

General Questionnaire- MIFOOD

1. Which gender do you identify yourself with?

- Male
- Female
- Diverse

2. Please enter your date of birth.

DD.MM.YYYY

3. What is your **main job**?

- Full time employed
- Part-time employed
- Occasionally or irregularly employed
- Exclusively in retirement/pension
- Studying
- Unemployed

4. What is your average household income?

- Less than €500
- 500 - 1000 €
- 1000 - 2000 €
- 2000 - 3000 €
- 3000 - 4000 €
- 4000 - 5000 €
- More than €5000

5. How do you rate your health in general?

- Very good
- Good
- Mediocre
- Bad
- Very bad

6. Are you left-handed or right-handed?

- Left-handed
- Right-handed
- Both

7. Do you smoke? If yes, in what quantities?

- No
- Yes

Please enter your comment here:

8. Do you regularly consume alcohol? If yes, in what quantities?

- No
- Yes

Please enter your comment here:

9. Have you used cannabis, amphetamines, cocaine, ecstasy, barbiturates, tranquilizers, opiates, psychedelics or similar drugs within the last month? If yes, which?

- No
- Yes

Please enter your comment here:

10. Are you pregnant, breastfeeding or planning to become pregnant in the next 5 months?

- No
- Yes

Please enter your comment here:

11. Would you describe yourself as a competitive athlete? (If yes, to what extent? How often and for how long do you do sport? What sport?)

- No
- Yes

Please enter your comment here:

12. Please enter your body weight (in kg)

13. Please enter your height (in cm)

14. Do you drink more than 6 cups of coffee a day?

- No
- Yes

15. Are you taking the pill to prevent pregnancy?

- No
- Yes

Please enter your comment here: