

Supplementary Information

Cryogenic optical localization provides three-dimensional protein structure data with Angstrom resolution

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This Supplementary Information contains:

Supplementary Protocol COLD experiments

Supplementary Protocol COLD measurements

A: *Substrate cleaning*

- 1) Rinsing using non-halogenated solvents (acetone and ethanol).
- 2) Incubation in H₂SO₄ and 30 % H₂O₂, ratio 1:1, for 2 days.
- 3) Ultrasonication in Helmanex (4 % at 60 °C) for one hour.
- 4) Thorough rinsing of glass substrates with DDH₂O and ethanol.
- 5) Additional cleaning step with oxygen plasma (O₂ plasma, 10 min).
- 6) Ultrasonication in HCl and H₂O₂ solution (ratio 3:1) at 60 °C for one hour.
- 7) Rinsing with DDH₂O and 2-propanol.
- 8) Another 10 min in the plasma cleaner (O₂ plasma).
- 9) Bleaching of residual fluorescence on substrate with UV-VIS mercury lamp for several days.

B: *Sample preparation*

- 1) Mixing 10 µl protein solution (Streptavidin-Biotin: approx. 10 µM stock solution resuspended in 1 ml Tris-EDTA buffer and diluted 1:100 in Tris-EDTA, or PASC: approx. 10 µM stock solution in H₂O diluted 1:10,000 in Tris-EDTA) with 90 µl Tris-EDTA Buffer, 10 µl of Trolox (20 mM stock solution in DMSO) and 20 µl of PVA (10 %w, filtered, degassed, stock solution in H₂O).
- 2) Spin coating of 5 µl of sample solution on 0.7 cm x 0.7 cm glass substrate (0.2 mm thickness) at 1000 rpm for 10 seconds, followed by 3000 rpm for 60 seconds.
- 3) Mounting of the sample to the cold finger of the cryostat by using a thin layer of Apiezon N grease to ensure thermal contact to the cold finger.

C: *COLD measurement*

- 1) Assembly of the cryostat vacuum chamber.
- 2) Evacuation of the chamber until it reaches a pressure of < 10⁻⁶ mbar.
- 3) When pressure is reached, starting to cool down the sample with liquid Helium (cooling rate approximately 0.5-1 K per second) to 4.3 K.
- 4) Regulate helium flow to a minimum to hold the temperature.
- 5) Allowing the system to settle for 2 hours until the sample reached 4.3 K.
- 6) Adjusting the incident laser power to 200 µW.
- 7) Realign automated focusing system.
- 8) Focus laser to back focal plane of the objective to achieve wide-field illumination.
- 9) Recording fluorescence from the sample with an exposure time of 2 s.