicts to disclose.

Author Contributions

H.-P.H. performed the molecular dynamics simulations, analyzed the data, and wrote the paper. K.K. analyzed the data and wrote the paper.

Hsiao-Ping Hsu: Conceptualization (equal); Data curation (lead); Formal analysis (lead); Investigation (equal); Methodology (equal); Software (lead); Visualization (lead); Writing – original draft (equal); Writing – review & editing (equal). **Kurt Kremer:** Conceptualization (equal); Formal analysis (equal); Funding acquisition (equal); Methodology (equal); Resources (lead); Writing – original draft (equal); Writing – review & editing (equal).

DATA AVAILABILITY

The data that support the findings of this study are available from the corresponding author upon reasonable request.

REFERENCES

- J. H. Anantrao, J. C. Motichand, and B. S. Narhari, *Int. J. Adv. Res.* **5**, 671 (2017).
- C. Li and A. Strachan, *J. Polym. Sci., Part B: Polym. Phys.* **53**, 103 (2015).
- S. Napolitano, E. Glynos, and N. B. Tito, *Rep. Prog. Phys.* **80**, 036602 (2017).
- G. B. McKenna, D. Chen, S. C. H. Mangalala, D. Kong, and S. Banik, *Polym. Eng. Sci.* **62**, 1325 (2022).
- R. H. Boyd, R. H. Gee, J. Han, and Y. Jin, *J. Chem. Phys.* **101**, 788 (1994).
- C. A. Angell, *Science* **267**, 1924 (1995).
- L. Berthier and G. Biroli, *Rev. Mod. Phys.* **83**, 587 (2011).
- K. F. Freed, *Acc. Chem. Res.* **44**, 194 (2011).
- D. L. Baker, M. Reynolds, R. Masurel, P. D. Olmsted, and J. Mattsson, *Phys. Rev. X* **12**, 021047 (2022).
- W.-S. Xu, J. F. Douglas, and X. Xu, *Macromolecules* **53**, 4796 (2020).
- H.-P. Hsu and K. Kremer, *J. Chem. Phys.* **150**, 091101 (2019).
- V. B. F. Mathot, *Calorimetry and Thermal Analysis of Polymers* (Hanser, Munich, 1994).
- R. Bird, C. Curtis, and R. Armstrong, *Dynamics of Polymer Fluids*, 2nd ed. (Wiley, New York, 1987).
- C. A. Angell, *J. Phys. Chem. Solids* **49**, 863 (1988).
- C. A. Angell, *J. Non-Cryst. Solids* **131–133**, 13 (1991), part 1.
- K. Binder and W. Kob, *Glassy Materials and Disordered Solids* (World Scientific, Singapore, 2005).
- J. Baschnagel and F. Varnik, *J. Phys.: Condens. Matter* **17**, R851 (2005).
- F. H. Stillinger and P. G. Debenedetti, *Annu. Rev. Condens. Matter Phys.* **4**, 263 (2013).
- M. D. Ediger and J. A. Forrest, *Macromolecules* **47**, 471 (2014).
- S. S. Schoenholz, E. D. Cubuk, E. Kaxiras, and A. J. Liu, *Proc. Natl. Acad. Sci. U. S. A* **114**, 263 (2017).
- G. B. McKenna, *Rubber Chem. Technol.* **93**, 79 (2020).
- L. Berthier and D. R. Reichman, *Nat. Rev. Phys.* **5**, 102 (2023).
- M. Alcoutlabi and G. B. McKenna, *J. Phys.: Condens. Matter* **17**, R461 (2005).
- A. Serghei and F. Kremer, in *Fractals, Diffusion, and Relaxation in Disordered Complex Systems: Advances in Chemical Physics, Part B*, edited by W. Coffey and Y. Kalmykov (John Wiley & Sons, Inc., New Jersey, 2006), Chap. 11, pp. 595–632.
- M. Erber, M. Tress, E. U. Mapesa, A. Serghei, K.-J. Eichhorn, B. Voit, and F. Kremer, *Macromolecules* **43**, 7729 (2010).
- F. Kremer, *Dynamics in Geometrical Confinement* (Springer, Berlin, 2014).
- M.-C. Ma and Y.-L. Guo, *Chin. J. Polym. Sci.* **38**, 565 (2020).
- J. Mattsson, J. A. Forrest, and L. Börjesson, *Phys. Rev. E* **62**, 5187 (2000).
- B. D. Vogt, *J. Polym. Sci., Part B: Polym. Phys.* **56**, 9 (2018).
- J. L. Keddie, R. A. L. Jones, and R. A. Cory, *Europhys. Lett.* **27**, 59 (1994).
- A. Silberberg, *J. Colloid Interface Sci.* **90**, 86 (1982).
- R. L. Jones, S. K. Kumar, D. L. Ho, R. M. Briber, and T. P. Russell, *Nature* **400**, 146 (1999).
- A. Cavallo, M. Müller, J. P. Wittmer, A. Johner, and K. Binder, *J. Phys.: Condens. Matter* **17**, s1697 (2005).
- C. Batistakis, A. V. Lyulin, and M. A. J. Michels, *Macromolecules* **45**, 7282 (2012).
- D. M. Sussman, W.-S. Tung, K. I. Winey, K. S. Schweizer, and R. A. Riggelman, *Macromolecules* **47**, 6462 (2014).
- N. A. García and J.-L. Barrat, *Macromolecules* **51**, 9850 (2018).
- W. Paul, in *Reviews in Computational Chemistry*, edited by K. Lipkowitz and T. Cundari (Wiley-VCH, Weinheim, 2007), Vol. 25, pp. 1–66.
- J.-L. Barrat, J. Baschnagel, and A. Lyulin, *Soft Matter* **6**, 3430 (2010).
- G. Zhang, L. A. Moreira, T. Stuehn, K. C. Daoulas, and K. Kremer, *ACS Macro Lett.* **3**, 198 (2014).
- G. Zhang, A. Chazirakis, V. A. Harmandaris, T. Stuehn, K. C. Daoulas, and K. Kremer, *Soft Matter* **15**, 289 (2019).
- H.-P. Hsu and K. Kremer, *J. Chem. Phys.* **153**, 144902 (2020).
- L. A. Moreira, G. Zhang, F. Müller, T. Stuehn, and K. Kremer, *Macromol. Theory Simul.* **24**, 419 (2015).
- H.-P. Hsu and K. Kremer, *J. Chem. Phys.* **144**, 154907 (2016).
- K. Kremer and G. S. Grest, *J. Chem. Phys.* **92**, 5057 (1990).
- K. Kremer and G. S. Grest, *J. Chem. Soc., Faraday Trans.* **88**, 1707 (1992).
- J. Colmenero, J. Baschnagel, H. Meyer, and J. E. A. Wittmer *et al.*, *J. Phys.: Condens. Matter* **27**, 103101 (2015).
- J. Baschnagel, H. Meyer, and J. E. A. Wittmer *et al.*, *Polymers* **8**, 286 (2016).
- D. Michieletto, D. Marenduzzo, E. Orlandini, and M. Turner, *Polymers* **9**, 349 (2017).
- C. Svaneborg and R. Everaers, *Macromolecules* **53**, 1917 (2020).
- C. Raffaelli, A. Bose, C. H. M. P. Vrusch, S. Ciarella, T. Davris, N. B. Tito, A. V. Lyulin, W. G. Ellenbroek, and C. Storm, “Rheology, rupture, reinforcement and reversibility: Computational approaches for dynamic network materials,” in *Self-Healing and Self-Recovering Hydrogels*, edited by C. Creton and O. Okay (Springer International Publishing, Cham, 2020), pp. 63–126.
- M. A. Abdelbar, J. P. Ewen, D. Dini, and S. Angioletti-Uberti, *Biointerphases* **18**, 010801 (2023).
- C. Bennemann, W. Paul, K. Binder, and B. Dünweg, *Phys. Rev. E* **57**, 843 (1998).
- K. Binder, *Comput. Phys. Commun.* **121–122**, 168 (1999).

- ⁵⁴J. Buchholz, W. Paul, F. Varnik, and K. Binder, *J. Chem. Phys.* **117**, 7364 (2002).
- ⁵⁵K. Binder, J. Baschnagel, and W. Paul, *Prog. Polym. Sci.* **28**, 115 (2003).
- ⁵⁶B. Schnell, H. Meyer, C. Fond, J. P. Wittmer, and J. Baschnagel, *Eur. Phys. J. E* **34**, 97 (2011).
- ⁵⁷S. Frey, F. Weysser, H. Meyer, J. Farago, M. Fuchs, and J. Baschnagel, *Eur. Phys. J. E* **38**, 11 (2015).
- ⁵⁸W.-S. Xu, J. F. Douglas, and X. Xu, *Macromolecules* **53**, 9678 (2020).
- ⁵⁹T. Aoyagi, J. I. Takimoto, and M. Doi, *J. Chem. Phys.* **115**, 552 (2001).
- ⁶⁰G. S. Grest, *J. Chem. Phys.* **105**, 5532 (1996).
- ⁶¹J. D. Halverson, T. Brandes, O. Lenz, A. Arnold, S. Bevc, V. Starchenko, K. Kremer, T. Stuehn, and D. Reith, *Comput. Phys. Commun.* **184**, 1129 (2013).
- ⁶²H. V. Guzman, N. Tretyakov, H. Kobayashi, A. C. Fogarty, K. Kreis, J. Krajniak, C. Junghans, K. Kremer, and T. Stuehn, *Comput. Phys. Commun.* **238**, 66 (2019).
- ⁶³J.-P. Hansen and I. R. McDonald, *Theory of Simple Liquids: With Applications to Soft Matter* (Elsevier Science, Amsterdam, 2013).
- ⁶⁴M. Müller, *J. Chem. Phys.* **116**, 9930 (2002).
- ⁶⁵R. Everaers, S. K. Sukumaran, G. S. Grest, C. Svaneborg, A. Sivasubramanian, and K. Kremer, *Science* **303**, 823 (2004).
- ⁶⁶H.-P. Hsu and K. Kremer, *ACS Macro Lett.* **7**, 107 (2018).
- ⁶⁷H.-P. Hsu and K. Kremer, *Phys. Rev. Lett.* **121**, 167801 (2018).
- ⁶⁸M. K. Singh, M. Hu, Y. Cang, H.-P. Hsu, H. Therien-Aubin, K. Koynov, G. Fytas, K. Landfester, and K. Kremer, *Macromolecules* **53**, 7312 (2020).
- ⁶⁹H.-P. Hsu, T. Stuehn, K. C. Daoulas, and K. Kremer, in *NIC Symposium 2022—Proceedings*, edited by M. Müller, C. Peter and A. Trautmann (Forschungszentrum Jülich GmbH Zentralbibliothek, Verlag, NIC Series, Jülich, Germany, 2022), pp. 135–144.
- ⁷⁰P. G. de Gennes, *Scaling Concepts in Polymer Physics* (Cornell University Press, Ithaca, New York, 1979).
- ⁷¹M. Doi, *J. Polym. Sci., Polym. Phys. Ed.* **18**, 1005 (1980).
- ⁷²M. Doi and S. Edwards, *The Theory of Polymer Dynamics* (Oxford University Press, New York, 1986).
- ⁷³T. G. Fox, Jr. and P. J. Flory, *J. Appl. Phys.* **21**, 581 (1950).
- ⁷⁴P. N. Patrone, A. Dienstfrey, A. R. Browning, S. Tucker, and S. Christensen, *Polymer* **87**, 246 (2016).
- ⁷⁵C. J. Ellison, S. Kim, D. Hall, and J. M. Torkelson, *Eur. Phys. J. E* **8**, 155–166 (2002).
- ⁷⁶C. J. Ellison, M. K. Mundra, and J. M. Torkelson, *Macromolecules* **38**, 1767 (2005).
- ⁷⁷W. B. Zhang, J. Liu, S. H. Lu *et al.*, *Sci. Rep.* **7**, 7291 (2017).