

1 **Transcranial Photobiomodulation on the Left Prefrontal** 2 **Cortex Enhances Mandarin Chinese L1 and L2 Complex** 3 **Sentence Processing Performances**

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35 **Highlights**

- 36 a. The first study that applies tPBM to (complex) sentence processing.
- 37 b. tPBM enhances sentence processing performances in both Mandarin L1 & L2 speakers.
- 38 c. tPBM directly enhances sentence processing without the interference of verbal WM.
- 39 d. A causal role of LPFC for sentence processing through active tPBM.
- 40 e. Opening up the promising application prospect for tPBM on sentence processing.

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Abstract

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This study investigated the causal effect of transcranial photobiomodulation (tPBM) over the left prefrontal cortex (LPFC) on syntactically complex Mandarin Chinese first language (L1) and second language (L2) sentence processing performances. Two (L1 and L2) groups of participants (thirty per group) were recruited to receive the double-blind, sham-controlled tPBM intervention, followed by the sentence processing, the verbal working memory (WM), and the visual WM tasks. Results revealed a consistent pattern for both groups: (a) tPBM enhanced sentence processing performance but not verbal WM and visual WM performance; (b) Participants with lower sentence processing performances under sham tPBM benefited more from active tPBM. Taken together, the current study substantiated that tPBM enhanced L1 and L2 sentence processing ability directly without verbal WM interference, and would serve as a promising and cost-effective noninvasive brain stimulation (NIBS) tool for future applications on upregulating the human language faculty.

Keywords: Transcranial photobiomodulation, Sentence processing, Second language, Working memory, Left prefrontal cortex, Noninvasive brain stimulation

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62 63 **1 Introduction**

64 The competence in processing sentences especially with complex syntactic structures is a
65 hallmark of human high-level cognition and is viewed as the core of human language faculty
66 (Dehaene et al., 2015; Fitch, 2014; Friederici, 2017; Goucha et al., 2017; Hauser et al., 2002;
67 Nelson et al., 2017). With the development of neurolinguistics, how the brain processes
68 language has been extensively investigated. Several brain regions have been proved to engage
69 in sentence processing [such as the left prefrontal cortex (LPFC; Friederici et al., 2006b;
70 Makuuchi et al., 2009; Meyer et al., 2012; Santi & Grodzinsky, 2010; Xu et al., 2020) and the
71 left posterior temporal cortex (LpTC; Ben-Shachar et al., 2004; Friederici et al., 2009; Goucha
72 & Friederici, 2015; Kinno et al., 2008; Obleser & Kotz, 2010)] and to manifest their functional
73 or anatomical plasticity across various kinds of participants [such as healthy participants &
74 patients (Barbier et al., 2019; Ilves et al., 2014; Thompson, 2019; Thompson et al., 2021),
75 young adults & elder adults (Mueller, 2009; Wingfield & Grossman, 2006), adults & children
76 (Davidson, 2010; Müller et al., 1999), first language (L1) speakers & second language (L2)
77 speakers (Davidson & Indefrey, 2009; Proverbio et al., 2002; Steinhauer & Kasparian, 2020;
78 Wang P. et al., 2021, 2022, Wei et al., 2024)].

79 Considering the significance of sentence processing and for the sake of improving its
80 abilities as well as relieving dysfunctions, intervention towards sentence processing ability has
81 already been followed with great interest for decades. Owing to the feasibility of shaping the
82 brain, the noninvasive brain stimulation (NIBS), which causes electrophysiological or
83 metabolic effects through physical or chemical approaches to alter brain activities, has become
84 a promising method of modulation towards language ability (Hussey et al., 2015; Minamoto et
85 al., 2014; Ohn et al., 2008; van der Burght et al., 2023). Not only towards patients with language

86 ability deficiency to restore the affected functions (Cotelli et al., 2011; Hartwigsen & Siebner,
87 2013; Thiel et al., 2013), NIBS is also expected to be applied on healthy adults with continual
88 neural plasticity. Although adults' language network is fully mature in both structure and
89 function, it also appears to remain plastic during the whole lifespan in the course that we
90 continue to learn and process various kinds of language information (either in L1 or L2; Li et
91 al., 2014; Schlegel et al., 2012; Stein et al., 2012; Wang P. et al., 2021). Moreover, healthy
92 adults with relatively small individual variance compared to patients can serve as an ideal case
93 to explore NIBS's modulatory effects (Hartwigsen et al., 2013; Qu Xin. et al., 2022). Therefore,
94 the investigation of NIBS's effects on L1 and L2 speakers' sentence processing ability holds
95 great significance and is supposed to arouse particular attention.

96 **1.1 The neuromodulation through tPBM**

97 Drawn on the technique of NIBS, the effect of neuromodulation on language ability has
98 been explored in the past decades mainly using transcranial electrical stimulation (tES) and
99 transcranial magnetic stimulation (TMS) (Cattaneo et al., 2011; Fertonani et al., 2010; Holland
100 et al., 2011). It is worth noting that a large body of tES and TMS studies were interested in the
101 explorations of the causal relationships between the target regions and the behavioral/neural
102 changes in healthy participants by utilizing inhibitory protocols (e.g., Sakreida et al., 2019;
103 Ware et al., 2021; Zhu & Snowman, 2020) while leaving the facilitatory/enhancement effects
104 underspecified. A recent meta-analysis also pointed out that the modulation effectiveness of
105 TMS on specific aspects of language ability (e.g., syntactic ability) was relatively limited (Qu
106 Xin. et al., 2022). Therefore, it is necessary to apply an alternative technique with a higher
107 availability of enhancement effect—transcranial photobiomodulation (tPBM)—to upregulate
108 language ability. The tPBM is a newly-developed NIBS technique and can regulate
109 mitochondrial respiration and cellular functions by shining red-to-near-infrared light (600–
110 1100 nm) on the cerebral cortex through the cranium, in a nondestructive and nonthermal
111 optical fashion, and specifically, the photochemical reaction within brain cells rests on that
112 complex IV of the mitochondrial respiratory chain is upregulated by absorbing photonic energy

113 to modulate cytochrome c oxidase (CCO), which results in the increased oxygen consumption
114 and adenosine triphosphate (ATP) formation (Barrett & Gonzalez-lima, 2013; Eells et al., 2004;
115 Tian et al., 2016; Urquhart et al., 2020; Wang X. et al., 2022; Wong-Riley et al., 2005). Since
116 brain physiology is dependent on oxygenation for energy utilization, tPBM can finally boost
117 brain cognition (Lee et al., 2023; Wang X. et al., 2022; Zhao et al., 2022; see Wang X. et al.,
118 2022 for more detailed information about tPBM functional mechanism).

119 Recently, tPBM applied on the human forehead has been evidenced to modulate the
120 prefrontal cortex (PFC) by improving the PFC-based cognitive functions in healthy adults,
121 elderly people, or patients with psychiatric and neurological disorders (Chao et al., 2020;
122 Kerppers et al., 2020; Qu Xiu. et al., 2022; Zhao et al., 2022; see Lee et al., 2023 for a
123 systematic review). The beneficial effect was found most robustly on PFC-modulated memory
124 ability (Barrett & Gonzalez-lima, 2013; Chan et al., 2021; Holmes et al., 2019; Hwang et al.,
125 2016; Qu Xiu. et al., 2022; Zhao et al., 2022). Barrett and Gonzalez-lima (2013) first conducted
126 a controlled study demonstrating that the performance on a delayed match-to-sample (DMS)
127 memory task was improved for tPBM stimulated group as opposed to the control (placebo)
128 group. Zhao et al. (2022) found that 1064-nm tPBM on the right PFC significantly enhanced
129 the visual working memory (WM) capacities in healthy adults and proposed the mediating
130 effect of electrophysiological activities. In addition, tPBM also produced enhancement for
131 attention, executive functions, and other PFC-based abilities according to recent studies
132 (Blanco et al., 2017; Chan et al., 2019; Moghadam et al., 2017; see also Lee et al., 2023 and
133 Salehpour et al., 2019 for systematic review and meta-analysis).

134 **1.2 PFC engagement in sentence processing**

135 When it comes to the cognitive functions of the prefrontal cortex, it is inevitable to involve
136 the critical high-level sentence processing competence (e.g., Friederici et al., 2003, 2006b,
137 2017; Jeon, 2014; Hagoort, 2013; Malik-Moraleda et al., 2022; Martins et al., 2019; Vigneau
138 et al., 2006). The processing of sentences is proposed to be based on the fundamental operation
139 of *merge*, a process defined by the Generative Linguistics to combine two syntactic objects into

140 a larger new constituent (Chomsky, 1995; Friederici, 2017; Miyagawa et al., 2013; Zaccarella
141 & Friederici, 2015). Such a computational ability to build up the syntactic hierarchies is
142 believed to play an essential role in human language faculty, which was found to be largely
143 dependent on the functions of the left inferior frontal gyrus (LIFG) within the ventral part of
144 LPFC (e.g., Chen et al., 2021a, 2023; Friederici, 2017; Friederici et al., 2006b; Jeon, 2014; Liu
145 et al., 2023; Makuuchi et al., 2009; Meyer et al., 2012; Santi & Grodzinsky, 2010; Zaccarella
146 et al., 2015, 2017a; see also Zaccarella et al., 2017b for the meta-analysis on the neurobiology
147 of merge). Zaccarella et al. (2015) provided evidence that Brodmann Area (BA) 44, a relatively
148 posterior part of LIFG, played the primary supporting role for merge when processing syntactic
149 phrases compared to word-list sequences. In addition, the activation of LIFG directly correlates
150 with the syntactic complexity as shown by the studies focusing on the processing of
151 noncanonical sentences involving word scrambling, syntactic movement, and multiple
152 syntactic embeddings (e.g., Ben-Shachar et al., 2004; Caplan et al., 2008; Friederici et al.,
153 2006b; Makuuchi et al., 2009, 2013; Meyer et al., 2012; Röder et al., 2002; Santi & Grodzinsky,
154 2010). Evidence of artificial hierarchical grammar processing from Chen et al. (2021a) and Liu
155 et al. (2023) further indicated that LIFG engages in the build-up process of syntactic hierarchies.
156 In particular, for the first time, Liu et al. (2023) found a significant correlation between the
157 signal intensity of the relatively posterior part of LIFG as identified in their artificial merge
158 grammar processing and the behavioral performances of natural complex sentence processing.
159 These studies, thus, converge on and underly the critical role of LIFG within the ventral LPFC
160 in merge during sentence processing as a syntactic engine.

161 **1.3 Hypothesis of two pathways of tPBM effects on sentence** 162 **processing**

163 From the perspective of LPFC's (esp., LIFG's) functions in sentence processing, it is of
164 great significance to test whether tPBM on LPFC could exert enhancement on sentence
165 processing performances in the current context of few explorations of tPBM on human
166 language faculty. Nevertheless, the processing of sentences (esp., complex sentences) would

167 inevitably maintain a number of sentence components active in verbal WM until the
168 construction of syntactic structure as well as the integration of syntactic and semantic
169 information are completed (Santi & Grodzinsky, 2007). The highly interactive relationship
170 between sentence processing and verbal WM has been certified by a myriad of studies (e.g.,
171 King & Kutas, 1995; King & Just, 1991; Makuuchi et al, 2009; Vos et al., 2001). The correlation
172 between verbal WM span and syntactic computational ability was found in both behavioral and
173 neurophysiological evidence (Just & Carpenter, 1992; McDonald, 2006; Vos et al., 2001;
174 Fiebach et al., 2004). Moreover, results from multiple neural localization studies emphasize the
175 engagement of LPFC underlying verbal WM functions (Fregni et al., 2005; Ohn et al., 2008;
176 Smith & Jonides, 1998). A further study (Makuuchi et al., 2009) proposed a picture in which
177 syntactic merge represented in the left pars opercularis (LPO) was segregated but highly
178 interconnected with the syntax-specific memory-related profile housed in the left inferior
179 frontal sulcus (LIFS). When it comes to the evidence that tPBM did benefit the WM ability,
180 two possible functional pathways of tPBM effect on sentence processing might emerge: one
181 hypothesizes that tPBM modulated sentence processing directly, independent of the WM
182 capacity, and the other assumes that the effect of tPBM on sentence processing should be
183 interfered by the verbal WM to a certain extent (Figure 1). Therefore, whether the tPBM on the
184 LPFC (esp., LIFG) would upregulate the sentence processing performances independently
185 awaited to be explored.

186

187 ---- insert Figure 1 about here----

188

189 **1.4 A developmental view of tPBM effects on sentence processing**

190 In order to detect the tPBM effect on sentence processing, healthy adults who are native
191 speakers of the target language with relatively small individual variance (compared to L2
192 learners with higher internal variance considering their differed language background, L2
193 proficiency level, age of acquisition, etc.) can serve as an ideal case and a starting point for the

194 initial exploration (Hartwigsen et al., 2013; Qu Xin. et al., 2022). Also, evidence showing the
195 large plasticity of L1 (Wang P. et al., 2021, 2022) speakers underlie the feasibility of
196 intervention towards the language ability on them.

197 Moreover, investigating tPBM effects on sentence processing ability from a language
198 developmental view is also of our primary interest, which could further guide applications of
199 tPBM on groups struggling with language ability deficiency in the near future. Among a wide
200 range of people facing problems with sentence processing, L2 learners who have normal non-
201 language ability (e.g., attention and executive function; compared to patients) enable us to
202 make further investigations, by which the confounding effects brought by the non-language
203 factors could be controlled to a relatively low extent. From recent studies, L2 learners were
204 found to process sentences also with LPFC (esp., LIFG) highly involved, which suggested that
205 L1 and L2 speakers share a common brain area in LPFC to accomplish sentence processing
206 (e.g., Chen et al., 2019, 2021b; Golestani et al., 2006; Jeon & Frederici, 2013; Mueller et al.,
207 2014; Nakagawa et al., 2022; Nachi & Sakai, 2009; Sakai et al., 2009; Tao et al., 2021;
208 Umejima et al., 2021; Wartenburger et al., 2003). Specifically, Chen et al. (2019, 2021b)
209 proposed that native Korean speakers showed significant activation in posterior LIFG when
210 reading artificial sentences generated by the Chinese-like grammar based on word category
211 information. Wartenburger et al. (2003) found that the late bilinguals induced greater activation
212 when processing L2 sentences in LPFC than the early ones and even than when they processed
213 L1. A recent study on Japanese English learners (Nakagawa et al., 2022) dissociated the brain
214 areas responsible for semantic from syntactic processing and pointed out that LIFG is involved
215 in grammatical encoding in the process of phrase production. Meanwhile, a study of NIBS
216 revealed that L2 learners' ability of syntactic processing showed plasticity and could be
217 enhanced through stimulating LIFG (de Vries et al., 2010). Therefore, it is reasonable to
218 hypothesize that tPBM on LPFC could show enhancement effects on sentence processing for
219 L2 learners as well.

220 Furthermore, when it comes to the two hypothesized effective pathways of tPBM as
221 mentioned in Section 1.3, questions appear pronounced whether L1 speakers and L2 learners
222 would show parallel or divergent patterns of the tPBM effect on complex sentence processing.
223 One may predict that L1 speakers and L2 learners might differ in the effective pathway of
224 tPBM on sentence processing (see section 1.3). The WM for L2 elements (i.e., the WM to hold
225 various language information of L2 in mind) is less efficient and its ability is obviously worse
226 than the homologue of L1 speakers, such that the sentence processing in L2 demands WM to a
227 larger extent (Ardila, 2003; McDonald, 2006).

228 **1.5 The present study**

229 This study aimed to explore the tPBM enhancement effects on complex sentence
230 processing in both L1 and L2 participants after the stimulation on LPFC. Complex sentences
231 with relative clauses (RC) embedded are challenging even for the L1 healthy adults and were,
232 therefore, used as sentence processing materials in the current study (see also Wang P. et al.,
233 2021, 2022). Meanwhile, to test the aforementioned two-pathway hypothesis of tPBM effects,
234 a verbal WM task was also developed in the present study. Additionally, to test whether tPBM
235 effects on LPFC are domain-specific, a visual WM task, which has already been certified
236 unrelated to LPFC (Zhao et al., 2022), was manipulated as a control task in the current study.
237 By recruiting Mandarin Chinese L1 speakers and L2 learners, the present study investigates
238 the following questions:

- 239 (a) Can tPBM on LPFC facilitate sentence processing?
240 (b) If the answer to question (a) is yes, whether the effect of tPBM directly applies to
241 sentence processing or with the modulation on verbal WM as an intervention?
242 (c) What is the relationship of the tPBM effective pathway (see section 1.3) between L1
243 and L2 groups?

244 Answers to these questions could be instructive to the utilization of tPBM on the
245 upregulation of sentence processing and provide profound insights into the functional neural
246 plasticity of L1 and L2 sentence processes.

247 **Data availability**

248 The data files, lists of materials, and codes of data analyses can be downloaded via the
249 Open Science Framework at <https://osf.io/e35ac/>.

250 **2 Methods**

251 **2.1 Participants**

252 Thirty Mandarin Chinese native speakers (14 males, 22.47 ± 1.74 years) and thirty
253 Mandarin Chinese L2 learners whose native languages were Thai or Vietnamese (7 males,
254 21.97 ± 2.92 years; 6 Thai and 24 Vietnamese) participated in the current study. Thai and
255 Vietnamese are both head-initial languages with postnominal RC locations with regard to the
256 language typology, which mirrors the order of relative clause and head noun in Chinese¹ (Chu,
257 2020; Liu, 2019; Mao, 2018). Therefore, we recruited these participants from similar language
258 backgrounds under the perspective of complex sentence processing. All Mandarin L2 speakers
259 were overseas students studying in mainland China during the sessions of experiment, whose
260 Chinese proficiency had reached the intermediate or advanced level of the HSK (i.e., Hanyu
261 Shuiping Kaoshi, a standardized Chinese proficiency test, ranging from bands 1 with low
262 proficiency to 6 with advanced proficiency) band-4 or above. All L2 participants completed a
263 questionnaire of language background additionally. They began to learn Chinese as a second
264 language at an average age of 16.25 ± 4.19 years and the mean length of learning was $5.32 \pm$
265 3.67 years. They all reported Mandarin Chinese as the second most familiarized language after
266 their mother tongues.

267 All participants were right-handed, with normal or corrected-to-normal vision and no
268 color blindness or color weakness. None of them reported reading difficulty or any history of
269 psychiatric or neurological diseases. They all signed the consent prior to the experiment and
270 received a monetary reward afterward. This study was approved by the Ethics Committee of

¹ The control of L2 learners' mother tongues aimed to increase the typological differences between Chinese and their L1s so that they could process L2 sentences in a distinctive fashion from L1, which could diminish the confounding effect brought by the syntactic similarity.

271 Beijing Normal University. Data from four participants (two L1 participants and two L2
272 participants) were excluded because of the relatively lower data quality (i.e., more than 20%
273 of the trials were missed for not pressing keys on the keyboard) or of the unaccomplishment of
274 the whole experiment. Therefore, twenty-eight L1 participants' (13 males, 22.36 ± 1.73 years)
275 and twenty-eight L2 participants' (6 males, 22.00 ± 2.99 years) data remained as valid and were
276 entered into subsequent formal analyses.

277 **2.2 Materials**

278 **---- insert Figure 2 about here----**

279

280 Materials for sentence processing task, verbal WM task, and visual WM task were
281 prepared respectively. The detailed settings of experimental materials for each task were
282 delineated as follows.

283 **Sentence processing materials.** Syntactically complex sentences containing relative
284 clause (RC) were adopted for sentence processing task. RC is a kind of subordinate clause that
285 modifies a head noun and is embedded within a noun phrase. In Chinese, a language with head-
286 final RC pattern, noun phrase containing RC has a structure of “inflection phrase + De (的,
287 complementizer) + head noun”. For example, in “支持花花的小孙帮助老张 (literal glosses:
288 support Huahua de Xiaosun know Laozhang; translation: Xiaosun who supports Huahua helps
289 Laozhang)”, “支持花花的小孙” is a noun phrase with a RC of “支持花花的”. “小孙” is
290 extracted from the clause and leaves a gap. “小孙” is coindexed with the gap and is called the
291 filler because it should fill the gap (Figure 2A). To comprehend this kind of sentences needs
292 reordering and integration across a long-distance filler-gap dependency, necessary for
293 hierarchical syntactic building. Thus, sentences with RCs contain great complexity of syntactic
294 computation, the processing of which highly involves LIFG (Santi & Grodzinsky, 2010; Xu et
295 al., 2020) and is assumed by the present study to show high potential to be modulated by tPBM
296 on LPFC.

297 In order to increase the variation of the materials, a total of 72 complex sentences
298 containing RCs were generated, including 36 sentences with subjective relative clauses (SRC)
299 and 36 sentences with objective relative clauses (ORC) embedded at either subject or object
300 positions of the main clauses. Specifically, 12 two-syllable verbs selected from HSK-4
301 vocabulary syllabus and 12 two-syllable common names (i.e., nouns) from HSK textbooks
302 were used to build all complex sentences. Moreover, word frequencies and the frequencies of
303 collocation between two nouns/verbs or a noun and a verb were carefully controlled so that
304 participants were unable to process the sentences or make judgements with any possible
305 strategies unrelated to language processing. Following Xu et al. (2020) and Liu et al. (2023), a
306 probing statement of thematic relation (i.e., the relation of “who did what to whom”) was
307 attached to each sentence trail for the correctness judgement to detect participants’ performance
308 of syntactic processing (Figure 2A). The probing sentences were also controlled regarding the
309 collocation frequencies between words and the frequencies of probing verbs with respect to
310 their location (i.e., in main clauses or relative clauses), with half being correct/incorrect.

311 **Verbal WM materials.** The verbal WM task aimed to detect the linear memory ability
312 without hierarchical processing, such that the stimuli in verbal WM task were generated
313 matching the linear word sequential pattern of sentence processing stimuli (Chen et al., 2023;
314 Liu et al., 2023; Zaccarella et al., 2017b). 6 nouns or 6 verbs were arranged in linear sequences
315 to form a noun list or a verb list (Figure 2B). This task shared the same pool of words with the
316 sentence processing task. A total of 36 noun lists and 36 verb lists were generated. The
317 frequencies of word appearance and collocation were also controlled. The probing statement
318 for word list trial was like “帮助-5?”, which asked participants to judge whether “帮助”
319 appeared at the fifth position of the word list (Figure 2B). Half of the probing statements were
320 correct/incorrect. The questioned words and their locations in the sequence were also balanced.

321 **Visual WM materials.** An orientation WM accuracy task was applied to assess the ability
322 of visual working memory by requiring participants to remember the orientations of a set of
323 items. The stimuli of the visual WM task were presented on the screen with a black fixation
324 point surrounded by different number of bars (2° in length and 0.5° in width). All bars were

325 presented within two $4^\circ \times 7.3^\circ$ rectangular regions that were centered 3° to the left and right of
326 the central fixation point ($0.4^\circ \times 0.4^\circ$). Visual WM task consisted of two experimental
327 conditions (load 2 and load 6) and a catch trial condition. For two experimental conditions, one
328 or three bars were placed on each hemifield left or right to the fixation point for load 2 or load
329 6 condition. The orientation of bars was set at random between 0° and 180° but any two bars
330 on the same screen were at least 20° apart (Figure 2C).

331 **2.3 tPBM Protocol**

332 **---- insert Figure 3 about here----**

333

334 The 1064-nm tPBM stimulation was conducted using a diode-pumped solid-state laser
335 with a linewidth of ± 1 nm (Model JL-LS-100 developed by Jieliang Medical Device Inc.,
336 Jiangxi, China). The 150 mW/cm^2 power density dosage of the laser beam was adopted, with
337 total area of 13.57 cm^2 , resulting a continuous power output of 2036 mW. The energy emitted
338 by the laser diode at this setting was only 15% of the Maximum Permissible Exposure (MPE)
339 to the skin (i.e., 1.0 W/cm^2) according to the ANSI Z136.1-2014 standard, with no adverse
340 effects detected from previous studies (Wang X. et al., 2022). The laser device was handheld,
341 and participants were instructed to wear protective eyewear provided by the laser device
342 manufacturer to protect their eyes from laser light. The stimulation site is shown by Figure 3A,
343 the edge of which is along the eyebrow and hairline on the left forehead. In reference to the
344 standard 10-20 EEG electrode placement system, the area stimulated roughly covered the
345 ventral area of LPFC (i.e., LIFG). Both active and sham tPBM stimulation lasted for 16 min.
346 No laser beam was emitted during sham sessions. The ambient noise (mainly caused by the
347 cooling fan in the machine) was the same for sham or active sessions.

348 **2.4 Procedures**

349 **2.4.1 Experimental procedure**

350 The current study adopted a double-blind, sham-controlled tPBM experimental protocol.
351 Specifically, each participant completed two experimental sessions separated by at least seven
352 days to minimize the practice effect. One sham (placebo) stimulation session and one active
353 stimulation session were performed respectively, the order of which was randomized and
354 counterbalanced across participants (Figure 3B). The purpose and design of the current
355 experiment were covered up towards participants.

356 At the beginning of each experimental session, participants performed training tasks first
357 to ensure all of them could reach above the chance level of accuracy of all tasks. 16-min tPBM
358 treatment was conducted then, during which participants were required to keep awake and mute.
359 Three tasks were performed with counterbalanced order across participants immediately after
360 the tPBM treatment. All participants reported no feelings or only minor feelings of tPBM
361 treatment. At the day after the second session, participants were required to report or guess
362 which session they thought to be the active stimulation session (Figure 3B). Results showed
363 that participants guessed below the chance level (hit = 35.71%; miss = 32.14%; uncertain =
364 32.14%), suggesting that they were not aware of the condition of active or sham tPBM
365 stimulation.

366 **2.4.2 Procedures of tasks**

367 As for sentence processing task and verbal WM task, stimuli were presented through E-
368 Prime version 3.0 (Psychology Software Tools, Inc., Pittsburgh, PA, USA). Specifically,
369 complex sentences and word lists were presented word by word, with one word for 500 ms
370 followed by a 100-ms blank. Attached to each sentence or word list, a probing statement were
371 presented in whole sentences and lasted for a maximum of 3 s. Participants were instructed to
372 judge the statement's correctness and to press the corresponding buttons on the keyboard. The

373 screen for probing statements terminated immediately after the participants press the button
374 and was followed by a 1000-ms intertrial interval (ITI) (Figure 3C). Complex sentences were
375 presented in a pseudorandom order [i.e., sentences of the same RC type (ORC or SRC) would
376 not appear in more than three times consecutively]. Similarly, no more than three noun or verb
377 word lists would appear consecutively in a pseudorandom order in verbal WM task.

378 In the visual WM task, the screen of memory encoding was presented for 500 ms and
379 followed by a 1000-ms blank screen of delay. Next, the probing screen was presented for at
380 most 5 seconds with a rotatable bar appearing at any position of two or six bars among the
381 encoding arrays. Participants were instructed to adjust the bar with the mouse to the orientation
382 according to their memory of the coded bars and press the left button. For the catch trial
383 condition, a fixed bar with random orientation would lie across on the fixation point with
384 another rotatable bar presented at a random place aside from the fixation point. Participants
385 needed to adjust the orientation of the rotatable bar parallelly to the fixed bar in at most 5
386 seconds and press the left button of the mouse (Figure 3C). All screens of visual WM task were
387 presented using Psychtoolbox version 3.0.19 (Kleiner et al., 2007) in Matlab version R2020b
388 (MathWorks Inc., Natick, MA). The whole run of this task consisted of 5 blocks with 240 trials
389 in total (96 of load 2, 96 of load 6, and 48 catch trials in random order). Participants could have
390 a rest between two blocks.

391 **2.5 Data Analyses**

392 The data of accuracy (ACC) and response time (RT) of true/false judgement were directly
393 recorded in sentence processing task and verbal WM task. As for the visual WM task, the
394 differences between the real orientation of the bar and response orientation and RTs were
395 collected firstly. To unify the dependent variable calculated from every task, the accuracy data
396 was acquired further. Owing to the setting of 20° apart between any two bars, the response to
397 one trial was classified as correct (i.e., ACC = 1) if the difference was between $\pm 20^\circ$.

398 To avoid accuracy (ACC) - response time (RT) trade-offs, a measure of *overall*
399 *performance* was used, which weighted the RT with the error rate (ER) according to the formula:

400 $P = RT(1 + 2ER)$, in which ER was equal to “ $1 - ACC$ ” (Lyone et al., 2014). This measure
401 could be interpreted as an adjusted RT penalized for inaccurate performances, where a higher
402 value indicates worse performance (Lyons et al., 2014). The behavioral changes between sham
403 and active conditions (i.e., the behavioral advantages brought by tPBM effect) were acquired
404 by the differences of P ($\Delta P = sham - active$) between the two stimulation conditions. The data
405 of each group in the current research was interpolated according to the box plot. Outliers which
406 were beyond $Q1 - 1.5 * IQR$ or $Q3 + 1.5 * IQR$ were interpolated by the values of $Q1 - 1.5 * IQR$
407 or $Q3 + 1.5 * IQR$ correspondingly. This method of data cleaning could reduce the effect of
408 extreme values while keeping the data distribution relatively stable.

409 To certify the global effectiveness of tPBM modulation on the two groups, tests of 2-way
410 mixed-effect repeated-measure analysis of variance (ANOVA) with stimulation condition
411 (sham and active) and group (L1 and L2) as factors was performed on P for each task. Given
412 the common practice to group participants depending on high and low cognitive capacities in
413 neuromodulation studies, which usually found that cognitive ability improvement existed
414 mainly or more robustly for individuals with lower original capacity (Hsu et al., 2014; Tseng
415 et al., 2012), the analyses with the same purpose were conducted in the current study in case
416 tPBM showed a significant enhancement. Nevertheless, we did not simply group participants
417 in subgroups of low and high primal capacity considering the fact that the proportion of orders
418 of tPBM sessions the participants were assigned with (i.e., sham stimulation first or active
419 stimulation first) could be unbalanced in different subgroups. A correlation analysis between
420 initial performance (i.e., P on sham condition) and the change of performance (ΔP) was
421 performed instead, which could certify the correlation if the lower initial performance
422 correlated larger change of performance after tPBM stimulation.

423 The statistical tests in the current study were accomplished through JASP version 0.17.2.1
424 (<https://jasp-stats.org/>) and R version 4.3.1 (R Foundation for Statistical Computing, Vienna,
425 Austria; <https://www.R-project.org/>).

426 **3 Results**

427 **3.1 tPBM over LPFC enhanced sentence processing performance** 428 **in both L1 and L2 participants**

429 ---- insert Figure 4 about here----

430

431 For sentence processing task, the results of 2-way mixed-effect ANOVA (Figure 4A)
432 showed a significant main effect of stimulation condition [$F(1, 54) = 10.931, p = 0.002, \eta_p^2 =$
433 0.168]. Specifically, compared with sham tPBM stimulation condition, the performance on the
434 active session was significantly better with lower P value (sham: 2556.09 ± 733.21 ms; active:
435 2343.36 ± 674.59 ms), suggesting the increased performances of complex sentence processing
436 both for L1 and L2 group due to tPBM. The follow-up paired sample t test revealed that the
437 active tPBM enhanced sentence processing performance for both L1 [$t(27) = 2.085, p = 0.047,$
438 Cohen's $d = 0.394$; sham = 2104.35 ± 442.42 ms, active: 1948.92 ± 395.06 ms] and L2 [$t(27)$
439 $= 2.575, p = 0.016,$ Cohen's $d = 0.487$; sham = 3009.46 ± 688.90 ms, active: 2737.80 ± 669.50
440 ms] groups. In addition, the ANOVA also manifested the strong main effect of group factor [F
441 $(1, 54) = 38.592, p < 0.001, \eta_p^2 = 0.417$], such that L1's performance (2026.63 ± 422.91 ms)
442 was much better than L2 (2873.63 ± 686.88 ms), suggesting the different ability with regard to
443 language proficiency. Moreover, the null result of interaction effect of ANOVA [$F(1, 54) =$
444 $0.809, p = 0.372, \eta_p^2 = 0.015$] revealed that L1 and L2 groups showed similar extent to be
445 enhanced by tPBM.

446 **3.2 tPBM over LPFC failed to enhance working memory** 447 **performance**

448 Similarly, a 2-way mixed-effect ANOVA was performed with stimulation condition (sham
449 and active) and group (L1 and L2) as factors on the verbal working memory task (Figure 4B).
450 However, no stimulation condition main effect [$F(1, 54) = 1.835, p = 0.181, \eta_p^2 = 0.033$] or
451 interaction effect [$F(1, 54) = 0.223, p = 0.639, \eta_p^2 = 0.004$] between group and stimulation

452 condition could be identified. This result suggested that active tPBM on LPFC (esp., LIFG) did
453 not benefit the performance on verbal working memory as opposed to sentence processing for
454 both L1 and L2 groups. Considering the discrepant coding difficulty toward Chinese words
455 between L1 and L2, the main effect of group was pronounced [$F(1, 54) = 12.914, p < 0.001,$
456 $\eta_p^2 = 0.193$], such that L1 reached better performance (1903.58 ± 371.30 ms) with lower P
457 value when compared to L2 (2312.63 ± 564.48 ms).

458 As for the visual working memory task which was manipulated as a non-language control
459 in the current study, a 2-way mixed-effect ANOVA showed null effects either for group main
460 effect [$F(1, 54) = 0.549, p = 0.462, \eta_p^2 = 0.004$], stimulation condition main effect [$F(1, 54) =$
461 $0.016, p = 0.899, \eta_p^2 = 0.010$], or the interaction between them [$F(1, 54) = 0.234, p = 0.631,$
462 $\eta_p^2 < 0.001$] (Figure 4C) as expected. The current results revealed the fact that the tPBM
463 stimulation on LPFC exerted little effect on visual working memory regardless of groups of
464 participants. Furthermore, the two groups showed similar performance on visual working
465 memory task in contrast to the two language-related tasks above.

466 **3.3 Inability to process complex sentences predicts large tPBM** 467 **benefits**

468 ---- insert Figure 5 about here----

469
470 To test whether the extent of tPBM boost related to the primal performance in sentence
471 processing task, a correlation task between P on sham condition and ΔP was conducted. Given
472 that the initial performances between sentence processing task and the other two tasks were
473 highly correlated (sentence processing & verbal WM tasks: Pearson's correlation $r = 0.700, p$
474 < 0.001 , Figure 5A; sentence processing & visual WM tasks: Pearson's correlation $r = 0.281,$
475 $p = 0.036$, Figure 5B), the Pearson correlation analysis between initial performance (i.e., P on
476 sham condition) and the change of performance (ΔP) was conducted with initial performance
477 of verbal working memory task and visual working memory task partially out, which could
478 provide the reliable evidence of the correlation. As expected, the initial performance on the

479 sentence processing task was positively correlated with the chance of performance (sham -
480 active) on the same task (Pearson's correlation $r_{\text{partial}} = 0.384$, $p = 0.004$; Figure 5C).

481

482 **4 Discussion**

483 In the present study, we mainly applied tPBM to L1 and L2 sentence processing task(s)
484 with verbal WM task and visual WM task additionally involved, aiming to investigate the
485 tPBM effect on sentence processing and figure out the possible effective pattern interfered by
486 WM in L1 speakers and L2 learners. Results showed that tPBM on LPFC selectively enhanced
487 the sentence processing performances rather than the WM task performances reflecting the
488 verbal or the visual WM capacities in both L1 and L2 groups, and the current results did not
489 support an interfering role of verbal WM in-between the tPBM stimulation and the modulation
490 on sentence processing. In sentence processing task, making judgments on probing statements
491 of thematic role assignment required reordering and integration of sentential elements
492 (Friederici, 2017; Xu et al., 2020), thereby the overall performance (indicator combining the
493 ACC and RT) of sentence processing task could reliably reflect the sentence processing ability.
494 Together, our results supported the direct effective pathway of tPBM effect on sentence
495 processing performances both for L1 and L2 speakers and demonstrated that tPBM could
496 enhance sentence processing ability without the interference of WM. The null results of the
497 interaction effect between the group and stimulation type factor validated that L1 and L2
498 showed similar patterns of modulation. Moreover, the non-significant results of tPBM on WM
499 capacities suggested that tPBM on LPFC (esp., the ventral part of LPFC covering the LIFG)
500 was specific to language (esp., complex sentence) processing. Specifically, L1 and L2 differed
501 in language-related tasks (sentence processing task and verbal WM task) but not in the
502 nonverbal task of visual WM, indicating that L1 and L2 matched on nonverbal task so that the
503 parallel pattern of modulation between L1 and L2 was consolidated. In the sentence processing
504 task, we further found that participants with worse initial performance received more
505 enhancement through tPBM such that the inability to process complex sentence can predict

506 large tPBM benefits, which is consistent with the results from prior neuromodulation studies
507 (Hsu et al., 2014; Tseng et al., 2012).

508 **4.1 The effect of tPBM on sentence processing ability without** 509 **WM's interference**

510 With converging evidences showing that tPBM reveals enhancement towards cognitive
511 abilities such as WM, attention, and executive functions, tPBM has been acknowledged as a
512 promising NIBS technique for neuromodulation (Barrett & Gonzalez-lima, 2013; Blanco et al.,
513 2017; Chan et al., 2019, 2021; Holmes et al., 2019; Hwang et al., 2016; Moghadam et al., 2017;
514 Qu Xiu. et al., 2022; Zhao et al., 2022). The current study not only extended tPBM's application
515 to the high-level cognitive ability specific to human beings—sentence processing ability by
516 using the sentence processing task in L1 and L2 groups but also scrutinized the relationships
517 between language and WM capacities on the basis of neuromodulation. In the sentence
518 processing task, participants needed to reorder sentential elements in RCs with syntactic
519 movement and then to construct hierarchical structures, which cost a high load of syntactic
520 computation (Friederici, 2017; Xu et al., 2020). Combined with our results indicating that the
521 ability of sentence processing through syntactic merge operation could be significantly
522 enhanced, it became a novel complementary finding that in general, the metabolic and
523 hemodynamic changes induced by tPBM on LPFC could also boost one of the highest-level
524 cognitions of human-beings—language faculty. Furthermore, our results showed that tPBM
525 only came into effect in sentence processing task instead of WM tasks, which revealed the
526 direct pathway of tPBM effect on sentence processing ability with no potential interference of
527 WM. To note, the selective tPBM enhancement pattern did not deny the contribution of verbal
528 WM ability to sentence processing as discussed to a large extent in the prior relative studies
529 (Caplan & Waters, 1999; Grossman et al., 2002; Makuuchi et al., 2009; Meyer et al., 2012;
530 Santi & Grodzinsky, 2007). Nevertheless, the present study revealed that tPBM could enhance
531 sentence processing ability directly through stimulating LPFC, thus providing reliable evidence
532 that such an enhancement should not be caused by a general increase of the verbal working

533 memory capacity as a by-product. Hence, this study is in support of the functionally-specific
534 role of the ventral LPFC (esp., LIFG) on language/sentence processing.

535 It has already been proposed that LPFC is actively involved in different forms of
536 hierarchical processing, in which BA 44 in LIFG may play an integral and essential role in the
537 process (Jeon, 2014). LIFG was further delineated as the region responsible for the merge
538 operation of sentence processing in several recent neurolinguistic studies, in which sentence
539 processing was compared to word list (where syntax is subtracted away) processing in order to
540 purify the neural basis of merge (Snijders et al., 2009; Zaccarella et al., 2017a; Wu et al., 2019).
541 Meanwhile, the LIFG's engagement was found not only in inflecting languages like German
542 (Zaccarella et al., 2017a) or Dutch (Snijders et al., 2009), but also in Chinese and other
543 languages devoid of morphological inflections (Chen et al., 2023; Wu et al., 2019). For instance,
544 Wu et al. (2019) compared the two-word Chinese phrase consisting of a determiner and a
545 classifier to the two-word list consisting of two classifiers and found that LIFG (specifically
546 BA 44 and BA 45) was significantly activated in the process of phrase building. These findings
547 converged on the notion that LIFG's engagement in sentence processing was cross-lingual
548 (Chen et al., 2023; Wu et al., 2019). Along with natural language, artificial grammar was also
549 exploited to investigate the neural basis of the hierarchical building, through which the
550 semantic confounders could be excluded and all critical variables could be better controlled
551 across the participants (Friederici, 2011; Gómez & Gerken, 2000; Jeon, 2014; Uddén & Männel,
552 2018). Similarly, studies with diverse types of artificial grammars also pinpointed that LIFG is
553 working as a combinatorial engine where words were merged together and sentences were built
554 (e.g., Bahlmann et al., 2008; Chen et al., 2021a; Friederici et al., 2006a; Liu et al., 2023).
555 Furthermore, studies of NIBS provided us with causal evidence of the relationship between
556 LIFG and sentence processing ability (de Vries et al., 2010; Kuhnke et al., 2017; Meyer et al.,
557 2018; Sakai et al., 2002; Uddén et al., 2017). TMS was adopted in Kuhnke et al. (2017) to
558 suggest the causal involvement of LIFG in reordering during sentence processing. De Vries et
559 al. (2010) found Broca's area (BA44/45 in LPFC) was causally related to the ability to detect
560 syntactic violations in artificial grammar by means of transcranial direct current stimulation

561 (tDCS). Given that the stimulation site of tPBM of the present study is on the ventral part of
562 LPFC, mainly covering the LIFG, our results provided new evidence for a causal role of LPFC
563 (esp., LIFG) for sentence processing (possibly complex syntactic processes), through the
564 positive intervention effect of tPBM for the first time.

565 **4.2 L1 and L2 participants showed similar pattern of modulation**

566 One of our most interested research questions is whether L2 learners could exhibit a
567 similar tPBM enhancement pattern on sentence processing as in L1 speakers. The current study
568 found that L2 showed a similar pattern of modulation with L1 speakers, with sentence
569 processing ability improved after tPBM stimulation but not for WM tasks. These results are in
570 line with the notion that sentence processing in L1 and L2 both involved LIFG. Studies have
571 shown that LIFG plays an integral part in L2 sentence processing and yields large plasticity
572 (e.g., Chen et al., 2019, 2021b, 2023; de Vries et al., 2010; Luke et al., 2002; Nakagawa et al.,
573 2022; Wartenburger et al., 2003). Results from studies adopting natural language materials
574 converged on the fact that LIFG was required in the course of sentence processing and learning
575 (Luke et al., 2002; Musso et al., 2003; Nakagawa et al., 2022; Sakai et al., 2004; Wartenburger
576 et al., 2003; Yusa et al., 2011). Specifically, Nakagawa et al. (2022) pinpointed the role of LIFG
577 for hierarchical syntactic processing by involving English L2 learners whose native language
578 was Japanese. A study of L2 learning from Sakai et al. (2004) substantiated the neural plasticity
579 by showing that the activation of LIFG was boosted after 2-month L2 (English) training and
580 practicing. The evidence from late L2 learners even found activation of LPFC to a higher extent
581 than their L1 processing when participants read L2 sentences, showing that lower language
582 proficiency led to higher brain calling (Luke et al. 2002; Wartenburger et al., 2003). The
583 artificial grammar learning paradigm provided us with more insights into the neural basis of
584 L2 syntactic learning (Bahlmann et al., 2008; Chen et al., 2019, 2021a, 2021b, 2023; Friederici
585 et al., 2006a; Grey et al., 2018; Liu et al., 2023; Morgan-Short et al., 2015). Chen et al. (2019,
586 2021b) proposed that L2's sentence structure learning based on word category information
587 involved posterior LIFG. A novel artificial hierarchical syntactic structure-building grammar

588 was developed by Chen et al. (2021a) and Liu et al. (2023), and demonstrated that the
589 fundamental operation of merge rested on the function of BA 44 in LIFG. To sum up, sentence
590 processing activates LIFG both for L1 and L2 reading, which shows large plasticity to be
591 modulated, although some studies pointed out that L2 processing might involve more anterior
592 regions in LIFG with lower automaticity (Jeon & Friederici, 2013).

593 **4.3 Application prospect of tPBM on sentence processing**

594 Consistent with former studies of neuromodulation (Hsu et al., 2014; Tseng et al., 2012),
595 the current study found that participants with lower sentence processing ability at the initial
596 state (i.e., prior to tPBM) were more susceptible of tPBM improvement. State-dependency was
597 often used to explain the effects of brain stimulation and the initial state of stimulated regions
598 (Hsu et al., 2014; Silvanto et al., 2008). For instance, TMS has been shown to be particularly
599 effective on neurons that are less active (Silvanto et al., 2008). As for the current study, the
600 state-dependent effect of neuromodulation techniques may become a feasible interpretation
601 also for tPBM, that is, lower performers may have neurons less activated initially and thus
602 show greater tPBM effects in return.

603 More importantly, the correlation between initial sentence processing performance and
604 the degree of tPBM improvement broadened the prospect of tPBM applications. With the fact
605 that tPBM was more effective for lower performers, the value of tPBM became more prominent
606 by applying tPBM towards less-competent groups. Furthermore, we certified the positive
607 modulation effect of tPBM on L2 learners, who served as the participants with lower (L2)
608 complex sentence processing ability. The present findings, therefore, suggested that it might be
609 available to further apply tPBM to the upregulation of participants with language ability
610 deficiency. Overall, the present study shed light on tPBM—a promising NIBS tool/approach—
611 for its future clinical applications on the population struggling with language
612 acquisition/learning difficulties, language impairments, or progressing language capacity
613 declination. In the future, tPBM is expected to be a favorable alternative with relatively low
614 cost and highly consistent enhancement effect to improve/facilitate the human language faculty.

615 **4.4 Limitations**

616 Although LIFG was acknowledged to play a key role in hierarchical syntactic structure
617 construction, sentence processing also involves several other crucial brain regions such as left
618 posterior temporal cortex (LpTC; Chen et al., 2023; Kinno et al., 2008) and is supported by a
619 left-dominant fronto-temporal network (Friederici, 2017). The current study only investigated
620 the tPBM effect through LPFC and did not go deeper into the intervention on brain network,
621 which was worth exploring further. Moreover, syntactically-complex sentence processing is
622 also accompanied with the difficulty of semantic interpretation, and given the comparatively
623 coarse stimulation location of tPBM, the enhancement effect of sentence processing might be
624 related to the facilitation of both syntactic and semantic processes. Although the present study
625 treated the sentence processing as a holistic/unified process, future studies might employ
626 jabberwocky sentences (e.g., Friederici et al., 2006a; Matchin et al., 2019; Zhang et al., 2022)
627 or artificial grammars (e.g., Bahlmann et al., 2008; Chen et al., 2021a; Liu et al., 2023) to
628 further differentiate these internal linguistic processes.

629 Moreover, the neural mechanisms underlying the tPBM effects on behavioral
630 performances of language/sentence processing still remains unclear in the present. Further
631 studies are expected to provide neuroimaging data and make further exploration and
632 interpretation of the neural changes brought by tPBM.

633

634 **5 Conclusion**

635 The present study applied the novel NIBS technique—tPBM on LPFC to upregulate the
636 sentence processing performances. As shown by the behavioral performance changes, tPBM
637 improved the sentence processing ability in both L1 and L2 groups. Moreover, L1 and L2
638 participants showed consistent tPBM enhancement pattern without the interference of verbal
639 WM. It is also noteworthy that participants with lower initial sentence processing performances
640 would benefit more from tPBM. Taking together, these findings supported the positive
641 effectiveness of tPBM on high-level human cognitions and unprecedentedly extended tPBM's

642 application to human language faculty as reflected by complex sentence processing
643 performances, and thus, such a promising and cost-effective NIBS tool is of great social and
644 clinical significances for future applications.

645 **CRedit authorship contribution statement**

646 **Mingchuan Yang & Yang Liu:** Methodology, Data curation, Formal analyses,
647 Visualization, Writing – original draft. **Zhaoqian Yue:** Data curation, Writing – review &
648 editing. **Guang Yang, Xu Jiang, Yimin Cai, & Yuqi Zhang:** Writing – review & editing.
649 **Xiujie Yang:** Supervision, Writing – review & editing. **Dongwei Li:** Conceptualization,
650 Methodology, Supervision, Writing – review & editing. **Luyao Chen:** Conceptualization,
651 Methodology, Supervision, Writing – review & editing, Funding acquisition.

652 **Declaration of competing interest**

653 The authors declare that they have no known competing financial interests or personal
654 relationships that could have appeared to influence the work reported in this paper.

655 **Data availability**

656 The data, code, and materials of this study are available at <https://osf.io/e35ac/>. Further
657 data and materials which also form other ongoing studies will be made available upon
658 reasonable requests and collaborative agreement addressed to the co-authors by contacting the
659 Max Planck Partner Group, School of International Chinese Language Education, Beijing
660 Normal University, and signing a formal data-sharing agreement.

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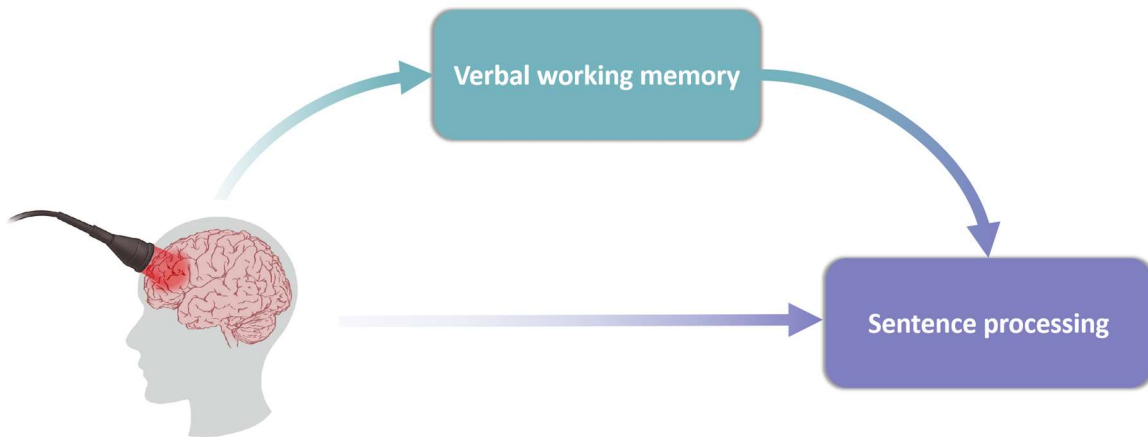
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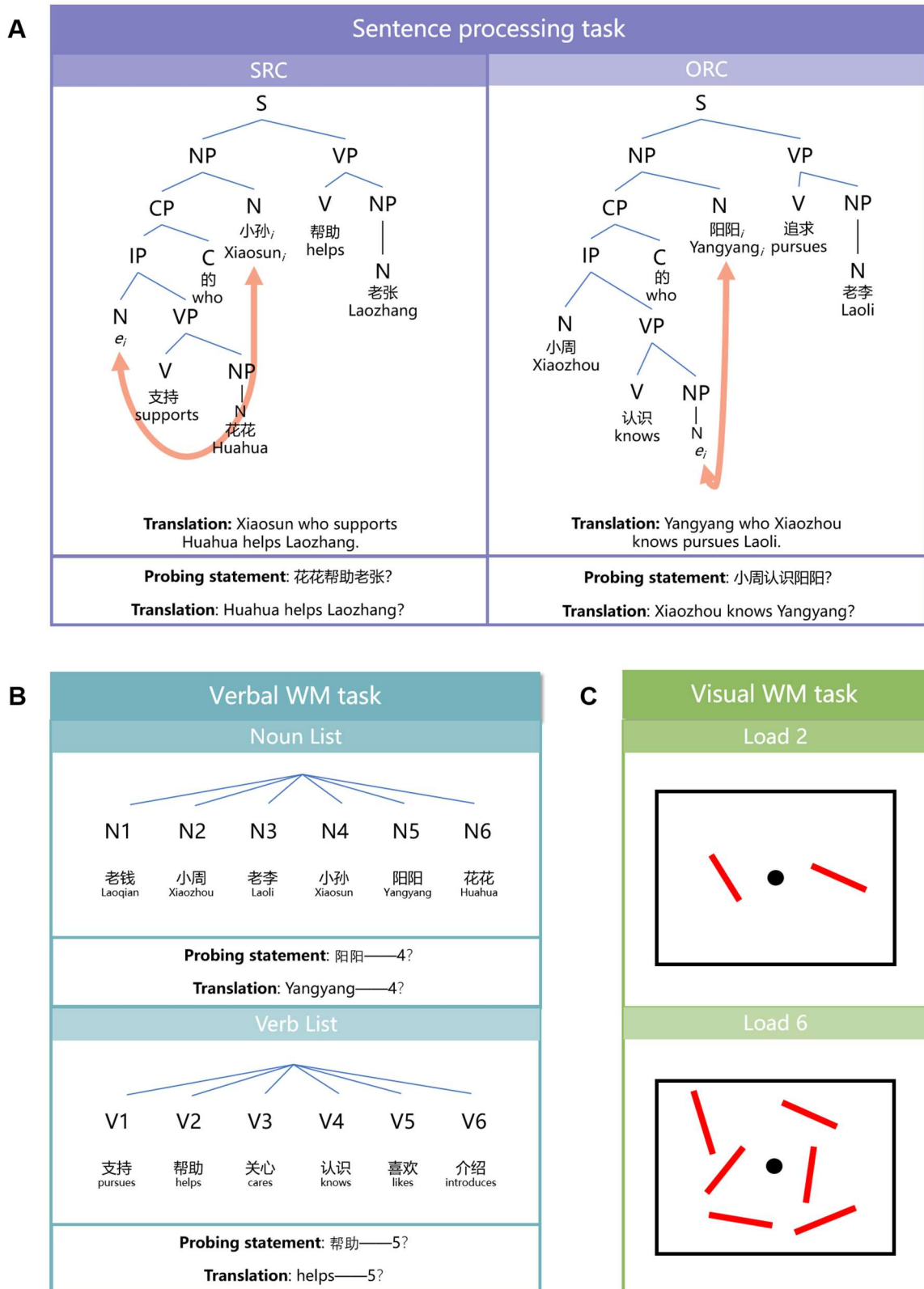
1124 **Figures**



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1126 **Figure 1.** Two possible functional pathways of tPBM effect on sentence processing: the lower
1127 one hypothesizes that tPBM modulated sentence processing directly, independent of the
1128 working memory (WM) capacity; the upper one assumes that the effect of tPBM on sentence
1129 processing should be interfered by the verbal WM.

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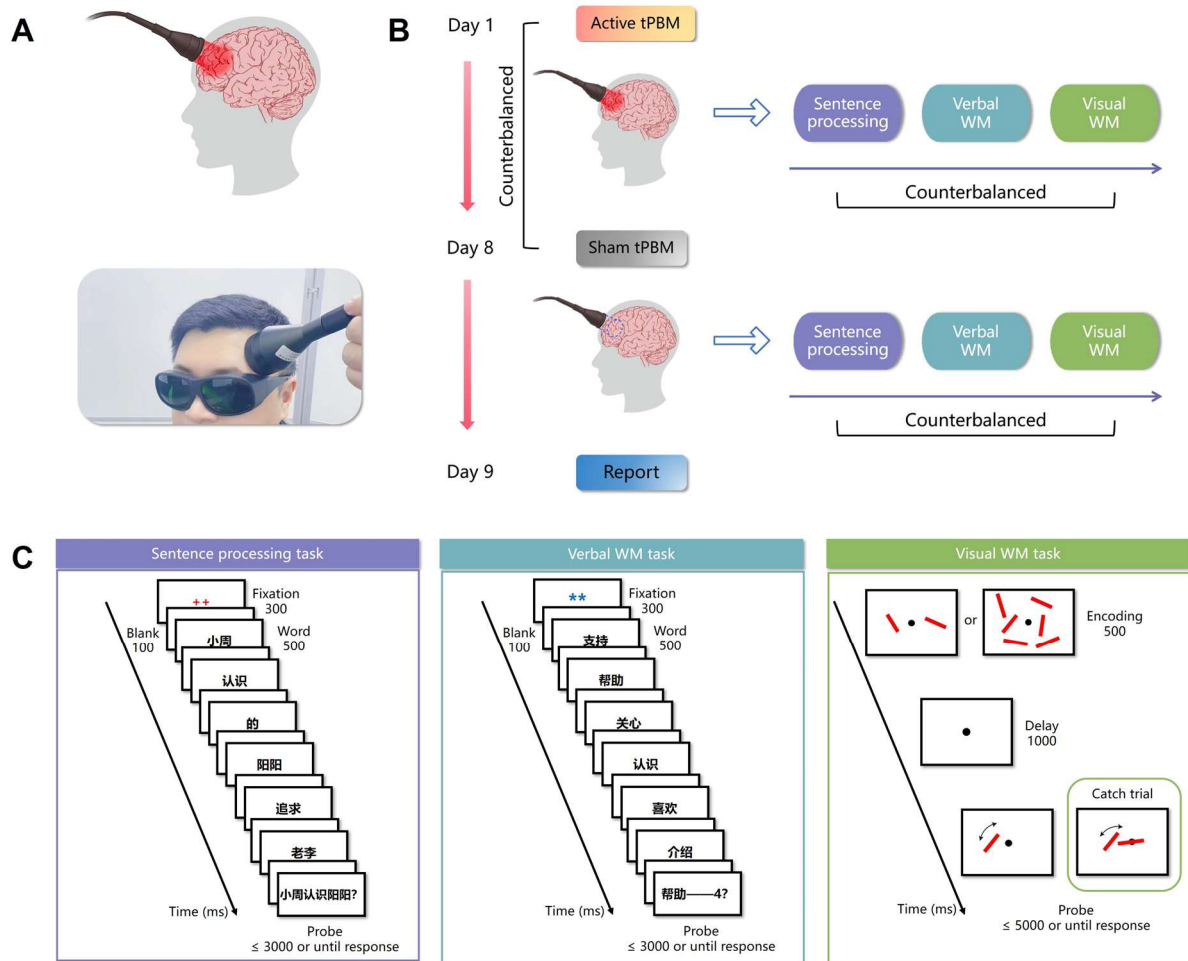
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1132 **Figure 2.** (A) Examples of materials in the sentence processing task. Every sentence contains

1133 either an SRC or an ORC with subject or object being extracted and leaving a gap. Sentence

1134 structures are presented in the form of syntactic tree. Every Chinese word is attached to its

1135 English literal gloss and the English translation of the whole sentence and probing statement
1136 are provided below. The gap (*e*) and the target dependent noun (N) are co-indexed by the
1137 subscript “*i*” and linked by an orange arc. S: subject; NP: noun phrase; N: noun; VP: verb
1138 phrase; V: verb; CP: complementizer phrase; IP: inflection phrase; C: complementizer; *e*: gap.
1139 **(B)** Examples of noun (name in Chinese) word lists and verb word lists in verbal WM task.
1140 Each list consists of 6 words in linear sequence. Each word in word lists is attached with its
1141 English literal gloss. The probing statement and its English translation are presented below. **(C)**
1142 Examples of materials in visual WM task. A fixation point is surrounded by two and six bars
1143 in the condition of load 2 and load 6.
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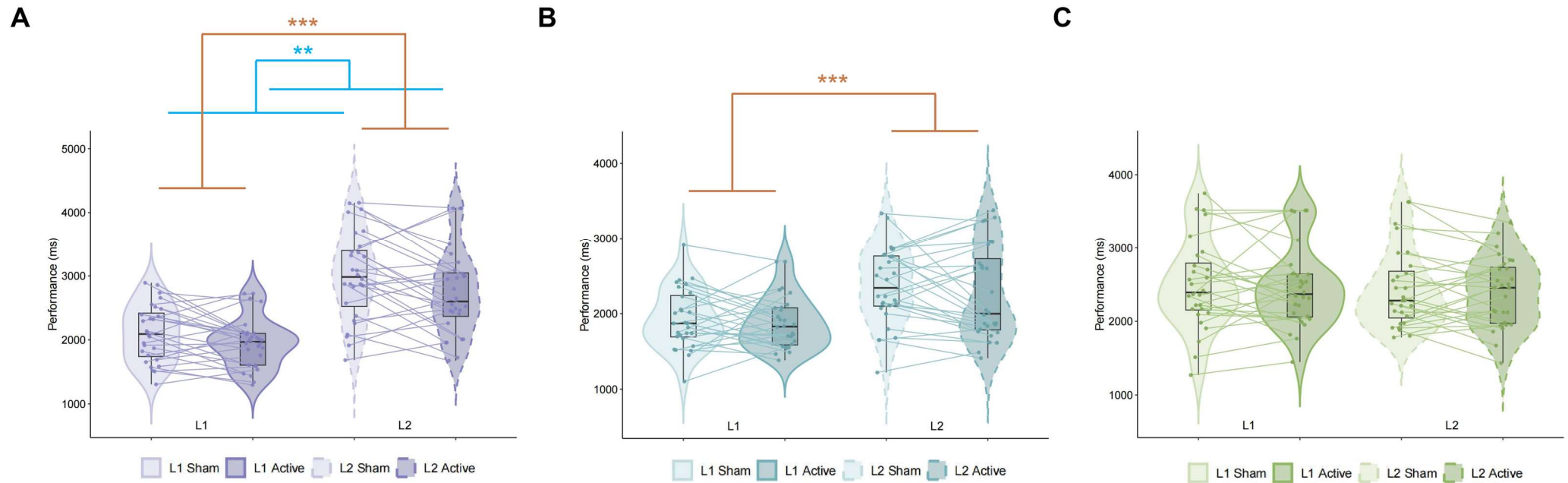
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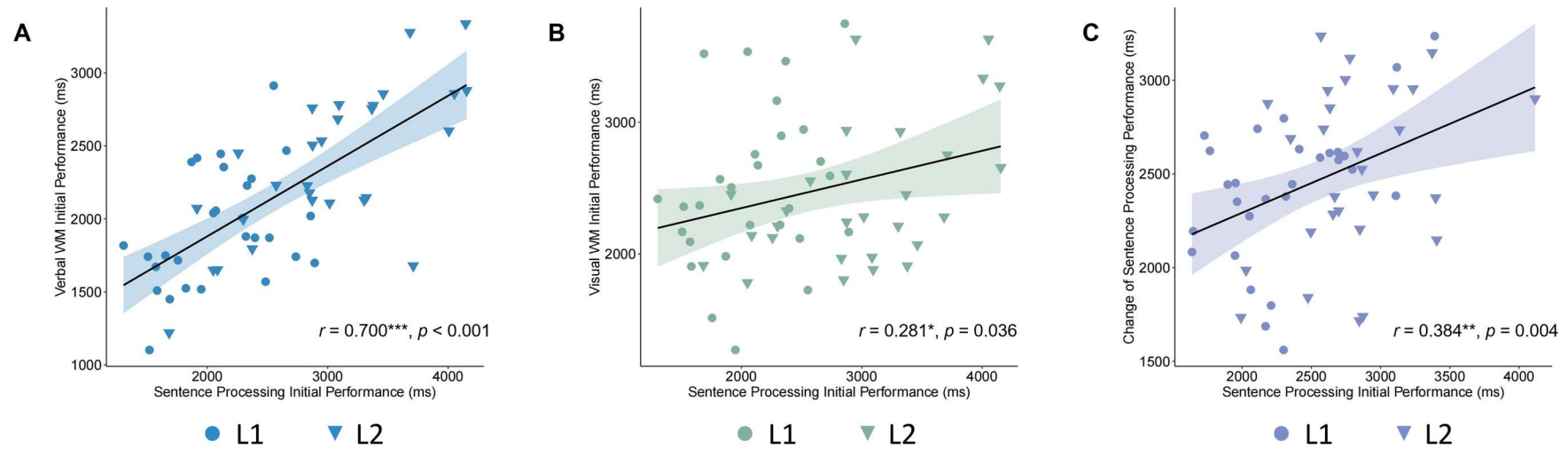
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Figure 3. (A) The stimulation site was located to the ventroposterior part of left prefrontal cortex (LPFC) as shown in the diagram (upper) and the picture (lower) on which the 1064-nm tPBM was being applied to a simulated participant. (B) The experimental procedure of tPBM stimulation. Two sessions of tPBM were separated by seven days with one active and one sham tPBM session. After 16-min tPBM stimulation, three tasks were accomplished in counterbalanced order. At the 9th day, participants were asked to report or guess in which session they received active tPBM stimulation according to their subjective feeling. (C) The procedures of three tasks. Sentence processing task and verbal WM task presented the trials word by word and asked participants to make T/F judgements on the probe screens. In the visual WM task, participants were asked to adjust the rotatable bar to its original position after encoding and delay screens. The catch trial presented a fixed bar across the fixation point and asked participants to turn the rotatable bar parallel to it.



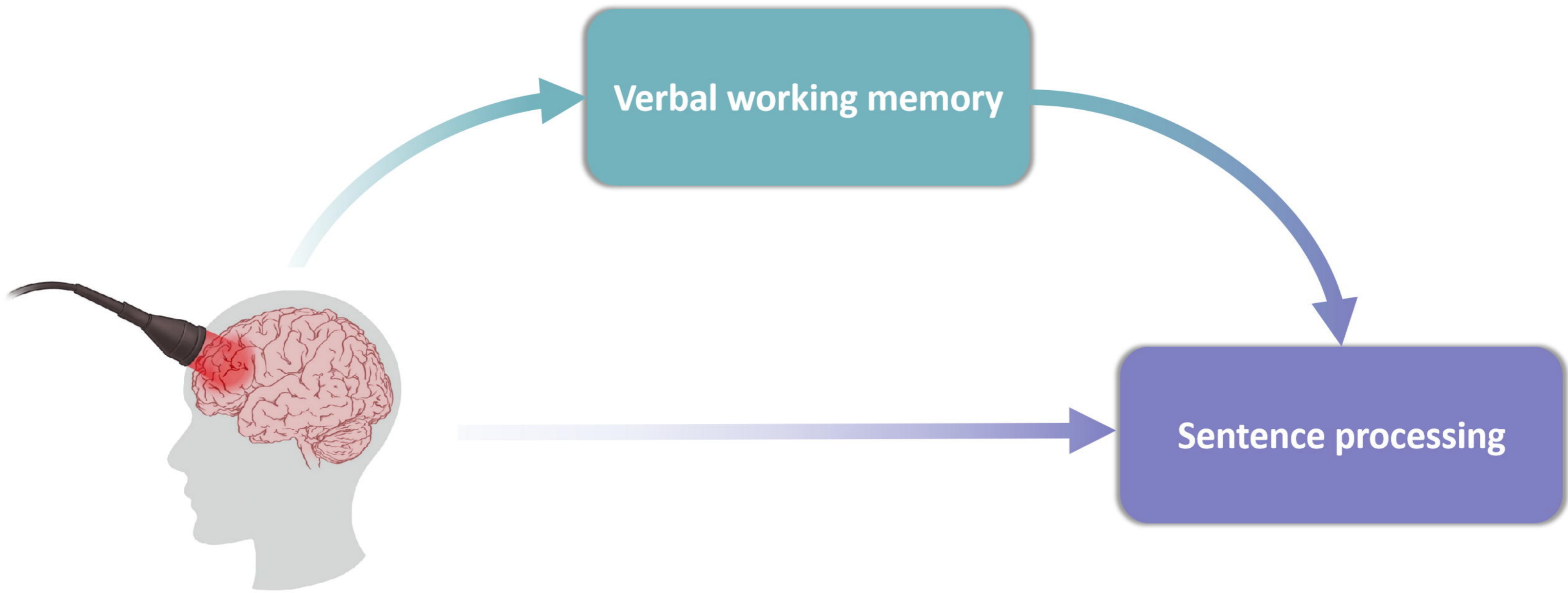
1159 **Figure 4.** The violin plots of ANOVA results in (A) sentence processing task; (B) verbal WM task; (C) visual WM task. Each dot refers to one
 1160 participant. The lines connect the measurements of the same individuals. The line in the box plot represents the median of the data. The violin plots
 1161 for L1 and L2 are bordered with solid and dashed lines respectively. The plots in darker color refers to sham condition and the lighter one refers
 1162 to the active condition. The blue line of significance shows the main effect of stimulation condition and the orange one shows the main effect of
 1163 group. * $p < 0.05$; ** $p < 0.01$; *** $p < 0.001$.

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1166 **Figure 5.** The correlation between (A) Sentence processing initial performance (i.e., P on sham condition) & verbal working memory (WM) initial
 1167 performance; (B) Sentence processing initial performance & visual WM initial performance; (C) Sentence processing initial performance & change
 1168 of sentence processing performance. The shaded areas represent 95% confidence intervals. Circles and triangles represent L1 and L2 participants
 1169 respectively. * $p < 0.05$; ** $p < 0.01$; *** $p < 0.001$.



A

Sentence processing task

SRC	ORC
<p>Translation: Xiaosun who supports Huahua helps Laozhang.</p> <p>Probing statement: 花花帮助老张? Translation: Huahua helps Laozhang?</p>	<p>Translation: Yangyang who Xiaozhou knows pursues Laoli.</p> <p>Probing statement: 小周认识阳阳? Translation: Xiaozhou knows Yangyang?</p>

B

Verbal WM task

Noun List

N1	N2	N3	N4	N5	N6
老钱 Laoqian	小周 Xiaozhou	老李 Laoli	小孙 Xiaosun	阳阳 Yangyang	花花 Huahua

Probing statement: 阳阳——4?
Translation: Yangyang——4?

Verb List

V1	V2	V3	V4	V5	V6
支持 pursues	帮助 helps	关心 cares	认识 knows	喜欢 likes	介绍 introduces

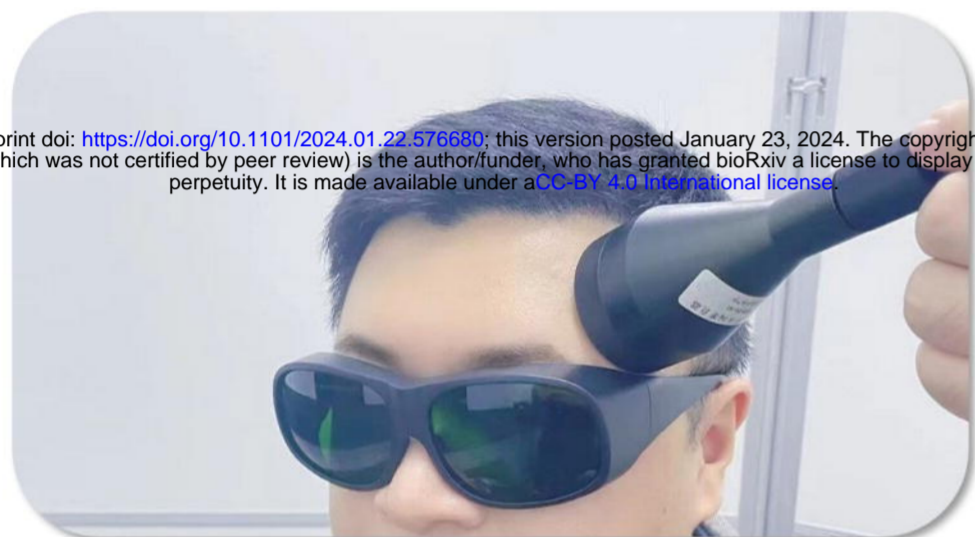
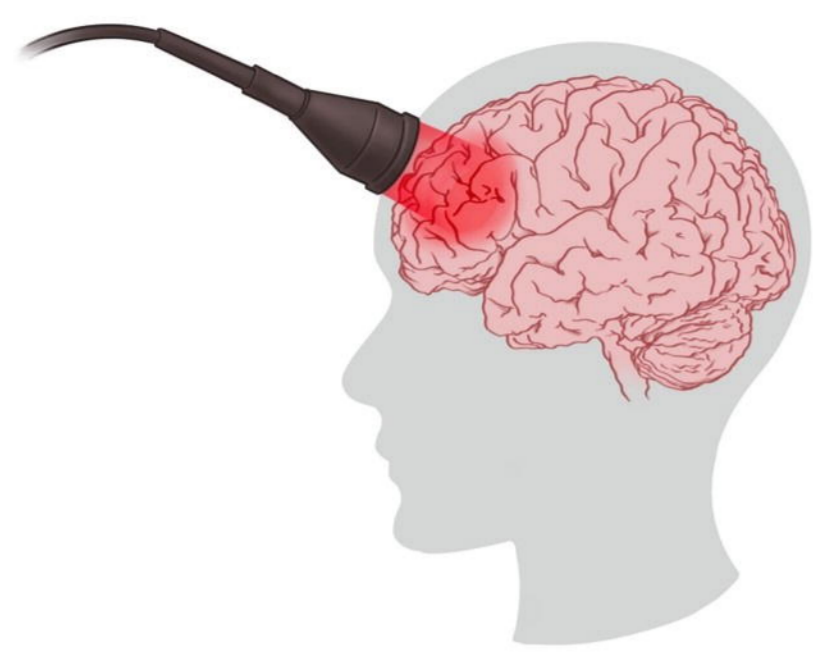
Probing statement: 帮助——5?
Translation: helps——5?

C

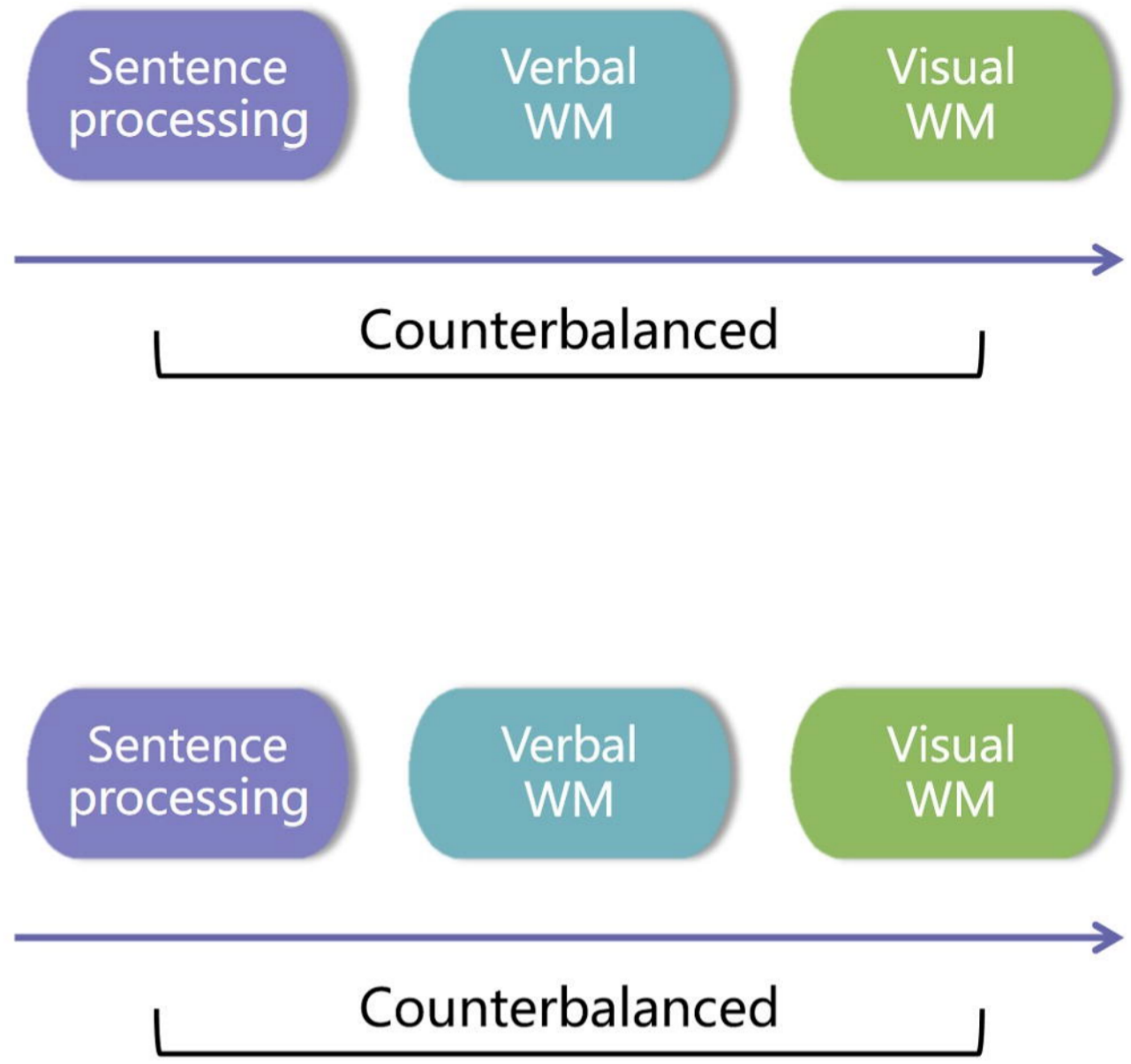
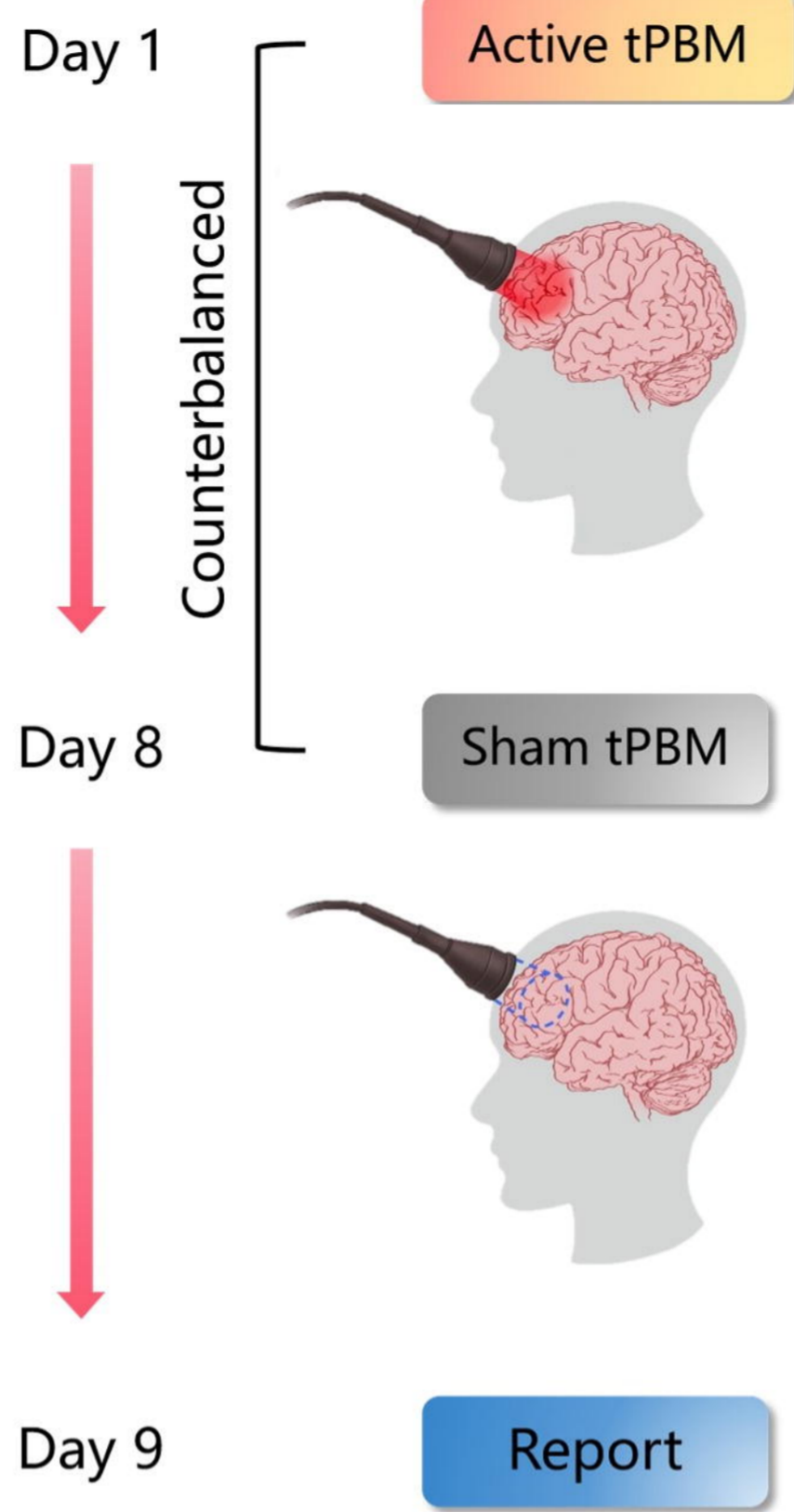
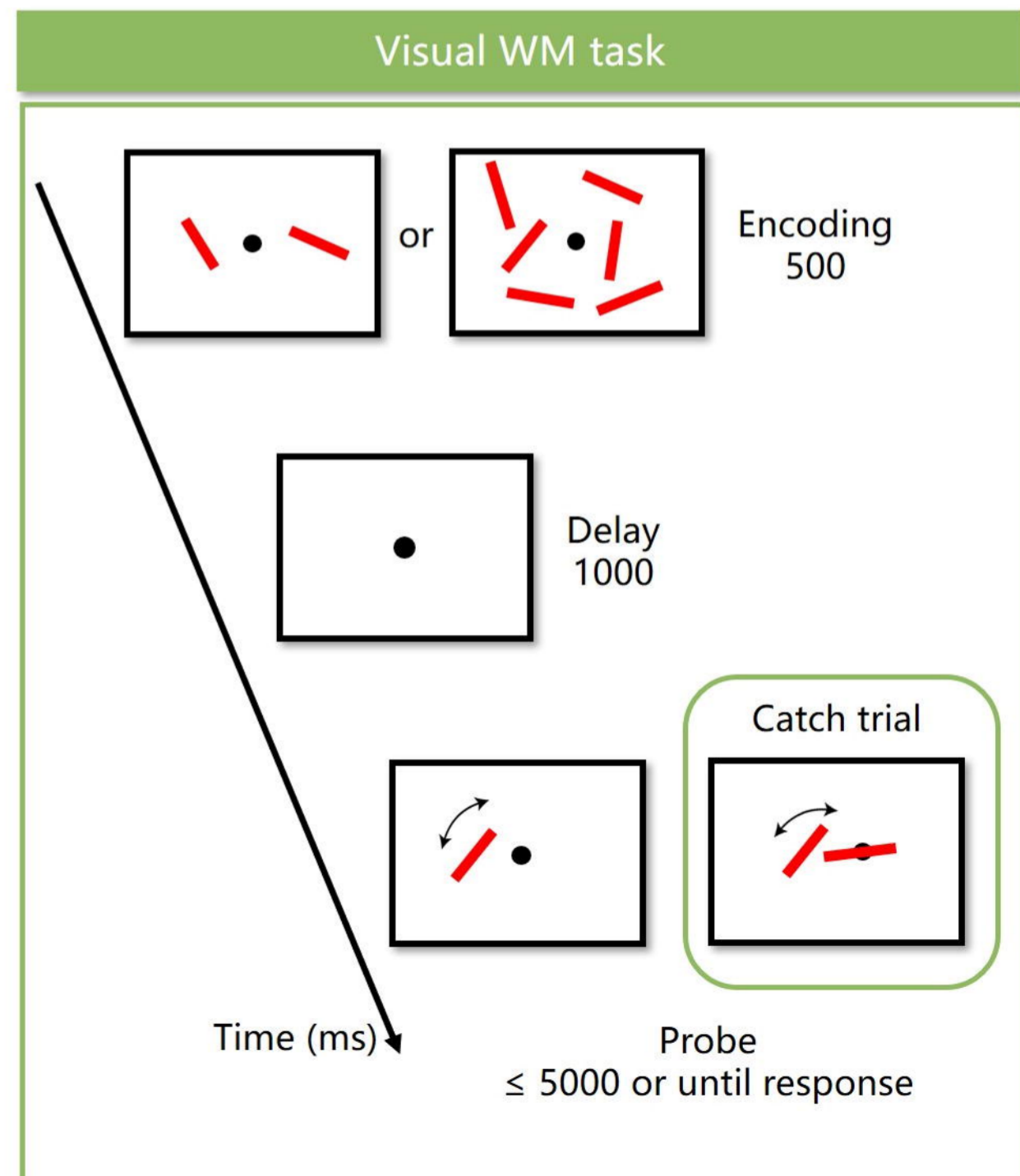
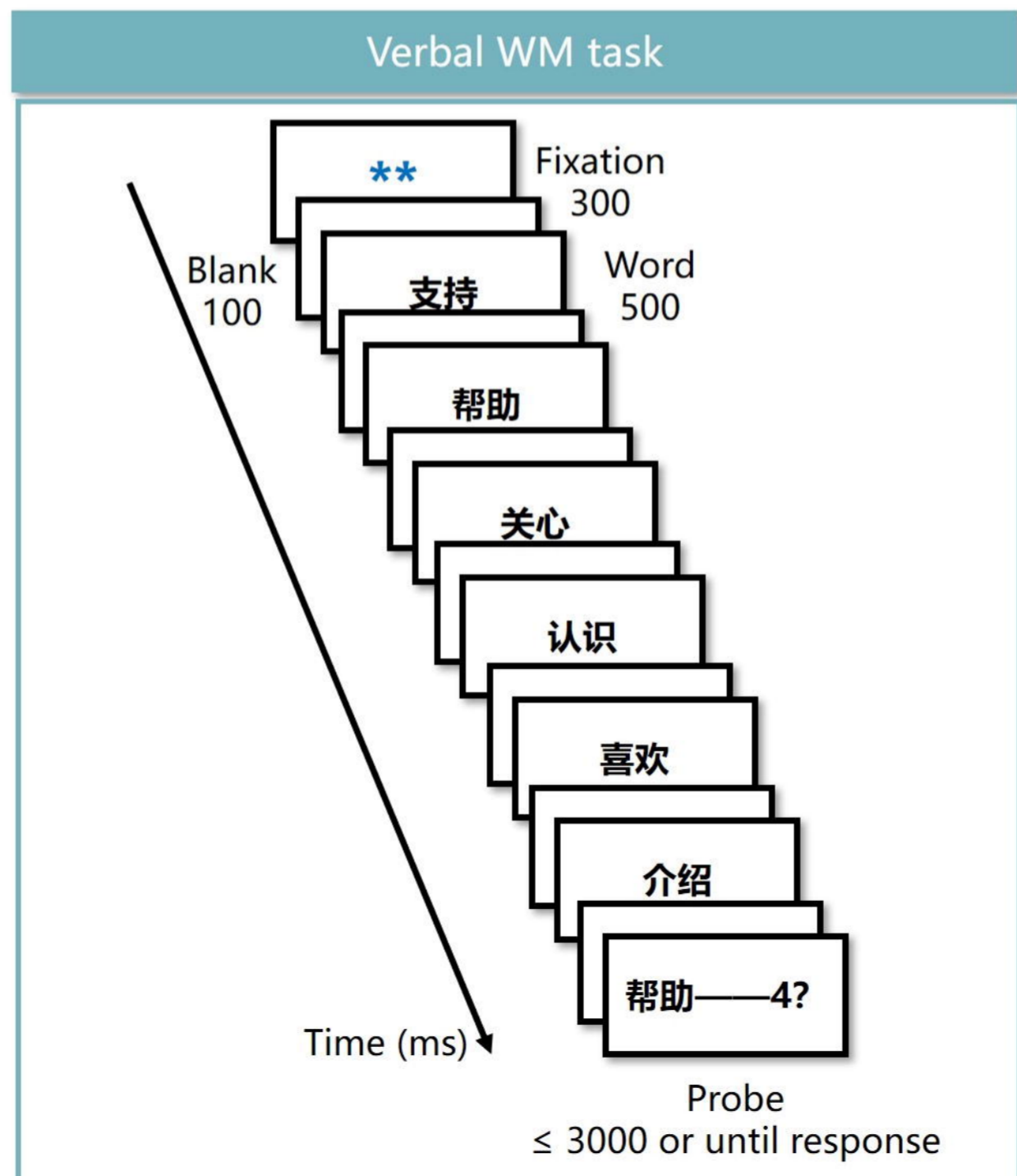
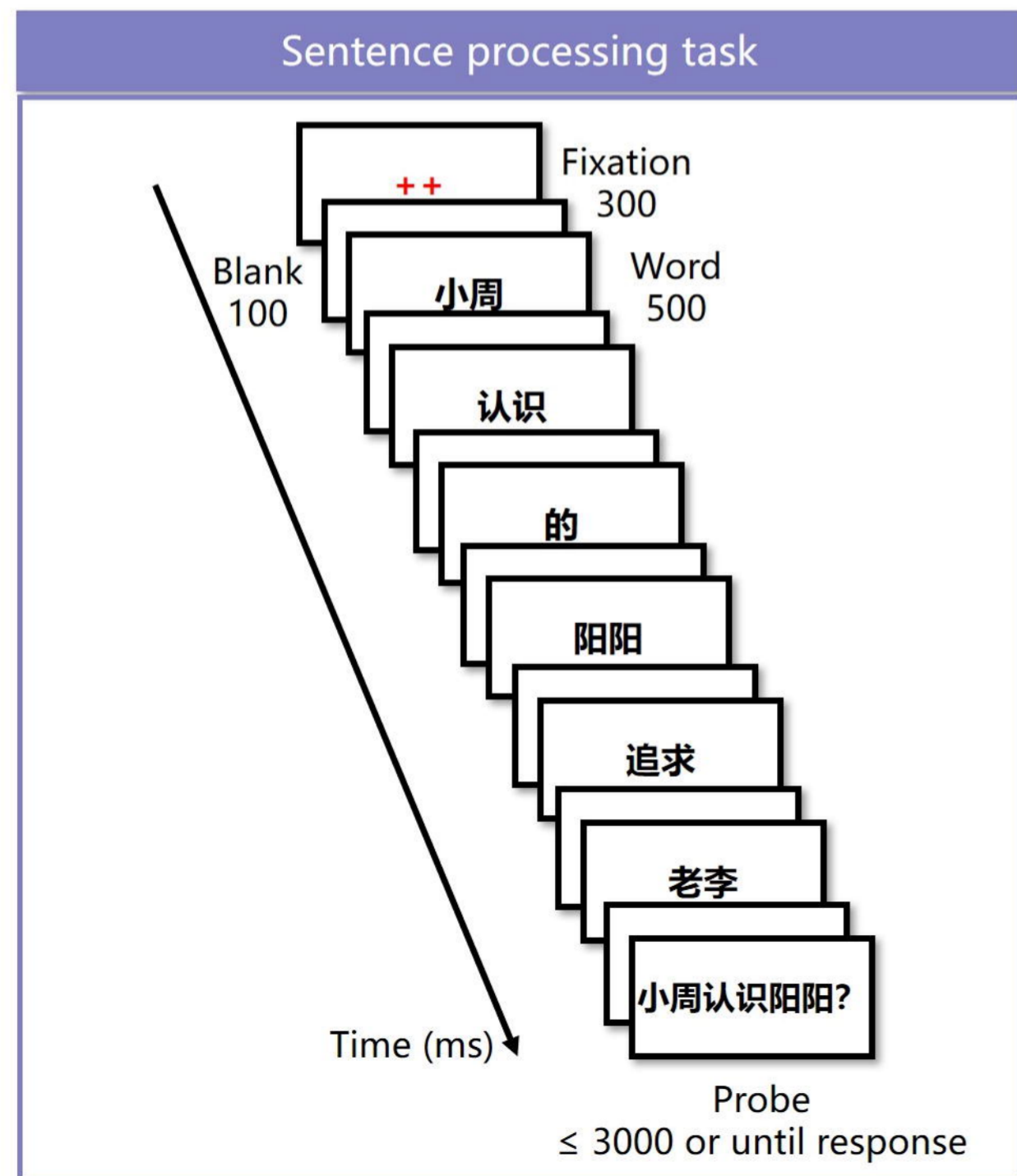
Visual WM task

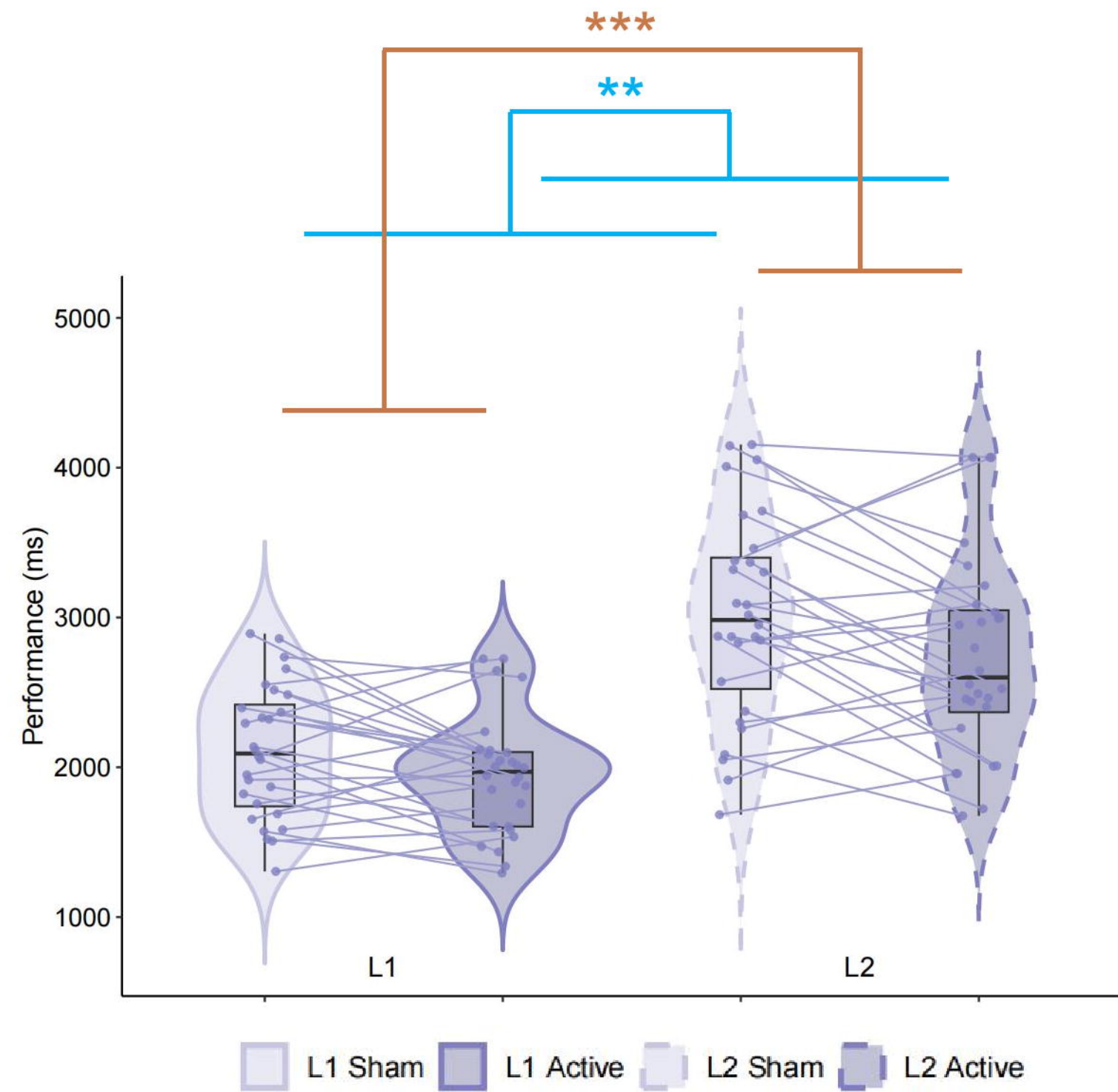
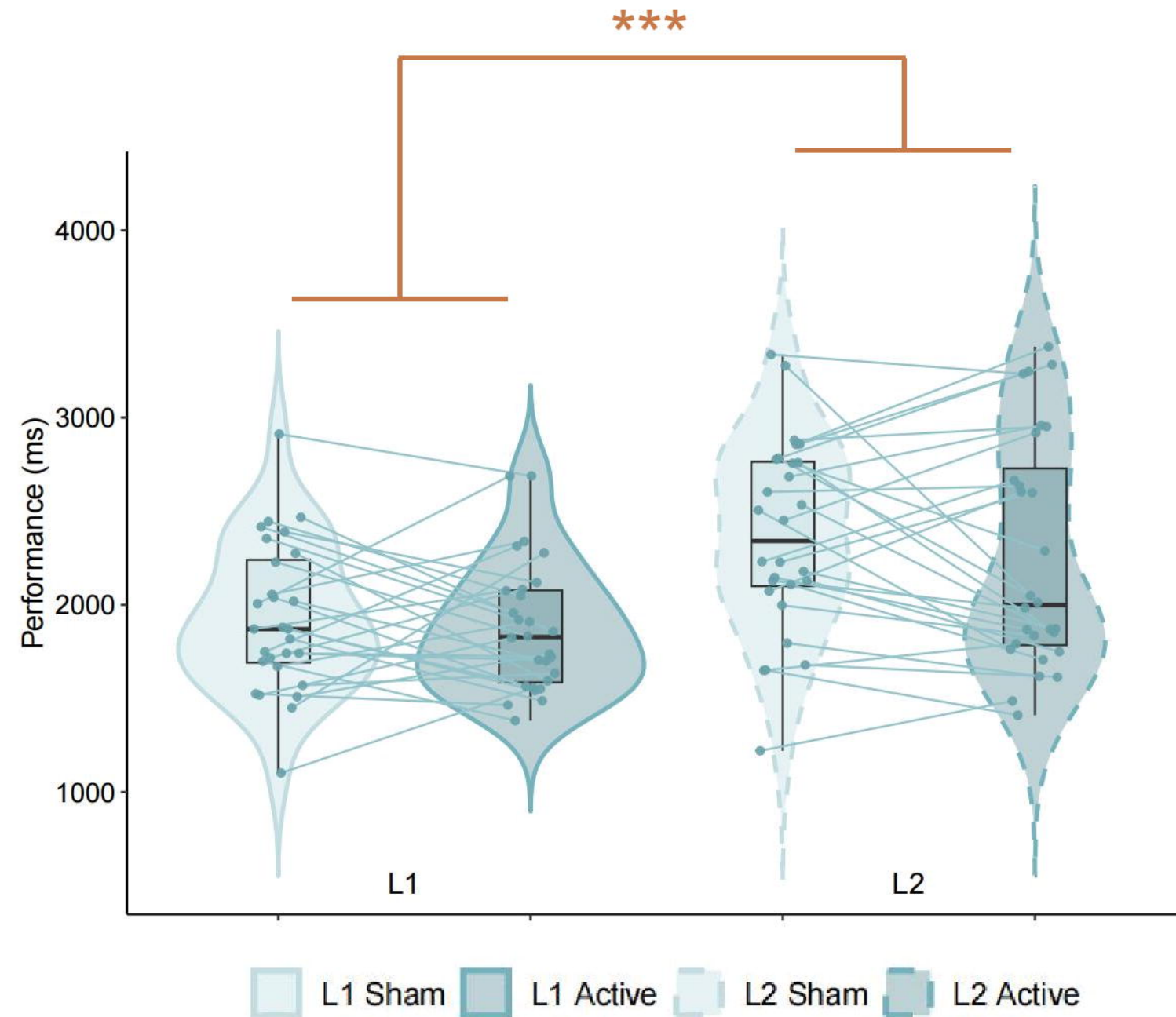
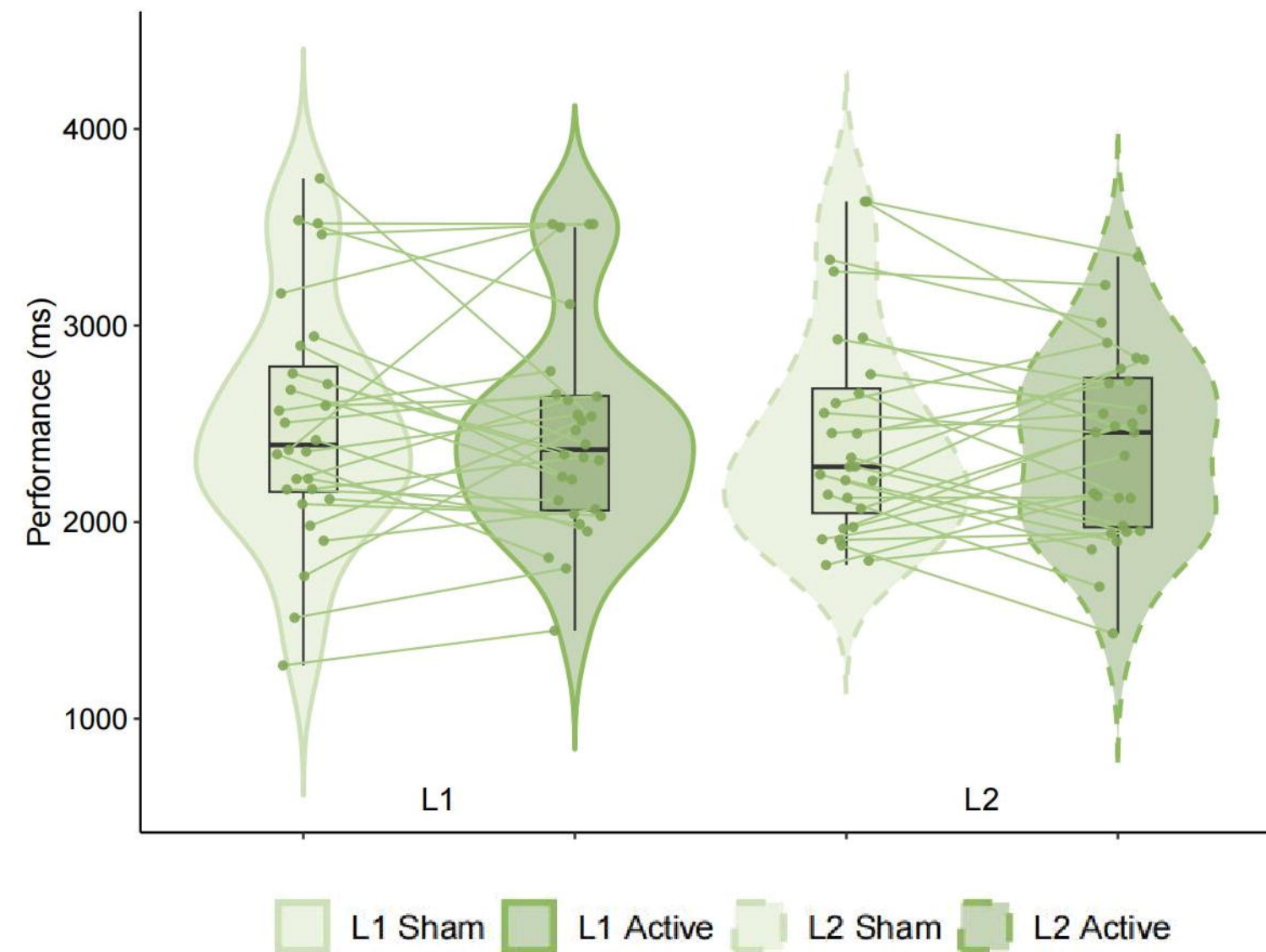
Load 2

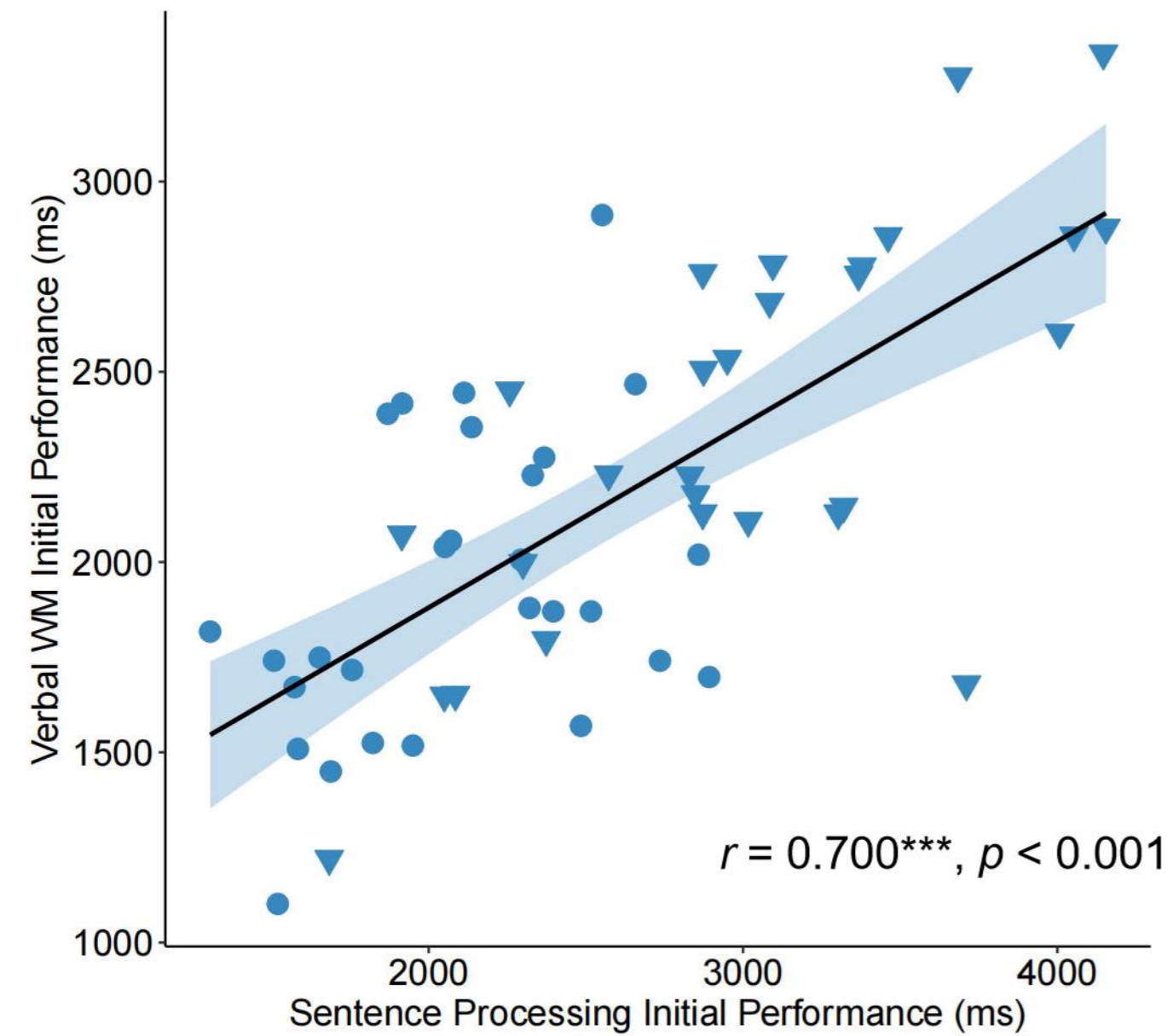
Load 6

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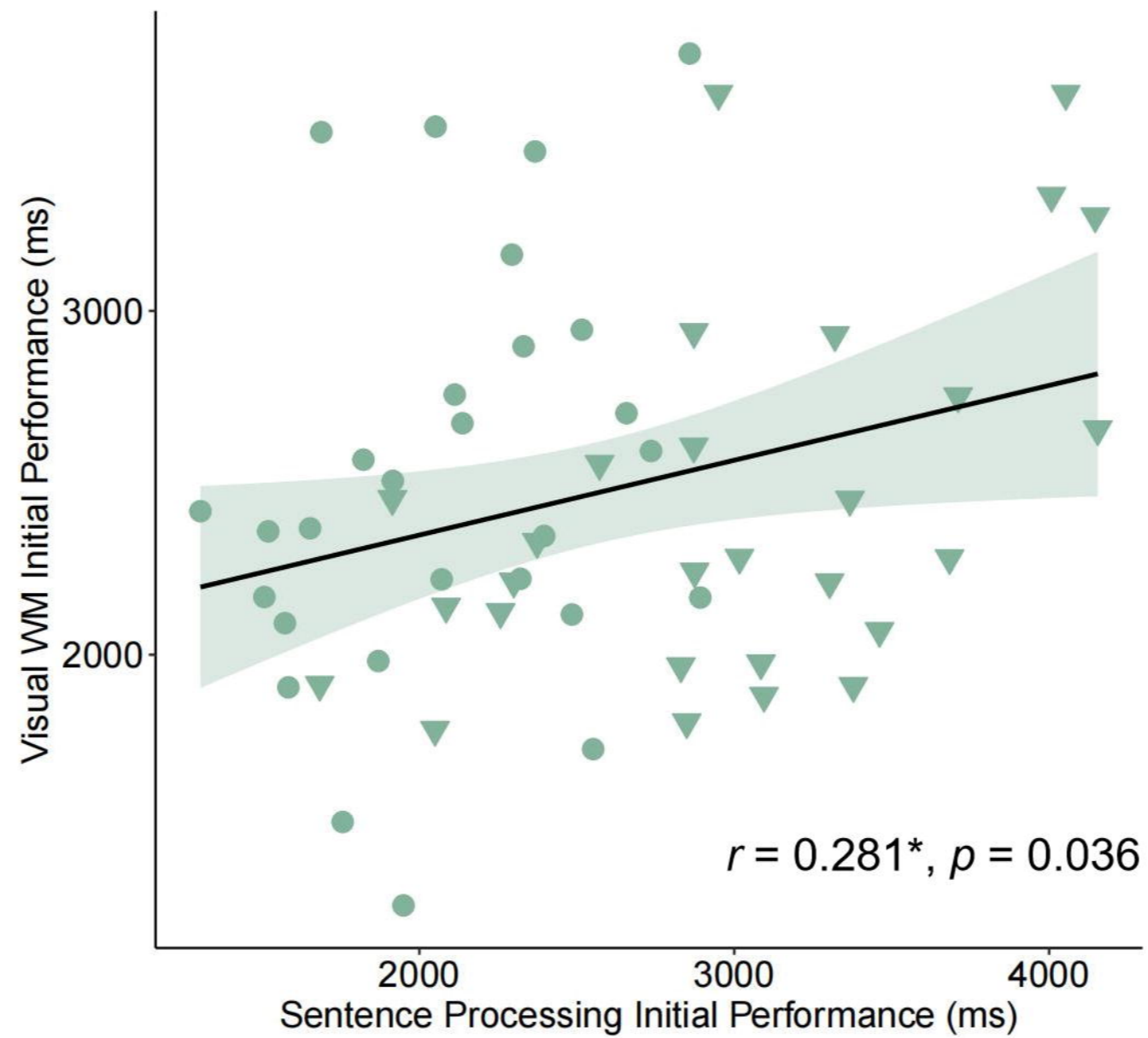
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B**C**

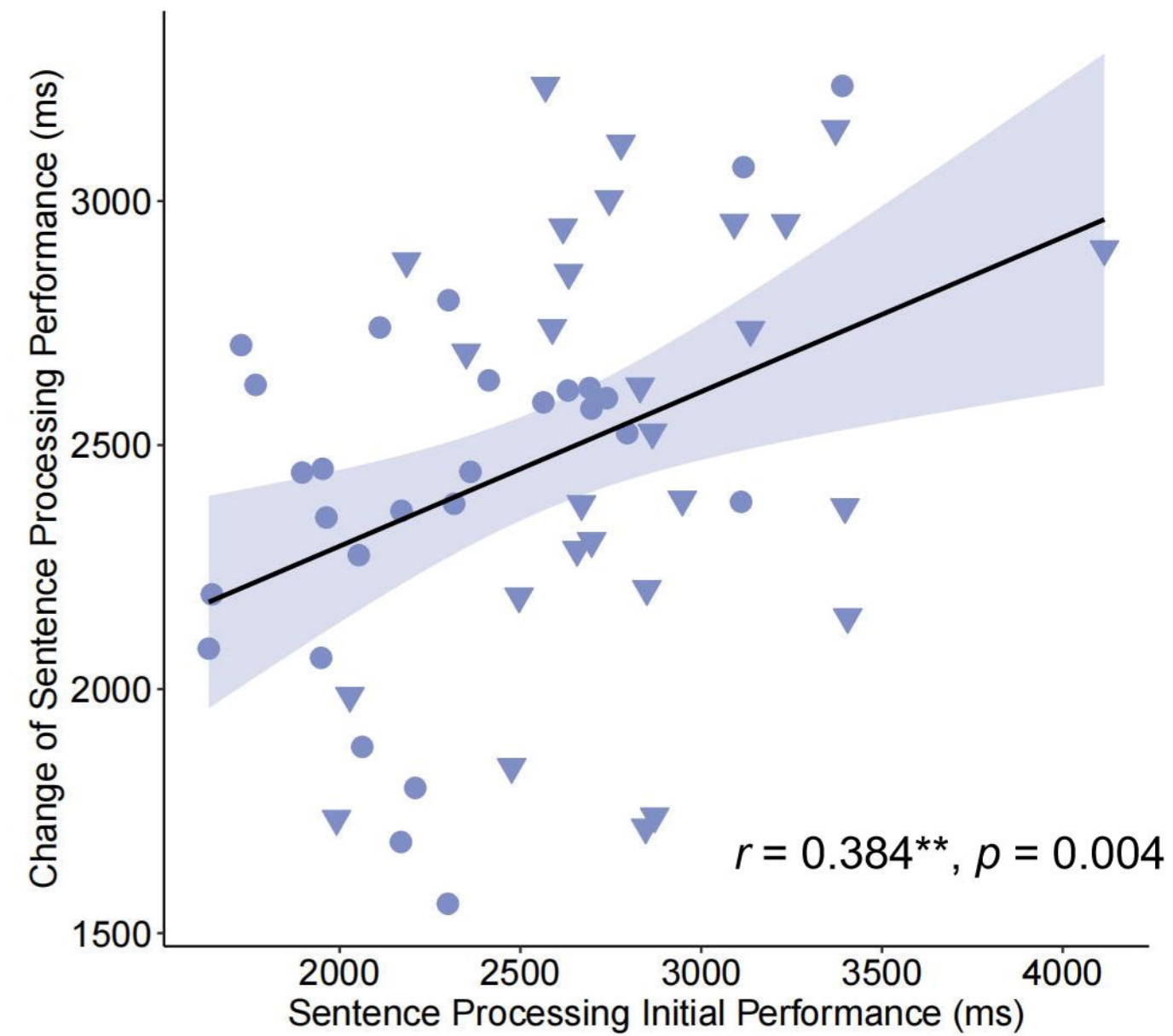
A**B****C**

A

● L1 ▼ L2

B

● L1 ▼ L2

C

● L1 ▼ L2