

# 1      **The shared genetic architecture and evolution of human language and musical rhythm**

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## 16     **Abstract**

17     Rhythm and language-related traits are phenotypically correlated, but their genetic overlap is  
18     largely unknown. Here, we leveraged two large-scale genome-wide association studies  
19     performed to shed light on the shared genetics of rhythm (N=606,825) and dyslexia  
20     (N=1,138,870). Our results reveal an intricate shared genetic and neurobiological architecture,  
21     and lay groundwork for resolving longstanding debates about the potential co-evolution of  
22     human language and musical traits.

## 23     **Main text word count: 2,807**

24     The human brain has evolved intricate neural circuitry to process complex communicative  
25     signals and behaviours, including speech and music, and the extent of biological overlap between  
26     these facets is an important question for the field of neurobiology. Individual differences in  
27     rhythm-related skills (e.g., beat synchronisation, rhythm perception and production, metrical  
28     perception) are correlated with variability in a range of language-related skills (e.g., word  
29     recognition, spelling, phonological awareness), implicating potentially shared underlying neural  
30     and genetic architectures<sup>1</sup>. In particular, individuals with rhythm impairment have been  
31     suggested to show higher predisposition to language-related difficulties such as dyslexia and  
32     developmental language disorder (Atypical Rhythm Risk Hypothesis, ARRH)<sup>2</sup>. Given that

33 disorders of language and reading can have long-term health impacts, identifying genetic factors  
34 that they share with rhythm impairment may enhance future screening capabilities. Moreover,  
35 basic science concerning the biological substrates of these fundamental human traits will be  
36 informed by new approaches to their potentially shared genetic architecture.

37 The evolution of rhythm-related traits has been hypothesized to be linked to multiple facets of  
38 human communication, including parent-child bonding, social or group cohesion, and aspects of  
39 speech/language<sup>3,4</sup>. To address prominent theories on the co-evolution of phonological skill  
40 development and rhythm in humans<sup>5</sup>, evidence to date has been taken largely from psychology,  
41 neuroscience, and cross-species comparisons rather than genetics<sup>6,7</sup>. We hypothesise that  
42 identifying the shared genetic architecture between rhythm- and language-related disorders, and  
43 probing the evolutionary past of the implicated genomic regions, can help reveal neural and  
44 biological characteristics of our species which made rhythm and language an asset to human  
45 development and behaviour.

46 Our work built on two recent genome-wide association studies (GWAS) that represent by far the  
47 most well-powered genetic investigations of rhythm-/language-relevant traits to date, one for  
48 musical rhythm (beat synchronisation, hereafter referred to as *rhythm*; “Can you clap in time  
49 with a musical beat?”,  $N_{\text{cases}}(\text{Yes})=555,660$ ,  $N_{\text{controls}}(\text{No})=51,165$ )<sup>8</sup> and the other for dyslexia  
50 (developmental reading/spelling difficulties; “Have you been diagnosed with dyslexia?”,  
51  $N_{\text{cases}}(\text{Yes})=51,800$ ,  $N_{\text{controls}}(\text{No})=1,087,070$ )<sup>9</sup>, both performed on 23andMe, Inc. Research Cohort  
52 in individuals of European ancestry, and both classified as binary traits. We used the dyslexia  
53 GWAS as a proxy for the genetic underpinnings of language and reading-related aspects of  
54 human communication, as dyslexia often co-occurs with a number of speech/language  
55 disorders<sup>10,11,12,13</sup>. Beat synchronisation GWAS was used as a proxy for musical rhythm skills, as  
56 beat perception and synchronisation are considered to be important features of musical  
57 experiences in present-day humans<sup>14,15</sup>. We applied a three-stage analytic pipeline to investigate  
58 shared genetics and biology: i) Genome-wide genetic correlations between rhythm and dyslexia  
59 (as well as other language-related traits) using linkage disequilibrium score regression (LDSC)<sup>16</sup>,  
60 ii) multivariate GWAS (mvGWAS) of rhythm impairment and dyslexia using Genomic  
61 Structural Equation Modelling (SEM)<sup>17</sup>, iii) post-mvGWAS analyses of the shared genomic  
62 infrastructure as windows into its evolution and biology (Fig. 1A).

63 In the first stage, we estimated genetic correlations between rhythm and dyslexia, as well as  
64 quantitative measures of language/reading performance<sup>18</sup>, educational traits<sup>19</sup>, and brain-language  
65 related endophenotypes<sup>20,21</sup> by using LDSC<sup>16</sup>. We found moderate but significant genetic  
66 correlations between rhythm and dyslexia ( $r_g(\text{SE})=-0.28(0.02)$ ,  $P_{\text{FDR}}=2.05\times 10^{-31}$ ), five  
67 quantitative language/reading measures, three educational traits, and two language-relevant  
68 neuroimaging endophenotypes (Fig. 1B, Table S1). In contrast there were negligible and non-  
69 significant genetic correlations with non-verbal IQ ( $r_g(\text{SE})=-0.004(0.047)$ ,  $P_{\text{FDR}}=0.94$ ) and overall  
70 school performance ( $r_g(\text{SE})=-0.066(0.040)$ ,  $P_{\text{FDR}}=0.11$ ) (Fig. 1B, Table S1). Thus, rhythm is  
71 genetically correlated not only with dyslexia, but also multiple language-related phenotypes  
72 including word and non-word reading, non-word repetition, phoneme awareness, having better  
73 language skills than mathematics, and language resting-state functional connectivity ( $|r_g|$   
74 median=0.184, range=0.004-0.376), providing empirical genetic evidence for the ARR. The  
75 absence of significant genetic correlations between rhythm and cognitive traits such as non-  
76 verbal IQ and overall school performance provide evidence that genetic sharing between rhythm  
77 and dyslexia is not driven by general cognition. These results represent the first direct empirical  
78 support for a shared genetic architecture underlying previously observed phenotypic correlations  
79 between rhythm and language-related traits<sup>1</sup>, such as dyslexia (Pearson correlation=-0.04[-0.05;-  
80 0.04],  $t=-25.96$ ,  $df=363285$ ,  $P<2.2\times 10^{-16}$ ).

81 Given that dyslexia is a neurodevelopmental disorder with effects particularly apparent in the  
82 written language domain (evident from reading and/or spelling difficulties)<sup>9</sup>, and that other work  
83 has shown rhythm impairments associated with dyslexia<sup>10,11,12,13</sup>, we expect it to be genetically  
84 and phenotypically linked to impairment in rhythm (hereafter referred to as *rhythm impairment*)  
85 rather than rhythm ability. (This expectation is supported by the negative sign of the genetic  
86 correlation observed in the first stage of our pipeline above.) Thus, we reversed the effect  
87 directions in the binary rhythm GWAS summary statistics in order to align genetic effect  
88 directions for rhythm- and reading-impairments. We then performed a mvGWAS on the rhythm  
89 impairment and dyslexia GWASs to probe the validity of ARR at the genetic level, using a  
90 bivariate extension of Genomic SEM<sup>17</sup> that we developed (see Methods). This allowed us to tease  
91 apart the genetic effects shared between rhythm impairment and dyslexia from those that are  
92 unique to each. We specified a measurement model with a shared genetic factor ( $F_{\text{gRI-D}}$ ), which  
93 recaptured the genetic correlation between two traits ( $\sigma^2_{F_{\text{gRI-D}}}(\text{SE})=0.28(0.03)$ ). Similar to

94 Grotzinger et al.<sup>22</sup>, we then applied both the Common Pathway Model (CPM), which regresses  
95 single-nucleotide polymorphisms (SNPs) from  $F_{\text{gRI-D}}$  (Fig. S1), and the Independent Pathways  
96 Model solution (IPM), which regresses SNPs directly onto the genetic components of the two  
97 traits (Fig. S1). We were thus able to obtain a quantitative per-SNP score quantifying the extent  
98 to which any given SNP influences rhythm impairment or dyslexia independent from  $F_{\text{gRI-D}}$ , that  
99 is the bivariate genetic heterogeneity ( $Q_b$ ).

100 Our mvGWAS analysis with the CPM resulted in a new set of summary statistics representing  
101 the genetic overlap between rhythm impairment and dyslexia, and identified 18 genome-wide  
102 significant ( $P < 5 \times 10^{-8}$ ) loci associated with  $F_{\text{gRI-D}}$  (Fig. 2A, Table S2) after genomic control (GC)  
103 correction (Fig. S2). We estimated the SNP-heritability of  $F_{\text{gRI-D}}$  as 13% (SE=0.005) by using  
104 LDSC<sup>16</sup>. The strongest mvGWAS signal came from the SNP rs28576629 ( $P = 3.79 \times 10^{-14}$ ) on  
105 chromosome 3 (Fig. 2A), an intronic variant in *PPP2R3A*, a gene encoding a regulatory subunit  
106 of protein phosphatase 2<sup>23</sup>. We validated the Genomic SEM CPM results using two additional  
107 mvGWAS methods: 1) N-weighted Genome-Wide Association Meta-Analysis (GWAMA)<sup>24</sup>, and  
108 2) Cross-Phenotype Association Analysis (CPASSOC)<sup>25</sup>. Both methods captured highly similar  
109 genomic architectures to the one captured by the CPM (Fig. S3), confirming that the shared  
110 genetics of rhythm impairment and dyslexia could be identified consistently regardless of  
111 analytic tool. The IPM resulted in two new sets of summary statistics capturing the genetic  
112 factors of rhythm impairment and dyslexia that are independent from  $F_{\text{gRI-D}}$ , so-called  
113 independent factors (Fig. S4). We used the IPM results to obtain  $Q_b$  and mapped the per-SNP  $Q_b$   
114 scores onto CPM mvGWAS results to dissociate the homogeneous (hereafter referred to as  
115 pleiotropic) signals from the signals driven by a single GWAS (Fig 2A). We identified 27  
116 genome-wide significant ( $P < 5 \times 10^{-8}$ ) heterogeneous loci in the  $Q_b$  results (Fig. 2A, Table S3), and  
117 two of these loci are co-localized with two CPM signals on chromosome 20 (30,690,943-  
118 31,189,993 and 47,514,881-47,821,129), which are mvGWAS signals that are driven by the  
119 dyslexia GWAS (Fig. 2A). Our analysis revealed two distinct patterns for CPM mvGWAS hit  
120 loci: 16 highly homogeneous (putatively pleiotropic) and two heterogeneous loci indicating  
121 different levels of GWAS significance, effect sizes and/or opposite effect directions for these two  
122 loci in the rhythm impairment and dyslexia GWASs (see Fig. 2B for representative loci of each  
123 type).

124 Next, we performed a transcriptome-wide association study (TWAS) using  $F_{\text{gRI-D}}$  summary  
125 statistics, and whole-blood and 13 GTEx brain tissue phenotype weights<sup>26,27</sup> with S-PrediXcan<sup>28</sup>  
126 (Table S4). Our TWAS analysis identified 1,275 significant ( $P_{\text{FDR}} < 0.05$ ) gene-tissue pairs, and  
127 315 significant ( $P_{\text{FDR}} < 0.05$ ) unique genes associated with  $F_{\text{gRI-D}}$  after FDR correction (Fig. 3A,  
128 Table S5). Some of the top significant gene-tissue pairs associated with  $F_{\text{gRI-D}}$  are *AC072039.2*  
129 expression in brain nucleus ( $Z\text{-score} = -7.74$ ,  $P_{\text{FDR}} = 1.17 \times 10^{-9}$ ), *PPP2R3A* expression in cerebellum  
130 ( $Z\text{-score} = 7.49$ ,  $P_{\text{FDR}} = 2.43 \times 10^{-9}$ ) and putamen ( $Z\text{-score} = 7.47$ ,  $P_{\text{FDR}} = 2.43 \times 10^{-9}$ ), and *FOXO3*  
131 expression in anterior cingulate cortex ( $Z\text{-score} = 6.07$ ,  $P_{\text{FDR}} = 1.15 \times 10^{-5}$ ) (Fig. 3A). Functional  
132 enrichment analysis of the significant ( $P_{\text{FDR}} < 0.05$ ) TWAS genes using PANTHER<sup>29</sup> did not  
133 identify any significant enrichments in Gene Ontology<sup>30,31,32</sup> and PANTHER GO-Slim<sup>29,30,31,32</sup>  
134 terms after accounting for multiple testing (Tables S6-11). Overall, our S-PrediXcan analysis  
135 highlighted 315 unique genes linked to  $F_{\text{gRI-D}}$ , including significant gene-tissue pairs (such as  
136 *FOXO3* expression in the anterior cingulate cortex, and *PPP2R3A* expression in the putamen)  
137 involving brain regions with known relevance for music processing<sup>33,34</sup>.

138 To investigate the neurobiology of genetic variation shared between rhythm impairment and  
139 dyslexia at cell-type resolution, we performed LDSC partitioned heritability analysis<sup>35</sup> using cell-  
140 type specific regulatory region annotations of neurons, microglia, astrocytes and  
141 oligodendrocytes<sup>36</sup>. We found robust significant SNP-heritability enrichments in the promoters of  
142 neurons (Enrichment(SE)=8.14(1.55),  $P_{\text{FDR}} = 3.38 \times 10^{-5}$ ), oligodendrocytes  
143 (Enrichment(SE)=7.98(1.53),  $P_{\text{FDR}} = 3.38 \times 10^{-5}$ ), astrocytes (Enrichment(SE)=7.72(1.59),  
144  $P_{\text{FDR}} = 1.1 \times 10^{-4}$ ) and microglia (Enrichment(SE)=4.47(1.63),  $P_{\text{FDR}} = 0.04$ ), as well as enhancers of  
145 neurons (Enrichment(SE)=4.43(0.35),  $P_{\text{FDR}} = 7.96 \times 10^{-18}$ ) and astrocytes  
146 (Enrichment(SE)=2.73(0.58),  $P_{\text{FDR}} = 4.35 \times 10^{-3}$ ) (Fig. 3B, Table S12). Consistent with the original  
147 rhythm and dyslexia GWAS reports<sup>8,9</sup>,  $F_{\text{gRI-D}}$  relates to brain structure in part by common effects  
148 at regulatory regions within multiple cell-types, including neuronal and various non-neuronal  
149 cells such as oligodendrocytes. This may suggest that the  $F_{\text{gRI-D}}$  might impact myelination and  
150 white-matter connectivity patterns that could potentially instantiate neural overlap between  
151 rhythm and reading-related aspects of language<sup>1,5,37</sup>.

152 We then moved on to investigate relationships of  $F_{\text{gRI-D}}$  with psychiatric, neurological, and  
153 behavioural traits, examining patterns of genetic correlations with common and independent

154 factors in more detail. First, we curated 88 sets of GWAS summary statistics including traits that  
155 were significantly genetically correlated either with rhythm or dyslexia in the original GWAS  
156 reports<sup>8,9</sup>, and three additional education-related traits<sup>19</sup> (Table S13). To reduce the statistical  
157 burden of multiple testing correction in our consequent analyses, we subset this initial set of 88  
158 traits based on their levels of genetic correlation among themselves. To do so, we estimated  
159 pairwise genetic correlations, and identified the most highly correlated traits ( $|r_g| > 0.80$ ; Fig. S5).  
160 We then performed hierarchical clustering, obtaining one representative trait from each cluster of  
161 highly correlated traits (Fig. S6). This approach yielded 49 traits that were relatively genetically  
162 independent (see Methods for details), for which we estimated the genetic correlations with  $F_{gRI-D}$ .  
163  $F_{gRI-D}$ , and with the summary statistics obtained by the IPM (Fig. S7, Table S14). Genetic correlations  
164 between  $F_{gRI-D}$  and the assessed traits ranged from  $-0.56$  to  $0.46$ , and mostly lay between the  
165 genetic correlation estimates for independent factors (Fig. S7), supporting that  $F_{gRI-D}$  indeed  
166 captures the common genetic factor of rhythm impairment and dyslexia. We found significant  
167 negative correlations between  $F_{gRI-D}$  and non-word repetition ( $r_g(SE) = -0.513(0.099)$ ,  
168  $P_{FDR} = 7.03 \times 10^{-7}$ ), and phoneme awareness ( $r_g(SE) = -0.562(0.058)$ ,  $P_{FDR} = 3.78 \times 10^{-21}$ ), validating the  
169  $F_{gRI-D}$  construct's link to reading- and language-related traits. Positive genetic correlations were  
170 observed for ADHD ( $r_g(SE) = 0.237(0.029)$ ,  $P_{FDR} = 3.69 \times 10^{-15}$ ), autism spectrum disorder  
171 ( $r_g(SE) = 0.075(0.035)$ ,  $P_{FDR} = 4.529 \times 10^{-2}$ ), and insomnia ( $r_g(SE) = 0.200(0.027)$ ,  $P_{FDR} = 6.04 \times 10^{-13}$ ),  
172 suggesting shared genetic liability with neuropsychiatric traits that have been phenotypically  
173 linked to rhythm<sup>38</sup>. In total,  $F_{gRI-D}$  showed significant ( $P_{FDR} < 0.05$ ) genetic correlations with 37 of  
174 the 49 selected psychiatric/neurological/behavioural traits with varying magnitudes and  
175 directions, including ADHD, Parkinson's Disease, health satisfaction and loneliness ( $|r_g|$   
176 median =  $0.146$ , range =  $0.06-0.56$ ). Consistent with the ARRH hypothesis, the directionality of  
177 genetic correlations suggest that decreased rhythm impairment/dyslexia risk may be associated  
178 with resilience to certain neuropsychiatric disorders. These genetic correlations also reflect a  
179 shared genomic architecture underlying rhythm, dyslexia and social traits, showing that social  
180 function and co-evolution hypotheses of rhythm and communication skills<sup>39,40,41</sup> are plausible  
181 from a genetic perspective. Future work will be needed to disentangle possibly shared genomic  
182 substrates of the evolution of social interaction, language and music.

183 Even though reading is a recent human innovation, it recruits language-related brain circuits<sup>42,43</sup>,  
184 which have undergone biological evolution on the lineage leading to humans. Similarly, dyslexia

185 manifests overtly as a reading/spelling disorder, yet in many cases this reflects underlying  
186 deficits in aspects of oral language (e.g. phonological awareness)<sup>10,11,12,13</sup>. Given this link between  
187 spoken language and reading, and in light of theoretical frameworks positing co-evolution of  
188 rhythm- and language-related skills in humans<sup>5,39,40,41,44</sup>, we leveraged genomic methods to  
189 investigate the evolution of the overlap between rhythm and the reading-related aspect of  
190 language over a range of timescales (Fig. 4A). We first performed LDSC partitioned heritability  
191 analysis using five evolutionary annotations tagging foetal brain human gained enhancers<sup>45</sup>,  
192 Neandertal introgressed alleles<sup>46</sup>, archaic deserts<sup>47</sup>, and primate conserved and accelerated  
193 regions<sup>48</sup> (Fig. 4A). This revealed significant SNP-heritability depletions in Neandertal  
194 introgressed alleles, and significant enrichments in primate conserved regions for all traits (Fig  
195 4B, Table S15), in line with findings for many other complex human traits<sup>49</sup>. We then used the  
196 SBayesS function of the GCTB package<sup>50</sup> to probe the effect size-minor allele frequency  
197 relationship ( $\hat{S}$ ) – an essential component of the complex trait genetic architecture influenced by  
198 natural selection<sup>50</sup>. Similar to most cognitive and behavioural traits<sup>50</sup>, we found moderate levels  
199 of negative selection acting on  $F_{\text{gRI-D}}$  ( $\hat{S}(\text{SD})=-0.51(0.05)$ ), and the independent factors of  
200 dyslexia ( $\hat{S}(\text{SD})=-0.47(0.06)$ ) and rhythm impairment ( $\hat{S}(\text{SD})=-0.49(0.06)$ ) (Fig. 4D, Table S16).  
201 To pin down gene-sets associated with various evolutionary events and timescales that are not  
202 testable via partitioned heritability analysis, we performed MAGMA gene-set analysis<sup>51</sup>.  
203 Specifically, we tested whether genetic variation associated with  $F_{\text{gRI-D}}$  was enriched in genes that  
204 overlap with four evolutionary annotations (Tables S17-20): i) Ancient Selective Sweep sites<sup>52</sup>,  
205 ii) Human Accelerated Regions<sup>53,54,55,56</sup>, iii) Differentially Methylated Regions (DMRs) between  
206 Anatomically Modern Humans (AMHs) and archaic humans<sup>57</sup>, and iv) DMRs between AMHs  
207 and chimpanzees<sup>57</sup>. These gene-set based analyses did not yield any significant enrichment  
208 signals (Table S21), indicating an absence of evidence for associations between  $F_{\text{gRI-D}}$  and these  
209 four annotations.

210 To follow up the significant partitioned SNP-heritability enrichments in primate conserved  
211 regions, we investigated the association between  $F_{\text{gRI-D}}$  mvGWAS p-values and per-SNP primate  
212 phastCons scores<sup>48</sup> for 38,164 clumped SNPs ( $P<0.05$ ,  $r^2<0.06$ ) from  $F_{\text{gRI-D}}$  summary statistics  
213 (Fig. 4C), and found that one of the  $F_{\text{gRI-D}}$  genome-wide significant hits, rs10891314, had an  
214 exceptionally high phastCons score, likely because it is a missense variant (Fig. 4C). We zeroed-  
215 in on this genome-wide significant hit as an example locus and dissected patterns of  $Q_b$ , and

216 conservation/accelerated evolution in primates (Fig. 4E), confirming the sharp increase in  
217 conservation rate for the SNP rs10891314. The Human Genome Dating Atlas<sup>58</sup> estimates this  
218 polymorphism to be 11,199 generations old (95% confidence interval), corresponding to  
219 ~280,000 years ago assuming 25 years per generation, around the time period when the oldest  
220 known *Homo sapiens* fossils have been dated<sup>59</sup>. Rs10891314 is located in the *DLAT* gene, which  
221 is associated with a rare neurodevelopmental disorder Pyruvate Dehydrogenase E2 deficiency  
222 characterised by neurological dysfunction, dystonia and learning disability mainly appearing  
223 during childhood<sup>60</sup>. *DLAT* is highly conserved and loss-of-function intolerant (pLI=6.68)<sup>61</sup>,  
224 which makes this particular missense variant an interesting candidate for increasing  
225 susceptibility to rhythm impairment and dyslexia.

226 After assessing evolutionary signatures on  $F_{gRI-D}$  at the genome-wide and SNP levels, we  
227 extended our investigations of rhythm-language co-evolution by integrating with independent  
228 data from neuroimaging genetics. Thus, we estimated local genetic correlations between  $F_{gRI-D}$   
229 and fractional anisotropy (FA) measures of five left hemispheric white-matter tracts (Table S22),  
230 involved in the dorsal stream of spoken language, and theorized as key components of rhythm-  
231 language convergent evolution<sup>5,62</sup>. Using LAVA<sup>63</sup>, we identified a significant genetic correlation  
232 between  $F_{gRI-D}$  and the left hemispheric superior longitudinal fasciculus (SLF) I ( $r_g=1$ ,  $P_{FDR}=0.02$ )  
233 (Table S23) on a ~2mb region on chromosome 20 (30,569,660-32,484,506) which encompasses  
234 several genes including *EFCAB8*, *BAK1P1* and *SUN5* (Fig. S8). SLF-I is the dorsal division of  
235 SLF connecting the superior parietal and superior frontal lobes<sup>64</sup>, with functional links to musical  
236 rhythm<sup>65</sup>. This finding is consistent with the hypothesized role of the dorsal stream in supporting  
237 co-evolution of phonological processing and beat synchronisation<sup>4</sup>.

238 In summary, we showed robust genetic correlations between rhythm and a number of reading-  
239 and language-related traits, supporting ARRH. The bivariate Genomic SEM approach that we  
240 developed allowed us to identify genetic overlaps between rhythm impairment and dyslexia, and  
241 to present a map of homogeneous and heterogeneous genetic effects, shedding light on patterns  
242 of pleiotropy between the two. Our post-mvGWAS analyses enhance our understanding of the  
243 aetiology of rhythm and language (on which reading depends) by revealing intricate links across  
244 rhythm impairment, dyslexia, and various aspects of evolutionary past and neurobiological  
245 function (including gene expression in brain tissue, brain cell type-specific gene regulation, and a



246 local genetic correlation with a tract linked to processing and production of speech and music)<sup>5</sup>.  
247 The evolutionary analyses aimed to provide empirical genetic data as groundwork towards  
248 understanding potential evolutionary forces acting jointly on human rhythm- and language-  
249 related skills<sup>44,66</sup>, revealing a candidate gene, *DLAT*, for future experimental investigations.

250 Despite a number of practical constraints, such as the fact that the source GWASs were  
251 performed in European-only cohorts, and potential confounds due to residual population  
252 stratification and socioeconomic factors, our study represents a first step towards characterising  
253 the shared genetic architecture between rhythm- and language-related traits. We reveal complex  
254 links across common DNA variants, genes, genomic loci, white-matter structures and human  
255 behaviour, making a first set of links across the immensely long causal chain spanning these  
256 layers. Developing and applying more sophisticated methods to dissociate environmental  
257 confounds from genetics will allow future studies to obtain a better understanding of the genetics  
258 and evolution of human language and musicality.

## 259 **Methods**

### 260 **GWAS summary statistics**

261 Beat synchronisation and dyslexia GWAS summary statistics<sup>8,9</sup> were obtained from 23andMe  
262 Inc., a customer genetics company. Both GWASs were performed on European ancestry  
263 individuals through online participation and participants provided informed consent. The  
264 23AndMe sample prevalence of dyslexia is 4.6% ( $N_{\text{total}}=1,138,870$ , mean age=51), and sample  
265 prevalence of beat synchronisation is 92% ( $N_{\text{total}}=606,825$ , mean age=52). Summary statistics  
266 files were reformatted and harmonised to include required columns (e.g. SNP ID, beta, beta S.E.,  
267 p-value) for each mvGWAS tool following the guidelines in original publications of each tool.  
268 To obtain rhythm impairment summary statistics, effect sizes in the binary beat synchronisation  
269 GWAS summary statistics were multiplied by -1, so that the effect directions were reversed.  
270 Yielding set of GWAS summary statistics comprised of SNP effects contributing to rhythm  
271 impairment, and was used for the subsequent mvGWAS analysis with dyslexia. We applied GC  
272 correction to both sets of summary statistics for all non-LDSC-based analyses. For LDSC-based  
273 analyses (including Genomic SEM), uncorrected summary statistics were used as input, as GC

274 correction biases the LDSC SNP-heritability estimates downwards. The resulting set of summary  
275 statistics from Genomic SEM was GC corrected.

## 276 **SNP-heritability and genetic correlation estimations**

277 We used LDSC<sup>16</sup> (v1.0.1) to estimate the SNP-heritabilities and genetic correlations. For rhythm  
278 impairment and dyslexia, we estimated the total SNP-heritability on a liability scale using  
279 population and sample prevalence information from the original studies (sample prevalence of  
280 0.045 for dyslexia and 0.085 for rhythm impairment, and a population prevalence of 0.050 for  
281 dyslexia and 0.048 for rhythm impairment). Genetic correlations were estimated using bivariate  
282 LDSC between rhythm, dyslexia, GenLang quantitative reading-/language-related traits<sup>18</sup>, Danish  
283 School Grades GWAS<sup>19</sup>, and all external summary statistics except for the planum temporale  
284 asymmetry and the language resting-state functional connectivity, which were assessed as  
285 described below.

286 To estimate genetic correlations between rhythm and planum temporale asymmetry<sup>21</sup>, and  
287 between rhythm and language resting-state functional connectivity<sup>20</sup>, we used an approach  
288 proposed by Naqvi et al.<sup>67</sup> applicable to unsigned multivariate statistics, as the mvGWAS effect  
289 sizes or beta values, which are required to run genetic correlation analysis using LDSC, were not  
290 available for these traits. We evaluated the amount of shared signal between each pair of GWASs  
291 by estimating the Spearman correlation of the average SNP p-values within approximately  
292 independent LD blocks<sup>68</sup>. We first filtered the genome-wide SNPs using the HapMap3 reference  
293 panel without the MHC region (<https://github.com/bulik/ldsc>). We then split the genome-wide  
294 SNPs into 1,703 approximately independent blocks<sup>68</sup>. For each approximately independent LD  
295 block, we computed the average SNP  $-\log_{10}(\text{p-value})$ . We then estimated a rank-based Spearman  
296 correlation using the averaged association value ( $n=1,703$ ) for each LD block. A standard error  
297 of the Spearman correlation was estimated using statistical resampling with 10,000 bootstrap  
298 cycles with replacement from the 1,703 LD blocks.

## 299 **Multivariate genome-wide association studies**

300 To investigate the shared genetic variance of rhythm impairment and dyslexia, we performed  
301 multivariate GWASs using three tools: Genomic SEM<sup>17</sup>, N-weighted GWAMA<sup>24</sup>, CPASSOC<sup>25</sup>.

302 These tools use GWAS summary-level data and account for genetic correlation and sample  
303 overlap using the cross-trait LD score regression intercept.

304 *Genomic SEM (Common and Independent Pathway Models)*. First, we reformatted our summary  
305 statistics for LDSC (munged) and Genomic SEM, following standard guidelines  
306 (<https://github.com/GenomicSEM/GenomicSEM/wiki>). We then used the multivariable  
307 extension of LDSC to estimate the  $2 \times 2$  empirical genetic covariance matrix between rhythm  
308 impairment and dyslexia and their associated sampling covariance matrix. We specified a  
309 measurement model (Fig. S1), where a shared genetic factor ( $F_g$ ) was estimated to capture the  
310 observed genetic covariance between rhythm impairment and dyslexia. Given that the number of  
311 observed parameters for any  $2 \times 2$  covariance matrix equals 3, we constrained all paths between  
312  $F_g$  to 1. The final Common Pathway Structural model (CPM) was fit to a genetic covariance  
313 matrix which incorporates the SNP tested (Fig. S1), SNPs were regressed from  $F_g$ , and residuals  
314 were freely estimated. The 1000 Genomes Phase 3 reference panel<sup>69</sup> was used as the reference  
315 panel to calculate SNP variance across traits. Effective population size per-GWAS was  
316 calculated as  $4 \times N_{\text{cases}} \times (1 - N_{\text{cases}} / N_{\text{total}})$ . Both the reference panel and effective population sizes  
317 were then fed into the sumstats function and summary statistics were prepared for the meta-  
318 analysis. We applied genomic correction to the CPM results based on the genomic inflation  
319 index estimated by LDSC ( $\lambda_{GC} = 1.62$ ; Fig. S2). The final Independent Pathways model (IPM),  
320 was fit to the same matrices incorporating the SNP effects, but with the SNP effect being directly  
321 regressed from the traits. The final bivariate heterogeneity score,  $Q_b$ , was obtained by subtracting  
322 by a  $\chi^2$  difference test, where the  $\chi^2$  of the IPM is subtracted from the  $\chi^2$  of the CPM ( $Q_b = \chi^2_{\text{CPM}} -$   
323  $\chi^2_{\text{IPM}}$ )<sup>22</sup>. High  $Q_b$  value index that the association between the SNP and rhythm impairment or  
324 dyslexia is not well accounted for by the factor  $F_g$ . We then used the intersect function of  
325 bedtools (v. 2.29.2)<sup>70</sup> to identify the overlaps between genome-wide significant  $Q_b$  (Table S3),  
326 and CPM loci (Table S2), as well as  $\pm 1$ Mb surroundings of each CPM locus.

327 *CPASSOC*. Following the CPASSOC manual<sup>25</sup>, we used the median sample size for each  
328 summary statistics file as 23andMe SNPs can have varying sample sizes. We removed SNPs  
329 with a Z-score larger than 1.96 or less than -1.96, and extracted a  $2 \times 2$  genetic correlation matrix  
330 for dyslexia and rhythm impairment. Then we generated a  $M \times K$  matrix of summary statistics  
331 where each row represented a SNP, and 2 columns represented dyslexia and rhythm impairment

332 Z-scores. We finally performed the  $S_{\text{hom}}$  test, and obtained a vector of p-values for  $M$  SNPs using  
333 `pchisq` function in R (4.0.3).

334 *GWAMA (N-weighted)*. To account for sample overlap, we first generated a matrix of cross-trait  
335 intercepts using the intercepts of LDSC genetic correlations between dyslexia and rhythm  
336 impairment summary statistics. We then performed N-weighted GWAMA by feeding the Cross  
337 Trait Intercept matrix and a vector of SNP-heritabilities of each trait using the  
338 `multivariate_GWAMA` function.

### 339 **Transcriptome-wide association study**

340 We conducted a transcriptome-wide association study (TWAS) using S-PrediXcan framework<sup>28</sup>  
341 and the joint-tissue imputation (JTI) TWAS derived models from GTEx v8 tissues<sup>21</sup>. PrediXcan  
342 predicts gene expression from the genotype profile of each individual by using the JTI model  
343 weights, which were trained on GTEx<sup>71</sup>, and validated on PsychEncode<sup>72</sup> and GEUVADIS<sup>73</sup>.  
344 These SNP-expression weights represent the correlations between SNPs and gene expression  
345 levels. To overcome the requirement for individual-level genotype data, Barbeira et al.<sup>28</sup>, derived  
346 a mathematical expression, implemented in S-PrediXcan framework, which effectively yields  
347 similar outcomes to PrediXcan using GWAS summary statistics. S-PrediXcan and JTI weights  
348 account for LD and collinearity problems due to high expression correlation across tissues<sup>21</sup>. We  
349 filtered the 17q21.31 inversion region (~1.5 Mb long), which has multiple phenotypic  
350 associations with brain-related traits<sup>74</sup> to minimise the impact of this high-LD region on our  
351 results. We then corrected TWAS p-values for 192,905 gene-tissue pairs, and used Z-scores and  
352  $P_{\text{FDR}}$  of the significant ( $P_{\text{FDR}} < 0.05$ ) pairs to assess gene- $F_{\text{gRI-D}}$  associations.

### 353 **Gene-set enrichment and pathway analyses**

354 We used PANTHER to run statistical overrepresentation analysis in 3 Gene Ontology (GO) and  
355 3 PANTHER GO-Slim terms (biological process, molecular function, cellular component)<sup>29,30,31,32</sup>  
356 with 315 unique genes that we obtained from TWAS. We used 20,102 genes that we tested in  
357 TWAS as the background gene set. Results were FDR corrected for all GO and GO-Slim terms  
358 ( $n=15,028$ ).

### 359 **LDSC partitioned heritability with cell type-specific annotations**

360 We used 8 human genome annotations by Nott et al.<sup>36</sup> tagging promoter and enhancer regions of  
361 neurons, oligodendrocytes, microglia and astrocytes using LDSC partitioned heritability  
362 analysis<sup>35</sup> following the guidelines in the LDSC Wiki page  
363 (<https://github.com/bulik/ldsc/wiki/Partitioned-Heritability>). All enrichment analyses were  
364 controlled for the baselineLD model v2.2. Enrichment p-value results were FDR corrected for 8  
365 tests.

### 366 **Genetic correlations using GWAS summary statistics from neuropsychiatric/behavioural** 367 **phenotypes**

368 We first compiled 88 traits that were significantly genetically correlated either with rhythm  
369 impairment or dyslexia in the original respective GWAS papers<sup>8,9</sup>. We filtered these traits in  
370 order to avoid unnecessary multiple testing burden and to focus on genetically independent  
371 phenotypes. We first identified 46 traits that are more than +/-80% genetically correlated with at  
372 least one other trait. Then we created a distance matrix from the correlation estimates and  
373 performed hierarchical clustering using Ward's method<sup>75</sup> as the linkage method, which  
374 maximises the within-cluster homogeneity to identify trait clusters. We identified 7 clusters  
375 using the so-called elbow method, and chose the most informative and representative trait for  
376 each cluster based on the highest correlation between traits and the cluster principal component.  
377 We added these 7 cluster-representative traits to the remaining 42 traits and used LDSC to  
378 estimate genetic correlations with  $F_{gRI-D}$  and 2 independent factors. Genetic correlation p-values  
379 were FDR corrected for 49 tests.

### 380 **Partitioned heritability analysis with custom evolutionary annotations**

381 We used LDSC<sup>16</sup> (v1.0.1) to estimate partitioned SNP-heritability enrichments/depletions in  
382 foetal brain human-gained enhancers, Neandertal introgressed alleles, archaic deserts, conserved  
383 loci in the primate phylogeny (Conserved\_Primate\_phastCons46way annotation from  
384 baselineLD), and genomic loci that have a primate phyloP score<sup>48</sup> less than -2 (presumably  
385 suggesting accelerated evolution). All annotations were controlled for baselineLD model v2.2.  
386 Foetal brain human-gained enhancers were also controlled for foetal brain active regulatory  
387 elements from the Roadmap Epigenomics Consortium database<sup>76</sup>.

## 388 **MAGMA gene-set analysis with custom evolutionary gene lists**

389 We compiled four additional evolutionary genomic annotations for MAGMA gene-set analysis<sup>51</sup>  
390 which cover timescales from ~6 million years ago to ~250 thousand years ago: Ancient Selective  
391 Sweeps<sup>52</sup>, Human Accelerated Regions<sup>53,54,55,56</sup>, Anatomically Modern Human-derived DMRs<sup>57</sup>,  
392 and Human vs. chimpanzee DMRs<sup>57</sup>. These annotations either tag regulatory or selective sweep  
393 sites. We listed the genes that fall within +/-1 kilobase of each locus tagged by each annotation,  
394 and filtered these initial gene lists for protein-coding genes using NCBI's hg19 genome  
395 annotation<sup>77</sup>. The resulting protein-coding gene lists were used for MAGMA gene-set enrichment  
396 analysis for rhythm impairment, dyslexia and  $F_{\text{gRI-D}}$  summary statistics. We first performed gene  
397 annotation by integrating SNP locations from the summary statistics, and gene locations from  
398 NCBI hg19 genome annotation. We then performed a gene analysis using SNP p-values and  
399 1000 Genomes Phase 3 European panel<sup>69</sup>. We finally applied a gene-set analysis using results  
400 from gene annotation and gene analysis, and four gene-sets. Enrichment p-values were FDR  
401 corrected for four tests.

## 402 **Genome-wide negative selection estimation**

403 We performed SBayesS analysis on the rhythm impairment, dyslexia,  $F_{\text{gRI-D}}$ , and two independent  
404 factor GWAS summary statistics using the GCTB software (version 2.02)<sup>50</sup> to quantify the level  
405 of negative selection acting on these traits. SBayesS estimates total SNP-heritability,  
406 polygenicity, and the relationship between variants' minor allele frequencies and effect sizes, and  
407 generates a genome-wide negative selection metric ( $S$ ) which ranges from 0 to -1.  $S$  estimates  
408 that are closer to -1 are interpreted as a sign of strong negative selection<sup>50</sup>, whereas estimates  
409 closer to 0 can suggest positive selection (see Zeng et al., 2021).

## 410 **LAVA local genetic correlations with white-matter connectivity measures**

411 To identify local regions of the genome that might be shared between rhythm, language and  
412 evolutionarily relevant brain circuitry, we tested local genetic correlations between  $F_{\text{gRI-D}}$  and  
413 white-matter connectivity measures. We performed GWASs of selected brain imaging traits  
414 using data from the UK Biobank<sup>78</sup>. For these GWASs, UK Biobank data first underwent sample

415 and genetic quality control and brain imaging data processing, followed by genome-wide  
416 association analysis.

417 *Sample quality control.* This study used the UK Biobank February 2020 release (research  
418 application number: 79683). All participants provided informed consent and the study was  
419 approved by the North West Multi-Center Research Ethics Committee (MREC). For individual  
420 with both diffusion-weighted MRI and genotyping data, we excluded participants with unusual  
421 heterozygosity (principal components corrected heterozygosity>0.19), high missingness (missing  
422 rate>0.05), sex mismatches between genetically inferred sex and self-reported sex as reported by  
423 Bycroft et al.<sup>78</sup>. We further restricted our analyses to individuals with white British ancestry as  
424 defined by Bycroft et al.<sup>78</sup> in order to avoid any possible confounding effects related to ancestry.  
425 This resulted in 31,465 individuals (mean age=55.21 years old, range between 40 to 70 years old,  
426 16,497 females) passing the sample QC.

427 *Genetic quality control.* The imputed genotypes were obtained from the UK Biobank portal.  
428 These data underwent a stringent quality control protocol. We excluded SNPs with minor allele  
429 frequencies below 1%, Hardy-Weinberg p-value below  $1 \times 10^{-7}$  or imputation quality INFO scores  
430 below 0.8. Multiallelic variants which cannot be handled by many programs used in genetic-  
431 related analyses were removed. This resulted in 9,422,496 autosomal SNPs that were analyzed in  
432 the GWAS.

433 *Neuroimaging phenotypes.* Neuroimaging measures of white-matter tracts were derived from the  
434 diffusion-weighted scans (3T Siemens Skyra scanner) released by the UK Biobank Imaging  
435 Study (refer to <http://biobank.ndph.ox.ac.uk/showcase/refer.cgi?id=2367> for the full protocol).  
436 Briefly, in vivo, whole-brain diffusion-weighted MRI scans were acquired and fed into Diffusion  
437 Tensor Imaging (DTI) modelling to assess brain microstructure and derive a fractional  
438 anisotropy (FA) quantitative diffusion map that was subject to a TBSS (tract-based spatial  
439 statistics) analysis resulting in a skeletonised image. Details of the image acquisition, quality  
440 control and processing are described elsewhere<sup>79</sup>. We extracted the following regions: The left  
441 arcuate fasciculus (long, anterior, and posterior segments), the left superior longitudinal  
442 fasciculus (I, II, III), and the left uncinate fasciculus for each individual by averaging the FA  
443 skeletonised image across a set of five left white-matter tracts defined from a probabilistic atlas<sup>80</sup>.

444 *Genome-wide association scanning.* GWASs were performed separately for each of the  
445 neuroimaging phenotypes using imputed genotyping data, with PLINK (v1.9)<sup>81</sup>. We made use of  
446 categorical and continuous variables controlling for covariates in the GWASs including age, sex,  
447 genotype array type, and assessment centre. To avoid possible confounding effects related to  
448 ancestry, we used the first ten genetic principal components capturing population genetic

449 diversity. These covariates are considered in a pre-residualization step: a multiple linear  
450 regression of the endophenotype vector on the covariates is performed and all these ones are  
451 replaced by their corresponding residual. Additionally, a rank-based inverse normalization is  
452 performed to ensure that the distributions of endophenotypes are normally distributed.

453 *Local genetic correlations.* We identified a list of overlapping loci using 2,495 LD blocks  
454 covering the whole human genome provided in the Local Analysis of [co]Variant Association  
455 (LAVA)<sup>63</sup> partitioning algorithm GitHub repository ([https://github.com/cadeleeuw/lava-](https://github.com/cadeleeuw/lava-partitioning)  
456 [partitioning](https://github.com/cadeleeuw/lava-partitioning)), and 1,609 genome-wide significant ( $P < 5 \times 10^{-8}$ ) SNPs in our  $F_{gRI-D}$  summary  
457 statistics. This resulted in 18 LD blocks. We then used LAVA to estimate local genetic  
458 correlations between  $F_{gRI-D}$  and the five aforementioned white-matter tracts. LAVA estimates  
459 local heritability for each of these 18 LD blocks, and for each considered trait. For the loci which  
460 explained a significant proportion (nominally significant SNP-heritability estimate,  $P < 0.05$ ) of  
461 the total SNP-heritability of  $F_{gRI-D}$  and white-matter tracts, we proceeded to perform bivariate  
462 local genetic correlation. This extra step of filtering based on local SNP-heritability estimates is  
463 not mandatory but recommended<sup>63</sup>. Finally, we obtained local genetic correlation estimates and  
464 associated p-values, which we FDR corrected for 14 tests.

#### 465 **Data availability**

466 The full GWAS summary statistics from the original 23andMe discovery studies set have been  
467 made available through 23andMe to qualified researchers under an agreement with 23andMe that  
468 protects the privacy of the 23andMe participants. Datasets will be made available at no cost for  
469 academic use. Please visit <https://research.23andme.com/collaborate/#dataset-access/> for more  
470 information and to apply to access the data.  
471 Participants provided informed consent and volunteered to participate in the research online,  
472 under a protocol approved by the external AAHRPP-accredited IRB, Ethical & Independent  
473 (E&I) Review Services. As of 2022, E&I Review Services is part of Salus IRB  
474 (<https://www.versiticlinicaltrials.org/salusirb>).

#### 475 **Code availability**

476 All scripts used for analyses are publicly available on the GitHub repository:  
477 <https://github.com/galagoz/pleiotropyevo>



478 This study used openly available software, specifically PLINK  
479 (<http://zzz.bwh.harvard.edu/plink/>), and S-PrediXcan (<https://github.com/hakymilab/MetaXcan>).  
480 JTI-TWAS prediction models trained on GTEx v8 are available at the PredictDB website  
481 (<http://predictdb.org>) and (<https://github.com/gamazonlab/MR-JTI/tree/master>). The human  
482 frontal lobe probabilistic atlas used is available at  
483 ([http://www.bcblab.com/BCB/Atlas\\_of\\_Human\\_Brain\\_Connections.html](http://www.bcblab.com/BCB/Atlas_of_Human_Brain_Connections.html)).

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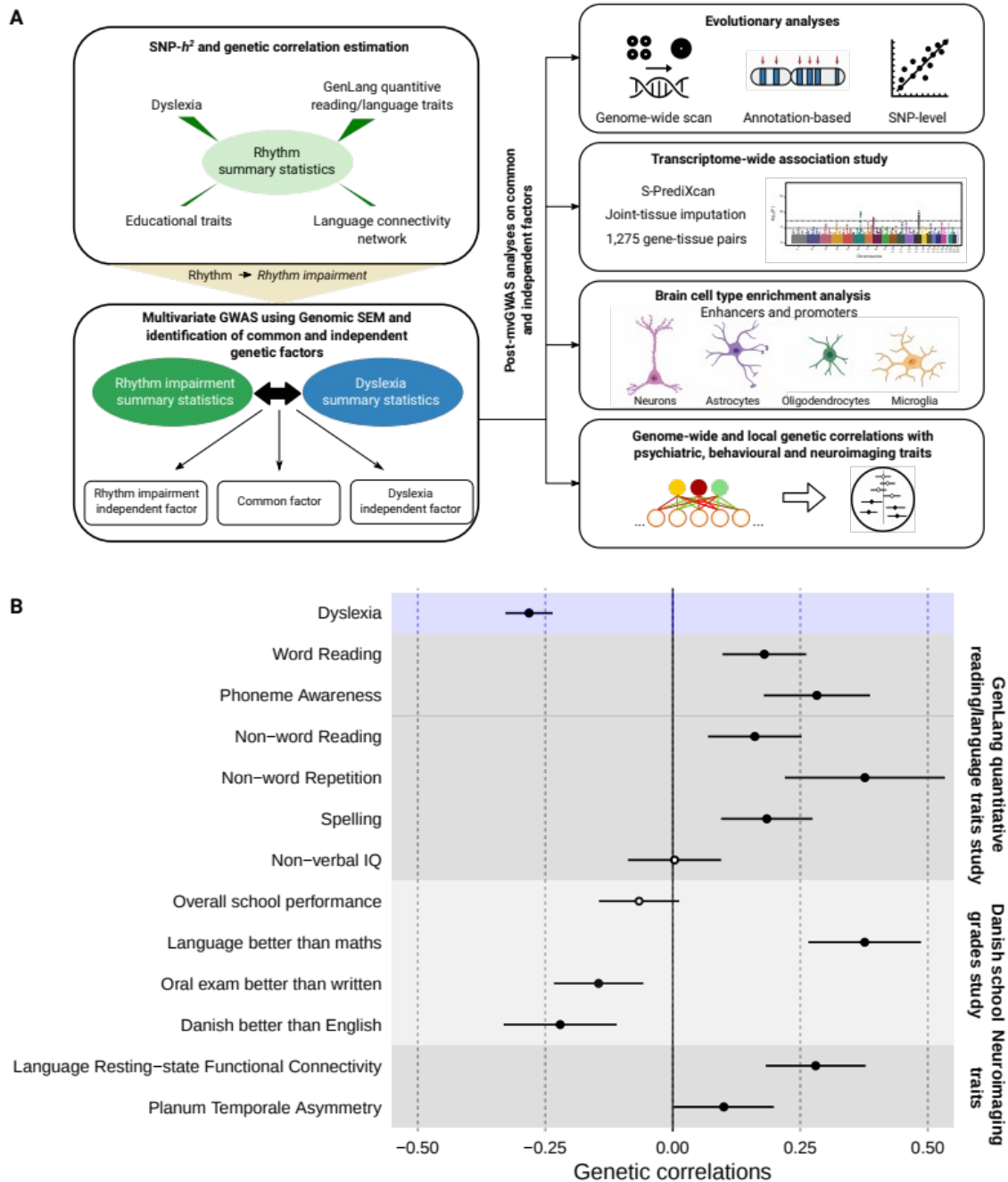
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620 **Figures**



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622 **Fig. 1: Study design and genetic correlations between rhythm and language-/reading-**  
 623 **related traits. (A)** Flow chart shows analyses performed in our study. SNP- $h^2$  and genetic  
 624 correlations were estimated using LDSC. Effect directions in the rhythm GWAS summary

625 statistics were flipped to obtain a proxy to probe rhythm impairment. Genomic SEM was used to  
626 identify common and independent genetic factors of rhythm impairment and dyslexia. As for  
627 post mvGWAS analyses, we adopted various methods including LDSC partitioned heritability,  
628 GCTB SBayesS, LAVA, and manual SNP-lookups. **(B)** Genetic correlations between rhythm  
629 and a set of language- and reading-related traits. Significant genetic correlations were indicated  
630 by full circles. Error bars correspond to standard errors.

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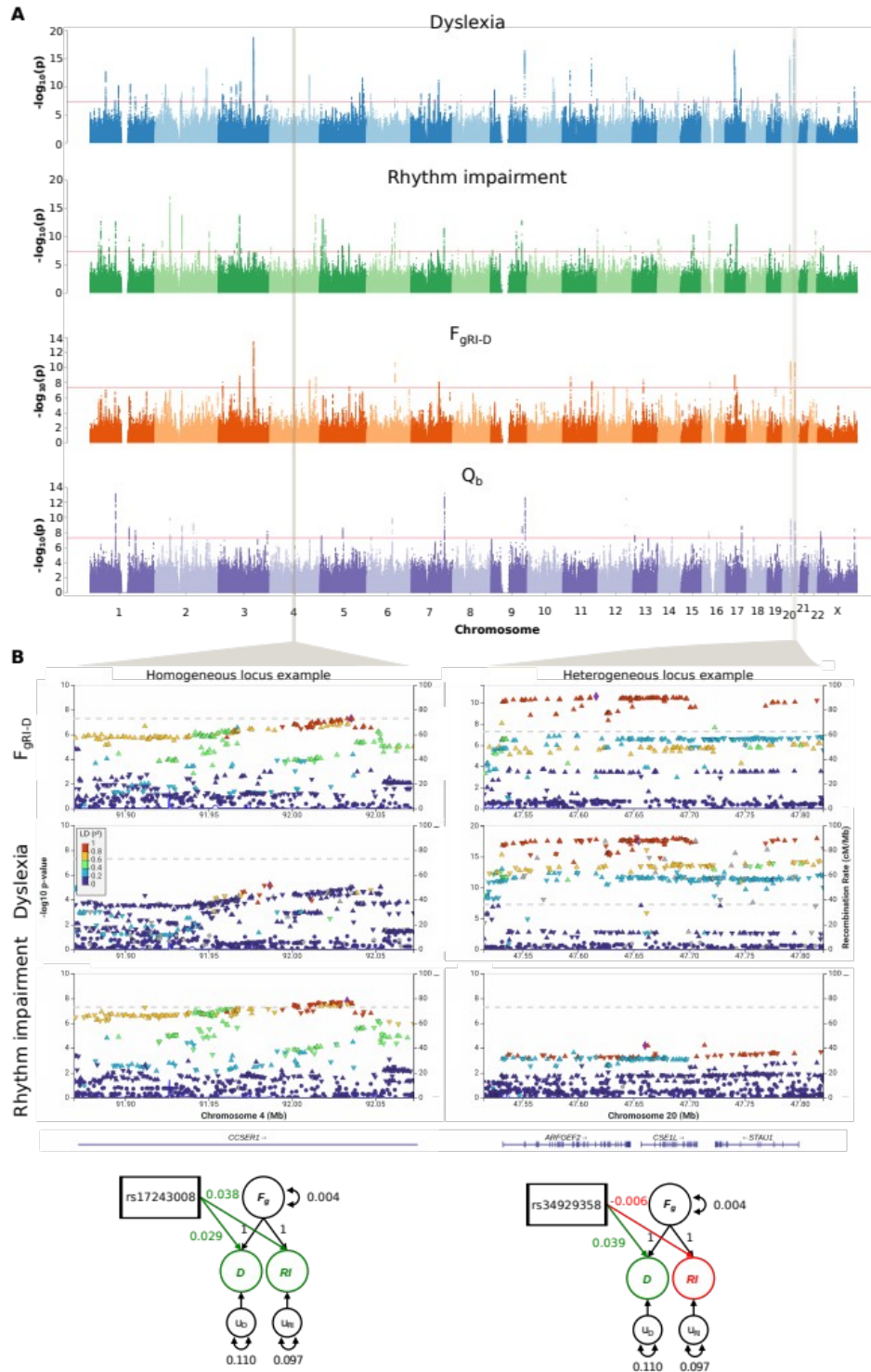
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649 **Fig. 2: Manhattan plots for univariate and multivariate GWASs and heterogeneity.**  
 650 **Examples of highly homogeneous and heterogeneous loci in  $F_{gRI-D}$  results. (A) Manhattan**

651 plots show  $-\log_{10}(P)$  values of dyslexia, rhythm GWASs,  $F_{gRI-D}$  mvGWAS and heterogeneity  
652 across dyslexia and rhythm impairment. GWAS and mvGWAS results were GC corrected. The  
653 red lines correspond to genome-wide significance threshold ( $P < 5 \times 10^{-8}$ ). **(B)** LocusZoom plots of  
654 example homogeneous and heterogeneous loci, identified according to  $Q_b$  p-values. SEM  
655 diagrams show effect sizes and directions of the selected SNPs for dyslexia and rhythm  
656 impairment, reflecting homogeneous vs. heterogeneous architecture of the example loci.

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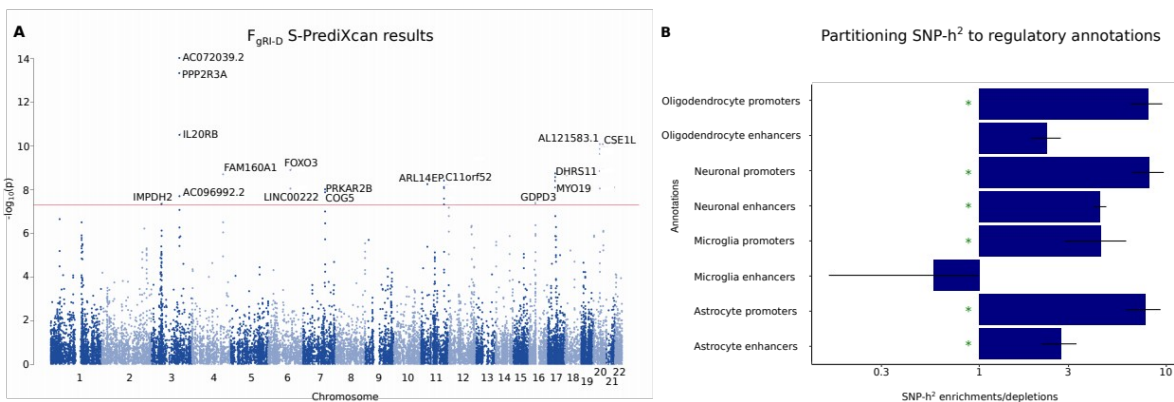
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675 **Fig. 3: S-PrediXcan and LDSC partitioned heritability results for 8 regulatory brain-cell**

676 **type annotations. (A)** Manhattan plot showing TWAS results on 13 brain tissue and whole-

677 blood tissues. Each dot corresponds to a gene-tissue pair. The most significant gene-tissue

678 association pair is shown for each gene. The red line corresponds to the genome-wide

679 significance threshold ( $P < 5 \times 10^{-8}$ ). **(B)** Barplots showing LDSC  $SNP-h^2$  enrichment/depletion

680 estimates for each of the 8 regulatory annotations. Green asterisk indicate significance after FDR

681 correction for 8 tests ( $P_{FDR} < 0.05$ ). Error bars represent standard errors.

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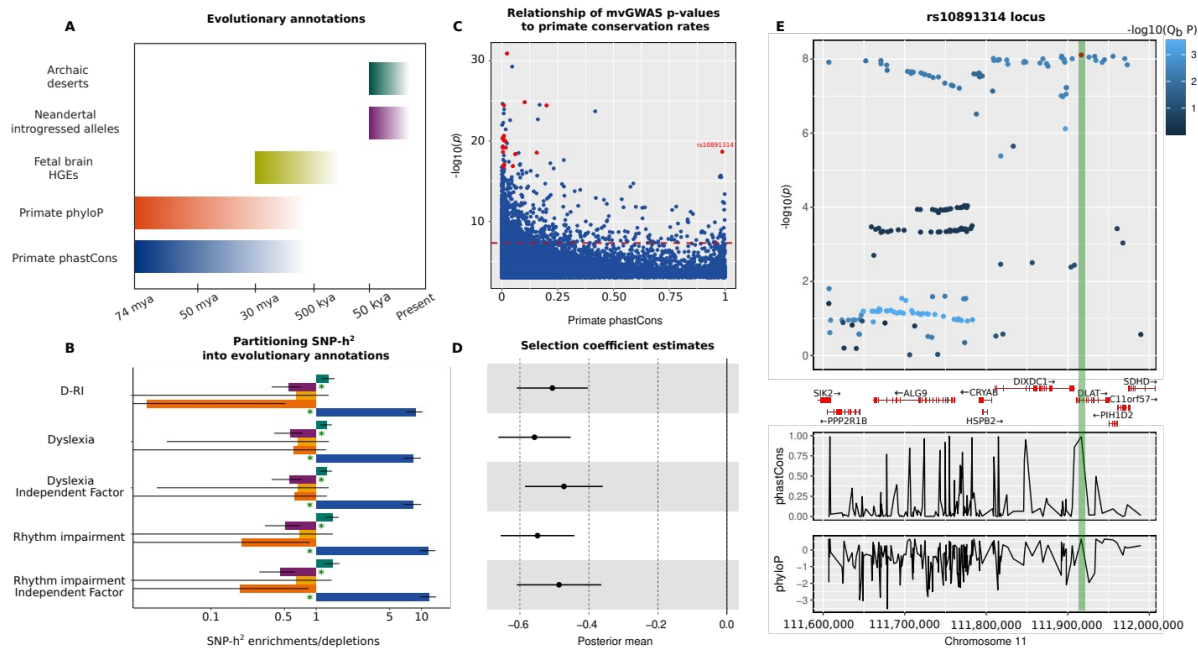
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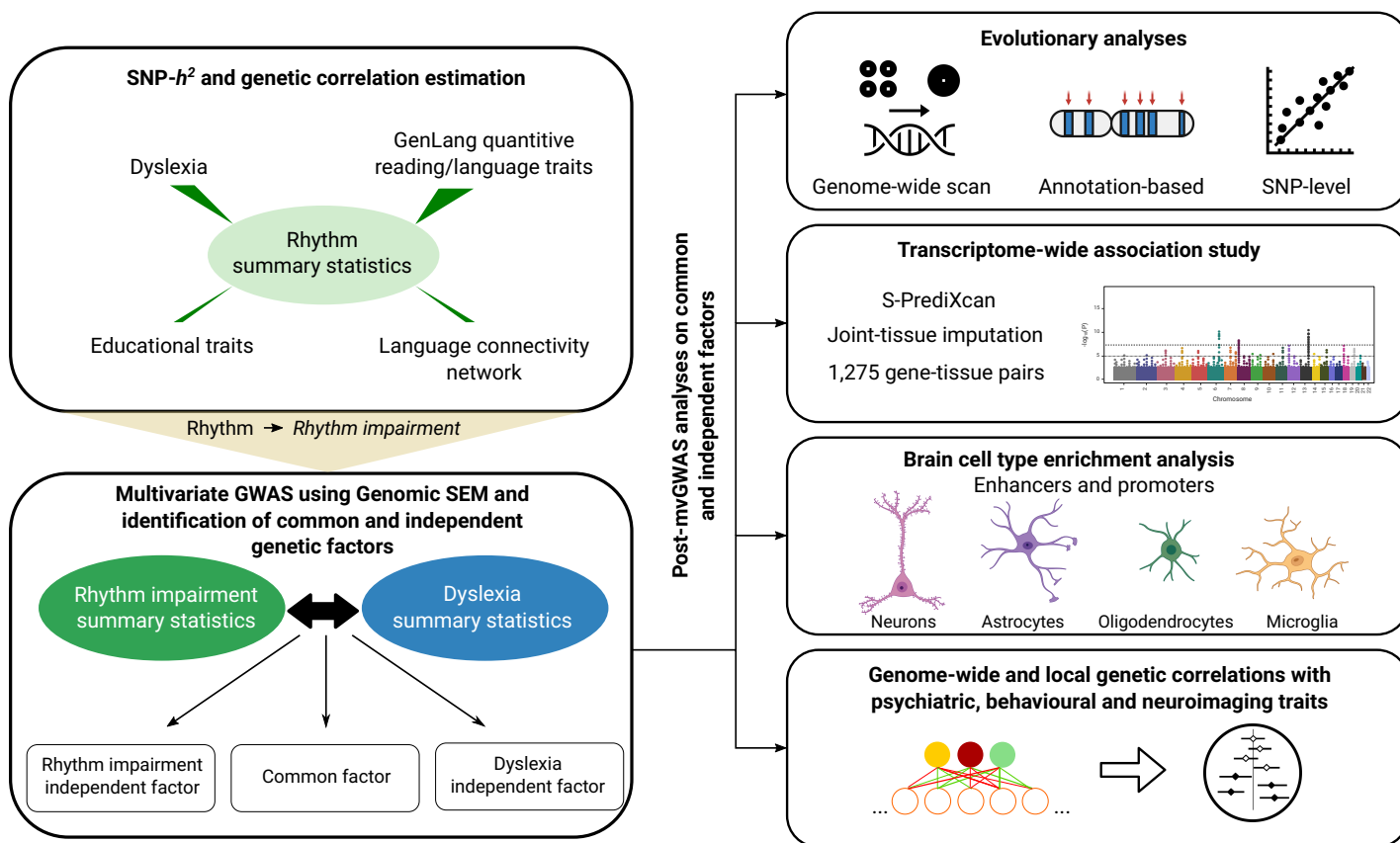
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693 **Fig. 4: Evolutionary analyses of dyslexia, rhythm impairment,  $F_{gRI-D}$  and independent**  
 694 **factors. (A)** Timescales covered by evolutionary annotations that we used. **(B)** LDSC partitioned  
 695 heritability estimates for each annotation-trait pair. Colour coding of the bars correspond to  
 696 annotations in panel A. Green asterisk indicate significance after FDR correction for 25 tests  
 697 ( $P_{FDR} < 0.05$ ). Error bars represent standard errors. **(C)** A scatter plot showing the association  
 698 between  $F_{gRI-D}$  mvGWAS  $-\log_{10}(P)$  values and primate phastCons scores. Lead SNPs in 17  
 699 genome-wide significant loci are highlighted as red data points (1 missing genome-wide  
 700 significant locus lead SNP does not have a phastCons score). The dashed red line indicates  
 701 genome-wide significance threshold ( $P < 5 \times 10^{-8}$ ). **(D)** GCTB SBayesS selection coefficient  
 702 estimates as posterior means. Error bars represent standard errors. **(E)** Results of a manual look-  
 703 up of the SNP rs10891314, showing its co-localization with *DLAT*. Colour coding reflects  $Q_b$   
 704 scores. PhastCons and phyloP panels below show patterns of primate conservation and  
 705 accelerated evolution along the haplotype.

**A**



**B**

