

# 1 *De novo* phytosterol synthesis in 2 animals

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## 15 Abstract

16 Sterols are lipids that regulate multiple processes in eukaryotic cells, and are essential  
17 components of cellular membranes. Sterols are currently assumed to be kingdom  
18 specific, with phytosterol synthesis restricted to plants while animals are only able to  
19 synthesize cholesterol. Here, we challenge this assumption by demonstrating that the  
20 marine annelids *Olavius* and *Inanidrilus* synthesize the phytosterol sitosterol *de novo*.  
21 Using multi-omics, high-resolution metabolite imaging, heterologous gene expression  
22 and enzyme assays, we show that sitosterol is the most abundant (60%) sterol in these  
23 animals and characterize its biosynthetic pathway. We show that phytosterol synthesis  
24 partially overlaps with cholesterol synthesis and involves a non-canonical C-24 sterol  
25 methyltransferase (C<sub>24</sub>-SMT). C<sub>24</sub>-SMT is an essential enzyme for sitosterol synthesis in  
26 plants, but not known from animals with bilateral symmetry (bilaterians). Our  
27 comparative phylogenetic analyses of C<sub>24</sub>-SMT homologs revealed that these are

28 widely distributed across annelids and other animal phyla, including sponges and  
29 rotifers. Our findings show that phytosterol synthesis and use is not restricted to the  
30 plant kingdom, and indicate that the evolution of sterols in animals is more complex than  
31 previously assumed.

## 32 Introduction

33 Sterols are essential lipids present in all eukaryotes. They regulate the physical  
34 properties of biological membranes and are involved in the formation of specialized  
35 lipid-protein microdomains critical for signal transduction (Yeagle, 1985; Simons &  
36 Ikonen, 1997; Simons & Toomre, 2000). In addition, as precursors and cofactors of  
37 signaling molecules, they participate in many signaling and regulatory pathways  
38 (Chiang & Ferrell, 2020; Radhakrishnan et al., 2020; Sarkar & Chattopadhyay, 2022;  
39 Thummel & Chory, 2002). While sterols are ubiquitous in eukaryotes, their distribution is  
40 assumed to be kingdom specific: fungi synthesize ergosterol ( $C_{28}$ ); plants harbor a  
41 mixture of phytosterols ( $C_{28}$  to  $C_{29}$ ) dominated by sitosterol, stigmasterol, and  
42 campesterol (Lagarda et al., 2006) and animals use cholesterol ( $C_{27}$ ). These inter-  
43 kingdom differences reflect a complex evolutionary history of sterol synthesis. Previous  
44 phylogenetic analyses suggest that most enzymes for the biosynthesis of plant, fungal,  
45 and animal sterols were already present in the last eukaryotic common ancestor (LECA)  
46 (Desmond & Gribaldo, 2009; Summons et al., 2006), with the kingdom-specific  
47 distribution observed in extant species then evolving from LECA through multiple events  
48 of enzyme losses and specializations.

49 Kingdom-specific sterols differ from each other in only small structural details. For  
50 example, phytosterols differ from cholesterol by the presence of an extra methyl- or  
51 ethyl-group at position  $C_{24}$ . This methylation is catalyzed by  $C_{24}$  sterol methyltransferase  
52 ( $C_{24}$ -SMT), an enzyme widely distributed in plants, protists and fungi but absent in  
53 nearly all animals (Haubrich et al., 2015; Volkman, 2005). The only exception are some  
54 marine sponges, in which  $C_{24}$ -SMT homologues are not related to phytosterol synthesis  
55 but assumed to participate in the synthesis of 24-isopropylcholesterol, a cholesterol  
56 derivative that serves as a sponge biomarker (Germer et al., 2017; Gold et al., 2016).

57 As with most other sterol enzymes, an ancestral C<sub>24</sub>-SMT was likely present in the  
58 LECA but lost early in the evolution of animals, probably after the divergence of  
59 sponges, explaining why this enzyme is absent from bilaterians and why animals lack  
60 the ability to produce phytosterols (Desmond & Gribaldo, 2009; Gold et al., 2016;  
61 Haubrich et al., 2015).

62 Here, we show that phytosterol biosynthesis and use is not restricted to plants. By  
63 screening multiple members of a globally distributed group of marine gutless annelids  
64 from the genera *Olavius* and *Inanidrilus*, we show that all eight species analyzed have  
65 sitosterol as their main sterol and express the genes needed for its synthesis. We  
66 characterized the sitosterol biosynthetic pathway used by these annelids and  
67 demonstrate the importance of a previously uncharacterized group of C<sub>24</sub>-SMT  
68 homologs encoded in these animals' genomes. Using heterologous gene expression  
69 and enzymatic assays, we show that two animal C<sub>24</sub>-SMT homologs are functional and  
70 catalyzes both C-24 and C-28 methylations. Finally, we discovered that C<sub>24</sub>-SMT  
71 homologs are widely distributed across annelids and other animal phyla, including  
72 sponges and rotifers, suggesting that phytosterols may also be synthesized by other  
73 animals Our findings demonstrate that animals are capable of synthesizing and using  
74 phytosterol and that these molecules are not restricted to the plant kingdom, and  
75 suggest that the use of phytosterols as geological biomarkers for plants should be  
76 reconsidered

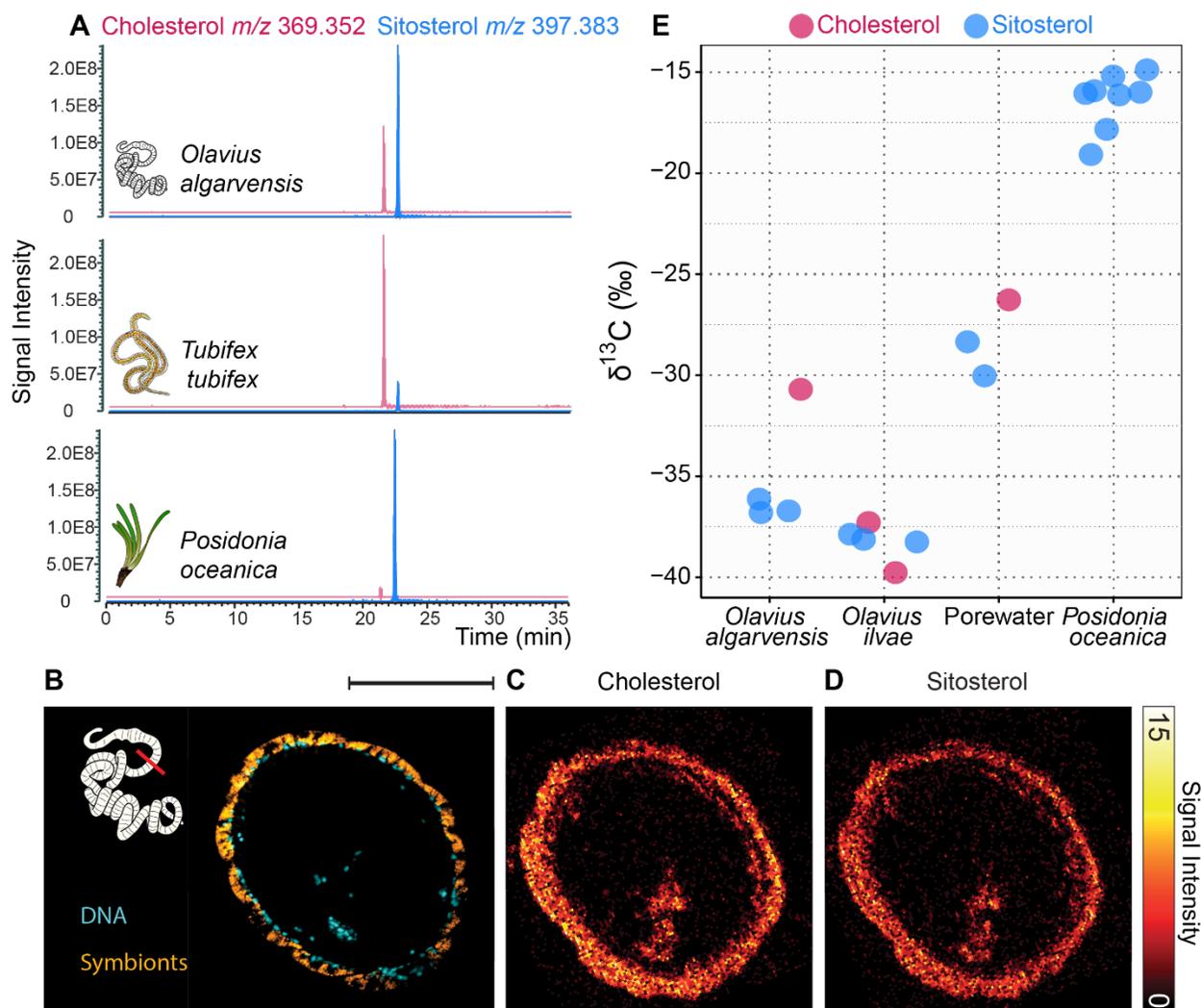
## 77 Results and discussion

### 78 **Sitosterol is the main sterol in the marine gutless annelid *Olavius algarvensis***

79 *O. algarvensis* belongs to a group of gutless marine annelids that are found worldwide,  
80 mainly in coral-reef and seagrass sediments. These annelids lack a digestive system  
81 and are obligately associated with bacterial endosymbionts that provide them with  
82 nutrition (Giere, 1981, 1985; Kleiner et al., 2012; Woyke et al., 2006). As part of our  
83 ongoing efforts to characterize the *O. algarvensis* symbiosis, we analyzed the  
84 metabolome of single worm individuals using both gas chromatography-mass

85 spectrometry (GC-MS) and high-performance liquid chromatography-mass  
86 spectrometry (HPLC-MS). These analyses revealed an unusual sterol composition, with  
87 sitosterol accounting for the majority of the sterols detected (60%), and the remainder  
88 consisting of cholesterol (**Figure 1A**). This was unexpected, as cholesterol usually  
89 dominates the sterol pool in bilaterians, often making up more than 90% of the total  
90 sterol content (Goad, 1981; Sissener et al., 2018). Sitosterol is a phytosterol and,  
91 among bilaterians, has only been reported as the most abundant sterol in a few  
92 phytoparasitic nematodes that are incapable of *de novo* sterol synthesis (Chitwood et  
93 al., 1985, 1987; Cole & Krusberg, 1967). In these plant parasites, it is unclear if the  
94 detected phytosterol is only present in the nematode gut content, or incorporated into  
95 their cells and tissue. The absence of a gut in *O. algarvensis* excludes sterol  
96 contamination from plant matter in the digestive tract. However, sitosterol could  
97 originate from the bacterial symbionts of *O. algarvensis*, which form a thick layer  
98 between the cuticle and the epidermis of the animal (**Figure 1B**).

99 To investigate this possibility, we used two high spatial-resolution metabolite imaging  
100 techniques to localize the two major sterols in *O. algarvensis*. Time-of-Flight Secondary  
101 Ion Mass Spectrometry (TOF-SIMS) data revealed that, at a spatial resolution of 0.4  
102  $\mu\text{m}$ , both sitosterol and cholesterol were uniformly distributed throughout the animals'  
103 tissues (**Figure 1C and 1D**). We found no evidence for a tissue-specific distribution of  
104 these two sterols, that is, there was no correlation between symbiont location and  
105 sitosterol distribution. These findings are supported by a second mass spectrometry  
106 imaging method, matrix-assisted laser desorption ionization mass spectrometry imaging  
107 (MALDI-2-MSI), of cross and longitudinal sections at a spatial resolution of 5  $\mu\text{m}$ . The  
108 MALDI imaging data of longitudinal worm sections confirmed a uniform distribution of  
109 sitosterol and cholesterol throughout the animal (**Supplementary Figure 1 and 2**) and  
110 the identity of these sterols (**Supplementary Table 1**). This homogeneous sterol  
111 distribution suggests that the bacterial symbionts are not the source for  
112 phytosterol in *O. algarvensis*.



113

114 **Figure 1 | *Olavius algarvensis* has an unusual sterol profile dominated by sitosterol, a plant sterol.**

115 **A**, Extracted-ion chromatograms (XIC) of cholesterol ( $[\text{M}-\text{H}_2\text{O}+\text{H}]^+ \text{C}_{27}\text{H}_{45}$  at  $m/z$  369.352 (red)) and sitosterol ( $[\text{M}-$

116  $\text{H}_2\text{O}+\text{H}]^+ \text{C}_{29}\text{H}_{49}$  at  $m/z$  397.383 (blue)). The XICs were generated from lipid extracts of (from top to bottom): the

117 gutless marine annelid *O. algarvensis*, the freshwater annelid *Tubifex tubifex*, and the seagrass *Posidonia oceanica*.

118 **B**, Chemosynthetic symbiotic bacteria are located just below the cuticle of *O. algarvensis*. 16S rRNA fluorescence *in*

119 *situ* hybridization (FISH) image of a cross section through a worm showing the symbionts in yellow (general

120 eubacterial probe) and host nuclei in blue (DAPI). **C and D**, Distribution of sitosterol and cholesterol in *O. algarvensis*

121 measured by TOF-SIMS **C**, Summed intensity of cholesterol ions ( $m/z$  369.38, 385.34, 401.35) measured with TOF-

122 SIMS. **D**, Summed intensity of sitosterol ions ( $m/z$ : 397.47, 383.37, 413.45) as measured by TOF-SIMS. **E**, The  $^{13}\text{C}$

123 isotopic composition of sterols in gutless annelids differed from that of the neighboring seagrass (*P. oceanica*) and

124 sediment porewater. Scale bar in **B-D** 100  $\mu\text{m}$ .

125 ***O. algarvensis* sterols have an isotopic composition that is distinct from their**

126 **environment**

127 Having found no evidence based on sterol distribution for a bacterial origin of sitosterol

128 in *O. algarvensis*, we investigated if these animals acquire their sterols from the

129 environment. Chemical analyses of porewater collected in the vicinity of seagrass  
130 meadows, the habitat of many gutless annelids (including *O. algarvensis*), showed that  
131 sterols were present in the environment in concentrations sufficient to sustain the  
132 growth of small sterol-auxotrophic invertebrates (**Supplementary information and**  
133 **Supplementary Figure 3**). Therefore, we further investigated the origin of sterols in *O.*  
134 *algarvensis* by analyzing the carbon isotopic signature ( $\delta^{13}\text{C}$ ) of sterols in the worms,  
135 their environment (which includes the seagrass *Posidonia oceanica*) and the porewater  
136 of the sediments these worms live in. Carbon isotopic signatures are used to reveal  
137 carbon sources and their paths through the food web. As a rule, the bulk  $\delta^{13}\text{C}$  values of  
138 animals reflect their dietary sources (0.5 ‰ to 2 ‰ difference) (McCutchan et al., 2003;  
139 Tiunov, 2007). The  $\delta^{13}\text{C}$  values of sterols are depleted in  $^{13}\text{C}$  relative to bulk biomass by  
140 5 ‰ to 8 ‰ (Canuel et al., 1997; Hayes, 2018). Results from gas chromatography  
141 isotope ratio mass spectrometry (GC-IRMS) with single metabolite resolution showed  
142 that sitosterol in the seagrass and porewater had  $\delta^{13}\text{C}$  values ranging from -30 ‰ to  
143 -15 ‰ (**Figure 1E and Supplementary information**). The sterols in *O. algarvensis*, as  
144 well as those in another co-occurring gutless annelid species, *Olavius ilvae*, had much  
145 lower  $\delta^{13}\text{C}$  values: -38 ‰ to -36 ‰ for sitosterol and -40 ‰ to -31 ‰ for cholesterol  
146 (**Figure 1E**). The difference in the isotopic signature of sterols in both *Olavius* species  
147 and their environment excludes that these worms acquired sterols from their  
148 environment, and instead indicates an endogenous origin. *O. algarvensis*, as all other  
149 *Olavius* and *Inanidrilus* species, derives all of its nutrition from its chemosynthetic  
150 bacterial symbionts, and this is reflected in its bulk isotopic composition with  $\delta^{13}\text{C}$  values  
151 of -30.6 ‰ (Kleiner et al., 2015). The  $^{13}\text{C}$ -depleted signatures of both cholesterol and  
152 sitosterol by 1 to 10 ‰ compared to bulk biomass in *O. algarvensis* and *O. ilvae* led us  
153 to hypothesize that these animals synthesize both sterols *de novo*, using organic carbon  
154 derived from their chemosynthetic symbionts.

### 155 ***O. algarvensis* encodes and expresses enzymes involved in sitosterol synthesis** 156 **that overlap with those of cholesterol synthesis**

157 Having ruled out an external, environmental source of sitosterol in *O. algarvensis*, we  
158 next investigated if the animals themselves can synthesize this phytosterol. To identify

159 and characterize the biosynthetic pathways involved in sterol production, we sequenced  
160 and assembled the genome of *O. algarvensis* and analyzed metatranscriptomic and  
161 metaproteomic data to search for enzymes involved in *de novo* sterol synthesis,  
162 screening both *O. algarvensis* and its symbionts. These analyses revealed that the  
163 symbionts, as most bacteria, do not encode enzymes involved in sterol synthesis. The  
164 host, on the other hand, possessed the full enzymatic toolbox required for cholesterol  
165 synthesis, with homologs of the 11 enzymes present in the genome of *O. algarvensis*  
166 (**Supplementary Figure 4 and Supplementary Table 2**). The cholesterol biosynthesis  
167 pathway, starting with squalene, is a series of ten connected enzymatic reactions  
168 encoded by 11 genes (**Supplementary Figure 4 and Supplementary Table 3**).  
169 Homologs of all enzymes were transcribed (11 out of 11 enzymes) and many of the  
170 proteins were detected in the proteome of *O. algarvensis* (5 out of 11 proteins)  
171 (**Supplementary Figure 4 and Supplementary Tables 4 and 5**), indicating active  
172 expression of the genes involved in cholesterol synthesis. Phylogenetic analysis  
173 allowed us to assign each homolog to an ortholog group and thus to a potential function  
174 (**Supplementary Figures 5 to 14**). Collectively, these data show that *O. algarvensis*  
175 has all the enzymes required for *de novo* cholesterol synthesis, which in combination  
176 with the isotopic signature of their cholesterol, suggests that these worms are able to  
177 synthesize cholesterol.

178 More importantly, our analyses also identified a homolog of C<sub>24</sub>-SMT, an enzyme  
179 essential to sitosterol synthesis, in the genome of *O. algarvensis* (**Figure 2**). As  
180 described above, bilaterians are thought to lack C<sub>24</sub>-SMT. C<sub>24</sub>-SMT catalyzes the  
181 transfer of a methyl group from S-adenosyl-L-methionine (SAM) to the sterol side chain  
182 and is essential for the biosynthesis of plant sterols. The gene structure of the putative  
183 C<sub>24</sub>-SMT confirmed its eukaryotic origin and excluded bacterial contamination (**Figure**  
184 **2**). The putative C<sub>24</sub>-SMT gene is a 1071 bp open reading frame (ORF) encoding a 356  
185 amino-acid polypeptide (**Supplementary Table 3**), and contains all the conserved  
186 residues characteristic of C<sub>24</sub>-SMT as well as the four conserved signature motifs  
187 responsible for substrate binding (**Supplementary Figure 15**) (Bouvier-Navé et al.,  
188 1998; Jayasimha & Nes, 2008; Nes et al., 2004, 2008; Nes & Heupel, 1986; Schaller,  
189 2004; Veeramachaneni, P. P., 2005). We identified the C<sub>24</sub>-SMT gene in *O. algarvensis*

190 transcriptomes and proteomes, confirming that these animals express this enzyme  
191 **(Figure 2, Supplementary Table 4 and 5)**. Our findings suggest that the *O. algarvensis*  
192 C<sub>24</sub>-SMT gene encodes a functional enzyme that may be involved in sitosterol  
193 metabolism in these annelids, and represents the first discovery of a C<sub>24</sub>-SMT enzyme  
194 in bilaterians.

195 **The *O. algarvensis* C<sub>24</sub>-SMT homolog is bifunctional and consecutively transfers**  
196 **methyl groups to sterol intermediates**

197 Two methylation reactions are required for the final steps of sitosterol synthesis, one that  
198 adds a methyl group at C-24 and one at C-28. These reactions can be catalyzed by the  
199 same or different enzymes. For example, in most plants, C-24 and C-28 methylations are  
200 mediated by different enzyme isoforms, SMT1 and SMT2 (Bouvier-Navé et al., 1998;  
201 Hartmann, 2004; Neelakandan et al., 2009). Alternatively, in basal plants such as green  
202 algae, a single C<sub>24</sub>-SMT catalyzes both methylation steps, (Desmond & Gribaldo, 2009;  
203 Haubrich et al., 2015). Sterol profiles and genome analyses of sponges, where C<sub>24</sub>-SMTs  
204 participate in the synthesis of the cholesterol derivative 24-isopropylcholesterol, suggest  
205 that these enzymes are similarly bifunctional, although their biochemical activity remains  
206 to be characterized (Gold et al., 2016). Since *O. algarvensis* encodes a single C<sub>24</sub>-SMT  
207 homolog, we hypothesized that this enzyme mediates both C-24 and C-28 methylation.

208  
209 To test this hypothesis, we overexpressed *O. algarvensis* C<sub>24</sub>-SMT in *Escherichia coli*  
210 and examined its enzymatic activity, substrate preferences, and products by assaying  
211 crude protein extracts with a methyl-donor (S-adenosylmethionine, SAM) and different  
212 sterol substrates. The C<sub>24</sub>-SMT from *O. algarvensis* expressed in *E. coli* was not able to  
213 methylate classical plant sterol substrates (**Supplementary Table 14**). However, the  
214 enzyme was able to methylate zymosterol and desmosterol, two intermediates of the  
215 cholesterol biosynthetic pathway. When incubated with either of these sterol substrates  
216 and SAM, the *O. algarvensis* C<sub>24</sub>-SMT produced a methylated C<sub>28</sub> product (**Figure 2**  
217 **and Supplementary Figure 16-19**). Zymosterol was methylated to fecosterol and  
218 desmosterol to 24-methylene-cholesterol. The shift in retention times and changes in  
219 mass spectra of the products indicated that a methyl group was added to their sterol



228 essential to sitosterol synthesis. Dots indicate detection in the genome, transcriptome and proteome of *O.*  
229 *algarvensis*. **B**, The *O. algarvensis* C<sub>24</sub>-SMT gene consists of 4 exons forming a 1071 bp open reading frame  
230 encoding a 356 amino-acid polypeptide. The four conserved regions of the enzyme are highlighted by red arrows. **C**,  
231 Chromatograms of enzymatic assays with desmosterol (top) and 24-methylene-cholesterol (bottom) as substrates. *O.*  
232 *algarvensis* C<sub>24</sub>-SMT, after overexpression in *E. coli*, added a methyl group to the side chains of desmosterol and 24-  
233 methylene-cholesterol. In the first methylation desmosterol, an intermediate of cholesterol synthesis, was methylated  
234 to produce 24-methylene-cholesterol (C<sub>28</sub> sterol). In the second methylation, 24-methylene-cholesterol was  
235 methylated to produce fucosterol (C<sub>29</sub> sterol). **D**, Mass spectra of the different substrates and methylated products  
236 from the enzymatic assays. Sterol intermediates differ by the number of methyl groups (CH<sub>2</sub> at *m/z* 14) attached to  
237 their side chain. The side chain of desmosterol is not methylated, 24-methylene-cholesterol has a methyl group at C-  
238 24, and fucosterol has two methyl groups at C-24 and C-28. The substrates and methylated products were identified  
239 by MS, retention time and comparison with standards. The fragmentation pattern suggests that the methyl groups  
240 were added to the side chain of the sterols. **E**, Structural representation of the two methylation steps in *O.*  
241 *algarvensis*. **F**, Comparison of the enzyme used in the proposed sterol synthesis pathways in *Olavius* to the canonical  
242 cholesterol and sitosterol synthesis pathways (similar enzymatic reactions are colored similarly). The first six steps  
243 are common to both cholesterol and sitosterol synthesis pathways. This trunk pathway branches off after the  
244 synthesis of desmosterol. For sitosterol synthesis, desmosterol is first methylated by C<sub>24</sub>-SMT to 24-methylene-  
245 cholesterol, which is then methylated in a second, consecutive step by C<sub>24</sub>-SMT to fucosterol. Fucosterol is reduced  
246 to sitosterol by a sterol C<sub>24</sub>-reductase (DHCR24, DIM). Squalene monooxygenase (SQE), oxydosqualene cyclase  
247 (LAS, CAS), sterol 14 demethylase (CYP51), sterol 14-reductase (LBR, FK), C-4 demethylation (C-4 dem.), Sterol  
248  $\Delta^7$ - $\Delta^8$  isomerase (EBP, HYD1), sterol 5-desaturase (SC5DL, DWF7), sterol  $\Delta^7$  reductase (DHCR7, DWF5), and C-  
249 24 sterol methyltransferase (C<sub>24</sub>-SMT, SMT1, SMT2).

250 After confirming the first methylation step at C-24, we next searched for potential  
251 substrates for the second methylation step at C-28. This second methylation is essential  
252 as sitosterol is a C<sub>29</sub> compound, characterized by the presence of two methyl groups on  
253 its side chain. To test our hypothesis that both of these methylations are catalyzed by  
254 the *O. algarvensis* C<sub>24</sub>-SMT, we selected the product of the first methylation, 24-  
255 methylene-cholesterol, as well as campesterol, as potential substrates for the second  
256 methylation (**Supplementary Figure 20**). 24-methylene-cholesterol was the only  
257 substrate to which the *O. algarvensis* C<sub>24</sub>-SMT added a methyl group, producing the C<sub>29</sub>  
258 compound fucosterol (**Figure 2 and Supplementary Figure 20 and 21**). 24-methylene-  
259 cholesterol is the product of the methylation of desmosterol, providing evidence to  
260 support our hypothesis that in *O. algarvensis*, the C-24 and C-28 methylations are  
261 catalyzed by the same enzyme and occur consecutively. That is, the *O. algarvensis* C<sub>24</sub>-  
262 SMT first methylates desmosterol at C-24 to produce the C<sub>28</sub> sterol 24-methylene-  
263 cholesterol, and then adds a second methyl group to 24-methylene-cholesterol at C-28,  
264 to produce the C<sub>29</sub> sterol fucosterol. Fucosterol differs from sitosterol by the presence of  
265 a double bond at position C-24(28). This double bond is most likely removed by the  
266 delta(24)-sterol reductase (DHCR24), which is expressed based on its presence in *O.*  
267 *algarvensis* transcriptomes (**Supplementary Figure 4 and 14**). These results provide

268 the first evidence for an animal C<sub>24</sub>-SMT able to catalyze the two methylation steps  
269 needed to synthesize sitosterol from a cholesterol intermediate, revealing a previously  
270 unknown pathway for phytosterol synthesis in animals (**Figure 2**).

### 271 **C<sub>24</sub>-SMT homologs are widespread in annelids**

272 Having demonstrated the activity of an animal C<sub>24</sub>-SMT homolog that enables *O.*  
273 *algarvensis* to synthesize sitosterol *de novo*, we asked if other gutless annelids also  
274 encode functional C<sub>24</sub>-SMTs. To answer this question, we analyzed the sterol contents  
275 of six additional gutless annelid species, collected at locations in the Mediterranean Sea  
276 (Elba, Mallorca, Monaco) and the Caribbean Sea (Bahamas, Belize). All six species had  
277 similar lipid profiles as *O. algarvensis*, with sitosterol as their major sterol  
278 (**Supplementary Table 6 and Supplementary information**).

279 In addition to lipid profiling, we screened the transcriptomes of nine *Olavius* and  
280 *Inanidrilus* species and found all nine species expressed a C<sub>24</sub>-SMT homolog  
281 (**Supplementary Table 7**), including *O. ilvae*, which had similarly negative sitosterol  
282  $\delta^{13}\text{C}$  values as *O. algarvensis* (**Figure 1E**) and also encodes a C<sub>24</sub>-SMT in its genome  
283 (**Supplementary Table 3**). We confirmed the C-24 methylation ability of a second C<sub>24</sub>-  
284 SMT homolog, from *O. clavatus*, by heterologously expressing this gene in *E. coli*. Our  
285 biochemical assays demonstrated that the C<sub>24</sub>-SMT from *O. clavatus* is also a  
286 bifunctional sterol methyltransferase, capable of methylating zymosterol, desmosterol  
287 and 24-methylene-cholesterol (**Supplementary Figure 16, 17 and 21**).

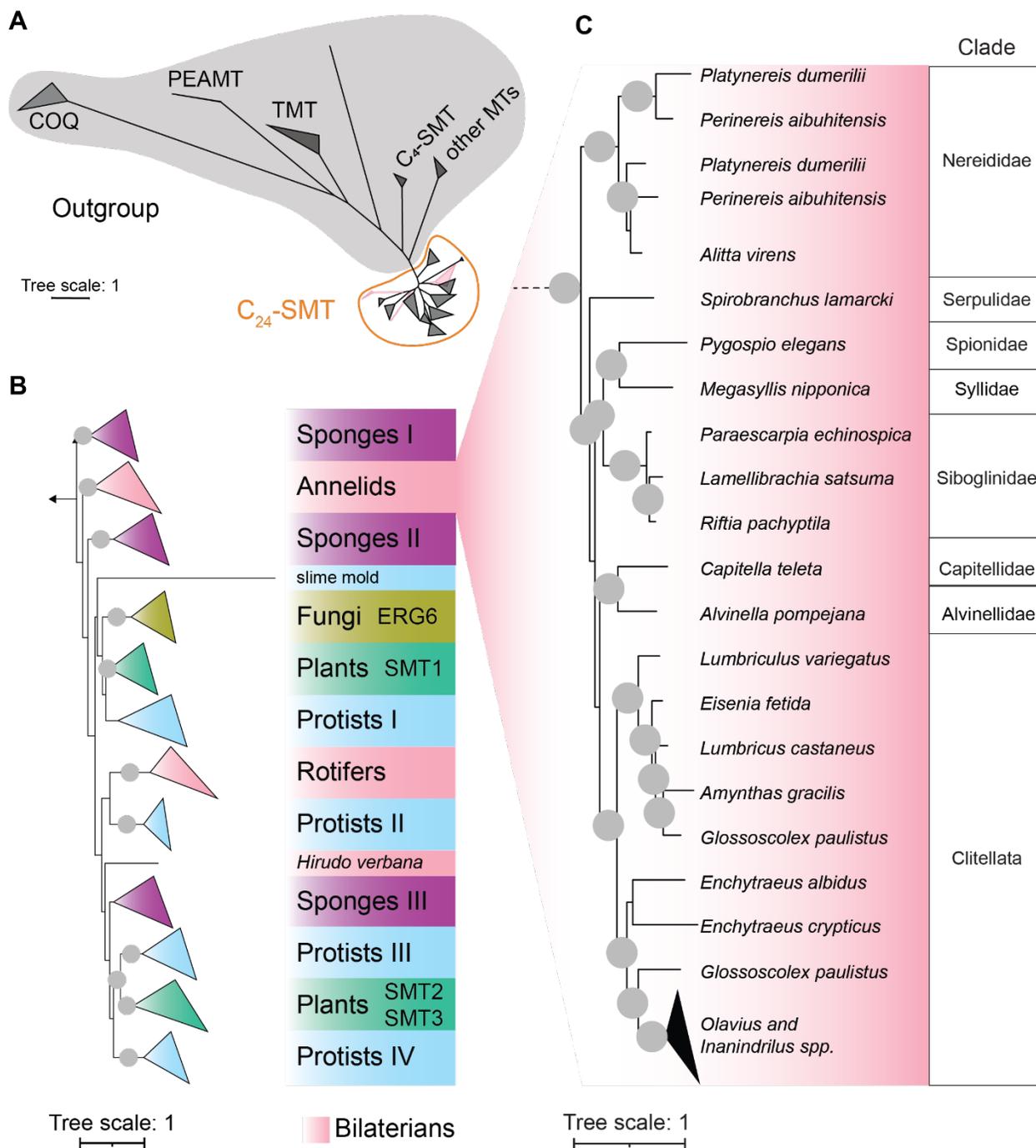
288 We next asked if C<sub>24</sub>-SMT homologs are present in other annelids. We screened  
289 published transcriptomes and identified C<sub>24</sub>-SMTs homologs in three deep-sea gutless  
290 tubeworm species and in 17 gut-bearing annelid species from marine, limnic and  
291 terrestrial environments (**Supplementary Table 8**). Despite the presence of C<sub>24</sub>-SMT  
292 homologs in these annelids, the published sterol profiles of annelids, including four gut-  
293 bearing species analyzed in this study, are dominated by cholesterol (**Supplementary**  
294 **Table 8, Figure 1A**). However, sitosterol and other methylated/ethylated sterols (C<sub>28</sub>  
295 and C<sub>29</sub> sterols) account for a considerable proportion of total sterols at 15-30% in some  
296 of these species, including the hydrothermal vent and cold seep tubeworms *Riftia*

297 *pachyptila* and *Paraescarpia echinospica* (**Supplementary Table 8**). These deep-sea  
298 siboglinid annelids are only distantly related to *Olavius* and *Inanidrilus*, but also lack a  
299 gut and gain all of their nutrition from their chemosynthetic symbionts (Bright & Giere,  
300 2005). The sterol contents of these tubeworms are dominated by cholesterol and  
301 desmosterol, but the C<sub>28</sub> sterol campesterol and other phytosterols make up as much as  
302 nearly one third of their sterol contents (Guan et al., 2021; Phleger et al., 2005; Rieley et  
303 al., 1995). Our discovery of C<sub>24</sub>-SMTs homologs in these deep-sea annelids indicate  
304 that these tubeworms are able to synthesize phytosterols as well.

305 **Bona fide C<sub>24</sub>-SMT homologs are present in at least three animal phyla: sponges,**  
306 **rotifers and annelids**

307 To assess the broader distribution of C<sub>24</sub>-SMT homologs among animals, we performed  
308 protein searches against public databases (see Materials and Methods for details). Hits  
309 were found in six other animal phyla: sponges, cnidarians, mollusks, nematodes,  
310 chordata and rotifers. Of these, the C<sub>24</sub>-SMT homologs detected in sponges, rotifers  
311 and annelids were identified as bona fide animal C<sub>24</sub>-SMTs (**Figure 3, Supplementary**  
312 **information**) and are described in the next paragraph. The C<sub>24</sub>-SMTs recovered from  
313 cnidarians, mollusks and chordata are unlikely to originate from the animals themselves.  
314 Their phylogenetic placement and high similarities to plant, algal and protist sequences  
315 suggest that these sequences originated from these animals' diets or are contaminants  
316 (**Supplementary Figure 22 and Supplementary information**). We also found hits in  
317 some nematodes, but these belonged to a group of C-4 sterol methyltransferases (C<sub>4</sub>-  
318 SMTs), that are specific to nematodes (Chitwood, 1991; Darnet et al., 2020) and  
319 phylogenetically distinct from C<sub>24</sub>-SMTs (**Figure 3B, Supplementary Figure 22**).

320



321

322 **Figure 3 | C<sub>24</sub>-SMTs are widely distributed across animals, particularly sponges, rotifers and annelids.**  
 323 **A**, The animal C<sub>24</sub>-SMT sequences cluster with bona fide plant and fungal C<sub>24</sub>-SMTs and are phylogenetically distant  
 324 from other SAM-dependent methyltransferases (outgroup: Ubiquinone biosynthesis O-methyltransferase (COQ),  
 325 phosphoethanolamine N-methyltransferase (PEAMT), tocopherol O-methyltransferase (TMT), C<sub>4</sub> sterol  
 326 methyltransferase (C<sub>4</sub>-SMT)). Unrooted maximum likelihood amino acid tree for eukaryotic SAM-dependent  
 327 methyltransferases. **B**, Maximum likelihood amino acid tree of eukaryotic C<sub>24</sub>-SMTs. Sequences were clustered at  
 328 95% identity to make the tree more readable. Nodes with bootstrap value > 95 % are marked with grey circles. The

329 tree is rooted at midpoint. **C**, C<sub>24</sub>-SMT homologs were detected in annelids from eight clades and were found in  
330 marine, limnic and terrestrial species.

331 Our phylogenetic analyses of bona fide C<sub>24</sub>-SMTs revealed that these fall into 12 clades  
332 (**Figure 3**). These 12 clades include canonical C<sub>24</sub>-SMTs from plants (SMT1 and  
333 SMT2/SMT3) and fungi (ERG6), which have been extensively characterized in previous  
334 studies (e.g. (Bouvier-Navé et al., 1998, p.; Haubrich et al., 2015; Nes et al., 2004)).  
335 Animal C<sub>24</sub>-SMTs do not cluster with these plant and fungi clades, suggesting that these  
336 canonical C<sub>24</sub>-SMTs were lost in the lineage leading to animals. Animal C<sub>24</sub>-SMTs fell in  
337 five subgroups. Three of these animal subgroups are from sponge C<sub>24</sub>-SMTs and are  
338 widely distributed across the tree. The remaining two animal clades contain sequences  
339 from annelids and rotifers (**Supplementary Information**) The annelid clade includes  
340 the C<sub>24</sub>-SMTs we discovered in gutless *Olavius* and *Inanidrilus*, and have shown are  
341 functional in producing sitosterol *de novo* in these animals. This clade also includes the  
342 C<sub>24</sub>-SMTs from all other annelids (26 species). These C<sub>24</sub>-SMTs are widely distributed  
343 across the annelid tree in eight orders, and in annelids from limnic, terrestrial and  
344 marine environments (**Figure 3**). Given that the phylogeny of C<sub>24</sub>-SMT corresponds well  
345 to the phylogenetic evolution of annelids (**Figure 3**), it is likely that C<sub>24</sub>-SMT was present  
346 in the last common ancestor of annelids.

## 347 Conclusions

348 Here we describe and characterize a non-canonical animal C<sub>24</sub>-SMT that enables  
349 animals to synthesize sitosterol in a previously undescribed pathway that is distinct from  
350 that of plants.

351 Our phylogenetic analyses of C<sub>24</sub>-SMTs provide new insights into the evolutionary  
352 history of sterols in eukaryotes. While ubiquitous in plants and fungi, C<sub>24</sub>-SMTs were  
353 thought to be largely absent from animals (Haubrich et al., 2015; Volkman, 2005). Prior  
354 to this study, animal C<sub>24</sub>-SMT sequences had only been reported in a few sponges (one  
355 of the earliest diverging animal lineages) (Germer et al., 2017; Gold et al., 2016) and the  
356 annelid *Capitella teleta* (Najle et al., 2016), but the activity of these enzymes remains  
357 uncharacterized and their role in phytosterol synthesis was not explored. It has been

358 assumed that C<sub>24</sub>-SMTs were present in the last eukaryotic common ancestor (LECA)  
359 and then lost in the animal branch (Desmond & Gribaldo, 2009; Gold et al., 2016;  
360 Haubrich et al., 2015). Our results, however, indicate that while the ancestral homologs  
361 that led to extant plant and fungal C<sub>24</sub>-SMTs were lost in the lineage leading to animals,  
362 they retained non-canonical C<sub>24</sub>-SMTs. These non-canonical C<sub>24</sub>-SMTs are present in  
363 at least three animal phyla, and sitosterol is the dominant sterol in at least some of  
364 these animals, particularly *Olavius* and *Inanidrilus*. Our analyses also revealed that the  
365 C<sub>24</sub>-SMTs sequences isolated from sponges and protists are widely distributed across  
366 the animal tree, suggesting that ancestral eukaryotes may have had several copies of  
367 the C<sub>24</sub>-SMT enzyme and flexible sterol synthesis pathways. While previous  
368 phylogenetic analyses indicated that at least one copy of the C<sub>24</sub>-SMT gene was  
369 present in LECA (Desmond & Gribaldo, 2009; Gold et al., 2016), our data suggest that  
370 more copies were present in the LECA and that the evolutionary history of sterol  
371 synthesis pathways is more complex than previously assumed. Our results furthermore  
372 challenge the widespread assumption that sterols can be used as geological biomarkers  
373 for teasing apart the evolutionary history of early plants and animals (Summons et al.,  
374 2022).

375 Given that C<sub>24</sub>-SMTs are widespread in animals, how can we explain the unusually high  
376 abundance of phytosterols in gutless *Olavius* and *Inanidrilus*? As described above,  
377 other gutless animals that gain their nutrition from chemosynthetic symbionts (such as  
378 vent and seep tubeworms) also have C<sub>28</sub> and C<sub>29</sub> sterol, but only *Olavius* and *Inanidrilus*  
379 have higher amount of sitosterol than cholesterol. Sterols play many essential roles in  
380 eukaryotes and their homeostasis is tightly regulated by complex mechanisms (Luo et  
381 al., 2020; Wollam & Antebi, 2011). Animal membranes are usually dominated by  
382 cholesterol, but studies have shown that phytosterols can be incorporated into animal  
383 membranes (Mouritsen & Zuckermann, 2004) and can have beneficial effects on  
384 animals. For example, they act as cholesterol-lowering agents, have anti-tumor, anti-  
385 inflammatory, antibacterial and antifungal properties (Bin Sayeed & Ameen, 2015;  
386 Saeidnia et al., 2014), and modulate interactions between bacterial pathogens and  
387 eukaryotic hosts (van der Meer-Janssen et al., 2010). Therefore, the anti-inflammatory  
388 and antibacterial properties of sitosterol, as well as its ability to protect animal cells

389 against toxins that target cholesterol (Li et al., 2015), might play a role in the symbiosis  
390 between *Olavius* and *Inanidrilus* and their chemoautotrophic symbionts, by preventing  
391 the symbionts from entering the host cytoplasm. In addition, changes in sterol  
392 composition affect the fluidity and permeability of membranes, and these physical  
393 changes in turn affect many cellular processes. For example, the high levels of  
394 sitosterol in *Olavius* and *Inanidrilus* might increase the permeability of their membranes  
395 for dissolved gases from their environment. These hosts compete with their aerobic  
396 symbionts for the little oxygen available in their environment. Under oxic conditions,  
397 these worms' symbionts consume 90% of the oxygen taken up by the worms (Häusler,  
398 Lott and Dubilier, unpublished results), indicating that the worms may often experience  
399 oxygen limitation. Furthermore, sitosterol has been shown to enhance mitochondrial  
400 energy metabolism in a mouse cell line (Shi et al., 2013), and might enable *Olavius* and  
401 *Inanidrilus* to gain more energy under low oxygen concentrations in their environment.  
402 While additional studies are needed to elucidate the physiological and/or ecological  
403 roles of sitosterol in animals, *Olavius* and *Inanidrilus* are valuable model systems for  
404 studying the impact of phytosterols on animal membrane properties *in vivo* and  
405 furthering our understanding of the roles sterols play in eukaryotic cells.

## 406 Materials and Methods

407 **Reagents.** All organic solvents were LC–MS grade: acetonitrile (ACN; Honeywell,  
408 Honeywell Specialty Chemicals), chloroform (Merck), isopropanol (IPA; BioSolve),  
409 methanol (MeOH; BioSolve), hexane (Sigma-Aldrich), acetone (Sigma-Aldrich), ethanol  
410 (EtOH; Sigma-Aldrich) and formic acid (FA; Sigma-Aldrich). Water was deionized using  
411 the Astacus MembraPure system (MembraPure). Pyridine (dried (max. 0.0075% H<sub>2</sub>O)  
412 SeccoSolv®) was obtained from Sigma-Aldrich. The reagents used for GC-MS  
413 derivatization were obtain from Chromatographie Service and Sigma-Aldrich. The  
414 internal standards (5 $\alpha$ -cholestane and Ribitol) used for GC-MS analysis were obtained  
415 from Sigma-Aldrich.

## 416 Sampling

417 **Gutless annelids.** Sediments in which gutless annelids occur were collected by scuba  
418 diving. The worms were extracted manually from the sediment and either directly fixed  
419 in MeOH or kept in aquaria with seagrass and sediment from the collection site for up to  
420 one year before use in experiments. Six gutless annelid species, belonging to two  
421 different genera were collected in five locations: the bay of Sant'Andrea (Island of Elba,  
422 Italy) (42° 48' 29.4588" N; 10° 8' 34.4436" E), the bay of Magaluf (Mallorca, Spain) (39°  
423 30' 14.814" N; 2° 32' 35.868" E), at Carrie Bow Cay (Belize) (16° 04' 59" N; 88° 04' 55"  
424 W), Twin Cayes (Belize) (16° 50' 3" N; 88° 6' 23" W), and Okinawa (Japan) (26° 29'  
425 33.4" N; 127° 50' 31.6" E).

426 **Gut-bearing annelids.** *Cirratulidae* sp., *Heronidrilus* sp. and *Rhyacodrilus* sp. were  
427 collected in Belize in the same environments as the gutless annelids. They were  
428 extracted manually from the sediment and directly fixed in MeOH. *Tubifex tubifex*  
429 specimens were purchased in an aquarium shop and kept in aquaria for two weeks  
430 before fixation in MeOH. *Capitella teleta* worms were provided by the Meyer Lab  
431 (<https://wordpress.clarku.edu/nmeyer/>) and kept in aquarium before fixation in MeOH.  
432 The MeOH fixed samples were stored at - 20°C until extraction.

433 **Seagrass.** Seagrass plants (*Posidonia oceanica*) were collected by scuba diving in the  
434 bay of Sant'Andrea (Elba, Italy) (42° 48' 29.4588" N; 10° 8' 34.4436" E). The leaves,  
435 roots and rhizomes were dissected using a razor blade, placed into individual bags and  
436 stored at -20°C.

437 **Porewater.** Porewater was collected from sediments for metabolomic analyses. We  
438 sampled in and near seagrass meadows in the Mediterranean Sea in the bay of  
439 Sant'Andrea (Elba, Italy) (42° 48' 29.4588" N; 10° 8' 34.4436" E) and in the Caribbean  
440 at Carrie Bow Cay (Belize) (16° 04' 59" N; 88° 04' 55" W) and Twin Cayes (Belize) (16°  
441 50' 3" N; 88° 6' 23" W). Using a steel lance (1 m long, 2 mm inner diameter) fitted with a  
442 wire mesh (63 µm) to prevent the intake of sediment and seagrass, porewater was  
443 slowly extracted from sediments into polypropylene syringes. A porewater profile

444 consisted of top to bottom sampling of the sediments every 5 or 10 cm down to 30 cm.  
445 For metabolomic analysis, 10 mL samples were stored at -20°C until further processing.

## 446 Metabolite extraction

447 **Gutless and gut-bearing annelids.** Metabolites were extracted from the worms using  
448 the following method for metabolite profiling: Tissues from MeOH fixed worms were  
449 transferred to 2 mL screwcap tubes containing a mix of silica beads (Sigmund Linder).  
450 The residual methanol was added to the screw cap tube. The tubes were spiked with  
451 100 µL 5α-cholestane (1 mM) and 40 µL ribitol (0.2 mg mL<sup>-1</sup>). 0.5 mL pre-cooled  
452 extraction solution (ACN:MeOH:water (v:v:v) 2:2:1) was added to each tube.

453 Tissues were disrupted by bead beating for 2 cycles of 40 sec (4 m sec<sup>-1</sup>). The tissues  
454 were pelleted by centrifugation (9,600 x g, 2 min), and the supernatants transferred to  
455 new tubes. The pellets were extracted one more time with 1.5 mL of extraction solution.  
456 The supernatants were combined and evaporated to dryness in a vacuum concentrator  
457 without heating (approximately 1.5 h). The obtained aliquots were stored at -20°C until  
458 metabolite derivatization.

459 **Seagrass.** The frozen plant tissues were ground to a fine powder in liquid nitrogen  
460 using a pestle and mortar. 70 mg of the powder was transferred to 2 mL screw cap  
461 tubes containing 1.2 mL MeOH (pre-cooled at -20°C). The tubes were vortexed for 10 s.  
462 The internal standards were added to the tubes: 40 µL ribitol (0.2 mg mL<sup>-1</sup>) and 100 µL  
463 5α-cholestane (1 mM), and the tubes were vortexed for another 10 sec. The tubes were  
464 placed on a thermomixer and shaken for 10 min at 70°C at 950 rpm. The plant powder  
465 was pelleted by centrifugation (10 min, 11,000 × g, 4°C). The supernatant was  
466 transferred into a new 2 mL Eppendorf tube and evaporated to dryness using a  
467 Concentrator Plus (Eppendorf) (V-AL, 1.5 h, 45°C). The dried extracts were stored at -  
468 20°C until metabolite derivatization.

469 **Porewater.** Sterols were extracted using Superclean LC-18 SPE tubes (6 mL, 0.5 g,  
470 Supelco). The silica cartridge was equilibrated using an ultra-pure water (UPW):MeOH  
471 dilution series (0:1, 1:4, 1:1, 4:1, 1:0 [v/v]). The porewater samples were spiked with

472 internal standard (100  $\mu$ L 5 $\alpha$ -cholestane (1mM)), before being loaded on the column.  
473 Impurities were removed by three successive UPW washes, and the sterols eluted from  
474 the cartridge with 3  $\times$  5 mL of MeOH. The MeOH fractions were collected and  
475 evaporated to dryness using a Concentrator Plus on V-AL mode with centrifugation at  
476 30°C. Positive and negative controls were run in parallel. For negative controls sterols  
477 were extracted from 10 mL of artificial sea water (ASW). As with positive controls, 10  
478 mL ASW was spiked with 20, 40, or 80 nmol cholesterol and  $\beta$ -sitosterol. The dried  
479 extracts were stored at -20°C until metabolite derivatization.

## 480 GC-MS analysis

481 **Derivatization.** To remove condensation formed during storage, we further dried the  
482 extracts in a vacuum concentrator for 30 min prior to sample preparation for GC-MS  
483 analysis.

484 **Gutless and gut-bearing annelids.** Metabolite derivatization was performed by adding  
485 80  $\mu$ L methoxyamine hydrochloride (MeOX) dissolved in pyridine (20 mg mL<sup>-1</sup>) to the  
486 dried pellet and incubating for 90 min at 37°C using a thermomixer (BioShake iQ,  
487 Analytik Jena) under constant rotation at 1350 rpm. Following the addition of 100  $\mu$ L  
488 N,O-Bis(trimethylsilyl)trifluoroacetamide (BSTFA), each extract was vortexed, and  
489 incubated for another 30 min at 37°C on a thermomixer under constant rotation at 1350  
490 rpm. After a short centrifugation, 100  $\mu$ L of the supernatant was transferred to a GC-MS  
491 vial (Insert G27, sping S27 and Mikor-KH-Vial G1; Chromatographic Service) for GC-  
492 MS data acquisition.

493 **Seagrass.** 80  $\mu$ L of MeOX (20 mg mL<sup>-1</sup> dissolved in pyridine) was added to the dried  
494 extracts. The resuspended dried extracts were vortexed for a few seconds and placed  
495 on a thermomixer (BioShake iQ, Analytik Jena) for 90 min (37°C, 1200 rpm). 80  $\mu$ L  
496 BSTFA was added to the tubes. The tubes were vortexed for a few seconds and placed  
497 on a thermomixer for 15 min (60°C, 1200 rpm). After a short centrifugation, 100  $\mu$ L of  
498 the supernatant was transferred into GC-MS vials (Insert G27, sping S27 and Mikor-KH-  
499 Vial G1; Chromatographic Service) and analyzed by GC-MS.

500 **Porewater.** After complete evaporation, 80  $\mu$ L BSTFA was added to the tubes. The  
501 tubes were gently vortexed and placed on a thermomixer for 15 min (60°C, 950 rpm).  
502 After a short centrifugation (1 min, 7,800  $\times$  g), the supernatant was transferred into GC-  
503 MS vials and analyzed.

504 **Data acquisition.** The analysis of all metabolomic samples was conducted on a 7890B  
505 GC system (Agilent Technologies) coupled to a 5977A single quadrupole mass  
506 selective detector (Agilent Technologies). The gas chromatograph was equipped with a  
507 DB-5 ms column (30 m  $\times$  0.25 mm, film thickness 0.25  $\mu$ m; including 10 m DuraGuard  
508 column, Agilent Technologies) and a GC inlet liner (ultra inert, splitless, single taper,  
509 glass wool, Agilent). Helium was used as gas carrier at a constant flow (0.8 mL min<sup>-1</sup>).  
510 An Agilent 7693 autosampler injected 1  $\mu$ L of derivatized sample in splitless mode. The  
511 injector temperature was set at 290°C. The temperature program started at 60°C for 2  
512 min, then increased to 300°C at 10°C min<sup>-1</sup>, and held at 325°C for 7 min. Mass spectra  
513 were acquired in electron ionization mode at 70 eV across the mass range of 50–600  
514  $m/z$  and a scan rate of 2 scans sec<sup>-1</sup>. The retention time was locked using a standard  
515 mixture of fatty acid methyl esters (Sigma-Aldrich).

516 **Data analysis.** Sterols were identified through comparison with standards using the  
517 Mass Hunter Suite (Agilent) and through comparison to the NIST database. Sterols  
518 were further quantified using the Mass Hunter Quantification Suite (Agilent).

## 519 HPLC-MS

520 **High-resolution LC–MS/MS.** The analysis was performed using a QExactive Plus  
521 Orbitrap (Thermo Fisher Scientific) equipped with a HESI probe and a Vanquish  
522 Horizon UHPLC system (Thermo Fisher Scientific). The lipids were separated on an  
523 Accucore C30 column (150  $\times$  2.1 mm, 2.6  $\mu$ m, Thermo Fisher Scientific), at 40°C, using  
524 a solvent gradient. Buffer A (60:40 ACN:H<sub>2</sub>O, 10 mM ammonium formate, 0.1% FA)  
525 and buffer B (90:10 IPA:ACN, 10 mM ammonium formate, 0.1% FA) (Breitkopf et al.,  
526 2017) were used at a flow rate of 350  $\mu$ L min<sup>-1</sup>. The lipids were eluted from the column  
527 with a gradient starting at 0% buffer B (**Supplementary Table 10**). The injection volume

528 was 10  $\mu$ l. In the same run, MS measurements were acquired in positive-ion and  
529 negative-ion mode for a mass detection range of  $m/z = 150$ – $1,500$ . Resolution of the  
530 mass analyzer was set to 70,000 for MS scans and 35,000 for MS/MS scans at  $m/z =$   
531 200. MS/MS scans of the eight most abundant precursor ions were acquired in positive-  
532 ion and negative-ion modes. Dynamic exclusion was enabled for 30 sec and collision  
533 energy was set to 30 eV (for more details see **Supplementary Table 11**). The data  
534 were analyzed with Thermo FreeStyle™ (version 1.6) and Xcalibur Quan Browser  
535 Software v. 2.0.3 (Thermo).

## 536 GC-IRMS

537 **Sample preparation.** Sterols were extracted from the gutless annelids *O. algarvensis*  
538 and *O. ilvae*, as well as from the rhizome and leaves of *P. oceanica*. All samples were  
539 extracted with dichloromethane:MeOH (2:1) three times. The resulting total lipid extracts  
540 were then separated by solid phase extraction with a Machery & Nagel aminopropyl  
541 modified silica gel column (500mg) into four fractions with increasing polarity (see  
542 (Birgel et al., 2008)). For the sterols, the third fraction was used  
543 (dichloromethane:acetone 9:1). Prior to measurement on the GC-MS and GC-IRMS, the  
544 samples were silylated with BSTFA. The porewater samples were extracted as  
545 described above.

546 **Data acquisition.** The resulting sterols were identified on a Thermo Electron Trace  
547 DSQ II coupled gas chromatograph mass spectrometer (GC-MS). The GC-MS was  
548 equipped with a 30 m HP-5 MS UI fused silica capillary column (0.25 mm diameter, 0.25  
549  $\mu$ m film thickness). The carrier gas was helium. The GC temperature program was as  
550 follows: 60°C (1 min), from 60°C to 150°C at 10°C min<sup>-1</sup>, from 150°C to 325°C at 4°C  
551 min<sup>-1</sup>, 25 min isothermal. Identification of compounds was based on retention times and  
552 published mass spectral data. Compound-specific carbon stable isotope compositions  
553 of sterols were measured on a gas chromatograph (Agilent 6890) coupled with a  
554 Thermo Finnigan Combustion III interface to a Finnigan Delta Plus XL isotope ratio  
555 mass spectrometer (GC-IRMS). The GC conditions were identical to those described  
556 above for GC-MS analyses. All sterols were corrected for the additional carbons

557 introduced by derivatization with BSTFA. The standard deviation of the isotope  
558 measurements was < 0.8‰.

## 559 MALDI-2-MSI

560 **Sample preparation.** The worms were prepared following Kadesch et al. (2019) with a  
561 few modifications. Briefly, 20 µL 6.7% glutaraldehyde solution in marine phosphate  
562 buffered saline were deposited on a glass slide. Gutless annelids were transferred to  
563 the fixative using bent acupuncture needles. A coverslip was applied, and samples were  
564 frozen in liquid nitrogen and stored at -80°C until further processing.

565 A single worm was transferred using featherweight forceps onto a sodium  
566 carboxymethyl cellulose (CMC; Sigma-Aldrich) stamp which was glued onto a cryostat  
567 specimen disc (Leica). Gelatin solution (8 % ( $\beta = 80 \text{ g L}^{-1}$ ), 10-20 µL) was used to coat  
568 the worm. The specimen disc with the sample was transferred to the cryostat (Leica  
569 CM3050 S, Leica Biosystems) and kept for 30 min at -22°C before sectioning into  
570 sections of 12 µm thickness (chamber temperature -22°C, object temperature -22°C).  
571 Sections were thaw-mounted on IntelliSlides (Bruker Daltonics), and their quality  
572 determined microscopically. Sections of sufficient quality were stored in a desiccator at  
573 room temperature (RT) until further analysis.

574 **Matrix application and data acquisition.** The matrix 2',5'-dihydroxyacetophenone  
575 (DHAP; Merck) was applied by sublimation and the data were acquired on a modified  
576 timsTOF fleX instrument (Bruker Daltonics, Bremen, Germany) (Soltwisch et al., 2020)  
577 as described in (Bien et al., 2021). The mass resolving power of this hybrid QTOF-type  
578 instrument is about 40,000 (fwhm) in the investigated  $m/z$  range of 300–1500. For  
579 material ejection, a scan range of 1 µm of the laser spot on the target was used,  
580 resulting in an ablated area of 5 µm in diameter. The step size of the stage during the  
581 MSI run was set to 5 µm. The laser power was set to 40%, with 50 laser shots/pixel.

582 **Data analysis.** SCiLS lab (Bruker Daltonics, version 2021a) was used for data analysis  
583 and to produce the ion images shown in the figures. For image visualization, an interval

584 width of 15 ppm was used. The ion images represent the data after root mean square  
585 normalization and without denoising.

## 586 TOF-SIMS

587 **Sample preparation.** *O. algarvensis* specimens were fixed with 4% paraformaldehyde  
588 (PFA) at 4°C for 4 h. The fixative was removed by washing three times with marine  
589 phosphate buffer. The washed samples were then stored at -20°C in MeOH.

590 PFA-fixed samples were embedded in paraffin. The MeOH was exchanged with pure  
591 EtOH by three successive incubations of 60 min in pure EtOH at RT. The samples were  
592 then incubated in RothiHistol (30 min, 60 min, and overnight at RT). The samples were  
593 then infiltrated with paraffin at 60°C, they were placed in fresh paraffin three times for  
594 30, 60 and 60 min and then left to incubate overnight. For embedding, two-thirds of the  
595 embedding mold was filled with paraffin. The sample was placed in the mold and the  
596 mold was filled completely with paraffin. The sample was aligned and left to polymerize  
597 for one week. After polymerization, a microtome was used to cut 4 µm sections. The  
598 sections were placed on poly-L-lysine-coated glass slides (Sigma-Aldrich), left to air dry  
599 overnight and baked at 60°C for 2 h to improve adherence to the slide. Finally, the  
600 sections were de-waxed, first in three baths of 10 min in RothiHistol, followed by an  
601 EtOH series (96%, 80%, 70%, 50%), and the slides were dipped in ultra-pure water and  
602 left to air dry. Once dried they were wrapped in aluminum foil and stored in a desiccator  
603 (Roth, Desiccator ROTILABO® Glass, DN 250, 8.0 l) until TOF-SIMS analysis.

604 **Data acquisition and analysis:** SIMS data were acquired on an IONTOF TOF-SIMS 5  
605 instrument (IONTOF GmbH) using a 25 keV Bi<sub>3</sub><sup>+</sup> LMIG analytical beam in positive  
606 mode. To obtain high-resolution mass spectra, high current bunch mode was used with  
607 a beam current of ~1 pA. The analytical area was typically 100 µm<sup>2</sup>. Secondary ion  
608 maps were collected using the Bi<sub>3</sub><sup>+</sup> LMIG in burst alignment mode for greater lateral  
609 resolving power (raster size: 512 x 512, FoV 210 x 210). The samples were also sputter  
610 pre-cleaned using a 5 keV Ar<sub>1000</sub><sup>+</sup> cluster ion beam. The data were analyzed in  
611 SurfaceLab 7 (IONTOF). We analyzed standards to determine the most abundant ions

612 produced by each sterol: cholesterol ( $[M-H_2O+H]^+$   $C_{27}H_{45}$ , at  $m/z$  369.38;  $[M-H]^-$   
613  $C_{27}H_{45}O$ , at  $m/z$  385.34;  $[M-H+O]^-$   $C_{27}H_{45}O_2$ , at  $m/z$  401.35) and sitosterol ( $[M-H_2O+H]^+$   
614  $C_{29}H_{49}$ , at  $m/z$  397.47;  $[M-CH_3O]^-$   $C_{28}H_{47}$ , at  $m/z$  383.37;  $[M-H]^-$   $C_{29}H_{49}O$ , at  $m/z$  413.45).  
615 To determine the distribution of each sterol in *O. algarvensis* sections, the intensity of  
616 the three most abundant ions was combined.

## 617 Sterol identification

618 Sterols were identified by comparison to chemical standards and MS database. Matching  
619 mass spectra and retention time with sterol standards confirmed sterol identification. In  
620 addition, tandem mass spectra were acquired with high-mass resolution and accuracy on  
621 all sterols. Each sterol was identified on using a combination of two different  
622 chromatography types (GC-MS and LC-MS), including different ionization methods  
623 (electrospray ionization, electron impact ionization). For sterol identification with MSI we  
624 used chemical standards for sterols and measured them with MALDI-2 and SIMS in  
625 parallel to the tissue sections

## 626 Identification of genes involved in sterol biosynthesis in *O. algarvensis* 627 transcriptomes

628 Transcriptomes generated in a previous study (Wippler et al., 2016) were analyzed for  
629 genes involved in sterol biosynthesis Protein sequences from humans, *Arabidopsis*  
630 *thaliana* and *Saccharomyces cerevisiae* were used as queries (**Supplementary Table**  
631 **12**) to search the transcriptomic assemblies with TBLASTN (e-value  $1e-10$ ). The identity  
632 of the hits was confirmed by BLASTP search against the NCBI nr and Swiss-Prot  
633 database as well as by INTERPROSCAN domain prediction. *O. algarvensis* sequences  
634 were aligned with reference sequences (Desmond & Gribaldo, 2009) using Clustalw  
635 (Larkin et al., 2007), trimmed with trimAl (Capella-Gutiérrez et al., 2009). Alignments  
636 were used to calculate maximum-likelihood trees with ultrafast bootstrap support values  
637 using IQ-TREE (Minh et al., 2020). The resulting trees were visualized using iTOL  
638 (Letunic & Bork, 2019). The trees are shown in **Figure 3** and **Supplementary Figures**  
639 **5 to 14**.

## 640 Gutless annelid nucleic acid extraction, sequencing and analysis

641 **Extraction and sequencing.** Genomic DNA was extracted from fresh specimens of two  
642 gutless annelid species (*O. algarvensis* and *O. ilvae*, one individual each). High  
643 molecular weight genomic DNA was isolated with the MagAttract HMW DNA Kit  
644 (Qiagen). Quality was assessed by the Agilent FEMTOpulse and DNA quantified by the  
645 Quantus dsDNA kit (Promega). DNA was processed to obtain a PacBio Sequencing-  
646 compatible library following the recommendations outlined in "Procedure & Checklist –  
647 Preparing HiFi Libraries from Low DNA Input Using SMRTbell Express Template Prep  
648 Kit 2.0". Libraries were sequenced on a Sequel II instrument at the Max-Planck  
649 Genome-Centre Cologne (MP-GC) with sequencing chemistry 2.0, binding kit 2.0 on  
650 one 8M SMRT cell for 30 h applying continuous long read (CLR) sequencing mode.

651 **Assembly and identification of genes involved in sterol biosynthesis.** The CLR  
652 reads were assembled using Flye (v 2.8) (Kolmogorov et al., 2019). The completeness  
653 of the assembly was assessed with QUAST (v. 5.0.0) (Gurevich et al., 2013) and  
654 BUSCO (version 5.2.2) (Seppey et al., 2019). *O. algarvensis* and *O. ilvae* sequences  
655 were retrieved from the PacBio assembly with BLAT (Kent, 2002) and SCIPPIO (version  
656 1.4) (Keller et al., 2008) using *O. algarvensis* transcripts as queries.

## 657 Metaproteomics

658 **Protein identification and quantification.** We re-analyzed data produced by Jensen  
659 (Jensen et al., 2021) using a customized database containing 1,439,433 protein  
660 sequences including host and symbiont proteins as well as a cRAP protein sequence  
661 database (<http://www.thegpm.org/crap/>) of common laboratory contaminants. We  
662 performed searches of the MS/MS spectra against this database with the Sequest HT  
663 node in Proteome Discoverer version 2.3.0.523 (Thermo Fisher Scientific). The  
664 following parameters were used: trypsin (full), maximum two missed cleavages, 10 ppm  
665 precursor mass tolerance, 0.1 Da fragment mass tolerance and maximum of 3 equal  
666 dynamic modifications per peptide, namely: oxidation on M (+ 15.995 Da),  
667 carbamidomethyl on C (+ 57.021 Da) and acetyl on the protein N terminus (+ 42.011

668 Da). False discovery rates (FDRs) for peptide spectral matches (PSMs) were calculated  
669 and filtered using the Percolator Node in Proteome Discoverer (Spivak et al., 2009).  
670 Percolator was run with a maximum delta Cn 0.05, a strict target FDR of 0.01, a relaxed  
671 target FDR of 0.05 and validation based on q-value. We used the Protein FDR Validator  
672 Node in Proteome Discoverer to calculate q-values for inferred proteins based on the  
673 results from a search against a target-decoy database. Proteins with a q-value <0.01  
674 were categorized as high-confidence identifications and proteins with a q-value of 0.01–  
675 0.05 were categorized as medium-confidence identifications. We combined search  
676 results for all samples into a multi-consensus report in Proteome Discoverer and only  
677 proteins identified with medium or high confidence were retained, resulting in an overall  
678 protein-level FDR of 5%.

## 679 $C_{24}$ -SMT distribution in animals

680 **Gutless annelid search.** Total RNA was extracted from nine gutless annelid species.  
681 RNA was quality and quantity assessed by capillary electrophoresis (Agilent  
682 Bioanalyser PicoChip) and Illumina-compatible libraries were generated with the  
683 NEBNext® Single Cell/Low Input RNA Library Prep Kit for Illumina®. Libraries were  
684 again quality and quantity controlled followed by sequencing on a HiSeq 3000 device  
685 with 2 × 150 bp paired-end read mode. The raw reads were trimmed and corrected, the  
686 symbiont reads were mapped out and the host read assembled using Trinity. The  
687 resulting assemblies were screened for  $C_{24}$ -SMT homologs using the model  $C_{24}$ -SMTs  
688 (P25087, Q9LM02, Q39227) as subject. Only hits with e-values smaller than 1e-30 and  
689 spanning at least half the subject sequences were kept for further analysis. The contigs  
690 of interest were isolated and TransDecoder (v 5.5.0) (<https://github.com/TransDecoder>)  
691 was used to identified candidate coding region TransDecoder, homology searches  
692 (blastp and PFAM search) were used as additional retention criteria.

693 **Search in public databases.** To assess the presence of  $C_{24}$ -SMT homologs in other  
694 animals, protein searches against NCBI (National Center for Biotechnology Information  
695 (NCBI), available from: <https://www.ncbi.nlm.nih.gov/>) databases (nr, tsa\_nr,  
696 refseq\_prot, env\_nr and tsa) as well as the proteomes predicted by Ensembl metazoan

697 (Howe et al., 2020) and Compagen (Hemrich & Bosch, 2008) were performed. The  
698 search was restricted to metazoan sequences to avoid hits from fungi and viridiplantae.  
699 Only hits with e-values smaller than  $1e^{-30}$  and a coverage  $> 60\%$  were retained for  
700 further analysis.

701 **Phylogenetic tree.** A phylogenetic tree was constructed from selected C<sub>24</sub>-SMT protein  
702 sequences. Briefly, published C<sub>24</sub>-SMT sequences (Desmond & Gribaldo, 2009; Gold  
703 et al., 2016) were downloaded from UniProt and JGI Genome Portal and used as  
704 references. Other SAM-dependent methyltransferases (ubiquinone biosynthesis O-  
705 methyltransferase, phosphoethanolamine N-methyltransferase, tocopherol O-  
706 methyltransferase and C<sub>4</sub>-sterol methyltransferase) were used as outgroups. Together  
707 with the animal C<sub>24</sub>-SMTs these sequences were clustered (95% ID), aligned using  
708 Clustalw 2.1 (Larkin et al., 2007) and trimmed with TrimAl v1.2 (Capella-Gutiérrez et al.,  
709 2009). IQ-TREE (v1.6.12) (Minh et al., 2020) was used to predict the best-fit models of  
710 evolution and to calculate a maximum-likelihood tree with ultrafast bootstrap support  
711 values from the concatenated alignment. The resulting tree was visualized using iTOL  
712 v6 (Letunic & Bork, 2019).

## 713 C<sub>24</sub>-SMT heterologous gene expression and enzyme assay

714 **Heterologous gene expression.** To determine the activity of the putative C<sub>24</sub>-SMT  
715 enzymes, we overexpressed OalgSMT, OclaSMT and ArathSMT1 (**Supplementary**  
716 **Table 13**) in *E. coli* and performed enzymatic assays. GenScript (Genscript®)  
717 generated pet28a(+) (NheI/XhoI) plasmid containing the sequence of interest. For  
718 expression, the pet28(a)-OalgSMT and pet28(a)-OclaSMT vectors were transformed in  
719 Lemo21(DE3) *E. coli* competent cells (New England Biolabs (NEB)). The pet28(a)-  
720 ArathSMT1 vector was transformed in Overexpress C43(DE3) pLysS *E. coli* competent  
721 cells (Lucigen). A single colony of transformed cells was grown in 3 mL lysogeny broth  
722 (LB) supplemented with the appropriate antibiotics for 8 h (37°C, 150 rpm). 1 mL pre-  
723 culture was used to inoculate 1 L ZYP-5052-Rich-Autoinduction-Medium (Studier, 2005)  
724 supplemented with antibiotics and 1500 μM rhamnose. The cultures were grown for 72  
725 h at 20°C, with rotation at 150 rpm. Cells were harvested by centrifugation at  $4,500 \times g$

726 for 25 min at 4°C, the supernatant discarded and the resulting pellet stored at -20°C  
727 until further use.

728 **Protein extraction/cell lysis.** The frozen pellets were thawed on ice. They were then  
729 resuspended in 15 mL sucrose solution (750 mM sucrose solution in 20 mM phosphate  
730 buffer at pH 7.5). Once the pellets were dissolved in the sucrose solution, 5 mg  
731 lysozyme was added and the tubes shaken for 10 min at RT. Cells were lysed by  
732 addition of 30 mL lysis buffer (100 mM NaCl, 15% glycerol, 3 mM EDTA in 20 mM  
733 phosphate buffer at pH 7.5), 0.2 mL MgSO<sub>4</sub> stock solution (120 g L<sup>-1</sup>) and 0.3 mL Triton  
734 X-100. The mix was vigorously shaken and incubated on ice until it reached a  
735 gelatinous consistency. The DNA was fragmented by addition of 2 mL DNase stock  
736 solution (50 mg DNase I in 35 mL buffer (20 mM Tris-HCl pH8, 0.5 M NaCl) and 15 mL  
737 glycerol). Finally, the cell fragments and inclusion bodies were pelleted by centrifugation  
738 (45min, 16,000 × g, 4°C). The supernatant, containing soluble proteins, was aliquoted  
739 and stored at -80°C until further use. The overexpression yielded a target protein  
740 migrating on SDS-PAGE with the expected size of ~40 kDa.

741 **Enzymatic assay.** We tested nine sterol substrates (cycloartenol, lanosterol,  
742 zymosterol, lathosterol, 7-dehydrocholesterol, desmosterol, campesterol, cholesterol  
743 and 24-methylene-cholesterol) (**Supplementary Table 14**). The assay was performed  
744 in 600 µL total volume. 100 µL crude soluble protein extract was mixed with 400 µL  
745 phosphate buffer (20 mM, 5% glycerol, pH 7.5) in a 15 mL tube containing a sterol  
746 substrate (final concentration 100 µM) dispersed in Tween 80 (0.1% v/v). The reaction  
747 was initiated with 100 µL SAM working solution (0.6 mM). The reaction was performed  
748 in a water bath at 35°C for 16 h. The reaction was terminated with 600 µL 10%  
749 methanolic KOH. The products were extracted three times with 2.5 mL hexane and  
750 mixed on a vortex for 30 s. The resulting organic layer was evaporated to dryness in a  
751 concentrator at 30°C, V-AL for 1.5 h. Two internal standards, 5α-cholestane (100 µL, 1  
752 mM solution) and ribitol (40 µL 200 mg/L solution), were added to the tubes and  
753 evaporated to dryness. The samples were derivatized and analyzed on an Agilent GC-  
754 MS as described above or directly analyzed on a QExactive Plus Orbitrap (Thermo  
755 Fisher Scientific) equipped with a HESI probe and a Vanquish Horizon UHPLC system

756 (Thermo Fisher Scientific). The sterols were separated on a C18 column (Accucore  
757 Vanquish C18+, 100 x 2.1, 1.5 µm, Thermo Fischer Scientific), for method details see  
758 **Supplementary Table 11 and 15.**

## 759 Data availability

760 The metaproteomic mass spectrometry data have been deposited at the  
761 ProteomeXchange Consortium via the PRIDE partner repository (Vizcaíno et al., 2016)  
762 with the following dataset identifiers: PXD014881.

763 The upload of metabolomics and sequencing data on public platforms is in progress.

## 764 Author Contributions

765 D.M., M.L. and N.D. conceived the study. D.M. collected, processed and analyzed the  
766 metabolomic, metatranscriptomic and metagenomic data. T.B. and S.F. collected mass  
767 spectrometry imaging data. D.B. performed the GC-IRMS measurements. M.J. and  
768 M.K. collected and analyzed the proteomics data. C.Z. and D.M. performed the  
769 heterologous gene expression. D.M. performed the enzyme assay and analyzed the  
770 data. D.M. and M.L. wrote the manuscript together with N.D. and contributions from  
771 T.B., D.B., M.K., and C.Z..

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