In Vivo Metabolic Imaging of [1-13C]Pyruvate-d3 Hyperpolarized By Reversible Exchange With Parahydrogen**

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Abstract: Metabolic magnetic resonance imaging (MRI) using hyperpolarized (HP) pyruvate is becoming a non-invasive technique for diagnosing, staging, and monitoring response to treatment in cancer and other diseases. The clinically established method for producing HP pyruvate, dissolution dynamic nuclear polarization, however, is rather complex and slow. Signal Amplification By Reversible Exchange (SABRE) is an ultra-fast and low-cost method based on fast chemical exchange. Here, for the first time, we demonstrate not only in vivo utility, but also metabolic MRI with SABRE. We present a novel routine to produce aqueous HP [1-13C]pyruvate-d3 for injection in 6 minutes. The injected solution was sterile, non-toxic, pH neutral and contained ≈30 mM [1-13C]pyruvate-d3 polarized to ≈11% (residual 250 mM methanol and 20 μM catalyst). It was obtained by rapid solvent evaporation and metal filtering, which we detail in this manuscript. This achievement makes HP pyruvate MRI available to a wide biomedical community for fast metabolic imaging of living organisms.

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**Introduction**

Non-invasive imaging techniques such as Computed Tomography (CT) and Magnetic Resonance Imaging (MRI) are widely used in oncology for characterizing tumors before treatment, therapy planning, monitoring tumor progression, evaluating treatment response, and follow-up. Most clinical guidelines rely on morphological criteria such as size and location of the tumor, e.g., RECIST criteria.[1] However, many effective therapies, including promising immunotherapies, do not manifest early morphological changes such as tumor size reduction, even if the patient responds well to treatment.[2] The current advances in molecular tumor biology, genetics, and imaging technology have led to a major paradigm shift in oncology to utilize molecular imaging as a superior diagnostic and prognostic marker of cancer staging, response to treatment and survival. [18F]Fluorodeoxyglucose (FDG) Positron Emission Tomography (FDG PET) is the most widely clinically applied molecular imaging technique that reports on aberrant energy metabolism, which is a hallmark of many cancers. Despite limitations (including long examination times >1 h and the use of ionizing radiation), this radioactive tracer has revolutionized treatment and management of many cancers. Its success relies on the FDG uptake, which is elevated in proliferating tumors. However, PET is not able to distinguish between metabolic products. Non-radioactive molecular contrast agents providing deeper insights in aberrant metabolism with faster scan time are needed. Hyperpolarized (HP) [1-13C]pyruvate MRI has shown great promise for non-invasive, non-ionizing molecular imaging, e.g. for tumor grading or therapy response assessment.[3–6] Such molecular MRI scan takes about one minute and employs non-ionizing radiation. As a result, it has been embraced as a next-generation molecular imaging modality. Similarly to FDG, pyruvate is a key metabolite at the cross-section of cellular energy pathways. The high acquisition speed of HP pyruvate MRI builds on the ability to visualize (and distinguish) the conversion of metabolites into downstream products in vivo, which mitigates the requirement for contrast agent clearance from the surrounding tissues. Since the first demonstration in human 2013, HP [1-13C]pyruvate MRI has made a remarkable progress, and this technique is currently being investigated in over 30 clinical trials according to clinicaltrials.gov. Moreover, the United States Food and Drug Administration (FDA) has recently approved HP 129Xe gas for ventilation lung imaging. Following this landmark regulatory decision, it is anticipated that HP [1-13C]pyruvate may also soon be approved for the use in oncology.

The success of HP [1-13C]pyruvate MRI was enabled by dissolution Dynamic Nuclear Polarization (dDNP), which is the leading technique for producing HP pyruvate.[7] While this polarization method is developing rapidly and great improvements have been presented in recent years,[8–10] instrumentation and HP bolus preparation are still elaborate processes such as solvents, HP transfers and HP bolus preparation are still elaborate. The high acquisition speed of HP pyruvate MRI has made a remarkable progress, and this technique is currently being investigated in over 30 clinical trials according to clinicaltrials.gov. Moreover, the United States Food and Drug Administration (FDA) has recently approved HP [129Xe] gas for ventilation lung imaging. Following this landmark regulatory decision, it is anticipated that HP [1-13C]pyruvate may also soon be approved for the use in oncology.

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polarization levels of SABRE-polarized pyruvate, let alone report on satisfyingly-clean solutions with satisfyingly-high polarization levels of SABRE-polarized pyruvate, let alone an in vivo application or metabolic imaging.

In the present paper, we address these SABRE translational challenges and demonstrate, for the first time, metabolic imaging with SABRE in healthy mice, using purified SABRE-polarized pyruvate. These results were enabled by developing a fast physico-chemical process including spin-lock induced crossing (SLIC) SABRE\textsuperscript{[33,34]} at microtubes fields (Figure 1b–c),\textsuperscript{[33,34]} providing up to ≈ 16% $^{13}$C polarization of [1-$^{13}$C]pyruvate-$d_5$. We achieved rapid purification by solvent evaporation and metal filtration, reducing methanol and catalyst below acute toxic levels (Figure 1d). Tail-vein administration of the agent and chemical shift imaging of pyruvate metabolic conversion enabled metabolic mapping of downstream HP lactate and alanine, demonstrating the translational promise of this technique. All animals tolerated the injections well.

### Results and Discussion

#### Efficient SABRE Hyperpolarization

We obtained mean $^{13}$C polarizations for [1-$^{13}$C]pyruvate-$d_5$ of 13 ± 3 % (N = 5 samples, each hyperpolarized and polarization quantified three times before purification) with a maximum of 16.3 % at the time of detection (5–8 s after production) in methanol-$d_4$, using the setup and protocol described in the Supporting Information (Figure 2a and Figure 2b). Note that the polarization at thermal equilibrium at 1T is only 0.000086 %. The high polarization levels were made possible by the long relaxation times during the SLIC-SABRE polarization process of $T_1 = 113.3 ± 0.3$ s (Figure 2c), which allowed for effective polarization buildup over a 5-minute period (see Supporting Information Figure S5).\textsuperscript{[36]}

**Fast Purification**

Encouraged by these high polarization levels, and inspired by a recent study by Ding et al.,\textsuperscript{[37]} we investigated the removal of methanol from the samples by rapid solvent evaporation. As methanol and water do not form an azeotrope and hence evaporate at separate boiling points, we added phosphate-buffered D$_2$O to the HP SABRE sample in an NMR tube and placed the mixture in a hot water bath while applying vacuum (~ 5 mbar, Figure 1d). Strikingly, we found that evacuating the sample for 15 seconds at 98 °C reduced methanol from 24.75 M to 250 mM while retaining ~ 30 mM of the pyruvate in the resulting ~150 μL aqueous solution (Figure 2d and Figs. S7 and S11). Although a longer evaporation period increased the pyruvate concentration (SI Figure S12), water was lost at the same time, too, so that the volume was too little for injection.

To reduce polarization losses during the purification procedure, which consisted of 15 seconds of vacuum and approximately 40 s of sample handling (including filtering the solution through a 1.2 μm microporous syringe filter), the procedure was mostly conducted at an elevated magnetic field of ≈ 450 mT. Additionally, we retained the pyruvate in phosphate-buffered D$_2$O instead of phosphate-buffered H$_2$O, which features shorter lifetimes throughout the...
investigated fields (Figure 2c). Using this approach, we reproducibly obtained a factor of 0.60 ± 0.07 of the initial $^{13}$C polarization of the unpurified sample (mean and standard deviation of $N=5$ independent samples), and the final $\approx 30$ mM pyruvate in the extracted samples were polarized up to $\approx 11\%$ (Figure 2b). This highly optimized, accelerated and spin-order-preserving reaction Scheme allowed us to obtain a dose of freshly purified pyruvate, ready for injection, in 6 min only.

### Aqueous Sample Analysis

After reducing the methanol content to $\approx 250$ mM, the catalyst visibly precipitated from the solution. As an additional measure, the solution was passed through a 1.2 $\mu$m filter, effectively removing the precipitated catalyst and resulting in a clear solution (SI Figure S9). During the in vivo experiments, we found these two visual inspections of the sample, one before and one after filtering, helpful to determine whether methanol and catalyst were successfully reduced.

We used inductively coupled plasma optical emission spectroscopy (ICP-OES) to quantify the remaining iridium content in the samples, which showed successful reduction from 6 mM to 20 μM, i.e. to $< 0.5$ ppm after purification. Directly before administration, we measured the temperature of the solutions to be $35 \pm 2$ °C.

We tested the purified solutions to evaluate if they are suitable for in vivo applications. Our analysis indicated that the resulting aqueous solutions were sterile (see Supporting Information Figure S13) and had neutral pH and osmolarity (see Supporting Information Figure S10). Cytotoxicity assays showed no adverse effects on cell viability when exposed to the purified SABRE pyruvate solutions at concentrations reached in the bloodstream after in vivo injection and even at a twofold higher concentration. A toxicity observed at a 10-times higher concentration was likely caused by the residual catalyst and high concentration of pyruvate (see Supporting Information Figure S14).

### In Vivo Metabolic Imaging

To demonstrate that our purified SLIC-SABRE $[1^{-13}$C]$\text{pyruvate-d}_3$ is suitable for in vivo metabolic imaging, we performed first experiments on healthy mice using a dedicated mouse quadrature resonator and a 7 T preclinical MRI system. To obtain high $^{13}$C signal in vivo, we decided to use an HP sample only if polarization prior purification was $> 15\%$ and if the purified sample volume was $\approx 150$ μL (production time $\approx 6$ min per dose). All $^{13}$C images were obtained after injection of a single bolus of up to 5 μL/g of an HP pyruvate solution through the tail vein. 15 s after starting administration, we applied a center-out phase encoded $^{13}$C Chemical Shift Imaging (CSI) sequence with 12° flip angle from a 3-mm axial slice covering the kidneys and parts of the liver and gut (Figure 3). Strong HP $^{13}$C signal of pyruvate and its metabolites was observed, and $^{13}$C

![Figure 2. SABRE hyperpolarization and purification of $[1^{-13}$C]$\text{pyruvate-d}_3$. a, $^{13}$C NMR spectra of $[1^{-13}$C]$\text{pyruvate-d}_3$ in methanol-d$_4$, before (orange) and in phosphate-buffered D$_2$O after purification (blue) compared with an external $^{13}$C-enriched reference solution (black) at 1 T. b, reproducibility of SLIC-SABRE hyperpolarization and purification investigated in 5 independent samples. c, longitudinal relaxation times $T_1$, and $T_2$, in presence of the SLIC pulse at different fields in methanol-d$_4$, (orange), phosphate-buffered D$_2$O (blue), and phosphate-buffered H$_2$O (light blue). *these data were acquired in thermally polarized samples, see SI. d, remaining concentrations of methanol and pyruvate after applying vacuum and a 98 °C water bath for different amount of time to a 600 μL sample of SABRE solution (including 50 mM sodium pyruvate in 24.75 M methanol) mixed with 600 μL phosphate-buffered D$_2$O (see Supporting Information Figure S7 and S11). The error bars in b correspond to the error deviation of $\approx 5$ independent samples, and the final $\approx 30$ mM pyruvate in the extracted samples were polarized up to $\approx 11\%$ (Figure 2b). This highly optimized, accelerated and spin-order-preserving reaction Scheme allowed us to obtain a dose of freshly purified pyruvate, ready for injection, in 6 min only.](image-url)
spectra and metabolic maps were reconstructed. The $^{13}$C signal of pyruvate was found mainly in the aorta and vena cava. While in the kidney mostly lactate was observed, the liver and gut contained considerable amounts of alanine.

In a second experiment, we tested metabolic imaging with higher spatial and temporal resolution using a fast, metabolite-selective 3D $^{13}$C balanced Steady-State Free Precession (bSSFP) sequence. Here, we focused on the pyruvate-to-lactate conversion and started a series of alternated $^{13}$C pyruvate and lactate MRI acquisitions approximately 15 s prior to the start of the injection of HP $[1-^{13}$C]pyruvate-d$_3$, yielding a temporal resolution of 0.87 Hz (Figure 4). This setting enabled us to monitor the conversion kinetics clearly showing the arrival of the HP pyruvate bolus and the subsequent formation of lactate. From the 3D time-resolved data, we reconstructed images depicting pyruvate that was observed mostly in the heart, aorta and vena cava, and lactate that was formed predominantly in the kidneys.

In total, we performed metabolic MRI in four mice and observed no adverse effects to the injection for the remainder of the MRI investigation ($\approx 20$–30 min). During the imaging experiment, we observed only a temporary increase in breathing rate following the injection (see Supporting Information Figure S19). After approximately 1–2 min, the breathing rate returned to pre-injection values and remained stable throughout the experiment. This bolus-induced temporary increase in breathing rate is a commonly observed side effect to the increased volume entering the...
right ventricle and lung circulation. The mice were sacrificed at the end of the imaging experiment.

Overall, the in vivo experiment confirmed that SABRE-polarized pyruvate is well suited for metabolic imaging and demonstrated its power for monitoring metabolic processes in vivo.

Discussion

Here, we present a method for obtaining SABRE-hyperpolarized pyruvate in sterile aqueous media and demonstrate its applicability for in vivo metabolic MRI. To the best of our knowledge, this is the first time that a hyperpolarized, injectable dose of pyruvate was produced within minutes of our knowledge, this is the first time that a hyperpolarized, injectable dose of pyruvate was produced within minutes without conformal changes to the molecule.

Our new SABRE approach was inspired by the previous PHP-SAH advances for obtaining aqueous HP [1-13C]pyruvate solutions. Both methods use pH2 spin order and a chemical reaction in organic solvents (often acetone or chloroform for PHP-SAH and methanol for SABRE) in the presence of a metal-based catalyst (typically rhodium-based for PHP-SAH and the Ir-Mes exchange catalyst for SABRE). Subsequently polarization is transferred to the target [1-13C] nuclear site and the toxic solution is purified to reduce the organic solvent and catalyst content. Despite substantial differences in chemistry of hyperpolarization, both methods feature a fast polarization build-up process that allows for continuous or quasi-continuous delivery of HP molecules. An advantage of SABRE is that no conformal changes to the molecule (pyruvate) are needed—an important aspect when it comes to regulatory considerations (no agent synthesis during the polarization process).

Our SABRE approach currently allows us to polarize a dose of HP pyruvate in about six minutes or several doses during one imaging session (i.e., in the duration of one anesthesia). The fundamental difference between the two methods lies in the incorporation of the pH2 spin order: SABRE utilizes reversible temporary binding of pH2 and pyruvate to the catalyst while PHP-SAH uses permanent pairwise addition by hydrogenation with pH2. To enable the “hydrogenative" PHIP approach, side-arm hydrogenation is utilized as pyruvate lacks a direct unsaturated precursor. Hence, this method requires the synthesis of appropriate esterified precursors for the permanent addition of pH2. As a consequence, the purification for PHP-SAH typically includes fast cleavage of the ester side-arm to receive the HP pyruvate. Here we used isotope-enriched [1-13C]pyruvate-d3, which is available commercially and requires no further chemical modification for SABRE hyperpolarization. The commercial availability of the substrate and elimination of the side-arm cleavage step during purification are promising advantages.

We chose to use the deuterated pyruvate isotopologue for our studies, as our recent research has shown approximately twice the polarization compared to the protonated form. Furthermore, we observed longer 13C T1 relaxation times for pyruvate-d3 compared to pyruvate-h3 in our previous study (approximately 220 s versus approximately 140 s at 1.9 T, respectively), which we deemed beneficial to maximize the 13C polarization levels after the approximately 1-minute purification process. It is noteworthy that the metabolic conversion kinetics of pyruvate is not affected by the presence of deuterium isotopes, as evidenced by previous studies. Therefore, for metabolic HP MRI, pyruvate-d3 can be utilized successfully in place of non-deuterated pyruvate.

Here, we observed a reduction in polarization during the purification process to a factor of 0.60 ± 0.07. Most of this loss can be attributed to longitudinal relaxation: given the measured T1 values at 450 mT, we would expect a reduction factor of ~0.75. Additional losses may have been caused by factors such as T1 changes at higher temperatures, shorter T1 during transfer and handling at lower magnetic fields, and potential relaxation by the precipitated Ir catalyst during and after solvent removal. These aspects need to be further investigated—subject to our ongoing systematic studies. While faster sample handling and purification would minimize polarization losses, we were already able to achieve a high enough signal-to-noise ratio for in vivo monitoring of pyruvate metabolism in mice using 13C MRI.

While we have achieved this significant breakthrough, there are still limitations to our current method. One such limitation is the observed large inter-sample polarization deviations, with a mean 13C polarization of 13 ± 3 %. This deviation is similar to that seen in previous studies, such as 8 ± 2 % and 10 ± 1 %, for 30 mM [1-13C]pyruvate-h3 in methanol with SABRE SHEATH. For the latest generation preclinical DNP device, a 15 % coefficient of variation was reported for 13C pyruvate. The origin of this variability is currently speculative, but we believe that experimental variations such as different sample positions in the SLC-SABRE setup, impurities from previous experiments, and positioning of the bubbling catheter leading to different pH2 gas to solvent surface areas may be contributing factors. These effects should be further investigated to improve the consistency and reproducibility of our method. Other limitations of our current method are (a) the extracted volume and (b) the pyruvate concentration, which are approximately 150 μL and approximately 30 mM, respectively. These measures are sufficient for in vivo mouse studies, but larger amounts are necessary e.g. for rat or large animal measurements. Currently, the size of our experimental setup is the limiting factor for producing larger doses, for which we see no fundamental hurdles. Scaling up the reaction vessels, tubes, B1, and B2 coils and the μ-metal shield is expected to provide larger volumes. Once higher volumes are produced, the pyruvate concentration can be increased further by prolonging the evaporation period, as we have shown already (Figure S12). Another approach would be to increase the initial concentration of pyruvate, although to achieve efficient SABRE polarization, the pH2 concentration in methanol would also need to be increased, for example, by applying higher pressure. Therefore, dedicated high-pressure reactors would need to be developed in the future to enable the desired injection volume and minimize solution losses.
The purification scheme proposed here is fast and easy to install, reducing both methanol and catalyst below acute toxic levels. Hence, we foresee this technique being available to many researchers. In future, a faster and more complete evaporation of methanol may be accomplished through optimizing vacuum and temperature, using larger evaporation chambers, and increasing the surface area between the liquid and gas phases. Note that reducing the methanol content may also result in a further decrease in the current levels of iridium. It is important to consider that our specific approach capitalizes on the low solubility of the used catalyst in water, causing it to precipitate when methanol is evaporated. As a result, our proposed purification method may not be suitable to reduce catalyst for SABRE approaches that seek to generate polarization directly in aqueous media using water-soluble catalysts.[28–30]

Finally, we want to consider the current levels of residual methanol and catalyst in the purified samples. Our current purification scheme results in a methanol concentration of approximately 12.5 mM or 400 mg/L in the bloodstream of injected mice, equivalent to 40 mg/kg of methanol per mouse weight. Already now, this concentration is well below the reported oral LD50 (5.628 g/kg) and LD00 (143 mg/kg) values for rodents.[46,47] Compared to what is achieved here, in this first demonstration, the methanol content would need to be reduced at least 3-fold and the Iridium content at least 20-fold (see SI). The current levels may allow conducting first preclinical studies, but more actions will be needed to reach concentrations acceptable for human application. Hence, we will continue to work towards reducing them in the future.

**Conclusion**

In conclusion, our study demonstrates that non-invasive in vivo metabolic imaging is feasible with SABRE hyperpolarized pyruvate, produced in aqueous solution. The entailed bioburden appears to be low, whereas the production process is much faster (<10 min) and relatively simple to install compared to a dDNP experiment. The efficient hyperpolarization of pyruvate and its translation to preclinical imaging have been a major focus of SABRE research since its discovery in 2009. In this study, we successfully hyperpolarized [1-13C]pyruvate-d3 using SLIC-SABRE at microtesla field,[28] and the long-lived polarization allowed us to extract highly-hyperpolarized [1-13C]pyruvate-d3 in purified aqueous solutions. This approach enabled us to conduct the first in vivo metabolic MRI with SABRE hyperpolarized pyruvate. We also note that further multi-site validation is provided by a group from North Carolina State University that was able to provide first in vivo data using SABRE-polarized pyruvate at the same time.[50] This is a promising accomplishment, given that pyruvate is the most widely applied HP MRI agent.

Our results demonstrate that SABRE is now a viable option for preclinical metabolic pyruvate MRI, with a sufficiently high signal-to-noise ratio to monitor pyruvate metabolism in mice accurately. We envision this technique to be widely adopted by researchers, paving the way for improved metabolic imaging and a better understanding of metabolic changes in cancer and other pathologies.

**Supporting Information**

Please find additional experimental details, and sample characterization, MRI, and relaxation data in the Supporting Information file. The authors have cited additional references within the SI.[50–55]

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**Conflict of Interest**

SK is an employee of NVision Imaging Technologies GmbH. FS serves on the scientific advisory board of NVision Imaging Technologies GmbH. EYC holds a stake of ownership in XeUS Technologies Ltd. and serves on the scientific advisory board of Visma Life Sciences LLC. SK and SG are co-founders of MagniKeen, a spin-off of the

Data Availability Statement

The data that support the findings of this study are available from the corresponding author upon reasonable request.

Keywords: Hyperpolarization · Metabolic Imaging · Parahydrogen · Pyruvate · SABRE
