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Audio-visual concert performances synchronize an audience's heart rates.

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28 Supplementary Materials

Supplementary Table 1: Outline of the sections. For Bach's Prelude and Fugue, the sections were
clear with double bar lines, repeat bar lines, or a change in thematic material, tempo and/or
harmony. For Beethoven's Sonata, section changes occurred mainly with changing material
and/or double bar line. For Messiaen, section changes occurred with changes of tempo (indicated
by the composer) and/or double bar lines. Supplementary Table 1 presents a brief description of
each section.

Piece	Section	Bar	Metre	Temp	00	Description
				М	SD	
Bach	1	1	12/8	88	5	First section of prelude, main theme of ascending semiquaver and triplet pattern followed by descending quavers.
	2	17	12/8	86	4	Repeat of first section of prelude - exact same music as in previous section.
	3	33	12/8	84	4	Second section: development of semiquaver-triplet- quaver theme.
	4	57	12/8	86	3	Repetition of introductory material (i.e., ascending and descending patterns as in bars 1-17) in the second section.
	5	73	12/8	84	4	Repeat the second section.
	6	97	12/8	82	11	Repeat of introductory material in the second section.
	7	113	2/2	88	9	Fugue in four voices. Musical material has a natural development of subject in a clear 2/2 pulse.
Beethoven	1	1	6/8	48	3	First section. Quiet, relatively clear quaver pulse.
	2	9	6/8	54	5	Second section. Bass has semi quaver Alberti bass.
	3	17	6/8	50	7	Dynamics changing loud, forte, reinforced chords.
	4	26	6/8	51	5	Quaver pulse in left hand, nice quiet melody in right hand, which gets louder over time.

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	5	30	6/8	58	9	Triplet quaver pulse in left hand, with low pit low pitch right hand, followed by minor, followed by high-pitched demisemiquavers in right hand.
	6	44	6/8	58	5	Repetition of the first section material.
	7	56	6/8	53	6	Repetition of section 3 material.
	8	65	6/8	50	8	Quaver pulse LH, RH semidemi triplets, which speed
						up to hemidemisemiquavers, start quieter and lower
						in register, increase in pitch and dynamic.
	9	76	6/8	58	10	Closing section. Quaver pulse mostly with semitone
						intervals
Maggiagn	1	1		0(0	Program (grange - 1(0) Pulsating continuerous
Messiaen	1	1		86	8	Pres vif (quaver = 160). Pulsating semiquavers, occasional 'blasts' of acciaccatura quaver.
	2	2		(0)	11	_
	2	2		60	11	Modéré (quaver = 138). Expressing
	3	3		71	15	Un peu plus vif (quaver = 160). Quaver trills in H, RH
						semiquaver triplet
		4		71	17	Bien modéré (mais de plus en plus véhément
						crotchet tied to semiquaver = 58. Repetitive 5
						semiquaver, (2+2+1) falling motif, occasionally
						interrupted by accented slower semiquaver chords
		5		42	10	Très modéré, Tempo rubato (quaver = 104).
						Accented 4 note chords in an arching kind of manner
		6		70	10	Modéré (quaver = 138). Quaver, preceded by 5
						semiquaver, and burst scalic upward patterns,
						followed by semiquaver pattern
		7		41	20	Similar to section 5.
		8		81	14	Similar to section 1.
		9		37	29	Starts similar to Section 5 and 7, followed by trills in
						LH, hemidemisemiquaver pulsations in RH.
	1		1		1	

Supplementary Table 2. Results from Wilcoxon signed-rank tests between time-averaged
 synchrony across 30 second bins calculated with original (time-locked) data and synchrony

		Heart	Res	Respiration			
	Wilcoxon signed rank statistic	р	Effect size	Wilcoxon signed rank statistic	р	Effect size	
SRC	1	< .001	.863	115	.331	.268	
ISC	14	< .001	.786	9	<.001	.811	
SRPC	97	.223	.371	186	.317	.140	
ISPC	133	.893	.035	120	.391	.163	

39 calculated with control (circular-shifted) data.

Synchrony measure	Piece	Wilcoxon	p
ISC-HR	Bach	66	0.0501
	Beethoven	12	<.001
	Messiaen	15	<.001
ISC-RR	Bach	48	0.00485
	Beethoven	17	<.001
	Messiaen	41	0.00109
ISPC- heart	Bach	144	0.592
	Beethoven	138	0.733
	Messiaen	76	0.175
ISPC- respiration	Bach	99	0.242
	Beethoven	136	0.951
	Messiaen	144	0.864
SRC-HR	Bach	4	<.001
	Beethoven	3	<.001
	Messiaen	15	<.001
SRC-RR	Bach	86	0.117
	Beethoven	83	0.0564
	Messiaen	166	0.663
SRPC- heart	Bach	144	0.581
	Beethoven	94	0.305
	Messiaen	63.5	0.0424
SRPC- respiration	Bach	123	0.665
	Beethoven	175	0.491
	Messiaen	174	0.509

Supplementary Table 3. Wilcoxon significance test, between pieces.

Synchrony measure	Condition	Wilcoxon	p
ISC-HR	AO	34	<.001
ISC-HR	AV	21	<.001
ISC-RR	AO	18	<.001
ISC-RR	AV	20	<.001
ISPC-Heart	AO	180.	0.212
ISPC-Heart	AV	49.5	0.013
ISPC-Respiration	AO	139	0.988
ISPC-Respiration	AV	132	0.623
SRC-HR	AO	5	<.001
SRC-HR	AV	1	<.001
SRC-RR	AO	93	0.179
SRC-RR	AV	109	0.252
SRPC-Heart	AO	116	0.52
SPRC-Heart	AV	87	0.21
SRPC-Respiration	AO	143	0.893
SRPC-Respiration	AV	159	0.812

Supplementary Table 4. Wilcoxon significance test, between modality conditions.

46 Supplementary Table 5. Wilcoxon significance test for phase synchrony for
47 observations where audience members rated higher than mid-point for 'urge to move'
48 (i.e., a rating of 4 and above on a 7-point scale, see Czepiel et al., 2023).

Synchrony measure	Wilcoxon	р
ISPC- heart	69	0.495
ISPC- respiration	88	0.798
SRPC- heart	46	0.090
SRPC- respiration	94	0.984

51 **Supplementary Table 6.** Linear mixed models comparing synchrony between

52 modalities for maximal model (all random effects specified). These maximal models gave

53 errors (see accompanying code).

		SRC-HR			ISC-HR			ISC-RR		
Predictors	Estimates	CI	р	Estimates	CI	р	Estimates	CI	р	
(Intercept)	0.050	0.020 - 0.080	0.001	0.012	0.002 - 0.022	0.020	0.021	0.009 - 0.033	0.001	
mod [AV]	0.009	-0.006 - 0.024	0.246	0.010	0.001 - 0.019	0.028	0.002	-0.009 - 0.013	0.698	
Random Effects										
σ^2	0.01			0.00			0.01			
τ_{00}	0.00 mac:conc			0.00 mac	conc		0.00 mac:conc			
	0.00 piece	e		0.00 piece	e		0.00 piece	e		
	0.00 conc			0.00 conc	:		0.00 conc			
τ_{11}	0.00 mac1	0.00 mac1.modAO		0.00 mac1.modAO			0.00 mac1.modAO			
	0.00 _{mac2}	0.00 mac2.modAV		0.00 mac2.modAV			0.00 mac2.modAV			
Q01										
Q01										
Ν	$2_{\rm conc}$			$2_{\rm conc}$			2_{conc}			
	3 piece			3 piece			3 piece			
	16 _{mac}			16 mac			16 mac			
Observations	1075			1075			1152			
Marginal \mathbb{R}^2 / Conditional \mathbb{R}^2	0.002 / N	IA		0.008 / NA			0.000 / NA			

Supplementary Table 7. Linear mixed models for modality and time window for
temporal epochs centred around section boundaries for maximal model (all random

67 effects specified). These maximal models gave errors (see accompanying code).

		SRC-HR			ISC-HR			ISC-RR	
Predictors	Estimates	CI	р	Estimates	CI	р	Estimates	CI	р
(Intercept)	0.07	0.04 - 0.10	<0.001	0.04	0.02 - 0.06	<0.001	0.05	0.03 - 0.07	<0.001
mod [AV]	0.03	-0.00 - 0.06	0.085	0.03	0.01 - 0.05	0.001	-0.03	-0.060.00	0.037
win-10	-0.01	-0.04 - 0.02	0.357	-0.02	-0.040.00	0.017	-0.00	-0.03 - 0.03	0.825
win-5	0.02	-0.02 - 0.05	0.305	-0.00	-0.02 - 0.01	0.647	-0.00	-0.03 - 0.02	0.796
win [5]	-0.04	-0.070.01	0.015	-0.02	-0.04 - 0.00	0.066	-0.04	-0.060.01	0.009
win [10]	-0.04	-0.070.01	0.007	-0.03	-0.050.01	0.013	-0.03	-0.060.01	0.014
modAV:win-10	-0.00	-0.04 - 0.04	0.917	-0.02	-0.04 - 0.01	0.218	0.03	-0.01 - 0.07	0.156
modAV:win-5	0.01	-0.04 - 0.05	0.795	-0.01	-0.03 - 0.02	0.583	0.01	-0.02 - 0.05	0.495
mod [AV] × win [5]	-0.04	-0.08 - 0.01	0.089	-0.04	-0.070.02	0.002	0.04	0.00 - 0.08	0.032
mod [AV] × win [10]	-0.05	-0.100.01	0.015	-0.05	-0.070.02	0.001	0.04	-0.00 - 0.08	0.052
Random Effects									
σ^2	0.01			0.00			0.01		
τ_{00}	0.00 mac.conc		0.00 mac.conc			0.00 mac.conc			
	0.00 piece		0.00 piece			0.00 piece			
	0.00 _{conc}		-	0.00 _{conc}			0.00 _{conc}		
τ_{11}	0.00 mac.			0.00 mac.win10			0.00 mac.win-10		
	0.00 mac.			0.00 mac.1.modAV			0.00 mac.win-5		
	0.00 _{mac.}			0.00 mac1.win0			0.00 mac.win5		
	0.00 _{mac1}			0.00 mac2.win-10			0.00 mac.win10		
	0.00 mac2			0.00 mac3.win-5			0.00 mac1.win0		
	0.00 mac3			0.00 mac4.win5			0.00 mac2.win-10		
	0.00 _{mac4}			0.00 mac5.win10			0.00 mac3.win-5		
	0.00 mac5			0.00 _{mac} .			0.00 mac		
	0.00 mac.			0.00 _{mac} .			0.00 mac		
	0.00 mac.						0.00 mac.modAO		
							0.00 _{mac} .		
Q ₀₁									
Q ₀₁									
Ν	2 conc		2 conc			2 conc			
		3 piece			3 _{piece}				
	16 mac			16 mac			16 mac		
Observations	645			645			690		
Marginal \mathbb{R}^2 / Conditional \mathbb{R}^2	0.148 / N	A		0.133 / NA			0.027 / NA		

Supplementary Table 8. Linear mixed models of raw heart and respiration rate (HR,
RR)', at time window for temporal epochs centred around section boundaries for
maximal model (all random effects specified). These maximal models gave errors (see
accompanying code).

		Heart Rate		R	espiration Rat	e		
Predictors	Estimates	CI	р	Estimates	CI	р		
(Intercept)	61.79	52.18 - 71.40	<0.001	18.80	17.49 - 20.12	<0.001		
win-10	0.45	0.06 - 0.85	0.024	0.15	-0.13 - 0.44	0.285		
win-5	0.25	-0.14 - 0.64	0.213	-0.24	-0.52 - 0.05	0.104		
win [5]	0.37	-0.02 - 0.76	0.064	0.10	-0.18 - 0.39	0.474		
win [10]	0.53	0.14 - 0.92	0.008	0.07	-0.21 - 0.35	0.628		
Random Effects								
σ^2	2.54			1.45				
τ_{00}	45.31 _{ma}	c.conc		6.65 _{mac} .	conc			
	0.15 piece	e		0.44 piece	•			
	42.36 _{con}	ic		0.00 _{conc}				
τ_{11}	9.47 _{mac1}	l.win0	0.00 mac.win-10					
	10.05 _{ma}	c2.win-10		0.00 mac.	win-5			
	9.81 mac3	3.win-5		0.00 mac.	win5			
	9.86 mac ²	4.win5		0.00 mac.	win10			
	9.40 macs	5.win10		0.00 mac1	.win0			
	6.79 _{mac} .	modAO		0.00 mac2	2.win-10			
	16.86 _{ma}	c.modAV		0.00 mac3	3.win-5			
				0.00 mac ⁴	.win5			
				0.00 mac5	5.win10			
				1.49 mac.modAO				
				0.38 mac.	modAV			
Q01								
Q01								
Ν	2_{conc}			$2_{\rm conc}$				
	3 piece			3 piece				
	16 mac			16 mac				
Observations	645			690				
Marginal R ² / Conditional R ²	0.013 / N	ΙA		0.013 / NA				