Premerger phenomena in neutron-star binary coalescences

Arthur G. Suvorov,^{1,2,*} Hao-Jui Kuan,³ and Kostas D. Kokkotas² ¹Departament de Física Aplicada, Universitat d'Alacant, Ap. Correus 99, E-03080 Alacant, Spain ² Theoretical Astrophysics (IAAT), University of Tübingen, Tübingen, D-72076, Germanv ³Max Planck Institute for Gravitational Physics (Albert Einstein Institute), 14476 Potsdam, Germany

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A variety of high-energy events can take place in the seconds leading up to a binary neutron-star merger. Mechanisms involving tidal resonances, electrodynamic interactions, or shocks in massloaded wakes have been proposed as instigators of these precursors. With a view of gravitationalwave and multimessenger astrophysics more broadly, premerger observations and theory are reviewed emphasising how gamma-ray precursors and dynamical tides can constrain the neutron-star equation of state, thermodynamic microphysics, and evolutionary pathways. Connections to post-merger phenomena, notably gamma-ray bursts, are discussed together with how magnetic fields, spin and misalignment, crustal elasticity, and stratification gradients impact observables.

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I. INTRODUCTION

Massive stars that have exhausted their fuel reservoir eventually collapse, as the outward pressures no longer resist the inward gravitational pull. The brilliant supernovae that accompany these collapses rip away most of the outer layers of material, though the inner layers become more and more compressed. Subatomic fermions provide a last bastion of resistance against this compression through their degeneracy pressures because of the Pauli exclusion principle. The strongest such pressure is from neutrons, and thus neutron stars represent some of the most compact objects in the universe, behind only black holes and the hypothetical quark stars. Neutron-star core densities likely reach supranuclear levels (~ 10^{15} g/cm³; Lattimer, 2021; Oertel *et al.*, 2017; Özel and Freire, 2016) because their stellar radii are of order ~ 10 km. Studying their properties thus enables, for instance, tests of the "low-energy" limit of quantum chromodynamics with baryonic degrees of freedom and general relativity (GR). The exact chemical makeup of a star defines its equation of state (EOS), determining the particulars of which constitutes one of the open problems in high-energy astrophysics.

Neutron-star mergers are some of the brightest events in the universe. A crescendo of gravitational waves (GWs) are released during the final moments of inspiral culminating in a "chirp" and subsequent ringdown of the hyperactive remnant left behind at the crash site, being either a black hole or another, heavier neutron star (e.g. Shibata *et al.*, 2003; Shibata and Uryū, 2000). In the latter case the object will likely be short-lived: it may maintain a state of metastability despite having a mass larger than the maximum (i.e. Tolman-Oppenheimer-Volkoff limit) applying to an "ordinary" neutron star if supported by centrifugal (Falcke and Rezzolla, 2014), thermal (Kaplan *et al.*, 2014), or magnetic (Suvorov and Glampedakis, 2022b) pressures.

Much of the fireworks come shortly after the actual coalescence in the form of gamma-ray bursts (GRBs), primarily of the short variety with prompt durations less than two seconds though there is evidence that some mergers can also fuel long bursts (e.g. Levan *et al.*, 2024; Troja *et al.*, 2022). Through either a fireball-like (neutrino-anti-neutrino) or Poynting-like process a relativistic jet is collimated by the remnant, providing the impetus for a wealth of emissions that are both luminous (isotropic energies often reach ~ 10^{53} erg) and broadband (spanning ~ 20 magnitudes in frequency space via long-lived afterglows). The multimessenger event GW170817/GRB170817A (Abbott *et al.*, 2017b; Goldstein *et al.*, 2017) has not only firmly established the merger-GRB connection but has been used to place strong constraints on the nature of matter in extreme environments and hypothetical departures from GR in the ultraviolet (e.g. Abbott *et al.*, 2019; Chatziioannou, 2020; Dietrich *et al.*, 2021).

A range of luminous and sometimes multiband events can also take place in the moments *leading up to* a binary coalescence. One of the main subjects of this Review pertains to such *precursors*: a fraction ($\lesssim 5\%$; Wang and Liu, 2021) of merger-driven GRBs show statistically-significant gammaray flashes before the main GRB. While other types of precursors may be released premerger (covered in Sec. VII), we typically write *precursor* to specifically refer to these firstround gamma flares. Indeed, many reviews are devoted to the topic of merger phenomena, involving numerical simulations and observations of inspiral, remnant dynamics, and the subsequent forming of relativistic jets (see Baiotti and Rezzolla, 2017; Burns, 2020; Ciolfi, 2018; Faber and Rasio, 2012; Kiuchi, 2024; Radice et al., 2018; Sarin and Lasky, 2021; Shibata and Hotokezaka, 2019, for instance). Comparatively little attention has been given towards a complete description of what can be (and has been!) learned just prior to merger where such precursors may be expected. Our goal is to fill this gap, motivated in part by recent observational campaigns devoted to searching for precursor flares (e.g. Coppin et al., 2020; Deng et al., 2024; Wang et al., 2020) and the ushering in of the LIGO-Virgo-KAGRA (LVK) collaboration's O4 science run. In the spirit of the burgeoning field of multimessenger astrophysics, we also cover the theory of tides and premerger GWs in detail in the hope that a reader not interested in gamma-ray precursors may still find value.

Precursor flashes give promise for a plethora of information about fundamental physics, naturally complementing that associated with merger and postmerger phenomena. A premerger precursor could be used, for instance, to improve sky localization for an impending collision if nothing else (see, e.g. Cooper et al., 2023). One key difference though is that premerger objects are likely *cold*, and thus arguably give a better handle on the EOS as the impact of \gg MeV temperatures and a littered environment (e.g. from dynamical ejecta) do not require disentangling. Precursors are observationally diverse. They have waiting times — relative to the main GRB (not merger!) — spanning ~ 30 ms to ~ 20 s. Their durations and luminosities span a commensurate number of magnitudes, with spectra varying from being almost a perfect blackbody to being highly non-thermal. Such an assortment of characteristics makes a strong case that there may be subpopulations of such precursors fuelled by different means (e.g. Wang and Liu, 2021). By dividing our discussion on precursors into observational (Sec. V) and theoretical (Sec. VI) elements, we hope to build a full picture of these rich systems.

Premerger precursors are primarily thought to be caused by one of two means. The first involves direct, electromagnetic interactions between the two stars (e.g. Hansen and Lyutikov, 2001; Palenzuela *et al.*, 2013; Wada *et al.*, 2020; Wang *et al.*, 2018). For instance, if the inspiralling constituents have dipole moments which are anti-aligned with respect to each other, ample reconnection can take place as the field lines get more and more entwined as the orbit decays. To get large luminosities one would expect the flares to be emitted very close to merger as the dipole fields die off like the cube of distance. One may anticipate relatively short *waiting times* (see Sec. V) in this case therefore, unless magnetars are involved in the merger. Spectral and other considerations of certain precursors however give reason to suspect that some mergers do indeed contain a magnetar (e.g. Dichiara *et al.*, 2023; Suvorov *et al.*, 2024; Xiao *et al.*, 2024), despite the fact that the GW inspiral time exceeds the characteristic Ohmic-decay timescale by orders of magnitude (see Sec. II.C).

The second ignition mechanism involves tidal fields. Tides can not only deform the star geometrically ("equilibrium tide") but also excite internal fluid motions ("dynamical tides"). These internal motions are characterised through a set of quasi-normal modes (QNMs). These QNMs, which come in a few families (e.g. *g*-modes) that we properly introduce in Secs. IV.A.3 and VI.D though sprinkle information about throughout, can be driven to large amplitudes when coming into resonance with the dynamical tidal field. This tidal driving can manifest gravitationally, through a dephasing of the gravitational waveform, and electromagnetically, by liberating potential energy a star whose crustal layers succumb to the high-amplitude pulsations. Ruptures and subsequent energy release models are akin to some of those considered for magnetar flares (see, e.g. Thompson and Duncan, 1993, 1995), though in the premerger context the cause of *crustal failure* is QNM resonances rather than the gradual build-up of mechanical stress from the secular evolution of a superstrong field.

Galactic neutron stars exhibit a variety of multiwavelength phenomena, the varying characteristics of which has invited rather detailed classification schemes over the years, with stars being grouped into categories such as recycled, radio, or X-ray pulsars (e.g. Enoto *et al.*, 2019). We describe how precursors, and inspiral lead-up more generally, can inform us about each of these pathways. This Review is thus roughly divided into two halves: that devoted to GWs and that to electromagnetic precursors, described in more detail below.

A. Structure and purpose of this review

Premerger phenomena can be either gravitational or electromagnetic, both of which we cover in later sections. Before doing so however, it is important to give a sense of background regarding both neutron star macro- (Sec. II) and microstructure (Sec. III), as these aspects are that which we hope to learn about from multimessenger channels. We aim to make this Review self-contained therefore by exploring theoretical and observational elements of neutron-star properties.

The main purpose of this work is to detail some aspects that we feel have received little attention. For example, the theory of dynamical tides is rich and varied in the literature, with several different notations being used and so on. Similarly, precursors seem to have escaped attention despite their, as we argue at least, propensity for educating us about neutron-star physics. Figure 1 depicts the various elements we describe throughout together a rough timeline of anticipated events.

We begin by introducing details about neutron-star structure generally (macrophysics in Sec. II and microphysics in Sec. III), to pave the way in describing how the final ~ 20 seconds of inspiral may appear. Sec. IV covers the gravitational aspects of this: how does inspiral occur, at what order do post-Newtonian (PN) effects come into play, and most importantly how tides influence the dynamics. The resonant QNMs that are excited lead to a gravitational dephasing of the waveform that can be studied and used to infer properties about the inspiralling constituents. These tides however may also be important for (at least modulating) precursor emissions. The observational elements of these precursors are described and collated in Sec. V with theoretical explanation(s) and modelling in Sec. VI. These ideas in the context of multimessenger astrophysics more generally are reviewed in Sec. VII with a summary given in Sec. VIII.

The hasty reader who is familiar with neutron stars but cares about tidal-interaction theory and/or GWs can skip to Sec. IV, while a reader most interested in precursors observations or theory can head to Secs. V and VI, respectively.

B. Remarks on notation

We use subscripts A, B to denote primary and companion elements of a binary. Here "primary" will usually mean the heavier object, though for some theoretical discussions it may simply refer to the object for which finite size effects are resolved when ignoring (as is typical) the multipolar structure of the companion. In cases where no ambiguity can arise, the subscripts are dropped for presentation purposes. We adopt the indicator α for arbitrary mode quantum numbers in reference to a radial and angular decomposition; see Sec. IV.A. If only a right-hand subscript is written (e.g. q_i), this refers to the radial node number n with $\ell = m = 2$. Most of this Review is carried out in a Newtonian language, where Latin indices (aside from n, m, or ℓ) refer to spatial components of a tensorial object (typically with respect to a spherical basis). Linear frequencies are written with $f_{\alpha} = \omega_{\alpha}/(2\pi)$ for angular frequencies ω . When discussing object spin and the orbit, the symbol ν is used instead for the linear frequency (e.g. $\Omega_{\rm orb} = 2\pi\nu_{\rm orb}$). A superscript asterisk indicates complex conjugation. An overhead dot denotes a time derivative.

II. NEUTRON STAR MACROSTRUCTURE

The macrostructure of a neutron star, such as its mass and radius (via the EOS), impacts greatly on premerger phenomena. In order to be self-contained, this section provides a brief review of that macrostructure with a view of the key aspects that will be relevant for us later in describing GWs and precursors.



FIG. 1 Cartoon depiction of premerger events culminating in a GRB with at least one precursor flare. A binary of cold neutron stars inspiral, and the equilibrium tidal imprint on the gravitational waveform can be used to deduce something about stellar structure. Once the orbital frequency matches that of some mode, dynamical tides start to induce a dephasing in the waveform through resonances; heating occurs meanwhile. Modes exert stress on the crust such that it may overstrain after time t_E for favourable eigenfunctions. Magnetoelastic and/or thermal energy is released following a flare development timescale t_F , possibly modulated by quasi-periodic oscillations (QPOs; as in GRB 211211A). Once the separation is sufficiently small, magnetospheric interactions may also be powerful enough to produce bright gamma-ray or broadband emissions. In the final stages, the fundamental mode may also become resonant. The stars then coalesce, at the peak of the GW signal, the information of which can be further used to decipher the nature of the inspiralling stars and the remnant (as for GW 170817). The remnant, whether a neutron star of some meta-stable variety or a black hole, likely surrounded by a temporary accretion disk in any case, can then launch a GRB jet that successfully drills out after some delay timescale, t_J .

A. Equations of state

Neutron stars exhibit an astonishing range of multiwavelength phenomena, from steady radio pulsing to rare storms of powerful soft-gamma flares (e.g. Olausen and Kaspi, 2014). From a nuclear physics perspective however, it is thought that neutron-star matter comes into beta equilibrium shortly after birth (Hoyos et al., 2008). This implies that their cores are described by a unique EOS moderated by small, thermodynamic perturbations. Proto-stars, especially those born in merger events (Alford and Harris, 2018), may be exempt however as new particle production pathways can be opened at super-MeV temperatures. For mature stars a barotropic EOS is typically used though, where the hydrostatic pressure p is just a function of the rest-mass density, ρ . This latter quantity is distinct from the *energy density* ϵ , though sometimes in the literature one can find "EOS" of the form $p = p(\epsilon)$; see Section 2 of O'Boyle et al. 2020 for a discussion.

Many EOS families have been considered in the literature (Lattimer, 2021; Özel and Freire, 2016), primarily owing to our collective ignorance regarding the behaviour of matter at supra- and hypernuclear densities at low temperatures. The EOS families we consider in an effort to make this Review self-contained - mass-radius curves of which are displayed in Figure 2 — cover stars with purely $nep\mu$ compositions to those exhibiting phase transitions to free-quark regimes (i.e. the hybrid stars, like ALF2; Alford et al., 2005). Although some of the considered EOS cannot support the heaviest (confirmed¹) neutron star observed to-date, namely PSR J0740+6620 with a mass of $\sim 2.08^{+0.07}_{-0.07} M_{\odot},$ we consider them for completeness (especially those that pass right through the heart of GW 170817 contours). Another object worth mentioning in this landscape is HESS J1731-347, with a mass of $\gtrsim 0.8 M_{\odot}$ and $R \approx 10.4$ km (Doroshenko *et al.*, 2022); if indeed this was representative of the lower limit to the possible neutron star mass, it would impose serious restrictions to the EOS and formation mechanisms. J1731 measurements would, funnily enough, be totally consistent with the dashed-curve EOS in Fig. 2 that do not reach $M \gtrsim 2M_{\odot}$; see Figure 5 in Ofengeim et al. 2024.

Thermal and inviscid effects in a mature neutron star, though crucial for modelling buoyancy-restored oscillations (i.e. g-modes; see Sec. IV.A.3) especially in the crust (see Sec. III.A), are often not present in many of the "standard" EOS tables because the effects are thought to be safely negligible below ~ 0.1 MeV where the chemical potential is tiny. Such corrections can be handled with a $\propto T^2$ thermal pressure contribution. The "general purpose EOS" (following the naming of the catalogue) available on the CompOSE catalogue² provide such information. Although a few general purpose EOS do extend to a lower cutoff at 10^7 K (e.g. SLy4 and APR), many of them have their tables truncated at minima of 10^9 K (still much higher than expected of a mature star seconds before merger; though cf. Sec. IV.E) since lower temperatures are well-modelled by cold EOS with some perturbative corrections, as described above.

The impact of realistic thermal profiles on the g-spectra in this perturbative sense has been detailed by Krüger et al. 2015 and by Kuan et al. 2023 with an independent code, finding consistent results. As found by Kuan et al. 2022a, the qspectra are linked to the "slope" of the EOS M vs. R curve, and are especially sensitive to central densities in the range of 1–3 ρ_0 for nuclear saturation value $\rho_0 \approx 2 \times 10^{14} \text{ g cm}^{-3}$ (Lattimer and Prakash, 2001). The same slope impacts on the universality of some relations between bulk properties and dominant peaks in postmerger waveforms (Raithel and Most, 2022). Kuan et al. 2022a also found that g-mode scaling relations can be grouped according to EOS, with hadronic ones that can support heavy stars (solid lines in Fig. 2), those that cannot (dashed), and EOS involving phase transitions leading to either hyperon nucleation or quark deconfinement (dashdotted); we refer the reader to Sedrakian et al. 2023 for a review on hyperonisation. These three families each abide by a different set of "asteroseismological relations" that can, in principle, be distinguished by observations.

Detailed analyses of the EOS population, their historical development, together with astrophysical applications and constraints are found in Lattimer 2021; Lattimer and Prakash 2001; Oertel et al. 2017; Özel and Freire 2016. Observationally, masses can be constrained from a variety of methods, ranging from orbital timing of binaries to the phased-resolved tracking of thermal hotspots atop an isolated star to GWs. Observations of the moments of inertia can also be made from periastron advance in binaries (Greif et al., 2020). We now turn to describing a few EOS families. Note that some of the EOS appearing in Fig. 2 are not covered below despite their consistency with data, though could adequately be described as "relativistic models." For example, MPA and ENG are based on Dirac-Brueckner-Hartree-Fock models for purely nucleonic matter, while GNH(3) is a relativistic mean-field EOS that also contains hyperonic matter. In one of the considered EOS (ALF2) a hadron-quark hybrid core is present, described through the MIT bag model.

1. WFF family

The WFF family (WFF1-3) was developed in the late 1980s (Wiringa *et al.*, 1988) based on realistic nucleon-nucleon interactions calculated using many-body methods. This family

¹ For an up-to-date catalogue of neutron-star mass measurements, at least where there are no substantial systematics due to mass transfer or mass loss, see https://www3.mpifr-bonn.mpg.de/staff/ pfreire/neutronstar_masses.html. There are supposedly heavier "spiders", though these are highly dynamical and also rotating rapidly.

² These and many other EOS can be obtained in a tabulated form at (Typel *et al.*, 2015): https://compose.obspm.fr/home/.

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FIG. 2 Mass-radius diagram for select EOS (see plot legends). These EOS belong to three different groups, distinguished by curve style (solid, dashed, dot-dashed; see main text). Inferences on the mass and radius of pulsars involved in binaries (PSR J0740+6620 and PSR J0348+0432) and in the binary merger event GW170817 are overplotted in the shaded regions.

treats nucleons as non-relativistic particles, utilising the Argonne v14 (so-named because it uses 14 operator components to model nucleon-nucleon interactions) and Urbana vII potentials which account for three-nucleon forces. The family is generally considered to be a softer EOS, especially WFF1. According to the WFF family of EOS, the maximum mass of a neutron star typically ranges up to $2.2M_{\odot}$ (WFF1-2) in agreement with the aforementioned observations. Still, recent results from GW170817 and the Neutron Star Interior Composition Explorer (NICER) suggest a stiffer EOS, thus WFF1 is excluded as being too soft; it is for this reason we have excluded it from Figure 2. Despite these limitations, many works still use the WFF family of EOS as representatives of softer EOS. The WFF family has improved over time by including additional interactions and so on, with many modern EOS stemming from it (see, e.g. Wiringa et al., 1995).

2. APR family

The APR EOS is named for the authors Akmal, Pandharipande, and Ravenhall who developed it in the late 1990s (Akmal *et al.*, 1998). It is widely adopted, despite the fact that at high densities relativistic corrections are large and using the non-relativistic Schrödinger equation at $\rho \sim \text{several} \times \rho_0$ is questionable, as it meets the maximum mass observational limit in the static limit (and beyond to $\sim 2.3 M_{\odot}$), models the cooling evolution (implicitly via proton-fraction predictions and beta-decay rates in superfluids) as observed in young and old neutron stars (see, e.g. Anzuini et al., 2022), and can meet the constraints set by GW observations of neutron-star mergers; it is not necessarily unique in these respects though. The APR EOS is derived from a microscopic nuclear many-body theory using the variational chain summation method. It predicts a phase transition from pure nucleonic matter to a state including nucleons and a neutral pion condensation at high densities (Schneider et al., 2019) and incorporates realistic nucleon-nucleon interactions based on the Argonne v18 potential (which, as per the discussion above, includes 18 interaction operators). In addition to two-body interactions, it includes three-body forces using the Urbana IX potential: these are essential for providing *repulsive* interactions at high densities. It is through these repulsive interactions that one may construct heavier neutron stars. For up-to-date discussions, see Burgio et al. 2021; Schneider et al. 2019.

3. SLy family

The SLy EOS is based on a semi-empirical approach that parameterises the interactions between nucleons (protons and neutrons) in terms of density-dependent coefficients of the nuclear interactions (Chabanat *et al.*, 1997, 1998; Douchin and Haensel, 2001; Gulminelli and Raduta, 2015). It is derived from the Lyon-Skyrme energy-density functional (SLy) and uses a parameter set of coefficients that are chosen to accurately describe the properties of both symmetric nuclear matter (equal numbers of protons and neutrons) and neutron-rich matter. This parameter set (e.g. with terms weighting the kinetic energy of nucleons) has been fitted to various properties of finite nuclei and nuclear matter, including binding energies, charge radii, and neutron-skin thicknesses. Neutron star models constructed using the SLy EOS can reach a maximum mass of $\sim 2.1 M_{\odot}$ and have a radius of $11 \leq R \leq 13$ km for typical neutron stars with a mass of $1.4 M_{\odot}$, it is therefore a relatively stiff EOS. The SLy EOS is designed to be valid for a wide range of densities, ranging from the crust up to a few times the nuclear saturation density. It agrees well with observational data and is widely used in simulations of supernovae and neutron star mergers, especially updated versions with finite-temperature corrections (Gulminelli and Raduta, 2015; Raduta and Gulminelli, 2019; Schneider *et al.*, 2017).

4. BSk family

The BSk EOS, consisting of a series of models (Goriely et al., 2013; Pearson et al., 2012, 2018, 2011; Potekhin et al., 2013), is developed through the use of the Brussels-Skyrme (BSk) energy-density functionals³. Like SLy, BSk is based on Skyrme-type energy-density functionals that use densitydependent coefficients to parameterise nucleon-nucleon interactions. These functionals are fitted to match experimental data on finite nuclei and nuclear matter, resulting in various BSk models (BSk19-26, with labelling similar to that of Argonne described earlier with the appended number representing how many terms were utilised via a Hartree-Fock-Bogoliubov mass model) with parameters chosen to provide a good fit to empirical data. Like other EOS, it also assumes beta equilibrium and maintains charge neutrality, though finite-temperature corrections are included. The predicted mass-radius relationship varies depending on the BSk model chosen, but typically predict a radius of 11-13 km for 1.4 M_{\odot} neutron star models, as for SLy. The BSk models also predict a relatively high maximum mass of between 2 and 2.4 M_{\odot} . In Fig. 2 we show the M-R relation for one member of this family, BSk25, for which the maximum mass is 2.23 M_{\odot} and the radius of the model with $1.4 M_{\odot}$ is ≈ 12.3 km.

B. Rotation and binary alignment

Angular momentum is ubiquitous in nature. In the case of neutron stars, approximate angular momentum conservation during the supernova process implies that proto-stars can be born spinning fairly quickly, even for relatively slow progenitors. Depending on the progenitor and the impact of fallback accretion (Stockinger *et al.*, 2020), some neutron stars may be born with millisecond spin periods (Fields, 2022); though see also Varma and Müller 2023; Varma *et al.* 2023. Even for "slow" objects (e.g. magnetars performing a full revolution at rates less than once per few seconds), it is essential to account for rotation when considering electromagnetic observables. Depending on the rotational phase the signal can be broadened or lost due to beaming effects, which impacts interpretation. Observationally, neutron stars seem to be anything between practically static up to spins of ~ 800 Hz. Why there is such an observational upper limit is a topic of active research, invoking various explanations from GW-enhanced spindown to centrifugal propellering either from a companion or fallback (see, e.g. Patruno *et al.*, 2012, for a discussion).

One would like to know what the likelihood of having a "rapidly" rotating star taking part in a merger is. A review of spin properties in binaries, and the formation of double neutron-star systems in general, can be found in Tauris et al. 2017. The situation is somewhat complicated however, and it has been argued that there may be three sub-populations of double neutron-star systems with distinct spin distributions, pertaining to (i) short-period and low-eccentricity binaries, (ii) wide binaries, and lastly (iii) short-period, high-eccentricity binaries (Andrews and Mandel, 2019). The canonical formation channel involves a symbiotic binary (i.e. without dynamical captures) where there are two supernovae. These supernovae are separated by a timescale that is sensitive to a number of evolutionary specifics related to common-envelope evolution and how susceptible the companion is to Roche-lobe overflow, which in turn depends primarily on the mass ratio (e.g. van den Heuvel, 2019).

Prior to double neutron-star formation, accretion by the first born from the non-degenerate star can be either of a disk or wind-fed nature, and will tend to spin-up the neutron star thereby leading to a "recycled" object with a spin that is (close to) aligned with the orbital angular momentum. A discussion on predictions for alignment angles can be found in Section 2.3 of Kuan et al. 2023 and references therein: several binaries have non-negligible misalignment angles as measured through geodetic precession and optical polarimetric measurements (e.g. PSR B1534+12 in a double neutron-star system with a misalignment of $\sim 27^{\circ}$; Fonseca *et al.*, 2014). Such misalignment is relevant for the excitation of non-axisymmetric modes during inspiral (see Sec. IV.C). Either way, for a spin-up rate of $\dot{\nu}\gtrsim 10^{-14}~{\rm Hz~s^{-1}}$, not unusual from observations or torque theory (Glampedakis and Suvorov, 2021), the firstborn neutron star could attain spins of $\gtrsim 100$ Hz within significantly sub-Hubble times $\lesssim 10^2$ Myr (see table 1 in Tauris et al., 2017). Given that the dipolar magnetic field may be buried by large factors via epochs of mass infall (Melatos and Payne, 2005; Suvorov and Melatos, 2016, 2019; Vigelius and Melatos, 2009, see also Sec. II.C), the spindown that sets in, once the secondary collapses and stops gifting material, may not be sufficient to erase spinup before merger.

Zhu *et al.* 2018 estimate that between 15 and 30% binary neutron-stars will have spins measurable via GWs at $\gtrsim 90\%$ confidence. This implies the importance of accounting for spin in tidal modelling, as all mode eigenfrequencies are skewed by even a modest degree of rotation; see equation

³ The table of BSk EOS can be generated by the resources provided in http://www.ioffe.ru/astro/neutronstarG/BSk/.

C. Magnetic fields

It has been recognised since the dawn of pulsar astronomy that rotating magnetic fields, as an induction-conduit for electric fields, are not only responsible for radio activity but also instigate the star's gradual slowdown and moderate crustal activity. In order to accurately interpret neutron star activity to unveil the stellar EOS and other aspects, models of their magnetic fields, together with their evolution and dynamics, have been constructed in the literature from a variety of techniques. Magnetic fields are crucial for all of the electromagnetic, premerger phenomena considered here; we therefore feel it is appropriate to provide a brief discourse on current understanding of magnetic structure. If strong enough, magnetic fields may even alter the GW signals associated with inspiral or EOS (e.g. Dexheimer *et al.*, 2017) in a variety of ways; see Sec. IV.D.

Although a complete survey of how the magnetic field impresses on observables associated with the neutron star population at large lies well beyond the scope of this Review (see Enoto *et al.*, 2019, for a thorough exposition), many observations have proven that magnetic multipoles and topologically complicated structures are a reality:

- ★ Data from NICER and other experiments indicate that 'hotspots' atop millisecond pulsars (e.g. PSR J0030+0451) are not antipodal (Bilous *et al.*, 2019; Riley *et al.*, 2021). This implies equatorially-asymmetric heating, and therefore a magnetic field composed of a mix of odd and even-order multipoles (Kalapotharakos *et al.*, 2021; Suvorov and Melatos, 2020).
- ★ Models of pulsar radio-activation cannot explain the bulk of the population if the surface and magnetospheric field geometries are dipolar, i.e. dipole "death lines" cut right through the middle of the population on the *B*-*P* diagram (Chen and Ruderman, 1993; Hibschman and Arons, 2001).
- * The morphology of pulsed emissions are highly varied, with some systems displaying long term epochs of nulling or interpulses. Interpulse phenomenology in radio pulsars can be qualitatively explained by an oblique rotator with a multipolar magnetic field, as the emissions are then composed of multiple components (Barnard and Arons, 1982). The X-ray light curve from the magnetar SGR1900+14 also displays interpulselike phenomena, which may be contributed by multiple hotspots on the surface (Beloborodov and Thompson, 2007). Zhang et al. 2007 suggest that starspots (i.e. localised, multipolar fields) may emerge through Hall evolution near the poles of neutron stars that are hovering around the death line, sporadically allowing the hosts to pulse and possibly explaining nulling (see also Suvorov et al., 2016).

- * Many pulsar *braking indices* differ from the canonical dipole value of 3, which points towards a complicated field geometry, anomalous braking torques, and/or mass-loaded winds initiating a different spindown behaviour (Barsukov and Tsygan, 2010; Melatos, 1999). Glitch activity (Johnston and Galloway, 1999), Hall waves launched from superconducting phase transitions (Bransgrove *et al.*, 2024), or inclination angle evolution (Johnston and Karastergiou, 2017) may also notably affect this index, $n = \nu \ddot{\nu} / \dot{\nu}^2$.
- * Simulations of accretion show that even small accretion columns (or 'magnetic mountains') warp field lines far from the column itself (Melatos and Payne, 2005; Suvorov and Melatos, 2019, 2020), with field line compression within the equatorial belt persisting over long, Ohmic timescales (Vigelius and Melatos, 2009). Given that all neutron stars born from core collapse exhibit some degree of fallback accretion at birth from a temporary disc of bound material, one might expect all stars to have 'buried' and multipolar components (Melatos and Priymak, 2014). Even ignoring this possibility, particle production and backflow in the magnetosphere will gradually advect field lines, instigating some (small) degree of multipolarity surviving over diffusion timescales. Such considerations were initially motivated by the observation that neutron stars in lowmass X-ray binaries (LMXBs; undergoing Roche-lobe overflow) tend to possess unusually low magnetic field strengths (Bhattacharya and van den Heuvel, 1991).
- Cyclotron resonant scattering line energies demand that a number of accreting and isolated neutron stars possess local fields (much) stronger than those implied by global, dipole-field observations (Staubert *et al.*, 2019).
- ★ Current bundles injected into the magnetosphere by crustal motions twist the fields there, inducing multipolarity (Beloborodov, 2009). Mdels of neutron star activity often invoke crustal failures as seeding events for outbursts (such as glitches or flares, e.g. Baym and Pines, 1971; Dall'Osso and Stella, 2022; Suvorov and Kokkotas, 2019), and therefore such injections may be common. In fact, crust failures are one of the mechanisms proposed for premerger precursors; see Sec. VI.

Aside from *poloidal* multipoles, the neutron star magnetic field also likely contains a toroidal component:

★ Precession in magnetars, such as 4U 0142+61 (Makishima *et al.*, 2014) and SGR 1900+14 (Makishima *et al.*, 2021), are most straightforwardly explained through a (sub-)crustal toroidal field of strength \gtrsim 10^{16} G: such a field introduces a prolate distortion along the magnetic axis, which then becomes misaligned with the rotation axis, causing free precession (see also Mastrano *et al.*, 2015b; Suvorov and Kokkotas, 2020a).



FIG. 3 Conventional view of pulsar operation with a "twisted torus" magnetic field (Braithwaite and Nordlund, 2006) and polar gap(s) (Lorimer and Kramer, 2004). The presence of complicated magnetic substructure is highlighted.

- ★ Mixed fields are necessary for the stability of the star. Magnetohydrodynamic (MHD) models and stability analyses demonstrate that purely poloidal/toroidal fields are unstable over even short timescales (Akgün *et al.*, 2013; Bekenstein and Oron, 1979; Herbrik and Kokkotas, 2017; Tayler, 1973).
- ★ A universal feature of magnetothermal evolutions is that energy is regularly swapped between the toroidal and poloidal sectors (e.g. Dehman *et al.*, 2023; Pons and Perna, 2011). Similarly, high-order multipoles are inevitable consequences of cascade phenomena via Hall drift (Suvorov *et al.*, 2016) or plastic flows (Gourgouliatos *et al.*, 2022).

Figure 3 illustrates the conventional picture of pulsar operation and the presence of magnetic substructure generally (including the likelihood of internal multipoles and a superconductor; see Sec. III.D). Interpretation of neutron-star phenomena is complicated by the fact that emissions must traverse the interstellar (or intergalactic) medium, which can lens photons or GWs (see, e.g. Suvorov, 2022).

Perhaps more importantly for us here, magnetic fields are subject to decay. The exact way in which this occurs within a neutron star can be subtle. For example, evolution in the crust is thought to be governed by a coupled Hall-Ohm system (Goldreich and Reisenegger, 1992), at least for sub-magnetar ($\leq 10^{15}$ G) fields where plastic flow does not enter the picture (Gourgouliatos and Lander, 2021). Hall evolution is strictly conservative though and so even though the decay is only

driven by Ohmic terms, Hall drift tends to accelerate such a decay by cascading: energy is transferred from large to small scales whereupon it is more susceptible to decay.

If we ignore plastic flows (though see, e.g. Gourgouliatos *et al.*, 2022; Gourgouliatos and Lander, 2021; Suvorov and Melatos, 2023), the overall crustal field strength evolution may be written, after solving a simplified volume-averaged version of the induction equation following Aguilera *et al.* 2008, as

$$B(t) = B_0 \frac{\tau_{\rm H}}{e^{t/\tau_\Omega} \left(\tau_{\rm H} + \tau_\Omega\right) - \tau_\Omega},\tag{1}$$

with $\tau_{\rm H} = 4\pi e n_e L^2/cB_0$ and $\tau_{\Omega} = 4\pi\sigma_{\rm e} L^2/c^2$ for lengthscale $L \lesssim R$ (smaller for higher-order multipoles), initial field strength $B(0) = B_0$, electron number-density n_e , and electrical conductivity $\sigma_{\rm e}$. For typical parameter choices in the crust, we may have therefore that $\tau_H \sim {\rm few} \times 10^4 (B_0/10^{14} {\rm ~G})^{-1} {\rm ~yr}$ and $\tau_{\Omega} \sim {\rm few} \times {\rm Myr}$. Given, however, that the GW inspiral time is orders of magnitude longer than either of these times unless the field strength is $\sim 10^{10} {\rm ~G}$, one anticipates weak fields at time of merger. This has important implications for the precursor flares we discuss in Sec. V.

It is important to note however that there are some ways around the decay issue, such as via Hall-stalling (i.e. the system reaches a quasi-equilibrium where $\tau_{\rm H}$ tends to some much larger number; Gourgouliatos and Cumming, 2014), an absence of crustal impurities (which increase the conductivity and hence the Ohmic time; Igoshev and Popov, 2018), plastic flows (which can work to halt electron flows and thus suppress cascading and the formation of multipoles; Gourgouliatos *et al.*, 2022; Suvorov and Melatos, 2023), or dynamical capture (thereby avoiding issues related to decay altogether). Whether it is at all possible for magnetar-level fields to persist over cosmological timescales remains an active area of research (see, e.g. Igoshev and Popov, 2018; Suvorov and Glampedakis, 2022a, for discussions).

III. NEUTRON STAR MICROSTRUCTURE

In some cases of relevance, the stellar microstructure can also influence premerger observables. Again in the interests of being self contained, this section delves into some relevant aspects of microphysics, with an emphasis on the crust.

A. Basic elements of crustal physics

Although a neutron star may be born with temperatures in excess of \gtrsim MeV, especially in a merger, the system begins to cool rapidly through a sequence of beta decays (Urca reactions) as neutrinos flood outward from what is currently an envelope (e.g. Eichler *et al.*, 1989; Rosswog and Liebendörfer, 2003; Sekiguchi *et al.*, 2011). The details of these very early stages in the star's life are a matter of active research and lie beyond the scope of this Review; see, for instance, Sarin and

Lasky 2021. Still, this early behaviour *is* important as concerns some early post-merger phenomena within our purview, so some details are touched on in subsequent sections.

Nevertheless, for the mature stars taking place in a merger, it is expected that the outer layers long ago formed an elastic solid that should be distinguished from the liquid core. These low-density regions, with the exception of the very outer layers comprised of a thin ocean and atmosphere, are called a crust because nuclei are cold enough to freeze and form a crystalline solid which can sustain stress. The crust is important for all electromagnetic phenomena from neutron stars, as it is ultimately the region where external field lines are anchored. During late inspiral, a great deal of heat is generated via the tidal field and resonant modes; this heating (see Sec. IV.E), in addition to the stresses exerted by resonant pulsations (see Sec. III.B), and despite the fact that the crust constitutes only $\sim 1\%$ of the total stellar mass, plays a central role in the precursor phenomena covered in later Sections.

The nuclear phase of the matter in the envelope can be understood through the Coulomb coupling parameter for ions

$$\Gamma = \frac{Z^2 e^2}{a_i k_B T},\tag{2}$$

where Z denotes the number of protons in the ion, a_i is the ion sphere radius (i.e. the Wigner-Seitz cell radius) such that $4\pi a_i^3/3$ equals the volume per ion, $1/n_i$, e is the elementary charge, k_B is the Boltzmann constant, and finally T represents the temperature. Aside from fundamental constants, each ingredient defining Γ varies with depth in a complicated way (Chamel and Haensel, 2008). Once the temperature drops sufficiently (~ 10⁸ K) such that $\Gamma \gtrsim 175$ (e.g. Farouki and Hamaguchi, 1993), the liquid envelope solidifies via a first-order phase transition into an elastic material — the crust.

In general, because of the density dependence in expression (2), the crust may not entirely encompass the final $\gtrsim 1$ km of the star. It is expected at least that there will be an 'ocean' separating the crust from the magnetosphere (e.g. Gittins *et al.*, 2023, see also Sec. VI.D.3), the physics of which depends strongly on temperature, meaning first of all that a zero-temperature EOS cannot apply (Gudmundsson *et al.*, 1983) but also that no stress can be supported there. Roughly speaking, the crust-core transition takes place at a (baryon) density of $n \approx 0.096$ fm⁻³ (Douchin and Haensel, 2001; Lorenz *et al.*, 1993; Negele and Vautherin, 1973), i.e. $\rho \approx 10^{14}$ g/cm³. Crust-ocean and ocean-atmosphere transitions occur at much lower densities which are highly-temperature and composition dependent; (see Figure 2 in Harutyunyan and Sedrakian, 2016, for instance).

1. Supporting stress

In elasticity theory, the extent to which a solid can withstand stress is mathematically encapsulated by the so-called Lamé coefficients relating stress and strain (Truesdell *et al.*, 2004). At a linear level, these are just the shear and bulk modulii, the latter of which is expected to be dynamically negligible in the crust (Chamel and Haensel, 2008). Given that the majority of work regarding oscillations or restorative forces in the crust are discussed at a linear level, and the difficulty of microphysical calculations, little is known about the higherorder coefficients in the crust. We do not discuss nonlinear elasticity further here (though see Andersson and Comer, 2021; Sotani *et al.*, 2024).

Still, the shear modulus, μ , is the leading-order quantity relevant for elastically-supported oscillations and stress support. Even though there really are multiple shear modulii which depend on the shape of nuclei (Pethick and Potekhin, 1998), we neglect such complications (e.g. related to the possibility of nuclear "pasta") and assume a single contributor. For the standard (i.e. spherical-nuclei) shear modulus, the often-quoted expression valid at low temperatures comes from Strohmayer *et al.* 1991, viz.

$$\mu_{\rm S91} \approx 0.1194 \frac{n_i (Ze)^2}{a_i},\tag{3}$$

which is proportional to Γ . More sophisticated variants can also be found, such as that due to Horowitz and Hughto 2008 who fit results to molecular dynamics simulations,

$$\mu_{\rm HH08} \approx \left(0.1106 - \frac{28.3}{\Gamma^{1.3}}\right) \frac{n_i (Ze)^2}{a_i}.$$
(4)

Next-to-leading-order temperature corrections are discussed by Baiko 2011 and others, as are various physical corrections to these formulae (again see Chamel and Haensel, 2008). At the linear (i.e. Hookean) level, μ is the proportionality factor relating (shear) stress, σ , to the elastic strain, $s^{\rm el}$, viz. (e.g. Beloborodov and Levin, 2014)

$$s_{ij}^{\rm el} = -\frac{\sigma_{ij}}{\mu}.$$
(5)

In GR, arriving at a similar relationship is rather more involved, though can achieved through the Carter and Quintana 1972 relations defining the elastic stress tensor through a Lie derivative. A modern discussion on relativistic elasticity can be found in Andersson and Comer 2021. The shear stress can be related to the Lagrangian eigenfunction associated with generic motions (see Sec. IV.A.1) through

$$\sigma_{ij} = \frac{1}{2} (\nabla_i \xi_j + \nabla_j \xi_i), \tag{6}$$

where index symmetry is manifest. The perturbed metric and Christoffel symbols also appear in the GR variant of (6). Although often the Maxwell stress is used directly to define σ in works involving magnetar events, this is strictly-speaking invalid: one must instead model the perturbative viscoelastic response to magnetic pressues, which tends to induce significantly lower strains than the Maxwell terms alone (see Bransgrove *et al.*, 2024; Kojima, 2024, for recent emphases).

TABLE I Estimates for the breaking strain, σ_{max} , obtained from the literature, in ascending order according to publication date. This list is not exhaustive, though roughly illustrates the plausible range of values depending on assumptions made on crustal microphysics. The parameter $s \approx 0.185 Z^{1/3} c/v_F$ has been introduced by Kozhberov and Yakovlev 2020 for electron Fermi velocity v_F .

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Physical model/simulation setup	$\sigma_{\rm max}$ (dimensionless)	Reference(s)
Imperfect (alkali) metals	$\gtrsim 10^{-5}$	Smoluchowski 1970
Perfect one-component crystal	$10^{-2} \lesssim \sigma_{\rm max} \lesssim 10^{-1}$	Kittel 1976
Li crystals (57% Mg, $T \lesssim 100$ K)	$10^{-5} \lesssim \sigma_{\rm max} \lesssim 10^{-2}$	Ruderman 1991
Energy and event rates of magnetar flares	$\lesssim 10^{-3}$	Thompson and Duncan 1995
Perfect, defective, and poly-crystal ($\Gamma \sim 834$)	~ 0.1	Horowitz and Kadau 2009
Perfect body-centred cubic crystal	$\left(0.0195 - \frac{1.27}{\Gamma - 71}\right) n_i \frac{Z^2 e^2}{a_i}$	Chugunov and Horowitz 2010
Pure and imperfect crystals (various compositions)	$\gtrsim 0.1$	Hoffman and Heyl 2012
Maximum strain set by spin limit ($\lesssim 1$ kHz)	$0.008 \lesssim \sigma_{ m max} \lesssim 0.089$	Fattoyev et al. 2018
Polycrystalline crust (anisotropic, variable)	$\sim 0.04 (< 0.3)$	Baiko and Chugunov 2018
Idealised nuclear pasta ($T = 1 \text{ MeV}$)	~ 0.3	Caplan et al. 2018
Deformed mono-crystals	$\approx 0.02 \frac{\sqrt{1+1.451s^2}}{1+0.755s^2}$	Kozhberov and Yakovlev 2020
Multi-ion (strongly ordered) crystal ($T \ll MeV$)	$0.02 \lesssim \sigma_{ m max} \lesssim 0.08$	Kozhberov 2023
Near-equilibrium, stretched lattice (various composition)	~ 0.05	Baiko 2024

B. Breaking strain

One anticipates that for $\Gamma \gtrsim 175$ the outer layers (except for the *very* outer layers being oceans and atmosphere) of the neutron star will solidify an elastic solid that can support stress up until a point where a "failure" event occurs. Such stresses can develop through multiple channels, being a general mass quadrupole moment or "mountain" (e.g. Gittins *et al.*, 2023; Suvorov and Melatos, 2019), deformations due to gradual spindown (Baym and Pines, 1971; Kerin and Melatos, 2022a), differential rotation between the crust and interior neutron superfluid (i.e. spherical Couette flow; Ruderman, 1976), magnetic field evolution (e.g. Suvorov, 2023), or resonant pulsations (see Sec. VI). What this threshold is — the topic of this subsection — has important implications for a variety of phenomena therefore (e.g. Lander *et al.*, 2015; Thompson and Duncan, 1993, 1995).

The reason for quotations around the word *failure* above is that exactly how an overstraining event manifests in the crust is not well understood. As discussed in Sec. VI.C, this may have applications for precursors also. The simplest type of picture one may have of failure is that of a brittle material. The elastic maximum is breached, and suddenly the region "cracks" like glass. In this way one can envision an immediate and large release of magnetoelastic energy: field lines that were once held fixed (cf. Alfvén's flux-freezing theorem) are now free to reconnect, as the stress holding everything together falters. Jones 2003 and other authors have argued against this picture, effectively because the hydrostatic pressure in the crust exceeds the shear modulus by $\gtrsim 2$ orders of magnitude, inhibiting the formation of true voids. It is likely that a more realistic picture is that of *plastic* deformations: the crust becomes overstrained and undergoes a permanent but not immutable deformation (e.g. Li et al., 2016). In this case, heat is released as the region fails and twist is injected into the magnetosphere via plastic motions, which prime it for reconnection and magnetic eruptions leading to energy release.

The critical strain, $\sigma_{\rm max}$, has been estimated through a variety of different techniques and approximations over the last ~ 50 years, as collated in Table I. It is a very difficult problem, in general, to estimate global features of the crust via molecular dynamics or other simulations, which are inherently local. For instance, the simulations of Horowitz and Kadau 2009 apply for $\sim 10^{11}$ femtometers of material. As emphasised by Kerin and Melatos 2022a, while the former authors found a global failure mechanism once the critical strain of $\sigma_{\rm max} \sim 0.1$ is reached, it is probable that in a real crust the failure mechanism differs because of lattice dislocations, grain boundaries, permanent or temporary deformities due to previous failures, and other mesoscopic imperfections.

Aside from deducing σ_{max} , there are multiple criteria that have been considered as to how strain leads to failure. Arguably the most popular is that of the von Mises criterion, where one stipulates that

$$\sigma = \frac{1}{2} \sqrt{\sigma_{ij} \sigma^{ij}} \ge \sigma_{\max} \implies \text{failure.}$$
 (7)

Another mechanism, perhaps more physical as discussed by Chugunov and Horowitz 2010 and others, is the Zhurkov model (Truesdell *et al.*, 2004). The main stipulation is that thermodynamic fluctuations should exceed some threshold energy in order for the breaking to occur. It is arguably more realistic since it accounts for the fact that stress is applied over a finite time interval, which leads to a more gradual deformation of the material in question, rather than in an abrupt sense as predicted by (7). Nevertheless, because of its simplicity, the von Mises criterion is often used in the literature (e.g. Lander *et al.*, 2015; Suvorov, 2023; Suvorov and Kokkotas, 2019) and is that which we adopt in this Review.

Based on the values of maximum stress that can be sustained by the crust, the most recent and sophisticated estimates of which are in the range ~ 0.04 to ~ 0.1 (see Tab. I; at least when discounting the possibility of pasta structures in the inner mantle), one can attempt to probe the interior from multimessenger measurements (see Secs. IV and VI).

1. Mountains

Another way in which the critical breaking strain impacts on neutron star predictions is through the maximum mountain size (i.e. mass quadrupole moment or ellipticity). While not especially relevant for premerger phenomena per se, whether or not a star had a history of GW emission could influence evolutionary channels and especially spin (Sec. IV.C). For example, GW radiation-reaction contributes to spindown, and thus it may be that if the maximum mountain size is small (as is predicted by modern approaches; Gittins et al., 2023), a larger mean spin frequency in late-stage inspirals may apply. This could impact on mode frequency distributions, and the plausibility of late-stage dynamo activity (as described in Sec. VI.E). If a neutron star taking part in a merger already has a mountain through an old pile-up of accreted material (e.g. Melatos and Payne, 2005) or some other means, the effective σ_{max} necessary to instigate failure would be reduced. Typically though, models assume an initially relaxed (elastic) state for the crust with $\sigma(t=0)=0$.

C. Stratification gradients

The imprint of composition or temperature can be quantified introducing the convenient parameterisation

$$\tilde{\Gamma} = \gamma (1 + \delta), \tag{8}$$

where γ is the adiabatic index associated with the beta equilibrium star, $\gamma = \frac{\epsilon + p}{p} \frac{dp}{d\epsilon}$. The function (parameter) $\tilde{\Gamma}$ — not to be confused with the Coulomb coupling parameter Γ — is that associated with the perturbation, generally computed in the "slow-reaction limit" where one assumes that the composition of a perturbed fluid element is frozen, and is related to the sound speed via $c_s^2 = p\tilde{\Gamma}/(\epsilon + p)$. As such, by enforcing that the Lagrangian variation of some particle (proton) fraction is zero, the neighbourhood of perturbed fluid elements are no longer in beta equilibrium and the system supports buoyancy modes (Aerts et al., 2010; Unno et al., 1979). Generally, δ is both a function of time and space as the star heats and has position-dependent temperature and composition, with the matter such that $\delta \geq 0$ to satisfy the Schwarzschild criterion for convective stability. Compositional impacts are described above, while thermal ones can be estimated following Krüger et al. 2015 and others

$$\delta_T(t, \boldsymbol{x}) \approx \left[\frac{k^2 \pi^2}{6} \sum_x \frac{n_x(\boldsymbol{x})}{E_F^x(\boldsymbol{x})}\right] \frac{T(t, \boldsymbol{x})^2}{p(t, \boldsymbol{x})}, \qquad (9)$$

for particle species x, with number density n_x and Fermi energy E_F^x , where the sum runs over the species list. Note these latter quantities could also be treated as functions of time if chemical reactions are accounted for. The subscript T indicates a thermal contribution, clearly vanishing as $T \rightarrow 0$.



FIG. 4 Stratification profile for an isothermal star for the (cold) SLy EOS with a mass of 1.41 M_{\odot} , where the crust-core boundary is indicated. A value of $\delta = 0.006$ is marked, considered roughly as a canonical average in a number of studies (see text). The curve terminates at the stellar surface, where we do not consider ocean or atmospheric layers. Adapted from Kuan *et al.* 2023.

As such, a particular temperature profile and equation of state implies some value for δ that can be calculated selfconsistently. Figure 4 shows one such case for an isothermal star with $T = 4 \times 10^6$ K. Taking the finite temperature SLy4 and APR EOS from the CompOSE catalog, we also show δ for a 1.41 M_{\odot} star with constant temperature $T = 10^7$ K in Figure 5. A line corresponding to $\delta = 0.006$ is shown for reference: such a value for the stratification is considered typical for pre-merger neutron stars in the literature (Andersson and Pnigouras, 2020; Ho and Andersson, 2023; Kuan *et al.*, 2022a; Xu and Lai, 2017). We see that a constant $\delta = 0.006$ approximately depicts the stratification in the outer regions near the crust-core interface, where the *g*-modes are mostly supported.

Within Fig. 5 we normalise the (coordinate) radius by the stellar radius to compare stars with two different EOS. We truncate the domain (i.e. $r/R \ge 0.65$) to show the δ profile in the outer core and crust only, as the stratification becomes minute at lower radii (cf. Fig. 4). The spiky behaviour near 0.9 $\lesssim r/R \lesssim 0.95$ corresponds to densities where nuclei crush after reaching their respective saturation values (Douchin and Haensel, 2001). Although certain types of smoothing are often performed (see, e.g. Haensel and Potekhin, 2004; Potekhin et al., 2013), we did not implement such filtering to the directly-accessible data from CompOSE. The spiky nature of the δ profile in this case highlights the complications present when trying to calculate realistic qmode spectra and out-of-equilibrium processes when using finite-temperature EOS. Still, the δ values are quantitatively similar to the case of (9). Strong magnetic fields could also affect the effective stratification (Dexheimer et al., 2017).

In reality, perturbations of a neutron star will lead to a departure from beta equilibrium, possible changes to the lo-



FIG. 5 Stratification profile for an isothermal ($T = 10^7$ K) star with a mass of 1.41 M_{\odot} for the finite temperature SLy4 (blue) and APR (red) EOS accessible within the CompOSE catalogue. The radial coordinate is normalised by the stellar radius for the respective models.

cal viscosity, and heat propagation (Hiscock and Lindblom, 1983; Israel, 1976; Israel and Stewart, 1979; Stewart, 1977). The local effect of beta gradients can kill off *a*-modes with a frequency lower than the reaction rate as a result of the suppressed compositionally supported buoyancy (Andersson and Pnigouras, 2019; Counsell et al., 2024), combined with the fact that heating leads to a shift in mode frequencies (see Sec. IV.E). The influences of diffusive physics in the oscillation spectrum and in the tidal interaction, in the context of coalescing binary neutron stars, are still not well understood. Some recent attempts have been made with simplified models (Hammond et al., 2021; Ripley et al., 2023; Saketh et al., 2024); in particular, Ripley et al. 2024 suggested that these effects lead to a measurable phase shift in the GWs for high signal-to-noise-ratio events so that constraints on the bulk viscosity can be placed.

D. Superfluidity and superconductivity

Mature neutron stars tend to be relatively cold with $k_BT \ll \text{MeV}$. In this context, "cold" means that their thermal energies are well below the corresponding (core) Fermi energies, $10 \leq E_F \leq 100 \text{ MeV}$ [noting that the Fermi energy of neutrons is $E_F \approx 100 (\rho/2\rho_0)^{2/3}$ MeV; Shapiro and Teukolsky 1983]. Because of the high degree of degeneracy, the neutrons and protons (and perhaps some exotica) occupying the core of the star are expected to become both superfluid and superconducting within $\leq 100 \text{ yr}$ (see Haskell and Sedrakian, 2018, for a review). The exact temperature at which such a transition occurs is both density- and pairing-mechanism dependent and a matter of active research, though is in the neighbourhood of $T_c \approx 10^9$ K (see Figure 1 in Andersson, 2021b, for example). With the possible exception of some rare dynamical capture events (Ye *et al.*, 2020, see also

Sec. IV.F), stars taking part in a merger should be below this temperature.

Various phases of the crust are also expected to be in such low-resistance states. While simple estimates all bit confirm that that the electrons living in the neutron star crust are not superconducting (the critical temperature is practically zero); by contrast, as the strong interaction has an attractive component and neutrons and protons are fermions, they are expected to form a Cooper-pair condensate at low enough temperatures and thus neutrons in the crust are in fact likely to be superfluid (Migdal, 1959; Wolf, 1966).

One important aspect of superfluid+superconducting states in premerger objects concerns q-modes, and thus dynamical tides more generally. If the neutrons are superfluid they do not contribute to the buoyancy that other fluid constituents experience following some perturbation, as they are free to "move out of the way" (Passamonti et al., 2016). As described by Kantor and Gusakov 2014 and others, the neutron component is thus essentially decoupled from the oscillations and so the mass of some given oscillating fluid element is *smaller* by a factor that depends on the relative particle abundances. Less inertia for the same force implies a greater oscillation frequency; typically, superfluid g-modes have factor ≈ 4 larger eigenfrequencies than their normal counterparts (Andersson, 2021b; Yu and Weinberg, 2017). This scaling of course depends sensitively on the exact EOS, the presence of temperature gradients, spin, and so on.

Treating the system with a realistic, multi-fluid approach and noting that leptons (electrons and muons) are the main distributors of entropy in a superfluid core (Passamonti *et al.*, 2016), modes supported by leptonic buoyancy exist and may be significant also (Kantor and Gusakov, 2014). The leptonic Brunt-Väisälä frequency does not exist in the crust however and thus these *g*-modes are unlikely to be relevant for precursors (Sec. VI), though could be for GWs as their linear frequencies are several hundred Hz (Rau and Wasserman, 2018).

Larger frequencies imply *later* resonances as far as dynamical tides are concerned, which generally means the overlap integrals will be larger but conversely that the window in which the resonances are active will be smaller (see Sec. IV.A.3). Nevertheless, Yu and Weinberg 2017 found the net energy siphoned from the orbit into the oscillations is ~ 10 times larger than the normal fluid case. This clearly may be important as concerns inferences on the nuclear EOS from GW measurements of dephasing, as even the normal-fluid *g*-modes can be significant (see Figures 8 and 9 in later sections, and also Ho and Andersson 2023). Such an investigation was carried out by Yu *et al.* 2023, with superfluid *g*-mode dephasing reaching O(1 rad) (see also Yu *et al.*, 2024). Later resonances may, however, have a more difficult time in explaining *early* precursor flare onset times (see Sec. V.E).

Superconductivity has been studied less in the premerger context. This could in principle distort the star significantly away from spherical symmetry (Lander, 2013, which influences the tidal coupling) and shift the mode spectra through magnetic corrections as the Lorentz force scales like $\sim H_{c1}B$

which can be large even if B is relatively small (see Sec. V.D and Suvorov 2021). The lower critical field can be estimated through (see equation 7 in Glampedakis *et al.*, 2011)

$$H_{c1} \approx 4 \times 10^{14} \left(\frac{m_p}{m_p^*}\right) \left(\frac{x_p}{0.1}\right) \left(\frac{\rho}{10^{14} \,\mathrm{g}\,\mathrm{cm}^{-3}}\right) \mathrm{G}, \quad (10)$$

for proton fraction, x_p , and effective (entrained) mass, m_p^* . In the cores of some heavy stars under some EOS, (10) could reach $\sim 10^{16}$ G. Nevertheless, in instances where Figures are shown in this work, the impacts of superfluidity and superconductivity have been ignored in calculating mode properties.

IV. THE MECHANICS OF LATE INSPIRALS: GRAVITATIONAL WAVES

Consider a binary, involving at least one neutron star, with component masses M_A and M_B . Ignoring complications about how the objects may reach short orbital separations *a* (this issue is reminiscent of the famous "final parsec problem", though for neutron-star mergers the solution is likely rooted in common-envelope theory; Taam and Sandquist, 2000), the (quadrupole formula) GW inspiral time reads

$$\tau_{\rm GW} \approx 10 \left[\frac{a \left(1 - e^2 \right)^{7/8}}{3 \times 10^{10} \,\,{\rm cm}} \right]^4 \left(\frac{M_\odot^3}{M_A^3 q (1+q)} \right) {\rm Myr.} \quad (11)$$

Since the pioneering works of Peters 1964; Peters and Mathews 1963, it is anticipated that compact binary-mergers circularise well before merger, so that the eccentricity $e \ll 1$. Note the normalization in expression (11): although it would only take light ~ 1 second to travel between two such stars, GW radiation-reaction takes ≈ 10 Myr. Narrowing our attention immediately to late stages where the separation is $\leq 20R_A$ for "canonical values" of the stellar radius $R_A = 12$ km and mass $M_A = 1.4M_{\odot}$ (see Sec. II.A), we find $\tau_{\rm GW}$ from (11) corresponds to tens of seconds, or more precisely that

$$\tau_{\rm GW} \approx 24.5 (a/20R_A)^4 q^{-1} (1+q)^{-1} \,\mathrm{s.}$$
 (12)

The convergence to coalescence, occurring roughly when $a \lesssim 3(R_A + R_B)/2$ (e.g. Lai *et al.*, 1994a,b), accelerates rapidly in the final stages. The orbital separation can be inversely related to the orbital frequency $\Omega_{\rm orb}$ through a Keplerian or quasi-Keplerian relationship, and thus $\Omega_{\rm orb}$ grows in time. This sweep-up behaviour culminates in what is known as the "chirp" in the GW community.

As we explore throughout the remainder of this Section, the simple result (12) is an overestimate (e.g. Kochanek, 1992). When considering PN or finite-size effects pertaining to *tides*, the inspiral time is reduced as additional means of energy depletion become available: the impact of tides increases as the orbital frequency sweeps up because the *tidal forcing terms* similarly increase in frequency. Getting a precise estimate of the tidal *dephasing* is of critical importance when trying to connect to observational data, since without accurate inference of the time relative to merger (in some appropriate frame

of reference) that some high-energy events occurs, one cannot hope to extract the maximum amount of information. More generally though, the tides encapsulate details about stellar structure and thus matching dephasing templates to data can be used to learn about many areas of fundamental physics.

A. Tides: general theory

In the final stages of a binary inspiral, tidal effects become significant. These are usually separated into two distinct effects (i) those associated with the "equilibrium" or "adiabatic" tides (Sec. IV.A.2), and (ii) those associated with "dynamical" tides (Sec. IV.A.3).

Within the literature, one can find a few different definitions for the qualifiers "adiabatic", equilibrium", and "dynamical" in the context of tides. For example, following Yu et al. 2024, the word "adiabatic" emphasises that one considers deformations in the zero-frequency limit $\Omega_{orb} \rightarrow 0$. This is more typically called the equilibrium tide, though Yu et al. 2024 make the distinction by allowing the latter to include $\Omega_{orb} > 0$ influences. Finite-frequency terms involve both non-resonant and resonant excitations, the latter of which these authors reserve for "dynamical" tide status. In other works, the inclusion of non-resonant, but time-dependent terms leads to corrections of the equilibrium quality factors which are then called "effective" (e.g. Pnigouras et al., 2024). In this Review, the word "dynamical" conveys $\Omega_{orb} > 0$, though we are mostly interested in resonances and their connections to high-energy phenomena. We emphasise at this stage that many of the formulae that we present are done so in a Newtonian language. When one reaches the level of wishing to actually compare results with data in a serious way, it will generally be necessary to consider fully GR expressions insofar as possible⁴. Given that our main purpose here is pedagogical, we avoid writing out formalisms in this way, though point the interested reader toward relevant literature where appropriate. A depiction of these two class of tides is given in Figure 6.

In the Newtonian language, the essential basics of tides can be formulated as follows. Our neutron star primary, of mass M_A and radius R_A and spin angular momentum vector Ω_s , is in an orbit with a companion of mass M_B . Although it is generally expected that spin-orbit misalignment is small in late-stage binaries (cf. Sec. II.B), we introduce a spin-orbit inclination angle Θ — the angle made between Ω_s and the orbital angular momentum, denoted **L**. In principle the problem can be further complicated with several additional angles if the magnetic field becomes dynamically important (magnetic inclination angles; cf. Sec. II.C), the finite size of the secondary is also considered (subtended angles), or the secondary

⁴ Subtle issues arise in GR, making this non-trivial. For example, even the notion of eccentricity is ambiguous (Knee *et al.*, 2022). An allencompassing notion of "tide" is also hard to define via the Weyl tensor or other means; see Section I.C in Pitre and Poisson 2024.



FIG. 6 A cartoon demonstration of the difference between equilibrium and dynamical tides. The system on the left exhibits the typical (though greatly exaggerated) quadrupolar deformation, meaning that the quadrupolar, electric Love number λ_2^E is very large. In general, this implies that the mass quadrupole moment is strongly susceptible to tidal perturbations. The system on the right, by contrast, remains (approximately) spherical though has internal fluid motions excited to a large degree (i.e. strong dynamical tides). These are described by a coupled set of forced oscillation equations, as detailed in Sec. IV.A.1.

is spinning (Θ_B). These effects are almost always ignored in the literature.

Following Lai and Wu 2006 and others, we orient a spherical coordinate system around (the centre of mass of) M_A with the "z-axis" directed along L. The gravitational potential produced by M_B can then be expanded in terms of spherical harmonics $Y_{\ell m}$ (e.g. Press and Teukolsky, 1977; Reisenegger and Goldreich, 1994)

$$U(\boldsymbol{x},t) = -GM_B \sum_{\ell m'} \frac{W_{\ell m'} r^{\ell}}{a^{\ell+1}} e^{-im'\Phi(t)} Y_{\ell m'}(\theta_L, \phi_L),$$
(13)

for orbital phase $\dot{\Phi}(t) = \Omega_{\rm orb}$, and we define

$$W_{\ell m'} = (-)^{(\ell+m')/2} \left[\frac{4\pi}{2\ell+1} (\ell+m')! (\ell-m')! \right]^{1/2} \times \left[2^{\ell} \left(\frac{\ell+m'}{2} \right)! \left(\frac{\ell-m'}{2} \right)! \right]^{-1}.$$
(14)

Here, the symbol (-) is zero if raised to a non-integer power and one otherwise. Although one can work with the full harmonic expansion here, it is generally only the $\ell = 2$ and $|m| \le 2$ terms that are observationally relevant (Zahn, 1966, 1977); for $\Theta = \pm \pi/2$, it is often only the m' = 0 (equilibrium tide) and m' = 2 (dynamical tide) terms that are relevant.

The above-described coordinate system can be related to the more natural one for describing fluid motion in the primary star. Consider now angular coordinates with respect to the corotating frame of the neutron star, with the "z-axis" now oriented along Ω_s . Fluid variables, decomposed into different sets of spherical harmonics, can thus be related through

$$Y_{\ell m'}(\theta_L, \phi_L) = \sum_m \mathcal{D}_{mm'}^{(\ell)}(\Theta) Y_{\ell m}(\theta, \phi_s), \qquad (15)$$

where $\mathcal{D}_{mm'}^{(\ell)}$ is the so-called Wigner \mathcal{D} -function (e.g. Ho and Lai, 1999; Kuan *et al.*, 2021a; Xu and Lai, 2017), and $\phi_s = \phi + |\Omega_s|t$.

This small bit of theory is actually sufficient to specify the problem (again, at the Newtonian level): one wishes to model the response of the internal neutron star fluid to an external acceleration given by ∇U , with U given by (13). In practice within the literature, this is achieved in a few steps using some mathematical trickery.

1. Mathematical description and calculation methods

First, one wishes to solve for the "background" (magneto-)hydrostatics. For cold, mature, and not ultra-magnetised stars this involves employing a barotropic EOS, $p = p(\rho)$, popular candidates of which are described in in Sec. II.A; in principle, thermal contributions can play a role at late times but these are often ignored (see Sec. IV.E). Once the relevant background has been constructed, a set of free perturbations are introduced for each variable X (e.g. density, pressure, gravitational potential, velocity field, ...) through an Eulerian scheme

$$X \to X + \delta X + \mathcal{O}(\delta^2 X). \tag{16}$$

The linear equations of motion are conveniently expressed using displacement vector

$$\delta \boldsymbol{u} = \boldsymbol{\xi}_{,t},\tag{17}$$

such that one obtains a "master equation"

$$\boldsymbol{\xi}_{,tt} + 2\boldsymbol{\Omega}_s \times \boldsymbol{\xi}_{,t} + \boldsymbol{C} \cdot \boldsymbol{\xi} + \mathcal{O}(\xi^2) = 0, \quad (18)$$

from which all⁵ other variables follow [e.g. $\delta \rho = -\rho \nabla \cdot \boldsymbol{\xi} - (\boldsymbol{\xi} \cdot \nabla)\rho$]. In the above, C_{ij} is some spatially-dependent tensor (defining some self-adjoint operator) that depends on the particulars of the problem under consideration (Newtonian, GR, Cowling, etc). Once some boundary conditions are imposed (e.g. regularity at the centre as $r \to 0$), the free-mode problem is fully specified.

Again in practice however, equation (18) is solved through decomposition. In the irrotational case, the spatial dimensions of the problem are separated out using the spherical harmonics (15) where $\phi_s \rightarrow \phi$, depending on the *polarity* of the eigenfunction, via

$$\xi_{\alpha}^{r}(\boldsymbol{x},t) = r^{\ell-1} W_{n\ell}(r,t) Y_{\ell m}(\theta,\phi)$$
(19)

$$\xi^{\theta}_{\alpha}(\boldsymbol{x},t) = -r^{\ell-2} V_{n\ell}(r,t) \partial_{\theta} Y_{\ell m}(\theta,\phi)$$
(20)

$$\xi^{\phi}_{\alpha}(\boldsymbol{x},t) = -r^{\ell}(r\sin\theta)^{-2}V_{n\ell}(r,t)\partial_{\phi}Y_{\ell m}(\theta,\phi), \quad (21)$$

for radial (W) and tangential (V) functions, where we have introduced the shorthand " α " to mean a generic set of quantum numbers n, ℓ , and m and we have

$$\boldsymbol{\xi} = \sum_{\alpha = n\ell m} \boldsymbol{\xi}_{\alpha}(\boldsymbol{x}, t). \tag{22}$$

Modes with n > 1 are referred to as "overtones", as n is defined by counting the number of radial nodes in the eigenfunction (see, e.g. Unno *et al.*, 1979). Rotation, however, generally makes a separation of variables as above impossible, and a further sum over a dummy azimuthal index becomes necessary unless one further sets up a hierarchy in powers of $|\Omega_s|$ (e.g. Strohmayer, 1991).

Finally, it is usually numerically more straightforward to evolve (18) in the Fourier domain, where one further introduces a temporal decomposition through

$$\boldsymbol{\xi}_{\alpha}(\boldsymbol{x},t) = \boldsymbol{\xi}_{\alpha}(\boldsymbol{x})e^{i\omega_{\alpha}t},\tag{23}$$

where the abuse of notation is apparent (and the carry-over to V and W in the static case is straightforward). Here we remark that ω_{α} is the (angular!) mode frequency in the corotating frame (that is, "according to the star"); the inertialframe ("laboratory") frequency instead reads

$$\omega_{\alpha,i} = \omega_{\alpha} - m |\mathbf{\Omega}_s|. \tag{24}$$

In solving mode problems one must also take care to note that complex conjugates generally also solve the master equation, though we ignore this complication here for pedagogical purposes. (see Pnigouras *et al.*, 2024, for a recent discussion).

At this stage, the amplitude of the modes have not yet entered, as these fall out of the homogeneous equation (18). Enter the tides. Formally, their accounting amounts to instead solving the inhomogenous version of the master equation,

$$\boldsymbol{\xi}_{,tt} + 2\boldsymbol{\Omega}_s \times \boldsymbol{\xi}_{,t} + \boldsymbol{C} \cdot \boldsymbol{\xi} = \nabla U.$$
⁽²⁵⁾

Solving this equation is conceptually straightforward: project U into a set of spherical harmonics, as we have already done in expression (13), and repeat the above procedure making use of orthogonality relations (taking care to ensure that one does not confuse the mode quantum numbers with the tidal field quantum numbers). This does not quite work as easily as one might hope in practice however because the symmetries of U are not shared by $\boldsymbol{\xi}$, meaning that the tidal field distorts the spectrum (ω_{α} and $\boldsymbol{\xi}$) as well as driving the system. In fact, the expansion (23) may not produce anything useful because a non-harmonic forcing term equation typically forbids harmonic time-dependencies and orthogonality, and thus the ansatz involving harmonics (in both time and space) is not even necessarily well-defined.

Fortunately, except possibly at very late stages in the inspiral, the tidal distortion of the spectrum is weak (Denis, 1972), as can be formally estimated with the Unno *et al.* 1979 formula; see Sec. IV.B. One thus considers a "volume-averaged" problem where the amplitude evolution, $q_{\alpha}(t)$, of each mode is considered in isolation. The problem is thus reduced from 1+3 to 1+0 dimensions, and we will end up with some ODEs for the amplitude evolution. The key step involves introducing an inner product,

$$\langle \boldsymbol{A}, \boldsymbol{B} \rangle = \int d^3 x \, \rho \, \left(\boldsymbol{A}^* \cdot \boldsymbol{B} \right),$$
 (26)

between the modes (A) and some angular harmonic of the tidal potential (B). Crucially, this inner-product defines some-kind of weighted integral over *space* only. Applying this bracket to both the left- and right-hand sides of (25), one finds (Lai and Wu, 2006)

$$\dot{q}_{\alpha} + i\omega_{\alpha}q_{\alpha} = \frac{i}{2\varepsilon_{\alpha}} \langle \boldsymbol{\xi}_{\alpha}, -\nabla U \rangle$$

= $\sum_{m'} f_{\alpha,m'} e^{im|\boldsymbol{\Omega}_{s}|t - im'\Phi},$ (27)

with

$$f_{\alpha,m'} = \frac{iGM_B}{2\varepsilon_{\alpha}} \sum_{\ell} \frac{W_{\ell m'}}{a^{\ell+1}} \mathcal{D}_{mm'}^{(\ell)} Q_{\alpha,\ell m}, \qquad (28)$$

where the *overlap integrals*⁶ read

$$Q_{\alpha,\ell m} = \left\langle \boldsymbol{\xi}_{\alpha}, \nabla(r^{\ell}Y_{\ell m}) \right\rangle, \tag{29}$$

⁵ This is no longer strictly true in GR (or when including complicated microphysics capable of independent, secular responses) as the metric variables, even in the Regge-Wheeler gauge for example, cannot be uniquely expressed in terms of this displacement (cf. *w*-modes, which exist even in the no-fluid limit where $\boldsymbol{\xi} \to 0$).

⁶ Two ways of generalising overlaps to GR have been proposed in Kuan

and a spin-offset is introduced through

$$\varepsilon_{\alpha} = \omega_{\alpha} + \langle \boldsymbol{\xi}_{\alpha}, i\boldsymbol{\Omega}_{s} \times \boldsymbol{\xi}_{\alpha} \rangle, \qquad (30)$$

and we have used the normalization $\langle \boldsymbol{\xi}_{\alpha}, \boldsymbol{\xi}_{\alpha} \rangle = 1$.

Thus, provided the free mode spectrum can be constructed, one need "only" solve equation (27). This, however, is still not quite the end of the story as the orbital phase Φ must be evolved simultaneously. By modelling the fluid motion in the neutron star as a set of harmonic oscillators (Alexander, 1987, 1988; Schäfer and Jaranowski, 2024) and incorporating mode kinetics into the Hamiltonian of the binary, Kokkotas and Schafer 1995; Kuan et al. 2021a; Schäfer 1985 have shown how this can be achieved with a high-order PN method, though with the modes themselves calculated in full GR without Cowling (i.e. including the metric perturbations). While not all are taken into account (such as those occurring at negative orders in gravities with non-metric fields where dominant mono- or dipolar radiation exists; Yagi et al., 2016), we list PN orders at which various effects occur in Table II. We remark in this respect that although, strictly speaking, radiationreaction is a 2.5 PN effect, often this is said to appear at Newtonian order when using a Newtonian definition for the system's quadrupole moment(s) (see below). There is some ambiguity therefore in what constitutes a "PN order" exactly.

PN effects in shaping stellar structure have been examined in several references (e.g. Andersson et al., 2023; Suvorov, 2018; Wagoner and Malone, 1974) and starts already at first order, though no systematic analysis of how these directly influence the inspiral has been carried out. Tides and spins contribute hierarchically at several PN orders accounting, for instance, for the breakdown of the point-particle approximation. Tides absorb orbital energy in the Newtonian theory already (i.e. at 0th order), while spin couples to the orbital angular momentum at the $1.5^{\rm th}$ order and to self-spin and companion spin at 2nd order. At 2.5th order enters the leading-order dissipation due to GW emission (cf. equation 11). The electric-(magnetic-) type stationary deformations factor into the dynamics at 5th (6th) order, as introduced in Sec. IV.A.2, and the coupling between this deformation to the spin follows at the next half order. GW170817 placed constraints on each of these PN orders, as detailed in Abbott et al. 2019.

With the above in mind, the notion of *dephasing* can be made precise. In the stationary phase approximation, the frequency-space GW phase, Ψ , can be written as (e.g. Cutler and Flanagan, 1994; Finn and Chernoff, 1993)

$$\Psi(f_{\rm gw}) = 2\pi f_{\rm gw} t_{\rm ref} - \phi(t_{\rm ref}) - \frac{\pi}{4}, \qquad (31)$$

where $t_{\rm ref}$ is a given reference time and $\phi(t)$ is the *time-domain* phase associated with $f_{\rm gw} = \Omega_{\rm orb}/\pi$ and the shift $\pi/4$ is conventional. The quantity Ψ can be shown to satisfy (Damour *et al.*, 2012)

$$\frac{d^2\Psi}{d\Omega_{\rm orb}^2} = \frac{2Q_\omega}{\Omega_{\rm orb}^2},\tag{32}$$

for some dimensionless Q_{ω} (a quality factor akin to the overlap integrals), measuring the phase acceleration, viz.

$$Q_{\omega} = \Omega_{\rm orb}^2 \left(\frac{d\Omega_{\rm orb}}{dt}\right)^{-1}.$$
 (33)

The dephasing, called $\Delta \Phi$ here, is thus just the difference between the calculated Ψ from (31) when relevant terms are kept (i.e. the PN ones described above) as compared to when they are de facto "switched off".

2. Tides: equilibrium

The equilibrium tide simply corresponds to the " $\Phi(t) = 0$ " portion of the dynamics. In this case, the quasiharmonic time dependence of (13) drops out, and our interest shifts to bulk, geometric deformations of the stellar surface ("zerofrequency oscillations"). The extent to which the stellar interior is suspectible to a time-independent tidal potential can be encapsulated by the (shape) Love numbers; effectively, much like the Q_{α} defined previously, these measure the extent of orthogonality between the stellar fluid (or solid) and some angular portion of the tidal field (i.e. ℓ, m'). In general, therefore, there is an infinite set of Love numbers, though often in the literature one will find the term "Love number" just to mean the quadrupolar, m' = 0 Love number. In the context of compact binaries in GR, Damour 1983 first quantified how tidal Love numbers influence inspiral. Note also that if the star is static and axisymmetric at background order, the index m'falls out of the equations and thus the static, or even effective, Love numbers are characterised by a single harmonic number ℓ . These reduced Love numbers are typically denoted k_{ℓ} .

Again working in the static limit for simplicity, the Love numbers define proportionality factors weighting the multipole moments, $I_{\ell m}$, of the previously-spherical star when affected by the tidal field. One has (Binnington and Poisson, 2009; Damour and Nagar, 2009)

$$GI_{\ell m} = \frac{2\ell+1}{2\pi\ell!} k_{\ell} R^{2\ell+1} \mathcal{E}_{\ell m}, \qquad (34)$$

where the tidal moments are defined implicitly by the relations

$$\mathcal{E}_{a_1 a_2 \dots a_n} x^{a_1} x^{a_2} \cdots x^{a_n} = \sum_m \mathcal{E}_{\ell m} r^\ell Y_{\ell m}(\theta, \phi) \qquad (35)$$

and

$$U = -\sum_{\ell=2}^{\infty} \frac{1}{\ell!} \mathcal{E}_{a_1 a_2 \dots a_\ell} x^{a_1} x^{a_2} \cdots x^{a_\ell}, \qquad (36)$$

et al. 2021a and Miao *et al.* 2024. The orthogonality between modes and the sum rule for tidal overlaps (Reisenegger, 1994) are equally respected by both definitions, while only the former predicts a vanishing *g*-mode overlap in the zero stratification limit (at least for a simple, constant δ law; see Sec. III.C). This issue is related to overlap "leakage" discussed in Sec. VI.D.1. Throughout we adopt the definition of Kuan *et al.* 2021a.

TABLE II A non-exhaustive list of Post-Newtonian effects that influence the GW inspiral for compact objects. Constraints on each of these orders can be found in the violin plots produced by the LVK consortium; see Abbott *et al.* 2019. In principle, stellar-structure and multipole moments corrections and additional couplings enter at ever-higher orders (Thorne, 1980).

Post-Newtonian order	Effect(s)	Reference(s)
0	Energy deposited into modes	Alexander 1987, 1988
0.5	Scalar contributions to dynamics (non-GR)	Yagi <i>et al.</i> 2016
1	Stellar structure; pericentre advance	Andersson et al. 2023; Wagoner and Malone 1974
1.5	Spin-orbit coupling; tail backscatter	Blanchet et al. 1995
2	Self-spin, spin-spin, quadrupole-monopole couplings, mag. dipoles	Ioka and Taniguchi 2000; Poisson 1998
3	Gravitational tails of tails	Blanchet 1998
4	Dissipative tidal number	Ripley et al. 2023; Saketh et al. 2024
5	Gravitoelectric quadrupole Love number	Damour et al. 2012; Yagi 2014
6	Gravitomagnetic quadrupole Love number	Abdelsalhin et al. 2018; Henry et al. 2020
6.5	Spin-tidal coupling	Abdelsalhin et al. 2018; Castro et al. 2022

which is the same U from (13). Note that the multipole moments $I_{\ell m}$ are also implicitly defined at some PN order; see Section V in Thorne 1980. At Newtonian order, $I_{\ell m}$ is defined through an integral over the mass-density weighted by a spherical harmonic and radius to power ℓ :

$$I_{\ell m} = \frac{16\pi}{(2\ell+1)!!} \left[\frac{\ell^2 + 3\ell + 2}{2(\ell^2 - \ell)} \right]^{1/2} \int d^3x \rho Y^{\ell m *} r^{\ell}.$$
 (37)

In a GR setting, the theory becomes somewhat more involved. The Love numbers now acquire a magnetic counterpart. This is essentially because all forms of energy gravitate, and thus angular momentum deposits made by the tidal field influence the spacetime through *current multipoles*: the "gravitomagnetic" portion of the field can excite some current-like components provided the star is not static and axisymmetric (Pani *et al.*, 2018). Essentially one can find the correspondence (Pani *et al.*, 2015; Yagi, 2014)

$$\lambda_{\ell}^{E} = \frac{\partial M_{\ell}}{\partial \mathcal{E}_{\ell m}} \qquad ; \qquad \lambda_{\ell}^{B} = \frac{\partial S_{\ell}}{\partial \mathcal{B}_{\ell m}}, \tag{38}$$

where the (axisymmetric) mass (M_{ℓ}) and current (S_{ℓ}) multipole moments can be defined either via the Thorne 1980 or Geroch-Hansen (Hansen, 1974) formulae. These formulations are totally equivalent by a theorem due to Gürsel 1983. In the above we have the odd and even parity sectors of contractions of the trace-free Weyl tensor (e.g. Damour *et al.*, 1991; Pani *et al.*, 2015). Using the schemes introduced by Pappas and Sotiriou 2015; Suvorov and Melatos 2016 to generalise the Geroch-Hansen definitions to theories beyond GR, one could try to extend the correspondence (38) to some other theory of gravity. This has not yet been attempted.

Tides effectively enhance the "attraction" between the components of the binary, leading to earlier merger relative to binary black-holes or point-particles. The tidal dynamics are elegantly described by a radial interaction potential in the effective-one-body (EOB) formalism (Bernuzzi *et al.*, 2015; Bini *et al.*, 2012; Hinderer *et al.*, 2016). PN models of tides in the EOB formalism were initially verified against numerical simulations by Baiotti *et al.* 2010; Bernuzzi *et al.* 2012, who demonstrated that the models can be improved with such calibrations but that it is not possible to accurately describe tides close to merger with a PN model. Such a restriction was lifted by Bernuzzi *et al.* 2015 through *resumming* techniques. A schematic depiction of this attractive feature is shown in Figure 7, where the red curve describes the radial potential for a neutron-star binary with tidal resumming. A significant drop in the potential occurs at larger radius, indicating the stronger attraction felt by the binary than the equivalent binary black hole. The dominant term of the tidal imprints on waveform is delivered by the quadrupole quantity (Damour *et al.*, 2012)

$$\kappa_2^T = \frac{3}{13} \left[\frac{(M_A + 12M_B)M_A^4 \Lambda_A + (M_B + 12M_A)M_B^4 \Lambda_B}{(M_A + M_B)^5} \right]$$
(39)

for $\Lambda_A = \frac{2}{3}k_2^A(R_A/M_A)^5$ with the same definition for object *B* (see also Damour and Nagar, 2010; Flanagan and Hinderer, 2008; Hinderer, 2008; Hinderer *et al.*, 2010). Note k_2 is defined in expression (34), effectively being the constant of proportionality between the quadrupole moment and the quadrupolar tidal potential (appropriately generalised to GR via the Weyl tensor; though cf. Footnote 4).

3. Tides: dynamical

Pulsation modes inside compact stars, tidally-forced or otherwise, are generally characterised according to the nature of the restoring force that ultimately damps the oscillations. The theory of mode oscillations is an active and rich area of research, which we cannot do justice in this Review. We therefore refer the reader to, e.g. Andersson 2021a; Andersson and Kokkotas 1998; Kokkotas *et al.* 2001; Pratten *et al.* 2020, though a few QNM groups are particularly important in the context of GWs and tides, so we introduce them briefly.

Modes that are restored by pressure are known as p-modes, with the lowest radial quantum-number (n = 0) mode referred to as the "fundamental", or f-mode. These modes remain non-degenerate in the spectrum in the limit that all physical ingredients (rotation, magnetic fields, stratification, ...) are discarded except for the hydrostatic pressure. Including more



FIG. 7 The main radial gravitational potential A(R) — the lapse function of the effective-one-body spacetime over which the dynamics of a test particle describes the dynamics of the real binary system (Buonanno and Damour, 1999, 2000) — as a function of the radial coordinate R = a with $M = M_A + M_B$ (for this Figure only) in a tidal-EOB model. The binary black hole sector of this model (solid black) shows a deviation from the lapse of the Schwarzschild spacetime (dotted), indicating the dynamics of a test particle on the effective spacetime is different from that of a (plunging) orbit around a Schwarzschild black hole due to the finite symmetric mass ratio $\nu = M_A M_B / M^2$ of the binary (which should not be confused with the our use of ν as stellar spin used elsewhere). For the neutron star case, the gravitational potential including up to next-to-next-to-leading-order tidal effects (i.e. up to 7 PN; green dashed) is shown together with the result resumming the gravitational-self-force information up to 7.5 PN (Bini and Damour, 2014, red). The specific equal-mass neutron-star binary considered here has a tidal deformability (equation 39) of $\kappa_2^T \approx 73.55$. From Bernuzzi *et al.* 2015 with permission.

physics in the model will augment the *p*-spectrum, but the classification remains the same. Some other modes obtain a hybrid-like character when additional physics is included, in the sense that the spectrum is strongly codependent on more than one variable [e.g. the torsional (magneto-elastic) modes (Colaiuda and Kokkotas, 2011; Gabler *et al.*, 2012, 2016) and the inertial-gravity modes (Lai and Wu, 2006; Lockitch and Friedman, 1999; Papaloizou and Pringle, 1981)]. The excitation of these modes during inspiral comes at the expense of the orbital energy, as described mathematically in Sec. IV.A.1, which can be computed using numerical techniques (Kokkotas and Schafer, 1995; Kuan and Kokkotas, 2022, 2023; Lai, 1994; Passamonti *et al.*, 2021; Pratten *et al.*, 2022; Williams *et al.*, 2022; Yu *et al.*, 2024; Yu and Weinberg, 2017).

Modes that are instead restored by buoyancy are referred to as *g*-modes (i.e. "gravity" modes, not to be confused with GWs). The *g*-modes, in contrast to *f*-modes, do depend sensitively on the internal composition of the star (see Sec. III.C) and thus may be able to reveal a different kind of information. Depending on the chemical composition of the star, the *g*-modes tend to follow different relations as described by Kuan *et al.* 2022a. That is to say, whether the EOS is purely hadronic or hybrid (for instance) has a strong impact on the scaling of the modes with the mean density, temperature, and other, microphysical parameters. Generally speaking, the *g*mode spectrum will be influenced by both composition and temperature (entropy) gradients. The former can be calculated from a EOS that provides the speed of sound and $d\epsilon/dp$ in a tabulated form so that the Brunt-Väisälä frequency can be determined (Aerts *et al.*, 2010; Unno *et al.*, 1979).

The *p*-modes, and *f*-mode in particular, are especially important for astrophysical processes involving neutron stars owing to their compactness, including the tides: it can be shown that the *f*-mode couples most strongly to the tidal potential ∇U out of all other modes (at least for astrophysical stars, e.g. without near break-up rotation rates or virialstrength magnetic fields). The f-modes tend to have a (linear) frequency in the range of $2 \lesssim \omega_f/2\pi \lesssim 3$ kHz depending on the EOS (see Kokkotas and Schmidt, 1999, for a review), and thus are primarily relevant in the late stages of an inspiral. The dephasing induced by the f-mode oscillation is a problem that has attracted considerable attention, where the effects are usually incorporated via the Love number as an effective dressing (Andersson and Pnigouras, 2021; Gamba and Bernuzzi, 2023; Hinderer et al., 2016; Ma et al., 2020; Steinhoff et al., 2016; Steinhoff *et al.*, 2021). Considering rapidly rotating stars leads to a more complicated picture, since the retrograde mode may actually come into resonance much earlier as the inertial-frame frequency of the mode is $\omega_i = \omega_0 - m\Omega_s$ (equation 24; see Kuan and Kokkotas 2022, 2023).

In Kuan *et al.* 2021a, the method presented in Kokkotas and Schafer 1995 to simultaneously evolve the inspiral and mode amplitudes was extended to 3.5 PN order. In particular, the conservative dynamics, leading-order gravitational radiation, and mode excitations (see Tab. II) are incorporated into a total system Hamiltonian. Solving the associated equations of motion allows one to quantify the above effects, including that of spin-modulations in mode excitation (deferred to Sec. IV.C). The aforementioned physics can also be incorporated into the effective Hamiltonian of the EOB formalism (Hinderer *et al.*, 2016; Steinhoff *et al.*, 2016), where spin can also be included (Steinhoff *et al.*, 2021). We note that only modes whose pattern speed is along the orbital motion can be considerably excited while there is another set of modes rotating in the opposite direction. Hereafter, we always discuss modes belonging to the former class unless stated otherwise.

Figure 8 shows how the mode amplitudes evolve due to the tidal coupling that were solved for simultaneously with orbital motion (top), and the associated dephasings compared to point-particle approximation of the inspiral. The g-mode amplitudes increase rapidly when the GW frequency (f_{gw} , twice as the orbital frequency; green) sweeps through their characteristic frequencies (vertical dash-dotted), and remains roughly unchanged afterward. In this specific case, the fmode's frequency is higher than f_{gw} at the end of evolution, and thus the mode (purple) is never resonantly excited. Although there are only 4 modes involved in the evolution shown in Fig. 8, an arbitrary number can be considered, in principle. Still, the dephasing yielded by the f-mode excitation $[\mathcal{O}(10^{-1})]$ radian] is more than one order of magnitude greater than that collectively caused by g_1 - to g_3 -resonances (< 10^{-5} radian with 60% attributing to $g_1 \leq 40\%$ from g_2 , and only a feeble contribution from to g_3). We note that we terminate the numerical computation when f_{gw} reaches 10^3 Hz since the PN scheme is obviously invalid in that strong-gravity regime. However, the excitation of f-modes can be even more important than shown above: given that the merger frequency can be approximated as (Damour and Nagar, 2010)

$$f_{\rm gw,mrg} \simeq \frac{4000\,{\rm Hz}}{(M_A + M_B)/M_{\odot}},$$
 (40)

f-resonances could be reached shortly prior to merger.

On the other hand, if the neutron star has a spin, the frequencies of retrograde modes will be reduced (Cowling and Newing, 1949; Gaertig and Kokkotas, 2008; Ledoux, 1951; Yoshida *et al.*, 2002), pushing the onsets of resonance earlier in the inspiral. Of the most relevant effects in terms of waveform is the *f*-mode excitation in a neutron star possessing an anti-aligned spin with the orbit (Ho and Lai, 1999; Ma *et al.*, 2020; Steinhoff *et al.*, 2021), as also demonstrated in numerical simulations (e.g. Dudi *et al.*, 2022; Gamba and Bernuzzi, 2023); effects of spin are described in more detail in Sec. IV.C.

Current analytic waveform models include either implicitly or explicitly dynamical tides to introduce some effective dressing. In particular, Andersson and Pnigouras 2020 show that the Love number can be expressed as a sum of the contributions of various QNMs with the f-mode dominating. As the orbital frequency increases, the tidal interaction enters a dynamical regime, where the Love number varies with tidal frequency and is often referred to as an effective Love number (Hinderer *et al.*, 2016; Steinhoff *et al.*, 2016). Another stream to model the dynamical tidal effects is to introduce amplification factors to the leading-order tidal effects to blend in higher-order PN contributions (Akcay *et al.*, 2019; Bini *et al.*, 2012; Damour and Nagar, 2010; Nagar *et al.*, 2018). Phenomenological fittings to numerical simulations have also been developed (Abac *et al.*, 2024; Dietrich *et al.*, 2017, 2019; Dietrich *et al.*, 2019) (see also Williams *et al.*, 2024).

B. Spectral modulations: general considerations

In reality, the free-spectrum consisting of all the modes described above and more, will also be perturbed due to the tidal hammering as the interior structure of the star is now also perturbed; the relative shifts for the *angular* frequencies, $\delta\omega_{\alpha}$, can be deduced from the leading-order Unno *et al.* 1979 formulae. Given some perturbing force F, the eigenfrequency correction reads, in the Newtonian context (see Kuan *et al.*, 2021a; Miao *et al.*, 2024, for GR generalisations),

$$\delta(\omega_{\alpha}^2) = 2\omega_{\alpha}\delta\omega = \frac{\int dV \boldsymbol{F} \cdot \boldsymbol{\xi}_{\alpha}^*}{\int dV \rho |\boldsymbol{\xi}_{\alpha}|^2}.$$
(41)

The above can be evaluated for any given perturbing force which is subdominant with respect to that of the hydrostatics. Given that spin, magnetic fields, and thermodynamics play a significant role in premerger phenomena beyond just mode modulations, these are covered in their own subsections, Secs. IV.C, IV.D, and IV.E, respectively.

1. Tidal corrections

The perturbing tidal force is given by

$$\boldsymbol{F}^T = \rho \nabla U. \tag{42}$$

It is straightforward to evaluate expression (41) for (42) for any particular QNMs, as was done for example by Suvorov and Kokkotas 2020b for f- and r-modes and Kuan *et al.* 2021a for g-modes. The former found for Maclaurin spheroids the simple result

$$\frac{\delta \omega_f^{\text{Tidal}}}{42.3 \text{ Hz}} = -q \left(\frac{\alpha_f}{0.1}\right)^{-1} \left(\frac{M_A}{1.4M_{\odot}}\right)^{3/2} \left(\frac{R_A}{13 \text{ km}}\right)^{3/2} \times \left(\frac{a}{100 \text{ km}}\right)^{-3} \left[1 - 0.21 \left(\frac{\nu}{300 \text{ Hz}}\right)^{-1} + 0.055 \left(\frac{\nu}{300 \text{ Hz}}\right)^2\right], \tag{43}$$

for mode amplitude α_f directly proportional to the overlap integral (29) (see equation 10 in Suvorov and Kokkotas, 2020b).



FIG. 8 Left panel: self-consistent mode amplitude evolutions of f- and $g_{1,2,3}$ -modes due to tidal forcing, together with the dephasing (lower; see equation 31) associated with the f- (magenta) and g-modes (other colors; see plot legends) as functions of time relative to the merger, $t - t_{\rm mrg}$. The GW frequency ($f_{\rm gw}$) is overplotted as the green line, corresponding to the vertical axis on the right-hand axis. Right: Same information as per the left panel though instead as functions of $f_{\rm gw}$, with $t - t_{\rm mrg}$ overlaid as the green line, corresponding to the vertical, right-hand axis. The evolution is carried for a $1.35 + 1.35 M_{\odot}$ binary neutron-star (i.e. q = 1) with the generalised piecewise-polytropic approximation of the APR EOS from O'Boyle et al. 2020 (the original version of the piecewise-polytropic approximation in Read et al. 2009 has discontinuous $\tilde{\Gamma}$, preventing an accurate determination of g-modes' tidal properties when δ is small) with a constant stratification $\delta = 0.005$. The vertical lines mark the frequency of $g_{1,2,3}$ -modes, which are 90, 60 and 48 Hz, respectively.

The result matches that of more realistic EOS to within a factor ~ 2 , and is typically small; see also Denis 1972. For *g*-modes, the shift is expected to be of order $\sim 0.01\%$ and can be safely ignored (Kuan *et al.*, 2021a).

2. Curvature (frame-dragging)

Accounting for the fact that frequencies differ between the neutron-star and laboratory frames because the star is embedded in a region of strong curvature can be important (Blanchet, 2024; Detweiler, 2008; Steinhoff *et al.*, 2016). The gravitational redshift factor can be deduced from the metric lapse function, if available from a numerical simulation. To PN order though, and ignoring spin corrections (i.e. Lense-Thirring and quadrupolar corrections to the timelike component of the metric), one finds (see equation 3.6 in Steinhoff *et al.*, 2016)

$$z_B \approx 1 - \frac{5GM_B}{4ac^2} = 1 - 0.03 \left(\frac{M_B}{1.6M_{\odot}}\right) \left(\frac{100 \,\mathrm{km}}{a}\right),$$
(44)

where one anticipates $\omega_{\alpha,i} \mapsto (1 + z_B)\omega_{\alpha,i}$ for an inertialframe frequency $\omega_{\alpha,i}$. For resonances applying some seconds prior to merger, we expect separations within the resonance window to be of order $a \ge 100$ km. As expression (44) shows, a frequency shift of at most a few per-cent would apply therefore. By contrast, the redshift at moments closer to merger may seriously impact the high-frequency (e.g. *f*- or superfluid *g*-) mode resonances (Steinhoff *et al.*, 2016). On the other hand, frame-dragging effects counterbalance this static effect: Steinhoff *et al.* 2021 found that at late inspiral there are near cancellations and the effective z_B may be small.

C. Spin effects

As far as premerger phenomena are concerned, rotation is no less important than in other instances of neutron-star astrophysics. Primary effects are due to the facts that intrinsic angular momentum (i) alters the equilibrium shape of the neutron star; (ii) introduces a Zeeman-like splitting of the modes, which introduces prograde and retrograde bifurcations, the latter of which can potentially be unstable to the Chandrasekhar 1970; Friedman and Schutz 1978a,b (CFS) instability; (iii) impacts on the efficacy of tidal couplings depending on spin-orbit (mis)alignment; and also (iv) influences the inspiral directly through spin-orbit, spin-spin, and selfspin couplings. This list is not exhaustive, as rotation also influences the evolutionary track of stars in complicated ways, though the above effects are what we concentrate on in this work as they are directly applicable to the premerger phase. We give a brief description of the above points (i)-(iv) here, commenting more throughout as appropriate.

- (i) Centrifugal forces deform the star starting at order $\mathcal{O}(\Omega^2)$. For a uniform density object, the rotational oblateness is estimated by $\epsilon_{\rm rot} = 5\Omega^2/4\Omega_k^2$ where Ω_k is the Keplerian break up value (e.g. Krüger *et al.*, 2021). In much the same way that equilibrium tides impact on the evolution through a quadrupolar deformation, so too does the rotation (e.g. Doneva *et al.*, 2013).
- (ii) Modes are generally split into prograde and retrograde families through the azimuthal number, m. That is to say, when $\Omega_s \neq 0$, the mode frequencies and eigenfunctions depend on m which can be either positive or



FIG. 9 Similiar to Fig. 8 though assuming the primary neutron star spins at 20 Hz in the opposite direction to the orbital angular momentum (i.e. anti-aligned with $\Theta = -\pi$).

negative. This splitting leads to a more complicated set of couplings and dynamical tides (as described in Sec. IV.A.3). Moreover, if the star is spinning sufficiently fast such that $\omega_{\alpha,i} < 0$ while $\omega_{\alpha} > 0$, an allegedly retrograde mode instead appears as prograde in the inertial frame (24) — from which radiation reaching infinity is measured — and thus is subject to the Chandrasekhar-Friedman-Schutz (CFS) instability (Andersson and Kokkotas, 2001; Chandrasekhar, 1970; Friedman and Schutz, 1978a,b).

- (iii) Spin-orbit misalignment changes the Wigner coefficient and hence the tidal coupling, which couples in with point ii above (see also Figure 15 later).
- (iv) Spin-orbit coupling, independent of tides, is important and modifies the dephasing of GW from 1.5 PN order, in a way that a spin antialigned with the orbital motion tends to accelerate the merger while an aligned spin works to delay the inspiral (Blanchet *et al.*, 1995; Cutler *et al.*, 1993; Kidder, 1995; Kidder *et al.*, 1993).

As soon as one accounts for spinning stars, the geometrical description becomes considerably more complicated. A few additional angles are introduced relating to the directionality of the orbital angular momentum versus that which is intrinsic to the stars. If we consider just a single star to have spin, we need only introduce a single angle, introduced as Θ in expression (15) (e.g. Lai and Wu, 2006), representing the single surviving misalignment angle. If we have alignment but a significant spin, the effect is that of earlier resonances. In the anti-aligned case, it is the lower inertial-frame frequency branch of modes that are most strongly excited by the tides (Ho and Lai, 1999). This generally implies a stronger tidal influence, as earlier resonances imply a longer period of time to drain the orbit. On the other hand, a later resonance for some modes could imply a greater dephasing since, again typ-

ically, larger overlaps are achieved for higher eigenfrequencies. Larger amplitudes are especially relevant for precursor observations, since the crust is likely to be more susceptible to a greater strain exerted over a short period of time rather a moderate strain over a marginally longer window. This is the case for the von Mises criterion at least, which only considers the maximum strain (see Sec. III.B).

Simultaneous mode and orbital evolutions for arbitrary misalignment angles ($\Theta \neq 0, \pi$) were calculated by Kuan *et al.* 2023 for g-modes and Kuan and Kokkotas 2023 for f-modes. Physically, non-zero misalignments allow for the excitation of odd azimuthal mode-numbers (m = 1, 3, ...) depending on the Wigner coefficient, and can reach relatively large amplitudes. For a system spinning at even a modest rate, $\nu \gtrsim 2$ Hz, but with significant misalignment angle, $\Theta \sim 80^{\circ}$, it was shown that the resonant pulsations from both m = 1and m = 2 modes could theoretically break the crust, leading to the emission of two time-separated precursors (as observed in GRB 090510, for instance; discussed in more detail in Sec. V). Whether multi-resonances allowed by significant misalignment are relevant for GW dephasing has not yet been calculated in detail in the literature.

Figure 9 demonstrates the impact that moderate rotation $(\nu = 20 \text{ Hz})$ can have with respect to resonance timings and associated dephasing. Noting the difference in scale between both time and the vertical axes on the plots relative to Fig. 8, several effects are visible. The *g*-mode are particularly affected by earlier excitations of modes: for the static case it is clear that the *g*₁-mode amplitude is largest, while that title instead goes to *g*₂ in terms of raw amplitude when $\nu = 20 \text{ Hz}$. At the same time, retrograde *g*-modes may be smeared out if their frequencies are reduced by spin to be slower than the chemical reaction rate of neutron star matter (Sec. III.C), which is about $\leq 10^2 \text{ Hz}$ (~ mHz) assuming that the direct (modified) Urca reaction is the dominant beta-decay channel (Andersson and Pnigouras, 2019; Counsell *et al.*, 2024). That



FIG. 10 Similar to Fig. 8 though for a star spinning with $\nu = 200$ Hz in the opposite direction of the orbit. In this case, the (retrograde) g-modes are totally washed out of the spectrum due to reaction-rate considerations (see text).

is, locally the Brunt-Väisälä frequency should be higher than the chemical balancing rate. In principle, one could also use the above ideas to test whether the direct Urca channel can operate in neutron stars, a topic that has received much attention lately (e.g. Anzuini *et al.*, 2022). That is, if *g*-mode dephasings at low frequencies were conclusively ruled out that would provide strong evidence for direct beta-decay channels. Such ideas have yet to be thoroughly investigated in the literature.

For the spinning case depicted in Fig. 8, the g_3 -mode is probably not realistic in light of the above (though see also Passamonti et al., 2009). That said, if being conservative to assume that the chemical reaction rate is at the mHz level, then the g_1 - to g_3 -modes will be eliminated when the neutron star spins at 51, 35, and 28 Hz, respectively. Therefore, the only relevant mode in a rapidly spinning neutron star (> 10^2 Hz misaligned with the orbit) is the f-mode, and possibly the interface and/or r-modes (see Sec. VI.D), though these latter modes are not incorporated here. This is demonstrated in Fig. 10 for a star with spin $\nu = 200$ Hz: the qmodes are washed out of the spectrum, based on the above predictions (even if not mathematically at the level we have setup the problem), and only the f-mode remains, whose frequency is reduced from the static value 1955 Hz to 1727 Hz. Even in this case, however, the mode does not become resonant (see equation 40). The dephasing is therefore, in this case, the weakest of all considered thus far, though could increase with higher spins (Kuan and Kokkotas, 2023; Yu et al., 2024). This demonstrates the complicated, non-linear dependence that stellar spin has on GW observables. Including spin within merger simulations is especially difficult, though was first successfully implemented by Bernuzzi et al. 2014.

1. Tidal spinup

In addition to the direct energy deposits from the orbit, tidal interactions torque each of the neutron stars. From a resonant interaction alone, Lai 1997 shows that a net angular momentum transfer of

$$\Delta J_{\alpha, \text{res}} = \int dt \int d^3 x \delta \rho_\alpha \left(-\frac{\partial U^*}{\partial \phi} \right)$$
(45)

can be expected. An upper bound to the bulk spinup of a given star can then be obtained by assuming that $\Delta J_{\alpha,\text{res}}$ contributes only to the uniform rotation of the star, so that $\Delta\Omega_{\alpha,s} \sim \Delta J_{\alpha,\text{res}}/I_0$. For *f*-modes where the tidal overlap reads $Q \gtrsim 0.1$, the above estimate indicates a non-negligible spinup of order unity may occur, albeit only in the very final moments of merger (see also equation 6.2.6 in Lai, 1994). For a $1.4M_{\odot}$ pair of stars, the general result is (e.g. Suvorov and Kokkotas, 2020b)

$$\frac{\Delta\Omega_{\alpha,s}}{\Omega_s} \lesssim 0.2 \left(\frac{30 \,\mathrm{Hz}}{\nu}\right) \left(\frac{\omega_{\alpha,i}}{1 \,\mathrm{kHz}}\right)^{-5/3} \left(\frac{Q_\alpha}{0.01}\right)^2. \quad (46)$$

For g- and other non f-modes, the effect is likely sub-leading though could achieve $\Delta\Omega_{\alpha,s}/\Omega_s \gtrsim 0.01$ for favourable overlaps. The long-lived tidal-grinding provided by the nonresonant f-mode could also be significant. Either way, such effects complicate the dynamics of the system considerably, as one must, in general, account for a time-dependent spin factor in modelling the tidal dynamics. Such modelling has not been attempted aside from the work of Lai 1997 for neutron stars, and in the different contexts of binaries involving a white dwarf by Fuller and Lai 2011; Racine *et al.* 2007.

It is actually expected that the tidal torques will primarily induce differential rotations instead of bulk motions, essentially due to relation (17). This differential rotation can excite convective motions and invites the possibility of premerger dynamos; see Sec. VI.E.

D. Magnetic effects

Magnetic fields control all of the electromagnetic phenomena associated with neutron stars, including those occurring premerger (see Secs. II.C and III.B). Dynamical magnetic fields can also generate electric fields via induction which work towards accelerating the binary inspiral (Ioka and Taniguchi, 2000).

As described by Lai 2012 and others prior (beginning with Goldreich and Lynden-Bell, 1969), suppose that the magnetic field of the primary greatly exceeds of the companion, so that the latter may be treated effectively as a perfect conductor with vanishing dipole moment. The orbital motion of this companion through the rotating magnetosphere of the primary generates an electromotive force, driving a "direct current" between the constituents, with the closed magnetic field lines playing the role of wires in the circuit. This is the so-called

"unipolar inductor" model, which will be covered in some more detail in Sec. VI.B. The exact way in which EM energy is siphoned out of the orbit depends on the total resistance of the circuit, \mathcal{R} , which includes contributions from the primary, companion, and the (intertwined) magnetosphere. Lai 2012 argues that the maximum energy dissipation rate reads

$$\dot{E}_{\rm EM} = -T_{\rm mag}(\Omega_{\rm orb} - \Omega_s) = \zeta_{\phi}(\Omega_{\rm orb} - \Omega_s) \frac{\mu_d^2 R_B^2}{2a^5}, \quad (47)$$

for electromotive torque T_{mag} , primary (equatorial) dipole moment μ_d , and twist parameter ζ_{ϕ} . This latter parameter relates to the induced toroidal field due to kinetics, as is familiar from studies of low mass X-ray binaries (e.g. Glampedakis and Suvorov, 2021), though its value is highly uncertain: it depends on poorly-understood boundary-layer physics.

In fact, Piro 2012 suggested implicitly (i.e. in a different notation) that the twist could reach values much larger than unity, $\zeta_{\phi} \gg 1$, which could significantly accelerate the inspiral. Furthermore, the torque T_{mag} will generally spin up the primary when $\Omega_{\rm orb} > \Omega_s$; Piro 2012 argued this could lead to near synchronization, and thus rapidly rotating stars prior to merger if the dipole moment is sufficiently large (cf. Sec. II.B). On the other hand, if the magnetic pressure exerted by the toroidal field is too large, the flux tubes defining the circuit will be broken by unstable kink modes. This is the essence of the argument put forward by Lai 2012 regarding the limiting value of the twist ($\zeta_{\phi} \sim 1$), and hence a relatively weak electromagnetic contribution (47). Still, quasi-periodic circuits may be established if after such a flux tube breaks, reconnection between the (inflated) field lines re-links the two stars so that the cycle may repeat. Understanding the dynamics of such a system requires 3D simulations which have not yet been conducted; though see Crinquand et al. 2019, who find that ζ_{ϕ} could greatly exceed unity in cases where the stellar spins are anti-aligned with respect to each other.

To get a rough sense of the impact though, we can integrate the torque-balance equation

$$\frac{d}{dt}\left(\frac{1}{2}I_0\Omega_s^2\right) = \dot{E}_{\rm EM},\tag{48}$$

which, provided we take $\Omega_{\rm orb} \gg \Omega_s$, has solution

$$\Omega_s(t) \approx \left(\Omega_{s,0}^2 + \mu_d^2 \frac{R_B^2}{2I_0} \int dt \frac{\zeta_\phi \Omega_{\rm orb}}{a^5}\right)^{1/2}, \quad (49)$$

where we ignore the dipole spindown and field decay taking place in the final seconds or minutes. If we take a constant value for ζ_{ϕ} and further use the leading-order GW orbital decay rate (cf. Sec. IV),

$$\dot{a} = -\frac{64G^3}{5c^5} \frac{M^3q(1+q)}{a^3},\tag{50}$$

together with $\Omega_{\rm orb}^2 \approx GM(1+q)/a^3$ we can evaluate expression (49) easily. One set of results for various values of ζ_{ϕ} are shown in Figure 11, where we postulate a magnetar-level field at the equator of $\sim 10^{14}$ G, radius 12 km, moment



FIG. 11 Estimates for electromotive spinup in the final seconds of inspiral, following expression (49), for a magnetar with equatorial field strength $B \approx 10^{14}$ G and an unmagnetised companion. For large twists ($\zeta_{\phi} \gg 1$), spin-up could be significant and contribute to dephasing through the effects described in Sec. IV.C.

of inertia $I_0 = 10^{45}$ g cm², and two $1.4M_{\odot}$ stars (q = 1). The evolution is tracked starting from a separation of 200 km $(\Omega_{\rm orb} \approx 216$ Hz). The magnetic star is practically static initially with $\Omega_{s,0} = 0.1$ Hz, though half a second before merger $(a \approx 9R)$ can reach non-negligible spins if the twist parameter is large $(\zeta_{\phi} \gtrsim 1)$. For the case $\zeta_{\phi} = 10^2$ — still significantly less than that estimated by Piro 2012 for some systems — the spin frequency could reach $\nu \gtrsim 1$ Hz when $a(t) \sim 9R$. Larger field strengths amplify the effect further like $\sim B^2$. If some magnetars with larger fields take part in mergers, as hinted at by some precursor observations (see Sec. VI), spin-up could be dynamically impactful. These spinups will combine with that of the tidal torques discussed in Sec. IV.C.1.

1. Internal fields?

Magnetic effects can also be associated with that of the interior, rather than the exterior. A strong tension can either reduce or increase the tidal deformability of a star depending on the nature of the magnetic geometry: poloidal (toroidal) fields tend to induce an oblate (prolate) distortion. This was studied by Giacomazzo et al. 2009 and more recently by Zhu et al. 2020 using complementary techniques, though the results are rather pessimistic: relative shifts in the deformabilities Λ (see below equation 39) amount to $\lesssim 0.1\%$ for $B \lesssim 10^{15}$ G for neutron-star EOS. For quark-star EOS, the effects are greater. In a superconducting core, the result may also be somewhat larger if $H_1 \sim 10^{16}$ G (e.g. Lander, 2013, and equation 10), which leads to a factor $\gtrsim 10$ increase in the effective magnetic tension and hence a percent-level shift for magnetars. Tidal deformabilities for stars with superconducting components have not been calculated in the literature. Some additional effects could arise if the internal magnetic fields are large enough to distort the stellar EOS, though these must be typically larger than even H_{c1} (see, e.g. Dexheimer *et al.*,

2017; Suvorov and Glampedakis, 2022b). A recent discussion on mathematical elements of GRMHD equilibria can be found in Suvorov and Glampedakis 2023.

E. Thermal and viscous effects

As quantified by equation (25), tidal energy is siphoned into QNMs during inspiral. This energy is essentially in the form of the potential and kinetic energy associated with the master eigenfunction $\boldsymbol{\xi}$. As detailed by Goldreich and Reisenegger 1992 and Lai 2012, three ways in which these modes can be damped is through GW radiation-reaction, chemical relaxation through neutrino emission, and viscous dissipation. The first of these is largely irrelevant (though note the damping time of f-modes can be of the order ~ 100 ms, which could theoretically be fast enough if a very early resonance occurs because of rapid rotation; see Sec. IV.C).

Viscous heating is likely to play a significant role. As described in Kuan *et al.* 2023 and elsewhere, the stellar stratification is generally a function of time because of this heating, implying that the *g*-mode *spectrum* itself is time-dependent (this gets even more complicated if accounting for nuclear reactions; Hammond *et al.*, 2021). In particular, Lai 1994 has shown that the *non-resonant* $\ell = 2 = m f$ -mode in an aligned (or non-rotating) binary will increase the star's temperature by (see equation 8.30 therein)

$$T_{\rm vis} \approx 3.6 \times 10^7 \left(\frac{3R_A}{a}\right)^{5/4} {\rm K},$$
 (51)

where it is assumed that the heat content is determined solely by the thermal energy of a nonrelativistic, degenerate, freeneutron gas. For a superfluid star, the relativistic electrons dominate this latter quantity of interest and expression (51) is increased further by a factor $\gtrsim 2$.

It has been suggested that T could reach values considerably larger than (51). Arras and Weinberg 2019 — who also provide an overview of the tidal heating literature in their Introduction - find that chemical heating, driven by the induced fluid motions during inspiral, could raise the temperature to $\sim 2 \times 10^8$ K if the system has access to the direct Urca mechanism. This is because density perturbations excited via tides force the system out of beta equilibrium, instigating chemical heating. If the core contains "strange" matter such that nonleptonic weak interactions raise the bulk viscosity by a couple orders of magnitude (e.g. hyperonic matter), tidal heating could even raise the temperature to $\lesssim 10^{10}$ K (Ghosh *et al.*, 2024). Such enormous temperatures would have a significant impact on the *g*-spectrum of the system leading to dephasing, aside from that which is associated with the heating directly. The latter effect would likely exceed ~ 0.1 rad and thus be detectable with the LVK network (Ghosh et al., 2024); see also Sec. IV.E.1. In the limit of totally efficient tidal dissipation the core temperature would easily reach $\sim 10^{10}$ K before merger, as calculated by Meszaros and Rees 1992.

A super-to-normal fluid transition due to intense heating $(T > T_c)$ could also lead to a rapid shift in the alreadyexcited g-mode spectrum. Such a rapid transition could lead to "glitch-like" phenomena in the waveform as the system undergoes a premerger phase transition. Practically speaking, crude estimates for how bulk heating will influence the gmodes can be made noting that variations in the stratification δ obey the relation $\Delta\delta/\delta = 2\Delta T/T$ since $\delta \propto T^2$ from expression (9). One can then recompute spectra with $\delta \rightarrow \delta + \Delta\delta$ at each timestep. This could combine with a discontinuous jump in the frequencies of order ~ 4 from the above super-tonormal transition (see Sec. III.D). Efforts to self-consistently account for such changes are in progress.

Overall, thermal elements in mergers are rather subtle and not fully understood beyond the above. For example, Hammond et al. 2021 point out that out-of-equilibrium elements in a merger lead to a softening of the EOS in some density regions, and to composition changes that affect processes that rely on deviation from equilibrium, such as bulk viscosity, both in terms of the magnitude and the equilibriation timescales inherent to the relevant set of reaction rates. Whether the estimates described above may apply in a realistic merger environment, including the possibility of constraining them, is not obvious. Significant tidal heating of the stars can also induce mass loss via winds before merger (Meszaros and Rees, 1992), which could lead to electromagnetic, premerger emissions if strong shocks develop in the winds. Such debris will also contribute to the dynamical and postmerger ejecta polluting the eventual crash site, which could inhibit jet formation and affect the breakout timescale (see Sec. VI.A). If the stars reach high-enough premerger temperatures, the bulk viscous timescales calculated in (Alford et al., 2020) could be utilised.

1. Crust melting?

Heat imparted due to tides reduces the effective Coulomb parameter Γ in a space- and time-dependent way (see Sec. III.A). It has been suggested that actually the entire crust may melt prior to coalescence because $\Gamma < 175$ is achieved (Pan et al., 2020a) (see also Hammond et al., 2021). This is plausible in some of the scenarios described above. If indeed the crust undergoes a kind of global elastic-to-plastic transition at late times, Pan et al. 2020b argue the heating rate due to tides and (resonant) modes would increase significantly as a liquid is more susceptible, which can manifest at the level of the waveform through a $\mathcal{O}(0.1 \text{ rad})$ dephasing. However, according to estimate (51), the crust may not reach its melting point even by coalescence, unless the viscosity assumptions made by Lai 1994 underestimate the degree of heating. A melted crust obviously cannot yield either, meaning that the melting time, t_{melt} , relative to coalescence, sets an upper limit to a resonant failure time to explain a precursor (see Sec. VI.C). This would rule out *f*-mode-induced failures altogether for large bulk viscosity. Increasing the width of the liquid layers near the surface of the star would also strongly impact the spectrum of ocean modes; see Sec. VI.D.3 and Watts 2012. A discussion on theoretical elements of mode-induced crust melting can be found in Lindblom *et al.* 2000.

F. Residual eccentricity

Aside from canonical formation channels involving a symbiotic binary (see Sec. II.B), mergers might occur in globular clusters where captures are not irregular. Although the recent Monte Carlo simulations of Ye *et al.* 2020 estimate a globular-cluster merger rate of only ~ 0.02 Gpc⁻³ yr⁻¹, such systems may retain a significant eccentricity as the usual circularisation arguments made in Sec. IV following the Peters 1964 formulae do not apply. Tidal phenomena in eccentric inspirals acquire additional complexity because resonances can be triggered at different orbital phases (likely near periastron), and thus generally will happen earlier; multiple resonances can also be triggered each passage.

It has been shown that for eccentric binaries there can be chaotic growth of the modes, with the kinetic energy stored in a mode the rivalling that of the orbital binding energy, $U \sim GMm/a$, after many cycles (Mardling, 1995; Vick and Lai, 2018). Given that this energy greatly exceeds that which is typically expected to be stored in resonant modes, $E_{\rm kin,max} \sim 10^{45}$ erg, it would be worthwhile to revisit such studies but for neutron stars specifically (Chirenti *et al.*, 2017; Wang and Lai, 2020; Yang, 2019). One such study was carried out by Vick and Lai 2019, finding appreciable effects depending on a complicated relationship between the eccentricity and how much energy is siphoned into the *f*-mode; see also Takátsy *et al.* 2024.

G. Remarks on merger simulations and future challenges

Here we provide a brief discussion on merger simulation results with respect to mode excitations; we direct the reader interested in GRMHD details more generally to Baiotti and Rezzolla 2017; Kiuchi 2024. Although the mode evolution is not as transparent as in Figs. 8–10, some fully relativistic simulations may resolve the excitation of the f-mode in the last < 100 ms of inspiral given that the dephasing between the numerical waveform and the analytic model including realistic f-mode effects is small (Dudi et al., 2022; Gamba and Bernuzzi, 2023; Steinhoff et al., 2021). Aside from the fmode, numerically capturing the excitations of other (polar) modes that could experience a resonance (viz. g-, i-, shear-, and ocean-modes) are currently out of reach due to a number of technical and theoretical challenges. This is important since g-mode dephasings in particular may not be totally negligible (discussed recently by Ho and Andersson, 2023, for instance) and represents a future challenge for the numerical-relativity community. Failing to account for such dephasings, if large, could lead to spurious inferences about neutron-star structure.

Spatial resolution is not the only technical requirement to see the excitation of lower frequency modes. In such cases, one would need to start the simulation at a time when the orbital frequency is less than ~ 50 Hz to include their resonance windows. This corresponds to many seconds prior to merger (cf. Fig. 8). This is borderline impossible owing to both computational demand and numerical stability considerations when coupled in with the above resolution demand, at least in a full numerical-relativity sense where the spacetime is evolved self-consistently with (magneto-)hydrodynamics using the full Einstein equations. For higher quantum numbers $(g_{n>2}, ...)$ even greater resolution is required, and the problem becomes more severe still. On top of this, g- and other modes' tidal response tend to be rather shallow compared to the fmode (see Kokkotas and Schafer, 1995; Lai, 1994; Passamonti et al., 2021; Shibata, 1994, and others), and thus numerical dissipation can easily bias the results, i.e. convergence is expected to be much harder to obtain than the f-mode case. This is in addition to the usual separation problem of the real and imaginary components of g-modes (e.g. Kuan et al., 2021a).

From a theoretical perspective, most (though not all) of the long-term inspiral simulations adopt a cold EOS through a piecewise-polytropic approximation which does not include the crust structure and cannot support the thermal and compositional stratification gradients that exist in a real star. Therefore, all of the microphysically-dependent modes may not even exist in the first place within the computational setups employed. It is thus even difficult to estimate how many CPU hours and further code innovations would be needed to accurately simulate the evolution of these modes and claim it was either resolved or not resolved (cf. Hammond et al., 2021). The highly-dynamical nature of the spacetime and fluid makes it also not obvious whether "modes" even exist in the usual sense of the word, as these are inherently linear while the Einstein equations are inherently nonlinear (see, e.g. Gabler et al., 2009; Sotani et al., 2024, for discussions).

V. PRECURSOR FLARES: OBSERVATIONS

It is well-accepted now since the dual discovery of GW 170817 (Abbott *et al.*, 2017b) and GRB 170817A (Goldstein *et al.*, 2017) that neutron-star binary mergers are at least in part responsible for *short* GRBs. Some mergers may however also produce *long* bursts, as described in Sec. V.B. We thus use the phrase *merger-driven* to encompass this wider class of GRBs.

A small percentage (Sec. V.C) of merger-driven GRBs display precursor phenomena, where energetic flashes are observed even many seconds prior to the main event in some cases (e.g. Coppin *et al.*, 2020; Koshut *et al.*, 1995; Troja *et al.*, 2010; Zhong *et al.*, 2019). Based on jet delay physics (Sec. VI.A), there is good reason to suspect that least some of these events, such as the GRB191221A precursor measured \sim twenty seconds prior to the respective GRB (Wang *et al.*, 2020), ignite during the premerger stage. Some precur-



FIG. 12 Light curves for GRB 081024A from Swift/BAT (top panel) and Fermi/GBM (bottom). The significant precursor event is delineated by the vertical blue lines, as marked by the arrow. Adapted from Troja *et al.* 2010 with permission.

sors may be attributed to post-merger phenomena however: the precursor from GRB150922A had only a ~ 30 ms waiting time, which is considerably less than the ~ 1.7 s delay observed in GW/GRB170817 (Goldstein *et al.*, 2017). Such postmerger phenomena could be related to the nature of the jet, possibly interacting with the dynamical ejecta, launched by the post-merger remnant (e.g. in cocoon or choking jet models; see Sec. VI.F). It is thus unclear what fraction of precursors occur before *merger*, even though they occur before⁷ the *GRB* by definition.

Before proceeding to precursor observations, we remark that following LVK's O3b run, searches for GWs were carried out for a variety of GRBs that took place during the observational window, regrettably without any success (Abbott *et al.*, 2022). Some of these GRBs were associated with precursors, placing some (very mild owing to source distance) constraints on event nature.

A. Statistical preliminaries

Light curves for a prototypical precursor — that associated with GRB 081024A — are shown in Figure 12, adapted from Troja *et al.* 2010. The event and precursor were observed by Swift and Fermi with a clear coincidence and separation time of ~ 1.5 s. What one ought to call the *waiting time* (as is the terminology we use) is however not obvious and occasionally inconsistent in the literature. For instance, Zhong *et al.* 2019



FIG. 13 Diagrammatic representation of different types of timescales for precursors and GRBs. For short GRBs in particular, these distinctions can lead to significant factors separating reported waiting times. Reproduced from Koshut *et al.* 1995 with permission.

report a *quiescent* time for 081024A as ≈ 0.91 s, meaning the time from precursor end to main burst beginning, which is clearly shorter than that between peak precursor flux and main event beginning. These definitional differences are important to account for if one wishes to compare in earnest with real, astrophysical data. Although applying for long bursts, a visual depiction of the different timescales is shown in Figure 13 from the pioneering precursor observations described by Koshut *et al.* 1995. Though their nomenclature of peak ($\Delta t_{\rm pk}$) and detectable ($\Delta t_{\rm det}$) waiting times did not persist in the literature, it is clear that even factor $\gtrsim 2$ differences in waiting time can occur if different definitions are applied.

Aside from this issue, statistical algorithms used to hunt for precursors can offer rather different values for event lengths or waiting times. For the case shown in Fig. 12 for 081024A, Zhong *et al.* 2019 find the precursor took place between -1.65 to -1.59 seconds prior while Troja *et al.* 2010 report -1.70 prior to -1.45. The event duration is different by a factor ~ 4 between these. While this Review cannot cover all the statistical nuance, readers should be aware that results shown by us and others in the literature are sensitive to a variety of systematics, including that associated with different instrument observations. For example, in Fig. 12 it is clear that the waiting time may be different if one were to use only Fermi or Swift data: this could, in principle, be attributed to either instrument systematics or the bandwidth of emitted photons.

B. GRBs: short, long, or ultra-long?

Historically, GRBs have been classified according to their T_{90} durations: long have $T_{90} > 2$ s while short bursts have $T_{90} \leq 2$ s. It was long postulated that these two classes of burst were associated with different progenitors; the long ones with "collapsars" or some kind of active core-collapse (e.g.

⁷ This raises a subtle issue: it could be that the GRB is missed (e.g. beamed away) but a precursor is launched in the direction of Earth. The precursor may therefore be mistaken for the actual GRB, since such events can be spectrally similar in some instances (see also Sec. V.D).

Baiotti and Rezzolla, 2017), and the short ones with merger events involving at least one neutron star (e.g. Burns, 2020).

As it often does, Nature proves more complex: in 2010 an "ultra-long" burst was detected, GRB 101225A (so-called "Christmas Burst"), observed by Swift and boasting a staggering 28 minute duration. This led some authors to introduce a third classification for such ultra-long bursts. Additionally, it has been suggested that the Christmas burst originated from a merger, though not necessarily involving two neutron stars (e.g. Thöne et al., 2011). Moreover, although predicted already by Li and Paczyński 1998, kilonovae are now routinely observed (including after GW170817; Valenti et al., 2017). These transients involve bright, broadband electromagnetic emissions due to the radioactive decay of heavy r-process nuclei that are produced and subsequently ejected quasi-isotropically during the merger process. They are thought to be a signature of a binary neutron-star coalescence and can be searched for with a variety of instruments owing to their broadband nature; a detailed discussion on kilonova detectability, with current and future detectors, is provided by Chase et al. 2022.

Some notably long bursts have been accompanied by kilonovae, thereby making it even less clear whether the usual T_{90} classification can be used to distinguish between collapse or merger scenarios. For instance, Yang *et al.* 2015 examined the late-time afterglow data from GRB 060614 — a burst with $T_{90} \gtrsim 100$ s — finding a (candidate) *r*-process-powered merger-nova. Such complications are the reason we use the words *merger-driven GRBs* when talking about precursors. Indeed, all GRB classes show precursors with varying statistics, with about ~ 9% of the global GRB population showing precursor activity (see, e.g. Coppin *et al.*, 2020). Long bursts seem to display precursors more often than short ones though (cf. Sec. V.C).

Some particularly relevant examples are GRBs 211211A (Troja *et al.*, 2022) and 230307A (Levan *et al.*, 2024), with durations of 50 and 35 s, respectively. Both of these events are likely associated with binary mergers due to kilonovae and heavy-element production. They also both displayed precursor phenomena (see Sec. V.E and Table. III below). It is probable therefore that some merger-driven precursors have historically evaded analysis because there was an inherent assumption that the GRBs were fuelled by an isolated object. The above discoveries highlight the need for a new classification scheme for GRBs, which influence the precursor inferences covered in this Section; see Deng *et al.* 2022 for ideas in this direction. With the recent advent of the James Webb Space Telescope (JWST), classification schemes are likely to improve in the coming years.

1. Excluded events

In sections that follow regarding merger-driven precursor properties, a few candidate events, discussed in the literature, are excluded here. These are the (possible) precursors associated with GRBs 050724, 080702A, 091117, and BATSE trigger 2614 (3B 931101).

The first two of these are described by Troja et al. 2010, and are remarkable in that the waiting times exceed ~ 100 s. The authors remark several times however that they "are unable to confidently determine whether they are real features" as they were not seen by instruments other than Swift and are of relatively low significance. Although the possibility of such a long waiting time could offer exciting insight into neutron-star structure (cf. Fig. 9), we do not comment on these events further here. The final BATSE event is described by Koshut *et al.* 1995, also with a very long waiting time of ~ 75 s. The significance is, however, similarly unclear (as is perhaps visually evident from the fourth-to-last panel seen in their figure 3). Note that Wang et al. 2020 found a precursor from 080702A but much closer to the main event; it could be, therefore, that this is the second example of a known double precursor event after 090510 (see Sec. V.F.5). In the case of GRB 0911117, Troja et al. 2010 find a significance of only $\sim 1.8\sigma$ and Zhong et al. 2019 remark that the data can no longer be downloaded from the Swift archives (although this event may have also been recorded by Suzaku). We exclude this otherwise unremarkable event also (waiting time ~ 2.7 s).

C. Rarity

Uncertainties notwithstanding with respect to the longshort classification issues detailed above, classifications for *merger-driven* precursors also depend on a variety of systematics. For instance, some authors require that a genuine precursor must precede the main burst by more than the burst T_{90} (e.g. Minaev and Pozanenko, 2017; Troja *et al.*, 2010). This would mean there is a clear separation of timescales (as in Fig. 13), and not a possible blur period where it is unclear whether the precursor was related to burst ramp-up (cf. GRB 150922A). Some other studies allow for arbitrarily short waiting times relative to the main burst for early flashes to qualify for precursor status (see Coppin *et al.*, 2020; Wang *et al.*, 2020; Zhong *et al.*, 2019, for discussions).

Another more obvious issue relates to sample size and instruments, with some events only being seen by Fermi, and/or Swift, and/or INTEGRAL (some events even by Agile, KONUS, Suzaku, Messenger, and HEND-Odyssey; Minaev and Pozanenko, 2017, cf. Table III). As such one has to make a statistical decision about the significance required to define a precursor with respect to one or more instruments. Taking a high cut-off for some information criterion (e.g. Akaike or Bayesian) will naturally reduce the event rate and hence predict that precursors are rarer. As noted by Suvorov and Kokkotas 2020b and others, even these deceptively small systematics can change event rate predictions from $\sim 0.4\%$ (Minaev and Pozanenko, 2017) to $\sim 10\%$ (Troja *et al.*, 2010), with the most recent studies falling somewhere around a few percent. If we included some long bursts as part of the sample, as argued reasonable in Sec. V.B, the event rate would adjust

further. Without a clear criterion for separating merger-driven and formed-in-isolation GRBs, it is very difficult to formally estimate precursor rarity and thus this remains an open problem in our view. The problem also goes the other way: is it strictly necessary to have a merger to form a short GRB (see Virgili *et al.*, 2011)? This issue has also been discussed by Wang *et al.* 2020 in light of the fact that even deducing T_{90} is prone to systematics.

The next standout problem is deducing the rarity of the subset of precursors that are launched *premerger*. It is likely that not all precursors are in fact launched pre-merger; if we took the GW/GRB 170817A waiting time of ~ 1.7 s as canonical, about $\sim 25\%$ of precursors would be associated with the inspiralling stars themselves (see Figure 14 below). The delay time is however rather sensitive to the post-merger environment. High-resolution, numerical studies show that black holes typically launch jets within $\lesssim 10^2$ ms while metastable neutron stars (if able at all; see Sec. V.G) tend to take longer (see Sarin and Lasky, 2021, and references therein). Black hole environments are typically cleaner as baryon pollutants from dynamical or post-merger ejecta, that could drag the jet and reduce its Lorentz factor, are swept under the event horizon, leading to shorter breakout timescales (see Pavan et al., 2021, for a discussion). These issues are discussed in more detail in Sec. VI.A. Even so, combining the above, we may estimate that of order $\gtrsim 1\%$ binary mergers involving at least one neutron star display a premerger precursor.

D. Spectral inferences

Spectral information about a precursor may be useful in reducing the uncertainties detailed above, as well as landing on a likely candidate for the ignition mechanism. As described in detail by Tsang 2013; Tsang et al. 2012, one may anticipate less thermality in cases where magnetic fields are dynamically dominant, at least with respect to premerger models. Essentially, the matter boils down to how important backreactions are. If the local magnetic fields in the region where the flare originates are strong, energy may be more freely transported along open field lines (via Alfvén waves; see also Sec. VI.E) without scattering that would otherwise tend to thermalise the spectrum. If instead the field is relatively weak there, crossfield transport is hardly prohibited and scattering can take place en masse. A typical decider in this matter will be how strong the magnetic energy density is compared to the precursor luminosity, with (Tsang et al., 2012)

$$B \gg 10^{12} \times \left(\frac{L_{\rm prec}}{10^{46} \,{\rm erg \, s^{-1}}}\right)^{1/2} \,{\rm G}$$
 (52)

leading to a strongly non-thermal spectrum.

In the above we have introduced the precursor luminosity, $L_{\rm prec}$. Deducing this quantity from observations is non-trivial, and few events in the literature have had luminosities reported. The difficulty stems from the fact that one needs to translate

(i) photon counts into fluxes, and then (ii) fluxes into luminoisites. For the former this depends on the energy band of the instrument(s) and often requires delicate extrapolation between instruments (see Meredith et al., 2023, for a discussion on common pitfalls). The latter requires knowledge of source redshift, often not recorded at the times of publishing because it requires hunting through astronomical databases for coincident events (there may not be any). One must also be careful in deducing a kind of averaged luminosity as opposed to a peak one, since the gamma-ray flux will, of course, be timedependent. Thus far, no clear understanding of the precursor luminosity distribution is available in the literature (though see Deng et al., 2024, for a recent study). It should also be understood that L_{prec} refers to an *isotropic* luminosity, and thus could actually be lower if there is a non-negligible amount of beaming (see Sec. VI.C.1).

Many bright precursor flares tend to exhibit a non-thermal spectrum (see table 2 in Zhong et al., 2019, for instance). This would be expected if Alfvén waves propagating along open field lines are the primary means of the associated energy transport as detailed above, though this requires high field strengths and brings its own set of issues (cf. Sec. II.C). Regardless, brightness combined with non-thermality has led directly to the suggestion that some mergers contain magnetars (e.g. Dichiara et al., 2023; Kuan et al., 2021b; Suvorov and Kokkotas, 2020b; Troja et al., 2010; Xiao et al., 2024). Precursor rarity may therefore be directly related to the prevalence of magnetars in mergers. Explaining how a strong field can persist into merger, even in $\lesssim 1\%$ of the population, remains an open issue under this interpretation. One possibility is that the field is not preserved at all but rather generated just before merger from convective instabilities triggered by mode-driven differential rotation; see Sec. VI.E.

As some specific examples, Wang et al. 2020 noted that the (bright) precursors in GRBs 111117A and 160804180 strongly favoured non-thermal fits. These both had short waiting times relative to the main event, and could thus favour a magnetospheric interaction or high-frequency mode resonance (see Sec. VI for a review of theoretical elements). Zhong et al. 2019 noted a strong favouring for a non-thermal, cutoff power-law in the (dim) precursor from GRB 130310A, which occurred ~ 4 s prior to the main event. The precursors of GRBs 081216 and 141102A, both with delay times of ~ 1 s, can be convincingly fit with a blackbody (Wang and Liu, 2021). They may therefore be associated with weak fields, or some kind of shock-breakout model. The absence of thermal components in the extremely bright precursor from GRB 211211A $(L_{\text{prec}} \approx 7 \times 10^{49} \text{ erg s}^{-1}; \text{Xiao et al., 2024}),$ which occurred ~ 1 s prior to the main event could theoretically be expected from either a Poynting-dominated outflow from a remnant or possibly premerger magnetar interaction. Systematising such an analysis would constitute a useful addition to the literature, though spectral fittings can be notoriously complicated and this extends yet another observational problem therefore. Some recent efforts towards systematic, spectral classification were carried out by Deng et al. 2024.



FIG. 14 Histogram of precursor waiting times (cf. Sec. V.B.1), overlaid with the best-fit lognormal distribution and several indicators for potential (premerger) precursor ignition mechanisms. Note these waiting times are *relative to GRB not merger*: the solid blue line marks the delay observed in GW/GRB 170817. Data from Table III and references therein.

E. Waiting times

Merger-driven precursors exhibit a range of GRB-relative waiting times, from $\sim 30 \text{ ms} (150922 \text{A})$ to $\sim 20 \text{ s} (191221 \text{A})$. Table III presents relevant data from the literature, including main GRB name, the duration of the precursor, the time delay between precursor and GRB, GRB duration, and some comments on remarkable features (if any). The waiting time distribution is illustrated graphically in Figure 14, showing that a reasonable fit is obtained with a lognormal distribution. Overlaid are a number of possibilities relating to premerger explanations, as described in Sec. VI.

It is evident that there is a significant spread of precursor phenomena, with a couple orders of magnitude separating the shortest and longest waiting times and also durations. It is probable therefore that there are multiple ignition mechanisms, involving either pre- or post-merger phenomena; the physics pertaining to delays are discussed in Secs. VI.A and VI.C.3. We remark on the nature of some entries in Tab. III, as some have error bars while others do not. In Wang et al. 2020, from which many of our tabulated precursor results are quoted from, the authors did not given a confidence interval attached to the \pm values they provided. As per standard convention, these error bars may correspond to 84.13% confidence upper and lower limits containing the 68.27% confidence interval (Gehrels, 1986). In some other studies, such as Minaev and Pozanenko 2017; Zhong et al. 2019, waiting times are given as a kind of mean value from T_{90} data (see Sec. V.A), which we quote here using the \sim symbol. Owing to these differences in notation and convention, on top of other systematics described thus far, caution should be applied when weighting precursor significance across different studies.

F. Some exceptional precursors

Here we go into some more detail about some precursors with remarkable properties. These events may be particularly useful in deducing information about the neutron-star EOS and other fundamental physics.

1. GRB 211211A

GRB 211211A was accompanied by a kilonova (Rastinejad et al., 2022). This by itself is exciting: the GRB was long $(T_{90} \gtrsim 30s)$, and yet the association with a kilonova identifies the origin as a merger event (see Sec. V.B). Aside from this, the event showed a precursor flare ~ 1 s prior to the main event (Xiao et al., 2024). In Suvorov et al. 2022, the precursor timing was matched with a q-mode resonance with sufficiently large overlap that the crust may break, within the resonant failure model (see Sec. VI.C). Since magnetic fields skew the mode eigenfrequency, the magnetic field strength that was obtained ($\gtrsim 10^{14}$ G) was required to be consistent with that set by the extraordinarily high isotropic luminosity $(\sim 7 \times 10^{49} \text{erg s}^{-1})$ and the absence of thermal emissions in the precursor (see Sec. V.D). Aside from this, the event was modulated by quasi-periodic oscillations (QPOs) at ~ 22 Hz (Xiao et al., 2024) (see also Chirenti et al., 2024).

Seismic excitations in the crust is a natural prediction of a failure: a deep quake relieves energy from the crust which then causes the surroundings to vibrate through aftershocks. These aftershocks are most conducive to torsional modes, as initially pointed out by Duncan 1998, which happen to have frequencies in the ~ 20 Hz range. The combination of having mass estimates for the binary members from the kilonova (Rastinejad *et al.*, 2022), estimates for the internal properties and magnetic field strength from a g-mode resonance, and estimates for the shear modulus in the crust from the torsional mode frequency proves intriguing. Although a thorough parameter space scan was not performed by Suvorov et al. 2022, it was shown that conventional assumptions on the EOS (Fig. 2) and shear modulus from recent literature can accommodate all of the observed properties. More precisely, the frequency of the precursor QPO (interpreted as a torsional mode) and relative timing of the precursor itself (interpreted as a gmode resonance) can be well-fit with a star that has kilonovainferred mass $M = 1.25 M_{\odot}$ (Rastinejad *et al.*, 2022) with the APR EOS (Sec. II.A.2) and shear modulus computed from nuclear physics (Sec. III.A). Other interpretations are valid, though. For example, the QPO could be associated with a magnetoelastic mode (e.g. Gabler et al., 2012, 2016) and the precursor could be attributed to an interface-mode (e.g. Tsang, 2013; Tsang et al., 2012, see also Sec. VI.D.1).

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TABLE III Precursors (likely) associated with merger events, organised in descending order of waiting timing relative to main event, with remarks on special features (if any). Key: XAM = X-ray afterglow with internal plateau, suggestive of a magnetar remnant as identified by Rowlinson *et al.* 2013 and others (e.g. Suvorov and Kokkotas, 2021). Most data were compiled by Wang and Liu 2021, though others not listed there come from Minaev and Pozanenko 2017 (071030), Zhong *et al.* 2019 (100717, 130310A, 170726794), Dichiara *et al.* 2023 (230307A), and Deng *et al.* 2024 (180703B). The long-form Fermi GBM catalogue name is used for some GRBs. Some precursors may be postmerger.

Source	Precursor duration (s)	Relative delay (s)	GRB duration (s)	Remarkable features
150922A	$0.05\substack{+0.01\\-0.01}$	$0.03^{+0.01}_{-0.01}$	$0.08^{+0.01}_{-0.01}$	Peak flux larger than that of the main pulse
100223110	$0.02^{+0.03}_{-0.01}$	$0.08^{+0.02}_{-0.03}$	$0.12^{+0.01}_{-0.01}$	-
080702A	≈ 0.31	≈ 0.13	≈ 0.64	XAM; Stable magnetar?
160804180	$0.16\substack{+0.02\\-0.02}$	$0.17\substack{+0.02\\-0.02}$	$0.26^{+0.02}_{-0.02}$	-
170709334	$0.46^{+0.01}_{-0.27}$	$0.17^{+0.30}_{-0.07}$	$0.15^{+0.07}_{-0.04}$	Thermal precursor and main GRB
111117A	$0.18\substack{+0.05\\-0.03}$	$0.22^{+0.03}_{-0.06}$	≈ 0.46	XAM; Stable magnetar? Debated T_{90} ; $z = 2.211$
100702A	≈ 0.04	≈ 0.23	$0.16\substack{+0.03\\-0.03}$	XAM; $t_c \approx 178 \text{ s}$
180703B	~ 1.5	~ 0.3	~ 1.54	Thermal spectra; long-duration precursor
060502B	≈ 0.09	≈ 0.32	≈ 0.24	Debated T_{90}
100827455	$0.11\substack{+0.05\\-0.04}$	$0.34_{-0.06}^{+0.06}$	$0.09^{+0.02}_{-0.01}$	Debated waiting time (Zhong et al., 2019)
230307A	≈ 0.4	≈ 0.4	$\approx 33 \text{ s}$	LGRB but Kilonova? $L_{\rm prec} \approx 3.6 \times 10^{50}$ erg/s(!)
090510 (I)	$0.05\substack{+0.07\\-0.03}$	$0.52^{+0.04}_{-0.08}$	$0.30\substack{+0.01\\-0.01}$	Double! XAM; $z = 0.9$; peaks in 15–50 keV band
081216	$0.15\substack{+0.05\\-0.03}$	$0.53^{+0.04}_{-0.05}$	$0.24^{+0.02}_{-0.02}$	Debated spectra (Deng et al., 2024)
071112B	≈ 0.01	≈ 0.59	≈ 0.27	-
150604434	$0.17\substack{+0.25\\-0.01}$	$0.64^{+0.02}_{-0.29}$	$0.21^{+0.03}_{-0.02}$	-
100213A	≈ 0.44	≈ 0.68	≈ 0.94	-
181126A	$\approx 0.72^{+0.18}_{-0.27}$	$0.85^{+0.40}_{-0.29}$	$0.46^{+0.11}_{-0.13}$	-
081024A	≈ 0.06	≈ 0.91	≈ 0.94	Debated T_{90} ; XAM; Collapse time ≈ 125 s?
211211A	≈ 0.2	$1.08^{+0.20}_{-0.20}$	≈ 35	LGRB; Kilonova; QPOs main and prec(!); XAM
140209A	$0.61^{+0.08}_{-0.08}$	$1.10^{+0.08}_{-0.08}$	$1.03\substack{+0.04\\-0.06}$	Debated T_{90} (≈ 2.4 s?); LGRB?; Strongly thermal
101208498	$0.17\substack{+0.12\\-0.08}$	$1.17^{+0.1}_{-0.14}$	$1.03\substack{+0.03\\-0.04}$	-
141102A	$0.06\substack{+0.10\\-0.06}$	$1.26^{+0.11}_{-0.15}$	$0.48^{+0.04}_{-0.04}$	Thermal spectra
170726794	~ 0.08	~ 1.53	~ 0.25	-
170802638	$0.015\substack{+0.17\\-0.11}$	$1.85_{-0.21}^{+0.14}$	$0.33\substack{+0.04\\-0.04}$	-
071030	0.9 ± 0.2	~ 2.5	2.7 ± 0.5	Data appear lost (see Zhong <i>et al.</i> , 2019)? Debated T_{90}
100717	~ 0.15	~ 3.32	~ 1.23	Strongly non-thermal. Debated T_{90}
130310A	0.9 ± 0.32	4.45 ± 0.8	~ 2.15	Debated spectra (Qin et al., 2021); Magnetar flare? QPOs
180511437	$2.80^{+1.38}_{-1.69}$	$12.72^{+1.80}_{-1.57}$	$3.33^{+0.18}_{-0.24}$	LGRB? Debated T_{90} ; Longest precursor
090510 (II)	≈ 0.4	≈ 12.9	$0.3\substack{+0.01\\-0.01}$	Double! Peaks around ~300 keV
191221A	$0.03\substack{+0.59 \\ -0.03}$	$19.36^{+1.24}_{-3.19}$	$0.37^{+0.26}_{-0.13}$	-

2. GRB 180703B

The 180703B precursor is unusual because of the event duration. As found by Deng *et al.* 2024, the precursor emissions began ~ 1.8 s prior to the main burst, lasting all the way until a lull at ~ 0.3 s, followed by the GRB of a similar duration. The delay could therefore be longer depending on what one calls the waiting time (again see Sec. V.A). The authors however denoted this precursor as a "gold sample" burst of very high significance with a thermally-dominated spectrum. The main GRB was also well fit with strongly thermal components and overall high-degree of spectral similarity. These facts together may point towards a common origin, i.e. a postmerger model with a choking jet or similar (see Sec. VI.F).

3. GRB 180511437

The precursor in 180703B described above is not however the longest duration precursor; that title goes to that seen prior to GRB 180511437 with a duration of ~ 2.8 s (Wang *et al.*, 2020). Given that the T_{90} duration of this event has been debated in the literature, with some stipulating a long burst (see Sec. V.B), it is difficult to place constraints on the progenitor. However, given the long delay (~ 12 s) and the lack of any obvious spectral similarity, a long period of magnetospheric interaction with especially tangled fields seems difficult to accommodate (Fernández and Metzger, 2016). Resonances with a particularly long window are theoretical possible for some EOS; see Sec. VI.C.2.

4. GRB 191221A

The precursor from 191221A is currently the record holder for earliest precursor relative to main event, with a staggering ~ 20 s waiting time (though cf. Sec. V.B.1). No constraints on the spectrum were placed (Wang *et al.*, 2020). This event was coincident with LVK's O3b run though no GWs were detected (Abbott *et al.*, 2022), pointing to a non-negligible source redshift. The distinct lack of any X-ray afterglow is also problematic with respect to a stable neutron-star remnant scenario, which would probably be favoured in order to ascribe the long delay to a jet formation timescale (Burns, 2020; Zhang, 2019). Premerger models in this direction, assuming a < 10 s combined jet production and breakout timescale (see Sec. VI.A), are practically limited to low eigenfrequency resonances such as *g*-modes or ocean modes (Sec. VI.D) unless strong magnetic fields, thermal gradients, or rotation skew the eigenfrequency towards lower values (see Sec. IV.C). A systematic analysis of this event would be worthwhile to carry out because of the above considerations.

5. GRB 090510

GRB 090510 is special for two reasons: one being that, aside from the unclear case of 081024A, it is the only known merger-driven GRB that showed a *double precursor*.

The two precursors from this event were separated by \sim 12 s (Troja et al., 2010), with the second precursor taking place ~ 0.5 s prior to the main event. Several possibilities present themselves, involving (i) two premerger precursors, (ii) two postmerger precursors, or (iii) one of each. The parameter space is large. The first precursor was notably softer (~ 30 keV peak) than the second (~ 300 keV peak), which disfavours the operation of strong external magnetic fields at early stages. A possibility put forward by Kuan et al. 2023 involves rotation and stellar misalignment. As shown in Figure 15, a significant misalignment angle and rapid rotation (though the latter is not strictly necessary, even spins of $\lesssim 10~{\rm Hz}$ are sufficient) can instigate two episodes of crustal failure with m = 2 and m = 1 modes (see Sec. IV.C). Although the delay seen in this Figure does not exactly correspond to that seen in 090510, it demonstrates the possibility. Regarding the 090510 double event specifically, parameterspace constraints are given in Kuan et al. 2023.

The second remarkable feature of GRB 090510 is that of a rather prominent X-ray afterglow, as discussed by Rowlinson *et al.* 2013; Suvorov and Kokkotas 2020a and others. This afterglow exhibited the 'internal plateau' feature thought to be characteristic of a neutron star pumping spindown energy into the forward shock. Importantly, the system showed a steady decline in flux rather than a sharp cutoff, which is often interpreted as the collapse time of the metastable star (see, e.g. Ravi and Lasky, 2014; Suvorov and Glampedakis, 2022b). If indeed a stable neutron star was formed, it is more plausible that the jet formation timescale was comparatively long, and hence that only one precursor was premerger with the second being attributable to a choking jet, possibly because neutron-stars have a harder time forming jets with high Lorentz factors (Ciolfi *et al.*, 2019). Still, several scenarios are viable.

6. GRB 230307A

GRB 230307A is an extremely bright, *long* GRB. The recorded gamma-ray fluence is $\gtrsim 3 \times 10^{-3}$ erg cm⁻² in the



FIG. 15 A double resonance of m = 2 and m = 1 kink modes in a highly misaligned and rapidly-rotating neutron star. The strain (σ) can exceed ~ 0.04 — a realistic elastic maximum (Baiko, 2024; Baiko and Chugunov, 2018; Kozhberov, 2023) — and thus, theoretically, trigger two episodes of failure separated by a number of seconds. The stratification rises to $\delta \approx 0.021$ for the later episode, due to intervening tidal heating (cf. Sec. IV.E), having started from an initial (cold) value of $\delta \approx 0.006$. The binary is symmetric with stars of mass $1.23M_{\odot}$ and the APR4 EOS. From Kuan *et al.* 2023.

10–1000 keV band (Dichiara *et al.*, 2023), second only to GRB 221009A. Despite its long duration, it is likely associated with a kilonova and heavy element production (Levan *et al.*, 2024), thus resembling the case of GRB 211211A (Dichiara *et al.*, 2023) of a merger-driven long GRB. Taking the best-fit distance of ≈ 291 Mpc implies an enormous luminosity $L_{\text{prec}} \sim 3.6 \times 10^{50}$ erg s⁻¹. As discussed by Dichiara *et al.* 2023, this event is a strong candidate for a magnetar with an external field of $\gtrsim 10^{15}$ G taking place in a merger. If the field was of this magnitude, accounting for magnetic shifting in mode eigenfrequencies would be essential, as would electromotive torques towards the end of the binary evolution (see Sec. IV.D). Given the waiting time of only ≈ 0.4 s however, many ignition scenarios are viable (especially postmerger ones).

G. Connections with post-merger phenomena

Insofar as strong magnetic fields are necessary to explain premerger, precursor spectra (Sec. V.D), the remnant environment and structure could be affected. It is fair to say that one of **the** open problems in GRB physics concerns whether or not magnetar remnants are capable of launching a relativistic jet that can drill through the polar baryon pollution (e.g. Sarin and Lasky, 2021). Most numerical simulations of mergers that leave a magnetar find that (i) a magnetic field of strength approaching equipartition ($\sim 10^{17}$ G) is needed to a launch a jet (if a jet can be launched at all), and (ii) the magnetic field that is generated is larger if the pre-merger 'seed' fields are larger (e.g. Ciolfi, 2020). Point (ii) has been challenged by recent, high-resolution simulations (Kiuchi *et al.*, 2024), though it is naturally easier to accept strong remnant fields via flux conservation arguments if there is a magnetar in the merger. The magnetic field strength of a remnant star would also influence its spindown energy and GW luminosity. In principle, one could anticipate a subpopulation of remnants with stronger fields if bright precursors are observed therefore (Suvorov *et al.*, 2024). Even if irrelevant for precursors, dynamo activity triggered by f- or other mode resonances just before merger could also amplify seed fields (see Sec. VI.E).

VI. PRECURSOR FLARES: THEORY

This section of the Review is dedicated to theoretical models for precursor flares. The bulk relates to premerger mechanisms (though see Sec. VI.F), with special focus placed on the resonant failure picture owing to the authors' familiarity. If some stellar oscillation mode comes into resonance with the orbital motion while the stars are inspiralling, significant amounts of tidal energy may be deposited into the mode(s) as described in Sec. IV.A.3. The resonant amplitude may thus reach the point that the crust yields due to the exerted stresses exceeding the elastic maximum (Sec. III.B). Two of the more promising candidates in this direction are the q- and i-modes, which appear to lie in a sweet-spot, in the sense that the expected mode frequencies match orbital frequency at times corresponding to many precursor flashes and the overlap integrals are sufficiently large (see Sec. VI.D). The other main mechanism involves electrodynamic interactions between the binary components (Sec. VI.B) or shocks in a mass-loaded wake (Meszaros and Rees, 1992); there could be subpopulations of precursors associated with different mechanism.

A. Delay Timescales: postmerger jets

If one is to reliably assign a mechanism to precursor flare ignition, it is important that the physics relating to jet formation and breakout are understood in the context of the waiting time observations described in Sec. V.E.

For better or worse, there is considerable theoretical uncertainty surrounding the orbital/GW frequency at which precursors are launched. This is because the times that are recorded are relative to the main GRB event (see Tab. III). However, this will not coincide exactly with the moment of coalescence, which is the relevant quantity as concerns GWs, because there will generically be a delay timescale, $t_{\rm J}$, required in order for the jet to not only form but also break-out (i.e. penetrate through the surrounding baryon pollution) and produce the observed EM radiation (see Fig. 1). For example, assuming that GWs do indeed propagate at the speed of light, the landmark event GW170817 indicates that the SGRB took ≈ 1.7 s to launch postmerger. If this estimate were canonical, many of the events listed in Tab. III would occur postmerger. This is obviously problematic if one wishes to ascribe resonant modes to their excitation mechanism.

Fortunately — at least from a premerger perspective — there is reason to suspect that t_J may be considerably shorter

than that seen in GRB 170817A in some instances, perhaps even down to a \sim few ms. In this section we closely follow and summarise the compilations of Zhang 2019 and Burns 2020 in describing various jet formation mechanisms and $t_{\rm J}$ estimates. Where appropriate, some recent numerical simulations or theoretical results concerning remnants are instead quoted to update and/or adjust values presented in Table 1 of Zhang 2019.

We decompose the delay time, $t_{\rm J}$, of a GRB observation relative to merger into three independent terms,

$$t_{\rm J} = \Delta t_{\rm jet} + \Delta t_{\rm bo} + \Delta t_{\rm GRB},\tag{53}$$

where $\Delta t_{\rm jet}$ represents how long it takes for the engine to collimate the jet, $\Delta t_{\rm bo}$ is then the extra time for the jet to *break out* from the ambient material ejected before and at merger (and also of the environment generally), with finally $\Delta t_{\rm GRB}$ being an extra propagation timescale associated with the jet to reach some appropriate *energy dissipation radius* where the actual γ -rays are emitted. In general there will also be a combined cosmological and local (i.e. due to remnant gravity) redshift factor 1 + z to account for (see also Sec. IV.B.2), but since this applies to GWs and merger also it is unimportant for the relative timing issue.

Zhang 2019 introduces a second decomposition for $\Delta t_{\rm jet}$, depending on the mechanism responsible for launching. The mechanism is naturally dependent on the progenitors. We write

$$\Delta t_{\rm jet} = \Delta t_{\rm rem} + \Delta t_{\rm acc,B} + \Delta t_{\rm clean}, \tag{54}$$

where $\Delta t_{\rm rem}$ is a waiting time for the responsible remnant to form (typically zero, unless invoking the collapse of some metastable neutron star), $\Delta t_{\rm acc,B}$ is a further add-on related to the time for either accretion or dynamo activity to actually prime the object for jet launching [i.e. dynamical fall-back timescale (acc) or dynamo timescale for magnetic growth (B)], and lastly we have the time taken for the jet to clean the surroundings (which is connected to the degree of mass loading), Δt_{clean} . This final quantity is probably the most uncertain, and depends on the Lorentz factor that is achieved, which can be dragged by pollutants surrounding the crash site. For a thermal (neutrino-anti-neutrino annihilation) fireball, one anticipates a short timescale possibly of order only \sim ms. For a magnetically (Poynting-flux) dominated jet, on the other hand, not only will the Lorentz factor generally be smaller (Ciolfi, 2018) but the jet might have to reach a turbulence/reconnection radius which is thought to exceed that of the relevant photosphere by a factor ~ 100 . The main expectations are summarised in Table IV.

We close this section by noting that multimessenger events may accompany a collapse event for some of the remnant types listed in Tab. IV. Most notably, fast radio bursts (FRBs) have been predicted to be produced following the collapse of a neutron star (see, e.g. Falcke and Rezzolla, 2014; Suvorov and Glampedakis, 2022b). Once an event horizon forms and cloaks the star, the external field lines are no longer anchored

TABLE IV Expected delays associated with merger-driven GRBs and relative precursor timings, adapted and expanded from Zhang 2019. Abbreviations: NS = Neutron star; SM = Supramassive; HM = hypermassive. Remarks: (*) HMNS collapse time could theoretically be prolonged through thermal (Paschalidis *et al.*, 2012) or magnetic (Suvorov and Glampedakis, 2022b) support, extending the upper limit significantly. (**) Result quoted from analysis performed in Ciolfi *et al.* 2019 regarding breakout requirements [see also Mösta *et al.* 2020 and Ciolfi 2018 for detailed discussions]. (†) Results anticipated from high-resolution dynamo simulations of Kiuchi *et al.* 2024, who found amplification on sub-ms timescales. (‡) From simulations of Ruiz *et al.* 2018, who found that sufficiently low-mass BHNSs result in a HMNS that tends to launch a magnetically-dominated jet. Argued by Shibata and Taniguchi 2008 that for canonical neutron-star parameters, SGRB is limited to "low" energies of order ~ 10^{48} erg/s because of tidal disruption impact on torus mass. (#) We assume a fireball-like mechanism for accretion scenarios involving a neutron star, or a Blandford-Znajek mechanism if involving a BH, and a Poynting-flux-dominated jet for dynamo (magnetic) scenarios when estimating Δt_{GRB} . Though, in principle, any of these mechanisms could have an upper limit of many ~ s owing to theoretical uncertainties; see Zhang 2019 and Burns 2020. Black hole topology and modified-gravity terms could also skew these estimates, though such effects are ignored (see, e.g. Nampalliwar *et al.*, 2020; Spivey, 2000).

System	Engine	Mechanism		$\Delta t_{\rm jet}$		$\Delta t_{ m bo}$ (s)	$\Delta t_{ m GRB}$ (s; #)	$t_{\rm J,min}$ (s)	$t_{\rm J,max}$ (s)
			$\Delta t_{\rm rem}$ (s)	$\Delta t_{\rm acc,B}$ (ms)	Δt_{clean} (s)				
BH-NS	BH	accretion	~ 0	~ 10	~ 0	$\gtrsim 10^{-2}; \lesssim 10^{-1}$	< few	$\sim 10^{-2}$	~ 3
BH-NS	HMNS/BH	accretion	$\gtrsim 0.1; \lesssim 1(*)$	~ 10	~ 0	$\gtrsim 0.1; \lesssim 1$	\lesssim few(‡)	$\lesssim 1$	>5(*)
BH-NS	HMNS/BH	magnetic	~ 0	< 1(†)	<1	$\gtrsim 10^{-2}; \lesssim 1$	$\lesssim \text{few}(\ddagger)$	$\lesssim 1$	~ 5
NS-NS	BH	accretion	~ 0	~ 10	~ 0	$\gtrsim 10^{-2}; \lesssim 10^{-1}$	< few	$\sim 10^{-2}$	~ 3
NS-NS	HMNS/BH	accretion	$\gtrsim 0.1; \lesssim 1(*)$	~ 10	~ 0	$\gtrsim 0.1; \lesssim 1$	\lesssim few	$\gtrsim 10^{-1}$	>5(*)
NS-NS	HMNS/BH	magnetic	~ 0	< 1(†)	$\lesssim 1$	$\gtrsim 10^{-2}; \lesssim 1$	$\sim { m few}$	$\gtrsim 10^{-2}$	> 3
NS-NS	SMNS/NS	accretion	~ 0	~ 10	$\lesssim 0.1$	$\gtrsim 10^{-2}; \lesssim 10^{-1}$	\lesssim few	$\gtrsim 10^{-2}$	$\gtrsim 3$
NS-NS	SMNS/NS	magnetic	~ 0	< 1(†)	$\lesssim 0.2(**)$	$\lesssim 0.2(**)$	$\sim {\rm few}$	$\lesssim 1$	> 3

and so snap, inciting relativistic, magnetic shocks that accelerate electrons to high Lorentz factors, ultimately producing radiation in the \gtrsim GHz band. A coincident detection of a sharp drop in X-ray flux and an FRB would be a "smoking gun" for a post-merger, neutron-star collapse; in such a case, at least $\Delta t_{\rm rem}$ could be tightly constrained. See Lu *et al.* 2024 for recent (unsuccessful) search efforts for coincident FRBs and GRBs, though see Moroianu *et al.* 2023 who found that FRB 20190425A is coincident with GW190425 at ~ 2.8 σ . Sadly, no GRB was observed for this event.

B. Magnetospheric interaction and unipolar inductor

Depending on the persistence (or late-time generation) of strong (crustal) magnetic fields over cosmological timescales, electrodynamic interactions occurring in the final seconds of inspiral could produce fireworks. The mechanisms responsible have been described in detail by Hansen and Lyutikov 2001 and others since. The production of gamma-rays can proceed through essentially three different channels, depending on the relative magnetization and alignment angles of the two stars (Lai, 2012; Piro, 2012; Wang *et al.*, 2018). In cases with a black hole, comparable estimates can be found in McWilliams and Levin 2011.

The simplest, and arguably most probable if a luminous precursor is observed, scenario in the electrodynamic interaction context is that of the unipolar inductor introduced in Sec. IV.D. The reason for this is that it is already difficult to explain one magnetar in a merger let alone two, and without strong fields to mediate the interaction the precursor is likely to fizzle out long before it reaches Earth. The other two cases instead apply when the object's have comparable magnetic dipole moments, either aligned or anti-aligned (though in reality of course there will be some angle, Θ_{μ}). In the aligned case, the field lines will compress at the interaction radius given by $r_i \approx a/(1+q_{\mu}^{1/3})$ with dipole-ratio $q_{\mu} = \mu_{B,d}/\mu_{A,d}$ (Wang *et al.*, 2018). In the opposite case, we have instead direct reconnection occurring in the interaction zone which leads to explosive event(s) followed by the establishment of a quasi-stable circuit similar to a unipolar inductor (e.g. Crinquand *et al.*, 2019; Palenzuela *et al.*, 2013).

Lai 2012 argues that the maximum energy that can be relieved relates to $\dot{E}_{\rm EM}$ from equation (47). This is controlled by the effective resistance between the two stars through the effective twist parameter ζ_{ϕ} , viz.

$$\begin{split} \dot{E}_{\rm EM} &\approx 6.0 \times 10^{43} \zeta_{\phi} \sqrt{\frac{M(1+q)}{1.4 M_{\odot}}} \left(\frac{B}{10^{12} \,\rm G}\right)^2 \\ &\times \left(\frac{a}{30 \,\rm km}\right)^{-13/2} \left(\frac{R}{13 \,\rm km}\right)^8 \,\rm erg \, s^{-1}, \end{split} \tag{55}$$

where *B* here is to be understood as the largest equatorial strength of either star and we have assumed equal stellar radii. The above is difficult to reconcile with precursor luminosities unless $a \sim 3R$ and $\zeta_{\phi} \gg 1$, though $\dot{E}_{\rm EM}$ can be slightly larger than estimates provided by Wang *et al.* 2018 if ζ_{ϕ} is kept free.

The estimate (55) is in rough agreement with that found from *ab initio* numerical simulations for large twists. Most and Philippov 2020 found, via special-relativistic simulations, a maximum dissipation of (equation 6 therein)

$$\dot{E}_{\rm MP20} \approx 4.6 \times 10^{44} \left(\frac{B_{\rm int}}{10^{12} \,\rm G}\right)^2 \left(\frac{R}{13 \,\rm km}\right)^3,$$
 (56)

applying just \sim ms before merger for equal mass objects (see also Crinquand *et al.*, 2019). Note in particular the relevant *B*

value here is the local value at the interaction radius not that at the stellar surface (though these are approximately equal at merger by definition). Interestingly, the luminosity scaling was found by Most and Philippov 2020 to be $\propto a^{-7/2}$, which is shallower than that of (55). Either way, we can match (56) with (55) at merger if $\zeta_{\phi} \leq 10$, consistent with the anti-aligned simulations by Crinquand *et al.* 2019; Palenzuela *et al.* 2013. Carrasco *et al.* 2021; Most and Philippov 2023 studied neutron-star plus black-hole binaries, finding roughly similar dissipation rates though with the interesting result that the flares present in their simulations were up to $\sim 10^2$ times *brighter* than the (relativistic) orbital emission.

An important aspect of the interaction model is that emissions should be generated almost instantaneously. That is, particle production occurs immediately after reconnection and thus the precursor timing should correspond directly to the ignition moment without an additional lag beyond those detailed in Sec. VI.A. On the other hand, the *duration* of a precursor born from magnetospheric interaction is likely limited to ~ 10 ms based on the relationship between the Poynting flux and chirp length where the separations are low (Fernández and Metzger, 2016). This is somewhat shorter than *all* event durations listed in Tab. III, though allowing for a factor \sim few extension would bring many low-waiting-time precursors into view (e.g. 150922A, 100223110, 100702A, ...). Still, Metzger and Zivancev 2016 argue the detection horizon is limited to ~ 10 Mpc for $B \approx 10^{14}$ G unless the twist is large, $\zeta_{\phi} \gg 1$.

Finally, aside from reconnection being generally able to spark a plethora of progenitors (see also Sec. VII), strong magnetic fields in the emission environment could effect photon propagation directly. For example, quantum-mechanical photon splitting could acquire a non-negligible cross section (Daugherty and Harding, 1982; Medin and Lai, 2010), thereby impacting on the polarization states and/or Faraday rotation of electromagnetic waves. Such effects, manifesting as vacuum birefringence, have been observed in emissions from the isolated neutron stars RX J1856.5-3754 (Mignani et al., 2017) and 4U 0142+61 (Taverna et al., 2022) with characteristic field strengths of a few by 10^{13} G (Popov et al., 2017) and $\sim 10^{14}$ G (Olausen and Kaspi, 2014), respectively. As noted by Wang and Liu 2021, the next-generation gamma-ray polarimeter POLAR-2 may be able to measure such effects directly and constrain the plasma environment (Hulsman, 2020).

C. Resonant failure: luminosity and timescales

The resonant failure picture that has been alluded to throughout this Review is covered here and Sec. VI.D. The model was initially put forward by Tsang *et al.* 2012 though has since been covered by many authors in different contexts. In a nutshell: a large amount of tidal energy can be rapidly siphoned into modes from the orbit when a resonance is hit depending on the respective overlap integral; see Sec. IV.A.3. For some modes, the resonant amplitude grows large enough to overstrain the crust (see Sec. III.A), releasing magnetoelas-



FIG. 16 Crustal strain pattern, σ (equation 6), in the northern hemisphere as induced by a g_2 -mode for an *unmagnetised star* with the SLy EOS in an equal mass binary with $M = 1.27 M_{\odot}$ and a constant stratification index $\delta = 0.005$. For $\sigma_{\max} \lesssim 0.05$ (see Tab. I) a complicated failure geometry will emerge. From Kuan *et al.* 2021b.

tic energy that can theoretically fuel a gamma-ray flash. The way in this energy propagates is likely complicated depending on the local field strength, though the recent GR forcefree electrodynamic simulations carried out by Most *et al.* 2024 tracked Alfvén waves propagating out to the orbital light cylinder with crossing time $t_{\rm cross}^2 \approx a^3/G(M_A + M_B)$ where flares were formed self-consistently. For $a \approx 100$ km the light-crossing time is of order ms (see also Sec. VI.C.3). Although the mechanism responsible for the overstraining involves resonant pulsations rather than the gradual evolution of the magnetic field itself, the electromagnetic extraction of energy is totally analogous to that put forward for magnetar flares (Thompson and Duncan, 1995).

Based on relationship (6) for some mode, one can investigate whether any given mode candidate can be responsible for crustal failure. The mode eigenfrequency relates to the ignition time and GW frequency, which when correcting for jet formation and other factors (Sec. VI.A) can be matched to the precursor waiting time. Details of specific mode families are covered in Sec. VI.D, while below we go into more general aspects relating to luminosity and timescales.

1. Energetics

The maximum magnetically-extractable luminosity from the crust of a neutron star is given by a Poynting integral, which for a dipole can be estimated through (Tsang, 2013; Tsang *et al.*, 2012)

$$L_{\rm max} \sim 10^{47} \left(\frac{v}{c}\right) \left(\frac{B_{\rm crust}}{10^{13}\,{\rm G}}\right)^2 \left(\frac{R}{10\,{\rm km}}\right)^2 \,{\rm erg}\,{\rm s}^{-1},$$
 (57)

where v is the speed of the mode perturbation. While this value is considerably larger than (47), essentially because we

have integrated over the whole *surface* rather than just in some small volume within a possibly distant interaction zone, it still requires relatively large fields to explain bright precursors. Such tensions can be alleviated somewhat by beaming (expected if some zone on the surface fails rather than the entire crust), and by noting that there is additional energy available beyond just that of the magnetic field.

More generally though, the maximum amount of energy during some window that can be liberated within a failed zone reads (e.g. Lander *et al.*, 2015),

$$\int dt E_{\text{quake}} \leq \int_{t_{\text{offset}}}^{t_{\text{onset}}} dt \int_{V_{\text{crack}}(t)} d^3 x \, u_{\text{tot}}, \qquad (58)$$

where the total energy density u_{tot} accounts for all types of energy stored in the region. The above is obtained by integrating the energy stored in the failed zone over a resonance duration $t_{onset} \leq t \leq t_{offset}$ (see Sec. VI.C.2). From a von Mises perspective, the volume V can be defined through

$$V_{\text{crack}}(t) = \{ p \mid \sigma(p) \ge \sigma_{\max}, \ p \text{ within the crust} \}, \quad (59)$$

which is the collection of points such that the elastic maximum is exceeded at any given t.

The total density, u_{tot} , includes a (i) magnetic contribution [which is effectively just a rescaled version of (57)], the (ii) kinetic energy density of QNMs, u_{kin} , (iii) rotational energy density, u_{rot} , and finally the (iv) tidal energy density, u_{tid} . The three latter contributions are respectively given by

$$u_{\rm kin} = \frac{1}{2} \left(\dot{\boldsymbol{\xi}} \cdot \dot{\boldsymbol{\xi}} \right) \rho \tag{60}$$

$$u_{\rm rot} = \frac{1}{2} \Omega^2 r^2 \sin^2 \theta \rho, \tag{61}$$

and

$$u_{\rm tid} = U\delta\rho,$$
 (62)

for tidal field U from equation (13). An elastic term may be added also.

Under the approximations that (i) the energy released during a resonance timescale is just the integral of the energy density at the onset of resonance over the cracking area at the offset of resonance, and (ii) u_{rot} is only associated with uniform rotation and frame dragging is ignorable (cf. Sec. IV.B.2), these energies were calculated by Kuan *et al.* 2021b for some g-mode resonances (see Sec. VI.D.2). The main results are listed in Table 2 therein: for magnetar-level fields strengths, energy outputs can exceed ~ 10⁴⁶ erg each second. (How long such an event may last is covered in Sec. VI.C.2). This would be sufficient to power most precursors, noting in particular that only some small fraction of the crust actually fails (rather than global events) in those simulations; see Figure 16 for one such, g_2 -strain pattern. If indeed the precursor was attributable to a g_2 -mode, the isotropic luminosities quoted in Sec. V.D would not be appropriate and in fact the energetics could easily be accommodated through expression (58).

Aside from beaming considerations, for slow stars the main contributions are from the magnetic field, so that (57) remains the leading-order piece. However, some $\sim 20\%$ or more leeway could be afforded if the resonances are triggered particularly close to merger, relaxing (a little) difficulties associated with magnetic field strengths (see Sec. II.C).

2. Resonance window duration

For a given mode with (inertial-frame) eigenfrequency $\omega_{\alpha,i}$, resonance will be triggered when $\Omega_{\rm orb}$ falls in the interval $\left[\frac{1-\varepsilon}{2}\omega_{\alpha,i},\frac{1+\varepsilon}{2}\omega_{\alpha,i}\right]$ (Lai, 1994), where the real part of the eigenfrequency is implied. This frequency interval yields a total duration of

$$t_{\rm prec} = \frac{\varepsilon \omega_{\alpha,i}}{\dot{\Omega}_{\rm orb}} \approx \frac{2\varepsilon \Omega_{\rm orb}}{\dot{\Omega}_{\rm orb}},\tag{63}$$

which can be compared directly to observational durations from Table III assuming low redshift (cf. equation 1 in Zhang, 2019, and Sec. IV.B.2). The (dimensionless) detuning parameter ε can be calculated self-consistently with numerical simulations or the analytic approximation provided by equation (3.10) in Lai 1994. It is generally expressible as

$$\varepsilon = \chi \sqrt{\frac{2\pi}{\Omega_{\rm orb}}} \frac{|\dot{a}|}{a},$$
 (64)

for some parameter $1 \leq \chi \leq$ few. Although a value up to $\chi \approx 10$ was found for some *g*-modes by Kuan *et al.* 2021a, more realistic values in most cases are $\chi \sim O(1)$. Either way, the numerical detuning parameter (64) can be somewhat larger than the analytic estimate made by Lai 1994. More generally, χ depends on the EOS, mode family in question, spin, and microphysical (e.g. stratification) assumptions essentially because modes in stars with a specific mass can have the same frequency but different tidal overlap by tuning the aforementioned physics.

To leading order, combining (50) with the frequency sweeping rate estimated from the Keplerian formula,

$$\frac{\Omega_{\rm orb}}{\Omega_{\rm orb}} = -\frac{3\dot{a}}{2a},\tag{65}$$

we can estimate that at a separation of a = 170 km, corresponding roughly to a normal-fluid g-mode with $f_{\alpha,i} \approx 88$ Hz and ≈ 3 seconds before merger, we have $t_{\text{prec}} \approx 0.3$ s for stellar parameters such that $\chi = 2$. Such durations are more in line with the observational data (Tab. III) than the ~ 10 ms values anticipated from the magnetospheric interaction picture discussed in Sec. VI.B (Fernández and Metzger, 2016).

3. Launching timescale

One important aspect of the resonant-failure picture is that the flare will not be immediately launched once resonance, which is the quantity deducible from GWs for instance, is met. This couples in with the issues described in VI.A for deducing precursor-merger waiting times. In particular, as detailed by Dichiara *et al.* 2023; Kuan *et al.* 2023, there are three timescales to consider. The first of these is the time it takes for overstraining to occur once resonance has been triggered. For the von Mises criterion (7), this failure happens instantaneously once expression (6) reaches a significantly large value. In a more realistic stress-strain model (e.g. Zhurkov; see Sec. III.B) there may be a short delay associated with this step; see Truesdell *et al.* 2004.

The next timescale pertains to the delay for *failure* once an overstraining has been triggered from resonance. This was estimated by Tsang *et al.* 2012 to be on the order of ~ 1 ms based on elastic-to-tidal energy ratios, though it is sensitive to both the overlap integral and mode frequency (see below equation 10 therein). These authors used a breaking-strain value of $\sigma_{\rm max} \sim 0.1$; all else being equal but using the Baiko and Chugunov 2018 value $\sigma_{\rm max} \sim 0.04$ would increase this timescale by a factor ~ $(0.1/0.04)^2 \approx 6$ (see Tab. I). Higher eigenfrequencies or energies would reduce it.

The final timescale of relevance, $t_{\rm emit}$, relates to how long it takes for emissions to be generated following the failure (see Thompson and Duncan, 1993, 1995, regarding the magnetar flare context). Neill *et al.* 2022 argue $t_{\rm emit}$ can be as long as ~ 0.1 s for $B \sim 10^{13}$ G — see equation (12) therein — again assuming $\sigma_{\rm max} \sim 0.1$ from Horowitz and Kadau 2009. The result scales like (Kuan *et al.*, 2023)

$$t_{\rm emit} \sim \frac{E_{\rm elastic}}{L_{\rm max}} \approx 0.03 \left(\frac{\sigma_{\rm max}}{0.04}\right)^2 \left(\frac{10^{47} \text{ erg/s}}{L_{\rm prec}}\right) \text{ s.}$$
 (66)

For most precursors, $t_{\rm emit}$ will be of order tens of ms. In support of this, Most *et al.* 2024 suggest $t_{\rm emit}$ is related to a light crossing-time that is relatively short unless $a \gg 100$ km.

Altogether there are thus *eight* timescales to keep track of when trying to directly compare a tidal resonance to a precursor timing observation, at least in the resonance picture. These are the five detailed in Sec. VI.A relating to jet generation and breakout, and the three described above (or only one in the case of magnetospheric interactions). This highlights the non-trivial nature of the problem, where future numerical simulations of jet break out and radiation transport are likely to prove particularly powerful.

D. Resonant failure: some important families

This section details various QNM families which have been invoked to explain precursors in the literature: their physical origin, variation with EOS and microphysical parameters, eigenfrequencies, and overlap integrals.

1. i-modes

As a neutron star cools, it is expected to undergo a number of localised phase transitions. These can relate to superfluidity



FIG. 17 Resonant amplitudes (expressed via energies in units of $E_0 = GM_A^2/R_A$) obtained for the crust-core interface modes i_2 for a polytropic star in Newtonian gravity (Γ_1 is our γ), where elastic terms in the crust are self-consistently included for a variety of shear modulii [$\tilde{\mu}$; normalised according to equation 73 in Passamonti *et al.* 2021]. Circles (squares) denote distances associated with the moment of crustal failure, if applicable, for a stronger (weaker) breaking strain of 0.1 (0.04) under a von Mises criterion. From Passamonti *et al.* 2021 with permission.

and conductivity (Sec. III.D), and the formation of a crust and ocean layers (Sec. III.A). The presence of these solid-liquid discontinuities allows for a family of interface (i-) modes to exist. These were the first family that were considered viable for breaking and arguably remain the strongest candidate (Dichiara et al., 2023; Tsang, 2013; Tsang et al., 2012), at least for the crust-core (i_2) rather than crust-ocean (i_1) variety, though the latter can also induce non-trivial strain and crustal failure (see Sec. VI.D.3). This is because the overlap integrals tend to be large and *i*-mode eigenfrequencies are extremely sensitive to the transition density and stellar macrophysics, allowing for many events to be explained by this one mode in different stars (Neill et al., 2022). Figure 17 shows predictions for the (appropriately normalised) energies deposited into *i*-modes, as found by Passamonti et al. 2021, who self-consistently included elastic terms into their (Newtonian) equations of motion.

Passamonti *et al.* 2021 found *i*-mode overlaps to be two orders of magnitude weaker than that found by Tsang *et al.* 2012. Although still plausibly large enough to break the crust (at least for sufficiently large shear modulii; see Fig. 17), this demonstrates that *i*-modes may not be generically optimal for any given neutron star configuration when incorporating elastic aspects. Another possible origin for this large discrepancy is rooted in the mixed use of Newtonian overlaps/perturbations but with a GR star. Although the use of such a hybrid scheme to solve for stellar spectrum is com-



FIG. 18 Dependence of the maximally induced stress (equation 6) due to g_1 - modes for various EOS (same for both stars with q = 1) as functions of the stellar compactness $C = M_{1.4}/R_{10\text{km}}$. The grey dashed lines represents the von Mises criterion identified by Baiko and Chugunov 2018 (lower) and Horowitz and Kadau 2009 (upper). A fixed value of $\delta = 0.005$ is used. From Kuan *et al.* 2021b.

mon in the literature (and was used by Tsang *et al.*, 2012, for instance), it leads to some non-orthogonality between modes and there can then be "leakage" of one mode to others when computing overlap integrals⁸ (see Appendix A of Miao *et al.*, 2024, for a qualitative discussion).

Overall, however, owing to the sensitivity of *i*-modes to crustal microphysics, these modes represent a powerful probe of stellar structure (e.g. for the possible existence of pasta phases; Neill *et al.*, 2022; Sotani *et al.*, 2024).

2. g-modes

As described throughout, these modes are due to buoyancy resulting from thermal or composition gradients (including discontinuities; Finn, 1987; McDermott, 1990; Sotani *et al.*, 2001) sourced intrinsically or through the accretion of matter from a companion, crustal movements, or magnetic interactions (e.g. Dong and Melatos, 2024). For cold stars in a latestage binary, the frequencies of (normal-fluid) g-modes can range from tens to hundreds of Hz, indicating resonances occur 1 - 10 s prior to merger when spin is insignificant (see Sec. IV.C). Interestingly, maximum amplitudes and frequency tend to increase with stellar mass for the g_1 -modes, while the amplitudes tend to *decrease* for g_2 -modes; see Table 1 in Suvorov *et al.* 2024. On the other hand, g-modes in less compact stars have longer growth times, compensating their weaker



FIG. 19 Sequences of maximal strain (redder shades indicating a greater value for σ) driven by g_1 -mode resonances for the WFF1 EOS for various chirp masses \mathcal{M} and mass-ratios. The blue vertical line shows the chirp mass of the progenitor of GW 170817, while the red corresponds to GW 190425. From Kuan *et al.* 2021b.

coupling to the tidal field to some extent. As such, the maximally induced *stress* exhibits a parabola-like shape, at least when the stratification is held fixed, as seen in Figure 18. The local minima of these curves has been referred to as "tidal neutrality", as described in Appendix A of Kuan *et al.* 2022a.

In addition to the intrinsic mode properties, the binary mass-ratio also influences the resonance time-scale through the tidal potential (13), and hence the maximal stress also. Fig. 19 demonstrates that a larger strain is generally manifest when the companion is heavier (i.e., the g_1 -mode issues a greater σ) for a given chirp mass, $\mathcal{M} = M_A q^{3/5} / (1+q)^{1/5}$, of the binary, which can be precisely estimated with GW analysis (e.g., Cutler and Flanagan, 1994). This occurs because when \mathcal{M} is fixed a larger q implies a lower mass and pushes the system into the left-half of the compactness range considered in Figure 18, noting the use of WFF1 (Sec. II.A.1). For other EOS, the trend may reverse.

As discussed in IV.C, spin reduces the frequency of retrograde modes. When the stellar angular momentum is in the opposite direction to that of the orbit, the oscillation rate of tidally-susceptible modes (whose phase pattern velocity matches the orbit) is slowed, pushing the resonance time earlier. Although perhaps counter-intuitive, Lai 1994 showed that the scaling of the saturation amplitude after resonance is $\propto \omega_{\alpha}^{-5/6}$ under the stationary phase approximation (i.e., when the orbital decay rate is much slower than the mode frequency): an earlier resonance thus generally renders a higher amplitude, leading to the general increase with maximal strain as a function of spin as presented in Figure 20 for fixed overlap. In principle, this increase reaches a peak at the spin such that the mode will be likely smeared out by chemical reaction, leading to an abrupt zeroing of the strain. Note, however, such

⁸ In GR, modes are not strictly orthogonal but the inner product between them is much smaller than the extent of this leakage; see also Footnote 6.



FIG. 20 Similar to Fig. 18 but as functions of the stellar spin for fixed compactness. Plot legends for the systems define the mutuallyabiding EOS together with individual masses in units of M_{\odot} . Sharp drops after a certain spin for different modes results because the mode frequency drops lower than the initial tidal pushing frequency used in the numerical computation, and may be analogous to the spectral "washing out" described in Sec. III.C once the mode frequencies drop too low. From Kuan *et al.* 2021b.

a smearing was not modelled by Kuan *et al.* 2021b: the reason for the drop in σ in this case is because the mode frequency drops enough that resonance window falls outside of the computational domain at some minimum $\Omega_{\text{Orb}}(t = 0)$.

Although g-modes reside mostly in the core, they are capable of exerting strain at the bottom of crust for two reasons. (i) They penetrate into the crust when δ is sufficiently large; in fact, Gittins and Andersson 2024; Passamonti *et al.* 2021 demonstrated that the g_1 -mode eigenfunction can resemble that of the *i*-mode though the frequencies differ (cf. McDermott *et al.*, 1988). (ii) Their tangential motion is not necessarily small even when buoyancy is somewhat quenched by the shear modulus. Should some crustal activities be triggered by g-modes and lead to observables, information about the internal stratification, thermal properties, cooling, phase transitions (including gravitational ones; Kuan *et al.*, 2022b), and heat transport in neutron stars could all be gleaned.

3. Ocean modes

Ocean modes refer rather literally to waves (as for surface waves on Earth's oceans) that occur in the thin, penultimate layer of the star (before atmosphere), which is typically a few meters to tens of meters thick (McDermott *et al.*, 1985; Strohmayer, 1993). Given the low density of the region, these modes are especially affected by magnetic field, temperature gradients, gravitational forces, and most importantly composition. Ocean modes are important in the context of X-ray bursts, as the thermonuclear reactions that heat up the ocean

layer can also instigate drifts that modulate the X-ray emission (see Table 4 and references in Watts, 2012); such drifting can be used to study ocean and atmosphere structure (Chambers and Watts, 2020; Nättilä *et al.*, 2024; van Baal *et al.*, 2020).

Ocean modes tend to have frequencies of \sim tens of Hz at most, and thus could be excited at early times in a merger. Similar to the *g*-mode case, there is a competition between the excitation window (which is long for low frequencies) and overlap (which tends to be small at low frequencies). This was investigated by Sullivan et al. 2023, who found largest overlaps for carbon atmospheres with frequencies ~ 16 Hz. These authors also found that energy deposits could reach $\lesssim 10^{47}$ erg over the inspiral duration, decreasing by a few orders of magnitude if elasticity or a crust with heavier nuclei (e.g. oxygen or iron) is considered. Atmospheres composed of lighter elements may be expected in a system with a history of accretion; "rapid" rotation may thus coincide with larger ocean impact (Sec. II.B). Again like the *g*-mode case, there should also be a contest between mode frequencies and the local reaction rate, though the reaction rate in the ocean can be quite different from that in the crust or core. For heavier atmospheres with sub-Hz mode frequencies, space-based GW interferometers may be especially useful since such resonances could occur long before the LVK window and possibly coincide with multimessenger activity (Sullivan et al., 2023). Whether such modes could ever instigate crustal failure is unclear, though emissions may still result from particular accelerations via tidal-wave motions (Sullivan et al., 2024).

Aside from the crust-core interface, there is also a crustocean interface that can be considered (the i_1 mode). These can potentially grow to large amplitudes; as noted by Sullivan *et al.* 2024, while crustal failure may be difficult to achieve through an initial resonance as i_1 overlaps are not so large (see Figure 9 in Passamonti *et al.*, 2021), crustal inhomogeneities may arise from such local failures (see also Kerin and Melatos, 2022b). This may prime the crust for failures down the line, through either repeated resonances of the same mode, in an eccentric or dynamically-evolving system, or higher-frequency (e.g. g-) modes.

4. f-modes

The *f*-undamental fluid oscillation mode is a member of the acoustic (p-) family, in which the main restoring force is the hydrostatic pressure. This mode has no nodes, and thus couples very strongly to the tidal field which also has no nodes, as noted by Thorne 1998 and others. The linear eigenfrequencies of these modes typically range from 1 kHz to several kHz, depending on the mass, radius, and internal structure of the star. However, several studies have noted an insensitivity to the EOS (Andersson and Kokkotas, 1996, 1998), allowing for universal relations to be written down. Such aspects are powerful in the sense that measuring an *f*-mode frequency would give valuable insight onto the compactness of the system in an EOS-independent way. For a complete list of such relations,

including the effects of rotation, we refer the reader to Krüger *et al.* 2021; Manoharan and Kokkotas 2024.

Although these modes are likely dominant in the tidal dephasing problem (see Sec. IV.A.3), they are probably not especially relevant for precursors (the topic of this section). This is because their high frequency means that resonances, and hence crustal failure, are unlikely to occur except in cases with rapid rotation (Suvorov and Kokkotas, 2020b), high eccentricity (Vick and Lai, 2018), or if the stellar compactness is particularly low (e.g. for EOS predicting large radii; see Fig. 2). Still, if resonant, failure is practically guaranteed as the overlap is of order unity, and thus this mode could explain shortwaiting-time events (like in GRBs 150922A, 100223110, ...).

5. r-modes

Inertial (i.e. r-) modes are quasi-axial modes, degenerating in the static limit, with relatively weak coupling to the tidal field. However, in systems that are rotating very rapidly $(\nu \gg 100 \text{ Hz})$, the hybrid character allows the modes to exert non-negligible strain on the crust (Lai and Wu, 2006; Suvorov and Kokkotas, 2020b), though it is expected that such systems are rare (cf. Sec. II.B Zhu et al., 2018). They are generically unstable to rotational instabilities (Andersson, 1998; Andersson and Kokkotas. 2001: Friedman and Morsink. 1998: Kokkotas and Schwenzer, 2016) because their co-rotating frame frequencies are less than $2\Omega_s$ (see equation 24) and in this way they may be important in limiting the maximum rotation of neutron stars through radiation-reaction (Andersson et al., 1999). They can be potentially excited in neutron star glitches (Antonopoulou et al., 2018), the predicted amplitudes of which may be detectable with LVK given \gtrsim months of folding for Galactic sources (e.g. PSR J0537-691; Andersson et al., 2018). Mathematical considerations related to tidal and magnetic corrections to the inertial spectrum are considered in Suvorov and Kokkotas 2020b, and are similarly not expected to be important unless magnetars are present in the merger (cf. Secs. II.C and IV.B). In principle, r-modes could also incite dynamo activity prior to merger if reaching a large enough amplitude (Rezzolla et al., 2001, see also Sec. VI.E).

E. Late-stage dynamos?

Tidal resonances, aside from draining energy from the orbit, also add angular momentum to the stellar interior (Sec. IV.C.1). The resulting velocity pattern is tied to the mode eigenfunction and generally implies differentially rotating cavities, $\Omega = \Omega(t, x)$. One such example, computed self-consistently by Suvorov *et al.* 2024, is shown in Figure 21 for two different *g*-mode resonances. The snapshots are taken at the moment of peak positive amplitude in the crust. Generally speaking, low-overtone *g*-modes have a monotonic radial profile in the crust, leading to either $\partial_r \Omega < 0$ or $\partial_r \Omega > 0$ everywhere there, depending on mode phase.



FIG. 21 Crustal angular velocities at fixed spherical angles, $\Omega(r)$, for g_1 (black, solid) and g_2 (blue, dashed) modes, at a time slice corresponding to the maximum resonant amplitude. The star has an initial angular velocity of $\Omega_s = 200$ rad/s with $M = 1.6M_{\odot}$, and R = 11.26 km with a hybrid APR4 + Douchin and Haensel 2001 (for the crust) EOS. From Suvorov *et al.* 2024.

Differential rotation is typically a necessary (but not sufficient) condition for a dynamo, most notably the magnetorotational instability (MRI): Balbus and Hawley 1991 and others since have shown that if the radial angular velocity gradient is sufficiently negative in a cavity, $\partial_r \Omega \ll 0$, the magnetic tension can rocket to a large value in an effort to stabilise the system. The exact criterion depends on the microphysics of the cavity itself, such as the chemical diffusivity, stratification gradient, and electric resistivity. As explored by Suvorov et al. 2024, the magnetic field could be amplified on ~ms timescales in the final \sim s of inspiral via the MRI in a mature, recycled star. They found that saturation fields in the crust of a merger participant could exceed $\sim 10^{13}$ G for certain modes and EOS if the star is spinning sufficiently fast $(\nu \gtrsim 30$ Hz). The reason that some preexisting rotation is necessary is because it influences the growth time of the unstable magnetic (Alfvén) modes, in general like $t_{\rm MRI} \propto \Omega_s^{-1}$ (Balbus and Hawley, 1991; Duez et al., 2006). This is important because the mode oscillation will flip the sign of $\Omega(\mathbf{x})$ every half-period, and thus if the mode growth is too slow (i.e. if Ω_s is too low) then less (or no) amplification is anticipated. The extent can be computed with a dephasing integral.

Fields of strength depicted in Fig. 22 would allow for the magnetic energy budget to match the observed luminosities of precursors, possibly resolving the mystery of why precursors are rare: fast stars are needed. Suvorov *et al.* 2024 estimated that the conditions necessary for the MRI are satisfied in $\sim 5\%$ of merger events (see Appendix A therein). It may therefore be that magnetar-level fields do not persist into merger, but rather the field is generated. While appealing, some issues remain with this interpretation however. The main one being that it is difficult to imagine a coherent field being produced; rather one may expect a turbulent, highly-tangled structure to emerge, as is more typical from MRI sim-



FIG. 22 Dynamo amplifications from either a local MHD analysis (solid curves) or setting equipartition between magnetic and shear energies (dashed curves; upper limits), as triggered by either g_1 - or g_2 -modes in a star with $\Omega_{s,0} = 200$ rad/s. The same macro- and microparameters used in Fig. 21 are used. From Suvorov *et al.* 2024.

ulations (e.g. Kiuchi *et al.*, 2024). The process of extracting magnetoelastic energy is thus more complicated, and further work is needed to address the topological development of the field. A second issue is that estimates thus far have been carried out in (GR)MHD, but really elastic terms are necessary to adequately describe the crustal system. Whether it is possible for the MRI to activate in an *elastic cavity*, rather than fluid interior, is not obvious. Efforts in this direction are underway. Other dynamos would worth investigating, like those with a chiral flavor (Dehman and Pons, 2024) triggered by tide-related processes that force the system out of thermodynamic equilibrium prior to merger (Hammond *et al.*, 2021).

F. Post-merger models

If the main GRB episode is produced by (the standard mechanism involving) synchrotron radiation in an internal shock or magnetic dissipation zone, a (thermal) precursor may be expected either as the shock breaks out from the surrounding ejecta or as some (neutrino-anti-neutrino) fireball reaches the photosphere (Mészáros and Rees, 2000; Wang and Liu, 2021; Wang et al., 2018). Alternatively, it may be that an incipient jet fails to break out (or "chokes") which can produce some GRB-like emission prior to the main event, where a renewed jet successfully escapes. In the latter case, a range of spectra are plausible depending on jet nature. A newborn magnetar may also launch a powerful wind independently from the jet, which may interact with the surroundings and produce X- and gamma-ray activity (e.g. Dall'Osso and Stella, 2022). Overall this Review is however concerned with premerger phenomena, and thus we do not discuss these possibilities further. The interested reader is directed to Burns 2020; Ciolfi 2018; Sarin and Lasky 2021 and references therein.

VII. MULTIMESSENGER OUTLOOK

The previous three sections have been devoted to understanding gravitational and gamma-ray emissions in premerger systems. These can be studied through tidal and magnetic interaction theory, with a careful of the stellar micro- and macrophysics. Here, by contrast, we turn briefly to other multimessenger elements, expected in the radio and X-ray bands, together with neutrino counterparts. We intentionally keep this section rather short: such elements have been described elsewhere (see, for instance Lyutikov, 2019) and our main focus is on the gamma- and GW aspects.

What can one learn, broadly speaking, from premerger multimessengers? A rough summary is provided below.

- 1. Love numbers. The effective parameters κ^T , the quadrupolar member of which is defined by (39), is directly visible in the gravitational waveform at a leading PN order (see Tab. II). Since this quantity depends on the stellar masses and integrals taken over the internal density, it is clear that EOS information can be gleaned. This is effectively illustrated in Fig. 2, showing mass-radius contours from GW170817.
- 2. Asteroseismology. Dynamical tides also imprint themselves on the waveform. However, since these emerge at finite, non-zero frequencies while the former appear already "at infinity", they are generally subleading. It has been estimated that only in $\sim 1\%$ of neutron-star mergers will one be able to cleanly isolate the impact of dynamical tides with current detectors (Gamba and Bernuzzi, 2023). However, owing to the discussion provided in Sec. IV.A.3, there are open questions in this direction which are worth revisiting. For example, the q-modes may be comparable contributors to the dephasing if the f-mode frequency is very high (cf. Fig. 9). Strong magnetic fields may also be important, either through modulating the mode frequencies directly or instigating an electromotive spin-up (Sec. IV.D), which continuously shifts the spectra. Out-of-equilibrium effects could also distort the spectrum in a complicated, time-dependent way (Hammond et al., 2021).
- 3. Gamma-ray precursors. Depending on the ignition mechanism, different kinds of information be may discernible. For premerger precursors, we have argued the resonant failure picture can adequately explain all the observational characteristics (Sec. VI.C), though admittedly this is due to the huge range of QNM properties that neutron stars can exhibit. As resonances are obviously tied to the mode spectra, everything above applies here too but in the gamma-ray band. Similarly, since the activity of these modes *in the crust* is the relevant aspect here, microphysical inputs become critical. With the above three (Love number, dynamical tides, and precursors) one may thus learn about both macroand microphysical elements of the stars taking part in a

merger. This can be combined self-consistently with the properties of the post-merger remnant to deduce generative elements of GRBs (e.g. heavier stars will more likely promptly collapse leading to faster jet break-out; see Zhang 2019 and Tab. IV).

- 4. Radio flares. Radio activity can be incited premerger from a few different channels. For instance, there may be shock-powered radio emissions through interactions taking place in the accelerating, binary wind left in the wake of the inspiral (Meszaros and Rees, 1992; Sridhar et al., 2021). These are likely to be in the form of FRBs or "giant pulse" like phenomena in the \sim GHz band. Another possibility discussed by Cooper et al. 2023 is that acceleration zones may form in regions of interwoven magnetic fields, which could produce coherent, millisecond bursts in radio frequencies that are theoretically observable out to \sim Gpc distances. Such observations could reveal information about the magnetospheric plasma and radio activation mechanisms, which can be used to deduce information about the general pulsar engine and all that can convey about stellar structure (see, e.g. Beskin, 2018). There is also the possibility of postmerger radio activity associated with a neutron-star collapse, as described in Sec. VI.A. The Square Kilometer Array (SKA) will go a long way towards detection prospects.
- 5. X-ray flares. We have earlier described how the emission mechanism for GRB precursors resembles that of giant flares from magnetars in terms of energy extraction and propagation. Given that X-ray activity from magnetars is commonplace (and arguably a defining feature), the same applies for premerger stars with strong fields. X-ray emission mechanisms in a premerger system are described by Beloborodov 2021, the key ingredient being the nonlinear development of magnetospheric Alfvén waves (see also Most et al., 2024). Such observations may reveal crucial information about the local magnetic field strength and radiation transport physics, from which information about neutronstar evolutionary pathways can be deduced. X-ray activity may also be related to magnetic instabilities arising by late stage dynamo activity or magnetic reconfiguration more generally (see Sec. VI.E and also Mastrano et al., 2015a; Suvorov, 2023, for instance). The planned ECLAIRs telescope will help enable searches for X-rays out to cosmological distances.
- 6. Neutrinos. Neutrinos could be emitted from a premerger system through at least two distinct means. One involves tidal heating. As described in Sec. IV.E, rapid episodes of heating could lead to chemical imbalance and the production of neutrinos which could be theoretically observed for a close merger. Such observations would provide important information on the microphysical heat capacity. The second mechanism is in-

directly via the production of cosmic rays. As discussed by Coppin and van Eijndhoven 2019, it is thought that GRBs could be sources of ultra-high-energy cosmic rays. In this case, the interaction of high-energy protons in relativistic wind wakes (as above) near the source could produce neutrinos carrying a non-negligible fraction of the proton energy. Ice-Cube has reported detection of some cosmic neutrinos (Aartsen et al., 2013, 2015; Abbasi et al., 2021), while the sources are only identified in a few cases; next-generation neutrino observatories (like IceCube-Gen2; Aartsen et al. 2021) will synergise with other instruments to better constrain the sources (e.g. Murase and Bartos, 2019). In addition, such observations could be used to place constraints on binary neutron-star merger abundances and provide tests of the standard model (Anchordoqui et al., 2014). For instance, neutrinos are thought to carry magnetic moments (Fujikawa and Shrock, 1980; Shrock, 1982) through which they interact with the ambient magnetic field that depends on whether they are of a Dirac or Majorana nature (Giunti and Studenikin, 2015). Thus, the neutrino flux from a strongly magnetised environment, such as the engine of GRBs (Vietri, 1995; Waxman, 1995), may encode neutrino's nature (e.g. Brdar et al., 2024). An excellent review of future neutrino observatories, and instruments capable of follow-up, are described in Tables 1 and 2 of Guépin et al. 2022.

In addition to the above, there are the broadband kilonovae (Li and Paczyński, 1998; Valenti *et al.*, 2017). With the upcoming Roman Space Telescope they may be detectable out to redshifts $z \sim 1$ (Chase *et al.*, 2022), which is considerably further than the GWs from neutron-star mergers. Even without GWs, more kilonova observations would be valuable to disentangle the types of GRBs that can be associated with mergers; see Sec. V.B.

A. A brief look at future possibilities

One of the key ways in which multimessenger astrophysics will be propelled forward in the future comes from nextgeneration GW interferometers. Although there are a number of proposed technologies, some of the most notable are (i) the Einstein Telescope (ET; Branchesi et al., 2023; Hild et al., 2011; Maggiore et al., 2020; Punturo et al., 2010). The sensitivity band of ET is similar to that of the LVK network, though notably deeply with considerable improvement in the $\lesssim 10$ Hz range. The reason is that the gravitational gradient (aka "Newtonian"), seismic, and thermal noises are less of a problem for ET, as it will be built underground and include cryogenic technologies to reduce thermal vibrations (Punturo et al., 2010). This latter band is relevant to capture the onset of low-frequency oscillations and track the orbit for longer periods of time. (ii) Cosmic Explorer (CE; Abbott et al., 2017a; Evans et al., 2021; Reitze et al., 2019). This detector is similar to ET in terms of sensitivity band, though is planned to go even deeper. CE may detect *thousands* of neutron stars in merger (Evans *et al.*, 2023), and thus lead to a true era where statistical methods can nail down the neutron-star EOS. (iii) The Laser Interferometer Space Antenna (LISA). LISA is a planned space-based detector that could capture the very early aspects of inspiral while the orbit is at \gtrsim mHz frequencies (Amaro-Seoane *et al.*, 2023). Wide binary elements could be useful for ocean resonances (Sullivan *et al.*, 2024, 2023), low frequency *g*-modes (assuming these are not washed out by reaction rates; Sec. III.C) and the testing of spacetime structure generally (see, e.g. Destounis *et al.*, 2020, 2021).

With CE and ET, many of the high-amplitude QNMs of a merger remnant may be resolvable out to cosmological distances. Aside from providing tests of GR directly (see, e.g. Berti et al., 2009; Kokkotas and Schmidt, 1999; Konoplya and Zhidenko, 2011; Suvorov and Völkel, 2021), this could be connected with GRB observations to deduce remnant nature and its impact on jet structure; see Chirenti et al. 2023, who reported the discovery of \sim kHz modulations in the short GRBs 910711 and 931101B. Identifying oscillation frequencies in both the remnant and the premerger stars (via dynamical tides) would prove a powerful probe of fundamental physics. In a similar vein, GWs from a resonant failure itself may be detectable with a sufficiently sensitive telescope for a Galactic binary merger (Zink et al., 2012). This would allow for the precursor-merger waiting time to be cleanly isolated, removing uncertainties relating to jet-break out (see Sec. VI.A).

Innovations on the electromagnetic side are no less promising. For instance, with the development of the SKA and nextgeneration X-ray observatories the types of premerger precursors could increase significantly. Although we have limited our use of the word precursor to specifically mean the gammaray flashes occurring before the main event (see Tab. III), it is hoped that such terminology will prove ambiguous in the future. Tables 1 and 2 of Guépin et al. 2022 provide a summary of next-generation telescopes that could coincidentally detect signals associated with neutrino bursts originating from a binary merger. One intriguing possibility comes from the planned POLAR-2 detector, which should able to measure polarization and similar effects related to the propagation of gamma-rays (a survey of other next-generation gamma-ray facilities are described in Section 2 of Hulsman, 2020). This could be used to probe the local magnetic field strength in the region where the rays were produced. This would allow one to test, for instance, the extent to which non-thermality is tied to magnetars in mergers (see also Sec. IV.D).

VIII. CONCLUSIONS

This Review is dedicated to the study of premerger phenomena in compact binaries involving at least one neutron star. Although there are a number of reviews of binary mergers on the market, we feel that none have attempted to put the theory of dynamical tides on a consistent footing together with the relevant GW and electromagnetic elements. Fig. 1 provides an overall picture of that which we consider.

In compact binaries without pure black holes, tidal forces become large in the late stages of inspiral. These strong tides distort the stars geometrically through the equilibrium tide and subsequently initiate large-amplitude fluid motions through dynamical tides (see Fig. 6). Resonant pulsations can drain significant amounts of energy from the orbit, thereby allowing for avenues to test the highly-coveted core EOS of neutron stars by examining dephasing predictions relative to cases where tides are "switched off" (see Fig. 7). A review of tidal theory, with a particular emphasis on GW phenomena, was given in Sec. IV, building on the earlier two sections which introduced neutron-star macro- and microphysical elements. Although views on the detectability of dynamical tides in binaries varies in the literature, it is hoped that our Review gives call for optimism, noting that there are open problems on both the theoretical side (e.g. modelling out-of-equilibrium elements related to tidal heating) and modelling sides (e.g. accounting for time-dependent spins from tidal or electromotive torques) which, when resolved, may improve the outlook.

High-energy phenomena in late-stage inspirals are not limited to the GW sector, as the observation of early precursors establishes (see Sec. V). Observational characteristics of these first-round gamma-ray flashes are highly-varied in terms of their spectra, energetics, and waiting times (see Tab. III). It is likely therefore that a single, theoretical model cannot account for all of them. The two more popular models considered thus far involve either electrodynamic interactions (Sec. VI.B) or, as above, resonant tides (Sec. VI.C). Even within these two classes there are varied predictions. For example: which mode may be responsible for initiating crustal failure that leads to precursor emission? Several families have been proposed in the literature, as covered in Sec. VI.D. Aside from the gammaray flashes, a number of other multimessenger elements have been predicted, ranging from radio-band pulsations to neutrino floods. These are described in Sec. VII.

We hope to leave the reader with the impression that premerger phenomena has the capacity to educate us on fundamental physics related to the low-temperature, high-baryondensity sector of quantum chromodynamics, GR, quantum electrodynamics, and more to a level that rivals that of postmerger phenomena.

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