Limiting eccentricity of sub-parsec massive black hole binaries surrounded by self-gravitating gas discs

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ABSTRACT
We study the dynamics of supermassive black hole binaries embedded in circumbinary gaseous discs, with the SPH code GADGET-2. The sub-parsec binary (of total mass $M$ and mass ratio $q = 1/3$) has excavated a gap and transfers its angular momentum to the self-gravitating disc ($M_{\text{disc}} = 0.2 M$). We explore the changes of the binary eccentricity $e$, by simulating a sequence of binary models that differ in the initial eccentricity $e_0$, only. In initially low-eccentric binaries, the eccentricity increases with time, while in high-eccentric binaries $e$ declines, indicating the existence of a limiting eccentricity $e_{\text{crit}}$ that is found to fall in the interval $[0.6, 0.8]$. We also present an analytical interpretation for this saturation limit. An important consequence of the existence of $e_{\text{crit}}$ is the detectability of a significant residual eccentricity $e_{\text{LISA}}$ by the proposed gravitational wave detector LISA. It is found that at the moment of entering the LISA frequency domain $e_{\text{LISA}} \sim 10^{-3} - 10^{-2}$; a signature of its earlier coupling with the massive circumbinary disc. We also observe large periodic inflows across the gap, occurring on the binary and disc dynamical time scales rather than on the viscous time. These periodic changes in the accretion rate (with amplitudes up to $\sim 100\%$, depending on the binary eccentricity) can be considered a fingerprint of eccentric sub-parsec binaries migrating inside a circumbinary disc.

Key words: accretion, accretion discs - black hole physics - gravitational waves - numerical

1 INTRODUCTION
Supermassive black hole (BH) binaries are currently postulated to form in the aftermath of galaxy mergers (Begelman et al. 1980), despite the difficulties, still present, in identifying them observationally (see Colpi & Dotti 2009, for a review). Thanks to advances in N-Body/hydrodynamical simulations, it has been shown that major mergers of gas-rich disc galaxies with central black holes are conducive to the formation of eccentric BH binaries (e.g. Mayer et al. 2007). Orbiting inside the massive gaseous nuclear disc resulting upon collision, the two BHs continue to lose orbital energy and angular momentum under the large-scale action of gas-dynamical friction, and end up forming a circular Keplerian binary, on parsec scales (Escala et al. 2005; Dotti et al. 2007, 2009). As the gaseous and stellar mass content inside the BH orbit continues to decrease in response to the hardening of the binary, further inspilation is believed to be controlled by the action of either three-body scattering of individual stars and/or the interaction of the binary with a circumbinary gaseous disc (e.g. Merritt & Milosavljevic 2005; Armitage & Natarajan 2002).

The gravitational interaction of the massive BH binary with the gaseous disc is believed to be of foremost importance to assess not only its observability on sub-parsec scale, but also its fate. Gravitational waves start to dominate the BH inspiral (leading to coalescence) only at tiny binary separations, of the order of a few milli-parsec for a binary of $M \approx 10^6 M_\odot$. If a viscous disc is present, Lindblad resonances can cause BH migration down to the gravitational wave (GW) inspiral domain (e.g. Goldreich & Tremaine 1980; Papaloizou & Pringle 1977). Following this proposal, a number of studies have modelled BH migration in Keplerian, geometrically thin $\alpha$-discs (Ivanov et al. 1999; Gould & Rix 2000; Armitage & Natarajan 2002; Haiman et al. 2009; Lodato et al. 2009).

Using high resolution hydrodynamical simulations, Cuadra et al. (2009) recently investigated the evolution of the orbital elements of a massive BH binary, under the hypotheses (i) that the binary, at the radii of greatest interest (tens of a parsec), is surrounded by a self-gravitating, marginally stable disc, and (ii) that the binary has excavated in its surroundings a cavity, i.e. a hollow density region of a size nearly twice the binary orbital separation, due to the prompt action of the binary’s tidal torques. The simulations highlight one key aspect: that of the increase.
of the binary eccentricity, e, during the decay of its semi-major axis. The excitation of e was already noticed and studied in Armitage & Natarajan (2005), who investigated BH orbital decay in the presence of a Keplerian α-disc in two dimensions, as well as in earlier analytical work by Goldreich & Sari (2003) in the context of type-II planet migration.

The increase of e has a number of interesting consequences. First, for a given semi-major axis, binaries with larger e will lose energy substantially faster via GWs, coalescing on a shorter time scale (Peters & Mathews 1963). Second, accretion streams that leak through the cavity and fuel the BHs happen with a better defined periodicity in the case of eccentric binary (e.g., Artymowicz & Lubow 1996) likely increasing the chance of BH binary identification through AGN time-variable activity. Finally, more eccentric binaries will retain some residual eccentricity when detectable by the Laser Interferometer Space Antenna (LISA) (Berentzen et al. 2009; Amaro-Seoane et al. 2013; Sesana 2010). For these reasons it is important to understand if, under disc-driven migration, the eccentricity keeps on growing up to e ≈ 1, or if there is a limiting eccentricity toward which the binary orbit tends.

In this paper, we explore the binary-disc interaction with high resolution N-body hydro simulations, modelling the circumbinary disc as in Cuadra et al. (2009) (see Section 2.3). However, instead of starting with binaries with low eccentricities, we now construct a sequence of binaries with fixed semi-major axis, BH and disc-BH mass ratios but with different initial eccentricities e0, varying it from 0.2 to 0.8. The binaries interact with a self-gravitating binary identification through AGN time-variable activity. Finally, more eccentric binaries will retain some residual eccentricity when detectable by the Laser Interferometer Space Antenna (LISA) (Berentzen et al. 2009; Amaro-Seoane et al. 2013; Sesana 2010). For these reasons it is important to understand if, under disc-driven migration, the eccentricity keeps on growing up to e ≈ 1, or if there is a limiting eccentricity toward which the binary orbit tends.

### 2 SIMULATION SET-UP

#### 2.1 The Model

We model a system composed of a binary black hole surrounded by a gaseous disc. Since we are interested in the sub-pc separation regime, we assume that the binary torque has already excited an inner cavity in the gas distribution. We also assume that the cooling rate is long relative to the dynamical time scale, preventing disc fragmentation (e.g., Rice et al. 2005). We consider a binary with an initial mass ratio \( q = M_2/M_1 = 1/3 \) and a disc with an initial mass \( M_{\text{disc}} = 0.2 M_\odot \), where \( M = M_1 + M_2 \) is the total mass of the binary. The binary has initial eccentricity \( e_0 \), semi-major axis \( a_0 \), and initial dynamical time \( t_{\text{dyn}} = f_0^{-1} = 2\pi/\Omega_0 \), where \( \Omega_0 = (GM/a_0^3)^{1/2} \). Both the binary and the disc rotate in the same plane and direction as expected from the simulations of Dotti et al. (2009). The disc is initially axisymmetric, and extends from 2a0–5a0. Its initial surface density profile is given by \( \Sigma(R) \propto R^{-1} \), where R is the distance to the centre of mass of the system.

#### 2.2 Early Evolution

Cuadra et al. (2009) modelled the evolution of low-eccentricity binaries in the system discussed above. They found that self-gravity drives the initially uniformly distributed gas into a ring-like configuration located at \( R \approx 3a_0 \). This ring eventually collapses and later spreads again in roughly the same radial range it had in the initial conditions (2a0–5a0). However, instead of having a uniform density distribution, the disc displays a clear spiral pattern. Cuadra et al. (2009) found that this configuration remains stable for at least 30,000\( \Omega_0^{-1} \), and that during this time the binary both shrinks and gains eccentricity due to its interaction with the disc. In this study, we skip the early transient evolution and start from a snapshot taken at \( t = 500 \Omega_0^{-1} \). At this time, the disc has already settled into the steady-state configuration.

#### 2.3 The New Simulations

Our goal is to study the secular evolution of the binary-disc system, focusing on the evolution of the binary eccentricity. The ideal method would be to follow the binary from an initial, pc-scale separation, until it reaches the GW-dominated regime. Unfortunately such an approach is not feasible. The time scale for decay is \( \sim 10^4 \Omega_0^{-1} \) (Cuadra et al. 2009), much longer than what we can feasibly simulate with current computational power. Moreover, as the binary shrinks, its angular momentum is transferred to the disc. Without appropriate boundary conditions, this results in the unphysical expansion of the disc, slowing further the evolution of the system (Cuadra et al. 2009). To accomplish our goal we take an indirect approach. We run a set of simulations where the gas configuration was taken from the steady state of a previous simulation, as described above, but the binary had different initial eccentricities. The energy of the binary was conserved, i.e. its semi-major axis \( a \) was fixed, only the angular momentum of the binary was changed to accomplish the various initial eccentricities \( e_0 \). We then extrapolate the long-term evolution of the eccentricity interpreting the results of the different runs as snapshots of the binary life taken at different ages.

#### 2.4 Numerical method

To simulate the binary-disc system, we use the numerical method described in detail by Cuadra et al. (2009). We use a modified version of the SPH code GADGET-2 (Springel 2005). We allow the gas to cool on a time scale which is proportional to the local dynamical time of the disc. To prevent it from fragmenting, we set \( \beta = t_{\text{cool}}/t_{\text{dyn}} = 10 \). Unlike Cuadra et al. (2009), we assume that the small amount of gas present in the inner cavity \( (r \lesssim 1.7a) \) is isothermal, with an internal energy per unit mass \( u \approx 0.14(GM/R) \). The effect of this recipe is to confine the gas in the inner region to a relatively thin geometry. The gravitational interaction between particles is calculated with a Barnes–Hut tree. For all runs we use 2 million particles, a number which has been shown to be sufficient by Cuadra et al. (2009). Since we are interested in following the evolution of the binary orbit accurately, we take the BHs out of the tree and compute the gravitational forces acting on them directly, i.e. summing up the contributions from...
Figure 1. Face-on view of the circumbinary disc surrounding a BH binary of initial eccentricity $e_0 = 0.6$ after 180 orbits. The gas density is colour-coded on a logarithmic scale with brighter colours corresponding to lower gas density; axes in units of $a_0$. The figure shows the spiral patterns excited in the disc, the gap surrounding the binary, and the yin-yang shaped gas inflows around the BHs. Figure made using SPLASH (Price 2007).

Figure 2. The eccentricity evolution of the four standard runs, starting from $e_0 = 0.2, 0.4, 0.6, 0.8$ bottom to top.

3 ELLIPSE EVOLUTION

As described in Section 2.3, we prepared four initial conditions identical but for the initial values of the binary eccentricity. In Fig. 2 we show the evolution of $e$ for four runs with initial eccentricities $e_0 = 0.2, 0.4, 0.6, 0.8$, respectively (bottom to top). The bottom panel depicts the monotonic rise of $e$, for the run with $e_0 = 0.2$. The eccentricity increases almost linearly after the first $70 f_0^{-1}$. The run for $e_0 = 0.4$ (second panel) displays a similar behaviour, but the slope $de/dt$ is much shallower (note the different scales in the $y$ axes of Fig. 2). In the third panel, corresponding to $e_0 = 0.6$, we observe a fast increase of the eccentricity up to $e = 0.62$ within the first few orbits; afterwards the eccentricity saturates, approaching a constant with $de/dt \sim 0^+$. The top panel refers to the run with the largest initial eccentricity explored, $e_0 = 0.8$. This time, the eccentricity exhibits a negative slope with $d^2e/dt^2$ steadily decreasing until $de/dt \sim 0^−$.

The key result, illustrated in Fig. 2, is the existence of a limiting $e_{\text{crit}}$ that the BH binary approaches in its interaction with the disc. Since the runs were halted after 400 orbital cycles, we can only bracket the interval in which $e_{\text{crit}}$ lies: $e_{\text{crit}} \in [0.62, 0.78]$. The reason of this uncertainty is technical as we find that the decline of $e$ is very hard to follow numerically due to the fast expulsion of the gas out of the region where torques can still effectively interact with the BH binary – an effect that increases with the binary eccentricity, as expected. Indeed, if we define $R_{\text{gap}}$ as the inner location of the disc’s half-maximal surface density, we find that the gas moves from an initial value of $R_{\text{gap}} \approx 2a_0$ to a time-averaged value of $\approx 2.6a_0, 3.0a_0, 3.4a_0$, and $3.8a_0$ during the first 53 binary orbits, for the runs with an initial binary eccentricity of 0.2, 0.4, 0.6, and 0.8, respectively. Such an expansion of the gas is not unexpected since no outer inflow boundary conditions were implemented in our simulations. While the rate of eccentricity change is affected by the expansion resulting from the initial orbital set-up, its long-term trend (whether it increases or decreases) is a robust conclusion from our numerical study.

Our simulations strongly suggest the existence of a saturation in the disc-driven eccentricity growth, but do not pinpoint the exact value of $e_{\text{crit}}$. In the next section we discuss the physical reasons for this limit and analytically predict the value of $e_{\text{crit}}$.
Additional high eccentricity runs where the initial semi-major axis is reduced by a factor 1.8, compared to the default runs. These short runs are used to test the emerging picture of a limiting eccentricity depending on the amount of streams present in the cavity. The difference between the two runs is the therodynamical treatment of the gas inside the cavity. For run I this is identical to the default runs whereas in run II we suppress gaseous inflows into the gap. Left panel: eccentricity versus time, for the thermodynamical treatment of the gas inside the cavity. For run I this is identical to the default runs whereas in run II we suppress gaseous inflows into the gap.

**Figure 3.** Additional high eccentricity runs where the initial semi-major axis is reduced by a factor 1.8, compared to the default runs. These short runs are used to test the emerging picture of a limiting eccentricity depending on the amount of streams present in the cavity. The difference between the two runs is the therodynamical treatment of the gas inside the cavity. For run I this is identical to the default runs whereas in run II we suppress gaseous inflows into the gap. Left panel: eccentricity versus time, for the thermodynamical treatment of the gas inside the cavity. For run I this is identical to the default runs whereas in run II we suppress gaseous inflows into the gap.

**4 EXPLANATION OF THE SATURATION**

The growth of the eccentricity, from initial values $e_0$ below a critical eccentricity $e_{\text{crit}}$, and the decline of $e$ from initial values $e_0 > e_{\text{crit}}$ call for a simple physical interpretation. The increase of the eccentricity caused by the interaction of the binary with an external disc is a known fact for very unequal binaries where the non-axisymmetric potential perturbations are small (as in the case of planetary migration, see e.g., Goldreich & Tremaine 1980, Goldreich & Sari 2003, Armitage & Natarajan 2005).

Goldreich & Tremaine 1980 have shown that in the high mass-ratio limit the binary-disc transfer of angular momentum occurs secularly through torques excited in the disc by the binary at discrete Lindblad and co-rotation resonances. Damping and/or growth of $e$ thus depends on the relative importance of these opposing torques (and so on how fluid elements are distributed in the disc). Principal Lindblad resonances are known to be responsible for opening a gap in the disc. As a consequence of disc clearance, co-rotation and inner Lindblad resonances are reduced in power. This consideration led Goldreich & Sari 2003 to show that only the outer Lindblad resonances, remaining after gap opening, cause the increase of the eccentricity for initially low eccentric binaries.

For the comparable mass limit studied in this paper ($q = 1/3$) we have a simpler explanation. An initially small $e$ increases because of the larger deceleration experienced by the secondary BH near apo-apsis with respect to peri-apsis (see e.g., Lin & Papaloizou 1979, 1980). The longer time spent when nearing apo-apsis, and the larger over-density excited in the disc by the hole’s gravitational pull due to its immediate proximity are both conducive to a net deceleration of the hole that causes the increase of the binary eccentricity. This increase continues as long as the secondary BH has a larger angular velocity at its apo-apsis $\omega_{\text{apo}}$ than the fluid elements in the disc $\omega_{\text{disc}}$. When this reverses, the density wake excited by the BH moves ahead imparting to the hole, near apo-apsis, a net tangential acceleration that tends to increase the angular momentum content of the binary, decreasing $e$. This argument is valid if the disc and the binary angular momenta are aligned. If they are antialigned (i.e. for a retrograde disc) the interaction between the BHs and the gas increases the eccentricity up to $e \approx 1$ (Nixon et al. 2011), resulting in a fast coalescence of the binary. We limit our investigation to discs corotating with the binary, as expected if they form together during a gas rich galaxy merger (Mayer et al. 2007, Dotti et al. 2009). In this case the torques on the secondary will be minimal if $\omega_{\text{disc}} = \omega_{\text{apo}}$. Approximating the binary as a purely Keplerian system and the gaseous disc to be in Keplerian motion around a mass $M_1 + M_2$ located at the system center of mass (COM), it is easy to derive:

$$\omega^2_{\text{apo}} = \frac{GM_1(1 + q)}{(1 + e)^2 a^3} \left(\frac{2}{1 + e} - 1\right)$$  

$$\omega^2_{\text{disc}} = \frac{G(M_1 + M_2)}{R^2_T}$$

where we defined $R_T$ to be the distance of the strongest torque on the binary as measured from COM. Equating $\omega^2_{\text{apo}} = \omega^2_{\text{disc}}$ yields:

$$\frac{1}{R^2_T} = \frac{1}{(1 + e)^2 a^3} \left(\frac{2}{1 + e} - 1\right),$$

which can be rearranged as

$$\delta^2 = \frac{(1 + e)^3}{(1 - e)},$$

with $\delta = R_T/a$. Eq. 4 implies the existence of a limiting eccentricity $e_{\text{crit}}$ that we can infer via numerical inversion of Eq. 4. The
provides an analytical fit to the result within a 2% accuracy in the range $1.8 < \delta < 4.5$, relevant to our study assuming that, in a first approximation, $e$ can be set equal to the inner edge of the disc, $R_{\text{gap}}$. Note that in this derivation, for a fixed $\delta$, $e_{\text{crit}}$ is independent of the binary mass ratio. To compare the predictions of this toy model with the simulations we need to define the inner edge of the disc. This is somewhat tricky since the disc profile is not a step function at a certain $R/a$. In our initial simulation the clean region within the gap has a size of $R_{\text{gap}} \approx 2a$. At larger distances the disc density increases reaching a maximum around $R/a \approx 2.5$. For $2 < \delta < 2.5$ we get $0.55 < e_{\text{crit}} < 0.69$ which is within the range obtained from the numerical simulations described in Section 3. Note that Eq. (5) depends on the specific value of $\delta$, i.e., on how close inflows of gas can get to the binary. Even though $\delta$ can in principle be measured from our simulations, its value would also be affected by the lack of physical outer-boundary conditions. Instead, $\delta$ is usually determined equating the viscous torque in the accretion disc with the positive torque exerted by the binary (see, e.g., Eq. 15 in Artymowicz & Lubow 1994). Artymowicz & Lubow (1994) found that the size of the gap depends on $e$. For $e \approx 0.6$, $q = 0.3$, disc aspect ratio $H/R = 0.03$ and a viscous parameter $\alpha = 0.1$, they predict $R_{\text{gap}} \approx 2.9a$, corresponding to a 5:1 commensurability resonance. Using this value for $\delta$ we would obtain a larger value of $e_{\text{crit}} \approx 0.77$. Note that the interaction between the binary and the disc becomes less efficient as the disc expands whereas the gravitational pull of the tenuous gas onto the secondary at peri-apsis increases. So even in a system where the influence of the gas inside the cavity is completely negligible, it is not clear if the binary could reach such a high $e_{\text{crit}}$, on a relevant time scale. Note that a retrograde disc would not expand, since the interaction with the binary decreases its angular momentum. In this case the eccentricity growth remains efficient up to $e \approx 1$ (Nixon et al. 2011).

A direct comparison between our results and Artymowicz & Lubow (1994)'s prediction is not straightforward. Although our self-gravitating disc is able to redistribute angular momentum efficiently, its total amount has to be conserved. Thus, discs hosting very eccentric binaries ($e = 0.6, 0.8$) keep on expanding after a short impulsive interaction with the binary (as discussed in Section 3). The interaction between the disc and the binary is extremely inefficient when $R_{\text{gap}} \gtrsim 4a$ (see the two top panels in Fig. 2). Therefore, although a larger $R_{\text{gap}}$, in first approximation, implies a larger $\delta$ implying a larger $e_{\text{crit}}$, it also results in longer timescales for the eccentricity evolution.

The feeding of a BH binary forming in a gas rich galaxy merger can be a very dynamic process, and the interaction with a single circumbinary disc could be too idealized a picture. Larger scale simulations show episodic gas inflows due to the dynamical evolution of the nucleus of the remnant (see e.g. Escala 2006; Hopkins & Quataert 2014). In this scenario the binary can still interact with a disc and excavate a gap, but the size of it would be time dependent (as in the simulations presented here) and would also depend on the angular momentum distribution of the inflowing streams, resulting in a range of $e_{\text{crit}}$.

### 4.1 Testing the emerging picture

Eq. (5) shows that $e_{\text{crit}}$ depends on the location of the strongest torque $\delta$ and thus, in first approximation, on the size of the gap $R_{\text{gap}}$. In order to cross-check our results, we performed two additional simulations of the $e_0 = 0.8$ case, in which $a(1 + e)$ was kept fixed, reducing the semi-major axis by a factor 1/1.8, thus increasing the relative gap size $R_{\text{gap}}$ by 80%. These runs simulate a situation where the infalling matter stays at a large distance from the eccentric binary and does not reach $R_{\text{gap}} \approx 2.5a$, typical for the low eccentricity cases presented above.

The analysis performed in the previous section only accounts for the pull of the disc when the secondary is at apoapsis, neglecting torques exerted by the infalling material forming mini-accretion discs around the two BHs. For low $e_0$, this approximation works well, because the separation of the two BHs is always much larger than the size of the inner mini-discs. However, in the high $e_0$, small $a$ case tested here, the secondary BH, at each peri-apsis passage, experiences a significant drag onto the inflowing mass accumulating around the primary. Such drag causes the circularization of the orbit. Therefore, the secular evolution of the binary is determined by two factors: i) the distance of the gap from the secondary BH at apoapsis, and ii) the amount of inflowing gas through the gap onto the primary BH.

In order to separate the two effects we set two simulations with identical initial conditions as described above. In runI, we keep exactly the thermodynamics employed in our fiducial runs, that allow a stable accretion mini-disc to form around the primary hole; in runII the gas inside the gap evolves with the $\beta$-cooling enabled just as in the rest of the disc, and can be heated by adiabatic compression. This suppresses the gaseous inflows into the cavity and prevents the gas from forming a significant circumprimary disc. As shown in the left panel of Fig. 4, runI experiences a substantial steady decline in $e$, whereas in runII, after a slight initial reduction, the eccentricity stays more or less constant. Such a result confirms our understanding of the dynamics of the system. In runI the secondary encounters the high density region formed around the primary at each peri-apsis passage and is slightly decelerated onto a more circular orbit. In runII, after a short initial relaxation phase, there is not enough gas in the center to cause further circularization (compare the two central densities in the right panel of Fig 4). On the other hand, the gap is large enough for the disc–binary interaction to be weak and, therefore, the eccentricity growth to be very inefficient. Note also, that for a wider binary the same effect holds, however, only if the secondary passes through the mini–disc of the primary, the size of which is independent of $a$. That’s why in comparison to the default runs in Section 3, the effect is visible more clearly here in the case of the narrower binary. Thus, the predicted limiting eccentricity $e_{\text{crit}} \approx 0.88$ expected for $\delta = 3.5$ (approximately the size of the gap in these close–separation simulations) can not be achieved.

Although the torques exerted by the inside-cavity material when the binary eccentricity is high add complexity to the emerging picture, this strengthen the result of a limiting eccentricity in the range $0.6 < e < 0.8$ for the BH binary-disc configurations examined in this paper.

### 5 OBSERVATIONAL CONSEQUENCES

In this Section we focus on the impacts that our findings might have on the long-standing search for close BH binary systems in the Universe. First, we investigate possible periodicities residing in the accretion flows onto the two BHs enhancing our ability to identify such elusive sources. Then, we study the influence of a high
limiting eccentricity (attained during migration) on future gravitational wave observations with LISA.

5.1 Periodically modulated accretion flows

Fig. 4 shows the evolution of the accretion rate $M_1$ and $M_2$ onto each hole, for the four runs with $e_0 = 0.2, 0.4, 0.6, 0.8$. In order to interpret our results we consider the binary to have a total mass $M = 3.5 \times 10^6 M_\odot$, typical for expected LISA detections, and an initial semi-major axis $a_0 = 0.038$ pc. Under this assumption, for a radiative efficiency of 0.1, the Eddington limit would correspond to accretion rates $M_{1,E} = 0.06 M_\odot \text{yr}^{-1}$ and $M_{2,E} = 0.02 M_\odot \text{yr}^{-1}$.

Fig. 4 shows that this limit is fulfilled for the two high eccentricity runs only, whereas for the low-e runs the BHs accrete at super Eddington rates. This is possible since the numerics do not include any radiative feedback. The accretion rates drop significantly in the runs with initially high eccentricity, owing to the expansion of the gap sizes with time (as discussed in Section 3).

Fig. 5 shows the power spectra of the accretion rates $M$ onto the two BHs. The frequency $f$ (on the $x$-axis) is in units of the binary orbital frequency $f_0$, and the power spectral density in arbitrary units. A clear periodicity emerges at the orbital frequency $f_0$, indicating a modulation of the inflow rate, induced by the orbital motion (Artymowicz & Lubow 1996; Hayasaki et al. 2008). Note that smearing of the peaks at $f = f_0$ in Fig. 4 for $e_0 = 0.2$ and 0.4, is due to the few-percent shrinking of the semi-major axis, and therefore also of the orbital period, during the evolution. As the binary eccentricity increases, the second and third harmonics of the orbital frequency increase in power and become visible. In the inlay of each panel the power spectrum associated to the total mass transfer rate onto the binary is plotted in the frequency range $0.1 f_0 < f < 1.0 f_0$ to illustrate the presence of other characteristic features at: (i) the frequency associated to the rotation of the fluid in the dense part of the disc: $f_{\text{disc}}/f_0 = (a_0/r_{\text{disc}})^{3/2}$; (ii) the beat frequency, i.e. the difference between the binary and the disc rotation frequencies: $f_{\text{beat}}/f_0 = 1 - (a_0/r_{\text{disc}})^{3/2}$. Here $r_{\text{disc}}$ denotes the radial distance where the disc surface density has its maximum. Since the disc has a broad density profile, we consider the two values $r_- = r_+$ defined by the full width half maximum (FWHM) of the density and use those to estimate the expected disc and beat frequency intervals (enclosed by the two pairs of thick black lines in the inset of Fig. 5). As expected, we observe broad features consistent with the predicted frequency ranges. Signatures of the disc are always visible in these plots, with a complex line structure mirroring the over-densities in its spiral arms. The beat is very distinct in the $e_0 = 0.8$ run, marginally visible the other runs. We further notice that the significance of the peak in the power spectrum, at the binary orbital frequency $f_0$, is weaker for low-eccentric binaries ($e_0 = 0.2$) than for binaries with higher eccentricities. This agrees with previous works (cf. Cuadra et al. 2009) that show a mild periodicity in the accretion rate in the case of quasi circular binaries. Thus, a periodic signal is expected to be a distinctive signature of eccentric massive BH binaries.

The existence of periodicities in the accretion flows opens interesting prospects for monitoring sub-parsec BH eccentric binaries in circumbinary discs. Our fiducial system has $M = 3.5 \times 10^6 M_\odot$ and an initial semi-major axis $a_0 = 0.038$ pc corresponding to an orbital period of 348 years, exceeding a human lifetime. Since the binary fingerprints in the accretion rates are related to the dynamical time, we can extrapolate our results to smaller periods as long as the disc and the binary are dynamically coupled (see next Section). For a binary with $M = 3.5 \times 10^6 M_\odot$ and $q = 1/3$, binary-disc coupling may survive down to much shorter periods of $\sim 1$ month, making the observation of such periodicities astrophysically feasible. The interval of modulation $\Delta(M)$ from our runs is at the level of: $\Delta(M) \in [10, 50\%]$ for $e_0 = 0.2$, $\in [40, 100\%]$ for $0.4$, $\in [40, 90\%]$ for 0.6, and $\in [10, 50\%]$ for 0.8. Assuming a luminosity proportional to the time dependent accretion rate, a periodic monitoring of such sources will allow to construct the light curve for several years. An amplitude modulation of up to 100% over 10-to-100 cycles will thus be easily identifiable.

5.2 Residual eccentricity in GW-observations

The existence of a limiting eccentricity that is maintained during the coupled evolution of the disc-binary system has important consequences for the detection of the binary as GW source in the latest stage of its evolution, i.e. during the last year of GW inspiral towards coalescence. Since the systems in our simulations are far from coalescence (in our fiducial rescaling $a = 0.038$ pc, corresponding to $\sim 10^3$ Schwarzschild radii of the primary hole), in the following we will extrapolate our findings to much smaller scales (order of $10^2$ Schwarzschild radii) making use of the standard optically thick, geometrically thin $\alpha$-disc recipe (Shakura & Sunyaev 1973).

In the standard picture of BH migration, the BHs reach closer separations under the action of viscous torques exerted by the circumbinary disc. This holds true as long as the migration time scale $t_m$ is smaller than the binary GW decay time scale $t_{GW}$. Since

\begin{align*}
\Delta(M) & \in [10, 50\%] \\
& \in [40, 100\%] \\
& \in [40, 90\%] \\
& \in [10, 50\%]
\end{align*}
the former scales as $\propto a^{7/8}$ or $a^{35/16}$ for gas and radiation pressure supported discs (Haiman et al. 2009), while the latter as $\propto a^2$, there will eventually be a critical separation $a_{\text{dec}}$ below which GW emission takes over and the binary decouples from the disc. After decoupling, binary-disc mutual torques are ineffective and the binary evolution is driven by GWs only. GWs tend to circularize the binary, but if decoupling occurs at small $a$, there might not be enough room for complete orbit circularization before entering the LISA frequency domain. Even a residual eccentricity as small as $e \sim 10^{-4}$ may be easily detectable (Cornish & Key 2010), and it has to be accounted for, for a trustworthy parameter estimation of the GW source (Porter & Sesana 2014).

To estimate the residual eccentricity in the LISA band $e_{\text{LISA}}$ we need four ingredients:

(i) the binary eccentricity at decoupling, $e_{\text{dec}}$;
(ii) the binary semi-major axis at decoupling, $a_{\text{dec}}$;
(iii) a model for the GW decay after decoupling;
(iv) an estimation of $f_{\text{LISA}}$ at which $e_{\text{LISA}}$ has to be computed.

Being interested in LISA BH binaries, we consider systems characterized by $10^5 M_\odot < M_1 < 10^7 M_\odot$ and $0.01 < q < 1$. Item (i) is directly extracted from the simulations and the analytical argument presented in this paper. We assume that, at decoupling, the binary has the limiting eccentricity $e_{\text{crit}}$ given by equation (2).

Because of its small extent, the circumbinary disc assumed in our simulations is unable to transfer the binary angular momentum outwards efficiently for a prolonged time scale. It is therefore unsuitable for estimating a disc-driven binary decay rate to be compared to the GW angular momentum loss. A viable short cut to compute $a_{\text{dec}}$ (item (ii)) is to link our disc to a standard thin accretion disc and to estimate the gas-driven migration time scale in that approximation. When scaled to physical units, our binary has $a_0 = 0.038$ pc. At such a separation, the circumbinary disc can be described as a steady-state, geometrically thin, optically thick Shakura-Sunyaev disc (Haiman et al. 2003). Accordingly, the disc has a mass

$$M_d = 1.26 \times 10^3 M_\odot \alpha_0^{-4/5} \left( \frac{\dot{m}}{0.1} \right)^{7/10} M_7^{11/5} \left( \frac{R_{\text{out}}^{5/4}}{R_{\text{in}}^{5/4}} \right),$$

(6)

where $\alpha_0$ is viscosity parameter normalized to 0.3, $\dot{m} = \dot{M}/M_E$ is the accretion rate (in units of the Eddington rate), $\epsilon_{0.1}$ is the radiative efficiency normalized to 0.1, $M_7$ is the total mass of the binary in units of $10^7 M_\odot$; the two limiting radii of the disc, $R_{\text{in}}$ and $R_{\text{out}}$, are expressed in units of $10^3 R_{\text{Sch}}$ (with $R_{\text{Sch}} = 2GM/c^2$) and correspond to $R_{\text{in}} = 2a_0$ and $R_{\text{out}} = 10a_0$, respectively. With this choice we infer a total disc mass $M_d \sim 0.25M_7$ which is comparable to our relaxed disc. In such a disc the time scale for migration of the secondary BH onto the primary is given by (Eq. 26a of Haiman et al. 2009)

$$t_{\text{in}} = 1.5 \times 10^5 \text{ yr} \left( \frac{M_7}{M_\odot} \right)^{5/8} \left( \frac{a_3}{a_{\text{crit}}} \right)^{35/16},$$

(7)
where now $\tilde{a}_3$ is the binary semi-major axis in units of $10^3 R_{Sch}$ and $q_s = 4q/(1 + q^2)$ is the symmetric binary mass ratio. This time scale has to be compared with the GW decay time scale for an eccentric binary which, in the quadrupole approximation, is given by (Peters & Mathews 1963)

$$t_{GW} = a \frac{dt}{da} = 7.84 \times 10^6 \text{yr} \times M_s q_s^{-1} \tilde{a}_3^4 F(e)^{-1}, \quad (8)$$

where

$$F(e) = (1 - e^2)^{-7/2} \left(1 + \frac{73}{24} e^2 + \frac{37}{96} e^4 \right). \quad (9)$$

The disc-binary decoupling occurs when $t_{GW} = t_m$, and this happens somewhere in the range of binary separations between $a_{dec} \sim 10^2 - 10^3 R_{Sch}$, depending on the binary mass and mass ratio. From that point on the dynamics of the binary is driven by GW emission, only.

To address point (iii), we integrate the Post Newtonian equation for eccentric binaries given by Junker & Schaefer (1992), following the eccentricity evolution down to the last stable orbit. LISA will be sensitive to GWs in the frequency range $10^{-4} - 0.1 \text{ Hz}$ and, in general, it will be able to monitor the final year of the binary evolution with high signal-to-noise ratio. We therefore set (item (iv)) $f_{LISA} = \text{max}[10^{-4} \text{Hz}, f(1\text{yr})]$, where $f(1\text{yr})$ is the GW frequency observed one year before the final coalescence. Note that the observed GW frequency is related to the rest-frame emitted frequency $f_s$ as $f = f_s/(1 + z)$. This means that, defined as the eccentricity of the BH binary at the time of entrance in the LISA band, depends on the source redshift. The $10^{-4}\text{Hz}$ cut-off in observed frequency corresponds to higher emitted frequencies as $z$ increases; binaries at higher $z$ will be caught closer to coalescence and will therefore show a lower residual eccentricity.

The predicted values of $e_{LISA}$, as a function of $M_1$ for different $q$ and $z$, are shown in Fig. 6. Not surprisingly, the residual eccentricity is larger for lighter binaries (i.e., for lighter $M_1$) and smaller mass ratios $q$. This is simply a consequence of the scaling with $M$ and $q_s$ of the frequency at decoupling, $f_{dec}$, and can be expressed analytically as follows. By coupling the orbital decay rate to the eccentricity decay rate in the quadrupole approximation (sufficient for a scaling argument, Peters & Mathews (1963)), we get

$$f_e = \left\{\frac{1 - e_o^2}{1 - e^2} \left(\frac{e}{e_o}\right)^\alpha \left[1 + \frac{124 + 304 \alpha^2}{1 + 270 \alpha^2}ight]^{\frac{270}{124 + 304 \alpha^2}}\right\}^{-3/2}, \quad (10)$$

where $f_s = 2f_0$ is the frequency of the fundamental GW harmonic (in the rest-frame of the source) inferred from Kepler’s law $a^3 = GM/(2\pi f_0)^2$. Eq. (10) allows us to compute $e$ at any given frequency $f_s$, once $e_o$ and $f_o$ are provided. In our case $e_o = e_{dec} \sim 0.6$, and $f_o = f_{dec}(a_{dec})$. If we set the value $f_{LISA} = 10^{-4} \text{Hz}$ as final frequency, Eq. (10) in the limit of small final $e$, gives

$$e_{LISA} \propto f_{dec}^{10/18}. \quad (11)$$

The identity $t_m = t_{GW}$ requires $a_{dec} \propto M^{23/20} q_s^{22/29}$. Coupling this result to Kepler’s law (i.e., $a^3 \propto M f_s^{-1}$), we get $f_{dec} \propto M^{20/29} q_s^{33/29}$. Finally, using Eq. (11) we obtain

$$e_{LISA} \propto M^{-0.73} q_s^{-1.2}, \quad (12)$$

which is basically the $M$ and $q$ dependence observed in Fig. 6. Fig. 7 shows how this result depends on the binary eccentricity at decoupling. We see two interesting things: firstly, there is a maximum $e_{LISA}$ at $e_{dec} \sim 0.4$ (i.e., $e_{LISA}$ is not a monotonic function of $e_{dec}$); secondly, as long as $0.1 < e_{dec} < 0.7$, $e_{LISA}$ changes only within a factor of $\approx 2$. This is a consequence of the $t_{GW}$ dependence on $e$. The higher $e$, the faster the GW driven evolution, and the larger is $a_{dec}$. Even though $e_{dec}$ is larger, the binary has much more time to circularize before entering the LISA band, showing a smaller residual eccentricity $e_{LISA}$. We note that the exact value of $e_{LISA}$ depends on the disc properties. It is, however, interesting that a small $e_{LISA}$ can be associated both to a fairly circular $e_{dec} \approx 0.05$ binary or to a binary with $e_{dec} > 0.95$.

These results obviously depend on the assumed disc parameters. Both a lower $m$ and a lower $\alpha$ would increase $t_m$, resulting in a larger $a_{dec}$ and, in turn, in a smaller $e_{LISA}$. On the other hand, if the BHs have large spins, the radiative efficiency $\epsilon$ may be up to a factor of 3 larger, acting in the opposite direction. It is however worth to keep in mind that $t_{GW} \propto a^4$. A change of a factor of 10 on $t_m$ will therefore result in a change of about $\sim 1.8$ $a_{dec}$, eventually influencing $e_{LISA}$ only by a factor of two. We can therefore consider our results robust and only mildly dependent on the details of the disc.

6 CONCLUSIONS

In this paper, we explored the dynamics of sub-pc BH binaries interacting with a circumbinary gaseous disc after they have excavated a gap in the surface density distribution. We ran a sequence of numerical models that differ only in the initial binary eccentricity $e_0$. Our aim was to study the evolution of the eccentricity in order to answer the following question: does the eccentricity (which is
known to increase in initially circular binaries) continue to grow up to $e \rightarrow 1$ so that BH binaries in such discs reach the GW domain on a nearly zero angular momentum orbit, or does $e$ saturate, and if so, at which value?

The key finding is that $e$ converges to a limiting value $e_{\text{crit}}$. Binaries that start with low eccentricities ($e_0 < e_{\text{crit}}$) increase $e$ up to $e_{\text{crit}}$, whereas binaries that start with high eccentricities ($e_0 > e_{\text{crit}}$) display the opposite behaviour, i.e. their eccentricity declines with time approaching $e_{\text{crit}}$. Saturation rises due to the opposing action of the gravitational drag experienced by the lighter, secondary BH in its motion near apo-apsis. For low eccentricity orbits, the secondary BH excites a density wake which lags behind the BH at apo-apsis, causing its deceleration (and so a rise of $e$). The opposite occurs for a highly eccentric orbit: the secondary moves more slowly than the disc (i.e. its angular frequency is smaller than the angular frequency of the adjacent fluid elements) and the density wake moves ahead of the BH path, causing a net acceleration. Using this simple analytical argument, the limiting eccentricity is independent on the binary mass ratio, but is a function of the location $\delta$ of the inner rim of the disc from the system center of mass. For the range of values $2 < \delta < 2.5$, this argument predicts $0.55 < e_{\text{crit}} < 0.79$, consistent with our numerical findings. The larger the gap size, the higher $e_{\text{crit}}$, the longer is the time scale on which this limit is attained. The expectation is that BH binaries, immersed in circumbinary discs, maintain a large eccentricity throughout the migration process. Allthough in this study we have focused on BH binaries, the evolution of proto-stellar binaries occurs in a similar geometry (e.g. Bate 1997, Artyomowicz & Lubow 1994) and share much of the same physics. Thus, our results are likely relevant for the interpretation of the observed distribution of binary star eccentricities (e.g. [Pourbaix et al 2004]).

The existence of a relatively large limiting eccentricity in a BH binary, that emerges from the migration phase, has two important observational consequences. Firstly, the possibility of triggering periodic inflows of gas onto the two BHs. This would enhance the possibility of an electromagnetic identification of a sub-parsec BH binary. Here we showed that periodicities occur on the dynamical time related to the Keplerian motion of the binary (depending on the binary parameters, from months to hundreds of years) and of the inner rim of the circumbinary disc, together with the beat frequency between the two. These features should be discernible in the power spectra of active nuclei, and this issue will be explored in detail in a forthcoming paper. Secondly, a feasible GW signature of a BH binary, that evolved through disc migration, is a detectable residual eccentricity at the time of entrance in the LISA band. In the case of our setup this residual $e$ would amount to $e_{\text{LISA}} \sim 2 \times 10^{-3}$ for a coalescing source at $z = 1$, but can be as high as $e_{\text{LISA}} > 0.1$ for a lower mass, lower $q$ binary (with $M \sim 10^3 M_\odot$ and $q < 0.1$) at the same redshift. Thus, this study has an impact both on searches of periodicities in the light curves of active BHs, as well as on GW data stream analysis.

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**Figure 7.** Residual eccentricity $e_{\text{LISA}}$ as a function of $e_{\text{dec}}$. Red–solid curve refers to $q = 1/3$, green–dashed curve to $q = 0.1$. In the figure the mass of the primary BH black hole is $M_1 = 2.6 \times 10^6 M_\odot$ and the redshift of the binary is $z = 1$. The shaded vertical stripe brackets the limiting eccentricity interval found in our simulations.