Translation in Prokaryotes

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This review summarizes our current understanding of translation in prokaryotes, focusing on the mechanistic and structural aspects of each phase of translation: initiation, elongation, termination, and ribosome recycling. The assembly of the initiation complex provides multiple checkpoints for messenger RNA (mRNA) and start-site selection. Correct codon–anticodon interaction during the decoding phase of elongation results in major conformational changes of the small ribosomal subunit and shapes the reaction pathway of guanosine triphosphate (GTP) hydrolysis. The ribosome orchestrates proton transfer during peptide bond formation, but requires the help of elongation factor P (EF-P) when two or more consecutive Pro residues are to be incorporated. Understanding the choreography of transfer RNA (tRNA) and mRNA movements during translocation helps to place the available structures of translocation intermediates onto the time axis of the reaction pathway. The nascent protein begins to fold cotranslationally, in the constrained space of the polypeptide exit tunnel of the ribosome. When a stop codon is reached at the end of the coding sequence, the ribosome, assisted by termination factors, hydrolyzes the ester bond of the peptidyl-tRNA, thereby releasing the nascent protein. Following termination, the ribosome is dissociated into subunits and recycled into another round of initiation. At each step of translation, the ribosome undergoes dynamic fluctuations between different conformation states. The aim of this article is to show the link between ribosome structure, dynamics, and function.

Translation is the last step in gene expression, during which the coding sequence of mRNA is translated into the amino-acid sequence of a protein. Translation is a highly dynamic process that entails four major phases: initiation, elongation, termination, and ribosome recycling. During each phase, ribosomes form transient complexes with auxiliary translation factors that facilitate protein synthesis. In addition to the compositional dynamics of translating ribosome complexes, conformational fluctuations of the ribosome and the translation factors play an important role in promoting the directionality of the process. A major challenge is to understand how the loosely coupled motions of the translational components lead to rapid and accurate protein production. Here, we summarize recent results of biochemical, biophysical, and structural work that dissected the order of events at each step of translation in bacteria, identified dynamic components, and captured structures of individual intermediates. Understanding the dynamics of ribosome complexes during translation could ultimately reveal how macromolec-
ular machines navigate through the available conformational space and how their dynamics translates into function.

INITIATION

During translation initiation, the ribosome recruits an mRNA and selects the start codon of the open reading frame (ORF) (for recent reviews, see Milon and Rodnina 2012; Duval et al. 2015; Gualerzi and Pon 2015; see also Merrick and Pavitt 2018). In bacteria, translation initiation occurs cotranscriptionally, with the RNA polymerase (RNAP) and the ribosome physically interacting with each other (Kohler et al. 2017). The ribosome binds to the ribosome binding site (RBS) of the mRNA as soon as it emerges from the RNAP. Inhibition of translation leads to increased RNAP pausing, suggesting that transcription and translation are kinetically coupled (Landick et al. 1985; Proshkin et al. 2010). So far, almost nothing is known about the mechanism of initiation in the transcription–translation complex, a molecular machine denoted as the expressome (Kohler et al. 2017). The ribosome binds to the ribosome binding site (RBS) of the mRNA as soon as it emerges from the RNAP. Inhibition of translation leads to increased RNAP pausing, suggesting that transcription and translation are kinetically coupled (Landick et al. 1985; Proshkin et al. 2010). So far, almost nothing is known about the mechanism of initiation in the transcription–translation complex, a molecular machine denoted as the expressome (Kohler et al. 2017). Similarly, very little is known about initiation on mRNAs that are engaged in polysomes (Mitarai et al. 2008; Espah Borujeni and Salis 2016), as most of the mechanistic knowledge comes from studies that used free mRNAs not attached to the RNAP or to a preceding ribosome. Further studies are needed to determine whether initiation in expressomes or polysomes follows the same mechanism as initiation by the pioneering ribosome on free mRNA.

Among the different types of mRNAs found in prokaryotes, mRNAs containing the Shine–Dalgarno (SD) sequence are particularly well studied. They usually have an extended 5’ untranslated region (5’UTR) and an SD sequence located 8–10 nt upstream of the start codon (usually AUG). During SD-led initiation, the small subunit ([30S], 30S in bacteria) is recruited to the RBS through interactions between the SD sequence and the complementary anti-SD (aSD) sequence in 16S ribosomal RNA (rRNA). Initiation on SD-led mRNAs is promoted by initiation factors IF1, IF2, and IF3. These bacterial factors display activities that resemble those of eIF1A, eIF2, and eIF1 in eukaryotes, respectively, but there is very little sequence homology between these prokaryotic and eukaryotic initiation factors. IF2 is homologous with eukaryotic initiation factor eIF5B. IF1 enhances the activities of IF2 and IF3. IF2 is a GTPase that recruits the initiator fMet-tRNAfMet. IF3 interferes with subunit association, ensures the fidelity of fMet-tRNAfMet selection over the elongator aminoacyl-tRNAs (aa-tRNAs), and helps to discriminate against mRNAs with unfavorable translation initiation regions (TIRs) (Milon and Rodnina 2012; Duval et al. 2015; Gualerzi and Pon 2015, and references therein).

However, not all mRNAs have an SD sequence. mRNAs lacking the SD sequence exist in most bacteria and archaea (Tolstrup et al. 2000; Weiner et al. 2000; Ma et al. 2002; Chang et al. 2006). The number of SD-led genes among 162 completed prokaryotic genomes varies from ~12% to 90%, suggesting a significant number of non-SD-led or leaderless mRNAs (Chang et al. 2006). Very little is known about initiation on non-SD-led mRNAs except that the 5’UTR is usually unfolded and the AUG start codon resides in a single-stranded mRNA region (Scharff et al. 2011). In archaea and some bacteria, internal ORFs of multicistronic mRNAs are more likely to have an SD sequence than the leading ORF; genes with an AUG start codon are more likely to have an SD sequence than those with GUG or UUG start codons (Ma et al. 2002; Chang et al. 2006).

Another group of mRNAs comprises leaderless mRNAs that lack a 5’UTR. Such mRNAs are widespread in a variety of bacteria (Zheng et al. 2011) and may play an important role in regulating the stress response (Grill et al. 2000; Vesper et al. 2011). A major determinant for leaderless initiation is the presence of an AUG start codon close to the 5’ end of the mRNA (Krishnan et al. 2010). Leaderless mRNAs bind to 70S ribosomes directly; recruitment of fMet-tRNAfMet is facilitated by IF2 and IF3 (Grill et al. 2000; Yamamoto et al. 2016). Whereas IF2 can bind in a similar way to either the 30S subunit or 70S ribosome (Goyal et al. 2015), IF3...
must move from its binding site on the 30S subunit on 50S subunit joining. Binding of IF3 to 70S ribosomes promotes their dissociation into subunits. This raises the question how IF3 can promote initiation on 70S ribosomes without splitting them into subunits. Recent results suggest that after dissociating from its 30S site on 50S subunit joining, IF3 may remain bound at the noncanonical binding site on the 50S subunit, which would allow the factor to act in leaderless initiation without promoting the dissociation of the 70S ribosome into subunits (Goyal et al. 2017). After translating the first ORF of a polycistronic mRNA, the ribosome can also reinitiate downstream at a second ORF using a 70S-scanning mechanism that requires fMet-tRNA^{fMet} and IF3 (Yamamoto et al. 2016).

Translation initiation on SD-led mRNAs in Escherichia coli proceeds through three main assembly intermediates (Fig. 1) (Milon and Rodnina 2012; Duval et al. 2015; Gualerzi and Pon 2015). The SSU, IF1, IF2, IF3, and fMet-tRNA^{fMet} form a labile 30S preinitiation complex (30S PIC). As soon as mRNA is recruited, start codon recognition converts the 30S PIC into the stable 30S initiation complex (30S IC). Joining of the large subunit (LSU), 50S in bacteria) triggers the dissociation of the initiation factors, the accommodation of fMet-tRNA^{fMet} in the P site, and the formation of the mature 70S initiation complex (70S IC).

Figure 1. Kinetic model of translation initiation. (Top) Assembly of the 30S preinitiation complex (PIC) and 30S initiation complex (IC). Arrival times are calculated using experimentally measured bimolecular association rate constants and the in vivo concentrations of initiation factors in E. coli. Residence times are calculated from the measured dissociation rate constants of the individual components; mRNA binding is shown as a last step, but can occur at any step of the assembly pathway, independent of the presence of initiation factors or fMet-tRNA^{fMet}. Recognition of the start codon signifies the transition to the 30S IC (based on data in Milon et al. 2012). (Middle) Formation and maturation of the 70S IC. After subunit joining, IF3 may remain loosely bound to a site on the large subunit (LSU) (based on data in Goyal et al. 2017). (Bottom) Checkpoints of mRNA selection. From an mRNA-centric point of view, structured mRNAs can be recruited to the platform of the small subunit (SSU), unfold, and then accommodate in the mRNA-binding channel of the SSU (based on data in Milon et al. 2008 and Milon and Rodnina 2012).
70S IC, which is ready for translation elongation. The assembly pathway of the 30S PIC does not follow a strict order of factor addition. The factors can bind to the SSU independently of each other. However, there is a kinetically preferred sequence of factor association in the order IF3 and IF2, then IF1, followed by the recruitment of fMet-tRNA^{Met} through IF2 (Fig. 1) (Milon et al. 2012). Occasionally, fMet-tRNA^{Met} can form an IF2•GTP/fMet-tRNA^{Met} complex (Tsai et al. 2012), but this complex does not constitute an obligatory delivery pathway for fMet-tRNA^{Met} (Milon et al. 2010). The mRNA can bind to the SSU at any time, independent of the presence of the initiation factors (Studer and Joseph 2006; Milon et al. 2012). The association rate depends on the properties of the mRNA, such as the presence of secondary structures in the RBS, as well as the mRNA concentration (Studer and Joseph 2006). Codon recognition changes the conformation of the complex (Milon et al. 2008, 2012; Simonetti et al. 2008; Julian et al. 2011), stabilizes tRNA binding and destabilizes IF3 binding (Milon et al. 2012; Qin et al. 2012; Elvekrog and Gonzalez 2013; Hussain et al. 2016). IF3 changes its position on the ribosome in response to codon recognition (Hussain et al. 2016).

The next major step entails the LSU docking onto the 30S IC (Fig. 1). Rapid docking depends on the presence of IF1, IF3, IF2•GTP, and fMet-tRNA^{Met} (Antoun et al. 2006; Milon et al. 2008; Goyal et al. 2015). In addition, the rate of subunit joining is attenuated by the mRNA depending on the sequence of the RBS, for example on the strength of the SD–aSD interactions and the length of the spacer between the SD and the start codon (Milon et al. 2008). After GTP hydrolysis by IF2, fMet-tRNA^{Met} accommodates in the P site (Grigoriadou et al. 2007; Milon et al. 2008; Goyal et al. 2015). Displacement of IF3 from its 30S binding site and dissociation of IF1 and IF2 from the complex allows the ribosome to make intersubunit bridges and leads to formation of the mature 70S IC (Fig. 1) (Fabbretti et al. 2007; Chen et al. 2015; Goyal et al. 2015, 2017; Liu and Fredrick 2015; MacDougall and Gonzalez 2015). The irreversible steps of start-codon recognition and GTP hydrolysis promote conformational changes of the 30S subunit and induce rotation of the two subunits relative to each other (Allen et al. 2005; Myasnikov et al. 2005; Marshall et al. 2009; Julian et al. 2011; Coureux et al. 2016; Sprink et al. 2016).

A key question is which features of the mRNA determine its translational efficiency. In bacteria, the RBS spans nucleotides −20 to +15 around the translation start codon. Translational efficiency is modulated by the nature of the codon used for initiation (AUG, GUG, or UUG), the SD sequence and the spacer between the SD sequence and the start codon, the mRNA secondary structure near the start site, and A/U-rich elements in the mRNA that are recognized by the SSU protein bS1. bS1, which is the largest and most acidic ribosomal protein, is required for the binding and unfolding of structured mRNAs (Duval et al. 2013; Byrgazov et al. 2015). The relative contribution of each specific element is not clear. The available on-line tools used to estimate translational efficiency from the thermodynamic properties of the RBS yield predictions that are quite good for engineered mRNAs (Salis et al. 2009; Kosuri et al. 2013; Reeve et al. 2014; Bonde et al. 2016). However, in natural mRNAs, each element of the RBS alone appears to have limited effect and can modulate the efficiency of initiation only within a certain context.

A more holistic approach conceptualizes the initiation pathway as comprising a sequence of kinetic checkpoints (Fig. 1) (Milon and Rodnina 2012; Duval et al. 2015; Gualerzi and Pon 2015). In this view, the initiation efficiency is determined by kinetic partitioning between the forward steps on the pathway toward the mature 70S IC, and the backward or rejection steps. The structure and thermodynamic stability of the RBS affect the association (step 1) and unfolding (step 2) of the mRNA. The identity of the start codon determines the stability of the codon–anticodon complex (step 3). Finally, the overall conformation of the 30S IC, which is modulated by the sequence context of the RBS, defines the rate of LSU joining (step 4). The kinetic model can explain any variations in the translational efficiency of different mRNAs. If the rate constants of the elemental steps are known, the
translational efficiency can be predicted. In the few cases where such measurements were possible, the calculated value matched well with the directly measured translational efficiency (Milon et al. 2008, 2012). However, for most mRNAs the elemental rate constants are unknown, which hinders the use of the kinetic parameters as descriptors in global bioinformatics analysis. Although the mechanism of translation initiation is generally quite different in pro- and eukaryotes, the principles of kinetic partitioning most likely play a major role in start-site selection in eukaryotes as well (see Sokabe and Fraser 2018).

ELONGATION

Elongation entails repetitive cycles of decoding, peptide bond formation, and translocation. Elongation begins as soon as the second codon of the ORF becomes accessible for reading by elongator aa-tRNAs and ends when the ribosome arrives at the stop codon. The basic mechanism of elongation is very similar in prokaryotes and eukaryotes (see Dever et al. 2018) and is facilitated by homologous translation factors (EF-Tu/eEF1A, EF-G/eEF2, EF-P/eIF5A, SelB/eIF5A), with some notable additions, such as eEF3, which is found in fungi.

Decoding

During decoding, the ribosome translates the sequence of codons in an mRNA into the amino acid sequence of a protein. A codon exposed in the A site is recognized by aa-tRNAs, which in bacteria are delivered to the ribosome in a ternary complex with EF-Tu and GTP. The initial recruitment of the EF-Tu•GTP/aa-tRNA complex occurs through the interactions with the bLI2 stalk of the ribosome (Kothe et al. 2004; Diaconu et al. 2005). Interaction of the aa-tRNA anticodon with the mRNA codon in the decoding site of the SSU triggers GTP hydrolysis by EF-Tu. After P1 release, EF-Tu rearranges into the guanosine diphosphate (GDP)-bound form and releases the aa-tRNA. The aa-tRNA accommodates in the A site of the LSU, while EF-Tu•GDP dissociates from the ribosome (Rodnina et al. 2017).

The structures of several key intermediates of decoding, which were initially identified by biochemical and biophysical studies, have been determined by cryoelectron microscopy (cryo-EM). Currently, a sequence of snapshots of cognate decoding is available for EF-Tu•GTP/Phe-tRNA^Phe (Loveland et al. 2017) and SelB•GTP/Sec-tRNA^Sec (Fischer et al. 2016). In contrast to EF-Tu, which is a general translation factor that directs every elongator aa-tRNA to the A site, SelB is a specialized elongation factor that is responsible for the delivery of the 21st natural proteinogenic amino acid, selenocysteine (Forchhammer et al. 1989). Whereas the two cryo-EM structures capture somewhat different intermediates on the decoding pathway, and some details appear specific for EF-Tu or SelB, the overall sequence of rearrangements is remarkably similar. Both reports (Fischer et al. 2016; Loveland et al. 2017) identify an early decoding intermediate where the ternary complex is bound to the SSU, but the anticodon does not yet base-pair with the codon (Fig. 2). These structures have an open SSU-domain conformation similar to or even more open than in ribosomes with a vacant A site (Fischer et al. 2016; Loveland et al. 2017). The 16S rRNA residues forming the local core in the SSU decoding center point away from the codon–anticodon complex, although there seem to be subtle differences in the orientation of different nucleotides between the EF-Tu and SelB structures. In both structures, the key residue A1492 is in the “flipped-out” (Ogle et al. 2001) open form oriented away from the codon–anticodon complex. A1493 is in a semi-open orientation in the ribosome–EF-Tu complex, but in an open orientation in the SelB complex; also the mobility of G530 of 26S rRNA appears to differ between the two complexes (Fischer et al. 2016; Loveland et al. 2017).

The second intermediate of the SelB complex captures an early decoding state in which only a single potential base pair is formed between codon and anticodon, whereas in the EF-Tu-bound complex the anticodon is fully base-paired with the codon; in both cases, the ribosome remains in an open conformation. In the EF-Tu complex, the GTP-binding pocket remains distant from the LSU (Loveland et al.
2017), and thus the GTPase activity of EF-Tu, which requires an interaction of EF-Tu with the sarcin-ricin loop (SRL) of the 23S rRNA as a GTPase-activating element, remains low (Maracci et al. 2014). In contrast to EF-Tu, SelB interacts with the LSU in both intermediates prior to codon recognition, but the contact with the SRL is blocked by Sec-tRNA^Sec (Fischer et al. 2016). Interestingly, a similar protective interaction of aa-tRNA with the SRL was identified among decoding intermediates of eukaryotic translation, where it blocks the access of eEF1A to the GTPase-activating center (Budevich et al. 2014).

After the codon–anticodon interaction has been established, the 16S rRNA residues at the decoding center change their orientation to the “flipped-in” (Ogle et al. 2001) conformation and
close on the codon–anticodon complex (Fischer et al. 2016; Loveland et al. 2017), consistent with the local rearrangements inferred from comparisons of SSU structures with or without A-site tRNA anticodon stem-loops (ASLs) (Ogle et al. 2001). In the EF-Tu complex, G530 appears to act as a latch that fastens the codon–anticodon helix into the decoding center. The local closure of the decoding center coincides with the SSU domain closure, which drags the tRNA and EF-Tu toward the SRL. The magnitude of the conformational changes that take place on domain closure (Fischer et al. 2016) appears to be even larger than those previously reported for the SSU–ASL complex (Ogle et al. 2001). The aa-tRNA becomes distorted on codon recognition (Valle et al. 2003; Schmeing et al. 2009; Schmeing et al. 2011; Fischer et al. 2016; Loveland et al. 2017). In solution, tRNA can adopt such distorted tRNA conformations spontaneously within less than a microsecond (Fischer et al. 2016). The ribosome seems to stabilize specific subsets of conformations in a given state, depending on the interactions at the decoding center. Docking of the G-domain of EF-Tu activates GTP hydrolysis, the irreversible step that separates initial selection from the subsequent proofreading step.

GTP hydrolysis in EF-Tu and other translational GTPases relies on the universally conserved His residue (His84 in E. coli EF-Tu) in the Switch II region and on the conserved Asp residue (Asp21 in EF-Tu) in the P loop (Maracci et al. 2014). The SRL of the LSU acts as GTPase activator (Wool et al. 1992; Schmeing et al. 2009). The interaction of the SRL with His84 shifts the pKₐ value of His84 in such a way that the side chain becomes positively charged at neutral pH and positions the nucleophilic water molecule for the attack on the γ-phosphate of GTP (Adamczyk and Warshel 2011; Wallin et al. 2013; Aqvist and Kamerlin 2015). Computer simulations favor the reaction mechanism with an early proton transfer from water to the γ-phosphate, followed by nucleophilic attack by a hydroxide ion, a scenario that appears to be consistent with the lack of pH-dependence of GTP hydrolysis at neutral pH and a negligible kinetic solvent isotope effect (Maracci et al. 2014). The conserved Asp21 complexed to Mg²⁺ may contribute to the acceleration of GTP hydrolysis by “pushing” the negative charge toward His84 (Aqvist and Kamerlin 2015). Thus, GTP hydrolysis is primarily governed by the electrostatics of the reaction center (Adamczyk and Warshel 2011; Prasad et al. 2013; Maracci et al. 2014; Aqvist and Kamerlin 2015). Also, ribosomal protein bL12 contributes to the GTPase activation through an as-yet-undetermined mechanism (Mohr et al. 2002; Diaconu et al. 2005). The mechanism of GTP hydrolysis is likely to be conserved in all translational GTPases, such as EF-Tu, EF-G, SelB, IF2, and RF3 and their eukaryotic homologs.

During decoding, the ribosome has to select an aa-tRNA cognate to the given codon from the pool of different aa-tRNAs. The fidelity of aa-tRNA selection is high, with error frequencies of 10⁻³ or less (Drummond and Wilke 2009). One important unresolved question is how the ribosome responds to codon–anticodon mismatches. The early model based on the comparison of the 30S–mRNA complexes with cognate or near-cognate ASLs suggested that mismatches disturb SSU domain closure (Ogle et al. 2002). However, high-resolution crystal structures of non- and near-cognate ribosome–mRNA–tRNA complexes all showed an identical local and global arrangement of the SSU (Demeshkina et al. 2012; Rozov et al. 2015, 2016a,b). Similarly, in the cryo-EM structure, near-cognate EF-Tu•GTP/Lys-tRNA (anticodon UUU, which makes a second position mismatch to the AGA codon) induced the same local and global conformational changes as EF-Tu•GTP/Phe-tRNA on the cognate UUC codon (Loveland et al. 2017). However, only a minor portion of the near-cognate ternary complexes adopts the GTPase-activated state, whereas the majority is rejected at the initial selection stage prior to GTP hydrolysis (Rodnina et al. 2017). Thus, it is possible that the available structures of the near-cognate complexes provide snapshots of translational errors, rather than of regular decoding intermediates. The visualized complexes represent those that passed the selection screens of the ribosome and will result in the incorporation of an incorrect amino acid into the protein. In contrast, the structures of the rejected majority of
near-cognate complexes may be similar to that of the complexes prior to codon–anticodon pairing. Notably, such complexes must be even less stable than the pre-codon-recognition intermediates of the cognate complexes, as they appear too transient to be captured by crystallography or cryo-EM. It should be emphasized that the structures of near-cognate complexes are extremely valuable, as they show how tautomeration or the presence of tRNA modifications help the mismatched complexes to adopt the geometry that the ribosome recognizes as correct.

After GTP hydrolysis and a slightly delayed Pi release (Kothe and Rodnina 2006), EF-Tu rearranges into the GDP-bound conformation. Molecular-dynamic simulations suggested that this may propel the 3′ end of aa-tRNA toward the A site on the LSU into a position where the tRNA elbow interacts with H89 of the LSU (Noel and Whitford 2016). Aa-tRNA may fluctuate between the two conformational states until EF-Tu is released. The accommodation of the tRNA 3′ end in the A site constitutes a separate step (Geggier et al. 2010). This notion is supported by recent biochemical data (Ieong et al. 2016; Ranjan and Rodnina 2017), although the two steps are not kinetically resolved for every tRNA. The accommodation is slower for near-cognate, compared to cognate aa-tRNA, which provides a second chance to reject a tRNA with mismatches in the codon–anticodon complex in the proofreading stage (Rodnina et al. 2017).

Peptide Bond Formation

In the peptidyl transferase center of the ribosome, peptidyl-tRNA in the P site and aa-tRNA in the A site react to form a peptide bond. In comparison with the reaction between model substrates in solution, the reaction on the ribosome is accelerated about 10^7-fold (S ievers et al. 2004). The ribosome facilitates the reaction by ordering water molecules, positioning of rRNA and tRNA residues, and electrostatic shielding (Sharma et al. 2005; Wallin and Aqvist 2010).

Peptide bond formation proceeds by nucleophilic attack of the amino group of aa-tRNA on the carbonyl carbon of the ester bond in peptidyl-tRNA. In solution, the reaction is expected to have two intermediates, a zwitterionic tetrahedral intermediate (T±), that is deprotonated and forms a second intermediate (T−), and then decomposes to form the reaction products (Satterthwait and Jencks 1974). A comprehensive analysis of heavy-atom kinetic isotope effects indicated that the ribosome alters the reaction pathway in such a way that the T± intermediate no longer accumulates. Proton transfer from the attacking nitrogen and formation of the tetrahedral intermediate take place during the rate-limiting step, while tetrahedral intermediate breakdown happens in a separate rapid step (Hiller et al. 2011). Analysis of kinetic solvent isotope effects showed that in the rate-limiting transition state three protons move in a concerted manner (Kuhlenkoetter et al. 2011). Notably, there are several water molecules within the peptidyl transferase center that can exchange protons (Polikanov et al. 2014). Also the 2′OH group of A76 of the P-site tRNA (Zaher et al. 2011) and the 2′OH of A2451 of 23S rRNA (Erlacher et al. 2006) contribute to proton transfer and/or stabilize the charges developing as the reaction proceeds.

Currently there are two models that account for the movement of protons in the active site during peptide bond formation (Fig. 3). One model, referred to as the eight-membered proton shuttle (Wallin and Aqvist 2010), suggests that the attack of the α-amino group on the ester carbonyl carbon results in an eight-membered transition state in which a proton from the α-amino group is received by the 2′OH group of A76, which at the same time donates its proton to the carbonyl oxygen by way of an adjacent water molecule (Kuhlenkoetter et al. 2011). Protonation of the 3′OH is an independent rapid step. The alternative model, referred to as the “proton wire” model, suggests that one of the...
water molecules residing in the peptidyl transferase center is partially negatively charged by the vicinity of the deprotonated amino-terminal α-amino group of ribosomal protein bL27 and of the negatively charged 5′-phosphate oxygen of the A-site A76 (Polikanov et al. 2014). Upon formation of a tetrahedral intermediate, the emerging positive and negative charges may become separated in space and delocalized over the pockets containing water molecules. The two models account for the concerted movement of three protons in the rate-limiting transition state (Kuhlenkoetter et al. 2011). In the proton wire model, the proton from the α-amino group is received by the 2′OH group of A76, which in turn donates a proton to the 2′OH of A2451, and then to a water molecule (W1), which is partially negatively charged (Polikanov et al. 2014). Both models account for the concerted movement of three protons in the rate-limiting transition state (Kuhlenkoetter et al. 2011). (From Polikanov et al. 2014; adapted, with permission, from Nature Publishing Group under a Creative Commons license.)

The reactivities of natural amino acids in the peptidyl transferase reaction differ substantially (Wohlgemuth et al. 2008). Nevertheless, the ribosome can make peptides with most amino acid combinations without the help of any additional auxiliary factors. One notable exception is the synthesis of poly-Pro stretches with three or more consecutive prolines or of distinct XPPX sequences with two prolines flanked by specific amino acids (Hersch et al. 2013; Peil et al. 2013; Woolstenhulme et al. 2013). During synthesis of such peptides the ribosome stalls because of a low rate of peptide bond formation (e.g., for the PPP motif the ribosome is stalled after incorporation of the second Pro) (Ude et al. 2013). The stalling is alleviated by EF-P (Doerfel et al. 2013; Ude et al. 2013), a specialized translation factor that enters the E site of the ribosome and acts by entropic steering of the P- and A-site substrates toward their catalytically productive orientation in the peptidyl transferase center (Fig. 4) (Doerfel et al. 2015; Huter et al. 2017). The eukaryotic homolog of EF-P, eIF5A, also accelerates the formation of poly-Pro chains.
eIF5A appears to have additional functions in elongation and termination (Schuller et al. 2017; also see Dever et al. 2018). EF-P does not have such a broad functionality, because EF-P recognizes the tRNA in the P site and favors interactions with tRNAPro and tRNAfMet, but is considerably less active with other tRNAs (Katoh et al. 2016).

EF-P and eIF5A are posttranslationally modified (for review see Lassak et al. 2016). The modification is essential for function (Doerfel et al. 2013; Gutierrez et al. 2013; Ude et al. 2013), but varies between different groups of bacteria and eukaryotes. In E. coli, Lys34 of EF-P is posttranslationally modified to a lysyl-lysine (Yanagisawa et al. 2010). In Pseudomonas aeruginosa and Shewanella oneidensis Arg32 (which occupies the position of E. coli Lys34) is rhamnosylated (Lassak et al. 2015), whereas EF-P from Bacillus subtilis bears a 5-aminopentanol moiety attached to Lys32 (Rajkovic et al. 2016). In eukaryotes, the conserved lysine residue of eIF5A is modified to hypusine (Cooper et al. 1983).

**Translocation**

After peptide bond formation, the ribosomal subunits move relative to each other, from the nonrotated (N) state with the two tRNAs bound to the P and A sites both on the SSU and LSU, to

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**Figure 4.** Action of elongation factor P (EF-P) on ribosomes stalled at polyproline stretches. (A) Ribosomes stall during translation of proteins containing three consecutive prolines (red stars). Binding of the peptidyl-tRNA (green) to the P site is destabilized, which (B) can lead to peptidyl-tRNA drop-off. (C) The all-trans or all-cis conformations of polyprolines of the nascent chain are not possible because of a steric clash with G2061 (gray) within the tunnel wall. Peptidyl-tRNA is destabilized and prevents accommodation of the A-site tRNA (orange) and peptide bond formation. (D) Ribosomes stalled on polyproline stretches are recognized by EF-P (pink), which binds within the E-site region and stabilizes the peptidyl-tRNA. EF-P binding is facilitated via contacts with the L1 stalk and the P-site tRNA as well as E-site codon. (E) Interaction of the ε(R)-β-lysyl-hydroxylysine with the CCA-end of P-site tRNAPro stabilizes the P-site tRNA as well as the nascent chain, by forcing the prolines to adopt an alternative conformation that passes into the ribosomal exit tunnel. (F) Thus, an optimal geometry between the nascent chain and the aminoacyl-tRNA in the A site is achieved and peptide bond formation can occur. (From Huter et al. 2017; adapted, with permission, from Elsevier © 2017.)

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(M.V. Rodnina)
the rotated (R) state with the tRNAs bound in hybrid P/E and A/P states. At the same time, the uL1 stalk moves from an open to a closed conformation toward the P-site tRNA (for review, see Frank and Gonzalez 2010). Ribosomes in the pretranslocation state (PRE) fluctuate between N and R states. Molecular dynamics simulations suggest that ribosome rotation and the concomitant internal movement of the SSU head and body domains (referred to as head swiveling) are intrinsically very rapid and can occur in the microsecond time scale (Bock et al. 2013). However, tRNA translocation does not occur spontaneously because the interactions of the two tRNAs with the ribosome restrict the movement. In the posttranslocation (POST) state the ribosomes are predominantly in the N state with tRNAs in their classical positions.

Translocation is promoted by EF-G at the cost of GTP hydrolysis. Movement of the tRNAs and the mRNA during translocation is a multi-step process (Fig. 5). Current models distinguish up to eight discrete steps based on structural information as well as ensemble and single-molecule kinetic studies using a large variety of fluorescence reporters and fluorescence resonance energy transfer (FRET) pairs (Guo and Noller 2012; Adio et al. 2015; Belardinelli et al. 2016a; Sharma et al. 2016b; Wasserman et al. 2016). In

![Figure 5. Kinetic model of translocation. The rotation states of the small subunit (SSU) relative to the large subunit (LSU) (gray) are indicated by color intensity of the SSU body (light blue for nonrotated, N; dark blue for rotated, R). The swiveling motions of the SSU head are depicted by a color gradient from light green (classical nonswiveled SSU head position) to forest green (maximum degree of SSU head domain swiveling relative to the SSU body domain) (Belardinelli et al. 2016a). Peptidyl- and deacylated tRNA in the pretranslocation state (PRE) complex are shown in magenta and blue, respectively. EF-G (purple) is shown in two conformations, a compact (Lin et al. 2015) and an extended one after engagement with the ribosome (Ramrath et al. 2013; Zhou et al. 2014). The rates of transitions between PRE(N) and PRE(R) and PRE(N)–EF-G and PRE(R)–EF-G (k_{CW} and k_{CCW} at 37°C) are modified from data in Sharma et al. (2016b). The rate constants for the kinetically defined steps 1, 2, 3, 4, and 5 are from ensemble kinetics studies at 37°C (Belardinelli et al. 2016a). Step 1, EF-G binding. Step 2, GTP hydrolysis (Rodnina et al. 1997; Savelsbergh et al. 2003) and opening of the SSU because of the opposite movements of the SSU head and body domains (see inset) (Belardinelli et al. 2016a). Step 3, unlocking of the tRNA–mRNA complex on the SSU, which is rate-limiting for tRNA movement and Pi release from EF-G (Savelsbergh et al. 2003). The existence of rapid transitions between steps 3 and 4 was shown using stalled translocation intermediates (Savelsbergh et al. 2003; Holtkamp et al. 2014). Translocation intermediates (CHI1 to CHI4) are adopted from smFRET data (Adio et al. 2015). The posttranslocation (POST) state may entail further conformational substates (Wasserman et al. 2016). The light red background indicates complexes under unlocking; the light green background shows complexes that move toward relocking. (Inset) Distinct timing of counterclockwise (CCW) and clockwise (CW) movements of the SSU body relative to LSU (blue symbols) and of the SSU head (green symbols) (Belardinelli et al. 2016a). (From Belardinelli et al. 2016b; with permission from Taylor & Francis and Creative Commons Public Domain licensing.)
addition to PRE and POST states, the ribosome can adopt several intermediate conformations that differ in the positions of the tRNAs with respect to the SSU head and body domains and the A- and P-site loops on the LSU. The tRNA positions correlate with the degree of subunit rotation and the SSU head domain swiveling. These states are referred to as chimeric (CHI) states (e.g., ap/P and pe/E [Ramrath et al. 2013]; ap/ap [Zhou et al. 2014]; or noncanonical states identified by smFRET [Chen et al. 2011; Adio et al. 2015; Wasserman et al. 2016]).

After EF-G binding to the ribosome, the SSU head and body domains move in the same counterclockwise (CCW) direction relative to the LSU, which is referred to as forward, because it corresponds with the direction of translocation (Fig. 5) (Guo and Noller 2012; Belardinelli et al. 2016b; Wasserman et al. 2016). EF-G hydrolyzes GTP, but retains the Pi (Savelsbergh et al. 2003, 2005). Then, the SSU body begins moving backward in the clockwise (CW) direction, whereas the SSU head remains in the forward-swiveled state (Guo and Noller 2012; Belardinelli et al. 2016b; Wasserman et al. 2016). This may open the decoding region sufficiently to uncouple the tRNAs from the interactions with the ribosome elements that hold the mRNA and the tRNA anticodons in the A and P site, respectively.

This explains how CHI states are formed: while the tRNA positions on the SSU head domain are retained, the SSU body moves, leading to the displacement of the tRNAs to the CHI states.

After the unlocking of the codon–anticodon complexes from the SSU, the SSU head domain starts to move backward (Guo and Noller 2012; Belardinelli et al. 2016b; Wasserman et al. 2016). The tRNAs adopt their canonical POST positions in P and E sites and EF-G releases Pi (Savelsbergh et al. 2003). Next, the E-site tRNA moves further away from the P-site tRNA, which is accompanied by the loss of the E-site codon–anticodon interaction, while the SSU head moves further backward (Adio et al. 2015; Belardinelli et al. 2016a). Finally, the dissociation of E-site tRNA and EF-G restores the N state with a classical P/P position of the peptidyl-tRNA. The role of EF-G is to accelerate and stabilize the R state of the ribosome, to unlock the tRNA–mRNA complex from the SSU, and to ensure the forward movement of the tRNAs by inserting EF-G domain 4 into the A site on the SSU. In other words, EF-G acts as a ratchet to rectify the Brownian motions of the ribosome into directed movement and promotes a key conformational rearrangement of the SSU that disrupts its interactions with the tRNAs, thereby allowing for rapid tRNA translocation (for review see Belardinelli et al. 2016b).

Translocation and Recoding

While moving along the mRNA the ribosome may encounter structures such as stem-loops or pseudoknots. In most cases, the ribosome helicase composed of ribosomal proteins uS3, uS4, and uS5 ensures mRNA unwinding by a combination of active and passive helicase mechanisms (Takyar et al. 2005; Qu et al. 2011). However, mRNA secondary structure elements in combination with slippery sequences can lead to −1 frameshifting. Slippery sites are mRNA sequences where codons in the 0- and −1-frame code for the same tRNAs. Ensemble kinetics and single-molecule studies indicate that −1 frameshifting on the mRNA coding for the infectious bronchitis virus (IBV) protein 1a/1b (which works in vivo in both eukaryotic and bacterial systems [Napthine et al. 2003]) or E. coli dnaX occurs during translocation of two tRNAs attached to the slippery site codons (Caliskan et al. 2014; Chen et al. 2014; Kim et al. 2014; Yan et al. 2015). Recoding in eukaryotes is described in Dever et al. (2018). The secondary structure element disturbs the ribosome dynamics during translocation. While early steps of translocation proceed with unperturbed efficiency, the backward swiveling of the SSU head domain is impeded by the structure obstacle in the mRNA (Caliskan et al. 2014; Kim et al. 2014). Ribosomes that are stalled in an unlocked state are apparently less stringent in maintaining the reading frame and can slip in the −1 direction.

Cotranslational Protein Folding

During elongation, the nascent peptide moves through the polypeptide exit tunnel of the ribo-
some, which spans from the peptidyl transferase center to the cytoplasmic surface of the LSU (Fig. 6). The exit tunnel is about 100 Å long and can accommodate 30 or more amino acids, depending on the structure of the peptide, before the nascent chain emerges from the ribosome. Emerging nascent proteins can start folding within the tunnel, which can accommodate secondary structure elements or even small domains (for reviews see Balchin et al. 2016; Rodnina 2016; Thommen et al. 2017). While traveling through the exit tunnel, the peptide can adopt a nonnative compact structure, which is rearranged to a native form when the whole domain emerges from the exit port (Holtkamp et al. 2015). The ribosome affects protein folding by imposing a vectorial folding pathway and by coupling folding to the pace of translation. Initial folding events are restricted by the confined space within the exit tunnel and are further modulated by interactions between the peptide emerging from the exit tunnel and the surface of the LSU. The relationship between the rate of translation and the direction of protein folding is quite complex. The presence of rare codons in the mRNA slows down translation, alters the kinetics of cotranslational folding, and changes the distribution of protein conformations in the resulting mature protein pool (Clarke and Clark 2008; Tsai et al. 2008; Siller et al. 2010; Yu et al. 2015; Buhr et al. 2016; Sharma et al. 2016a). Computer modeling suggests that changes of the translation rate can coordinate local folding rates and induce or prevent misfolding (O’Brien et al. 2014; Trovato and O’Brien 2017). Cotranslational protein folding is also affected by the proteins that bind in the vicinity of the exit port, such as the chaperone trigger factor (Gloge et al. 2014; Balchin et al. 2016).

**TERMINATION**

Termination occurs when the ribosome encounters a stop codon in the mRNA. In bacteria, stop codons are recognized by the termination (or release) factors RF1 and RF2, which read the codons UAG/UAA and UGA/UAA, respectively. Another termination factor, RF3, facilitates turnover of RF1 and RF2 but is not required for peptidyl-tRNA hydrolysis. Crystal and cryo-EM structures as well as smFRET studies show that RF1 and RF2 stabilize the ribosome in the N state (Rawat et al. 2003, 2006; Korostelev et al. 2008, 2010; Weixlbaumer et al. 2008), whereas RF3 alone stabilizes the R state (Gao et al. 2007; Jin et al. 2011). When RF3 binds to the RF1–ribosome complex, RF1 changes its position and RF3 adopts a different conformation than in complexes with just one factor bound (Pallesen et al. 2013).

The mechanism of termination entails three steps: recognition of the stop codon, hydrolysis of the ester bond of the peptidyl-tRNA (these

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**Figure 6.** Cotranslational protein folding. Callouts summarize the potential effects at each step (Rodnina 2016). U, unfolded state; C, compact transient state or folding intermediate; N, native fold.

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two steps are accomplished by RF1 or RF2) and dissociation of RF1/RF2 with the help of RF3. RF1 and RF2 select the respective stop codons by conserved recognition motifs, PVT in RF1 or SPF in RF2. Crystal structures identified the principal elements involved in the recognition (Korostelev et al. 2008, 2010; Laurberg et al. 2008; Weixlbaumer et al. 2008; Santos et al. 2013). The uracil in the third position of all three stop codons is recognized by the amino terminus of helix α5 of either RF1 or RF2. In RF1, interactions of the Thr residue in the PVT motif restrict reading to an A at the second position of the codon. In contrast, in RF2 the Ser residue in the SPV motif can bind to both A and G. The ability of RF1 to read both A and G in the third codon position is explained by a rotation of the side-chain amide of a Gln residue that is conserved in RF1, but not in RF2. RF2 has a hydrophobic Val residue at the homologous position and is restricted to an A in the third codon position.

Peptidyl-tRNA hydrolysis is catalyzed by the peptidyl transferase center of the ribosome with the help of the GGQ motif that is conserved in RF1 and RF2. The Gln residue of the GGQ motif is methylated; the modification increases the rate of peptide release, in particular for RF2. The reaction is expected to move through a tetrahedral intermediate, which breaks down and forms free peptide and deacylated tRNA (Jin et al. 2010). Proton inventories and computer simulations indicate that the transition state of the RF2-dependent hydrolysis reaction involves only one proton in flight (Trobro and Aqvist 2009; Kuhlenkoetter et al. 2011). Mutational analysis, pH/rate dependencies, and the lack of a D2O effect are consistent with two possible reaction mechanisms (Kuhlenkoetter et al. 2011; Indrisiuniute et al. 2015). The attacking water molecule could donate a proton to a hydroxide ion that facilitates both proton transfer and nucleophilic attack. Alternatively, a hydroxide ion could act as an attacking group in which the proton in flight could be transferred to the 2′OH directly or through another water molecule. The 2′OH of the P-site substrate is vital for orienting the nucleophile in a hydrogen-bonding network productive for catalysis (for review, see Rodnina 2013).

RF3 is required to release RF1/RF2 from the ribosome, but the mechanism of RF3 action is controversial (Zavialov et al. 2001, 2002; Palle- sen et al. 2013; Koutmou et al. 2014; Peske et al. 2014; Shi and Joseph 2016). RF3 has a higher binding affinity for GDP than for GTP and can be activated by the ribosome through accelerating the nucleotide exchange. The original model for the RF3 mechanism relied on measurements of the affinity of RF3 for GTP and GDP, which suggested that at cellular concentrations of GTP/ GDP most RF3 should be in the GDP-bound form (Zavialov et al. 2001). This model suggested that RF3•GDP can bind to the ribosome in a complex with RF1 or RF2 only after the peptide is released, thereby forming an unstable encounter complex. Subsequent dissociation of GDP would lead to a stable high-affinity complex with RF3 in the nucleotide-free state. The subsequent binding of GTP to RF3 would promote RF1/RF2 dissociation. In the final step of the model, RF3 hydrolyzes GTP and dissociates from the ribosome (Zavialov et al. 2001, 2002). However, more direct measurements of the RF3 affinity for GTP and GDP did not confirm a large preference of RF3 for GDP (Koutmou et al. 2014; Peske et al. 2014). Whereas GDP binding is favored, the affinity difference to GTP is only 10-fold, which suggests that at cellular conditions, where GTP is present in large excess over GDP, RF3 adopts the GTP-bound form. Furthermore, RF3•GTP binding is independent of peptide release, because a catalytically inactive RF2 mutant activates nucleotide exchange in RF3 (Peske et al. 2014). Because GTP binding to RF3 in the ribosome–RF2–RF3 complex is rapid, the lifetime of the putative apo-RF3 state (5 ms at cellular concentrations of RF3 [Peske et al. 2014]) is too short to have physiological significance. Peptide release results in the stabilization of the RF3•GTP–ribosome complex, thereby promoting the dissociation of RF1/2, followed by GTP hydrolysis and dissociation of RF3•GDP from the ribosome (Peske et al. 2014). Further work will be required to clarify the differences and come to a unifying model of translation termination.

Interestingly, the mechanism of translation termination appears different in prokaryotes

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and eukaryotes, where only two factors, eRF1 and eRF3, are responsible for termination on all three codons. In eukaryotes, eRF1 and eRF3 form a stable complex, which is recruited to the stop codon. Peptide release requires GTP hydrolysis by eRF3. Further steps of termination and ribosome recycling in eukaryotes require factors that do not exist in prokaryotes, such as ABCE1 (Rli1) (for reviews, see Dever and Green 2012; Jackson et al. 2012; see also Hellen 2018). The functional significance of these differences between prokaryotes and eukaryotes remains unclear.

**RIBOSOME RECYCLING**

After termination, the ribosomes still contain mRNA and tRNA, which have to be released to allow for the reuse of ribosomal subunits in the next round of initiation. In bacteria, subunit splitting is catalyzed by the ribosome recycling factor (RRF) and EF-G. RRF binds to the A site of the ribosome (Gao et al. 2005) and stabilizes a fully rotated state of the ribosome, with the P-site tRNA in the hybrid P/E binding state (Dunke et al. 2011). GTP hydrolysis by EF-G promotes the push of RRF against the key inter-subunit bridge, thereby promoting subunit splitting (Gao et al. 2005). An earlier suggestion that EF-G facilitates a translocation-like movement of RRF that acts as a tRNA mimic has been refuted by biochemical (Peske et al. 2005) and structural studies (see Fu et al. 2016 for references).

Efficient ribosome recycling occurs when RRF binds to the post-termination complex before EF-G is recruited (Borg et al. 2016). In principle, RRF and EF-G can bind independently of each other, but binding of EF-G•GTP in the absence of RRF leads to futile GTP hydrolysis without ribosome splitting (Seo et al. 2004; Savelbergh et al. 2009; Borg et al. 2016). The sequence of subsequent events is currently a matter of debate. One model suggests that GTP hydrolysis by EF-G and the subsequent delayed Pi release result in the ribosome splitting into subunits. The resulting SSU still carries the mRNA and tRNA. Dissociation of tRNA is promoted by IF3, while mRNA is exchanged spontaneously. This sequence of events is supported by extensive kinetic experiments from different groups (Seo et al. 2004; Peske et al. 2005; Savelbergh et al. 2009; Borg et al. 2016), smFRET study (Prabhakar et al. 2017), and time-resolved cryo-EM (Fu et al. 2016). However, in all these experiments, model mRNAs were used that contained an SD sequence that could stabilize the mRNA binding. An alternative pathway was recently suggested for mRNAs that do not contain an SD sequence in the vicinity of the stop codon (which is a normal case after termination) (Chen et al. 2017). In the latter case, GTP hydrolysis by EF-G was suggested to promote mRNA release, which would be a novel, unexpected function for EF-G. This is followed by tRNA dissociation and finally subunit splitting (Chen et al. 2017). Future experiments will show which order of events is correct or whether multiple different dissociation pathways are possible.

**CONCLUSIONS AND PERSPECTIVES**

The most important result of the last decade of studies on prokaryotic translation mechanisms is the view of the ribosome as a dynamic molecular machine, which changes its conformations at each step of translation. The movements of ribosome elements, including subunit rotations, flexing of SSU domains, or large movements of the S1 and L12 stalks, are inherently rapid and are gated by its ligands, such as tRNAs and translation factors. We can now describe the choreography of many steps of translation using a combination of ensemble kinetics and single-molecule techniques. Once the order of events is established, crystallography and cryo-EM can provide structures of intermediates. In the future, it would be exciting to obtain structural studies in a time-resolved fashion without the use of antibiotics or nonhydrolyzable GTP analogs that are now used to block intermediates (e.g., by performing time-resolved cryo-EM or XFEL [X-ray free-electron laser] crystallography). An improvement of the time resolution of single-molecule techniques may yield additional, yet uncharacterized transient intermediates. Tracking translation in living cells is another emerging direction. Thus, it is likely that soon
we will have a near-complete 3D picture of prokaryotic translation resolved in time and space and possibly in living cells. The major challenge for years to come is to understand how eukaryotic ribosomes work. Whereas, in principle, the same experimental approaches can be used to study translation in bacteria and eukaryotes, the technical hurdles of reconstructing functional pathways for each step of translation are extremely high and amplified by a larger number of accessory proteins, extensive heterogeneity of components and complexes, and probably a larger degree of conformational mobility of translational components in eukaryotes. Solving these technical challenges and dissecting the detailed structural and functional mechanisms of the eukaryotic ribosome will constitute a milestone toward understanding translation and its regulation in health and disease.

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