Supplementary Table 1: Models 1.0, 1.1, 1.2, and 1.3 investigating the impact of reward value, harshness, and variability on participants' likelihood of switching jars in Study 1. a) WAIC estimates and standard error comparison. b) Model estimates and $95 \%$ credible intervals. c) Contrasted predictions between Harsh and Not Harsh conditions for responsive and elective switching, characterized by switching after finding rewards between 0-45 and 55-100 units, respectively, from the best fit model. d)
Contrasted predictions between Harsh and Not Harsh conditions for responsive switching, characterized by switching after finding rewards between 0-25, from the best fit model.

a) |  | WAIC diff | se |
| :---: | :---: | :---: |
|  | Model 1.3 | 0 |
| 0 |  |  |
| Model 1.2 | -93.2 | 14.4 |
| Model 1.1 | -1446.4 | 51.1 |
|  | Model 1.0 | -6864.6 |

$\begin{array}{cc}\text { se } & \text { Model1.3 } \\ 0 & \text { Model1.2 } \\ 4.4 & \text { Model1.1 } \\ 51.1 & \text { Model1.0 } \\ 95.1 & \end{array}$


| b) Model 1.0 | Model 1.1 |  | Model 1.2 |  | Model 1.3 |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Predictors Log-Odds Cl (95\%) | Log-Odds | Cl (95\%) | Log-Odds | Cl (95\%) | Log-Odds | Cl (95\%) |
| Intercept -1.12 -1.31--0.94 | 4.39 | 3.95-4.86 | 8.12 | 7.37-8.96 | 7.67 | 6.88-8.53 |
| rewardfound | -0.08 | -0.09--0.08 | -0.14 | -0.15--0.13 | -0.13 | -0.14--0.12 |
| harshness: harsh |  |  | 0.11 | -0.33-0.54 | 0.78 | 0.10-1.46 |
| universe: uv |  |  | -4.54 | -5.32--3.81 | -4.02 | -4.83--3.23 |
| harshnessharsh:rewardfound |  |  | -0.00 | -0.01-0.00 | -0.01 | -0.02--0.00 |
| universeuv:rewardfound |  |  | 0.07 | 0.06-0.08 | 0.06 | 0.05-0.08 |
| harshnessharsh:universeuv |  |  |  |  | -0.72 | -1.31--0.14 |
| harshnessharsh:universeuv:rewardfound |  |  |  |  | 0.01 | -0.00-0.02 |
| c) Not Harsh - Harsh | HDP 2.5\% | HDP 97.5\% | Not Har | - Harsh | HDP 2.5\% | HDP 97.5\% |
| Stable Responsive (0-45) | -0.05 | 0.00 | Stable Ele | tive (55-100) | -0.08 | 0.03 |
| Variable Responsive (0-45) | -0.03 | 0.07 | Variable El | ctive (55-100) | -0.02 | 0.11 |


| d) | Not Harsh - Harsh | HDP 2.5\% |
| :---: | :---: | :---: |
| HDP 97.5\% |  |  |
| Stable Responsive (0-25) | $\mathbf{- 0 . 0 1}$ | $\mathbf{0}$ |
| Variable Responsive (0-25) | -0.02 | 0.03 |

Supplementary Table 2: Models 2.0, 2.1, 2.2, and 2.3 investigating the impact of reward value, harshness, and variability on participants' likelihood of switching jars including age, sex, and specific reward schedule in Study 1. a) WAIC estimates and standard error comparison. b) Model estimates and 95\% credible intervals. c) Contrasted predictions between Harsh and Not Harsh conditions for responsive and elective switching, characterized by switching after finding rewards between 0-45 and 55-100 units, respectively, from the best fit model.


| b) | Model 2.0 |  | Model 2.1 |  | Model 2.2 |  | Model 2.3 |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Log-Odds | Cl (95\%) | Log-Odds | Cl (95\%) | Log-Odds | Cl (95\%) | Log-Odds | Cl (95\%) |
| Intercept | -1.12 | -1.29--0.95 | 4.37 | 3.75-5.01 | 8.17 | 7.31-9.08 | 7.74 | 6.89-8.64 |
| rewardfound |  |  | -0.08 | -0.09--0.08 | -0.14 | -0.15--0.13 | -0.13 | -0.14--0.12 |
| age |  |  | -0.03 | -0.25-0.18 | 0.02 | $-0.18-0.23$ | 0.03 | -0.18-0.23 |
| sex |  |  | 0.10 | -0.36-0.54 | 0.35 | -0.08-0.79 | 0.39 | -0.04-0.81 |
| looplabel: loop |  |  | 0.03 | -0.74-0.76 | 0.11 | -0.61-0.82 | 0.17 | -0.53-0.89 |
| looplabel: lo |  |  | 0.01 | -0.68-0.71 | -0.35 | -1.01-0.34 | -0.44 | -1.12-0.23 |
| looplabel: loop |  |  | -0.35 | -1.08-0.33 | -0.39 | -1.07-0.28 | -0.38 | -1.07-0.29 |
| looplabel: loop |  |  | 0.28 | -0.37-0.94 | 0.32 | -0.32-0.95 | 0.34 | -0.30-0.99 |
| harshness: | harsh |  |  |  | 0.12 | -0.33-0.56 | 0.79 | 0.12-1.46 |
| universe: uv |  |  |  |  | -4.54 | -5.32--3.79 | -4.03 | -4.83--3.27 |
| harshnessha | arsh:rewardfo |  |  |  | -0.00 | -0.01-0.00 | -0.01 | -0.02--0.00 |
| universeuv:r | ewardfound |  |  |  | 0.07 | 0.06-0.08 | 0.06 | 0.05-0.08 |
| harshnessha | arsh:universe |  |  |  |  |  | -0.72 | -1.31--0.14 |
| harshnessha | arsh:universe | :rewardfound |  |  |  |  | 0.01 | -0.00-0.02 |
| c) | Not Har | - Harsh | HDP 2.5\% | HDP 97.5\% | Not H | rsh - Harsh | HDP 2.5\% | HDP 97.5\% |
|  | Stable Res | nsive (0-45) | -0.06 | 0.00 | Stable Ele | ctive (55-100) | -0.08 | 0.02 |
|  | Variable Re | ponsive (0-45) | -0.04 | 0.07 | Variable E | ctive (55-100) | -0.01 | 0.10 |

Supplementary Table 3: Models 3.0, 3.1, 3.2, and 3.3 investigating the impact of reward value, harshness, and variability on participants' likelihood of switching jars for participants who reported that the Harsh condition was more stressful than the Not Harsh condition in Study 1. a) WAIC estimates and standard error comparison. b) Model estimates and 95\% credible intervals. c) Contrasted predictions between Harsh and Not Harsh conditions for responsive and elective switching, characterized by switching after finding rewards between 0-45 and 55-100 units, respectively, from the best fit model.

| a) |  | WAIC diff | se | Model3.3- |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Model 3.3 | 0 | 0 |  |  | Model3.2 |  |  |  |  |
|  | Model 3.2 | -51.5 | 11.3 |  |  |  |  |  |  |  |
|  | Model 3.1 | -853.1 | 39.5 | Model3.1- |  | - | - |  |
|  | Model 3.0 | -4568.4 | 159.82 |  | del3.0 |  |  |  |
|  |  |  |  |  | 12500150001750020000 |  |  |  |
|  |  |  |  |  | WAIC |  |  |  |
| b) | Model 3.0 |  | Model 3.1 |  | Model 3.2 |  | Model 3.3 |  |
|  | Log-Odds | Cl (95\%) | Log-Odds | Cl (95\%) | Log-Odds | Cl (95\%) | Log-Odds | Cl (95\%) |
| Intercept | -1.14 | -1.31--0.95 | 4.34 | 3.85-4.83 | 7.70 | 6.88-8.62 | 7.24 | 6.40-8.12 |
| rewardfound |  |  | -0.08 | -0.09--0.08 | -0.13 | -0.14--0.12 | -0.12 | -0.14--0.11 |
| harshness: ha |  |  |  |  | 0.02 | -0.39-0.44 | 0.76 | 0.07-1.46 |
| universe: uv |  |  |  |  | -4.06 | -4.91--3.25 | -3.57 | -4.43--2.74 |
| harshnesshar | h:rewardfou |  |  |  | -0.01 | -0.01-0.00 | -0.01 | -0.02--0.00 |
| universeuv:re | vardfound |  |  |  | 0.06 | 0.05-0.07 | 0.06 | 0.04-0.07 |
| harshnesshar | h:universeu |  |  |  |  |  | -0.66 | -1.27--0.07 |
| harshnesshar | h:universeu | :rewardfound |  |  |  |  | 0.00 | -0.01-0.02 |
| c) | Not Ha | - Harsh | HDP 2.5\% | HDP 97.5\% | Not Ha | - Harsh | HDP 2.5\% | HDP 97.5\% |
|  | Stable Resp | onsive (0-45) | -0.04 | 0 | Stable Ele | tive (55-100) | -0.04 | 0.06 |
|  | Variable | sponsive (0- <br> 5) | -0.02 | 0.09 | Variable El | ctive (55-100) | 0.00 | 0.15 |

Supplementary Table 4: Models 4.0, 4.1, 4.2, and 4.3 investigating the impact of reward value, harshness, and variability on participants' likelihood of switching jars for the first round of data collection with heavy sampling bias (see addendum to the preregistration: Pope, 2021b). a) WAIC estimates and standard error comparison. b) Model estimates and 95\% credible intervals. c) Contrasted predictions between Harsh and Not Harsh conditions for responsive and elective switching, characterized by switching after finding rewards between 0-45 and 55-100 units, respectively, from the best fit model.

a) |  | WAIC diff | se |  |
| :---: | :---: | :---: | :---: |
|  | Model 4.3 | 0 | 0 |
| Model 4.2 | -96.6 | 14.3 |  |
| Model 4.1 | -1123.2 | 46.8 |  |
|  | Model 4.0 | -6148.1 | 95.1 |



| b) Model 4.0 | Model 4.1 |  | Model 4.2 |  | Model 4.3 |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Log-Odds $\quad$ Cl (95\%) | Log-Odds | Cl (95\%) | Log-Odds | Cl (95\%) | Log-Odds | CI (95\%) |
| Intercept -1.14 -1.26--1.00 | 4.11 | 3.75-4.47 | 7.30 | 6.63-8.03 | 6.98 | 6.28-7.72 |
| rewardfound | -0.08 | -0.09--0.08 | -0.12 | -0.13--0.11 | -0.12 | -0.13--0.11 |
| harshness: harsh |  |  | 0.05 | -0.29-0.39 | 0.37 | -0.17-0.92 |
| universe: uv |  |  | -3.65 | -4.33--3.01 | -3.19 | -3.91--2.52 |
| harshnessharsh:rewardfound |  |  | -0.00 | -0.01-0.00 | -0.01 | -0.01-0.00 |
| universeuv:rewardfound |  |  | 0.05 | 0.04-0.06 | 0.04 | 0.03-0.05 |
| harshnessharsh:universeuv |  |  |  |  | -0.51 | -1.04-0.02 |
| harshnessharsh:universeuv:rewardfound |  |  |  |  | 0.01 | -0.00-0.02 |
| c) Not Harsh - Harsh | HDP 2.5\% | HDP 97.5\% | Not Ha | - Harsh | HDP 2.5\% | HDP 97.5\% |
| Stable Responsive (0-45) | -0.03 | 0.01 | Stable Ele | ctive (55-100) | -0.03 | 0.05 |
| Variable Responsive (0-45) | -0.02 | 0.05 | Variable E | ctive (55-100) | -0.04 | 0.05 |

Supplementary Table 5: Models 5.0, 5.1, 5.2, and 5.3 investigating the impact of reward value, harshness, and variability on participants' likelihood of switching jars in Study 2. a) WAIC estimates and standard error comparison. b) Model estimates and $95 \%$ credible intervals. c) Contrasted predictions between Harsh and Not Harsh conditions for responsive and elective switching, characterized by switching after finding rewards between 0-45 and 55-100 units, respectively, from the best fit model. d) Contrasted predictions between Harsh and Not Harsh conditions for responsive switching, characterized by switching after finding rewards between $0-25$, from the best fit model.
a)

|  | WAIC diff | se |
| :--- | :---: | :---: |
| Model 5.3 | 0 | 0 |
| Model 5.2 | -161.1 | 18.7 |
| Model 5.1 | -2561.6 | 68.5 |
| Model 5.0 | -12507.9 | 134.2 |



| b) | Model 5.0 |  | Model 5.1 |  | Model 5.2 |  | Model 5.3 |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Log-Odds | Cl (95\%) | Log-Odds | Cl (95\%) | Log-Odds | Cl (95\%) | Log-Odds | Cl (95\%) |
| Intercept | -1.24 | -1.36--1.13 | 4.08 | 3.79-4.37 | 8.99 | 8.37-9.66 | 8.69 | 8.04-9.39 |
| rewardfound |  |  | -0.08 | -0.09--0.08 | -0.15 | -0.16--0.14 | -0.14 | -0.15--0.13 |
| harshness: h | arsh |  |  |  | 0.08 | -0.25-0.40 | 0.26 | -0.26-0.79 |
| universe: uv |  |  |  |  | -5.28 | -5.89--4.70 | -4.93 | -5.57--4.28 |
| harshnesshar | rsh:rewardfo |  |  |  | -0.00 | -0.01-0.00 | -0.01 | -0.01-0.00 |
| universeuv:re | wardfound |  |  |  | 0.07 | 0.06-0.08 | 0.06 | 0.05-0.07 |
| harshnesshar | rsh:universe |  |  |  |  |  | -0.20 | $-0.68-0.31$ |
| harshnesshar | rsh:universe | :rewardfound |  |  |  |  | 0.00 | -0.01-0.01 |
| c) | Not Har | - Harsh | HDP 2.5\% | HDP 97.5\% | Not Har | - Harsh | HDP 2.5\% | HDP 97.5\% |
|  | Stable Res | onsive (0-45) | -0.01 | 0.01 | Stable Ele | ctive (55-100) | -0.02 | 0.06 |
|  | Variable Re | onsive (0-45) | -0.02 | 0.05 | Variable E | ctive (55-100) | -0.00 | 0.06 |
| d) | Not Har | - Harsh | HDP 5\% | HDP 95\% |  |  |  |  |
|  | Stable Res | onsive (0-25) | 0.00 | 0.00 |  |  |  |  |
|  | Variable Re | onsive (0-25) | -0.02 | 0.02 |  |  |  |  |

Supplementary Information for Variability and harshness shape flexible strategy-use, support for the Constrained Flexibility Framework
Supplementary Table 6: Models 6.0, 6.1, 6.2, 6.3 \& 6.4 investigating the impact of reward value, incentive, harshness, and variability, on participants' likelihood of switching jars between Study 1 and Study 2. a) WAIC estimates and standard error comparison. b) Model estimates and $95 \%$ credible intervals. c) Contrasted predictions between Harsh and Not Harsh conditions for responsive and elective switching, characterized by switching after finding rewards between 0-45 and 55-100 units, respectively, from the best fit model. Note, data from both Study 1 and Study 2 are included.


Supplementary Information for Variability and harshness shape flexible strategy-use, support for the Constrained Flexibility Framework
Supplementary Table 7: Models 7.0, 7.1, 7.2, 7.3 \& 7.4 investigating the impact of reward value, incentive, harshness, and variability, on participants' likelihood of switching jars including age, sex, and specific reward schedule, between Study 1 and Study 2. a) WAIC estimates and standard error comparison. b) Model estimates and 95\% credible intervals. c) Contrasted predictions between Harsh and Not Harsh conditions for responsive and elective switching, characterized by switching after finding rewards between $0-45$ and $55-100$ units, respectively, from the best fit model. Note, data from both Study 1 and Study 2 are included.


## Supplementary Table 7 continued:

| universeuv:harshnessharsh:incentivenomoney rewardfound:universeuv:harshnessharsh:incentivenomoney |  |  |  | -0.02 -0.11-0.08 | $\begin{aligned} & -0.01 \\ & -0.00 \end{aligned}$ | $\begin{gathered} -0.11-0.09 \\ -0.01-0.01 \end{gathered}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| c) | No - Monetary Incentive | HDP 2.5\% | HDP 97.5\% | No - Monetary Incentive | HDP 2.5\% | HDP 97.5\% |
|  | Stable Responsive (0-45) Not Harsh | -0.03 | 0.00 | Stable Responsive (0-45) Harsh | -0.02 | 0.00 |
|  | Stable Elective (55-100) Not Harsh | -0.11 | 0.01 | Stable Elective (55-100) Harsh | -0.11 | 0.01 |
|  | Variable Responsive (0-45) Not Harsh | -0.05 | 0.09 | Variable Responsive (0-45) Harsh | -0.04 | 0.09 |
|  | Variable Elective (55-100) Not Harsh | 0.00 | 0.15 | Variable Elective (55-100) Harsh | 0.00 | 0.13 |

Supplementary Information for Variability and harshness shape flexible strategy-use, support for the Constrained Flexibility Framework
Supplementary Table 8: Models 8.0, 8.1, 8.2, 8.3 \& 8.4 investigating the impact of reward value, incentive, harshness, and variability, on participants' likelihood of switching jars for participants who reported that the Harsh condition was more stressful than the Not Harsh condition, between Study 1 and Study 2. a) WAIC estimates and standard error comparison. b) Model estimates and $95 \%$ credible intervals. c) Contrasted predictions between Harsh and Not Harsh conditions for responsive and elective switching, characterized by switching after finding rewards between 0-45 and 55-100 units, respectively, from the best fit model. Note, data from both Study 1 and Study 2 are included.


| b) | Model 8.0 |  | Model 8.1 |  | Model 8.2 |  | Model 8.3 |  | Model 8.4 |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Log-Odds | CI (95\%) | Log-Odds | CI (95\%) | Log-Odds | CI (95\%) | Log-Odds | CI (95\%) | Log-Odds | CI (95\%) |
| Intercept | -1.20 | -1.30--1.10 | 4.06 | 3.78-4.34 | 8.93 | 8.26-9.64 | 8.61 | 7.91-9.34 | 8.61 | 7.93-9.37 |
| rewardfound |  |  | -0.08 | -0.09--0.08 | -0.15 | -0.16--0.14 | -0.14 | -0.15--0.13 | -0.14 | -0.15--0.13 |
| harshness: ha |  |  |  |  | 0.10 | -0.18-0.37 | 0.53 | -0.02-1.07 | 0.50 | -0.05-1.04 |
| universe: uv |  |  |  |  | -5.49 | -6.13--4.90 | -4.99 | -5.68--4.34 | -4.98 | -5.67--4.33 |
| incentive: no | oney |  |  |  | 0.21 | -0.36-0.78 | 0.16 | -0.67-0.97 | 0.12 | -0.72-0.96 |
| rewardfound | harshnessharsh |  |  |  | -0.01 | -0.01--0.00 | -0.01 | -0.02--0.00 | -0.01 | -0.02--0.00 |
| rewardfound | universeuv |  |  |  | 0.08 | 0.07-0.08 | 0.07 | 0.06-0.08 | 0.06 | 0.05-0.08 |
| rewardfound | incentivenomo |  |  |  | -0.00 | -0.01-0.01 | -0.00 | -0.01-0.01 | -0.00 | -0.02-0.01 |
| universeuv:h | arshnessharsh |  |  |  |  |  | -0.59 | -1.08--0.07 | -0.59 | -1.08--0.10 |
| universeuv:in | centivenomoney |  |  |  |  |  | -0.06 | $-0.66-0.54$ | -0.08 | -0.69-0.55 |
| harshnessha | :incentiveno |  |  |  |  |  | 0.01 | -0.44-0.45 | 0.10 | -0.36-0.57 |
| rewardfound | universeuv:har | nessharsh |  |  |  |  | 0.01 | -0.00-0.02 | 0.01 | 0.00-0.02 |
| rewardfound | universeuv:inc | ivenomoney |  |  |  |  | 0.01 | $-0.00-0.02$ | 0.01 | -0.00-0.02 |
| rewardfound | harshnessharsh | centivenomon |  |  |  |  | -0.00 | -0.01-0.01 | -0.00 | -0.01-0.01 |
| universeuv:h | arshnessharsh:i | entivenomoney |  |  |  |  | -0.02 | -0.12-0.08 | -0.01 | -0.11-0.09 |
| rewardfound | universeuv:har | nessharsh:ince | venomoney |  |  |  |  |  | -0.01 | -0.01-0.00 |
| c) | No - Monet | y Incentive |  | HDP 2.5\% | HDP 97.5\% | No | Monetary In | entive | HDP 2.5\% | HDP 97.5\% |
|  | Stable Resp | sive (0-45) N | Harsh | -0.02 | 0.01 | Stable | esponsive (0 | 45) Harsh | -0.01 | 0.02 |
|  | Stable Electi | (55-100) No |  | -0.09 | 0.05 | Stable | lective (55-1 | 0) Harsh | -0.06 | 0.07 |
|  | Variable Res | nsive (0-45) | ot Harsh | -0.03 | 0.13 | Variable | Responsive | -45) Harsh | -0.03 | 0.10 |
|  | Variable Ele | ve (55-100) N | Harsh | 0.00 | 0.18 | Variabl | Elective (55-10 | 00) Harsh | -0.02 | 0.10 |

Study 1 : No Added Incentive

## Harsh Condition



Not Harsh Condition


Study 2 : Monetary Incentive

## Harsh Condition Not Harsh Condition




Supplementary Figure 1. Participants' self-reported feelings of stress during the Harsh and Not Harsh Conditions in Study 1 and Study 2.


